

Race 2**3000m**

No	Name	Club	Time	A/B	Pts
1	N3 Nichola Evans	Tonbridge B	ntr		
2	T5 Tina Oldershaw	Tonbridge	ntr		
3	D5 Lynne Champion	Dartford	ntr		
4	M4 Bernadette Harrop (W45)	Medway and Maidstone	ntr		
5	B3 Beata Kubala-Todd	Bexley	ntr		
6	M5 Mo Fazakerley (W55)	Medway and Maidstone	ntr		
7	C5 Christine Bond (W55)	Cambridge	ntr		
8	N4 Grazia Manzotti	Tonbridge B	ntr		
9	M3 Rachael Stewart (W40)	Medway and Maidstone	ntr		
10	F5 Zoe Kingsmell (W55)	Blackheath and Bromley	ntr		
11	J5 Antoinette Whitfield (W55)	Bromley Veterans	ntr		
12	J3 Anne Unsel (W70)	Bromley Veterans	ntr		
13	N4 Grazia Manzotti	Tonbridge B	ntr		
14	B4 Sue Lawrence	Bexley	ntr		
15	B5 Geraldine Legon (W60)	Bexley	ntr		
16	S5 Sylvia Lewis (W65)	Sevenoaks	ntr		
17	K5 Jacqueline Boddy	Swanley	ntr		

Race 3**3000m**

No	Name	Club	Time	A/B	Pts
1	F3 Gareth Evans (M40)	Blackheath and Bromley	9:53.3		
2	H3 Chris Biddle	Dartford B	9:58.9		
3	T5 Andrew Howey (M55)	Tonbridge	9:59.7		
4	116 Justin Lane (M40)	Medway & Maidstone AC	10:01.7		
5	P3 Wayne Balmer (M40)	Paddock Wood	10:02.4		
6	D5 Mark Champion	Dartford	10:30.3		
7	P4 Robert Everitt (M45)	Paddock Wood	10:34.3		
8	P5 Steve Wright	Paddock Wood	10:45.5		
9	H5 David Hall	Dartford B	10:48.2		
10	F5 Roger Beswick (M55)	Blackheath and Bromley	10:56.7		
11	108 Mark Pitcairn-Knowles (M50)	Tonbridge AC	10:57.5		
12	F4 Steve Hough (M45)	Blackheath and Bromley	11:03.5		
13	S3 Daniel Witt (M40)	Sevenoaks	11:07.5		
14	M5 Gareth Williams	Medway and Maidstone	11:10.3		
15	S5 Zachary Ramsden	Sevenoaks	11:12.0		
16	H4 Paul Dawes (M45)	Dartford B	11:12.6		
17	K3 Paul Webster (M45)	Swanley	11:15.9		
18	109 Alan Buckle (M50)	Tonbridge AC	11:18.3		
19	C5 Mark Ashby (M55)	Cambridge	11:29.4		
20	X4 Luke Speller (M40)	Bexley B	11:35.0		
21	106 Jerry Carnell (M60)	Cambridge H	11:39.7		
22	110 Robert Fursey (M50)	Medway & Maidstone AC	11:48.2		
23	S4 Graham Dwyer (M45)	Sevenoaks	11:52.9		
24	117 Antony Fullbrook (M50)	Tonbridge AC	12:00.9		
25	A5 Kevin Williams (M55)	Ashford	12:26.2		
26	X3 Santos Diana (M45)	Bexley B	12:32.5		
27	J5 Ray Chapman (M60)	Bromley Veterans	12:42.9		
28	118 Andrew Rackham (M45)	Sevenoaks AC	12:44.0		
29	B5 Kemal Gediz (M55)	Bexley	12:54.5		
30	A3 Peter Le Rossignol	Ashford	12:58.8		
31	X5 Andy Whitnell	Bexley B	13:08.1		
32	K5 Andy Dunmall	Swanley	13:10.9		