

YDL UPPER SOUTHERN PREMIER 2

30 June 2013

Harrow

100 metres u20m "A"

1	COREY WILKIE	HARROW	11.6
2	TYLER EMMANUEL	SOUTHAMPTON	11.6
3	DANIEL MOORE	CHELMSFORD	12.0
4	DANIEL WONG	TEAM NORFOLK	12.0
5	SAM SERWADDA	WOODFORD	12.0
6	BRADLEY BARRETT	TONBRIDGE	12.1

200 metres u20m "A"

1	OMAR GRANT	HARROW	22.2	<i>Gd2</i>
2	SAM MALPASS	WOODFORD	23.1	
3	TYLER EMMANUEL	SOUTHAMPTON	23.4	
4	BEN MATSUKA WILLIAMS	TEAM NORFOLK	23.9	
5	BRADLEY BARRETT	TONBRIDGE	53.5	

400 metres u20m "A"

1	SAM MALPASS	WOODFORD	49.6	<i>Gd2</i>
2	NEIL HOLLOWAY	HARROW	50.2	<i>Gd3</i>
3	ED HALL	TONBRIDGE	52.3	
4	ALEX RUGGLES	SOUTHAMPTON	52.9	
	ADAM HERRING	TEAM NORFOLK	DNF	

800 metres u20m "A"

1	DOMINIC BROWN	TONBRIDGE	1.57.3	<i>Gd3</i>
2	CALLUM CHARLESTON	CHELMSFORD	1.59.6	<i>M17 Gd2</i>
3	KAI HAMMOND	HARROW	2.00.1	
4	DAVID FISHER	SOUTHAMPTON	2.01.8	
5	CRAIG BROOKS	TEAM NORFOLK	2.12.1	

1500 metres u20m "A"

1	CORY DE'ATH	TONBRIDGE	4.12.6	
2	NIALL HOLT	SOUTHAMPTON	4.15.8	
3	LEWIS HAWKINS	HARROW	4.22.5	
4	PERRY ROWAN	WOODFORD	4.25.5	

3000 metres u20m "A"

1	ALEX HOWARD	TONBRIDGE	9.16.0	
2	JONATHAN COLLIER	HARROW	9.21.0	
3	DOMINIC OLIVER	TEAM NORFOLK	9.47.8	
4	PAUL WARN	SOUTHAMPTON	11.09.0	

2000 metres S/C u20m "A"

1	JONATHAN HILL	HARROW	7.13.2	<i>M17</i>
2	NIALL HOLT	SOUTHAMPTON	8.28.3	
3	TINO NYABOWA	WOODFORD	8.47.1	

110 metres hurdles (3' 3") "A"

1	MATTHEW BAILEY	TEAM NORFOLK	17.7	
2	ALEX O'BRIEN	CHELMSFORD	19.5	
	NIKITA POPLAVSKI	HARROW	DNF	

400 metres hurdles (3') "A"

1	MIGUEL PERERA	HARROW	69.4	<i>M17</i>
2	NIALL HOLT	SOUTHAMPTON	71.2	
3	TINO NYABOWA	WOODFORD	73.2	

High Jump u20m "A"

1	NICHOLAS HUNT	SOUTHAMPTON	1.93	<i>Gd3</i>
2	LEWIS CHURCH	TONBRIDGE	1.87	<i>M17 Gd2</i>
3	NIKITA POPLAVSKI	HARROW	1.65	<i>Gd4</i>
4	CALLUM BROWN	TEAM NORFOLK	1.65	<i>Gd4</i>
5	RIDGE WABEYA	WOODFORD	1.5	<i>Gd4</i>

Pole Vault u20m "A"

1	LIAM YARWOOD	CHELMSFORD	4.60	<i>Gd1</i>
2	SAM BASS-COOPER	SOUTHAMPTON	4.35	<i>Gd2</i>
3	JOSEPH LISTER	HARROW	4.35	<i>Gd2</i>
4	ED BORRMANN	TEAM NORFOLK	3.00	<i>Gd4</i>

Long Jump u20m "A"

1	NICHOLAS HUNT	SOUTHAMPTON	6.60	<i>Gd3</i>
2	MATTHEW SNELL	TONBRIDGE	6.08	<i>M17 Gd3</i>
3	TERRY LUCAS	CHELMSFORD	6.06	<i>Gd4</i>
4	CRAIG BROOKS	TEAM NORFOLK	5.72	<i>Gd4</i>
5	SHIV SEKARAN	HARROW	5.65	<i>M17 Gd4</i>
6	RIDGE WABEYA	WOODFORD	5.29	<i>Gd4</i>

100 metres u20m "B"

1	WESLEY WALTON	TONBRIDGE	11.9	<i>M17</i>
2	MATTHEW MBRIWA	HARROW	11.9	<i>M17</i>
3	CRAIG BROOKS	TEAM NORFOLK	12.3	<i>M17</i>
4	JAMIE JUPP	SOUTHAMPTON	12.5	

200 metres u20m "B"

1	DANIEL WONG	TEAM NORFOLK	24.0	
2	MATTHEW MBRIWA	HARROW	24.4	<i>M17</i>
3	GEORGE DUGGAN	TONBRIDGE	25.2	<i>M17</i>
4	JAMIE JUPP	SOUTHAMPTON	25.2	

