

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	T3	Steven Tester	Tonbridge	52.8
2	M3	Andrejs Safars	Medway and Maidstone	54.3
3	D3	Stuart McNally (M40)	Dartford	56.1
4	B3	Daniel Stevens (M40)	Bexley	56.8
5	J3	Simon Horler	Bromley Veterans	61.1
6	C3	Michael Pape (M45)	Cambridge	72.6

M35 3000m

1	T3	Ben Reynolds (M55)	Tonbridge	9:36.1
2	M3	Jack Crossley	Medway and Maidstone	9:40.3
3	D3	Jon Kennedy	Dartford	9:57.4
4	C3	Matthew Preston (M45)	Cambridge	10:03.3
5	B3	Martin Smith (M40)	Bexley	10:04.3
6	J3	Tim Sowter (M50)	Bromley Veterans	10:57.4

M35 Pole Vault

1	M3	Andrejs Safars	Medway and Maidstone	2.30
2	D3	Richard Nash (M40)	Dartford	2.20
3	T3	Ian Crawley (M55)	Tonbridge	2.20
4	J3	Simon Horler	Bromley Veterans	2.00
	B3	Philip Hawkins (M45)	Bexley	nhr

M35 Triple Jump

1	B3	Martin Lloyd	Bexley	11.28
2	T3	Steven Tester	Tonbridge	10.41
3	M3	Andrejs Safars	Medway and Maidstone	10.33
4	D3	Richard Nash (M40)	Dartford	9.86
5	J3	Simon Horler	Bromley Veterans	9.10
6	C3	Paris Hunt (M55)	Cambridge	8.51

M35 Javelin

1	D3	Richard Nash (M40)	Dartford	40.62
2	T3	Mark White (M45)	Tonbridge	33.16
3	J3	Simon Horler (M35)	Bromley Veterans	27.45
4	M3	Martyn Corbishley (M55)	Medway and Maidstone	27.17
5	B3	Kevin Still (M45)	Bexley	22.23
6	C3	Peter Wishart (M55)	Cambridge	20.63

M50 400m

1	C5	Wole Odele	Cambridge	57.7
2	T5	Ian Crawley (M55)	Tonbridge	60.1
3	B5	Kemal Gediz (M55)	Bexley	63.7
4	J5	Tim Sowter	Bromley Veterans	63.9
5	M5	Marco Ronchetti	Medway and Maidstone	66.2
6	D5	Terrance Gibbs (M55)	Dartford	67.6

M50 3000m

1	T5	Andrew Howey (M55)	Tonbridge	9:59.7
2	D5	Mark Champion	Dartford	10:30.3
3	C5	Mark Ashby (M55)	Cambridge	11:29.4
4	J5	Ray Chapman (M60)	Bromley Veterans	12:42.9
5	B5	Kemal Gediz (M55)	Bexley	12:54.5

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Mark Mcallister (M45)	Tonbridge	59.3
2	D4	Reuben Burford (M45)	Dartford	60.1
3	M4	John Foster (M45)	Medway and Maidstone	66.3
4	J4	Simon Powell (M50)	Bromley Veterans	75.3
5	C4	Ian McCarthy (M60)	Cambridge	75.4

1	M4	Neill Wright (M40)	Medway and Maidstone	9:51.3
2	C4	Dom Fiore (M45)	Cambridge	10:22.4
3	B4	Jon Fish (M40)	Bexley	10:30.1
4	T4	Adam Roeder	Tonbridge	10:40.1
5	D4	Terry Hawkey	Dartford	10:52.0
6	J4	Simon Powell (M50)	Bromley Veterans	14:01.1

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 Pole Vault

1	T5	Peter Ebbage (M60)	Tonbridge	2.20
2	D5	Gary Capon (M55)	Dartford	2.00
3	B5	Andrew Rushbrook (M55)	Bexley	1.90
4	C5	Paris Hunt (M55)	Cambridge	1.80
5	M5	Martyn Corbishley (M55)	Medway and Maidstone	1.70

M50 Triple Jump

1	C5	Wole Odele	Cambridge	9.91
2	T5	Ian Crawley (M55)	Tonbridge	9.19
3	M5	Marco Ronchetti	Medway and Maidstone	8.94
4	B5	Andrew Rushbrook (M55)	Bexley	8.78
5	J5	Philip Greenfield (M55)	Bromley Veterans	8.25
6	D5	Gary Capon (M55)	Dartford	6.84

