

South East Under 17s Inter-Counties - Overall and Mens Results - Norman Park, Bromley 17/07/2016

Overall Results

1	Kent	707.5
2	Surrey	667.5
3	Hampshire	631.5
4	Sussex	592
5	Hertfordshire	578.5
6	Buckinghamshire	518
7	Middlesex	490
8	Essex	321

Mens Results

1	Kent	343.5
2	Hampshire	328.5
3	Sussex	324
4	Surrey	320.5
5	Middlesex	310
6	Buckinghamshire	297
7	Hertfordshire	260.5

A String

Pos	Cnty	Athlete	Perf
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100m

w/s -0.7

1	B	Maxwell Brown	Buckinghamshire	11.13
2	M	Alex Truscott	Middlesex	11.22
3	S	Daniel Kale	Surrey	11.39
4	K	Matthew Knight	Kent	11.43
5	X	Jordan Levey	Sussex	11.58
6	R	Benjamin Whitehead	Hertfordshire	12.00
7	H	Carter Clothier (U15)	Hampshire	12.08

100m Non Scoring

w/s -0.4

1	104	Kwame Twumasi-Tawiah	Buckinghamshire	11.44
2	107	Dary N'tuka Leonardo	Middlesex	11.45
3	105	Jed Hamilton	Kent	11.53
4	108	Samuel Adesanya	Middlesex	11.61
5	103	David Boakye	Buckinghamshire	11.62
6	106	Justin Oludemi	Kent	11.64
7	111	Alex Wadley	Sussex	11.66

200m

w/s -1.0

1	M	Phoenix Lyon	Middlesex	23.02
2	K	Matthew Knight	Kent	23.06
3	B	Maxwell Brown	Buckinghamshire	23.22
4	S	Adam Bator-Brown	Surrey	23.42
5	H	Jack Webber	Hampshire	23.49
6	X	Jamie Kealey	Sussex	23.53
7	R	Benjamin Whitehead	Hertfordshire	24.93

400m

1	H	Jack Higgins	Hampshire	51.13
2	K	Michael Fagbenle	Kent	51.17
3	S	Adam Bator-Brown	Surrey	51.33
4	M	Reef Hook	Middlesex	51.86
5	R	Brent Morris	Hertfordshire	52.06
6	B	Ben Layne	Buckinghamshire	52.94
7	X	Joshua Firsh	Sussex	54.19

800m

1	K	Simon Coppard	Kent	1:58.73
2	X	Joseph Body	Sussex	2:00.16
3	R	Daniel Streeter	Hertfordshire	2:00.22
4	H	William Brown	Hampshire	2:00.62
5	S	George Grassly	Surrey	2:00.89
6	B	Adam Day	Buckinghamshire	2:04.09
7	M	John Fielding	Middlesex	2:04.60

1500m

1	S	Ricky Lutakome	Surrey	4:05.13
2	X	Tom Eames	Sussex	4:05.72
3	R	Thomas Patrick	Hertfordshire	4:12.91
4	K	Daniel Seagrove	Kent	4:13.78
5	B	Alfred Yabsley	Buckinghamshire	4:16.15
6	HH	Steven Cross	Hampshire	4:16.82
7	M	Lucillo Burrell	Middlesex	4:19.30

B String

Pos	Cnty	Athlete	Perf
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w/s -0.7

1	XX	Bailey Wright	Sussex	11.37
2	BB	Lee Richards	Buckinghamshire	11.41
3	MM	Phoenix Lyon	Middlesex	11.45
4	SS	Eric Hammond-Sarfo	Surrey	11.47
5	KK	Ethan Brown	Kent	11.51
6	RR	Christopher Kerr	Hertfordshire	11.86
7	HH	Louie Power	Hampshire	12.46

w/s

w/s 0.1

1	KK	Ethan Brown	Kent	22.71
2	MM	Michael Shonibare	Middlesex	22.87
3	BB	Kwame Twumasi-Tawiah	Buckinghamshire	23.00
4	XX	Mason Dowle	Sussex	23.19
5	HH	Jack Higgins	Hampshire	23.76

