

SCVAC LEAGUE - KENT DIVISIONS - Julie Rose, Ashford 27/06/2016

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	A3	Peter Davey (M40)	Ashford	55.2
2	D3	Craig Sharp (M40)	Dartford	55.6
3	B3	Martin Lloyd	Bexley	57.6
4	M3	Nigel Rumsey (M40)	Medway and Maidstone	58.1
5	C3	Dom Fiore (M40)	Cambridge	65.8
6	F3	Rob Brown (M50)	Blackheath and Bromley	73.4

M35 3000m

1	D3	Craig Sharp (M40)	Dartford	9:35.6
2	M3	Mark Wilkins	Medway and Maidstone	9:37.3
3	F3	Gareth Evans	Blackheath and Bromley	9:53.8
4	C3	Matthew Preston (M40)	Cambridge	10:15.9
5	B3	Martin Smith	Bexley	10:26.0
6	A4	Micheal Teale	Ashford	12:51.4

B String				
Pos	Club	Athlete	Club	Perf

1	D4	Stuart Waterman	Dartford	57.7
2	B4	Martin Smith	Bexley	59.5
3	M4	Alex Beech	Medway and Maidstone	61.0
4	A4	Steve Lake (M40)	Ashford	63.2
5	F4	Adrian Stocks (M40)	Blackheath and Bromley	63.8
6	C4	Tim Carter (M60)	Cambridge	68.9

1	D4	Mark Champion (M45)	Dartford	10:04.6
2	M4	Neill Wright (M40)	Medway and Maidstone	10:26.7
3	C4	Dom Fiore (M40)	Cambridge	10:42.1
4	F4	Adrian Stocks (M40)	Blackheath and Bromley	11:20.1
5	B4	Andrew Rushbrook (M50)	Bexley	14:47.0

4x400m Relays

1	D3	Dartford	Craig Sharp, Stuart Waterman, Doug Christie, Colin Bates	3:58.9
2	A3	Ashford	Peter Davey, -, Steve Lake, Peter Le Rossignol	4:04.0
3	M3	Medway and Maidstone	Marco Ronchetti, Mark Wilkins, Nigel Rumsey, Alex Beech	4:09.1
4	C3	Cambridge	Dom Fiore, Tim Carter, Mark Ashby, Wole Odele	4:22.3
5	F3	Blackheath and Bromley	Clem Leon, John E Turner, Rob Brown, Gareth Evans	4:45.8
6	B3	Bexley	Martin Smith, Martin Lloyd, Jon Armstrong, Phil Hawkins	5:51.0

M35 Pole Vault

1	F3	Allan Williams (M60)	Blackheath and Bromley	3.20
2	A3	Peter Le Rossignol	Ashford	2.80
3	D3	Richard Nash (M40)	Dartford	2.50
4	C3	Anthony Tipping (M50)	Cambridge	2.50
5	B3	Phil Hawkins (M45)	Bexley	2.00
5	M3	Marco Ronchetti (M45)	Medway and Maidstone	2.00

M35 Triple Jump

1	A3	Steve Lake (M40)	Ashford	10.81
2	D3	Richard Nash (M40)	Dartford	10.24
3	M3	Marco Ronchetti (M45)	Medway and Maidstone	9.00
4	F3	Adrian Stocks (M40)	Blackheath and Bromley	8.95
5	B3	Martin Smith	Bexley	8.69
6	C3	Tim Carter (M60)	Cambridge	5.95

M35 Hammer

1	B3	Graham Holder (M40)	Bexley	48.58
2	F3	Steve Timmins (M40)	Blackheath and Bromley	42.80
3	C3	Anthony Tipping (M50)	Cambridge	36.09
4	D3	Richard Nash (M40)	Dartford	26.78
5	A3	ian King (M40)	Ashford	19.20
6	M3	Alex Beech	Medway and Maidstone	15.03

M50 400m

1	C5	Wole Odele	Cambridge	57.3
2	D5	David Kemp	Dartford	60.9
3	F5	Clem Leon (M60)	Blackheath and Bromley	63.5
4	B5	Jon Armstrong	Bexley	69.2
5	M5	Steve Hesketh (M65)	Medway and Maidstone	76.6
6	A5	Chris Hobbs (M60)	Ashford	88.4

