

SEAA Southern U20/Senior and U15/U17 3000m Championships
Bedford - 1/2 June 2019
Senior Men

Senior Men 100 Metres (a)

CBP 1990	Jason Livingstone	Croydon Harriers	10.09	
Posn	Num	Name	Club	Perf
Heat 1				w/s -0.1
1	363	Rechmial Miller	Hercules Wimbledon AC	10.70 Q
2	350	Ryan Facey	Hercules Wimbledon AC	10.96 Q
3	345	Nathan Brown	Kent AC	10.97 Q
4	358	Dickson Kusi	Marshall Milton Keynes AC	11.00 Q
5	353	Tyler Johnson	City of Plymouth AC	11.33
6	337	Femi Awe	Radley AC	11.59
7	376	Joshua Wood	Harrow AC	11.72
Heat 2				w/s 0.0
1	591	Theo Etienne	Hercules Wimbledon AC	10.58 Q
2	352	Sam Ige	Belgrave Harriers	10.80 Q
3	359	Jack Lennard	Tonbridge AC	10.90 Q
4	335	Omololu Abiodun	Woodford Green w Essex L	10.99 Q
5	347	Sean Crowie	Hillingdon AC	11.02 q
6	371	Sahib Singh	Shaftesbury Barnet Harriers	11.71
7	348	Tyrell Dankwa	Marshall Milton Keynes AC	11.93
Heat 3				w/s 0.0
1	351	Nathan Gilbert	Windsor S E & Hounslow AC	10.75 Q
2	373	Jordan Watson-Brown	Shaftesbury Barnet Harriers	10.79 Q
3	367	Keano-Elliott Paris-Samuel	Thames Valley Harriers	10.88 Q
4	375	Elijah Winn	Enfield & Haringey AC	10.97 Q
5	336	Miguel De Andrade Sambé	Harrow AC	11.18
6	361	Steven Mackay	Jersey Spartan AC	11.42
7	368	Timothy Pike	Belgrave Harriers	11.83
Heat 4				w/s +0.3
1	372	Christopher Stone	Woodford Green w Essex L	10.52 Q
2	374	Jahde Williams	Harrow AC	10.61 Q
3	346	Terrell Craig	Bexley AC	10.78 Q
4	357	Isaac Kitchen-Smith	Thames Valley Harriers	10.92 Q
5	377	Gabriel Yiadom	Shaftesbury Barnet Harriers	11.01 q
6	355	William Kennedy	Bristol & West AC	11.13 q
7	362	Shelton Mattison	Croydon Harriers	11.52
8		#N/A	#N/A	
Heat 5				w/s +1.0
1	369	Zanson Plummer	Shaftesbury Barnet Harriers	10.57 Q
2	338	Korede Awe	Invicta East Kent AC	10.66 Q
3	344	Maxwell Brown	Marshall Milton Keynes AC	10.70 Q
4	349	Sahid Diallo	Newham & Essex Beagles AC	11.02 Q
5	366	Lord Owusu	Enfield & Haringey AC	11.39
6	343	Kristian Brown	Basildon AC	11.43
7	342	Duayne Bovell	Blackheath & Bromley Harriers	DNF
Heat 6				w/s +0.5
1	342	Duayne Bovell	Blackheath & Bromley Harriers	11.04 q
		The Athlete's blocks slipped in Heat 5 and he was allowed to re-run by himself		
Semi Final 1				w/s +2.4
1	369	Zanson Plummer	Shaftesbury Barnet Harriers	10.53
2	344	Maxwell Brown	Marshall Milton Keynes AC	10.65
3	375	Elijah Winn	Enfield & Haringey AC	10.76
4	373	Jordan Watson-Brown	Shaftesbury Barnet Harriers	10.79
5	359	Jack Lennard	Tonbridge AC	10.84
6	342	Duayne Bovell	Blackheath & Bromley Harriers	10.90
7	335	Omololu Abiodun	Woodford Green w Essex L	11.14
8	351	Nathan Gilbert	Windsor S E & Hounslow AC	DQ

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Semi Final 2

			w/s +0.7	
1	372 Christopher Stone	Woodford Green w Essex L	10.47	Q
2	338 Korede Awe	Invicta East Kent AC	10.51	Q
3	374 Jahde Williams	Harrow AC	10.61	q
4	346 Terrell Craig	Bexley AC	10.72	q
5	367 Keano-Elliott Paris-Samuel	Thames Valley Harriers	10.85	
6	358 Dickson Kusi	Marshall Milton Keynes AC	10.97	
7	349 Sahid Diallo	Newham & Essex Beagles AC	11.02	
8	355 William Kennedy	Bristol & West AC	11.03	

Semi Final 3

			w/s +0.2	
1	363 Rechmial Miller	Hercules Wimbledon AC	10.41	Q
2	591 Theo Etienne	Hercules Wimbledon AC	10.43	Q
3	352 Sam Ige	Belgrave Harriers	10.76	
4	347 Sean Crowie	Hillingdon AC	10.88	
5	350 Ryan Facey	Hercules Wimbledon AC	10.90	
6	345 Nathan Brown	Kent AC	10.93	
7	357 Isaac Kitchen-Smith	Thames Valley Harriers	10.99	
8	377 Gabriel Yiadom	Shaftesbury Barnet Harriers	11.16	

Final

			w/s +0.8	
1	338 Korede Awe	Invicta East Kent AC	10.44	
2	363 Rechmial Miller	Hercules Wimbledon AC	10.45	
3	591 Theo Etienne	Hercules Wimbledon AC	10.46	
4	372 Christopher Stone	Woodford Green w Essex L	10.52	
5	374 Jahde Williams	Harrow AC	10.52	
6	369 Zanson Plummer	Shaftesbury Barnet Harriers	10.58	
7	344 Maxwell Brown	Marshall Milton Keynes AC	10.63	
8	346 Terrell Craig	Bexley AC	DNS	

Senior Men 200 Metres (b)

CBP 1992 Linford Christie Thames Valley Harriers 20.71

Posn Num Name

Club

Perf

Heat 1

W/S +1.8

1	374 Jahde Williams	Harrow AC	21.35	Q
2	393 Marvin Popoola	Herne Hill Harriers	21.45	Q
3	341 David Bolarinwa	Newham & Essex Beagles AC	21.87	Q
4	396 Luke Smith	Shaftesbury Barnet Harriers	21.95	q
5	398 Lewis Thorn	Braintree & District AC	22.27	q
6	397 Zachary Stapleton	Hercules Wimbledon AC	22.92	
7	361 Steven Mackay	Jersey Spartan AC	23.15	
8	371 Sahib Singh	Shaftesbury Barnet Harriers	23.90	

Heat 2

W/S +0.7

1	378 Edmond Amaning	Thames Valley Harriers	21.34	Q
2	381 Jonathan Browne	Kent AC	22.13	Q
3	386 Hanif Henry	Orion Harriers	22.45	Q
4	394 Byron Robinson	Herne Hill Harriers	22.55	
5	379 Christian Anuyagu	Victoria Park H & Tower H AC	22.70	
6	355 William Kennedy	Bristol & West AC	22.93	
7	390 Kelechi Okorie	Victoria Park H & Tower H AC	23.00	

Heat 3

W/S -0.6

1	395 Martyn Rooney	Croydon Harriers	21.88	Q
2	399 Deji Tobais	Windsor S E & Hounslow AC	21.99	Q
3	359 Jack Lennard	Tonbridge AC	22.33	Q
4	383 Kema Egbunike	Harrow AC	22.75	
5	382 Eden Davis	Herts Phoenix AC	22.84	
6	389 Daniel Offiah	Southampton AC	23.24	
7	391 Max Perez-Diaz	Kingston AC & Poly Harriers	23.37	
8	384 Sean Garmory	Nene Valley Harriers	23.49	

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Heat 4			W/S +2.1	
1	385 Toby Harries	Brighton Phoenix AC	20.92	Q
2	372 Christopher Stone	Woodford Green w Essex L	21.48	Q
3	367 Keano-Elliott Paris-Samuel	Thames Valley Harriers	21.84	Q
4	350 Ryan Facey	Hercules Wimbledon AC	22.41	q
5	400 Richard Tremblen	Swansea Harriers	22.54	q
6	353 Tyler Johnson	City of Plymouth AC	22.94	
7	366 Lord Owusu	Enfield & Haringey AC	24.03	

Semi Final 1			W/S +2.3	
1	395 Martyn Rooney	Croydon Harriers	21.77	Q
2	381 Jonathan Browne	Kent AC	21.85	Q
3	367 Keano-Elliott Paris-Samuel	Thames Valley Harriers	22.09	Q
4	396 Luke Smith	Shaftesbury Barnet Harriers	22.20	Q
5	386 Hanif Henry	Orion Harriers	22.46	
6	400 Richard Tremblen	Swansea Harriers	22.62	
7	393 Marvin Popoola	Herne Hill Harriers	59.47	
8	385 Toby Harries	Brighton Phoenix AC	DNS	

Semi Final 2			W/S -0.1	
1	378 Edmond Amaning	Thames Valley Harriers	20.89	Q
2	374 Jahde Williams	Harrow AC	21.19	Q
3	372 Christopher Stone	Woodford Green w Essex L	21.33	Q
4	399 Deji Tobais	Windsor S E & Hounslow AC	21.65	Q
5	341 David Bolarinwa	Newham & Essex Beagles AC	21.89	
6	350 Ryan Facey	Hercules Wimbledon AC	22.27	
7	398 Lewis Thorn	Braintree & District AC	22.47	
8	359 Jack Lennard	Tonbridge AC	22.52	

Final				
1	378 Edmond Amaning	Thames Valley Harriers	20.97	
2	374 Jahde Williams	Harrow AC	21.25	
3	372 Christopher Stone	Woodford Green w Essex L	21.47	
4	381 Jonathan Browne	Kent AC	21.81	
5	399 Deji Tobais	Windsor S E & Hounslow AC	21.89	
6	367 Keano-Elliott Paris-Samuel	Thames Valley Harriers	22.08	
7	396 Luke Smith	Shaftesbury Barnet Harriers	22.16	
8	395 Martyn Rooney	Croydon Harriers	DNS	

Senior Men 400 Metres

CBP 1992 Ade Mafe London Irish AC 45.81

Posn Num Name Club Perf

Heat 1 (a)