1	MM	Yuri Zavratchiyski	Middlesex	51.53
2	BB	Sebastian Mills	Buckinghamshire	52.37
3	SS	Shemar Ferguson	Surrey	52.60
4	KK	Ben Sutton	Kent	52.85
5	HH	Samuel Gray	Hampshire	54.57
	XX	Harrison Leach	Sussex	disq

1	XX	George Crocker	Sussex	1:58.18
2	KK	Jacques Cunningham-Marsh	Kent	1:58.47
3	SS	Aiden Grainger	Surrey	2:00.09
4	MM	Luke Gray	Middlesex	2:00.97
5	HH	Isaac Du Val	Hampshire	2:02.12
6	BB	Cameron Almand	Buckinghamshire	2:05.40
7	RR	Jed Lumb	Hertfordshire	disq

1	SS	Max Heyden	Surrey	4:11.46
2	RR	Adam Hughes	Hertfordshire	4:13.41
3	XX	William Broom	Sussex	4:14.06
4	KK	Lewis Mills	Kent	4:15.16
5	MM	James Young	Middlesex	4:20.51
6	BB	Ewan Forsythe	Buckinghamshire	4:28.67

3000m

1	S	Harry Boyd	Surrey	8:53.73
2	K	James Puxty	Kent	8:57.47
3	B	Jack Meijer	Buckinghamshire	9:02.86
4	H	Jacob O'Hara	Hampshire	9:22.47
5	MM	Liam Garrett	Middlesex	9:29.44
6	X	Ben Martin	Sussex	9:35.22
7	R	Ben Winfield	Hertfordshire	9:36.20

3000m Non Scoring

1	7	Ewan Bate	Surrey	9:18.86
2	5	Thomas Manning	Kent	9:42.70
3	XX	Ben Morton	Sussex	9:49.73
4	1	Harry Cox	Buckinghamshire	9:55.03
5	HH	Harry Moore	Hampshire	11:12.98
	M	George Kerry	Middlesex	dnf

100m HURDLES

w/s

				-0.2
1	K	Toby Seal	Kent	13.39
2	S	Ezra Rodrigues	Surrey	14.19
3	H	Charlie Button	Hampshire	14.31
4	R	Christopher Kerr	Hertfordshire	14.72
5	X	Tom Pitts	Sussex	14.81
6	M	Kyle Brown	Middlesex	15.19
7	B	Jack Porteous	Buckinghamshire	19.21

400m HURDLES

1	K	Isaac Milham	Kent	57.3
2	H	Toby Glass	Hampshire	57.4
3	X	Jamie Lambert	Sussex	57.8
4	S	Josh Hathaway	Surrey	62.7
5	M	Michael How	Middlesex	63.0
6	R	Mathew Spicer	Hertfordshire	66.3

1500m STEEPLECHASE

1	B	Alfred Yabsley	Buckinghamshire	4:33.22
2	K	Bede Pitcairn-Knowles	Kent	4:35.29
3	H	Alex Rowe	Hampshire	4:35.90
4	M	Dempster Fawden	Middlesex	4:38.95
5	RR	Adam Hughes	Hertfordshire	4:46.19
6	S	Aaron Enser	Surrey	4:47.46
7	X	Alex Halfacree	Sussex	4:54.09

HIGH JUMP

1	K	Luke Okosieme	Kent	1.93
1	H	Charlie Button	Hampshire	1.93
3	X	Harry Baker	Sussex	1.85
4	M	Toni Ademuwagun	Middlesex	1.85
5	R	Ricardo James	Hertfordshire	1.70
5	SS	Harry Wright	Surrey	1.70
7	B	James Mathew	Buckinghamshire	1.65

POLE VAULT

1	X	Jack Harris	Sussex	4.00
2	S	Emmanuel Thomas	Surrey	3.80
3	R	Michael Fryer	Hertfordshire	3.70
4	HH	Kieran Apps	Hampshire	3.40
5	B	Lee Boyt	Buckinghamshire	3.10
6	KK	Frankie Scrivener	Kent	3.00

LONG JUMP

w/s

1	M	Samuel Oduro Antwi	Middlesex	6.30	+0.5
2	X	Lewis Kirby	Sussex	6.14	+2.0
3	R	Kit Kerr	Hertfordshire	5.93	+1.8
4	HH	Evan Campbell	Hampshire	5.91	+1.3
5	S	Eric Hammond-Sarfo	Surrey	5.68	+2.1
6	B	Toby Ravilious	Buckinghamshire	5.52	+0.4

