

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### M35 & M45 - Men over 35 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Andrew Peat	Birchfld35 A	15:48	22	Richard Keep	Bournvil35 A	17:35
2	Daniel Robinson	BRAT 35 A	15:55	23	Mark Mckeown	Colchest35	17:39
3	Martin Williams	TiptonHa35 A	16:01	24	Mathew Holt	SalfordH35 B	17:43
4	Lee Fedden	Dulwich 35	16:16	25	A Tsolakis	BRAT 35 B	17:44
5	Oliver Harradence	RoyalSut35	16:23	26	Robert Cassy	Sheffld 35	17:47
6	James Samson	Datchet 35	16:28	27	Dan Ellis	MansfldH35	18:08
7	Oli Beale	Westbury35	16:29	28	Andrew Norton	SteelCit35	18:14
8	Mark Powell	Leiceste35	16:39	29	James Walters	Gloucest35	18:18
9	Ian Wood	Marshall35 A	16:43	30	Phillip Clamp	TiptonHa35 B	18:44
10	Adam Osborne	LeedsCit35	16:53	31	Paul Thacker	Cannock 35	18:59
11	Nick Baker	NorthDer35	16:55	32	Gordon Walker	Aldridge35	19:09
12	Alfred Waitthaka	Havering35	17:11	33	Paul Blakemore	WiganPho35	19:18
13	Gavin Tomlinson	Trafford35	17:12	34	Steve Withers	Marshall35 B	19:20
14	Tony Taylor	SalfordH35 A	17:15	35	Nick Burnside	SuttonIn35	19:28
15	Andrew Drake	Bristol 35	17:18	36	Russell Parkin	DerbyAC 35	19:46
16	Christian Evans	TelfordA35	17:25	37	Dave Mccarthy	Birchfld35 B	20:52
17	Philip Hoole	Rotherha35	17:25	38	Xenofon Gogouvis	Bournvil35 B	21:09
18	Peter Badger	Doncast 35	17:29	39	Sean Cordell	SalfordH35 C	22:29
19	Adam Cross	Halesowe35	17:30	40	Paul Samuels	Bournvil35 C	25:24
20	Matt Hibberd	Southamp35	17:33	41	Sandeep Dhani	BRAT 35 C	25:58
21	Rob Cartwright	Wolverha35	17:34				

### M35 & M45 - Men over 35 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Karl Welborn	BRAT 35 A	16:31	32:26	+ 1	26	Tim Kelly	Cannock 35	17:48	36:47	+ 5
2	Gary Whitehouse	TiptonHa35 A	17:07	33:08	+ 1	27	David Norman	Wolverha35	19:28	37:02	- 6
3	Michael Burrett	LeedsCit35	16:23	33:16	+ 7	28	Stuart Little	Sheffld 35	19:33	37:20	- 2
4	Ludovic Renou	Leiceste35	16:55	33:34	+ 4	29	Jason Tilley	Gloucest35	19:16	37:34	0
5	David Lee	Datchet 35	17:11	33:39	+ 1	30	Martin Fickling	MansfldH35	19:41	37:49	- 3
6	Martin Dawson	NorthDer35	17:02	33:57	+ 5	31	Mark Shaw	Aldridge35	19:22	38:31	+ 1
7	Alex Parker	Birchfld35 A	18:35	34:23	- 6	32	Andrew Kirschner	Marshall35 B	19:15	38:35	+ 2
8	Andrew Cooke	Bristol 35	17:14	34:32	+ 7	33	Stuart Whitehouse	TiptonHa35 B	20:42	39:26	- 3
9	John Lloyd	SalfordH35 A	17:29	34:44	+ 5	34	James Simpson	SuttonIn35	20:36	40:04	+ 1
10	Matthew Clarke	Marshall35 A	18:03	34:46	- 1	35	Danny Orrell	WiganPho35	21:18	40:36	- 2
11	Barry Lloyd	RoyalSut35	18:30	34:53	- 6	36	Stephen Mccann	Birchfld35 B	21:57	42:49	+ 1
12	Chris Palmer	Westbury35	18:28	34:57	- 5	37	Jon Seadon	Bournvil35 B	26:40	47:49	+ 1
13	Daniel Hayes	Trafford35	17:48	35:00	0	38	Richard Carney	BRAT 35 C	28:26	54:24	+ 3
14	Abayomi Adedimeji	BRAT 35 B	17:29	35:13	+ 11	39	Barrie Roberts	Bournvil35 C	29:11	54:35	+ 1
15	Steve Rand	Havering35	18:07	35:18	- 3						
16	Chris Griffiths	Rotherha35	17:54	35:19	+ 1	<b>Fastest runners over stage 2:</b>					
17	Paul O'brien	TelfordA35	17:55	35:20	- 1	1	Michael Burrett	LeedsCit35	16:23		
18	D Mcgillivray	Colchest35	17:41	35:20	+ 5	2	Karl Welborn	BRAT 35 A	16:31		
19	James Burrows	Dulwich 35	19:10	35:26	- 15	3	Ludovic Renou	Leiceste35	16:55		
20	Roger Mallard	Halesowe35	18:04	35:34	- 1	4	Martin Dawson	NorthDer35	17:02		
21	Pete Tallents	Doncast 35	18:14	35:43	- 3	5	Gary Whitehouse	TiptonHa35 A	17:07		
22	James Rose	SteelCit35	17:48	36:02	+ 6	6	David Lee	Datchet 35	17:11		
23	Garry Bell	Southamp35	18:43	36:16	- 3	7	Andrew Cooke	Bristol 35	17:14		
24	Richard Brook	SalfordH35 B	18:34	36:17	0	8	Abayomi Adedimeji	BRAT 35 B	17:29		
25	Paul Coughlan	Bournvil35 A	18:51	36:26	- 3	9	John Lloyd	SalfordH35 A	17:29		
						10	D Mcgillivray	Colchest35	17:41		

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M35 & M45 - Men over 35 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Ben Gamble	TiptonHa35 A	16:28	49:36	+ 1
2	Johnny Cullen	BRAT 35 A	17:28	49:54	- 1
3	Liam O'Brien	LeedsCit35	17:05	50:21	0
4	Stuart Robinson	SalfordH35 A	16:25	51:09	+ 5
5	James Connor	Havering35	15:53	51:11	+ 10
6	Jeff Prest	Trafford35	16:41	51:41	+ 7
7	Gareth Deacon	Leiceste35	18:24	51:58	- 3
8	Paul Woolley	Datchet 35	18:26	52:05	- 3
9	Tim Clayton	NorthDer35	18:35	52:32	- 3
10	Steve Dunsby	BRAT 35 B	17:30	52:43	+ 4
11	Matt Biggs	Birchfld35 A	18:30	52:53	- 4
12	Neil Turney	Bristol 35	18:29	53:01	- 4
13	C Finister	Marshall35 A	18:19	53:05	- 3
14	Damian Worsdall	Rotherha35	17:51	53:10	+ 2
15	Chris Bagshaw	TelfordA35	18:02	53:22	+ 2
16	Chris Taylor	RoyalSut35	18:41	53:34	- 5
17	Simon Wright	Doncast 35	18:07	53:50	+ 4
18	Andrew Lovelock	Colchest35	18:54	54:14	0
19	Andy Yapp	Halesowe35	18:48	54:22	+ 1
20	Thomas King	SteelCit35	18:21	54:23	+ 2
21	Stuart Hicks	Southamp35	18:19	54:35	+ 2
22	Tim Clothier	Westbury35	19:41	54:38	- 10
23	Owen Parry	Gloucest35	17:31	55:05	+ 6
24	Craig Pearson	Cannock 35	18:23	55:10	+ 2
25	Ross Rook	Dulwich 35	19:46	55:12	- 6
26	Paul Birkett	SalfordH35 B	19:23	55:40	- 2
27	Dave Smith	Wolverha35	18:53	55:55	0
28	John Mckee	Bourmvil35 A	19:52	56:18	- 3
29	Kelly Dorset	Sheffld 35	20:21	57:41	- 1
30	Andy Ward	WiganPho35	17:36	58:12	+ 5
31	Matthew Bradbury	MansfldH35	20:43	58:32	- 1
32	Dean Hill	TiptonHa35 B	19:07	58:33	+ 1
33	Steve Blakemore	Aldridge35	20:29	59:00	- 2
34	Dean Cross	SuttonIn35	19:22	59:26	0
35	Windel Simpson	Birchfld35 B	22:00	1:04:49	+ 1
36	James Evans	Bourmvil35 B	22:08	1:09:57	+ 1
37	Martin Cleaver	BRAT 35 C	21:49	1:16:13	+ 1
38	Ian Edgington	Bourmvil35 C	29:58	1:24:33	+ 1