1	461 Matthew Overall	Crawley AC	48.55	Q
2	470 Shawn Wright	Kent AC	49.25	Q
3	457 Jordan Layne	Blackheath & Bromley Harriers	49.81	Q
4	438 Akeem Akintokun	Havering AC	49.85	Q
5	465 Kimani Smart	S Factor Athletics	50.58	q
6	469 Tom Syckelmoore	Basingstoke & Mid Hants AC	53.74	

Heat 2 (a)

1	444 Matt Chant	Andover AC	48.98	Q
2	439 Nicholas Atwell	Thames Valley Harriers	49.89	Q
3	466 Oliver Smith	Harrow AC	49.92	Q
4	443 Khalil Bruney	Enfield & Haringey AC	50.26	Q
5	450 Ciaran Dunnion	Poole AC	50.56	q
6	453 Joel Harvey	Bournemouth AC	50.77	q
7	454 Adam Herring	Blackheath & Bromley Harriers	51.70	

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Heat 3 (a)

1	467 Ben Snaith	Newham & Essex Beagles AC	48.18	Q
2	468 Emmanuel Sosanya	Newham & Essex Beagles AC	49.42	Q
3	445 Jamal Clarke	Windsor S E & Hounslow AC	49.60	Q
4	441 Matthew Billington	Southampton AC	50.59	Q
5	384 Sean Garmory	Nene Valley Harriers	51.20	
6	401 Jake Young	Colchester Harriers	51.65	

Heat 4 (a)

1	437 Krishawn Aiken	Shaftesbury Barnet Harriers	50.09	Q
2	442 Columba Blango	Victoria Park H & Tower H AC	50.44	Q
3	462 Peter Phillips	Herne Hill Harriers	50.65	Q
4	455 Kevin Hodgson	Bournemouth AC	50.97	Q
5	458 Jerome Lule	Shaftesbury Barnet Harriers	51.18	q
6	440 Alexander Babb	Victoria Park H & Tower H AC	53.60	

Heat 5 (a)

1	463 Dan Putnam	Blackheath & Bromley Harriers	48.81	Q
2	446 Lewis Collins	Tonbridge AC	49.50	Q
3	449 Peter De'Ath	Stevenage & North Herts AC	49.61	Q
4	464 Charlie Shingleton	Braintree & District AC	50.87	Q
5	460 Isaac Ogunlade	Herne Hill Harriers	51.84	
6	451 Jason Dwaah	Victoria Park H & Tower H AC	55.74	
7	380 Calum Bressington	Southampton AC	DNS	

Semi Final 1 (a)

1	463 Dan Putnam	Blackheath & Bromley Harriers	47.41	Q
2	444 Matt Chant	Andover AC	48.23	Q
3	439 Nicholas Atwell	Thames Valley Harriers	49.14	q
4	438 Akeem Akintokun	Havering AC	49.49	
5	462 Peter Phillips	Herne Hill Harriers	50.09	
6	465 Kimani Smart	S Factor Athletics	50.28	
7	450 Ciaran Dunnion	Poole AC	50.71	
8	442 Columba Blango	Victoria Park H & Tower H AC	54.03	

Semi Final 2 (a)

1	467 Ben Snaith	Newham & Essex Beagles AC	48.81	Q
2	468 Emmanuel Sosanya	Newham & Essex Beagles AC	49.39	Q
3	470 Shawn Wright	Kent AC	49.44	
4	449 Peter De'Ath	Stevenage & North Herts AC	49.62	
5	441 Matthew Billington	Southampton AC	51.06	
6	458 Jerome Lule	Shaftesbury Barnet Harriers	51.43	
7	464 Charlie Shingleton	Braintree & District AC	51.43	
8	457 Jordan Layne	Blackheath & Bromley Harriers	DNS	

Semi Final 3 (a)

1	446 Lewis Collins	Tonbridge AC	48.43	Q
2	437 Krishawn Aiken	Shaftesbury Barnet Harriers	48.60	Q
3	461 Matthew Overall	Crawley AC	48.74	q
4	466 Oliver Smith	Harrow AC	49.99	
5	455 Kevin Hodgson	Bournemouth AC	50.05	
6	453 Joel Harvey	Bournemouth AC	50.08	
7	443 Khalil Bruney	Enfield & Haringey AC	50.52	
8	445 Jamal Clarke	Windsor S E & Hounslow AC	52.45	

Final (b)

1	463 Dan Putnam	Blackheath & Bromley Harriers	47.32	
2	467 Ben Snaith	Newham & Essex Beagles AC	47.55	
3	444 Matt Chant	Andover AC	48.07	
4	446 Lewis Collins	Tonbridge AC	48.29	
5	437 Krishawn Aiken	Shaftesbury Barnet Harriers	48.38	
6	461 Matthew Overall	Crawley AC	48.45	
7	468 Emmanuel Sosanya	Newham & Essex Beagles AC	48.61	
8	439 Nicholas Atwell	Thames Valley Harriers	49.01	

SEAA Southern U20/Senior and U15/U17 3000m Championships
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Senior Men

Senior Men 800 Metres

CBP 1992 Andrew Lill Newham & Essex Beagles AC 1.46.84

Posn	Num	Name	Club	Perf
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Heat 1 (a)

1	480	Benjamin Murphy	Tonbridge AC	1.56.26	Q
2	489	Chris Thornley	Bedford & County AC	1.58.42	Q
3	475	Neville Harris	Belgrave Harriers	1.59.33	
4	481	Matt Nicholson	Bedford & County AC	1.59.54	
5	485	Sean Reidy	Nene Valley Harriers	2.02.64	
6	477	Brian Jr Kotelo	Cambridge & Coleridge AC	2.09.83	

Heat 2 (a)

1	471	Nick Armstrong	Newham & Essex Beagles AC	1.57.56	Q
2	482	Joseph O'Hara	Bexley AC	1.57.61	Q
3	476	Sam Jones	St Albans AC	1.58.33	
4	472	Adam Day	Chiltern Harriers AC	1.58.41	
5	478	Alexander Lione	Cambridge & Coleridge AC	2.04.01	

Heat 3 (a)

1	474	Scott Greeves	City of Norwich AC	1.55.68	Q
2	487	Joe Strange	Bedford & County AC	1.55.82	Q
3	484	Dave Ragan	Basingstoke & Mid Hants AC	1.55.93	q
4	479	Mohamed Ismail Mohamed	Shaftesbury Barnet Harriers	1.56.22	q
5	486	William Ross	London Heathside AC	2.01.40	
6	473	Joseph Gayle	Victoria Park H & Tower H AC	2.06.76	

Final (b)

1	480	Benjamin Murphy	Tonbridge AC	1.52.74
2	471	Nick Armstrong	Newham & Essex Beagles AC	1.53.58
3	474	Scott Greeves	City of Norwich AC	1.54.44
4	484	Dave Ragan	Basingstoke & Mid Hants AC	1.55.63
5	479	Mohamed Ismail Mohamed	Shaftesbury Barnet Harriers	1.56.88
6	487	Joe Strange	Bedford & County AC	1.58.94
7	489	Chris Thornley	Bedford & County AC	2.00.65
8	482	Joseph O'Hara	Bexley AC	2.03.18

Senior Men 1,500 Metres

CBP 1 Steve Ovett Phoenix AC 3.38.51

Posn	Num	Name	Club	Perf
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Final (b)

1	498	Jonathan Davies	Reading AC	3.51.45
2	506	Sam Winters	Marshall Milton Keynes AC	3.52.57
3	494	Matt Bray	Bedford & County AC	3.52.68
4	499	George Dollner	Guildford & Godalming AC	3.56.12
5	495	Callum Charleston	Aldershot Farnham & DAC	3.56.76
6	500	Niki Faulkner	Reading AC	3.57.33
7	505	Stephen Strange	Basildon AC	4.00.95
8	504	Charles Hardy	London Heathside AC	4.01.14
9	492	James Beeks	Basingstoke & Mid Hants AC	4.02.59
10	497	Aaron Cooper	Herts Phoenix AC	4.02.60
11	501	Kieran Gilfedder	Wycombe Phoenix Harriers & AC	4.08.87
12	496	David Clark	Wycombe Phoenix Harriers & AC	4.11.22
13	490	Akira Anzai-Jackson	Ealing Southall & Middlesex AC	4.44.35
14	493	Mark Booth	Walton AC	DNF

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Senior Men

Senior Men 5,000 Metres (b)

CBP 1972 Gordon Minty Thames Valley Harriers 13.38.00

Posn Num Name Club Perf

Final

1	517	Ricky Harvie	Aldershot Farnham & DAC	14.54.89
2	516	Jonathan Escalante-Phillips	Cambridge & Coleridge AC	14.55.48
3	530	Philip Sewell	Aldershot Farnham & DAC	15.07.00
4	515	Sam Eglen	Aldershot Farnham & DAC	15.11.74
5	523	Alasdair Kinloch	Tonbridge AC	15.18.23
6	532	Ben Spratling	City of Norwich AC	15.18.87
7	526	Craig Palmer	Bournemouth AC	15.21.41
8	511	Tom Comerford	Marshall Milton Keynes AC	15.23.60
9	531	Shaun Smith	Aldershot Farnham & DAC	15.28.13
10	533	Grant Twist	Havering AC	15.30.10
11	522	Joshua King	Bournemouth AC	15.39.58
12	519	Elliot Hind	Marshall Milton Keynes AC	15.48.42
13	529	James Senior	City of Norwich AC	15.54.18
14	520	Rikki James	Southampton AC	15.55.30
15	528	Riccardo Rubini	Southampton AC	15.56.08
16	527	Alex Pointon	Aldershot Farnham & DAC	16.02.81
17	513	Gary Crush	City of Norwich AC	16.03.52
18	512	Samuel Coyne	City of Norwich AC	16.15.77
19	525	Henry Murdoch	Highgate Harriers	16.28.84
20	514	Jeff Cunningham	Herne Hill Harriers	DNF
21	524	Lewis Laylee	Herne Hill Harriers	DNF
22	510	Sebastian Cirillo	Eastbourne Rovers AC	DNF

Senior Men 110 Metres Hurdles (b)

CBP 1990 Hugh Teape Borough of Enfield Harriers 13.71

Posn Num Name Club Perf

Heat 1

W/S 0.0

1	411	Khai Riley-La Borde	Enfield & Haringey AC	13.82	Q
2	413	Rushane Thomas	Herne Hill Harriers	14.27	Q
3	403	Ethan Akanni	Bexley AC	14.38	Q
4	417	Reece Young	Blackheath & Bromley Harriers	14.55	q
5	407	Liam Hunt	City of Norwich AC	15.19	q
6	404	Toby Glass	Guernsey AC	16.26	
7	416	Rob Woolgar	Bournemouth AC	DNF	