TRIPLE JUMP

w/s

1	M	Samuel Oduro Antwi	Middlesex	13.82	-
2	XX	Joshua Williams	Sussex	12.51	-
3	H	George Rosam	Hampshire	11.99	-
4	K	Alex Olubusi	Kent	11.84	-
5	B	Jack Porteous	Buckinghamshire	11.28	-
6	RR	Joshua Mahmmud	Hertfordshire	11.20	-

SHOT

1	K	Alfie Scopes	Kent	15.08
2	SS	De-jean Brown-Marshall	Surrey	13.65
3	H	Evan Campbell	Hampshire	12.54
4	M	Emmanuel Enemuwe	Middlesex	11.81
5	BB	Fraser Kilsby	Buckinghamshire	11.62
6	X	Marcus Jones	Sussex	11.42
7	R	Ricardo James	Hertfordshire	9.80

1	SS	Oliver Percival	Surrey	9:02.69
2	KK	Oliver Prior	Kent	9:33.60
3	BB	James Minter	Buckinghamshire	9:42.29
4	8	Tomer Tarragano	Sussex	9:44.81
5	3	Hugo Bisson	Hampshire	9:56.54
6	6	Finn Donlon	Middlesex	10:12.32

w/s -0.5

1	KK	Jonathan Mann	Kent	14.55
2	XX	Jamie Lambert	Sussex	14.59
3	HH	Evan Campbell	Hampshire	15.02
4	RR	Mathew Spicer	Hertfordshire	16.08

1	KK	Coleman Corry	Kent	60.28
2	HH	Ben Holdsworth	Hampshire	65.59

1	KK	Marshall Smith	Kent	4:41.20
2	HH	Joseph Yeaman	Hampshire	4:45.64
3	MM	Jem O'Flaherty	Middlesex	4:47.22
4	XX	Sam Wilkinson	Sussex	5:01.05
5	BB	Ewan Forsythe	Buckinghamshire	5:03.09
6	R	Elliot Breen	Hertfordshire	5:13.69

1	HH	Malachi Gair	Hampshire	1.85
2	S	Joe Hubbard	Surrey	1.70
3	MM	Antanas Weston	Middlesex	1.55
4	XX	Hugo Hawes	Sussex	1.55

1	XX	Bill Saunders	Sussex	4.00
2	SS	Lewis Herzog	Surrey	3.30
3	BB	Jack Porteous	Buckinghamshire	2.90
	K	George Pope	Kent	nhr
	RR	Callum Woodage	Hertfordshire	nhr

1	XX	Alex Wadley	Sussex	5.65	+1.8
2	H	George Rosam	Hampshire	5.64	+0.1
3	RR	Joshua Mahmmud	Hertfordshire	5.53	+1.9
4	MM	Abbas Adejonwo	Middlesex	5.30	+0.5
5	BB	Sebastian Mills	Buckinghamshire	5.16	+1.7

1	MM	Abbas Adejonwo	Middlesex	13.19	-
2	X	Alex Wadley	Sussex	12.35	-
3	HH	Ben Upfold	Hampshire	11.37	-
4	BB	Fraser Kilsby	Buckinghamshire	10.99	-

1	KK	Jack Royden	Kent	13.21
2	HH	Cameron Campbell	Hampshire	12.23
3	S	Ryan Mounneh	Surrey	11.80
4	MM	Hakim Janha	Middlesex	10.57
5	B	Isaac Hay	Buckinghamshire	10.42
6	XX	Harrison Leach	Sussex	10.12

DISCUS

1	K	Alfie Scopes	Kent	48.68
2	S	Sam Mace	Surrey	44.10
3	B	Alfred Mawdsley	Buckinghamshire	43.17
4	H	Ben Upfold	Hampshire	41.68
5	X	Ben Hawkes	Sussex	41.27
6	R	Brandon Norman	Hertfordshire	37.19
7	M	Myles Dotting	Middlesex	28.17

1	SS	Philip Bartlett	Surrey	40.48
2	XX	Harrison Leach	Sussex	40.14
3	BB	Matt Price	Buckinghamshire	30.33
4	KK	Nathan Sureshkumar	Kent	29.73
5	MM	Kai Gordon	Middlesex	27.28
6	RR	Mathew Spicer	Hertfordshire	21.24
	HH	Robert Pattison	Hampshire	ndr