400 metres u20m "B"

1	SAM SERWADDA	WOODFORD	52.5	
2	ABRAHAM BROWN	HARROW	53.0	
3	BEN MATSUKA WILLIAMS	TEAM NORFOLK	53.4	
4	CORY DE'ATH	TONBRIDGE	54.5	

800 metres u20m "B"

1	JAMES WEST	TONBRIDGE	1.58.1	
2	PAUL WARN	SOUTHAMPTON	2.35.4	

1500 metres u20m "B"

1	MILES WEATHERSEED	TONBRIDGE	4.16.1	<i>M17 Gd4</i>
2	SAM FENN	HARROW	4.51.7	<i>M17</i>

3000 metres u20m "B"

1	WILL WHITMORE	TONBRIDGE	10.13.7	<i>M17</i>
2	LEWIS CAMPBELL	HARROW	11.44.8	<i>M17</i>

2000 metres S/C u20m "B"

1	JACK ROWLANDS	HARROW	7.47.8	<i>M17</i>
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110 metres hurdles (3' 3") "B"

NO COMPETITORS

400 metres hurdles (3') "B"

NO COMPETITORS

High Jump u20m "B"

1	ED BORRMANN	TEAM NORFOLK	1.5	<i>Gd4</i>
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Pole Vault u20m "B"

1	MITCH ETHERIDGE	CHELMSFORD	4.5	<i>Gd4</i>
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Long Jump u20m "B"

1	ALEX O'BRIEN	CHELMSFORD	5.90	<i>Gd4</i>
2	JORDAN HARRY	TEAM NORFOLK	5.67	<i>Gd4</i>
3	COREY WILKIE	HARROW	5.55	<i>Gd4</i>
4	JOSEPH WALES	SOUTHAMPTON	5.20	<i>M17</i>
5	Not declared	TONBRIDGE	4.50	<i>Gd4</i>

