

BMAF XC Championships

Saturday 12th March

12noon Women and M65+	6km
1pm Men 35-64	8km

Somerhill School
Tonbridge, Kent.
TN11 0NJ

Car Parking

Wet Conditions

We will be limited to 150 spaces within the school. Please Car Share where possible. Please keep the car parking location map handy as if the school is full ,we will direct you round the one way system and out to one of the other places. Please don't park on the grass unless indicated to by a car parking marshall.

I have attached a map showing areas to park close to the school, all within 1 mile walk. There will be a volunteer at the Bishop Chavasse Primary school from 9.45am to 11.30am to open the gates. Please use this as your first location if you arrive at this time. When you leave the gates will open automatically on a sensor.

At Somerhill School, Please arrive at the main school entrance on Tudeley Road, there is a one way system through the school. As there are two other events taking place in the morning please put your hazard lights on so the car parking marshalls can identify that you are for the XC event. Follow their instructions and park tightly. To leave you continue through the school following the one way system to an automatic gate. If our allocation is full you will need to continue through the 1 way system to one of the other locations.

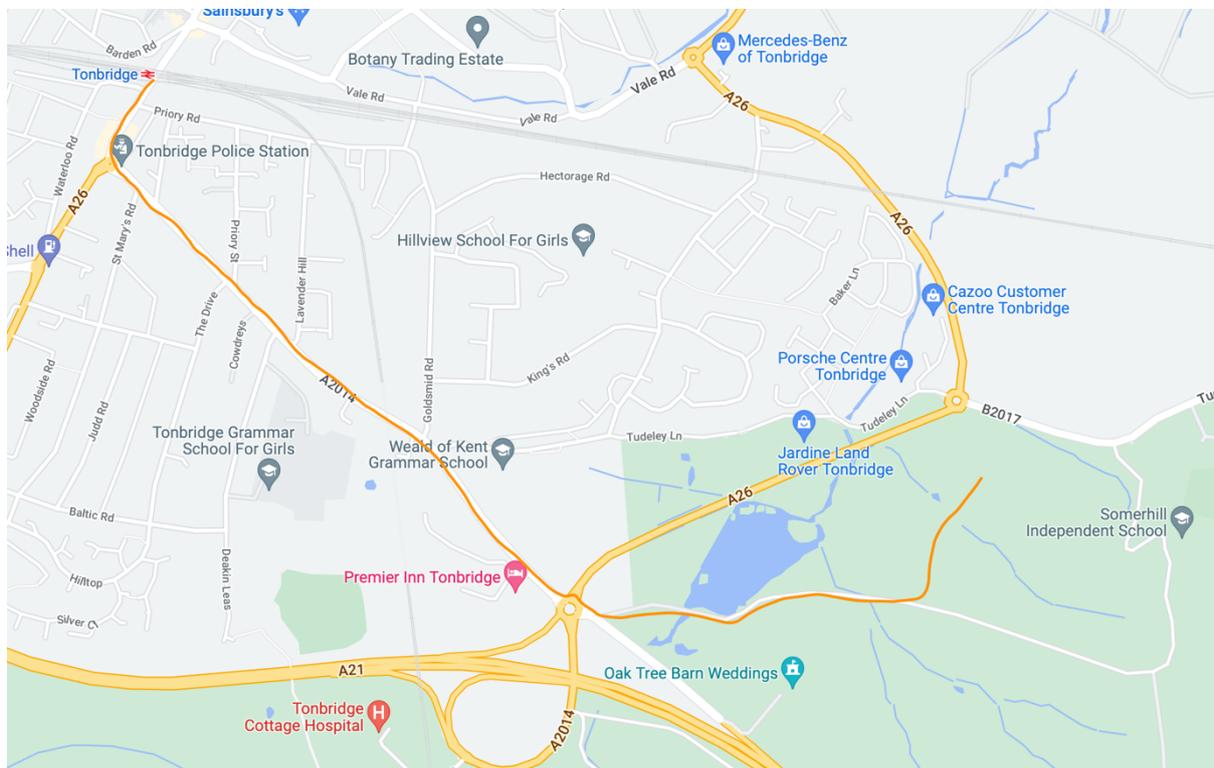
Please can those that are more local park outside Somerhill school. Then walk into Somerhill School using the school entrance by the Vauxhall Roundabout at the A21 end. DO NOT TRY TO WALK UP TUDELEY ROAD, IT IS VERY DANGEROUS FOR PEDESTRIANS. THERE IS NO WAY INTO THE SCHOOL THROUGH THE SOLID FENCE.

It is no more than a mile (max) from any of the car parking locations indicated on the map.



Train

There is a regular service to Tonbridge from London Charing Cross / Waterloo/ London Bridge. Also from Reigate, from the South East of Kent and from the South Coast of Sussex. The map below shows the best walking route from the station and will take about 20 minutes. A taxi will take 4-5 minutes to the main school entrance.



Number / Chip Collection from 10.30am

There will be a collection desk within the tented area for your Number Bib, Age Group number and shoe chip. Please ensure that you have your Number Bib on the front of your vest and the chip attached to your laces (these will be removed at the finish). Please also attach your age number on your back.

Medals /Teams

There will be medals for the top 3 individual finishers in each 5 year age group.

Teams 35-44, 45-54, 55-64 and 65-74

Scores based on total time for first 3 finishers of each club team

There needs to be more than one team in an age group for medals to be awarded.

If a club does not have enough athletes in an age group they can register for an athlete to run down an age group, not later than 30 minutes before the race (this will not effect their individual age group)

Toilets

There will be portaloos on site

Changing / Baggage

This will depend on the weather. We may be able to allocate space under cover for a bag drop at your own risk. Also a small tent each for Male and female changing.

Prizegiving

The top 3 in each age group will receive awards asap following the finish of the Mens race. Team medals will follow this.

Results will be on <https://www.sportingeventsuk.com/race-results>
Opentrack and BMAF site during the week.

Course

The course is roughly 1/3rd flat, 1/3rd Uphill and 1/3rd downhill. There is one particular challenging 50m uphill section.