M50 Javelin

1	D5	John Fenton (M60)	Dartford	40.62
2	C5	Paris Hunt (M55)	Cambridge	32.81
3	T5	Ian Crawley (M55)	Tonbridge	26.47
4	B5	Andrew Rushbrook (M55)	Bexley	26.45
5	M5	Marco Ronchetti (M50)	Medway and Maidstone	21.04
6	J5	Simon Powell (M50)	Bromley Veterans	16.97

M60 400m

1	J6	Ray Chapman	Bromley Veterans	67.8
2	C6	Timothy Carter (M65)	Cambridge	68.0
3	T6	Brian Buckwell (M65)	Tonbridge	69.4
4	B6	Nick Winfield	Bexley	71.2
5	M6	Rob Sibley (M65)	Medway and Maidstone	82.9
6	D6	Stephen Roberts (M65)	Dartford	91.5

M60 Triple Jump

1	M6	Rob Sibley (M65)	Medway and Maidstone	8.62
2	T6	Peter Ebbage	Tonbridge	8.30
3	B6	Nick Winfield	Bexley	6.56
4	C6	Timothy Carter (M65)	Cambridge	6.30
5	D6	Timothy Orr	Dartford	6.17
6	J6	Tony Unseld (M70)	Bromley Veterans	6.15

Match Details

	Mt Pts	Pts
1 Tonbridge	6	70
2 Medway and Maidstone	5	51
3 Dartford	4	50
4 Cambridge	3	45
5 Bexley	2	40
6 Bromley Veterans	1	32

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	6	70
2 Medway and Maidstone	5	51
3 Dartford	4	50
4 Cambridge	3	45
5 Bexley	2	40
6 Bromley Veterans	1	32

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	A3	Peter Davey (M45)	Ashford	57.0
2	K3	Steve Jones (M40)	Swanley	59.2
3	F3	Daniel Marks	Blackheath and Bromley	60.7
4	S3	Graham Dwyer (M45)	Sevenoaks	63.7
5	P3	Trevor Simms (M50)	Paddock Wood	64.5
6	X3	Luke Speller (M40)	Bexley B	67.5
7	H3	Paul Dawes (M45)	Dartford B	71.1

M35 3000m

1	F3	Gareth Evans (M40)	Blackheath and Bromley	9:53.3
2	H3	Chris Biddle	Dartford B	9:58.9
3	P3	Wayne Balmer (M40)	Paddock Wood	10:02.4
4	S3	Daniel Witt (M40)	Sevenoaks	11:07.5
5	K3	Paul Webster (M45)	Swanley	11:15.9
6	X4	Luke Speller (M40)	Bexley B	11:35.0
7	A3	Peter Le Rossignol	Ashford	12:58.8

M35 Pole Vault

1	A3	Peter Le Rossignol	Ashford	2.00
2	F3	Reynaldo Guevara (M40)	Blackheath and Bromley	1.20

M35 Triple Jump

1	A3	Stephen Lake (M45)	Ashford	10.21
2	K3	Steve Jones (M40)	Swanley	8.70
3	F3	Simon Parish (M45)	Blackheath and Bromley	8.69
4	S3	Graham Dwyer (M45)	Sevenoaks	8.61
5	X3	Tan Troung (M45)	Bexley B	5.91

M35 Javelin

1	P3	Wayne Balmer (M40)	Paddock Wood	40.34
2	A3	Stephen Langford (M60)	Ashford	20.60
3	K3	Nigel Goddard (M55)	Swanley	13.93
4	F3	Gareth Evans (M40)	Blackheath and Bromley	13.36
5	S3	Duncan Cochrane (M60)	Sevenoaks	11.85

M50 400m

1	H5	Colin Bates (M55)	Dartford B	62.9
2	P5	Trevor Crysell	Paddock Wood	65.1
3	S5	Zachary Ramsden	Sevenoaks	67.8
4	F5	Roger Beswick (M55)	Blackheath and Bromley	70.8
5	A5	Wayne Howe (M60)	Ashford	82.1
6	X5	David Olszowka (M55)	Bexley B	85.7
7	K5	Nigel Goddard (M55)	Swanley	87.2

M50 3000m

1	P5	Steve Wright	Paddock Wood	10:45.5
2	H5	David Hall	Dartford B	10:48.2
3	F5	Roger Beswick (M55)	Blackheath and Bromley	10:56.7
4	A5	Kevin Williams (M55)	Ashford	11:10.3
5	S5	Zachary Ramsden	Sevenoaks	11:12.0
6	X5	Andy Whitnell	Bexley B	13:08.1
7	K5	Andy Dunmall	Swanley	13:10.9