Triple Jump u20m "A"				Triple Jump u20m "B"			
1	LUKE O'MAHONEY	HARROW	12.66 <i>M17 Gd2</i>	1	JORDAN HARRY	TEAM NORFOLK	11.17 <i>Gd4</i>
2	JORDAN HARRY	TEAM NORFOLK	11.83 <i>Gd4</i>				
3	RIDGE WABEYA	WOODFORD	11.18 <i>Gd4</i>				
4	LUCAS CLEMENTS	SOUTHAMPTON	10.57 <i>M17</i>				
Shot Putt 6.25 kilo u20m "A"				Shot Putt 6.25 kilo u20m "B"			
1	LUKE ROACH-CHRISTIE	HARROW	16.65 <i>Gd1</i>	1	SHEETH KHAN	HARROW	11.06 <i>Gd4</i>
2	NICHOLAS HUNT	SOUTHAMPTON	14.73 <i>Gd1</i>	2	DANIEL AVERY	SOUTHAMPTON	9.99 <i>Gd4</i>
3	CALLUM BROWN	TEAM NORFOLK	11.79 <i>Gd4</i>	3	OLIVER THOMPSON	TEAM NORFOLK	8.79 <i>Gd4</i>
4	HUGH WILLIAMS	WOODFORD	11.57 <i>Gd4</i>	4	ALEX O'BRIEN	CHELMSFORD	7.52 <i>Gd4</i>
5	Not declared	TONBRIDGE	10.07 <i>Gd4</i>				
6	JAMES MEAD	CHELMSFORD	8.74 <i>Gd4</i>				
Discus 1.75 kilo u20m "A"				Discus 1.75 kilo u20m "B"			
1	MICHAEL ADENIJI	HARROW	34.90 <i>Gd4</i>	1	OLIVER THOMPSON	TEAM NORFOLK	31.87 <i>Gd4</i>
2	JAMES MEAD	CHELMSFORD	34.15 <i>Gd4</i>	2	SHEETH KHAN	HARROW	31.41 <i>Gd4</i>
3	DANIEL AVERY	SOUTHAMPTON	32.72 <i>Gd4</i>	3	TOBY RALPH	TONBRIDGE	20.74 <i>M17</i>
4	CALLUM BROWN	TEAM NORFOLK	32.44 <i>Gd4</i>	4	PAUL WARN	SOUTHAMPTON	14.57 <i>Gd4</i>
5	HUGH WILLIAMS	WOODFORD	31.94 <i>Gd4</i>				
6	NIALL HEALY	TONBRIDGE	28.15 <i>Gd4</i>				
Hammer 6.25 kilo u20m "A"				Hammer 6.25 kilo u20m "B"			
1	CALLUM BROWN	TEAM NORFOLK	69.30 <i>Gd1</i>	1	OLIVER THOMPSON	TEAM NORFOLK	49.14 <i>Gd4</i>
2	HARRY CLARKE	WOODFORD	57.73 <i>Gd2</i>	2	HUGH WILLIAMS	WOODFORD	33.90 <i>Gd4</i>
3	DANIEL AVERY	SOUTHAMPTON	53.72 <i>Gd3</i>	3	SHEETH KHAN	HARROW	25.73 <i>Gd4</i>
4	MICHAEL ADENIJI	HARROW	35.56 <i>Gd4</i>	4	NIALL HOLT	SOUTHAMPTON	4.02 <i>Gd4</i>
5	JAMES MEAD	CHELMSFORD	35.34 <i>U20</i>				
6	NIALL HEALY	TONBRIDGE	33.89 <i>Gd4</i>				
Javelin 800 grams u20m "A"				Javelin 800 grams u20m "B"			
1	NICHOLAS HUNT	SOUTHAMPTON	48.85 <i>Gd3</i>	1	ED BORRMANN	TEAM NORFOLK	30.14 <i>Gd4</i>
2	JAMES BONGART	WOODFORD	47.85 <i>Gd3</i>	2	DANIEL AVERY	SOUTHAMPTON	29.69 <i>Gd4</i>
3	CALLUM BROWN	TEAM NORFOLK	42.61 <i>Gd4</i>	3	MILES WEATHERSEED	TONBRIDGE	24.22 <i>M17</i>
4	ALEX O'BRIEN	CHELMSFORD	39.90 <i>Gd4</i>	4	HUGH WILLIAMS	WOODFORD	21.21 <i>Gd4</i>
5	NIALL HEALY	TONBRIDGE	30.96 <i>Gd4</i>				
4 x 100 metres relay u20m				4 x 400 metres relay u20m			
1	OMAR GRANT MATTHEW MBRIWA COREY WILKIE PHILLIPE HOUTO	HARROW	44.7	1	ALEX RUGGLES TYLER EMMANUEL DAVID FISHER NIALL HOLT	SOUTHAMPTON	3.32.5
2	NICHOLAS HUNT SAM BASS-COOPER JAMIE JUPP TYLER EMMANUEL	SOUTHAMPTON	45.3	2	ED HALL DOMINIC BROWN JAMES WEST CORY DE'ATH	TONBRIDGE	3.35.2
3	MALCOLM WANDERA MATTHEW BAILEY CRAIG BROOKS ED BORRMANN	TEAM NORFOLK	46.4	3	MATTHEW GRAPES CRAIG BROOKS ED BORRMANN JORDAN HARRY	TEAM NORFOLK	3.50.0
4	GEORGE HAMILTON SAM MALPASS RIDGE WABEYA SAM SERWADDA	WOODFORD	47.9		KAI HAMMOND NEIL HOLLOWAY ABRAHAM BROWN CATHAL HOLLOWAY	HARROW	dnf
5	Not declared	CHELMSFORD	48.6				
100 metres u17m "A"				200 metres u17m "A"			
1	SAM GREEN	TEAM NORFOLK	11.9	1	SAM GREEN	TEAM NORFOLK	23.4 <i>Gd3</i>
2	OLUWAKOREDE ARANDA	WOODFORD	11.9	2	RUDY CEMAL	SOUTHAMPTON	23.9 <i>Gd4</i>
3	RUDY CEMAL	SOUTHAMPTON	11.9	3	MUHAMMED WEYLI	WOODFORD	24.0 <i>Gd4</i>
4	ADAM MUSCAT	HARROW	12.3	4	ZACH OKOLI	HARROW	24.1 <i>Gd4</i>
5	MATTHEW SNELL	TONBRIDGE	12.3	5	MATTHEW SNELL	TONBRIDGE	24.6
400 metres u17m "A"				800 metres u17m "A"			
1	GEORGE DUGGAN	TONBRIDGE	52.5 <i>Gd3</i>	1	BEN MURPHY	TONBRIDGE	2.10.3
2	MAX MARMOR	HARROW	52.9 <i>Gd3</i>	2	SAM KNOWLES	SOUTHAMPTON	2.24.1
3	JOSEPH WALES	SOUTHAMPTON	55.5	3	GABRIEL YAIKOM	WOODFORD	2.45.9
4	MATTHEW GRAPES GREG GILBERT	TEAM NORFOLK WOODFORD	58.9 DNF				
1500 metres u17m "A"				3000 metres u17m "A"			
1	TOBY RALPH	TONBRIDGE	4.24.8 <i>Gd4</i>	1	CHRIS COHEN	TONBRIDGE	9.12.8 <i>Gd3</i>
2	TOBY MCDERMOT	HARROW	4.42.8	2	PETER ELLIS	SOUTHAMPTON	9.21.0 <i>Gd4</i>
3	BRUCE BECKETT	TEAM NORFOLK	4.49.3	3	BRUCE BECKETT	TEAM NORFOLK	10.07.3
				4	MATTHEW CURSONS	HARROW	11.16.0
1500 metres S/C u17m "A"				100 metres hurdles u17m "A"			
1	LUCAS CLEMENTS	SOUTHAMPTON	5.05.6	1	MIGUEL PERERA	HARROW	14.3 <i>Gd3</i>
2	SAM AVIS	TONBRIDGE	5.46.9	2	LEWIS CHURCH	TONBRIDGE	14.8 <i>Gd4</i>
				3	BRADLEY APPS	SOUTHAMPTON	17.6
				4	TOM LAKE	TEAM NORFOLK	19.2
400 metres hurdles u17m "A"				High Jump u17m "A"			
1	TOM LAKE	TEAM NORFOLK	63.6	1	RORY FARRELL	SOUTHAMPTON	1.90 <i>Gd1</i>
2	JONATHAN HILL	HARROW	73.2	2	MIGUEL PERERA	HARROW	1.78 <i>Gd3</i>
				3	MATTHEW GRAPES	TEAM NORFOLK	1.75 <i>Gd4</i>
				4	HARRY KENDALL	TONBRIDGE	1.70 <i>Gd4</i>
				5	RAPHAEL GRANT	WOODFORD	1.55