### Fastest runners over stage 3:

1	James Connor	Havering35	15:53
2	Stuart Robinson	SalfordH35 A	16:25
3	Ben Gamble	TiptonHa35 A	16:28
4	Jeff Prest	Trafford35	16:41
5	Liam O'Brien	LeedsCit35	17:05
6	Johnny Cullen	BRAT 35 A	17:28
7	Steve Dunsby	BRAT 35 B	17:30
8	Owen Parry	Gloucest35	17:31
9	Andy Ward	WiganPho35	17:36
10	Damian Worsdall	Rotherha35	17:51

## M35 & M45 - Men over 35 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Richard White	TiptonHa35 A	17:01	1:06:37	0
2	Karl Darcy	SalfordH35 A	15:29	1:06:38	+ 2
3	Ben Carrington	BRAT 35 A	17:19	1:07:13	- 1
4	Alan Buckley	LeedsCit35	17:17	1:07:38	- 1
5	Robert Warner	Havering35	16:45	1:07:56	0
6	Darren Russell	Trafford35	17:42	1:09:23	0
7	Nathan Warren	BRAT 35 B	17:46	1:10:29	+ 3
8	Robert Harris	Birchfld35 A	18:28	1:11:21	+ 3
9	Christopher Fox	Datchet 35	19:22	1:11:27	- 1
10	Scott Williams	Rotherha35	18:26	1:11:36	+ 4
11	Stephen Ratcliffe	Marshall35 A	18:43	1:11:48	+ 2
12	Stephen Millward	Gloucest35	16:43	1:11:48	+ 11
13	Rob Norman	TelfordA35	18:39	1:12:01	+ 2
14	Andrew Butler	Halesowe35	18:01	1:12:23	+ 5
15	Martin James	Doncast 35	18:38	1:12:28	+ 2
16	Andrew Lewis	Southamp35	18:27	1:13:02	+ 5
17	Simon Corker	RoyalSut35	19:31	1:13:05	- 1
18	Ged Mcmillan	Colchest35	18:58	1:13:12	0
19	Jonathan Cooper	SteelCit35	18:55	1:13:18	+ 1
20	Darren Stringer	Bristol 35	20:26	1:13:27	- 8
21	Owen Hurcombe	Cannock 35	18:56	1:14:06	+ 3
22	Matt Adcock	Leiceste35	22:15	1:14:13	- 15
23	Charles Foster	SalfordH35 B	18:39	1:14:19	+ 3
24	Ian Gawinowski	Westbury35	20:20	1:14:58	- 2
25	Grant Whigham	Bourmvil35 A	18:50	1:15:08	+ 3
26	Wayne Church	NorthDer35	22:59	1:15:31	- 17
27	Jonathan Whittaker	Dulwich 35	20:21	1:15:33	- 2
28	Robert Edwards	Wolverha35	21:50	1:17:45	- 1
29	Paul Whittingham	SuttonIn35	18:54	1:18:20	+ 5
30	James Thompson	Sheffld 35	21:26	1:19:07	- 1
31	John Morrissey	WiganPho35	21:05	1:19:17	- 1
32	Brett Antill	Aldridge35	20:22	1:19:22	+ 1
33	Robert Sedgley	TiptonHa35 B	21:47	1:20:20	- 1
34	Glen Holland	MansfldH35	23:38	1:22:10	- 3
35	Paul Maguire	Birchfld35 B	19:13	1:24:02	0
36	Richard Shearing	Bourmvil35 B	24:09	1:34:06	0
37	Ming Nham	BRAT 35 C	25:17	1:41:30	0

### Fastest runners over stage 4:

1	Karl Darcy	SalfordH35 A	15:29
2	Stephen Millward	Gloucest35	16:43
3	Robert Warner	Havering35	16:45
4	Richard White	TiptonHa35 A	17:01
5	Alan Buckley	LeedsCit35	17:17
6	Ben Carrington	BRAT 35 A	17:19
7	Darren Russell	Trafford35	17:42
8	Nathan Warren	BRAT 35 B	17:46
9	Andrew Butler	Halesowe35	18:01
10	Scott Williams	Rotherha35	18:26

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M35 & M45 - Men over 35 Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Phillip Nicholls	TiptonHa35 A	15:59	1:22:36	0	24	Andrew Todd	NorthDer35	20:11	1:35:42	+ 2
2	Bruno Lima	SalfordH35 A	16:18	1:22:56	0	25	Martin Double	Dulwich 35	21:05	1:36:38	+ 2
3	Mark Ince	BRAT 35 A	16:38	1:23:51	0	26	Martyn Clare	Cannock 35	22:40	1:36:46	- 5
4	Adam Stacey	LeedsCit35	16:56	1:24:34	0	27	Conrad Watson	SuttonIn35	19:42	1:38:02	+ 2
5	Thomas Charles	Trafford35	16:22	1:25:45	+ 1	28	Adam Guy	TiptonHa35 B	17:58	1:38:18	+ 5
6	Martin Chester	Havering35	18:24	1:26:20	- 1	29	Matt Lavis	Westbury35	23:45	1:38:43	- 5
7	Ian Gutteridge	Datchet 35	18:11	1:29:38	+ 2	30	Ben Key	Sheffld 35	19:44	1:38:51	0
8	Steven Marshall	Rotherha35	18:18	1:29:54	+ 2	31	Daniel Day	Aldridge35	19:54	1:39:16	+ 1
9	Christopher Hearn	Marshall35 A	18:10	1:29:58	+ 2	32	Darren Edwards	Wolverha35	22:08	1:39:53	- 4
10	Dean Gapper	TelfordA35	17:58	1:29:59	+ 3	33	Phil Waterworth	WiganPho35	20:48	1:40:05	- 2
11	Max Sheppard	Gloucest35	18:20	1:30:08	+ 1	34	Robert Lacey	MansfldH35	22:22	1:44:32	0
12	Nate Filer	Colchest35	17:02	1:30:14	+ 6	35	Rob Deakin	Birchfld35 B	20:37	1:44:39	0
13	Simon Mcnamee	Birchfld35 A	20:13	1:31:34	- 5	36	Robert Mcmanus	Bournvil35 B	25:29	1:59:35	0
14	Mark Rickards	RoyalSut35	18:37	1:31:42	+ 3	<b>Fastest runners over stage 5:</b>					
15	Kevin Newman	Doncast 35	19:21	1:31:49	0	1	Phillip Nicholls	TiptonHa35 A	15:59		
16	James Fulcher	SteelCit35	18:37	1:31:55	+ 3	2	Bruno Lima	SalfordH35 A	16:18		
17	Rob Ryan	BRAT 35 B	21:51	1:32:20	- 10	3	Thomas Charles	Trafford35	16:22		
18	Mark Egerton	SalfordH35 B	18:09	1:32:28	+ 5	4	Mark Ince	BRAT 35 A	16:38		
19	Mark Hayter	Southamp35	19:34	1:32:36	- 3	5	Adam Stacey	LeedsCit35	16:56		
20	Ben Holding	Bristol 35	20:23	1:33:50	0	6	Nate Filer	Colchest35	17:02		
21	Nicolas Hazelwood	Halesowe35	21:50	1:34:13	- 7	7	Dean Gapper	TelfordA35	17:58		
22	Derek Guess	Leiceste35	20:23	1:34:36	0	8	Adam Guy	TiptonHa35 B	17:58		
23	Stewart Bond	Bournvil35 A	19:50	1:34:58	+ 2	9	Mark Egerton	SalfordH35 B	18:09		
						10	Christopher Hearn	Marshall35 A	18:10		