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Simon Parish (M45)	Blackheath and Bromley	60.5
2	A4	Stephen Lake (M45)	Ashford	64.7
3	K4	Paul Webster (M45)	Swanley	67.6
4	P4	John Tilston (M40)	Paddock Wood	68.4
5	H4	Nicholas Varley (M50)	Dartford B	75.1
6	X4	Tan Troung (M45)	Bexley B	76.0
7	S4	Jim Knight	Sevenoaks	97.4

1	P4	Robert Everitt (M45)	Paddock Wood	10:34.3
2	F4	Steve Hough (M45)	Blackheath and Bromley	11:03.5
3	H4	Paul Dawes (M45)	Dartford B	11:12.6
4	S4	Graham Dwyer (M45)	Sevenoaks	11:52.9
5	X3	Santos Diana (M45)	Bexley B	11:32.5

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Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 Pole Vault

1	A5	Mick Goodall (M65)	Ashford	2.00
2	P5	Mark Woods (M55)	Paddock Wood	1.80
3	F5	Alan Hardy (M60)	Blackheath and Bromley	1.60

M50 Triple Jump

1	A5	Wayne Howe (M60)	Ashford	9.01
2	P5	Trevor Crysell	Paddock Wood	8.99
3	F5	Roger Beswick (M55)	Blackheath and Bromley	5.88
4	X5	David Olszowka (M55)	Bexley B	5.70

M50 Javelin

1	F5	Stephen Langdon (M60)	Blackheath and Bromley	34.09
2	A5	Wayne Howe (M60)	Ashford	31.90
3	H5	Colin Bates (M55)	Dartford B	23.76
4	P5	Trevor Crysell (M50)	Paddock Wood	21.39
5	K5	Robert Myers (M50)	Swanley	17.30
6	S5	David Simpson (M75)	Sevenoaks	13.52
7	X5	Andy Whitnell (M50)	Bexley B	7.06

M60 400m

1	A6	Stephen Langford	Ashford	70.5
2	P6	Les Percival (M65)	Paddock Wood	70.6
3	F6	Robert Brown (M65)	Blackheath and Bromley	71.5
4	S6	Duncan Cochrane	Sevenoaks	79.2
5	X6	Barry Leaf	Bexley B	86.0
6	K6	Kevin Ladley	Swanley	95.4

M60 Triple Jump

1	A6	Stephen Langford	Ashford	9.59
2	P6	Les Percival (M65)	Paddock Wood	6.56
3	F6	Robert Brown (M65)	Blackheath and Bromley	6.23
4	K6	Kevin Ladley	Swanley	njr
4	X6	Barry Leaf	Bexley B	njr

Match Details

1	Blackheath and Bromley	7	76
2	Ashford	6	75
3	Paddock Wood	5	67
4	Sevenoaks	4	34
5	Dartford B	3	33
6	Swanley	2	32
7	Bexley B	1	24

1	Blackheath and Bromley	7	76
2	Ashford	6	75
3	Paddock Wood	5	67
4	Sevenoaks	4	34
5	Dartford B	3	33
6	Swanley	2	32
7	Bexley B	1	24

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

Men - Division 2

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

Mens Non Scoring Results

M35

3000m

David Reader (M45)	Cambridge H	10:14.1
Ian Firla (M45)	Blackheath & Bromley	10:20.3
James Beeston (M45)	Tonbridge AC	10:42.5
Darren Corneille (M35)	Blackheath & Bromley	10:55.0

M50

400m

Phil Greenfield (M55)	Bromley Veterans	72.9
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3000m

Justin Lane (M40)	Medway & Maidstone AC	10:01.7
Mark Pitcairn-Knowles (M50)	Tonbridge AC	10:57.5
Jerry Carnell (M60)	Cambridge H	11:39.7
Robert Fursey (M50)	Medway & Maidstone AC	11:48.2
Antony Fullbrook (M50)	Tonbridge AC	12:00.9
Andrew Rackham (M45)	Sevenoaks AC	12:44.0

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	D3	Kirstie Taylor (W40)	Dartford	68.8
2	F3	Carole Coulon (W40)	Blackheath and Bromley	69.0
3	T3	Lisa Knight (W45)	Tonbridge	70.5
4	C3	Susan Dixon (W50)	Cambridge	71.3
5	K3	Anna Willard (W45)	Swanley	86.8