Pole Vault u17m "A"

1	JAMES ALLWAY	CHELMSFORD	3.1
2	ZAC MILLER	HARROW	2.8

Triple Jump u17m "A"

1	WESLEY WALTON	TONBRIDGE	12.54	<i>Gd3</i>
2	TOM LAKE	TEAM NORFOLK	12.22	<i>Gd3</i>
3	SHIV SEKARAN	HARROW	11.11	
4	ROBEL GRANT	WOODFORD	11.04	
5	JOSEPH WALES	SOUTHAMPTON	10.46	

Discus u17m 1.5kg "A"

1	MATTHEW CALLAWAY	SOUTHAMPTON	35.51	<i>Gd3</i>
2	DAVID PEDDLE	WOODFORD	23.14	
3	TOBY REDMAN	TONBRIDGE	22.09	
4	OSCAR FARR	HARROW	20.44	
5	BRUCE BECKETT	TEAM NORFOLK	10.34	

Javelin u17m 700g "A"

1	OSCAR FARR	HARROW	41.75	<i>Gd4</i>
2	BEN CARTER	SOUTHAMPTON	40.74	<i>Gd4</i>
3	DAVID PEDDLE	WOODFORD	38.87	<i>Gd4</i>
4	HARRY KENDALL	TONBRIDGE	36.81	
5	MALCOLM WANDERA	TEAM NORFOLK	24.69	
6	CHANDLER GARNETT	CHELMSFORD	24.58	

4 x 400 metres u17m

1	TOBY RALPH LEWIS CHURCH CHRIS COHEN GEORGE DUGGAN	TONBRIDGE	3.36.8
2	LUCAS CLEMENTS PETER ELLIS JOSEPH WALES RORY FARRELL	SOUTHAMPTON	3.41.9
3	MATTHEW GRAPES BEN MATSUKA WILLIAMS TOM LAKE BRUCE BECKETT	TEAM NORFOLK	3.44.7
4	GREG GILBERT ROBEL GRANT KINGSLEY ANNOR MUHAMMED WEYLI	WOODFORD	4.00.6
5	TOBY MCDERMOT ZAC MILLER JACK ROWLANDS LOUIS THOROGOOD	HARROW	4.08.6

100 metres u20w "A"

1	CLIEO STEPHENSON	TEAM NORFOLK	12.2	<i>Gd2</i>
2	NICOLE MCKECHNIE	CHELMSFORD	12.7	
3	EUGÉNIE BROWN	HARROW	12.9	
4	TAMARA CHAMBERS	WOODFORD	12.9	
5	ZOE CARTER	SOUTHAMPTON	13.5	

200 metres u20w "A"

1	CLIEO STEPHENSON	TEAM NORFOLK	24.8	<i>Gd2</i>
2	NICOLE MCKECHNIE	CHELMSFORD	25.6	<i>Gd3</i>
3	EUGÉNIE BROWN	HARROW	25.6	<i>Gd3</i>
4	KELLY MALVIDIDI	WOODFORD	26.5	
5	ROSE HAIRS	TONBRIDGE	26.9	<i>F17 Gd4</i>

400 metres u20w "A"

1	ABBIE FISHER	SOUTHAMPTON	60.6	
2	TAYLA BENSON	TEAM NORFOLK	63.1	
3	ANNA WOODWARD	TONBRIDGE	63.6	<i>F17</i>
4	JESSICA SWAINE	CHELMSFORD	65.7	
5	ISOBEL	WOODFORD	68.8	
6	CAITLIN MCINTYRE	HARROW	89.2	<i>F17</i>

800 metres u20w "A"

1	KELLY MALVIDIDI	WOODFORD	2.18.9	
2	ANNA SHARP	SOUTHAMPTON	2.20.9	<i>F17 Gd4</i>
3	SIAN DRISCOLL	TONBRIDGE	2.22.4	<i>F17 Gd4</i>
4	REBECCA WADE	CHELMSFORD	2.28.2	
5	ELLEN ROSE SENIOR	HARROW	2.29.1	
6	GRACE BIRD	TEAM NORFOLK	2.47.8	

Long Jump u17m "A"

1	RORY FARRELL	SOUTHAMPTON	6.38	<i>Gd1</i>
2	MALCOLM WANDERA	TEAM NORFOLK	5.85	<i>Gd4</i>
3	HARRY KENDALL	TONBRIDGE	5.64	<i>Gd4</i>
4	ADAM MUSCAT	HARROW	5.36	

Shot Putt u17m 5kg "A"

1	RORY FARRELL	SOUTHAMPTON	11.15	<i>Gd4</i>
2	DAVID PEDDLE	WOODFORD	10.73	<i>Gd4</i>
3	CHANDLER GARNETT	CHELMSFORD	9.90	
4	TOBY REDMAN	TONBRIDGE	9.29	
5	MALCOLM WANDERA	TEAM NORFOLK	8.93	
6	OSCAR FARR	HARROW	8.20	

Hammer u17m 5kg "A"