## M35 & M45 - Men over 35 Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Jonathon Carter	TiptonHa35 A	16:08	1:38:44	0	24	Ian Monaghan	NorthDer35	20:11	1:55:53	0
2	Chris Livesey	SalfordH35 A	15:51	1:38:47	0	25	Mark Pidcock	SuttonIn35	20:57	1:58:59	+ 2
3	James Marshall	BRAT 35 A	16:47	1:40:38	0	26	Brian Rose	Sheffld 35	20:18	1:59:09	+ 4
4	Mick Hill	LeedsCit35	16:06	1:40:40	0	27	Geoffrey Kitching	Cannock 35	22:59	1:59:45	- 1
5	Matt Berry	Trafford35	17:26	1:43:11	0	28	Mark Fantom	TiptonHa35 B	22:09	2:00:27	0
6	Barry Smith	Havering35	17:43	1:44:03	0	29	Mike Mewse	Westbury35	21:53	2:00:36	0
7	Paul Ward	TelfordA35	17:09	1:47:08	+ 3	30	Gary Budinger	Dulwich 35	24:53	2:01:31	- 5
8	Jeremy Vick	Marshall35 A	17:49	1:47:47	+ 1	31	Harvey Whittington	WiganPho35	22:30	2:02:35	+ 2
9	Jason Gunn	Colchest35	17:46	1:48:00	+ 3	32	Marcus Nye	Aldridge35	24:15	2:03:31	- 1
10	Mark Ferguson	Datchet 35	18:26	1:48:04	- 3	33	Stephen Davies	MansfldH35	23:09	2:07:41	+ 1
11	Stephen Schubeler	SteelCit35	17:39	1:49:34	+ 5	34	Peter Lawton	Birchfld35 B	25:27	2:10:06	+ 1
12	Steven Haines	Gloucest35	19:51	1:49:59	- 1	35	Michael Woodall	Bournvil35 B	23:36	2:23:11	+ 1
13	Martyn Whyman	Rotherha35	20:29	1:50:23	- 5	<b>Fastest runners over stage 6:</b>					
14	Simon Rhodes	Birchfld35 A	19:30	1:51:04	- 1	1	Chris Livesey	SalfordH35 A	15:51		
15	Steve Marcer	Southamp35	19:06	1:51:42	+ 4	2	Mick Hill	LeedsCit35	16:06		
16	Richard Gray	BRAT 35 B	20:19	1:52:39	+ 1	3	Jonathon Carter	TiptonHa35 A	16:08		
17	Steve Pennington	SalfordH35 B	20:16	1:52:44	+ 1	4	James Marshall	BRAT 35 A	16:47		
18	Roy Turton	Doncast 35	21:09	1:52:58	- 3	5	Paul Ward	TelfordA35	17:09		
19	David Pearce	Leiceste35	18:27	1:53:03	+ 3	6	Matt Berry	Trafford35	17:26		
20	Ally Jarvis	RoyalSut35	21:27	1:53:09	- 6	7	Stephen Schubeler	SteelCit35	17:39		
21	Richard Bowles	Bristol 35	19:42	1:53:32	- 1	8	Barry Smith	Havering35	17:43		
22	Matthew Allen	Halesowe35	20:23	1:54:36	- 1	9	Jason Gunn	Colchest35	17:46		
23	Simon Newman	Bournvil35 A	20:10	1:55:08	0	10	Jeremy Vick	Marshall35 A	17:49		

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## Men over 35 — Team Results — Final (nn) is team position after the appropriate stage.

<b>1 Tipton Harriers M35 'A' 1:38:44</b>				<b>14 Birchfield Harriers M35 'A' 1:51:04</b>											
1	Martin Williams	(3)	16:01	2	Gary Whitehouse	(2)	17:07	1	Andrew Peat	(1)	15:48	2	Alex Parker	(7)	18:35
3	Ben Gamble	(1)	16:28	4	Richard White	(1)	17:01	3	Matt Biggs	(11)	18:30	4	Robert Harris	(8)	18:28
5	Phillip Nicholls	(1)	15:59	6	Jonathon Carter	(1)	16:08	5	Simon McNamee	(13)	20:13	6	Simon Rhodes	(14)	19:30
<b>2 Salford Harriers &amp; Ac M35 'A' 1:38:47</b>				<b>15 Southampton AC M35 1:51:42</b>											
1	Tony Taylor	(14)	17:15	2	John Lloyd	(9)	17:29	1	Matt Hibberd	(20)	17:33	2	Garry Bell	(23)	18:43
3	Stuart Robinson	(4)	16:25	4	Karl Darcy	(2)	15:29	3	Stuart Hicks	(21)	18:19	4	Andrew Lewis	(16)	18:27
5	Bruno Lima	(2)	16:18	6	Chris Livesey	(2)	15:51	5	Mark Hayter	(19)	19:34	6	Steve Marcer	(15)	19:06
<b>3 Birmingham Running A&amp;T M35 'A' 1:40:38</b>				<b>16 Birmingham Running A&amp;T M35 'B' 1:52:39</b>											
1	Daniel Robinson	(2)	15:55	2	Karl Welborn	(1)	16:31	1	A Tsolakis	(25)	17:44	2	Abayomi Adedimeji	(14)	17:29
3	Johnny Cullen	(2)	17:28	4	Ben Carrington	(3)	17:19	3	Steve Dunsby	(10)	17:30	4	Nathan Warren	(7)	17:46
5	Mark Ince	(3)	16:38	6	James Marshall	(3)	16:47	5	Rob Ryan	(17)	21:51	6	Richard Gray	(16)	20:19
<b>4 Leeds City AC M35 1:40:40</b>				<b>17 Salford Harriers &amp; Ac M35 'B' 1:52:44</b>											
1	Adam Osborne	(10)	16:53	2	Michael Burrett	(3)	16:23	1	Mathew Holt	(24)	17:43	2	Richard Brook	(24)	18:34
3	Liam O'Brien	(3)	17:05	4	Alan Buckley	(4)	17:17	3	Paul Birkett	(26)	19:23	4	Charles Foster	(23)	18:39
5	Adam Stacey	(4)	16:56	6	Mick Hill	(4)	16:06	5	Mark Egerton	(18)	18:09	6	Steve Pennington	(17)	20:16
<b>5 Trafford AC M35 1:43:11</b>				<b>18 Doncaster AC M35 1:52:58</b>											
1	Gavin Tomlinson	(13)	17:12	2	Daniel Hayes	(13)	17:48	1	Peter Badger	(18)	17:29	2	Pete Tallents	(21)	18:14
3	Jeff Prest	(6)	16:41	4	Darren Russell	(6)	17:42	3	Simon Wright	(17)	18:07	4	Martin James	(15)	18:38
5	Thomas Charles	(5)	16:22	6	Matt Berry	(5)	17:26	5	Kevin Newman	(15)	19:21	6	Roy Turton	(18)	21:09
<b>6 Havering Ac M35 1:44:03</b>				<b>19 Leicester Coritanian Ac M35 1:53:03</b>											
1	Alfred Waitthaka	(12)	17:11	2	Steve Rand	(15)	18:07	1	Mark Powell	(8)	16:39	2	Ludovic Renou	(4)	16:55
3	James Connor	(5)	15:53	4	Robert Warner	(5)	16:45	3	Gareth Deacon	(7)	18:24	4	Matt Adcock	(22)	22:15
5	Martin Chester	(6)	18:24	6	Barry Smith	(6)	17:43	5	Derek Guess	(22)	20:23	6	David Pearce	(19)	18:27
<b>7 Telford Ac M35 1:47:08</b>				<b>20 Royal Sutton Coldfield M35 1:53:09</b>											
1	Christian Evans	(16)	17:25	2	Paul O'Brien	(17)	17:55	1	Oliver Harradence	(5)	16:23	2	Barry Lloyd	(11)	18:30
3	Chris Bagshaw	(15)	18:02	4	Rob Norman	(13)	18:39	3	Chris Taylor	(16)	18:41	4	Simon Corker	(17)	19:31
5	Dean Gapper	(10)	17:58	6	Paul Ward	(7)	17:09	5	Mark Rickards	(14)	18:37	6	Ally Jarvis	(20)	21:27
<b>8 Marshall Milton Keynes Ac M35 'A' 1:47:47</b>				<b>21 Bristol &amp; West Ac M35 1:53:32</b>											
1	Ian Wood	(9)	16:43	2	Matthew Clarke	(10)	18:03	1	Andrew Drake	(15)	17:18	2	Andrew Cooke	(8)	17:14
3	C Finister	(13)	18:19	4	Stephen Ratcliffe	(11)	18:43	3	Neil Turney	(12)	18:29	4	Darren Stringer	(20)	20:26
5	Christopher Hearn	(9)	18:10	6	Jeremy Vick	(8)	17:49	5	Ben Holding	(20)	20:23	6	Richard Bowles	(21)	19:42
<b>9 Colchester Harriers Ac M35 1:48:00</b>				<b>22 Halesowen Acc M35 1:54:36</b>											
1	Mark Mckeown	(23)	17:39	2	D Mcgillivray	(18)	17:41	1	Adam Cross	(19)	17:30	2	Roger Mallard	(20)	18:04
3	Andrew Lovelock	(18)	18:54	4	Ged Mcmillan	(18)	18:58	3	Andy Yapp	(19)	18:48	4	Andrew Butler	(14)	18:01
5	Nate Filer	(12)	17:02	6	Jason Gunn	(9)	17:46	5	Nicolas Hazelwood	(21)	21:50	6	Matthew Allen	(22)	20:23
<b>10 Datchet Dashers M35 1:48:04</b>				<b>23 Bournville Harriers M35 'A' 1:55:08</b>											
1	James Samson	(6)	16:28	2	David Lee	(5)	17:11	1	Richard Keep	(22)	17:35	2	Paul Coughlan	(25)	18:51
3	Paul Woolley	(8)	18:26	4	Christopher Fox	(9)	19:22	3	John Mckeon	(28)	19:52	4	Grant Whigham	(25)	18:50
5	Ian Gutteridge	(7)	18:11	6	Mark Ferguson	(10)	18:26	5	Stewart Bond	(23)	19:50	6	Simon Newman	(23)	20:10
<b>11 Steel City Striders Rc M35 1:49:34</b>				<b>24 North Derbyshire Rc M35 1:55:53</b>											
1	Andrew Norton	(28)	18:14	2	James Rose	(22)	17:48	1	Nick Baker	(11)	16:55	2	Martin Dawson	(6)	17:02
3	Thomas King	(20)	18:21	4	Jonathan Cooper	(19)	18:55	3	Tim Clayton	(9)	18:35	4	Wayne Church	(26)	22:59
5	James Fulcher	(16)	18:37	6	Stephen Schubeler	(11)	17:39	5	Andrew Todd	(24)	20:11	6	Ian Monaghan	(24)	20:11
<b>12 Gloucester Ac M35 1:49:59</b>				<b>25 Sutton In Ashfield M35 1:58:59</b>											
1	James Walters	(29)	18:18	2	Jason Tilley	(29)	19:16	1	Nick Burnside	(35)	19:28	2	James Simpson	(34)	20:36
3	Owen Parry	(23)	17:31	4	Stephen Millward	(12)	16:43	3	Dean Cross	(34)	19:22	4	Paul Whittingham	(29)	18:54
5	Max Sheppard	(11)	18:20	6	Steven Haines	(12)	19:51	5	Conrad Watson	(27)	19:42	6	Mark Pidcock	(25)	20:57
<b>13 Rotherham Harriers &amp; Ac M35 1:50:23</b>				<b>26 Sheffield Rc M35 1:59:09</b>											
1	Philip Hoole	(17)	17:25	2	Chris Griffiths	(16)	17:54	1	Robert Cassy	(26)	17:47	2	Stuart Little	(28)	19:33
3	Damian Worsdall	(14)	17:51	4	Scott Williams	(10)	18:26	3	Kelly Dorset	(29)	20:21	4	James Thompson	(30)	21:26
5	Steven Marshall	(8)	18:18	6	Martyn Whyman	(13)	20:29	5	Ben Key	(30)	19:44	6	Brian Rose	(26)	20:18