HAMMER

1	X	Ben Hawkes	Sussex	61.62
2	S	James Lancaster	Surrey	60.14
3	R	Brandon Norman	Hertfordshire	49.69
4	HH	Cameron Campbell	Hampshire	42.21
5	K	Kian Crawford	Kent	31.74
6	BB	Archard Yabsley	Buckinghamshire	29.93
7	M	Emmanuel Enemuwe	Middlesex	21.57

1	SS	Same Mace	Surrey	56.06
2	XX	Marcus Jones	Sussex	46.67
3	RR	Michael Knowles	Hertfordshire	39.41
4	H	Ben Upfold	Hampshire	29.19
5	KK	Charlie Short	Kent	24.36
6	B	Matt Price	Buckinghamshire	24.28
7	MM	Kai Gordon	Middlesex	20.69

JAVELIN

1	M	Luke Miller	Middlesex	52.25
2	S	Harry Gibbons	Surrey	46.83
3	HH	Ben Holdsworth	Hampshire	44.03
4	K	David Fullbrook	Kent	40.72
5	R	Michael Miller	Hertfordshire	38.43
6	B	Isaac Hay	Buckinghamshire	36.01

1	MM	Jonny Payne	Middlesex	46.44
2	H	Joshua Buckett	Hampshire	43.65
3	KK	Charlie Tomkins	Kent	36.09
4	BB	Matt Price	Buckinghamshire	34.77
5	SS	Jonty Mitchell	Surrey	33.78
6	RR	Michael Fryer	Hertfordshire	29.21

4x100m RELAYS

1	B	Buckinghamshire	Maxwell Brown, Lee Richards, Kwame Twumasi-Tawiah, David Boakye	43.69
2	M	Middlesex	Michael Shonibare, Dary N'tuka Leonardo, Phoenix Lyon, Alex Truscott	44.00
3	K	Kent	Jed Hamilton, Chizute Ogbodie, Ben Sutton, Matthew Knight	44.18
4	X	Sussex	Jordan Levey, Bailey Wright, Jamie Kealey, Mason Dowle	44.77
5	H	Hampshire	Carter Clothier (U15), Jack Webber, Ben Cross (U15), Louie Power	46.93
6	S	Surrey	Lewis Herzog, Adam Bator-Brown, Sam Mace, Jonty Mitchell	47.84
7	R	Hertfordshire	Benjamin Whitehead, Cameron George, Joshua Mahmmud, Christopher Kerr	53.00

4x400m RELAYS

1	K	Kent	Michael Fagbenle, Ben Sutton, Isaac Milham, Coleman Corry	3:27.83
2	B	Buckinghamshire	Ben Layne, Sebastian Mills, Adam Day, Cameron Almand	3:28.54
3	S	Surrey	Ricky Lutakome, George Grassly, Adam Bator-Brown, Shemar Ferguson	3:29.96
4	X	Sussex	Joshua Firsh, Aaron Judah, Tom Eames, George Crocker	3:33.06
5	M	Middlesex	Reef Hook, Yuri Zavratchiyski, John Fielding, Luke Gray	3:33.96
6	H	Hampshire	Samuel Gray, Toby Glass, Jack Higgins, Malachi Gair	3:35.60
7	R	Hertfordshire	Brent Morris, Daniel Streeter, -, Jed Lumb	3:38.33

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Overall Results

1	Kent	707.5
2	Surrey	667.5
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4	Sussex	592
5	Hertfordshire	578.5
6	Buckinghamshire	518
7	Middlesex	490
8	Essex	321

Womens Results

1	Kent	364
2	Surrey	347
3	Essex	321
4	Hertfordshire	318
5	Hampshire	303
6	Sussex	268
7	Buckinghamshire	221
8	Middlesex	180

A String

Pos	Athlete	County	Perf
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100m

w/s -0.6

1	S	Charmont Webster-Tate	Surrey	12.00
2	K	Immanuela Aliu	Kent	12.02
3	E	Rebecca Jeggo	Essex	12.35
4	X	Alyssa White	Sussex	12.41
5	M	Hannah Hall	Middlesex	12.49
6	H	Ellie Hodgson	Hampshire	12.57
7	R	Melieka Daley	Hertfordshire	12.61
8	B	Charlotte Bellamy	Buckinghamshire	13.22