1	TOBY REDMAN	TONBRIDGE	48.25	<i>Gd3</i>
2	CHANDLER GARNETT	CHELMSFORD	27.50	
3	SAM GREEN	TEAM NORFOLK	25.13	
4	LUCAS CLEMENTS	SOUTHAMPTON	14.32	
5	GABRIEL YAIMOM	WOODFORD	6.39	

4 x 100 metres u17m

1	SAM GREEN BEN MATSUKA WILLIAMS DANIEL WONG JORDAN HARRY	TEAM NORFOLK	45.6
2	RUDY CEMAL SAM KNOWLES PETER ELLIS BRADLEY APPS	SOUTHAMPTON	47.6
3	HARRY KENDALL MATTHEW SNELL WESLEY WALTON BEN MURPHY	TONBRIDGE	48.2
	GREG GILBERT OLUWAKOREDE ARANDA KINGSLEY ANNOR BEN RODERICKS	WOODFORD	dnf

100 metres u20w "B"

1	LAURA AREGBE	HARROW	13.0	<i>F17 Gd4</i>
2	FLORENCE COCHRANE	TONBRIDGE	13.1	
3	AMY TEAL	SOUTHAMPTON	13.5	<i>F17</i>
4	KATIE PURSEHOUSE	TEAM NORFOLK	14.1	<i>F17</i>
5	HANNAH MORPHEW	CHELMSFORD	15.2	

200 metres u20w "B"

1	JESS MURPHY	TONBRIDGE	26.7	
2	Not declared	WOODFORD	26.8	
3	TIWA ADEBAYO	HARROW	28.2	<i>F17</i>
4	JESSICA MCNAUGHTON	TEAM NORFOLK	29.0	<i>F17</i>

400 metres u20w "B"

1	REBECCA WADE	CHELMSFORD	65.9	
2	ELLA FARNDON	TONBRIDGE	71.4	<i>F17</i>
3	KATIE WATKINS	HARROW	79.1	<i>F17</i>

800 metres u20w "B"

1	JESSICA SWAINE	CHELMSFORD	2.29.0	
2	TAMARA CHAMBERS	WOODFORD	2.50.4	
3	ROSA SMART	HARROW	3.02.6	<i>F17</i>

1500 metres u20w "A"

1	SAFFRON SALIH	TONBRIDGE	5.09.0
2	ELLEN ROSE SENIOR	HARROW	5.24.5
3	REBECCA WADE	CHELMSFORD	5.31.6

3000 metres u20w "A"

1	MABEL BECKETT	TEAM NORFOLK	10.58.6
2	FRANCES ARNOTT	SOUTHAMPTON	11.42.7
3	KATIE WATKINS	HARROW	13.40.7 <i>F17</i>

1500 metres S/C "A"*Final barrier removed in error last lap*

1	MABEL BECKETT	TEAM NORFOLK	5.27.1 <i>Gd3</i>
2	CHARLOTTE BYRNE	HARROW	6.01.8 <i>F17</i>

100 metres hurdles u20w "A"

1	JADE HARDING	CHELMSFORD	16.8
2	EMILY STONE	TONBRIDGE	17.1
3	TAYLA BENSON	TEAM NORFOLK	18.2
4	ALIX LERECULEY	HARROW	20.3 <i>F17</i>

400 metres hurdles u20w "A"

1	ANNA WOODWARD	TONBRIDGE	70.4 <i>F17</i>
2	ALIX LERECULEY	HARROW	83.7 <i>F17</i>

High Jump u20w "A"

1	LUCY-ANN WILLIAMS	TEAM NORFOLK	1.54 <i>Gd4</i>
2	FLORENCE COCHRANE	TONBRIDGE	1.54 <i>Gd4</i>
3	JADE HARDING	CHELMSFORD	1.48 <i>Gd4</i>

Pole Vault u20w "A"

1	EMILY BULLEID	CHELMSFORD	2.75 <i>Gd4</i>
2	DANIELLE SCOTT	SOUTHAMPTON	2.60 <i>Gd4</i>
3	STEPHANIE SMITH	WOODFORD	2.15 <i>Gd4</i>

Long Jump u20w "A"

1	JADE HARDING	CHELMSFORD	5.00 <i>Gd4</i>
2	BETHANY CHAMBERS	WOODFORD	4.86 <i>Gd4</i>
3	EMILY STONE	TONBRIDGE	4.84 <i>Gd4</i>
4	KADEDRIA MILLER	HARROW	4.77 <i>F17</i>
5	AMY TEAL	SOUTHAMPTON	4.51 <i>F17</i>
6	KATIE VICKERY	TEAM NORFOLK	4.41 <i>Gd4</i>

Triple Jump u20w "A"

1	BETHANY CHAMBERS	WOODFORD	11.00 <i>Gd3</i>
2	RASHEIDAH PRICE	HARROW	9.10 <i>Gd4</i>
3	CATHERINE MANNING	TEAM NORFOLK	8.83 <i>Gd4</i>

Shot Putt u20w "A"

1	SOPHIE MERRITT	SOUTHAMPTON	11.51 <i>F17 Gd1</i>
2	GEMMA THROWER	TEAM NORFOLK	9.32 <i>Gd4</i>
3	CHELSEY EYERS	TONBRIDGE	9.01 <i>Gd4</i>
4	DEBBIE CASTLE	CHELMSFORD	8.39 <i>Gd4</i>
5	TAMARA CHAMBERS	WOODFORD	7.21 <i>Gd4</i>
6	RASHEIDAH PRICE	HARROW	6.18 <i>Gd4</i>