Heat 2

W/S -0.4

1	415	James Weaver	Enfield & Haringey AC	14.18	Q
2	405	Edson Gomes	Shaftesbury Barnet Harriers	14.41	Q
3	412	Robert Sakala	Croydon Harriers	15.01	Q
4	343	Kristian Brown	Basildon AC	15.66	
5	409	Alex Parkinson	Kingston AC & Poly Harriers	15.79	
6	410	Bradley Reed	Chelmsford AC	DNF	

Final

1	#N/A	#N/A
2	#N/A	#N/A
3	#N/A	#N/A
4	#N/A	#N/A
5	#N/A	#N/A
6	#N/A	#N/A
7	#N/A	#N/A
8	#N/A	#N/A

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Senior Men

Senior Men 400 Metres Hurdles

CBP 1986 Max Robertson Wolverhampton & Bilston AC 49.56

Posn	Num	Name	Club	Perf
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Heat 1 (a)

1	432	Max Schopp	Harrow AC	53.11	Q
2	436	George Vaughan	Woodford Green w Essex L	54.42	Q
3	430	Jack Messenger	Bournemouth AC	54.75	Q
4	429	Christopher Marshall	City of Norwich AC	54.82	q
5	426	James Greenhalgh	City of Norwich AC	55.16	q
6	424	Steven Garrett	City of Sheffield & Dearne AC	56.68	
7	418	Peter Benedickter	Bedford & County AC	61.89	
8	434	David Shortridge	Victoria Park H & Tower H AC	71.81	

Heat 2 (a)

1	435	Bailey Stickings	Blackheath & Bromley Harriers	53.62	Q
2	423	Joe Fuggle	Blackheath & Bromley Harriers	54.24	Q
3	419	Damaine Benjamin	Harrow AC	56.00	Q
4	431	Richard Morris	South London Harriers	56.32	
5	421	Rhys Collings	Chelmsford AC	57.65	
6	404	Toby Glass	Guernsey AC	58.42	
7	420	George Blake	Medway & Maidstone AC	60.73	

Final (b)

1	435	Bailey Stickings	Blackheath & Bromley Harriers	52.54	
2	423	Joe Fuggle	Blackheath & Bromley Harriers	52.55	
3	432	Max Schopp	Harrow AC	52.73	
4	436	George Vaughan	Woodford Green w Essex L	53.06	
5	429	Christopher Marshall	City of Norwich AC	55.11	
6	430	Jack Messenger	Bournemouth AC	55.45	
7	426	James Greenhalgh	City of Norwich AC	55.70	
8	419	Damaine Benjamin	Harrow AC	DNS	

Senior Men 3,000 Metres Steeplechase (a)

CBP 1989 Mark Rowland Phoenix AC 8.30.93

Posn	Num	Name	Club	Perf
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Final

1	538	Daniel Eckersley	Kingston AC & Poly Harriers	09.19.04
2	542	Jamie Grose	Poole AC	09.30.17
3	536	Max Costley	Southampton AC	09.34.67
4	545	Joseph Turner	Cheltenham & County Harriers	09.34.68
5	543	Oliver Newton	Thames Valley Harriers	09.47.86
6	544	Frederick Slemeck	Hercules Wimbledon AC	09.52.23
7	535	Ross Connor	City of Stoke AC	09.58.59
8	534	Joseph Branch	Wycombe Phoenix Harriers & AC	10.00.61
9	539	Michael Ellis	Tonbridge AC	10.10.03
10	540	Ian Ellwood	Kent AC	10.28.03
11	541	Craig Emmerson	Bedford & County AC	10.35.83

SEAA Southern U20/Senior and U15/U17 3000m Championships
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Senior Men

Senior Men Shot (a)

Posn	Num	Name	Club	Perf	Details
	CBP 1976	Geoff Capes	Enfield Harriers	21.36	
Final					
1	563	Degutis Gintas	Newham & Essex Beagles AC	14.34	
2	564	Graham Lay	Southampton AC	13.28	
3	589	Declan Manning	City of Norwich AC	12.15	
4		#N/A	#N/A		

Senior Men Discus (a)

Posn	Num	Name	Club	Perf	Details
	CBP 1974	Bill Tancred	Birchfield Harriers	61.98	
Final					
1	570	Nicholas Percy	Shaftesbury Barnet Harriers	60.01	
2	575	Samuel Woodley	Herts Phoenix AC	50.53	
3	567	Matthew Beatty	Loughborough University AC	50.51	
4	569	Christopher Linque	Woodford Green w Essex L	47.64	
5	568	Matthew Callaway	Southampton AC	40.68	
6	573	Nathan Thomas	Shaftesbury Barnet Harriers	40.15	
7	574	Arpad Vermes	Brighton & Hove AC	37.73	
8	564	Graham Lay	Southampton AC	37.13	
	589	Declan Manning	Norwich	34.45	

Senior Men Hammer (b)

Posn	Num	Name	Club	Perf	Details
	CBP 2016	Taylor Campbell	Windsor S E & Hounslow AC	71.39	
Final					
1	577	Thomas Head	Newham & Essex Beagles AC	61.51	58.70 58.54 X X 61.51 60.62
2	579	Billy Praitm-Singh	Colchester Harriers	54.08	51.81 54.08 X 53.62 X 53.87

Senior Men Javelin (b)

Posn	Num	Name	Club	Perf	Details
	CBP 2010	Mervyn Luckwell	Marshall Milton Keynes	80.08	
Final					
1	588	Neil McLellan	Stevenage & North Herts AC	69.40	64.84 67.22 63.16 64.83 69.40 65.04
2	586	Craig Lacy	Cambridge Harriers	63.43	61.03 61.30 63.43 X 61.45 61.62
3	343	Kristian Brown	Basildon AC	61.46	59.21 - - - 61.46
4	582	Marcin Balun	Crawley AC	57.79	X 55.74 57.12 57.79 X 55.03
5	587	Conor Martin	Herts Phoenix AC	55.20	53.63 47.17 55.20 53.74 53.73 X
6	581	Ryder Anderson	Woking AC	50.23	48.91 50.23 48.74 47.85 47.99 45.45
7	583	Daniel Berney	Chelmsford AC	32.96	30.93 26.73 31.51 32.96 31.10 28.16

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Senior Women

Senior Women 100 Metres (a)

Posn	Num	Name	Club	Perf	
		CBP 1983 Shirley Thomas	Borough of Hounslow	11.31	
				Heat 1	w 0.4
1	765	Vivien Olatunji	Blackheath & Bromley Harriers	12.20	Q
2	621	Eleanor Smith-Hahn	Herne Hill Harriers	12.21	Q
3	616	Lukesha Morris	Windsor S E & Hounslow AC	12.25	Q
4	766	Chloe Burrows	Bournemouth	12.30	
5	605	Tiffany Cox	Abingdon AC	12.79	
6	624	Bethany Testro	Enfield & Haringey AC	13.30	
7	615	Bonnie Maugey	Dartford Harriers AC	14.47	
				Heat 2	All manual times
1	625	Torema Thompson	Enfield & Haringey AC	11.9	Q
2	607	Cheyenne Evans-Gray	Croydon Harriers	12.2	Q
3	767	Modupe Shokunbe	Blackheath & Bromley Harriers	12.3	Q
4	619	Brittany Robinson	Thames Valley Harriers	12.5	q
5	610	Hannah James	Colchester Harriers	12.6	q
6	613	Lillian Matomola	Herne Hill Harriers	12.7	
7	622	Victoria Staines	Southend on Sea AC	13.6	
				Heat 3	w -1.2
1	623	Clieo Stephenson	Thames Valley Harriers	12.07	Q
2	611	Harriet Jones	Windsor S E & Hounslow AC	12.16	Q
3	606	Leanza Dwaah	Enfield & Haringey AC	12.34	Q
4	604	Ashleigh Clarke	Croydon Harriers	12.49	q
5	601	Laura Aregbe	Harrow AC	12.68	
6	602	Claudia Bioh	London Heathside AC	13.72	
				Heat 4	w 1.4
1	608	Page Fairclough	Shaftesbury Barnet Harriers	11.89	Q
2	612	Darcey Kuypers	Medway & Maidstone AC	12.24	Q
3	603	Izzy Bryant	Southampton AC	12.35	Q
4	609	Vanessa Grant	Herne Hill Harriers	12.88	
5	617	Tanyaradzwa Paine-Motsi	Newham & Essex Beagles AC	12.90	
6	618	Jade Phillips	Herne Hill Harriers	13.23	
				Semi Final 1	W/s -2.5
1	608	Page Fairclough	Shaftesbury Barnet Harriers	12.01	Q
2	611	Harriet Jones	Windsor S E & Hounslow AC	12.15	Q
3	612	Darcey Kuypers	Medway & Maidstone AC	12.22	Q
4	765	Vivien Olatunji	Blackheath & Bromley Harriers	12.31	Q
5	616	Lukesha Morris	Windsor S E & Hounslow AC	12.33	
6	603	Izzy Bryant	Southampton AC	12.48	
7	766	Chloe Burrows	Bournemouth	12.51	
8	610	Hannah James	Colchester Harriers	12.74	
				Semi Final 2	W/S -0.2
1	625	Torema Thompson	Enfield & Haringey AC	11.96	Q
2	623	Clieo Stephenson	Thames Valley Harriers	11.96	Q
3	607	Cheyenne Evans-Gray	Croydon Harriers	12.03	Q
4	606	Leanza Dwaah	Enfield & Haringey AC	12.18	Q
5	621	Eleanor Smith-Hahn	Herne Hill Harriers	12.22	
6	767	Modupe Shokunbe	Blackheath & Bromley Harriers	12.39	
7	604	Ashleigh Clarke	Croydon Harriers	12.50	
8	619	Brittany Robinson	Thames Valley Harriers	12.68	
				Final	w/s -0.2
1	607	Cheyenne Evans-Gray	Croydon Harriers	11.85	
2	625	Torema Thompson	Enfield & Haringey AC	11.86	
3	608	Page Fairclough	Shaftesbury Barnet Harriers	11.92	
4	623	Clieo Stephenson	Thames Valley Harriers	11.93	
5	611	Harriet Jones	Windsor S E & Hounslow AC	12.06	
6	612	Darcey Kuypers	Medway & Maidstone AC	12.15	
7	606	Leanza Dwaah	Enfield & Haringey AC	12.20	
8	765	Vivien Olatunji	Blackheath & Bromley Harriers	DNS	