100m Non Scoring

w/s 0.2

1	112	Holly Thurgood (U15)	Hampshire	12.87
2	109	Eloise Lewis	Essex	12.91
3	101	Katie Woolcott	Kent	13.06
4	102	Mhairi Brooks	Kent	13.11

200m

w/s 0.0

1	K	Immanuela Aliu	Kent	24.82
2	E	Rebecca Jeggo	Essex	24.97
3	R	Ella Wansell	Hertfordshire	25.38
4	M	Hannah Hall	Middlesex	25.57
5	S	Tosin Salami	Surrey	25.71
6	H	Abigail Dennison	Hampshire	25.90
7	B	Anna Croft	Buckinghamshire	26.01
8	X	Estelle Ireland	Sussex	26.72

300m

1	R	Anna-Marie Uzokwe	Hertfordshire	39.24
2	K	Louise Evans	Kent	39.52
3	S	Ellie Grove	Surrey	39.70
4	H	Amber Clare	Hampshire	40.44
5	X	Louisa Saunders	Sussex	40.48
6	M	Michelle Mamudu	Middlesex	40.96
7	E	Kyesha Robinson	Essex	41.25
8	B	Rhiannon Ward	Buckinghamshire	42.25

800m

1	S	Katy Ann McDonald	Surrey	2:10.67
2	K	Chloe Sharp	Kent	2:11.33
3	H	Natasha Miles	Hampshire	2:14.20
4	R	Scarlett Wager-Leigh	Hertfordshire	2:15.99
5	E	Jessica Mitchell	Essex	2:16.13
6	X	Kiera Aslett	Sussex	2:19.55
7	B	Anna Kofoed-Gregory	Buckinghamshire	2:24.03

B String

Pos	Athlete	County	Perf
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1	KK	Vera Chinedu	Kent	11.9
2	SS	Tosin Salami	Surrey	12.3
3	EE	Jazmin Whitehead-Shakes	Essex	12.7
4	MM	Chinwe Iwunze	Middlesex	13.0
5	HH	Bobbie Davies	Hampshire	13.0
6	RR	Emily Russell	Hertfordshire	13.2
7	XX	Rosa Pitt	Sussex	13.2
8	BB	Charlotte Humphries	Buckinghamshire	13.6

1	KK	Magda Cienciala	Kent	25.35
2	RR	Anna-Marie Uzokwe	Hertfordshire	25.43
3	EE	Kendrea Nwaelene	Essex	25.48
4	MM	Amy Hillier	Middlesex	26.10
5	HH	Ellie Hodgson	Hampshire	26.13
6	BB	Rhiannon Ward	Buckinghamshire	26.33
7	XX	Mia Frost	Sussex	27.03
8	SS	Katie Purser	Surrey	42.27

1	HH	Lydia Sommers	Hampshire	40.35
2	KK	Asha Root	Kent	40.73
3	SS	Mica Powell	Surrey	40.93
4	RR	Jessica Hurley	Hertfordshire	42.85
5	EE	Amy Fix	Essex	43.07
6	MM	Jaye Haley	Middlesex	43.33
7	BB	Charlotte Humphries	Buckinghamshire	43.34
8	XX	Sarah Huxstep	Sussex	44.70

1	SS	Mollie O'Sullivan	Surrey	2:10.70
2	KK	Lara Atkinson	Kent	2:18.37
3	EE	Jordan Hinds	Essex	2:23.41
4	XX	Olivia Lyon-Monk	Sussex	2:26.57
5	RR	Jessica Laitner	Hertfordshire	2:27.03
6	BB	Jess Nuttall	Buckinghamshire	2:31.22
7	HH	Holly Thurgood (U15)	Hampshire	2:31.88

1500m

1	m	Kosana Weir	Middlesex	4:45.54
2	X	Almi Nerurkar	Sussex	4:47.01
3	K	Kelsi Cornish	Kent	4:49.55
4	E	Louise Gilbert	Essex	4:50.32
5	SS	Poppy Wardley	Surrey	4:57.48
6	B	Enya Deysel	Buckinghamshire	4:58.09
7	HH	Poppy Clements	Hampshire	5:05.44
8	RR	Hannah Rayden	Hertfordshire	5:26.18