Discus Throw u20w "A"

1	JENNY STEVENS	TONBRIDGE	37.58 <i>F17 Gd1</i>
2	SOPHIE MERRITT	SOUTHAMPTON	34.49 <i>F17 Gd2</i>
3	DEBBIE CASTLE	CHELMSFORD	30.03 <i>Gd4</i>
4	GEMMA THROWER	TEAM NORFOLK	27.02 <i>Gd4</i>
5	OLIVIA NJIE	HARROW	22.08 <i>F17</i>
6	TAMARA CHAMBERS	WOODFORD	12.27 <i>Gd4</i>

Hammer Throw u20w "A"

1	GEMMA VICKERY	TEAM NORFOLK	39.03 <i>Gd4</i>
2	JENNY STEVENS	TONBRIDGE	34.79 <i>F17 Gd3</i>
3	RASHEIDAH PRICE	HARROW	21.78 <i>Gd4</i>
4	DEBBIE CASTLE	CHELMSFORD	17.95 <i>Gd4</i>
5	FRANCES ARNOTT	SOUTHAMPTON	8.07 <i>Gd4</i>

Javelin Throw u20w "A"

1	GEORGIE FLOYD	HARROW	35.01 <i>Gd3</i>
2	POPPY BARKER	SOUTHAMPTON	34.41 <i>Gd3</i>
3	GEMMA THROWER	TEAM NORFOLK	30.40 <i>Gd4</i>
4	DEBBIE CASTLE	CHELMSFORD	28.01 <i>Gd4</i>
5	FLORENCE COCHRANE	TONBRIDGE	27.09 <i>Gd4</i>
6	STEPHANIE SMITH	WOODFORD	10.95 <i>Gd4</i>

1500 metres u20w "B"

1	AMY MERRIGAN	HARROW	5.48.0 <i>F17</i>
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3000 metres u20w "B"

1	GRACE BIRD	TEAM NORFOLK	12.26.0
2	CAITLIN MCINTYRE	HARROW	19.09.0 <i>F17</i>

1500 metres S/C "B"*Final barrier removed in error last lap*

1	ALIX LERECULEY	HARROW	6.52.9 <i>F17</i>
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100 metres hurdles u20w "B"

1	KATIE VICKERY	TEAM NORFOLK	19.6
2	MEGAN BAILEY	HARROW	20.7 <i>F17</i>

400 metres hurdles u20w "B"*NO COMPETITORS***High Jump u20w "B"**

1	EMILY STONE	TONBRIDGE	1.4 <i>Gd4</i>
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Pole Vault u20w "B"

1	AMY CLARKE	CHELMSFORD	2.60 <i>Gd4</i>
2	CLAIRE HUMBY	SOUTHAMPTON	2.45 <i>F17</i>

Long Jump u20w "B"

1	FLORENCE COCHRANE	TONBRIDGE	4.77 <i>Gd4</i>
2	EBONY BOBB-SEMPLÉ	WOODFORD	4.72 <i>Gd4</i>
3	HANNAH CASTLE	CHELMSFORD	3.87 <i>Gd4</i>
4	CATHERINE MANNING	TEAM NORFOLK	3.80 <i>Gd4</i>

Triple Jump u20w "B"

1	EBONY BOBB-SEMPLÉ	WOODFORD	10.18 <i>Gd4</i>
2	KATIE VICKERY	TEAM NORFOLK	8.72 <i>Gd4</i>
3	EILISH O'GRADY	HARROW	8.27 <i>Gd4</i>

Shot Putt u20w "B"

1	EMILY STONE	TONBRIDGE	8.56 <i>Gd4</i>
2	ZOE CARTER	SOUTHAMPTON	7.39 <i>Gd4</i>
3	CLIEO STEPHENSON	TEAM NORFOLK	6.55 <i>Gd4</i>
4	HANNAH CASTLE	CHELMSFORD	5.64 <i>Gd4</i>

Discus Throw u20w "B"

1	CHELSEY EYERS	TONBRIDGE	31.25 <i>Gd4</i>
2	GEMMA VICKERY	TEAM NORFOLK	26.11 <i>Gd4</i>
3	HANNAH CASTLE	CHELMSFORD	21.12 <i>Gd4</i>
4	POPPY BARKER	SOUTHAMPTON	19.69 <i>Gd4</i>
5	KELLY MALVIDIDI	WOODFORD	9.64 <i>Gd4</i>
6	ELLEN ROSE SENIOR	HARROW	7.19 <i>Gd4</i>

Hammer Throw u20w "B"

1	ELSPETH JAMIESON	TEAM NORFOLK	17.80 <i>F17</i>
2	CHELSEY EYERS	TONBRIDGE	17.28 <i>Gd4</i>
3	KAREEMAH MUHAMMED	HARROW	11.27 <i>Gd4</i>

Javelin Throw u20w "B"

1	SOPHIE MERRITT	SOUTHAMPTON	28.27 <i>F17 Gd4</i>
2	GEMMA VICKERY	TEAM NORFOLK	23.08 <i>Gd4</i>
3	KIRA SPARKS	HARROW	20.44 <i>Gd4</i>
4	JADE HARDING	CHELMSFORD	18.79 <i>Gd4</i>
5	RACHEL LAQUERETADLIA	TONBRIDGE	17.27 <i>Gd4</i>