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

<b>27 Cannock &amp; Stafford Ac M35</b>	<b>1:59:45</b>
1 Paul Thacker (31) 18:59	2 Tim Kelly (26) 17:48
3 Craig Pearson (24) 18:23	4 Owen Hurcombe (21) 18:56
5 Martyn Clare (26) 22:40	6 Geoffrey Kitching (27) 22:59

<b>28 Tipton Harriers M35</b>	<b>'B' 2:00:27</b>
1 Phillip Clamp (30) 18:44	2 Stuart Whitehouse (33) 20:42
3 Dean Hill (32) 19:07	4 Robert Sedgley (33) 21:47
5 Adam Guy (28) 17:58	6 Mark Fantom (28) 22:09

<b>29 Westbury Harriers M35</b>	<b>2:00:36</b>
1 Oli Beale (7) 16:29	2 Chris Palmer (12) 18:28
3 Tim Clothier (22) 19:41	4 Ian Gawinowski (24) 20:20
5 Matt Lavis (29) 23:45	6 Mike Mewse (29) 21:53

<b>30 Dulwich Runners Ac M35</b>	<b>2:01:31</b>
1 Lee Fedden (4) 16:16	2 James Burrows (19) 19:10
3 Ross Rook (25) 19:46	4 Jonathan Whittaker (27) 20:21
5 Martin Double (25) 21:05	6 Gary Budinger (30) 24:53

<b>31 Wigan Phoenix M35</b>	<b>2:02:35</b>
1 Paul Blakemore (33) 19:18	2 Danny Orrell (35) 21:18
3 Andy Ward (30) 17:36	4 John Morrissey (31) 21:05
5 Phil Waterworth (33) 20:48	6 Harvey Whittington (31) 22:30

<b>32 Aldridge Rc M35</b>	<b>2:03:31</b>
1 Gordon Walker (32) 19:09	2 Mark Shaw (31) 19:22
3 Steve Blakemore (33) 20:29	4 Brett Antill (32) 20:22
5 Daniel Day (31) 19:54	6 Marcus Nye (32) 24:15

<b>33 Mansfield Harriers M35</b>	<b>2:07:41</b>
1 Dan Ellis (27) 18:08	2 Martin Fickling (30) 19:41
3 Matthew Bradbury (31) 20:43	4 Glen Holland (34) 23:38
5 Robert Lacey (34) 22:22	6 Shephen Davies (33) 23:09

<b>34 Birchfield Harriers M35</b>	<b>'B' 2:10:06</b>
1 Dave Mccarthy (37) 20:52	2 Stephen Mccann (36) 21:57
3 Windel Simpson (35) 22:00	4 Paul Maguire (35) 19:13
5 Rob Deakin (35) 20:37	6 Peter Lawton (34) 25:27

<b>35 Bournville Harriers M35</b>	<b>'B' 2:23:11</b>
1 Xenofon Gogouvtis (38) 21:09	2 Jon Seadon (37) 26:40
3 James Evans (36) 22:08	4 Richard Shearing (36) 24:09
5 Robert Mcmanus (36) 25:29	6 Michael Woodall (35) 23:36

**Incomplete Teams:**

<b>Wolverhampton &amp; Bilston M35</b>			
1 Rob Cartwright (21) 17:34	2 David Norman (27) 19:28		
3 Dave Smith (27) 18:53	4 Robert Edwards (28) 21:50		
5 Darren Edwards (32) 22:08			

<b>Birmingham Running A&amp;T M35 'C'</b>			
1 Sandeep Dhami (41) 25:58	2 Richard Carney (38) 28:26		
3 Martin Cleaver (37) 21:49	4 Ming Nham (37) 25:17		

<b>Bournville Harriers M35 'C'</b>			
1 Paul Samuels (40) 25:24	2 Barrie Roberts (39) 29:11		
3 Ian Edgington (38) 29:58			

<b>Marshall Milton Keynes Ac M35 'B'</b>			
1 Steve Withers (34) 19:20	2 Andrew Kirschner (32) 19:15		

<b>Derby AC M35</b>			
1 Russell Parkin (36) 19:46			

<b>Salford Harriers &amp; Ac M35 'C'</b>			
1 Sean Cordell (39) 22:29			

**Fastest of all legs**

1 Karl Darcy	SalfordH35	A	15:29
2 Andrew Peat	Birchfld35	A	15:48
3 Chris Livesey	SalfordH35	A	15:51
4 James Connor	Havering35		15:53
5 Daniel Robinson	BRAT 35	A	15:55
6 Phillip Nicholls	TiptonHa35	A	15:59
7 Martin Williams	TiptonHa35	A	16:01
8 Mick Hill	LeedsCit35		16:06
9 Jonathon Carter	TiptonHa35	A	16:08
10 Lee Fedden	Dulwich 35		16:16

