

## **Tonbridge AC Christmas and New Year Training Schedule**

### **Tuesday 20<sup>th</sup> December**

**Note – Training relocated from Judd to Tonbridge School Track (this Tuesday only)**

### **Wednesday 21<sup>st</sup> December**

6.30pm Circuit Training at Judd School as normal.

### **Thursday 22<sup>nd</sup> December**

TAC Club night at Tonbridge School Track as normal.

### **Saturday 24<sup>th</sup> December**

Christmas Eve – 10am Knole Park, training relays.

See map below.

Park entrance opposite 'The Rise' about 400m towards Tonbridge from Sevenoaks School.

### **Sunday 25<sup>th</sup> December**

Christmas Day – Tonbridge School Sports Centre Closed

### **Monday 26<sup>th</sup> December**

10am to 10.30am entry registration - TAC Christmas Pudding Race

Race over 5km on the school fields. Start at 11am

All ages and abilities welcome. Bring a small present for the lucky dip draw.

### **Tuesday 27<sup>th</sup> December**

TAC Club night at Judd School as normal.

### **Wednesday 28<sup>th</sup> December**

6.30pm Circuit Training at Judd School as normal.

### **Thursday 29<sup>th</sup> December**

TAC Club night at Tonbridge School Track as normal.

### **Saturday 31<sup>st</sup> December**

New Years Eve – 10am Hill session at Knole Park

See map below. Meet by park entrance in St Julians Road

### **Sunday 1<sup>st</sup> January**

New Years Day – Tonbridge School Sports Centre Closed

### **Monday 2<sup>nd</sup> January**

Bank Holiday and Tonbridge School Centre closes at 6pm

### **Tuesday 3<sup>rd</sup> January**

TAC Club night at Judd School as normal.

### **Wednesday 4<sup>th</sup> January**

6.30pm Circuit Training at Judd School as normal.

### **Thursday 5<sup>th</sup> January**

TAC Club night at Tonbridge School Track as normal.

**Saturday 7<sup>th</sup> January**

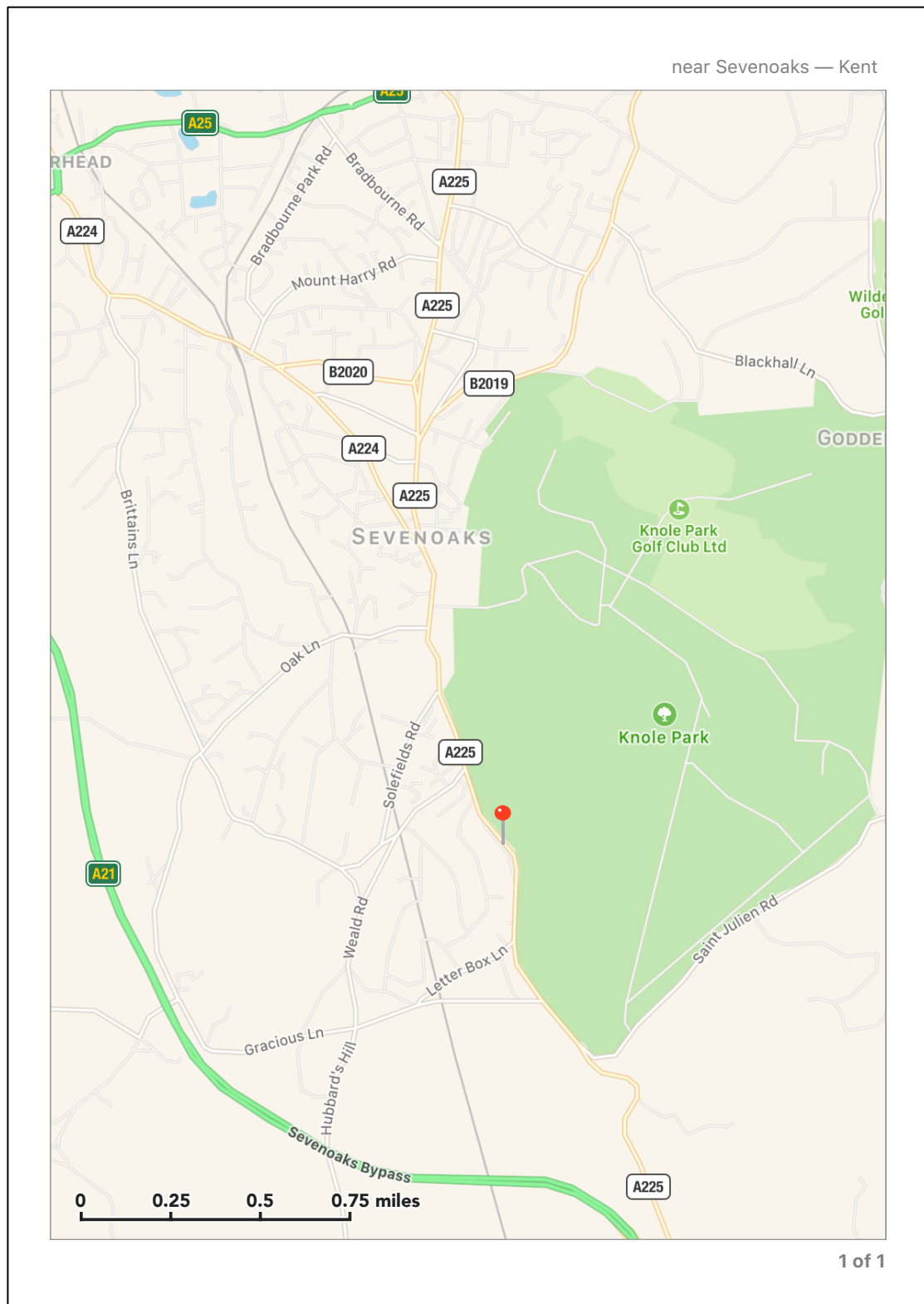
Kent Cross Country Championships at Brands Hatch

