Tonbridge Athletic Club Easter Open Meeting 18th April 2022
Provisional Timetable
(subject to change, after entries submitted)

	Track			Field	
Time	Event	Note	Time	Event	Note
10.45am	75m (u11 only)	4 races x 6	10.30am	Long Jump (u15 up)	Pool 1 (max 10)
11.00am	150m (u13 up)	15 races x 6 Slowest first	10.30am	Hammer (u15 up)	(max 10)
			10.30am	Pole Vault (u15 up)	Under 2.50m (max 10)
			11.30am	High Jump (u13 up)	(max 10) (Start Height 1.10m)
12.00pm	600m (u11 up)	10 races x 8 u11 & slowest first	12.00pm	Long Jump (u15 up)	Pool 2 (max 10)
12.45pm	3000m walk (u15 up)	Max 16 1 race	12.30pm	Discus (u15 up)	(max 12)
			12.30pm	Pole Vault (u15 up)	Over 2.50m (max 10)
1.10pm	3000m (u17 up)	Max 16 1 race	1.30pm	High Jump (u13 up)	(max 10) (Start Height 1.40m)
1.25pm	5000m (u20 up)	Max 16 1 race	1.30pm	Long Jump (u11 & u13)	Pool 3 (max 10)
1.50pm	1500m (u13 up)	11 races x 12 Slowest first	2.30pm	Javelin (u13 up)	(max 15)
3.10pm	300m (u13 up)	6 races x 6 Slowest first	2.30pm	Triple Jump (u15 up)	(max 10)
3.30pm	400m (u17 up)	6 races x 6 Slowest first	3.00pm	Shot Putt (u13 up)	(max 12)

Entries close midnight Friday 15th April

Entries £6 per event at Open Track - https://data.opentrack.run/en-gb/x/2022/GBR/taceom/

Volunteers needed for a number of roles. Please contact Graeme Charters at volunteers@tonbridgeac.org.uk