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### M35 & M45 - Men over 45 Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Jonathan Walton	LeedsCit45 A	16:44	24	Simon Fortnam	Stroud&D45	18:53
2	Simon Coombes	HemeHil45 B	16:47	25	Gurmal Singh	WestBrom45 A	18:58
3	Stuart Doyle	ValeRoya45 A	16:53	26	Richard Turner	Trafford45	19:01
4	Simon Saxby	WoldsVet45	16:58	27	Mark Connell	Mansfiel45 B	19:02
5	James Smith	Southamp45 A	17:06	28	Hugh Davies	Worceste45 A	19:06
6	Gordon Lee	Leiceste45 A	17:09	29	Iain Wood	RoyalSut45	19:09
7	Richard Ross	LesCroup45 A	17:10	30	Daniel Newman	Warringt45	19:22
8	Paul Gaylor	Aldersho45	17:32	31	David Neal	NeneVall45 A	19:22
9	Ben Reynolds	ThamesHa45	17:35	32	Paul Dellar	Colches45	19:27
10	Jonathan Jennings	Birmingh45 A	18:03	33	Derek Lee	HerneHil45 A	19:36
11	Matthew Bland	Havering45	18:05	34	Philip Edwards	Worceste45 B	19:47
12	Mark Turner	Halesow45	18:12	35	Huw Jones	Birmingh45 B	20:00
13	Chris Allcock	Mansfiel45 A	18:14	36	Tobin Bird	Tonbridg45	20:17
14	Derek Crewe	SalfordH45	18:30	37	Richard Watts	Sheffiel45	21:02
15	Charles Lound	Dulwich45	18:33	38	Ian Mackenzie	Bournvil45	21:04
16	Gareth Briggs	Wolverha45	18:34	39	Barry Warne	NeneVall45 B	21:12
17	Dean Norton	Rotherha45	18:39	40	Howard Long	Southamp45 B	21:17
18	Paul Newton	RedhillR45	18:42	41	Kevin Adams	Aldridge45	21:45
19	Keith Littlewood	Bamsley45	18:43	42	C Hamerhodes	Nuneaton45	21:49
20	Adrian Fisher	SteelCit45	18:44	43	Andy Manning	Sparkhil45	22:00
21	Richard Noble	Westbury45	18:46	44	Gary Clifton	WestBrom45 B	22:25
22	Mike Mansfield	Glouces45	18:50	45	John Anderson	Northwic45	24:07
23	Steven Smith	Aberdare45	18:50	46	Myles Holdsworth	LeedsCit45 B	25:16

### M35 & M45 - Men over 45 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Martin Roscoe	LeedsCit45 A	17:25	34:09	0	29	M Pitcairnknowles	Tonbridg45	19:48	40:05	+ 7
2	Gavin Mcdermott	Leiceste45 A	17:05	34:14	+ 4	30	Subodh Dave	RoyalSut45	21:13	40:22	- 1
3	Paul Cheetham	ThamesHa45	17:04	34:39	+ 6	31	Kevin Dickinson	RedhillR45	21:57	40:39	- 13
4	Jonathan Ratcliffe	HemeHil45 B	18:23	35:10	- 2	32	Allen Bunney	Aberdare45	21:52	40:42	- 9
5	Mike Macdougall	WoldsVet45	18:14	35:12	- 1	33	Scott Augur	Southamp45 B	19:45	41:02	+ 7
6	Simon Cooper	Aldersho45	17:45	35:17	+ 2	34	Owen Jarman	Worceste45 B	21:50	41:37	0
7	Emyr Morgan	LesCroup45 A	18:27	35:37	0	35	Craig Linacre	Mansfiel45 B	23:01	42:03	- 8
8	Paul Boydleslie	Southamp45 A	18:33	35:39	- 3	36	Christopher Heggs	Sheffiel45	21:07	42:09	+ 1
9	Mark Russell	SalfordH45	17:33	36:03	+ 5	37	Marcelo Fortes	HerneHil45 A	23:24	43:00	- 4
10	Stephen Davies	Dulwich45	17:31	36:04	+ 5	38	Steven Hargrave	Nuneaton45	21:15	43:04	+ 4
11	Richard Wright	Wolverha45	17:56	36:30	+ 5	39	Steve Hammond	Aldridge45	21:25	43:10	+ 2
12	Phillip Shaw	Mansfiel45 A	18:33	36:47	+ 1	40	Jim Clarke	Bournvil45	22:15	43:19	- 2
13	Paddy Allaway	Birmingh45 A	18:48	36:51	- 3	41	Paul Parkin	NeneVall45 B	22:46	43:58	- 2
14	David Lewis	Halesow45	18:52	37:04	- 2	42	David Shepherd	Northwic45	20:41	44:48	+ 3
15	Simon Scully	Rotherha45	18:28	37:07	+ 2	43	James Hannon	Sparkhil45	23:54	45:54	0
16	Brian Dooley	ValeRoya45 A	20:35	37:28	- 13	44	Paul Mansell	WestBrom45 B	25:42	48:07	0
17	Nick Booker	SteelCit45	18:44	37:28	+ 3	<b>Fastest runners over stage 2:</b>					
18	Tony Pecoraro	Havering45	19:35	37:40	- 7	1	Paul Cheetham	ThamesHa45	17:04		
19	Melvin Wallace	Bamsley45	19:12	37:55	0	2	Gavin Mcdermott	Leiceste45 A	17:05		
20	Keith Marley	Colches45	18:42	38:09	+ 12	3	Martin Roscoe	LeedsCit45 A	17:25		
21	Ian Cutler	Stroud&D45	19:27	38:20	+ 3	4	Stephen Davies	Dulwich45	17:31		
22	Nick Hitchings	Worceste45 A	19:30	38:36	+ 6	5	Mark Russell	SalfordH45	17:33		
23	Austin Blackburn	Glouces45	20:16	39:06	- 1	6	Simon Cooper	Aldersho45	17:45		
24	Ewan Paton	Westbury45	20:25	39:11	- 3	7	Richard Wright	Wolverha45	17:56		
25	David Norman	Warringt45	19:51	39:13	+ 5	8	Mike Macdougall	WoldsVet45	18:14		
26	Sean Beard	NeneVall45 A	20:06	39:28	+ 5	9	Jonathan Ratcliffe	HerneHil45 B	18:23		
27	Damian Cartland	Birmingh45 B	19:30	39:30	+ 8	10	Emyr Morgan	LesCroup45 A	18:27		
28	Karl Moore	WestBrom45 A	20:46	39:44	- 3						

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M35 & M45 - Men over 45 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Chris Southam	Leiceste45 A	17:46	52:00	+ 1
2	Andy Weir	ThamesHa45	17:28	52:07	+ 1
3	Trevor Wilks	LeedsCit45 A	18:46	52:55	- 2
4	Darren Bradley	Aldersho45	17:53	53:10	+ 2
5	Richard Baker	LesCroup45 A	17:44	53:21	+ 2
6	David Blackman	Southamp45 A	18:02	53:41	+ 2
7	Philip Leybourne	SalfordH45	17:40	53:43	+ 2
8	Stephen Dring	WoldsVet45	18:53	54:05	- 3
9	David Adam	HemeHil45 B	19:37	54:47	- 5
10	Tom Kenderdine	Halesow45	18:08	55:12	+ 4
11	Dave Carver	Mansfiel45 A	18:32	55:19	+ 1
12	Garry Palmer	Wolverha45	19:06	55:36	- 1
13	Adam Western	Birmingh45 A	18:57	55:48	0
14	Mark Foster	Dulwich45	20:34	56:38	- 4
15	Chris Harle	Worceste45 A	18:13	56:49	+ 7
16	Allen Smalls	Colches45	18:43	56:52	+ 4
17	Darren Cottier	ValeRoya45 A	19:31	56:59	- 1
18	Liam Tart	Barnsley45	19:48	57:43	+ 1
19	Gary Atkins	Havering45	20:07	57:47	- 1
20	Alan Pitt	Stroud&D45	20:08	58:28	+ 1
21	Neil Schofield	SteelCit45	21:03	58:31	- 4
22	Andrew Eblet	Rotherha45	21:40	58:47	- 7
23	Christopher Mooney	NeneVall45 A	19:38	59:06	+ 3
24	Stephen Burthem	Warringt45	20:37	59:50	+ 1
25	Simon Nash	RedhillR45	19:18	59:57	+ 6
26	Paul Corderoy	Glouces45	20:55	1:00:01	- 3
27	Andy Piddington	Birmingh45 B	20:40	1:00:10	0
28	Lee Walters	Aberdare45	20:01	1:00:43	+ 4
29	Stefan Sternkopf	Worceste45 B	19:30	1:01:07	+ 5
30	Andy Marshall	Westbury45	22:36	1:01:47	- 6
31	Dave Jones	WestBrom45 A	22:38	1:02:22	- 3
32	Neil Hotson	Southamp45 B	22:30	1:03:32	+ 1
33	Oliver Kirkland	Bournvil45	20:24	1:03:43	+ 7
34	Scott Shurmer	Tonbridg45	24:06	1:04:11	- 5
35	Shaun Arrowsmith	Mansfiel45 B	23:29	1:05:32	0
36	Stephen White	Nuneaton45	22:31	1:05:35	+ 2
37	David Marr	NeneVall45 B	22:42	1:06:40	+ 4
38	Mat Simister	Northwic45	21:53	1:06:41	+ 4
39	Leslie Reeves	Aldridge45	24:46	1:07:56	0
40	Neal Matthews	Sheffield45	26:01	1:08:10	- 4
41	Edward O'Neill	Sparkhil45	22:34	1:08:28	+ 2
42	Philip Colver	WestBrom45 B	24:30	1:12:37	+ 2