3000m

1	K	Phoebe Barker	Kent	9:47.89
2	S	Olivia Stillman	Surrey	10:44.68
3	E	Kate O'Neill	Essex	10:46.04
4	X	Darja Knotkova-Hanley	Sussex	11:09.33
5	HH	Emily Coulson	Hampshire	11:38.57
6	R	Grace Birdseye	Hertfordshire	11:44.82

3000m Non Scoring

1	5	Holly Gordon	Kent	11:55.19
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80m HURDLES

w/s -0.4

1	S	Pippa Earley	Surrey	11.34
2	E	Amber Hornbuckle	Essex	11.62
3	R	Emily Russell	Hertfordshire	11.95
4	K	Ashleigh West	Kent	12.02
5	H	Hannah Haugvik	Hampshire	12.07
6	X	Natasha Purchas	Sussex	12.27
7	B	Sophie Willis	Buckinghamshire	12.77

300m HURDLES

1	B	Anna Croft	Buckinghamshire	44.4
2	E	Connie Forman	Essex	45.1
3	S	Stephanie Fisher	Surrey	45.2
4	K	Jade Fitt	Kent	45.9
5	H	Hannah Haugvik	Hampshire	46.7
6	X	Jessica Lambert	Sussex	46.7
7	R	Olive Coles	Hertfordshire	46.9
8	M	Rachel Carter	Middlesex	47.2

1500m STEEPLECHASE

1	S	Katie Balme	Surrey	5:13.72
2	K	Yasmin Austridge	Kent	5:16.40
3	H	Rebecca Poole	Hampshire	5:20.17
4	B	Emma Mears	Buckinghamshire	5:26.00
5	R	Grace Birdseye	Hertfordshire	5:52.98
6	X	Molly Gransden	Sussex	6:00.91
7	E	Lucie Ball	Essex	6:11.51

HIGH JUMP

1	K	Rebecca Hawkins	Kent	1.70
2	RR	Louise Reilly	Hertfordshire	1.60
3	SS	Britli Francis (U15)	Surrey	1.60
4	EE	Mayi Hughes	Essex	1.55
5	H	Hannah Haugvik	Hampshire	1.55
6	M	Anna McAllister	Middlesex	1.50
7	X	Catherine Scott	Sussex	1.50

POLE VAULT

1	XX	Mimi Miles	Sussex	3.40
2	SS	Anousha Wardley	Surrey	3.00
3	RR	Abigail Pickard	Hertfordshire	2.70
	E	Jessica Smith (U15)	Essex	nhr

LONG JUMP

w/s

1	R	Nicole Parcell	Hertfordshire	5.73	-1.5
2	S	Pippa Earley	Surrey	5.69	-0.9
3	B	Molly Adams	Buckinghamshire	5.36	+0.2
4	K	Eloise Harvey	Kent	5.19	-0.2
5	H	Lydia Sommers	Hampshire	5.08	-1.6
6	E	Connie Forman	Essex	5.06	-2.0
7	X	Alyssa White	Sussex	4.93	+0.1
8	M	Ambra Beason	Middlesex	4.59	-0.7

TRIPLE JUMP

w/s

1	M	Claudimira Landim	Middlesex	11.55	-1.9
2	EE	Kendrea Nwaelene	Essex	11.49	+1.1
3	K	Eloise Harvey	Kent	11.12	-0.6
4	S	Ola Olufeme-Krakue	Surrey	11.10	-1.1
5	H	Bobbie Davies	Hampshire	10.93	+0.7
6	X	Ella Sharpe	Sussex	10.54	-1.0
7	BB	Ite Aderoju	Buckinghamshire	10.15	+1.2
8	R	Hannah Dickins	Hertfordshire	9.66	-0.4

1	MM	Nicola Ravenhill	Middlesex	4:52.29
2	KK	Clara Tyler	Kent	4:54.42
3	S	Katie Hopkins	Surrey	5:00.20
4	XX	Naomi Fonteyn	Sussex	5:02.72
5	EE	Georgia Tombs	Essex	5:04.72
6	BB	Emma Mears	Buckinghamshire	5:08.63
7	H	Katie Standen	Hampshire	5:11.62
8	R	Freya Weddell	Hertfordshire	5:38.73