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 3000m

1	B5	Jon Armstrong	Bexley	10:35.6
2	D5	Anthony Durey	Dartford	10:43.8
3	A5	Kevin Williams (M55)	Ashford	10:50.4
4	C5	Mark Ashby	Cambridge	11:17.9
5	F5	Nigel Wood (M60)	Blackheath and Bromley	12:39.1

M50 Pole Vault

1	A5	Mick Goodall (M65)	Ashford	2.50
2	D5	Gary Capon (M55)	Dartford	2.10
3	M5	Steve Hesketh (M65)	Medway and Maidstone	1.50
4	C5	Wole Odele	Cambridge	1.30
5	F5	Clem Leon (M60)	Blackheath and Bromley	1.30

M50 Triple Jump

1	C5	Wole Odele	Cambridge	10.11
2	D5	Gary Capon (M55)	Dartford	9.81
3	A5	Steve Langford (M55)	Ashford	9.73
4	F5	Clem Leon (M60)	Blackheath and Bromley	9.64
5	M5	Rob Sibley (M60)	Medway and Maidstone	9.03
6	B5	John Bancroft (M55)	Bexley	7.84

M50 Hammer

1	D5	Paul Searing	Dartford	30.66
2	B5	Andrew Rushbrook	Bexley	26.84
3	C5	Peter Wishart (M55)	Cambridge	25.29
4	A5	Paul Wheeler (M55)	Ashford	21.50
5	M5	Steve Hesketh (M65)	Medway and Maidstone	17.57
6	F5	Clem Leon (M60)	Blackheath and Bromley	12.42

M60 3000m

1	C6	Alan Black	Cambridge	11:28.5
2	F6	Rob Brown	Blackheath and Bromley	12:09.3
3	M6	Steve Hesketh (M65)	Medway and Maidstone	13:23.7
4	A6	Chris Hobbs	Ashford	14:12.4
5	D6	Steve Roberts	Dartford	14:29.6

M60 Hammer

1	A6	Paul Oakes	Ashford	35.07
2	M6	Clive Thomson	Medway and Maidstone	33.58
3	D6	Trevor Bent (M70)	Dartford	20.92
4	F6	Jim Phelan (M65)	Blackheath and Bromley	16.58
5	C6	Warwick Dixon (M80)	Cambridge	ntr

Match Details

	Mt Pts	Pts
1 Dartford	6	73
2 Ashford	5	55
3 Cambridge	4	49
4 Medway and Maidstone	3	46.5
5 Blackheath and Bromley	2	46
6 Bexley	1	38.5

Overall Details

	Tot Mt Pts	Tot Pts
1 Dartford	29	314.5
2 Cambridge	21.5	270
3 Medway and Maidstone	17.5	243.5
4 Ashford	14	245
5 Bexley	13	244.5
6 Blackheath and Bromley	10	208.5

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Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	T3	Simon Fraser (M40)	Tonbridge	62.1
2	J3	Gavin Kitchingham (M45)	Bromley Veterans	62.6
3	P3	Trevor Crysell (M45)	Paddock Wood	66.2
4	S3	Richard Pitcairn-Knowles (M80)	Sevenoaks	120.3

M35 3000m

1	T3	Ben Reynolds (M50)	Tonbridge	9:29.5
2	J3	Gavin Kitchingham (M45)	Bromley Veterans	10:03.3
3	H3	Stuart McNally	Dartford B	10:17.0
4	P3	Steve Chivers	Paddock Wood	11:10.6
5	S3	David Lobley (M50)	Sevenoaks	11:22.0

B String				
Pos	Club	Athlete	Club	Perf

1	J4	Simon Horler	Bromley Veterans	61.1
2	T4	Anthony Crush (M40)	Tonbridge	64.3
3	P4	Les Percival (M60)	Paddock Wood	68.3

1	T4	Simon Fraser (M40)	Tonbridge	10:16.6
2	H4	Matt Erwood (M40)	Dartford B	10:20.1
3	J4	Simon Horler	Bromley Veterans	11:07.4

4x400m Relays

1	T3	Tonbridge	Steven Brooks, Richard Christian, Ben Reynolds, Simon Fraser	4:07.7
2	P3	Paddock Wood	Les Percival, Trevor Crysell, Steve Chivers, Mark Woods	4:22.1
3	J3	Bromley Veterans	Gavin Kitchingham, Simon Horler, Philip Greenfield, Tony Unsel	5:00.9
4	S3	Sevenoaks	Duncan Cochrane, Geoffrey Kitchener, David Lobley, Richard Pitcairn-Knowles	6:13.0