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Senior Women 200 Metres (b)

Posn	Num	Name	Club	Perf	
	CBP 1983	Beverley Callender	Reading AC	23.08	
				W/S +0.3	
Heat 1					
1	636	Amarachi Pipi	Enfield & Haringey AC	24.05	Q
2	603	Izzy Bryant	Southampton AC	25.69	Q
3	630	Esther Fuja	Herne Hill Harriers	25.84	q
4	639	Sophie Segun	Herts Phoenix AC	26.55	
5	635	Jasmine Okoye	Newham & Essex Beagles AC	26.93	
				W/S +2.0	
Heat 2					
1	608	Page Fairclough	Shaftesbury Barnet Harriers	25.08	Q
2	629	Synne Frydenlund	Harrow AC	25.33	Q
3	626	Molly Adams	Horsham Blue Star Harriers	25.67	q
4	604	Ashleigh Clarke	Croydon Harriers	25.85	
5	632	Alice Hunter	Victoria Park H & Tower H AC	26.85	
6	631	Zyanne Hook	Stevenage & North Herts AC	27.61	
				W/S +0.4	
Heat 3					
1	612	Darcey Kuypers	Medway & Maidstone AC	24.87	Q
2	637	Lauren Russell	Bedford & County AC	25.25	Q
3	634	Catriona Marriott	Cambridge & Coleridge AC	26.69	
4	627	Krystle Balogun	Ilford AC	26.97	
5	638	Joanne Ryan	Loughton AC	27.34	
6	628	Katy Brabbin	Radley AC	28.96	
Final					
1	636	Amarachi Pipi	Enfield & Haringey AC	24.11	
2	612	Darcey Kuypers	Medway & Maidstone AC	24.52	
3	608	Page Fairclough	Shaftesbury Barnet Harriers	24.73	
4	637	Lauren Russell	Bedford & County AC	25.24	
5	629	Synne Frydenlund	Harrow AC	25.38	
6	626	Molly Adams	Horsham Blue Star Harriers	25.87	
7	630	Esther Fuja	Herne Hill Harriers	26.00	
8	603	Izzy Bryant	Southampton AC	26.28	

Senior Women 400 Metres

	CBP 1970	Marilyn Neufville	Cambridge Harriers	52.00	
Posn	Num	Name	Club	Perf	
Heat 1 (a)					
1	666	Margaret Adeoye	Enfield & Haringey AC	53.97	Q
2	667	Isabelle Boffey	Enfield & Haringey AC	55.69	Q
3	670	Phoebe Fenwick	Bracknell AC	57.80	Q
4	676	Kirstie Overfield	Basildon AC	60.31	q
5	680	Sian Wyn-Jones	Guernsey AC	62.24	
6	631	Zyanne Hook	Stevenage & North Herts AC	62.89	
7	673	Sian Harry	Belgrave Harriers	64.58	
Heat 2 (a)					
1	675	Phillipa Lowe	Dacorum & Tring AC	55.29	Q
2	669	Rachel Dickens	Blackheath & Bromley Harriers	55.59	Q
3	677	Lauren Rule	Stevenage & North Herts AC	57.58	Q
4	668	Hannah Brown	City of Norwich AC	58.29	q
5	672	Emily Hack	Herts Phoenix AC	60.61	
6	633	Katie James	Marshall Milton Keynes AC	60.71	
7	679	Katy Warren	Dacorum & Tring AC	62.78	
Final (b)					
1	666	Margaret Adeoye	Enfield & Haringey AC	53.47	
2	675	Phillipa Lowe	Dacorum & Tring AC	53.50	
3	669	Rachel Dickens	Blackheath & Bromley Harriers	53.93	
4	667	Isabelle Boffey	Enfield & Haringey AC	54.44	
5	670	Phoebe Fenwick	Bracknell AC	57.16	
6	677	Lauren Rule	Stevenage & North Herts AC	57.37	
7	668	Hannah Brown	City of Norwich AC	57.64	
8	676	Kirstie Overfield	Basildon AC	DNS	

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Senior Women

Senior Women 800 Metres

Posn	Num	Name	Club	Perf
	CBP 1985	Shireen Bailey	Bromley Ladies AC	2.03.70
Heat 1 (a)				
1	688	Isobel Ives	Basildon AC	2.07.29
2	690	Tara Kafke	Radley AC	2.11.02
3	684	Chloe Crossman	Guildford & Godalming AC	2.11.18
4	694	Kat Sutton	Dartford Harriers AC	2.12.01
5	681	Cara Anderson	Crawley AC	2.12.12
6	683	Helena Corbin	Herne Hill Harriers	2.14.23
7	687	Emma Haley	Radley AC	2.15.73
8	692	Alex Mundell	City of Salisbury A & RC	2.16.16
9	682	Deborah Barrett-Willis	Notts AC	2.25.14
10	691	Katie Margarson	Cambridge & Coleridge AC	2.26.36

Senior Women 1,500 Metres (b)

Posn	Num	Name	Club	Perf
	CBP 1992	Christine Cahill	Gateshead Harriers	4.12.21
Final				
1	696	Sophie Crumly	Reading AC	4.34.70
2	697	Izzy Dye	Thames Valley Harriers	4.34.85
3	704	Chloe Sharp	Central Park Athletics	4.37.56
4	700	Stevie Lawrence	Croydon Harriers	4.43.52
5	703	Rosa Serafini	London Heathside AC	4.46.67
6	685	Fiona De Mauny	Herne Hill Harriers	DNF

Senior Women 5,000 Metres (b)

Posn	Num	Name	Club	Perf
	CBP 2018	Georgie Grgec	Herne Hill Harriers	16.36.02
Final				
1	707	Naomi Mitchell	Reading AC	17.49.47
2	706	Victoria Hiscock	Benfleet Running Club	18.13.40
3	708	Sarah Winstone	Southampton AC	19.39.56

Senior Women 100 Metres Hurdles (b)

Posn	Num	Name	Club	Perf
	CBP 2000	Melanie Wilkins	Windsor S E & Hounslow	13.17
Final				
				W/S +0.2
1	611	Harriet Jones	Windsor S E & Hounslow AC	13.80
2	643	Georgia Silcox	Yeovil Olympiads AC	13.95
3	640	Stephanie Clitheroe	Windsor S E & Hounslow AC	14.18
4	617	Tanyaradzwa Paine-Motsi	Newham & Essex Beagles AC	15.28

Senior Women 400 Metres Hurdles

Posn	Num	Name	Club	Perf	
	CBP 1992	Sally Gunnell	Essex Ladies	55.33	
Heat 1 (a)					
1	663	Lauren Thompson	Herts Phoenix AC	58.30	Q
2	655	Elise Lovell	Havant AC	62.59	Q
3	651	Montana Jackson	Thames Valley Harriers	62.87	q
4	657	Jasmine Mitchell	Guildford & Godalming AC	62.91	q
5	662	Amy Taylor	Loughborough University AC	67.08	
Heat 2 (a)					
1	660	Akesha Smith	Enfield & Haringey AC	61.59	Q
2	653	Sarah Kearsy	Exeter Harriers	62.81	Q
3	658	Claire Netley	Chelmsford AC	64.77	
4	649	Sophie Elliss	Croydon Harriers	66.27	
5	645	Eleanor Arnfield	Kingston AC & Poly Harriers	69.74	
6	656	Hayley McLean	Chelmsford AC	DQ	Rule 168.7a

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Heat 3 (a)

1	661 Jessica Tappin	Thames Valley Harriers	59.31	Q
2	659 Hermione Plumptre	Birchfield Harriers	61.95	Q
3	647 Hayley Comer	Harrow AC	64.50	
4	654 Hannah Knights	Guildford & Godalming AC	66.60	
5	648 Grace Cottrell	Bristol & West AC	66.61	
6	664 Stephanie Ugbo	Newham & Essex Beagles AC	67.20	

Final (b)

1	661 Jessica Tappin	Thames Valley Harriers	58.49	
2	659 Hermione Plumptre	Birchfield Harriers	59.80	
3	660 Akasha Smith	Enfield & Haringey AC	60.00	
4	653 Sarah Kearsey	Exeter Harriers	62.15	
5	655 Elise Lovell	Havant AC	63.02	
6	657 Jasmine Mitchell	Guildford & Godalming AC	63.51	
7	651 Montana Jackson	Thames Valley Harriers	DQ	Rule 168.7a
8	663 Lauren Thompson	Herts Phoenix AC	DNS	

Senior Women 3,000 Metres Steeplechase (a)

	CBP 2015	Emma MaCready	Worthing & District Harriers	10.26.78
Posn	Num	Name	Club	Perf
Final				
1	710	Claire Bentley	Watford Harriers	11.23.21
2	711	Becky Berger-North	Bracknell AC	11.27.19
3	712	Diana Chalmers	Bedford & County AC	12.13.61
4	709	Alice Aniello	London City AC	13.56.67

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Senior Women High Jump (b)

CBP 1993	Debbi Marti	Bromley Ladies AC	1.91									
Posn	Num	Name	Club	Perf	Details							
Final						1.55	1.60	1.65	1.70	1.73	1.76	1.78
1	714	Laura Armorgie	Herts Phoenix AC	1.76				O	O	XO	XXO	XXX
2	768	Deborah Martin	Ashford AC	1.70		O	O	O	O	XXX		
3	717	Jordanna Morrish	Bracknell AC	1.70		XO	O	O	O	XXX		
4	716	Lillie Franks	Crawley AC	1.65			XXO	O	XXX			
5	718	Katy Sealy	Ipswich Harriers	1.65		O	O	XO	XXX			
6	769	Lea Wenger	Cambridge University AC	1.55		XXO	XXX					

Senior Women Pole Vault (a)