4 x 100 metres relay u20w

1	EBONY BOBB-SEMPLE TAMARA CHAMBERS KELLY MALVIDIDI STEPHANIE SMITH	WOODFORD	51.6
2	ZOE CARTER ALEXANDRA BURCHILL AMY TEAL DANIELLE SCOTT	SOUTHAMPTON	52.2
3	CATHERINE MANNING TAYLA BENSON KATIE VICKERY CLIEO STEPHENSON	TEAM NORFOLK	53.1
4	SIAN DRISCOLL ROSE HAIRS FLORENCE COCHRANE ANNA WOODWARD	TONBRIDGE	53.2
5	RASHEIDAH PRICE EUGÉNIE BROWN ROSA SMART HEPHZIBAH ADEOSUN	HARROW	54.1
6	REBECCA WADE DEBBIE CASTLE NICOLE MCKECHNIE JESSICA SWAINE	CHELMSFORD	54.6

100 metres u17w "A"

1	MORIYO AIYEOLA	HARROW	12.6	<i>Gd2</i>
2	LAURA JOHNSON	TEAM NORFOLK	12.8	<i>Gd3</i>
3	NAOMI BROWNE	WOODFORD	13.0	<i>Gd4</i>
4	ERIN MINTON-BRANFOOT	CHELMSFORD	13.5	
5	SIMONE BAXTER	TONBRIDGE	13.7	
6	ALEXANDRA BURCHILL	SOUTHAMPTON	14.1	

300 metres u17w "A"

1	INDIA SMITH	TONBRIDGE	41.7	<i>Gd2</i>
2	ERIN MINTON-BRANFOOT	CHELMSFORD	42.4	<i>Gd3</i>
3	GRETA MAZEIKAITE	WOODFORD	43.4	<i>Gd4</i>
4	ANNA SHARP	SOUTHAMPTON	44.9	
5	CARYS CHARLES	HARROW	47.6	
6	CATHERINE BROSTER	TEAM NORFOLK	48.6	

1500 metres u17w "A"

1	GEORGIA TUCKFIELD	CHELMSFORD	4:51.9	<i>Gd3</i>
2	HANNAH CZARNOWSKI	TONBRIDGE	5:20.3	
3	ABBIE DELL	WOODFORD	5:21.6	
4	EILISH O'GRADY	HARROW	5:59.2	

1500 metres S/C u17 "A"*Final barrier removed in error last lap*

1	ANNA SHARP	SOUTHAMPTON	5:26.8
2	MARIA HILL	HARROW	5:48.8
3	NATASHA FISHER	CHELMSFORD	5:50.4

300 metres hurdles u17w "A"

1	MARIA HILL	HARROW	51.7
2	GRACE ASHWORTH	TEAM NORFOLK	52.3
3	ABBIE FISHER	SOUTHAMPTON	53.0
4	ELLA FARNDON	TONBRIDGE	54.5
5	HANNAH MORPHEW	CHELMSFORD	57.4

Pole Vault u17w "A"

1	MEGAN BAILEY	HARROW	3.00	<i>Gd3</i>
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Triple Jump u17w "A"

1	APRIL CASTLE	CHELMSFORD	10.46	<i>Gd3</i>
2	JO WARE	TONBRIDGE	10.39	<i>Gd3</i>
3	KATIE PURSEHOUSE	TEAM NORFOLK	9.33	
4	AMY TEAL	SOUTHAMPTON	8.95	
5	ISOBEL STEPHENSON	HARROW	7.91	
6	TOLU ADEMAMBU-ABISOGUN	WOODFORD	7.66	

Discus u17w 1kg "A"

1	EMILY GREEN	SOUTHAMPTON	29.14	<i>Gd3</i>
2	RACHEL LAQUERETABUA	TONBRIDGE	22.39	
3	MEGAN RUSHMORE	TEAM NORFOLK	19.93	
4	ERIN MINTON-BRANFOOT	CHELMSFORD	14.37	
5	ROSA SMART	HARROW	11.64	

4 x 400 metres relay u20w

1	ANNA WOODWARD EMILY STONE SIAN DRISCOLL HANNAH CZARNOWSKI	TONBRIDGE	4:13.3
2	ABBIE FISHER FRANCES ARNOTT DANIELLE SCOTT ANNA SHARP	SOUTHAMPTON	4:18.6
3	REBECCA WADE JESSICA SWAINE JADE HARDING GEORGIA TUCKFIELD	CHELMSFORD	4:19.0
4	CHELSEA SHURLAND ELLEN ROSE SENIOR EILISH O'GRADY ALIX LERECULEY	HARROW	4:41.5
5	TAYLA BENSON MABEL BECKETT GRACE BIRD CATHERINE BROSTER	TEAM NORFOLK	4:42.2

200 metres u17w "A"

1	LAURA JOHNSON	TEAM NORFOLK	26.7	<i>Gd4</i>
2	LAURA AREGBE	HARROW	27.1	
3	BETHANY SCOFIELD-LOTT	CHELMSFORD	27.6	
4	CHRISTELLE BAXTER	TONBRIDGE	28.7	
5	ALEXANDRA BURCHILL	SOUTHAMPTON	29.4	
6	TOLU ADEMAMBU-ABISOGUN	WOODFORD	29.4	