### Fastest runners over stage 3:

1	Andy Weir	ThamesHa45	17:28
2	Philip Leybourne	SalfordH45	17:40
3	Richard Baker	LesCroup45 A	17:44
4	Chris Southam	Leiceste45 A	17:46
5	Darren Bradley	Aldersho45	17:53
6	David Blackman	Southamp45 A	18:02
7	Tom Kenderdine	Halesow45	18:08
8	Chris Harle	Worceste45 A	18:13
9	Dave Carver	Mansfiel45 A	18:32
10	Allen Smalls	Colches45	18:43

## M35 & M45 - Men over 45 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Mark Johnson	Leiceste45 A	16:37	1:08:37	0
2	Justin Reid	ThamesHa45	17:18	1:09:25	0
3	Mark Symes	Aldersho45	17:01	1:10:11	+ 1
4	Ian Grime	SalfordH45	17:05	1:10:48	+ 3
5	Matthew Hurford	LesCroup45 A	17:51	1:11:12	0
6	Richard Harris	WoldsVet45	17:28	1:11:33	+ 2
7	Ben Paviour	HemeHil45 B	16:54	1:11:41	+ 2
8	Gregory Hull	LeedsCit45 A	18:59	1:11:54	- 5
9	Robin Biles	Birmingh45 A	17:56	1:13:44	+ 4
10	R Cadwallader	Halesow45	18:53	1:14:05	0
11	Roger Grand	Wolverha45	18:35	1:14:11	+ 1
12	Mike Hodges	Southamp45 A	21:15	1:14:56	- 6
13	Paul Rodgers	Colches45	18:34	1:15:26	+ 3
14	Gary Morley	Mansfiel45 A	20:40	1:15:59	- 3
15	Gary Richardson	ValeRoya45 A	19:16	1:16:15	+ 2
16	David O'Brien	Worceste45 A	19:41	1:16:30	- 1
17	David Brooksbank	Barnsley45	19:39	1:17:22	+ 1
18	James Storey	SteelCit45	18:54	1:17:25	+ 3
19	Andrea Ceccolini	Dulwich45	20:50	1:17:28	- 5
20	Steve Walker	Havering45	20:00	1:17:47	- 1
21	Ian Whyman	Rotherha45	20:36	1:19:23	+ 1
22	Andrew Robson	NeneVall45 A	20:43	1:19:49	+ 1
23	Adrian Lewis	Aberdare45	19:09	1:19:52	+ 5
24	David Gresswell	Glouces45	20:17	1:20:18	+ 2
25	C Jurevicius	Stroud&D45	21:53	1:20:21	- 5
26	David Pound	Worceste45 B	21:39	1:22:46	+ 3
27	Eric Fowler	Nuneaton45	18:47	1:24:22	+ 9
28	David Sansom	Birmingh45 B	24:40	1:24:50	- 1
29	Ian Derrick	Westbury45	23:19	1:25:06	+ 1
30	David Kendall	WestBrom45 A	23:34	1:25:56	+ 1
31	Sidney Delara	Southamp45 B	23:20	1:26:52	+ 1
32	Guy Marston	Bournvil45	23:31	1:27:14	+ 1
33	Cain Bradley	Tonbridg45	23:28	1:27:39	+ 1
34	Alan Wilcox	Northwic45	22:52	1:29:33	+ 4
35	Mark Burr	Mansfiel45 B	24:54	1:30:26	0
36	Chris Hunt	NeneVall45 B	23:49	1:30:29	+ 1
37	David Higginbottom	Sheffield45	22:45	1:30:55	+ 3
38	John Goulding	Sparkhil45	23:20	1:31:48	+ 3
39	Simon Hudson	Aldridge45	24:54	1:32:50	0
40	Pete Donnelly	WestBrom45 B	23:16	1:35:53	+ 2

### Fastest runners over stage 4:

1	Mark Johnson	Leiceste45 A	16:37
2	Ben Paviour	HemeHil45 B	16:54
3	Mark Symes	Aldersho45	17:01
4	Ian Grime	SalfordH45	17:05
5	Justin Reid	ThamesHa45	17:18
6	Richard Harris	WoldsVet45	17:28
7	Matthew Hurford	LesCroup45 A	17:51
8	Robin Biles	Birmingh45 A	17:56
9	Paul Rodgers	Colches45	18:34
10	Roger Grand	Wolverha45	18:35

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### Men over 45 — Team Results — Final

(nn) is team position after the appropriate stage.