CBP 2018	Jade Ive	Sutton & District AC	4.20		
Posn	Num	Name	Club	Perf	Details
Final					
1	725	Emma Kiviniemi Andersson	Shaftesbury Barnet Harriers	3.90	
2	721	Sophie Dowson	Blackheath & Bromley Harriers	3.70	
3	729	Jade Spencer-Smith	Harrow AC	3.60	
4	723	Alexa Eichelmann	Shaftesbury Barnet Harriers	3.40	
5	728	Christina Moore	Blackheath & Bromley Harriers	3.40	
6	726	Emily Macdonald	Bracknell AC	3.40	
7	720	Erin Breen	Herts Phoenix AC	3.20	
8	731	Anousha Wardley	Reigate Priory AC	2.90	
9	730	Grace Thomas	Dartford Harriers AC	2.70	
10	722	Laura Edwards	Southampton AC	nm	
11	727	Ellen McCartney	Woodford Green w Essex L	nm	

Senior Women Long Jump (b)

CBP 1989	Mary Berkeley	Croydon Harriers	6.63								
Posn	Num	Name	Club	Perf	Details						
Final					W/S						
1	732	Sarah Abrams	Blackheath & Bromley Harriers	6.19	1.40	6.19	X	X	6.08	X	5.96
2	641	Alice Hopkins	Oxford City AC	5.80	0.20	5.80	5.58	4.13	-	-	-
3	734	Kitan Eleyae	Woodford Green w Essex L	5.77	0.40	X	5.68	5.52	X	5.77	X
4	733	Mary Elcock	Southampton AC	5.74	0.20	5.60	5.66	5.61	5.56	5.74	5.71
5	643	Georgia Silcox	Yeovil Olympiads AC	5.41	0.80	X	5.13	X	5.41	X	4.15
6	735	Emma Gayler	Harrow AC	5.30	0.00	X	X	5.30	3.91	X	X
7	615	Bonnie Maugey	Dartford Harriers AC	4.32	-1.30	X	4.31	X	X	X	4.32

Senior Women Triple Jump (a)

CBP 1996	Michelle Griffith	Windsor S E & Hounslow	14.04
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Senior Women

Posn	Num	Name	Club	Perf	Details
Final					
1	745	Lia Stephenson	Thames Valley Harriers	13.13	0.1
2	738	Zara Asante	Blackheath & Bromley Harriers	12.95	1.4
3	739	Mary Fasipe	Enfield & Haringey AC	12.92	1.0
4	742	Naomi Phillips	Windsor S E & Hounslow AC	12.43	0.8
5	740	Shanara Hibbert	Luton AC	12.34	0.2
6	748	Allison Wilder	Sutton & District AC	12.04	0.2
7	747	Chloe Vernon-Hamilton	Herts Phoenix AC	11.71	0.0
8	746	Grace Sullivan	Ashford AC	11.67	0.0
9	737	Sonyce Archer	Croydon Harriers	11.49	1.0
10	744	Madeleine Smith	Bournemouth AC	11.46	0.3
11	743	Eavion Richardson	Shaftesbury Barnet Harriers	nm	

Senior Women Shot (b)

CBP 1990 Myrtle Augee Bromley Ladies AC 18.43

Posn	Num	Name	Club	Perf	Details
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Final

1	749	Sophie Merritt	Bournemouth AC	14.13	13.63	X	14.06	13.81	13.53	14.13
2		#N/A	#N/A							

Senior Women Discus (b)

CBP 2003 Shelley Newman Belgrave Harriers 60.46

Posn	Num	Name	Club	Perf	Details
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Final

1	755	Amy Holder	Windsor S E & Hounslow AC	53.47	53.01	52.59	53.47	49.45	X	53.35
2	751	Phoebe Dowson	Bournemouth AC	50.14	44.54	48.59	X	49.14	X	50.14
3	757	Kathryn Woodcock	Radley AC	48.44	47.51	45.60	48.39	44.10	48.44	43.29
4	749	Sophie Merritt	Bournemouth AC	42.16	37.95	39.51	X	41.72	39.91	42.16
5	752	Bridget Fryer	Harrow AC	38.06	35.94	37.84	36.85	38.06	X	X
6	753	Melanie Harrison	Enfield & Haringey AC	34.86	X	X	X	34.86	X	31.75
7	754	Sarah Hewitt	Brighton & Hove AC	33.64	X	33.64	33.53	31.92	X	32.51

Senior Women Hammer (a)

CBP 2013 Shaunagh Brown Blackheath & Bromley H 61.33

Posn	Num	Name	Club	Perf	Details
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Final

1	760	Katie Head	Newham & Essex Beagles AC	60.63	
2	761	Gemma Vickery	City of Norwich AC	52.44	
3	759	Emma Beardmore	Harrow AC	50.15	
4	758	Lauren Aldridge	Stevenage & North Herts AC	49.63	

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Senior Women

Senior Women Javelin (a)

CBP 2002 Kirsty Morrison

Shaftesbury Barnet Harriers

55.74

Posn Num Name

Club

Perf

Details

Final

1 762 Louise Lacy

Havering AC

45.12

2 763 Eloise Meakins

Herts Phoenix AC

44.73

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Under 20 Men

Under 20 Men 100 Metres (b)

Posn	Num	Name	Club	Perf	
		CBP 1990 Jason Livingstone	Croydon Harriers	10.40	
				W/S	-0.6
Heat 1					
1	12	Micah Francis-Dwyer	Croydon Harriers	10.98	Q
2	14	Alex Hanson	Woking AC	11.04	Q
3	5	Richard Akinyebo	Havering AC	11.08	Q
4	22	Michael Miller	Croydon Harriers	11.15	q
5	18	Dennis Jefia	Newham & Essex Beagles AC	11.65	
6	3	Jordan Ajayi-khiran	Luton AC	11.72	
7	8	Raphael Bouju	Bedford & County AC	DNF	
				W/S	+0.4
Heat 2					
1	27	Tobi Ogunkanmi	Watford Harriers	10.78	Q
2	28	Joshua Oshunrinde	Medway & Maidstone AC	10.89	Q
3	11	Adam Cross	Cambridge & Coleridge AC	10.98	Q
4	4	Akin Akinboh	Colchester Harriers	11.05	q
5	16	Jacob Haynes	Dacorum & Tring AC	11.38	
6	13	Winfred Hakeem	Woodford Green w Essex L	11.53	
				W/S	-0.7
Heat 3					
1	9	Ethan Brown	Blackheath & Bromley Harriers	10.87	Q
2	20	Alex Marshall	Medway & Maidstone AC	10.88	Q
3	34	Bailey Wright	Eastbourne Rovers AC	10.91	Q
4	7	Loick Bazzi	Abingdon AC	11.16	q
5	6	Anton Bachorski	Tonbridge AC	11.25	
6	29	Robert Pattison	Woking AC	11.59	
7	31	Oscar Prager	Tonbridge AC	12.92	
				W/S	-1.5
Heat 4					
1	23	Brandon Mingeli	Cambridge Harriers	10.72	Q
2	25	Destiny Ogali	Dacorum & Tring AC	10.84	Q
3	15	James Hanson	Woking AC	10.89	Q
4	32	Bryn Smith	Eastbourne Rovers AC	11.10	q
5	1	Jaiden Aaron	Harrow AC	11.25	
6	26	Joel Ogunfemi	Medway & Maidstone AC	11.58	
7	17	Samad Ibrahim	Dacorum & Tring AC	12.01	
				W/S	+2.3
Semi Final 1					
1	25	Destiny Ogali	Dacorum & Tring AC	10.81	Q
2	15	James Hanson	Woking AC	10.82	Q
3	12	Micah Francis-Dwyer	Croydon Harriers	10.94	Q
4	4	Akin Akinboh	Colchester Harriers	11.03	Q
5	14	Alex Hanson	Woking AC	11.04	
6	5	Richard Akinyebo	Havering AC	11.07	
7	7	Loick Bazzi	Abingdon AC	11.17	
8	23	Brandon Mingeli	Cambridge Harriers	DNS	
				W/S	+1.5
Semi Final 2					
1	27	Tobi Ogunkanmi	Watford Harriers	10.71	Q
2	28	Joshua Oshunrinde	Medway & Maidstone AC	10.82	Q
3	9	Ethan Brown	Blackheath & Bromley Harriers	10.86	Q
4	34	Bailey Wright	Eastbourne Rovers AC	10.87	Q
5	11	Adam Cross	Cambridge & Coleridge AC	10.97	
6	32	Bryn Smith	Eastbourne Rovers AC	10.99	
7	22	Michael Miller	Croydon Harriers	10.99	
8	20	Alex Marshall	Medway & Maidstone AC	11.08	
				W/S	0.0
Final					
1	27	Tobi Ogunkanmi	Watford Harriers	10.56	
2	25	Destiny Ogali	Dacorum & Tring AC	10.64	
3	28	Joshua Oshunrinde	Medway & Maidstone AC	10.73	
4	9	Ethan Brown	Blackheath & Bromley Harriers	10.77	
5	12	Micah Francis-Dwyer	Croydon Harriers	10.87	
6	15	James Hanson	Woking AC	10.90	
7	34	Bailey Wright	Eastbourne Rovers AC	11.11	
8	4	Akin Akinboh	Colchester Harriers	DNS	

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Under 20 Men

Under 20 Men 200 Metres (a)

CBP 2001	Dwayne Grant	Blackheath Harriers	20.9	
Posn	Num	Name	Club	Perf
Heat 1				
				W/S -1.6
1	9	Ethan Brown	Blackheath & Bromley Harriers	21.84 Q
2	10	Matt Buckner	Bracknell AC	21.94 Q
3	38	Derek Kinlock	Croydon Harriers	21.98 q
4	22	Michael Miller	Croydon Harriers	22.98
5	1	Jaiden Aaron	Harrow AC	23.06
6	17	Samad Ibrahim	Dacorum & Tring AC	24.43
7	37	Joe Eggleton	Chiltern Harriers AC	DNF
Heat 2				
				W/S +0.4
1	20	Alex Marshall	Medway & Maidstone AC	21.78 Q
2	15	James Hanson	Woking AC	21.90 Q
3	14	Alex Hanson	Woking AC	22.13
4	44	Michael Shonibare	Victoria Park H & Tower H AC	22.15
5	39	Joshua Kumar	Shaftesbury Barnet Harriers	22.77
6	30	Joshua Pearson	Windsor S E & Hounslow AC	23.19
7	42	Louis Palmer	City of Norwich AC	23.22
Heat 3				
				W/S + 0.5
1	36	Dylan Da Costa	Croydon Harriers	21.73 Q
2	32	Bryn Smith	Eastbourne Rovers AC	21.79 Q
3	35	Cameron Bailey	Ipswich Harriers	22.06 q
4	11	Adam Cross	Cambridge & Coleridge AC	22.07
5	45	Hugo Wallace	Marshall Milton Keynes AC	22.67
6	43	Lee Richards	Vale of Aylesbury AC	22.74
7	2	Matthew Adum-Yeboah	Woodford Green w Essex L	22.76
Final				
				W/S + 0.6
1	9	Ethan Brown	Blackheath & Bromley Harriers	21.29
2	15	James Hanson	Woking AC	21.39
3	38	Derek Kinlock	Croydon Harriers	21.43
3	20	Alex Marshall	Medway & Maidstone AC	21.43
5	32	Bryn Smith	Eastbourne Rovers AC	21.78
6	35	Cameron Bailey	Ipswich Harriers	21.90
7	36	Dylan Da Costa	Croydon Harriers	22.01
8	10	Matt Buckner	Bracknell AC	DNS