M35 Pole Vault

1	J3	Simon Horler	Bromley Veterans	1.90
2	T3	Mark Pitcairn-Knowles (M50)	Tonbridge	1.80

M35 Triple Jump

1	J3	Simon Horler	Bromley Veterans	8.91
2	P3	Trevor Crysell (M45)	Paddock Wood	8.43
3	S3	David Lobley (M50)	Sevenoaks	7.86
4	T3	Richard Christian (M50)	Tonbridge	7.86

M35 Hammer

1	J3	Simon Horler	Bromley Veterans	17.98
2	P3	Les Percival (M60)	Paddock Wood	15.95
3	T3	Steven Brooks (M50)	Tonbridge	10.71

M50 400m

1	P5	Mark Woods (M55)	Paddock Wood	60.2
2	T5	Richard Christian	Tonbridge	61.5
3	J5	Philip Greenfield (M55)	Bromley Veterans	70.4
4	S5	Duncan Cochrane (M55)	Sevenoaks	76.5
5	K5	Peter Watts (M65)	Swanley	80.0

M50 3000m

1	T5	Mark Pitcairn-Knowles	Tonbridge	10:54.2
2	H5	John Gurney (M55)	Dartford B	11:23.5
3	S5	Duncan Cochrane (M55)	Sevenoaks	12:32.9
4	J5	Jonathan Pegg	Bromley Veterans	17:34.0

M50 Pole Vault

1	T5	Peter Ebbage (M55)	Tonbridge	2.80
2	P5	Mark Woods (M55)	Paddock Wood	2.00

M50 Triple Jump

1	T5	Peter Ebbage (M55)	Tonbridge	8.94
2	P5	Mark Woods (M55)	Paddock Wood	8.46
3	J5	Philip Greenfield (M55)	Bromley Veterans	8.18

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 Hammer

1	T5	Peter Ebbage (M55)	Tonbridge	27.41
2	P5	Mark Woods (M55)	Paddock Wood	19.99
3	J5	Philip Greenfield (M55)	Bromley Veterans	19.70
4	S5	David Simpson (M75)	Sevenoaks	6.81

M60 3000m

1	T6	John Harley	Tonbridge	11:24.9
2	P6	Alan Newman	Paddock Wood	11:37.9
3	K6	Peter Watts (M65)	Swanley	14:00.6
4	J6	Tony Unsel (M70)	Bromley Veterans	14:54.4

M60 Hammer

1	P6	Mick Duffin (M75)	Paddock Wood	20.64
2	J6	Tony Unsel (M70)	Bromley Veterans	13.27
3	T6	Maurice Marchant (M65)	Tonbridge	10.78
4	K6	Peter Watts (M65)	Swanley	10.42
5	S6	Richard Pitcairn-Knowles (M80)	Sevenoaks	6.17

Match Details

1	Tonbridge	6	80	1	Tonbridge	29	375
2	Bromley Veterans	5	65	2	Paddock Wood	25	336
3	Paddock Wood	4	58	3	Bromley Veterans	21	294.5
4	Sevenoaks	3	24	4	Sevenoaks	15	184
5	Dartford B	2	14	5	Swanley	9	126.5
6	Swanley	1	9	6	Dartford B	5	49

Mens Non Scoring Results

M35

3000m

Anthony Crush (M40)	Tonbridge AC	11:24.3
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M50

400m

Colin Bates (M50)	Dartford H AC	63.0
Jonathan Pegg (M50)	Bromley Veterans	92.2

3000m

Ian Crawley (M50)	Tonbridge AC	11:26.6
Tim Orr (M50)	Dartford H AC	12:53.8

POLE VAULT

Paul Oaks (M60)	Ashford AC	2.50
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HAMMER

Paris Hunt (M50)	Cambridge H	16.45
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M60

3000m

Peter Hamilton (M65)	Blackheath & Bromley	12:15.0
Ian McCarthy (M60)	Cambridge H	13:01.6
John E Turner (M65)	Blackheath & Bromley	13:19.7
Maurice Marchant (M65)	Tonbridge AC	14:17.1

HAMMER

David Perman (M60)	Paddock Wood	17.93
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Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	J3	Tina Nairn	Bromley Veterans	66.4
2	F3	Carole Penlington (W40)	Blackheath and Bromley	67.3
3	D3	Allison Page (W45)	Dartford	68.8
4	B3	Wendy Masters (W45)	Bexley	70.0
5	C3	Cara Oliver (W40)	Cambridge	78.6