<p><b>1 Leicester Coritanian Ac M45 'A' 1:08:37</b></p> <p>1 Gordon Lee (6) 17:09    2 Gavin McDermott (2) 17:05            3 Chris Southam (1) 17:46    4 Mark Johnson (1) 16:37</p>	<p><b>17 Barnsley AC M45 1:17:22</b></p> <p>1 Keith Littlewood (19) 18:43    2 Melvin Wallace (19) 19:12            3 Liam Tart (18) 19:48    4 David Brooksbank (17) 19:39</p>
<p><b>2 Thames Hare &amp; Hounds M45 1:09:25</b></p> <p>1 Ben Reynolds (9) 17:35    2 Paul Cheetham (3) 17:04            3 Andy Weir (2) 17:28    4 Justin Reid (2) 17:18</p>	<p><b>18 Steel City Striders M45 1:17:25</b></p> <p>1 Adrian Fisher (20) 18:44    2 Nick Booker (17) 18:44            3 Neil Schofield (21) 21:03    4 James Storey (18) 18:54</p>
<p><b>3 Aldershot Farnham &amp; D M45 1:10:11</b></p> <p>1 Paul Gaylor (8) 17:32    2 Simon Cooper (6) 17:45            3 Darren Bradley (4) 17:53    4 Mark Symes (3) 17:01</p>	<p><b>19 Dulwich Runners Ac M45 1:17:28</b></p> <p>1 Charles Lound (15) 18:33    2 Stephen Davies (10) 17:31            3 Mark Foster (14) 20:34    4 Andrea Ceccolini (19) 20:50</p>
<p><b>4 Salford Harriers M45 1:10:48</b></p> <p>1 Derek Crewe (14) 18:30    2 Mark Russell (9) 17:33            3 Philip Leybourne (7) 17:40    4 Ian Grime (4) 17:05</p>	<p><b>20 Havering Ac M45 1:17:47</b></p> <p>1 Matthew Bland (11) 18:05    2 Tony Pecoraro (18) 19:35            3 Gary Atkins (19) 20:07    4 Steve Walker (20) 20:00</p>
<p><b>5 Les Croupiers M45 'A' 1:11:12</b></p> <p>1 Richard Ross (7) 17:10    2 Emyr Morgan (7) 18:27            3 Richard Baker (5) 17:44    4 Matthew Hurford (5) 17:51</p>	<p><b>21 Rotherham Harriers &amp; Ac M45 1:19:23</b></p> <p>1 Dean Norton (17) 18:39    2 Simon Scully (15) 18:28            3 Andrew Eblet (22) 21:40    4 Ian Whyman (21) 20:36</p>
<p><b>6 Wolds Veteran Rc M45 1:11:33</b></p> <p>1 Simon Saxby (4) 16:58    2 Mike Macdougall (5) 18:14            3 Stephen Dring (8) 18:53    4 Richard Harris (6) 17:28</p>	<p><b>22 Nene Valley Harriers M45 'A' 1:19:49</b></p> <p>1 David Neal (31) 19:22    2 Sean Beard (26) 20:06            3 Christopher Mooney (23) 19:38    4 Andrew Robson (22) 20:43</p>
<p><b>7 Herne Hill Harriers M45 'B' 1:11:41</b></p> <p>1 Simon Coombes (2) 16:47    2 Jonathan Ratcliffe (4) 18:23            3 David Adam (9) 19:37    4 Ben Paviour (7) 16:54</p>	<p><b>23 Aberdare Valley Aac M45 1:19:52</b></p> <p>1 Steven Smith (23) 18:50    2 Allen Bunney (32) 21:52            3 Lee Walters (28) 20:01    4 Adrian Lewis (23) 19:09</p>
<p><b>8 Leeds City AC M45 'A' 1:11:54</b></p> <p>1 Jonathan Walton (1) 16:44    2 Martin Roscoe (1) 17:25            3 Trevor Wilks (3) 18:46    4 Gregory Hull (8) 18:59</p>	<p><b>24 Gloucester Ac M45 1:20:18</b></p> <p>1 Mike Mansfield (22) 18:50    2 Austin Blackburn (23) 20:16            3 Paul Corderoy (26) 20:55    4 David Gresswell (24) 20:17</p>
<p><b>9 Birmingham Running A&amp;T M45 'A' 1:13:44</b></p> <p>1 Jonathan Jennings (10) 18:03    2 Paddy Allaway (13) 18:48            3 Adam Western (13) 18:57    4 Robin Biles (9) 17:56</p>	<p><b>25 Stroud &amp; District M45 1:20:21</b></p> <p>1 Simon Fortnam (24) 18:53    2 Ian Cutler (21) 19:27            3 Alan Pitt (20) 20:08    4 C Jurevicius (25) 21:53</p>
<p><b>10 Halesowen Acc M45 1:14:05</b></p> <p>1 Mark Turner (12) 18:12    2 David Lewis (14) 18:52            3 Tom Kenderdine (10) 18:08    4 R Cadwallader (10) 18:53</p>	<p><b>26 Worcester Ac M45 'B' 1:22:46</b></p> <p>1 Philip Edwards (34) 19:47    2 Owen Jarman (34) 21:50            3 Stefan Sternkopf (29) 19:30    4 David Pound (26) 21:39</p>
<p><b>11 Wolverhampton &amp; Bilston M45 1:14:11</b></p> <p>1 Gareth Briggs (16) 18:34    2 Richard Wright (11) 17:56            3 Gary Palmer (12) 19:06    4 Roger Grand (11) 18:35</p>	<p><b>27 Nuneaton Harriers M45 1:24:22</b></p> <p>1 CHamerhodes (42) 21:49    2 Steven Hargrave (38) 21:15            3 Stephen White (36) 22:31    4 Eric Fowler (27) 18:47</p>
<p><b>12 Southampton AC M45 'A' 1:14:56</b></p> <p>1 James Smith (5) 17:06    2 Paul Boydeslie (8) 18:33            3 David Blackman (6) 18:02    4 Mike Hodges (12) 21:15</p>	<p><b>28 Birmingham Running A&amp;T M45 'B' 1:24:50</b></p> <p>1 Huw Jones (35) 20:00    2 Damian Cartland (27) 19:30            3 Andy Piddington (27) 20:40    4 David Sansom (28) 24:40</p>
<p><b>13 Colchester Harriers Ac M45 1:15:26</b></p> <p>1 Paul Dellar (32) 19:27    2 Keith Marley (20) 18:42            3 Allen Smalls (16) 18:43    4 Paul Rodgers (13) 18:34</p>	<p><b>29 Westbury Harriers M45 1:25:06</b></p> <p>1 Richard Noble (21) 18:46    2 Ewan Paton (24) 20:25            3 Andy Marshall (30) 22:36    4 Ian Derrick (29) 23:19</p>
<p><b>14 Mansfield Harriers M45 'A' 1:15:59</b></p> <p>1 Chris Allcock (13) 18:14    2 Phillip Shaw (12) 18:33            3 Dave Carver (11) 18:32    4 Gary Morley (14) 20:40</p>	<p><b>30 West Bromwich Harriers M45 'A' 1:25:56</b></p> <p>1 Gurnal Singh (25) 18:58    2 Karl Moore (28) 20:46            3 Dave Jones (31) 22:38    4 David Kendall (30) 23:34</p>
<p><b>15 Vale Royal Ac M45 'A' 1:16:15</b></p> <p>1 Stuart Doyle (3) 16:53    2 Brian Dooley (16) 20:35            3 Darren Cottier (17) 19:31    4 Gary Richardson (15) 19:16</p>	<p><b>31 Southampton AC M45 'B' 1:26:52</b></p> <p>1 Howard Long (40) 21:17    2 Scott Augur (33) 19:45            3 Neil Hotson (32) 22:30    4 Sidney Delara (31) 23:20</p>
<p><b>16 Worcester Ac M45 'A' 1:16:30</b></p> <p>1 Hugh Davies (28) 19:06    2 Nick Hitchings (22) 19:30            3 Chris Harle (15) 18:13    4 David O'Brien (16) 19:41</p>	<p><b>32 Bournville Harriers M45 1:27:14</b></p> <p>1 Ian Mackenzie (38) 21:04    2 Jim Clarke (40) 22:15            3 Oliver Kirkland (33) 20:24    4 Guy Marston (32) 23:31</p>



# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### 33 Tonbridge Ac M45

1 Tobin Bird (36) 20:17    2 M Pitcairnknowles (29) 19:48  
 3 Scott Shurmer (34) 24:06    4 Cain Bradley (33) 23:28

### 34 Northwich RC M45

1 John Anderson (45) 24:07    2 David Shepherd (42) 20:41  
 3 Mat Simister (38) 21:53    4 Alan Wilcox (34) 22:52

### 35 Mansfield Harriers M45

1 Mark Connell (27) 19:02    2 Craig Linacre (35) 23:01  
 3 Shaun Arrowsmith (35) 23:29    4 Mark Burr (35) 24:54

### 36 Nene Valley Harriers M45

1 Barry Wame (39) 21:12    2 Paul Parkin (41) 22:46  
 3 David Marr (37) 22:42    4 Chris Hunt (36) 23:49

### 37 Sheffield Rc M45

1 Richard Watts (37) 21:02    2 Christopher Heggs (36) 21:07  
 3 Neal Matthews (40) 26:01    4 David Higginbottom (37) 22:45

### 38 Sparkhill Harriers M45

1 Andy Manning (43) 22:00    2 James Hannon (43) 23:54  
 3 Edward O'Neill (41) 22:34    4 John Goulding (38) 23:20

### 39 Aldridge Rc M45

1 Kevin Adams (41) 21:45    2 Steve Hammond (39) 21:25  
 3 Leslie Reeves (39) 24:46    4 Simon Hudson (39) 24:54

### 40 West Bromwich Harriers M45

1 Gary Clifton (44) 22:25    2 Paul Mansell (44) 25:42  
 3 Philip Colver (42) 24:30    4 Pete Donnelly (40) 23:16

### Incomplete Teams:

#### Warrington AC M45

1 Daniel Newman (30) 19:22    2 David Norman (25) 19:51  
 3 Stephen Burthem (24) 20:37

#### Redhill Road Runners M45

1 Paul Newton (18) 18:42    2 Kevin Dickinson (31) 21:57  
 3 Simon Nash (25) 19:18

#### Royal Sutton Coldfield M45

1 Iain Wood (29) 19:09    2 Subodh Dave (30) 21:13

#### Herne Hill Harriers M45

1 Derek Lee (33) 19:36    2 Marcelo Fortes (37) 23:24

#### Trafford AC M45

1 Richard Turner (26) 19:01

#### Leeds City AC M45

1 Myles Holdsworth (46) 25:16

### Fastest of all legs

1	Mark Johnson	Leiceste45	A	16:37
2	Jonathan Walton	LeedsCit45	A	16:44
3	Simon Coombes	HerneHil45	B	16:47
4	Stuart Doyle	ValeRoya45	A	16:53
5	Ben Paviour	HerneHil45	B	16:54
6	Simon Saxby	WoldsVet45		16:58
7	Mark Symes	Aldersho45		17:01
8	Paul Cheetham	ThamesHa45		17:04
9	Gavin Mcdermott	Leiceste45	A	17:05
=	Ian Grime	SalfordH45		17:05