Under 20 Men 400 Metres

CBP 2005	Martyn Rooney	Croydon Harriers	46.75	
Posn	Num	Name	Club	Perf
Heat 1 (a)				
1	68	Lewis Davey	Peterborough AC	49.44 Q
2	179	Jack Higgins	Southampton AC	49.48 Q
3	83	Moyo Sargent	Eastbourne Rovers AC	50.20 q
4	67	Harrison Chapman	Basildon AC	51.18
5	65	Matthew Agnimel	Havering AC	51.82
6	29	Robert Pattison	Woking AC	51.99
7	73	Reece Harriott	Havering AC	52.62
Heat 2 (a)				
1	69	Callum Dodds	Enfield & Haringey AC	49.00 Q
2	70	Michael Fagbenle	Bexley AC	49.20 Q
3	66	Maximilian Buckley	Thames Valley Harriers	50.93
4	72	Harry Grindle	Belgrave Harriers	51.42
5	71	Shemar Ferguson	Sutton & District AC	51.87
6	75	Jasper Lundquist	Harrow AC	52.07
7	77	Mittio Mohammadian	Shaftesbury Barnet Harriers	52.44

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Heat 3 (a)

1	80 Lynden Olowe	Southampton AC	49.54	Q
2	82 David Ryan	Herne Hill Harriers	49.66	Q
3	78 Conor Murphy	Medway & Maidstone AC	49.76	q
4	76 Louis Menzies Walker	Victoria Park H & Tower H AC	50.95	
5	61 Charles Livingston	Shaftesbury Barnet Harriers	50.97	
6	79 Sam Nelson	Radley AC	51.48	
7	84 Odera Umeugoji	Shaftesbury Barnet Harriers	54.02	

Final (b)

1	69 Callum Dodds	Enfield & Haringey AC	48.05	
2	68 Lewis Davey	Peterborough AC	48.14	
3	70 Michael Fagbenle	Bexley AC	48.28	
4	80 Lynden Olowe	Southampton AC	48.84	
5	179 Jack Higgins	Southampton AC	49.13	
6	78 Conor Murphy	Medway & Maidstone AC	49.43	
7	83 Moyo Sargent	Eastbourne Rovers AC	49.47	
8	82 David Ryan	Herne Hill Harriers	49.85	

Under 20 Men 800 Metres

CBP 1990 Andrew Lill Peterborough AC 1.48.70

Posn Num Name Club Perf

Heat 1 (a)

1	85 Yusuf Bizimana	Victoria Park H & Tower H AC	1.57.13	Q
2	88 Lewis Cotterill	Newquay & Par AC	1.58.05	Q
3	86 Harry Boyd	Guildford & Godalming AC	1.58.64	Q
4	90 Jack Exley	Thurrock Harriers	1.59.52	
5	100 Sam Wheatley	Southend on Sea AC	2.00.54	
6	95 Taylor Newell	Thurrock Harriers	2.00.84	
7	97 Daniel Riley	Basildon AC	2.01.88	

Heat 2 (a)

1	93 Dan Howells	Aldershot Farnham & DAC	1.56.99	Q
2	74 Jack Higgins	Bexley AC	1.57.40	Q
3	99 Jamie Webster	Bedford & County AC	1.58.11	Q
4	87 Isaac Brown	Basildon AC	1.58.40	q
5	96 Jamie Putt	Harlow AC	1.59.48	q
6	89 Adam Ede	Abingdon AC	2.01.92	
7	94 Shane Johnson	Victoria Park H & Tower H AC	2.04.32	

Final (b)

1	85 Yusuf Bizimana	Victoria Park H & Tower H AC	1.52.33	
2	93 Dan Howells	Aldershot Farnham & DAC	1.53.56	
3	74 Jack Higgins	Bexley AC	1.55.03	
4	88 Lewis Cotterill	Newquay & Par AC	1.55.25	
5	86 Harry Boyd	Guildford & Godalming AC	1.58.42	
6	87 Isaac Brown	Basildon AC	1.59.58	
7	99 Jamie Webster	Bedford & County AC	2.01.18	
8	96 Jamie Putt	Harlow AC	2.06.26	

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Under 20 Men 1,500 Metres

CBP 1978 Colin Reitz Newham & Essex Beagles 3.46.20

Posn Num Name Club Perf

Final (b)

1	85	Yusuf Bizimana	Victoria Park H & Tower H AC	3.54.63
2	102	Tom Eames	Brighton & Hove AC	3.55.08
3	106	Ted Higgins	Bexley AC	4.01.51
4	112	Dominic McDougall	Windsor S E & Hounslow AC	4.03.37
5	105	Finn Harvey	Shaftesbury Barnet Harriers	4.04.28
6	115	Brett Rushman	Herts Phoenix AC	4.05.55
7	103	Matthew Francis	Blackheath & Bromley Harriers	4.06.31
8	177	Shreyas Kanyady	Reading AC	4.06.43
9	113	Luca Minale	Victoria Park H & Tower H AC	4.07.38
10	116	Calum Steer	Abingdon AC	4.09.52
11	109	Aiden Killeen	Bedford & County AC	4.10.58
12	117	Videsh Weerakkody	Woodford Green w Essex L	4.16.31
13	104	Alexander Friend	Havering AC	4.20.77
14	110	Richard Laursen	Bedford & County AC	4.28.40
15	111	Oliver Lill	Basildon	DNF

Under 20 Men 5,000 Metres (a)

CBP 2014 Abel Tsegay Invicta East Kent AC 14.48.78

Posn Num Name Club Perf

Final

1	119	Liam Garrett	London Heathside AC	15.22.96
2	122	Oliver Prior	Ashford AC	15.33.98
3	121	Jacob Ohara	City of Portsmouth AC	15.39.72
4	123	Sam Rodda	Reading AC	15.51.40
5	101	Edward Blythman	Bedford & County AC	16.05.17
6	118	Callum Crook	City of Portsmouth AC	16.12.78
7	120	Jed Noblett	Luton AC	16.54.53

Under 20 Men 110 Metres Hurdles (b)

CBP 2009 Lawrence Clarke Windsor S E & Hounslow 13.62

Posn Num Name Club Perf

Final W/S 0.0

1	46	William Adeyeye	Newham & Essex Beagles AC	14.23
2	52	Kanya Mtshweni	Winchester & District AC	14.44
3	54	Daniel Thomas	Winchester & District AC	15.04
4	55	Ralph Williams	Shaftesbury Barnet Harriers	15.60
5	49	Hakan Digby	Croydon Harriers	20.60
6	48	Jack Broadbent	Basildon AC	DNF

Under 20 Men 400 Metres Hurdles (b)

CBP 1977 Gary Oakes Haringey AC 51.80

Posn Num Name Club Perf

Final

1	62	Alex O'Callaghan-Brown	Blackheath & Bromley Harriers	53.44
2	60	Jamie Lambert	Crawley AC	54.29
3	61	Charles Livingston	Shaftesbury Barnet Harriers	56.15
4	59	Tyriq Lafeuille	Shaftesbury Barnet Harriers	57.73
5	63	Freddie Reilly	Stevenage & North Herts AC	58.16
6	64	Blake Strickland-Bennett	Radley AC	59.92
7	58	Stevie Kasparis	Eastbourne Rovers AC	65.94

Under 20 Men 3,000 Metres Steeplechase (a)

CBP 2014 Tom Hook City of Norwich AC 9.16.40

Posn Num Name Club Perf

Final

1	125	Lewis Harknett	Orion Harriers	9.42.53
2	126	Hugo Hewitt	Crawley AC	11.07.84

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Under 20 Men High Jump (b)

CBP 2005	Robbie Grabarz	Bedford & County AC	2.15												
Posn	Num	Name	Club	Perf	Details										
Final						1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15
1	131	Dominic Ogbechie	Highgate Harriers	2.10								O	O	XXO	XXX
2	127	Toni Ademuwagun	Thames Valley Harriers	2.10							O	O	XO	XXO	XXX
3	129	Samuel Featherstone	Marshall Milton Keynes AC	1.90		O	O	O	O	XXX					
4	130	Oliver Joint	Bracknell AC	1.90				O	XXO	O	XXX				
5	132	Luke Okosieme	Cambridge Harriers	1.90					O	XXO	XXX				
6	128	Leonid Chashchin	Harlow AC	1.80		O	-	XO	XXX						

Under 20 Men Pole Vault (a)

CBP 2010	Matthew Devereux	Shaftesbury Barnet Harriers	5.10		
Posn	Num	Name	Club	Perf	Details
Final					
1	139	Frankie Johnson	Bedford & County AC	5.00	
2	138	Owen Heard	Harrow AC	4.50	
3	136	Elliot Breen	Herts Phoenix AC	4.30	
4	137	Jack Harris	Lewes AC	4.40	
5	135	Dylan Baines	Stevenage & North Herts AC	3.80	
6	140	Haydn Williams	Dacorum & Tring AC	3.80	
7	134	Tolu Ayo-Ojo	Shaftesbury Barnet Harriers	NHR	

Under 20 Men Long Jump (b)