1	KK	Millie Smith	Kent	10:55.00
2	EE	Hannah Watson	Essex	11:03.15
	H	Stacey Burrows	Hampshire	dnf

w/s -0.3

1	RR	Nicole Parcell	Hertfordshire	11.73
2	EE	Marissa Sims	Essex	11.96
3	SS	Marcey Winter	Surrey	12.07
4	KK	Natasha Scott	Kent	12.43
5	MM	Sophia Obi	Middlesex	12.74
6	HH	Olivia Allbut	Hampshire	13.02
7	BB	Rosie O'Brien	Buckinghamshire	13.11

1	BB	Sophie Willis	Buckinghamshire	45.7
2	SS	Marcey Winter	Surrey	46.1
3	HH	Olivia Allbut	Hampshire	47.7
4	EE	Emily Sharpe	Essex	48.8
5	MM	Laura Stewart	Middlesex	49.7
6	KK	Madeleine Cooper	Kent	52.2
7	RR	Abigail Jones	Hertfordshire	65.8

1	KK	Ella Newton	Kent	5:28.19
2	HH	Libby Hedley	Hampshire	5:33.45
3	BB	Holly Jamieson	Buckinghamshire	6:03.41
4	RR	Hannah Rayden	Hertfordshire	6:04.09
5	EE	Daisy Partridge	Essex	6:56.89

1	KK	Ashleigh West	Kent	1.60
2	R	Amy Thurgood	Hertfordshire	1.55
3	E	Bethany Harryman	Essex	1.55
4	HH	Emily Cornwall	Hampshire	1.40
5	XX	Ellie Walker	Sussex	1.40

1	X	Natasha Purchas	Sussex	3.30
2	R	Amy Thurgood	Hertfordshire	2.55
	S	Shaye Emmett (U15)	Surrey	nhr

w/s

1	SS	Aye Hussein	Surrey	5.21	-2.6
2	KK	Jasmine Anderson	Kent	4.78	+0.1
3	EE	Emmi Goldenberg	Essex	4.74	-0.3
4	RR	Hannah Dickins	Hertfordshire	4.57	-0.6
5	HH	Madeline Wilton (u15) (U15)	Hampshire	4.50	-0.2
6	BB	Tia Margan	Buckinghamshire	4.46	-0.4
7	XX	Georgia Coleshill	Sussex	4.44	-1.0

w/s

1	E	Mayi Hughes	Essex	11.15	+1.5
2	KK	Karina Harris	Kent	10.82	+3.4
3	B	Iris-Mae Morse (U15)	Buckinghamshire	10.06	-1.1
4	HH	Madeline Wilton (u15) (U15)	Hampshire	9.89	+2.8
5	XX	Sophie Gunn	Sussex	9.65	-1.4
6	RR	Lily Jones	Hertfordshire	9.59	0.0
	MM	Ambra Beason	Middlesex	ndr	

SHOT

1	H	Gaia Osborne	Hampshire	14.75
2	S	Denisha Marshall-Brown	Surrey	13.21
3	K	Eloise Locke	Kent	13.10
4	E	Gabrielle Quigley	Essex	11.18
5	RR	Amelia Royce	Hertfordshire	9.93
6	M	Megan Greenfield	Middlesex	9.22
7	X	Larissa Carter	Sussex	8.26
8	B	Ite Aderoju	Buckinghamshire	7.91

1	HH	Amelia Cook	Hampshire	13.45
2	SS	Britli Francis (U15)	Surrey	11.93
3	EE	Philippa Gill	Essex	10.26
4	KK	Jaratta Adams	Kent	10.09
5	R	Mia O'Connell	Hertfordshire	9.66
6	BB	Abi Hutchby	Buckinghamshire	7.67

DISCUS

1	R	Jessica Emery	Hertfordshire	38.94
2	H	Heather Cabbage	Hampshire	38.09
3	S	Tait Jones	Surrey	37.06
4	X	Emily Robinson	Sussex	36.42
5	E	Gabrielle Quigley	Essex	34.03
6	K	Eve Keith	Kent	32.10
7	BB	Abi Hutchby	Buckinghamshire	17.80
8	M	Morgan Holder	Middlesex	16.08