W35 3000m

1	F3	Carole Penlington (W40)	Blackheath and Bromley	10:55.7
2	D3	Hannah Roberts	Dartford	11:29.9
3	C3	Cara Oliver (W40)	Cambridge	12:02.2
4	J3	Tina Nairn	Bromley Veterans	12:14.8
5	B3	Denise Hirst (W50)	Bexley	14:34.4

B String				
Pos	Club	Athlete	Club	Perf

1	D4	Fleur Hardie (W40)	Dartford	71.2
2	F4	Jenny Neal (W45)	Blackheath and Bromley	73.7
3	B4	Sarah Dodds	Bexley	76.1
4	C4	Rose Baker (W50)	Cambridge	80.3

1	D4	Anoushka Johnson (W40)	Dartford	11:49.9
2	F4	Sara Elmquist (W40)	Blackheath and Bromley	12:08.0
3	C4	Lisa Atkinson (W40)	Cambridge	12:19.6
4	B4	Sarah Dodds	Bexley	15:09.9

4x400m Relays

1	F3	Blackheath and Bromley	Jenny Neal, Maureen Miller, Carole Penlington, Sara Elmquist	4:52.6
2	D3	Dartford	Stacy Taylor, Allison Page, Fleur Hardie, Kim Taylor	4:59.6
3	C3	Cambridge	Rose Baker, Xanine Powell, Ros Tabor, Cara Oliver	5:37.7
4	B3	Bexley	Sarah Dodds, Denise Hirst, Wendy Masters, Geraldine Legon	6:03.3

W35 High Jump

1	C3	Xanine Powell	Cambridge	1.20
2	D3	Kim Taylor	Dartford	1.15
3	F3	Jenny Neal (W45)	Blackheath and Bromley	1.10
3	B3	Sarah Dodds	Bexley	1.10

W35 Triple Jump

1	B3	Wendy Masters (W45)	Bexley	8.05
2	J3	Tina Nairn	Bromley Veterans	8.02
3	C3	Xanine Powell	Cambridge	6.52
4	D3	Stacy Taylor	Dartford	6.30

W35 Hammer

1	B3	Sarah Steadman	Bexley	28.20
2	D3	Stacy Taylor	Dartford	21.81
3	C3	Xanine Powell	Cambridge	20.77
4	J3	Tina Nairn	Bromley Veterans	12.96
5	F3	Carole Penlington (W40)	Blackheath and Bromley	ntr

W50 400m

1	F5	Maureen Miller	Blackheath and Bromley	71.9
2	C5	Ros Tabor (W55)	Cambridge	77.1
3	D5	Denise Rose	Dartford	79.3
4	B5	Geraldine Legon (W55)	Bexley	115.6

W50 3000m

1	F5	Clare Elms	Blackheath and Bromley	10:18.8
2	C5	Rose Baker	Cambridge	11:57.6
3	D5	Denise Rose	Dartford	12:52.6
4	B5	Geraldine Legon (W55)	Bexley	15:55.3

W50 High Jump

1	C5	Christine Bond	Cambridge	1.30
2	D5	Teresa Eades (W55)	Dartford	1.28
3	B5	Liz Slater (W55)	Bexley	1.15
4	F5	Maureen Miller	Blackheath and Bromley	1.10

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W50 Triple Jump

1	D5	Teresa Eades (W55)	Dartford	9.07
2	F5	Jackie Montgomery	Blackheath and Bromley	8.22
3	B5	Geraldine Legon (W55)	Bexley	5.55
4	C5	Maria Macdonald (W60)	Cambridge	5.49

W50 Hammer

1	D5	Anne Thacker (W55)	Dartford	25.38
2	F5	Jackie Montgomery	Blackheath and Bromley	19.42
3	B5	Liz Slater (W55)	Bexley	19.27
4	C5	Marlow Hadler (W70)	Cambridge	16.15

W60 3000m

1	C6	Ros Tabor (W65)	Cambridge	12:45.5
2	F6	Helen Godsell	Blackheath and Bromley	15:06.2
3	D6	Sheila Pickett	Dartford	17:43.7

W60 High Jump

1	D6	Christine Clements	Dartford	1.20
2	C6	Maria Macdonald	Cambridge	1.00
3	F6	Helen Godsell	Blackheath and Bromley	0.90

W60 Hammer

1	F6	Barbara Terry (W70)	Blackheath and Bromley	20.74
2	D6	Christine Clements	Dartford	16.28
3	C6	Maria Macdonald	Cambridge	14.39

