

# TONBRIDGE ATHLETIC CLUB



Tonbridge Athletic Club Evening Meeting  
Tuesday 3<sup>rd</sup> August 2021

Final Timetable (subject to change after entries received)  
Slowest seeded races first

Time	Track Event	Notes	Time	Field Event	Notes
6.15pm	Female 1500m Steeplechase u17,u20,senior (plus m50+ men) i.e. lower height	Including Kent Championships *** Likely one race	6.15pm	Pole Vault	12 max
6.30pm	200m	10 races of 6 max	6.15pm	Long Jump Pool 1	12 max
7.10pm	800m	8 races of 8 max	6.30pm	Javelin	12 max
7.50pm	Under 17 Men 1500m Steeplechase	Including Kent Championships *** Likely one race	7.30pm	Shot Put	12 max
8.15pm	Under 20 and Senior Men 2000m Steeplechase	Including Kent Championships *** Likely one race	7.30pm	Long Jump Pool 2	12 max
8.30pm	400m	6 races of 6 max			

\*\*\* Steeplechases - all athletes who have not previously competed in a Kent County Championships should notify their details to Brian Charlton at email [brian@kcaa.org.uk](mailto:brian@kcaa.org.uk) These should include name, date of birth, place of birth including post code or when have resided in Kent from.

Please note the new rules on shoes that are not acceptable -  
<http://www.uka.org.uk/wp-content/uploads/2021/05/UKA-RULES-for-COMPETITION-Supplementary-Guidance-Notes-May-2021-1.pdf>

**Maximum entries 2 events per person**

Electronic Timing secured for this meeting

Entries close midnight Friday 30<sup>th</sup> July 2021 before the meeting.

Entries £6 per event at Open Track - <https://data.opentrack.run/en-gb/x/2021/GBR/tacdev3/>

All athletes, supporters and coaches no need to complete a health declaration form but please do not attend if you have experienced any symptoms of Covid 19 in the 14 days prior to the event.

Spectators allowed, although please maintain social distancing on arrival.

Volunteers needed for a number of roles. Please contact Graeme Charters at [volunteers@tonbridgeac.org.uk](mailto:volunteers@tonbridgeac.org.uk)