1	RR	Rebecca Porter	Hertfordshire	34.88
2	SS	Denisha Marshall-Brown	Surrey	32.28
3	KK	Catie Kohler	Kent	30.81
4	HH	Cerys Thomas	Hampshire	27.12
5	EE	Eloise Badger	Essex	25.51
6	B	Annabel Ralston	Buckinghamshire	15.99
	XX	Georgia Langham	Sussex	ndr

HAMMER

1	E	Laura Runciman	Essex	50.43
2	X	Vicki Pellett	Sussex	49.51
3	H	Cerys Thomas	Hampshire	45.73
4	S	Sia Banbury	Surrey	44.77
5	M	Demi Beavis	Middlesex	38.20
6	K	Catie Kohler	Kent	32.32
7	R	Amelia Royce	Hertfordshire	25.62
8	B	Annabel Ralston	Buckinghamshire	21.61

1	XX	Larissa Carter	Sussex	48.49
2	HH	Heather Cabbage	Hampshire	45.50
3	SS	Jessica Westley	Surrey	39.67
4	KK	Jacqueline Benson	Kent	30.19
5	EE	Blythe Pearson	Essex	28.89
6	BB	Kitty Jones	Buckinghamshire	21.29
7	RR	Alisha Levy	Hertfordshire	19.59

JAVELIN

1	H	Gaia Osborne	Hampshire	45.08
2	K	Eloise Locke	Kent	41.01
3	SS	Florence Baulk	Surrey	36.52
4	R	Alisha Levy	Hertfordshire	36.21
5	B	Eloise Walker	Buckinghamshire	34.80
6	X	Emily Robinson	Sussex	33.89
7	M	Emily Wilcock	Middlesex	32.50
8	E	Daisy Partridge	Essex	32.29

1	KK	Paige Macheath	Kent	39.15
2	RR	Abigail Jones	Hertfordshire	35.66
3	HH	Maisie Grice	Hampshire	35.11
4	S	Nicola Bell	Surrey	33.11
5	BB	Olivia Thomas	Buckinghamshire	31.26
6	EE	Philippa Gill	Essex	28.17
	MM	Megan Greenfield	Middlesex	ndr

4x100m RELAYS

1	K	Kent	Mhairi Brooks, Magda Cienciala, Katie Woolcott, Immanuela Aliu	47.66
2	E	Essex	Rebecca Jeggo, Kendrea Nwaelene, Jazmin Whitehead-Shakes, Eloise Lewis	48.65
3	R	Hertfordshire	Ella Wansell, Nicole Parcell, Emily Russell, Melieka Daley	48.71
4	S	Surrey	Marcey Winter, Charmont Webster-Tate, Tosin Salami, Denisha Marshall-Brown	48.95
5	M	Middlesex	Hannah Hall, Chinwe Iwunze, Sophia Obi, Amy Hillier	49.21
6	X	Sussex	Estelle Ireland, Rosa Pitt, Mia Frost, Alyssa White	49.21
7	H	Hampshire	Ellie Hodgson, Bobbie Davies, Lydia Sommers, Amber Clare	49.27
8	B	Buckinghamshire	Charlotte Bellamy, Tia Margan, Iris-Mae Morse (U15), Molly Adams	50.58

4x300m RELAYS

1	S	Surrey	Katy Ann Mcdonald, Ellie Grove, Mollie O'Sullivan, Mica Powell	2:46.24
2	K	Kent	Louise Evans, Asha Root, Eleanor Westell, Grace Scopes	2:46.83
3	X	Sussex	Jessica Lambert, Kiera Aslett, Louisa Saunders, Estelle Ireland	2:49.34
4	E	Essex	Kyesha Robinson, Amy Fix, Yasmin Robinson, Tara Lewis	2:50.35
5	R	Hertfordshire	Olive Coles, Jessica Hurley, Anna-Marie Uzokwe, Scarlett Wager-Leigh	2:51.59
6	H	Hampshire	Abigail Dennison, Amber Clare, Olivia Allbut, Maisie Grice	2:51.91
7	B	Buckinghamshire	Anna Croft, Sophie Willis, Rhiannon Ward, Annabel Ralston	2:59.63