800 metres u17w "A"

1	MILLIE SMITH	CHELMSFORD	2:25.1	<i>Gd4</i>
2	HANNAH CZARNOWSKI	TONBRIDGE	2:27.2	
3	CATHERINE BROSTER	TEAM NORFOLK	2:31.2	
4	EILISH O'GRADY	HARROW	2:52.9	

3000 metres u17w "A"

1	CAMERON VENTON	CHELMSFORD	9:38.4	<i>Gd1</i>
2	CHARLOTTE BYRNE	HARROW	11:47.1	
3	JIHANNA ALLARD	TEAM NORFOLK	12:20.2	
4	ELLEN WILLUMSEN	TONBRIDGE	12:29.3	

80 metre hurdles u17w "A"

1	APRIL CASTLE	CHELMSFORD	73.1
2	SIMONE BAXTER	TONBRIDGE	13.6
3	OLIVIA N'JIE	HARROW	14.7
4	GRACE ASHWORTH	TEAM NORFOLK	16.5

High Jump u17w "A"

1	JO WARE	TONBRIDGE	1.62	<i>Gd2</i>
2	NATASHA FISHER	CHELMSFORD	1.56	<i>Gd3</i>
3	NAOMI BROWNE	WOODFORD	1.56	<i>Gd3</i>
4	GRACE ASHWORTH	TEAM NORFOLK	1.45	

Long Jump u17w "A"

1	ELLIE SAVVA	WOODFORD	4.97	<i>Gd4</i>
2	JO WARE	TONBRIDGE	4.90	<i>Gd4</i>
3	APRIL CASTLE	CHELMSFORD	4.71	
4	ALEXANDRA BURCHILL	SOUTHAMPTON	4.09	
5	KATIE PURSEHOUSE	TEAM NORFOLK	3.84	
6	MORIYO AIYEOLA	HARROW	2.47	

Shot Putt u17w 4kg "A"

1	ELSPETH JAMIESON	TEAM NORFOLK	8.91	<i>Gd3</i>
2	JENNY STEVENS	TONBRIDGE	8.42	<i>Gd4</i>
3	LAURA AREGBE	HARROW	7.41	
4	NATASHA FISHER	CHELMSFORD	5.74	
5	TOBI AKIWUMI	WOODFORD	5.18	

Hammer u17w "A"

1	MEGAN RUSHMORE	TEAM NORFOLK	42.42	<i>Gd1</i>
2	RACHEL LAQUERETABUA	TONBRIDGE	20.20	
3	KATIE WATKINS	HARROW	9.57	

Javelin u17w 600g "A"

1	EMILY GREEN	SOUTHAMPTON	34.43	<i>Gd2</i>
2	ELSPETH JAMIESON	TEAM NORFOLK	34.38	<i>Gd2</i>
3	INDIA SMITH	TONBRIDGE	27.16	<i>Gd4</i>
4	BETHANY SCOFIELD-LOTT	CHELMSFORD	17.78	
5	GRETA MAZEIKAITE	WOODFORD	15.83	
6	CARYS CHARLES	HARROW	13.48	

4 x 100 metres relay u17w

1	TOBI AKIWUMI NAOMI BROWNE TOLU ADEMAMBU-ABISOGUN GRETA MAZEIKAITE	WOODFORD	51.9
2	APRIL CASTLE BETHANY SCOFIELD-LOTT CHRISTY DAILLY ROSA PRIDEAUX	CHELMSFORD	52.3
3	SIMONE BAXTER CHRISTELLE BAXTER JO WARE ELLEN WILLUMSEN	TONBRIDGE	53.6
4	KATIE PURSEHOUSE MEGAN RUSHMORE JESSICA MCNAUGHTON LAURA JOHNSON	TEAM NORFOLK	54.7
5	ISOBEL STEPHENSON TIWA ADEBAYO OLIVIA N'JIE CARYS CHARLES	HARROW	56.9

4 x 300 metres relay u17

1	CHRISTY DAILLY BETHANY SCOFIELD-LOTT ERIN MINTON-BRANFOOT ROSA PRIDEAUX	CHELMSFORD	2.54.2
2	RACHEL LAQUERETABUA INDIA SMITH ELLA FARNDON ROSE HAIRS	TONBRIDGE	3.08.6
3	LAURA JOHNSON GRACE ASHWORTH JIHANNA ALLARD JESSICA MCNAUGHTON	TEAM NORFOLK	3.11.9
4	MARIA HILL CHARLOTTE BYRNE RACHAEL O'NEILL KATIE WATKINS	HARROW	3.32.4

MATCH RESULT:

1	HARROW	515.0
2	TEAM NORFOLK	506.0
3	TONBRIDGE	496.0
4	SOUTHAMPTON	425.0
5	CHELMSFORD	347.0
6	WOODFORD/ILFORD	294.0

DIVISION RESULT:

1	TEAM NORFOLK	17	1733.5
2	TONBRIDGE	14	1557.0
3	HARROW	12	1334.0
4	CHELMSFORD	10	1298.0
5	SOUTHAMPTON	7	1228.0
6	WOODFORD/ILFORD	3	1028.5