CBP 2010	Jermaine Olasan	Blackheath & Bromley Harriers	7.53								
Posn	Num	Name	Club	Perf	Details						
Final					W/S						
1	146	Ben Sutton	Blackheath & Bromley Harriers	6.93	0.40	6.61	6.67	6.93	x	x	6.79
2	143	Jake Burkey	Team Bath AC	6.85	0.90	6.78	5.84	6.64	6.46	5.15	6.85
3	147	Myles Xavier	Blackheath & Bromley Harriers	6.77	1.60	6.50	6.34	X	6.31	6.43	6.77
4	128	Leonid Chashchin	Harlow AC	6.68	1.40	6.67	x	x	6.35		6.68
5	178	Idan Gal-Shohet	Highgate Harriers	6.36	1.50	x	6.06	4.93	x	6.36	6.27
6	142	Joshua Barrett-Mowatt	Victoria Park H & Tower H AC	6.33	1.10	6.30	6.33	6.01	6.09	5.37	6.05
7	144	Tobi Idowu	Havering AC	6.17	2.50	6.03	5.96	5.65	5.72	5.97	6.17

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Under 20 Men Triple Jump (a)

Posn	Num	Name	Club	Perf	Details
		CBP 1989 Junior Campbell	Woodford Green AC	15.81	
Final					w/s
1	151	Daniel Falode	Cambridge Harriers	14.94	0.1
2	155	Josh Woods	Dacorum & Tring AC	14.30	-1.8
3	148	Andrew Adegbite	Newham & Essex Beagles AC	13.71	1.3
4	149	Aaron Ashmead Shoye	Newham & Essex Beagles AC	13.68	1.1
5	154	Will Mallen	Cambridge & Coleridge AC	12.95	1.2
6	153	Ike Laseinde	Stevenage & North Herts AC	12.94	-1.2
7	134	Tolu Ayo-Ojo	Shaftesbury Barnet Harriers	nm	
8	150	Theophilus Fadayiro	Newham & Essex Beagles AC	nm	

Under 20 Men Shot (b)

Posn	Num	Name	Club	Perf	Details
		CBP 2009 Curtis Griffith-Parker	Cambridge Harriers	19.16	
Final					
1	163	Daniel-James Thomas	Eastbourne Rovers AC	17.65	17.55 17.34 16.87 X 17.65 17.63
2	160	Andrew Knight	Southampton AC	16.25	15.69 X X X 15.54 16.25
3	164	Joshua Wise	Southampton AC	15.25	14.75 15.14 15.06 15.25 15.17 X
4	162	Alex Spratley-Kemp	Reading AC	13.54	12.89 13.29 13.20 13.54 13.15 X
5	157	Kye Charlton Brown	Bedford & County AC	12.05	11.44 11.30 12.05 X 11.05 12.00
6	158	Matthew Collingridge	St Mary's Richmond AC	12.00	X 10.61 X 12.00 X X
7	156	Philip Bartlett	South London Harriers	11.98	11.90 11.71 11.98 X X 10.38
8	159	James Gardner	Bracknell AC	11.77	10.59 10.87 10.87 11.34 11.40 11.77

Under 20 Men Discus (b)

Posn	Num	Name	Club	Perf	Details
		CBP 2014 Nick Percy	Shaftesbury Barnet Harriers	62.79	
Final					
1	166	Joshua Douglas	Southampton AC	49.19	X X 36.72 48.23 46.91 49.19
2	165	Dominic Buckland	Stevenage & North Herts AC	43.69	X 41.04 41.66 40.36 43.69 43.09
3	158	Matthew Collingridge	St Mary's Richmond AC	42.77	40.39 41.48 42.40 X 42.77 42.03
4	167	Reuben Vaughan	Croydon Harriers	42.47	40.02 38.67 42.47 X 37.03 32.62
5	156	Philip Bartlett	South London Harriers	41.06	X 38.22 41.06 35.91 40.23 38.36
6	169	Ryan Whitehead	Enfield & Haringey AC	39.84	32.50 39.09 38.76 37.79 39.84 X
7	168	Leo Walker	Brighton & Hove AC	37.99	X 34.66 37.51 36.42 37.99 36.44
8	159	James Gardner	Bracknell AC	29.99	29.99 29.33 X X X X

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Under 20 Men Hammer (a)

CBP 2015 Taylor Campbell

Windsor S E & Hounslow AC

76.87

Posn Num Name

Club

Perf

Details

Final

1 170 Ben Hawkes

Worthing & District Harriers

66.95

2 172 Sam Mace

Walton AC

62.45

3 171 Sam Illsley

Worthing & District Harriers

51.84

4 159 James Gardner

Bracknell AC

50.94

Under 20 Men Javelin (a)

CBP 2010 Daniel Pembroke

Windsor S E & Hounslow

72.54

Posn Num Name

Club

Perf

Details

Final

1 174 Max Law

Havering AC

68.57

2 173 Joss Foot

Orion Harriers

63.13

3 164 Joshua Wise

Southampton AC

56.65

4 175 Jess Walker

Basildon AC

53.77

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Under 20 Women 100 Metres (b)

CBP 1983	Shirley Thomas	Borough of Hounslow	11.31	
Posn	Num	Name	Club	Perf
Heat 1				W/S -2.4
1	204	Ellie Turner	Medway & Maidstone AC	12.06 Q
2	189	Akaysha Ellis	Enfield & Haringey AC	12.09 Q
3	198	Awa Ndiaye	Serpentine RC	12.26 Q
4	197	Elise Modeste	Enfield & Haringey AC	12.30
5	185	Dara Apoola	Shaftesbury Barnet Harriers	12.86
6	196	Shania Martlew	Eastbourne Rovers AC	12.91
7	187	Tami Brown	S Factor Athletics	13.33
8	195	Amelia Lees	Guernsey AC	13.38
Heat 2				W/S -0.1
1	199	Joy Ogunleye	Colchester Harriers	11.99 Q
2	202	Lakeisha Owusu-Junior	Herne Hill Harriers	12.03 Q
3	205	Eve Wright	Braintree & District AC	12.06 Q
4	324	Ayoola Babalola	Windsor S E & Hounslow AC	12.16 q
5	186	Dolita Awala-Shaw	Newham & Essex Beagles AC	12.23 q
6	200	Funminiyi Olajide	Thurrock Harriers	12.48
7	192	Hannah Hall	Thames Valley Harriers	12.54
8	191	Larissa Giles	Shaftesbury Barnet Harriers	12.69
Final				W/S -0.9
1	202	Lakeisha Owusu-Junior	Herne Hill Harriers	11.78
2	199	Joy Ogunleye	Colchester Harriers	11.85
3	189	Akaysha Ellis	Enfield & Haringey AC	11.93
4	205	Eve Wright	Braintree & District AC	12.01
5	324	Ayoola Babalola	Windsor S E & Hounslow AC	12.11
6	198	Awa Ndiaye	Serpentine RC	12.17
7	204	Ellie Turner	Medway & Maidstone AC	12.24
8	186	Dolita Awala-Shaw	Newham & Essex Beagles AC	12.31

Under 20 Women 200 Metres (a)

CBP 2001	Vernicha James	Belgrave Harriers	23.60	
Posn	Num	Name	Club	Perf
Heat 1				W/S -0.3
1	211	Kiah Dubarry-Gay	Victoria Park H & Tower H AC	24.45 Q
2	207	Davina Ansah	Croydon Harriers	25.38 Q
3	186	Dolita Awala-Shaw	Newham & Essex Beagles AC	25.63 Q
4	215	Rhiannon Gayle	Croydon Harriers	25.67 q
5	213	Harriet Fenton-Lake	Peterborough AC	26.93
6	208	Natasha Bennett	Bracknell AC	26.93
7	195	Amelia Lees	Guernsey AC	27.48
Heat 2				W/S 0.4
1	214	Hannah Foster	Shaftesbury Barnet Harriers	24.52 Q
2	189	Akaysha Ellis	Enfield & Haringey AC	24.89 Q
3	220	Zoe Thompson	Newham & Essex Beagles AC	25.06 Q
4	216	Lucy Hope	Medway & Maidstone AC	25.86 q
5	221	Emily Whybrow	Reading AC	26.90
6	187	Tami Brown	S Factor Athletics	27.69
7	188	Chloe Burrows	Bournemouth AC	DNS
Final				W/S 2.0
1	211	Kiah Dubarry-Gay	Victoria Park H & Tower H AC	23.96
2	214	Hannah Foster	Shaftesbury Barnet Harriers	24.45
3	189	Akaysha Ellis	Enfield & Haringey AC	24.67
4	220	Zoe Thompson	Newham & Essex Beagles AC	24.69
5	207	Davina Ansah	Croydon Harriers	25.01
6	215	Rhiannon Gayle	Croydon Harriers	25.38
7	186	Dolita Awala-Shaw	Newham & Essex Beagles AC	25.71
8	216	Lucy Hope	Medway & Maidstone AC	26.04

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Under 20 Women 400 Metres

CBP 2007 Holly Croxford Winchester & District AC 54.28

Posn	Num	Name	Club	Perf	
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Heat 1 (a)

1	212	Nayanna Dubarry-Gay	Victoria Park H & Tower H AC	55.51	Q
2	257	Maisey Snaith	Cambridge & Coleridge AC	56.14	Q
3	250	Amber Clare	Basingstoke & Mid Hants AC	58.24	Q
4	248	Ornella Adjadi	S Factor Athletics	59.26	q
5	254	Charlotte Johnson	Bracknell AC	60.80	q

Heat 2 (a)

1	252	Louise Evans	Blackheath & Bromley Harriers	55.57	Q
2	255	Asha Root	Tonbridge AC	57.66	Q
3	217	Jade Kavanagh	Havering AC	58.63	Q
4	245	Rebecca Watkins	Windsor S E & Hounslow AC	61.26	

Final (b)

1	252	Louise Evans	Blackheath & Bromley Harriers	54.56	
2	212	Nayanna Dubarry-Gay	Victoria Park H & Tower H AC	55.67	
3	257	Maisey Snaith	Cambridge & Coleridge AC	55.84	
4	255	Asha Root	Tonbridge AC	56.64	
5	217	Jade Kavanagh	Havering AC	58.39	
6	254	Charlotte Johnson	Bracknell AC	60.15	
7	248	Ornella Adjadi	S Factor Athletics	60.37	
8	250	Amber Clare	Basingstoke & Mid Hants AC	DNS	

Under 20 Women 800 Metres (b)

CBP 2003 Charlotte Best Crawley AC 2.06.56

Posn	Num	Name	Club	Perf	
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Final

1	249	Rebecca Bullock	Basingstoke & Mid Hants AC	2.12.24	
2	259	Charlotte Buckley	Thames Valley Harriers	2.12.79	
3	262	Charlotte Vaughan	Walton AC	2.24.22	

Under 20 Women 1,500 Metres (b)

CBP 1992 Paula Radcliffe Bedford & County AC 4.16.82

Posn	Num	Name	Club	Perf	
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Final