Match Details

	Mt Pts	Pts
1 Dartford	6	79
2 Blackheath and Bromley	5	70.5
3 Cambrldge	4	68
4 Bexley	3	48.5
5 Bromley Veterans	2	17

Overall Details

	Tot Mt Pts	Tot Pts
1 Dartford	30	374
2 Blackheath and Bromley	23	299.5
3 Cambrldge	18	262
4 Bexley	18	234.5
5 Bromley Veterans	11	155

SCVAC LEAGUE - KENT DIVISIONS - Julie Rose, Ashford 27/06/2016

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	K3	Katarina Summers	Swanley	68.7
2	T3	Sasha Houghton (W40)	Tonbridge	75.3

W35 3000m

1	T3	Sasha Houghton (W40)	Tonbridge	11:57.8
2	K3	Katarina Summers	Swanley	12:43.5
3	A3	Jane Wheeler (W45)	Ashford	15:15.8

4x400m Relays

1	T3	Tonbridge	Emma Avis, Diane Wright, Sasha Houghton, Lucy Pitcairn-Knowles	5:14.8
2	K3	Swanley	Katarina Summers, Sarah Luckman, Victoria Ingamells, Melanie Aflatt	5:56.0

W35 High Jump

1	K3	Anna Willard (W40)	Swanley	1.20
2	T3	Sasha Houghton (W40)	Tonbridge	1.15

W35 Triple Jump

1	T3	Nina Ridge (W40)	Tonbridge	6.88
2	K3	Victoria Ingamells (W40)	Swanley	5.40

W35 Hammer

1	T3	Nina Ridge (W40)	Tonbridge	14.20
2	K3	Anna Willard (W40)	Swanley	13.73

W50 400m

1	T5	Lucy Pitcairn-Knowles	Tonbridge	78.4
2	P5	Sharon Hawkins	Paddock Wood	82.1
3	K5	Melanie Aflatt	Swanley	101.5

W50 3000m

1	T5	Lucy Pitcairn-Knowles	Tonbridge	12:17.3
2	P5	Sharon Hawkins	Paddock Wood	12:46.7

W50 High Jump

1	T5	Lucy Pitcairn-Knowles	Tonbridge	1.00
2	K5	Helena Orrom (W55)	Swanley	0.90

W50 Triple Jump

1	A5	Patricia Oakes (W70)	Ashford	6.22
2	T5	Lucy Pitcairn-Knowles	Tonbridge	4.78
3	K5	Melanie Aflatt	Swanley	4.65
4	P5	Sue James (W65)	Paddock Wood	4.64

W50 Hammer

1	T5	Diane Bradley	Tonbridge	20.33
2	K5	Helena Orrom (W55)	Swanley	12.04
3	P5	Sharon Hawkins	Paddock Wood	10.27

W60 3000m

1	P6	Sue James (W65)	Paddock Wood	14:56.1
2	T6	Nicola Buckwell	Tonbridge	16:13.9
3	K6	Zena Harper	Swanley	16:57.7

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Diane Wright (W45)	Tonbridge	82.0
2	K4	Sarah Luckman (W45)	Swanley	90.8

1	K4	Sarah Luckman (W45)	Swanley	15:07.5
	T4	Emma Avis (W45)	Tonbridge	disq

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Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W60 High Jump

1	A6	Patricia Oakes (W70)	Ashford	1.00
2	T6	Nicola Buckwell	Tonbridge	0.90

W60 Hammer

1	T6	Nicola Buckwell	Tonbridge	17.67
2	A6	Patricia Oakes (W70)	Ashford	14.36
3	P6	Sue James (W65)	Paddock Wood	12.14
4	K6	Zena Harper	Swanley	6.15

Match Details

	Mt Pts	Pts
1 Tonbridge	6	85
2 Swanley	5	68
3 Paddock Wood	4	27
4 Ashford	3	21

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	26	295
2 Swanley	26	289
3 Paddock Wood	23	207
4 Ashford	15	75

Womens Non Scoring Results

W50

400m

Fiona Argent (W60)	Tonbridge AC	88.6
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HAMMER

Geraldine Legon (W55)	Bexley AC	16.98
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Sarah Dodds (W35)	Bexley AC	18.05
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