W35 3000m

1	F3	Carole Coulon (W40)	Blackheath and Bromley	11:07.1
2	D3	Hannah Roberts	Dartford	11:08.5
3	T3	Claire Day	Tonbridge	11:10.4
4	C3	Susan Dixon (W50)	Cambridge	12:51.4
5	K3	Anna Willard (W45)	Swanley	15:15.0

W35 Triple Jump

1	D3	Helen Nyberg-Mitroi (W40)	Dartford	8.24
2	T3	Nina Ridge (W45)	Tonbridge	8.18
3	P3	Elizabeth Duffin	Paddock Wood	6.27
4	K3	Victoria Ingamells (W45)	Swanley	5.49
5	F3	Anne Cilia (W60)	Blackheath and Bromley	5.48

W35 Javelin

1	P3	Elizabeth Duffin (W35)	Paddock Wood	20.77
2	D3	Kirstie Taylor (W40)	Dartford	19.05
3	T3	Elise Rendall (W40)	Tonbridge	18.22
4	K3	Anna Willard (W45)	Swanley	10.61
5	C3	Jennifer Agyepong (W50)	Cambridge	9.69
6	F3	Carole Coulon (W40)	Blackheath and Bromley	9.05

W50 400m

1	F5	Helen Godsell (W65)	Blackheath and Bromley	73.0
2	C5	Christine Bond (W55)	Cambridge	79.9
3	D5	Denise Rose (W55)	Dartford	82.9
4	T5	Helen Bond	Tonbridge	85.3
5	K5	Jacqueline Boddy	Swanley	130.9

W50 3000m

	T5	Tina Oldershaw	Tonbridge	ntr
	C5	Christine Bond (W55)	Cambridge	ntr
	F5	Zoe Kingsmell (W55)	Blackheath and Bromley	ntr
	K5	Jacqueline Boddy	Swanley	ntr

W50 Triple Jump

1	F5	Jacqueline Montgomery	Blackheath and Bromley	7.30
2	P5	Teresa Hinton (W55)	Paddock Wood	6.23
3	T5	Helen Bond	Tonbridge	6.12
4	K5	Helena Orrom (W55)	Swanley	njr

W50 Javelin

1	C5	Christine Bond (W55)	Cambridge	14.59
2	P5	Teresa Hinton (W55)	Paddock Wood	13.98
3	T5	Julie Thomson (W55)	Tonbridge	11.07
4	F5	Jacqueline Montgomery	Blackheath and Bromley	9.07
5	K5	Helena Orrom (W55)	Swanley	8.14

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Nina Ridge (W45)	Tonbridge	69.9
2	D4	Helen Nyberg-Mitroi (W40)	Dartford	71.9
3	C4	Lisa Atkinson (W45)	Cambridge	76.1
4	F4	Sarah Belaon	Blackheath and Bromley	78.5

1	T4	Sasha Humphries (W45)	Tonbridge	11:35.3
2	F4	Jennie Butler (W45)	Blackheath and Bromley	11:55.0
3	D4	Stephanie Wood (W50)	Dartford	13:10.1
4	C4	Sally Carr (W45)	Cambridge	13:59.2

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Women - Division 1

A String			
Pos	Club	Athlete	Perf

6	D5	Denise Rose (W55)	Dartford	7.00
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B String			
Pos	Club	Athlete	Perf

W60 400m

1	T6	Nicola Buckwell	Tonbridge	81.2
2	C6	Maria MacDonald (W65)	Cambridge	108.4
3	F6	Maz Turner (W65)	Blackheath and Bromley	119.4

W60 Triple Jump

1	F6	Helen Godsell (W65)	Blackheath and Bromley	6.39
2	T6	Nicola Buckwell	Tonbridge	6.28

W60 Javelin

1	D6	Anne Thacker (W60)	Dartford	17.97
2	T6	Nicola Buckwell (W60)	Tonbridge	14.02
3	F6	Anne Cilia (W60)	Blackheath and Bromley	10.97
4	P6	Janet Duffin (W75)	Paddock Wood	6.13
5	C6	Maria MacDonald (W65)	Cambridge	5.92

Match Details

	Mt Pts	Pts
1 Tonbridge	6	56
2 Blackheath and Bromley A	5	51
3 Dartford	4	42
4 Cambridge	3	33
5 Paddock Wood	2	23
6 Swanley	1	14

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	6	56
2 Blackheath and Bromley A	5	51
3 Dartford	4	42
4 Cambridge	3	33
5 Paddock Wood	2	23
6 Swanley	1	14