1	267	Georgia Hayes	Reading AC	4.38.38	
2	270	Lia Radus	Shaftesbury Barnet Harriers	4.39.41	
3	266	Izzy Fry	Newbury AC	4.39.48	
4	269	Kate O'Neill	Havering AC	4.42.30	
5	271	Julia Tomczak	South London Harriers	4.43.39	
6	265	Annalie Cole	Orion Harriers	4.48.91	
7	263	Lara Atkinson	Cambridge Harriers	4.49.91	
8	268	Lauren Nichols	Bedford & County AC	5.00.68	
9	264	Mia Billins	City of Portsmouth AC	5.13.53	

Under 20 Women 5,000 Metres (b)

CBP No CBP

Posn	Num	Name	Club	Perf	
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Final

1	272	Grace Burrell	Basildon AC	18.00.08	CBP
2	273	Millie Solway	City of Norwich AC	20.18.37	

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Under 20 Women 100 Metres Hurdles (b)

CBP 1998	Julie Pratt	Essex Ladies	13.57	
Posn	Num Name	Club	Perf	
Final			W/S +2.8	
1	227 Lucy-Jane Matthews	Southampton AC	13.60	
2	219 Marcia Sey	Croydon Harriers	13.60	
3	224 Mallory Cluley	Blackheath & Bromley Harriers	14.28	
4	229 Kia Slade	Reading AC	14.70	
5	226 Jessica Hopkins	Chelmsford AC	15.03	
6	222 Zoe Austridge	Blackheath & Bromley Harriers	15.46	

Under 20 Women 400 Metres Hurdles

CBP 2006	Perri Shakes-Drayton	Victoria Park Harriers & TH AC	58.47	
Posn	Num Name	Club	Perf	
Heat 1 (a)				
1	237 Jessica Lambert	Crawley AC	62.01	Q
2	242 Maddie Turner	Winchester & District AC	63.80	Q
3	223 Mia Chantree	Chelmsford AC	64.09	Q
4	233 Ellie Cleveland	Windsor S E & Hounslow AC	65.16	q
5	234 Grace Gentry	HAWCS	66.32	q
6	246 Jessica Whiley	Chelmsford AC	67.93	
7	240 Emily Sharpe	Orion Harriers	72.65	

Heat 2 (a)

1	232 Orla Brennan	Windsor S E & Hounslow AC	61.39	Q
2	243 Grace Vans Agnew	Crawley AC	63.92	Q
3	238 Ellie Livingstone	Winchester & District AC	65.23	Q
4	241 Feia Starkey	Ealing Southall & Middlesex AC	66.81	
5	236 Holly Griffiths Brown	Oxford City AC	67.03	
6	245 Rebecca Watkins	Windsor S E & Hounslow AC	67.23	

Final (b)

1	232 Orla Brennan	Windsor S E & Hounslow AC	59.97	
2	237 Jessica Lambert	Crawley AC	61.23	
3	243 Grace Vans Agnew	Crawley AC	62.45	
4	242 Maddie Turner	Winchester & District AC	62.96	
5	223 Mia Chantree	Chelmsford AC	63.66	
6	233 Ellie Cleveland	Windsor S E & Hounslow AC	64.76	
7	238 Ellie Livingstone	Winchester & District AC	66.97	
8	234 Grace Gentry	HAWCS	DNS	

Under 20 Women 3,000 Metres Steeplechase (a)

CBP 2014	Nicole Taylor	Tonbridge AC	10.37.34	
Posn	Num Name	Club	Perf	
Final				
1	No Competitors	#N/A		
2	#N/A	#N/A		

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Under 20 Women High Jump (a)

CBP 2010	Jo Jennings	West Suffolk AC	1.83	
Posn	Num	Name	Club	Perf Details

Final				
1	277	Kara Onuiri	Shaftesbury Barnet Harriers	1.69
2	278	Ashleigh West	Medway & Maidstone AC	1.66
3	275	Jazmin Cooke	Bournemouth AC	1.63
4	213	Harriet Fenton-Lake	Peterborough AC	1.55

Under 20 Women Pole Vault (b)

CBP 2008	Jade Ive	Sutton & District AC	3.95	
Posn	Num	Name	Club	Perf Details

Final					2.30	2.50	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50
1	284	Natasha Purchas	Crawley AC	3.40								O	XXO	XO	XXX
2	282	Kaliska Nowers	Windsor S E & Hounslow AC	3.30						XO	O	O	O	XXX	
3	285	Erin Thomas	Dartford Harriers AC	3.20							XO	O	XXX		
4	283	Trinity O'Connor	Shaftesbury Barnet Harriers	3.20					XO	XXO	XXO	XO	XXX		
5	281	Nemiah Munir	Vale of Aylesbury AC	2.90		XO	O	XO	O	XXX					
6	279	Molly Gardner	Stevenage & North Herts AC	2.30	O	XX-									

Under 20 Women Long Jump (a)

CBP 1999	Jade Johnson	Herne Hill Harriers	6.44	
Posn	Num	Name	Club	Perf Details

Final					
					w/s
1	289	Eloise Harvey	Dartford Harriers AC	6.10	0.2
2	291	Mayong Tabe	Medway & Maidstone AC	6.07	0.4
3	200	Funminiyi Olajide	Thurrock Harriers	6.01	1.5
4	287	Ore Adamson	Herne Hill Harriers	5.87	1.3
5	223	Mia Chantree	Chelmsford AC	5.49	0.7
6	288	Olivia Chessell	Sutton & District AC	5.31	0.7
7	290	Zoe Martial	Blackheath & Bromley Harriers	5.17	0.9
8	194	Hannah Jones	Windsor S E & Hounslow AC	4.17	0.0

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Under 20 Women

Under 20 Women Triple Jump (b)

Posn	Num	Name	Club	Perf	Details
		CBP 2014 Lia Stephenson	Thames Valley Harriers	12.71	
Final					w/s
1	300	Mame Sow	Crawley College	12.92	CBP 0.1 12.43 12.12 12.42 12.92 12.38 12.91
2	289	Eloise Harvey	Dartford Harriers AC	12.87	0.5 12.64 12.55 12.87 x x 12.54
3	295	Claudimira Landim	Windsor S E & Hounslow AC	12.49	1.0 x 12.49 x 12.04
4	299	Jazz Sears	Shaftesbury Barnet Harriers	12.20	0.8 12.20 x 11.95 x x x
5	298	Jade Oni	Blackheath & Bromley Harriers	12.12	-0.3 x 12.10 12.12 12.01 11.71 x
6	296	Diane Mapamboli	Victoria Park H & Tower H AC	11.93	-0.5 11.75 11.93 x x x x
7	297	Ola Olufemi-Krakue	Croydon Harriers	11.22	1.7 x 11.22 11.12 10.81 x 11.15
8	236	Holly Griffiths Brown	Oxford City AC	11.04	1.6 11.04 x 10.85 10.88 10.88 9.99
9	301	Klaudia Walas	Windsor S E & Hounslow AC	10.66	1.0 10.37 10.14 10.66
10	292	Holly Field	Braintree & District AC	10.63	-0.3 10.63 10.35 10.02
11	294	Abbie Jones	Maidenhead AC	10.42	1.9 10.39 10.08 10.42

Under 20 Women Shot (a)

Posn	Num	Name	Club	Perf	Details
		CBP 1988 Justine Buttle	Greenwich	15.00	
Final					
1	306	Serena Vincent	City of Portsmouth AC	14.70	
2	303	Samantha Callaway	Southampton AC	12.87	
3	302	Alexandrea Adeniji	Havering AC	12.86	
4	304	Kirsty-Anne Ebbage	Tonbridge AC	9.74	
5	305	Devon Matthews	Basildon AC	7.43	

Under 20 Women Discus (a)

Posn	Num	Name	Club	Perf	Details
		CBP 2001 Claire Smithson	Brighton & Hove City AC	52.80	
Final					
1	307	Heather Cabbage	City of Portsmouth AC	46.48	
2	303	Samantha Callaway	Southampton AC	44.33	
3	311	Taia Tunstall	Watford Harriers	42.64	
4	308	Precious Hamilton	Woodford Green w Essex L	37.66	
5	310	Hannah Macaulay	Blackheath & Bromley Harriers	37.31	
6	304	Kirsty-Anne Ebbage	Tonbridge AC	36.30	
7	309	Emma Hunter	Southampton AC	34.25	

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Under 20 Women

Under 20 Women Hammer (b)

CBP 2012 Louisa James

Hastings AC

58.30

Posn Num Name

Club

Perf

Details

Final

1	313	Cerys Thomas	City of Portsmouth AC	50.61	50.25	48.99	50.43	X	50.61	x
2	307	Heather Cabbage	City of Portsmouth AC	46.26	X	46.26	42.06	X	42.52	42.72
3	304	Kirsty-Anne Ebbage	Tonbridge AC	40.99	X	39.48	40.99	X	39.08	39.12
4	305	Devon Matthews	Basildon AC	19.29	18.88	17.43	X	19.29	18.80	16.45

Under 20 Women Javelin (b)

CBP 2011 Izzy Jeffs

North Devon AC

52.55

Posn Num Name

Club

Perf

Details

Final

1	315	Lauren Farley	Blackheath & Bromley Harriers	45.33	39.62	41.17	43.15	43.60	42.24	45.33
2	316	Eloise Locke	Blackheath & Bromley Harriers	40.47	38.24	40.47	37.78	38.99	38.11	39.24
3	319	Gaia Osborne	City of Portsmouth AC	40.06	40.06	39.16	39.57	37.79	X	38.54
4	323	Charlotte West	Reading AC	39.77	37.25	39.77	37.37	39.66	35.13	X
5	317	Jennifer Morgan	Ipswich Harriers	39.60	37.08	36.88	X	X	37.80	39.60
6	314	Florence Baulk	Woking AC	37.05	33.54	35.71	33.81	35.59	37.05	35.20
7	320	Neve Palmer	Cambridge & Coleridge AC	36.52	30.50	34.25	36.52	32.24	30.71	34.46
8	321	Daisy Partridge	Braintree & District AC	34.86	34.38	34.86	32.87	33.45	34.33	34.38
9	322	Georgia Shephard-Gazely	Stevenage & North Herts AC	33.20	32.04	33.20	31.31			
10	305	Devon Matthews	Basildon AC	29.24	29.04	26.98	29.24			