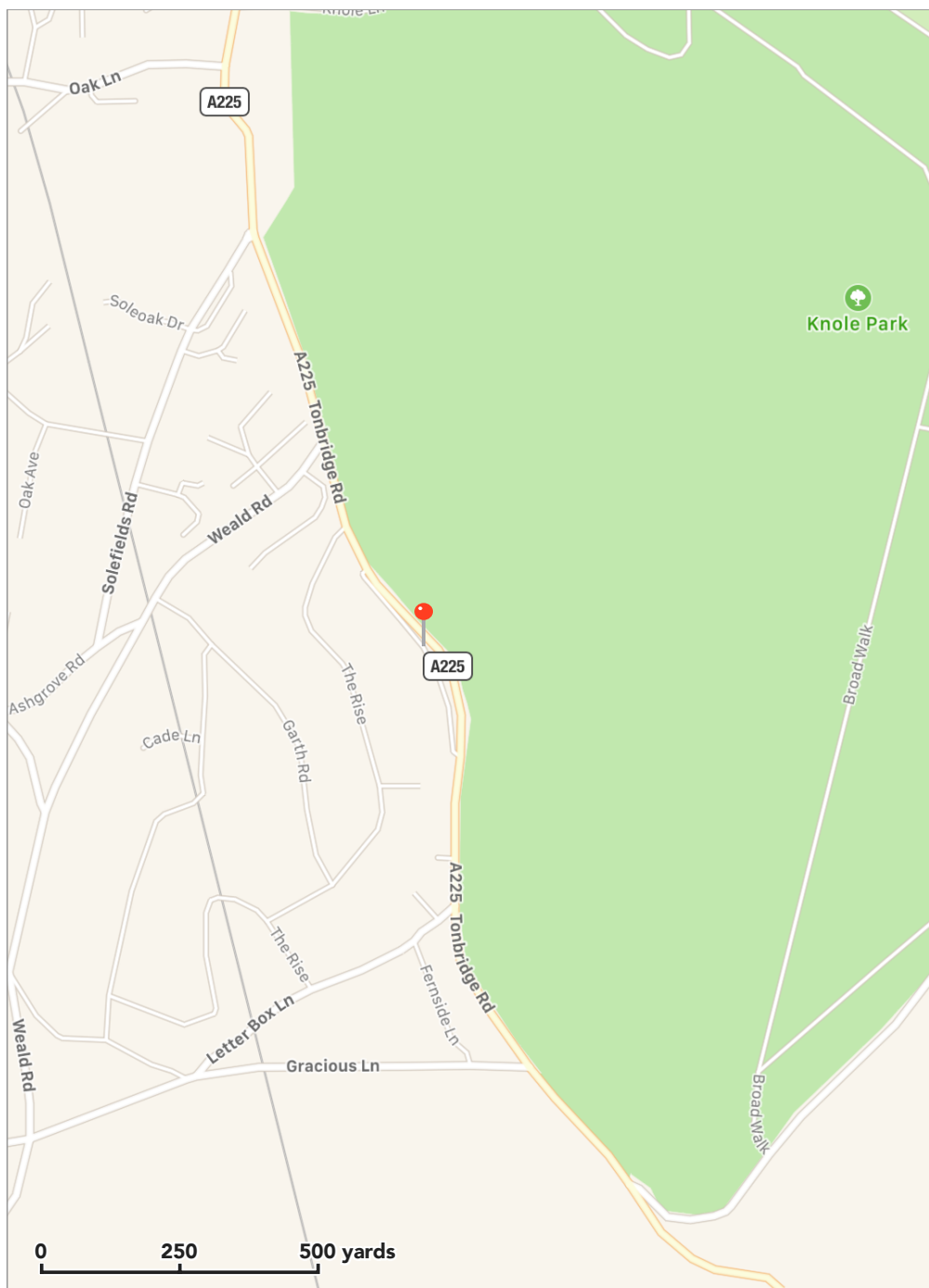
***See maps for Knole Park below***

## Saturday 24<sup>th</sup> December

Christmas Eve – 10am Knole Park, training relays.

Meet inside park just below gate opposite 'The Rise





## **Saturday 31<sup>st</sup> December**

New Years Eve – 10am Hill session at Knole Park

Meet by park entrance in St Julians Road