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M55 & M65 - Men over 55 Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Tommy Hughes	Leiceste55	17:40	18	Gary Podmore	Sheffiel55 B	20:29
2	Ifan Lloyd	SwanseaH55	18:28	19	Richard Bullen	LesCroup55 A	20:50
3	Colin Bishop	Warringt55	18:32	20	Daniel Wilson	Bournvil55 A	20:56
4	Andy Wetherill	Mansfiel55	18:37	21	Stephen Smythe	DulwichR55 A	21:11
5	Jonathan Grainger	Southamp55	18:42	22	David Ainsworth	Altrinch55 B	21:16
6	Richard Evans	Altrinch55 A	18:52	23	John Hill	Halesowe55	21:21
7	Rob Andrew	RoyalSut55	18:56	24	Paul Bingham	Centurio55	21:24
8	Brian Mcevoy	Brat 55	18:57	25	Trevor Rayner	SalfordH55	21:36
9	Victor Maughn	HerneHil55 A	19:06	26	Anthony Harran	HerneHil55 B	21:56
10	Jed Turner	Sheffiel55 A	19:10	27	John Clarke	ValeRoya55	22:21
11	Alan Buckle	Tonbridg55	19:58	28	Barry Bradley	WoldsVet55	22:56
12	Nick Stringer	Sparkhil55 A	20:01	29	Michael Nutt	Bristol&55 B	23:08
13	John Foss	SouthLon55	20:13	30	Gerald Meah	Cambridg55	23:56
14	Jeremy Hogan	Bristol&55 A	20:17	31	Stephen Doswell	Bournvil55 B	24:38
15	Austin Soane	Aldersho55	20:20	32	Philip Dover	Northwic55	25:12
16	David Wilson	SteelCit55	20:25	33	Patrick Finnegan	Sparkhil55 B	25:13
17	John Comrie	Rotherha55	20:26	34	Andrew Murray	DulwichR55 B	28:48

## M55 & M65 - Men over 55 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Stephen Watmough	Warringt55	18:02	36:34	+ 2	22	Andy Rea	Centurio55	23:42	45:06	+ 2
2	Rob Sheen	Leiceste55	19:39	37:19	- 1	23	Michael Brentnall	Cambridg55	23:08	47:04	+ 7
3	Steve Smith	SwanseaH55	19:35	38:03	- 1	24	Andy Law	Sparkhil55 B	22:33	47:46	+ 9
4	Chris Ireland	Sheffiel55 A	19:09	38:19	+ 6	25	Steven Green	WoldsVet55	25:35	48:31	+ 3
5	Keith Newton	HerneHil55 A	19:17	38:23	+ 4	26	Richard Pettitt	ValeRoya55	26:45	49:06	+ 1
6	Steve Marklew	RoyalSut55	19:43	38:39	+ 1	27	Gary Thomason	SalfordH55	27:44	49:20	- 2
7	Tony Roper	Bristol&55 A	18:25	38:42	+ 7	28	Stuart Greenall	Northwic55	24:46	49:58	+ 4
8	Sean Butler	Altrinch55 A	19:53	38:45	- 2	29	Eberhard Prill	DulwichR55 B	21:22	50:10	+ 5
9	Tony Tuohy	DulwichR55 A	17:51	39:02	+ 12	30	Ian Strong	HerneHil55 B	28:29	50:25	- 4
10	Noel O'dowd	Southamp55	20:23	39:05	- 5	31	Martin Foster	Bournvil55 B	26:39	51:17	0
11	Philip Coleman	Tonbridg55	19:32	39:30	0	<b>Fastest runners over stage 2:</b>					
12	Koji Miyazaki	Aldersho55	19:20	39:40	+ 3	1	Tony Tuohy	DulwichR55 A	17:51		
13	Gordon Hennessy	SouthLon55	19:42	39:55	0	2	Stephen Watmough	Warringt55	18:02		
14	Darren Riley	Sparkhil55 A	20:01	40:02	- 2	3	Tony Roper	Bristol&55 A	18:25		
15	Roy Smith	Mansfiel55	21:58	40:35	- 11	4	Chris Ireland	Sheffiel55 A	19:09		
16	Harry Fowler	Brat 55	21:47	40:44	- 8	5	Keith Newton	HerneHil55 A	19:17		
17	Stuart Jones	SteelCit55	21:54	42:19	- 1	6	Koji Miyazaki	Aldersho55	19:20		
18	Bill Nock	Halesowe55	21:00	42:21	+ 5	7	Philip Coleman	Tonbridg55	19:32		
19	Graham Harrison	Altrinch55 B	21:06	42:22	+ 3	8	Steve Smith	SwanseaH55	19:35		
20	Peter Hickman	Bournvil55 A	22:20	43:16	0	9	Rob Sheen	Leiceste55	19:39		
21	John Dutton	Rotherha55	22:53	43:19	- 4	10	Gordon Hennessy	SouthLon55	19:42		

## M55 & M65 - Men over 55 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Phil Makepeace	Leiceste55	17:19	54:38	+ 1	21	Thomas Healy	Centurio55	20:48	1:05:54	+ 1
2	Andrew Green	Warringt55	18:59	55:33	- 1	22	Paul Clemmens	Rotherha55	23:57	1:07:16	- 1
3	Philip Parry	Bristol&55 A	17:26	56:08	+ 4	23	Charlie Ritchie	Cambridg55	21:28	1:08:32	0
4	Gary Ironmonger	HerneHil55 A	18:35	56:58	+ 1	24	Dave Gough	ValeRoya55	21:48	1:10:54	+ 2
5	Geoff Lowry	Sheffiel55 A	18:47	57:06	- 1	25	Valdis Pauzers	HerneHil55 B	22:41	1:13:06	+ 5
6	Thomas Guest	SwanseaH55	19:21	57:24	- 3	26	Malcolm Piper	WoldsVet55	25:36	1:14:07	- 1
7	S Smithbannister	Aldersho55	18:50	58:30	+ 5	27	Ian Sesnan	DulwichR55 B	25:20	1:15:30	+ 2
8	Andy Tindall	SouthLon55	19:00	58:55	+ 5	28	Anthony Edwards	Sparkhil55 B	28:13	1:15:59	- 4
9	Gordon Nichol	Altrinch55 A	20:18	59:03	- 1	29	Steven Stamper	Northwic55	26:03	1:16:01	- 1
10	Michael Fullilove	DulwichR55 A	20:35	59:37	- 1	30	John Cheel	Bournvil55 B	25:42	1:16:59	+ 1
11	Andrew Wood	Tonbridg55	20:51	1:00:21	0	<b>Fastest runners over stage 3:</b>					
12	Paul Jenkins	RoyalSut55	21:48	1:00:27	- 6	1	Phil Makepeace	Leiceste55	17:19		
13	John Macinnes	Southamp55	22:12	1:01:17	- 3	2	Philip Parry	Bristol&55 A	17:26		
14	Dave Pearson	Sparkhil55 A	21:24	1:01:26	0	3	Gary Ironmonger	HerneHil55 A	18:35		
15	Ged Naylor	Mansfiel55	21:19	1:01:54	0	4	Geoff Lowry	Sheffiel55 A	18:47		
16	Martin Ludford	Brat 55	22:10	1:02:54	0	5	S Smithbannister	Aldersho55	18:50		
17	Jonathan Legon	SteelCit55	20:52	1:03:11	0	6	Andrew Green	Warringt55	18:59		
18	Andrew Nock	Halesowe55	22:07	1:04:28	0	7	Andy Tindall	SouthLon55	19:00		
19	Phil Vesey	Altrinch55 B	22:16	1:04:38	0	8	Thomas Guest	SwanseaH55	19:21		
20	David Ellis	Bournvil55 A	22:05	1:05:21	0	9	Gordon Nichol	Altrinch55 A	20:18		
						10	Michael Fullilove	DulwichR55 A	20:35		

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### Men over 55 — Team Results — Final

(nn) is team position after the appropriate stage.

<p><b>1 Leicester Coritanian M55 54:38</b></p> <p>1 TommyHughes (1) 17:40 2 Rob Sheen (2) 19:39 3 Phil Makepeace (1) 17:19</p> <p><b>2 Warrington AC M55 55:33</b></p> <p>1 Colin Bishop (3) 18:32 2 Stephen Watmough (1) 18:02 3 Andrew Green (2) 18:59</p> <p><b>3 Bristol &amp; West Ac M55 'A' 56:08</b></p> <p>1 Jeremy Hogan (14) 20:17 2 Tony Roper (7) 18:25 3 Philip Parry (3) 17:26</p> <p><b>4 Herne Hill Harriers M55 'A' 56:58</b></p> <p>1 Victor Maughn (9) 19:06 2 Keith Newton (5) 19:17 3 Gary Ironmonger (4) 18:35</p> <p><b>5 Sheffield Rc M55 'A' 57:06</b></p> <p>1 Jed Turner (10) 19:10 2 Chris Ireland (4) 19:09 3 Geoff Lowry (5) 18:47</p> <p><b>6 Swansea Harriers M55 57:24</b></p> <p>1 Ifan Lloyd (2) 18:28 2 Steve Smith (3) 19:35 3 Thomas Guest (6) 19:21</p> <p><b>7 Aldershot Farnham &amp; D M55 58:30</b></p> <p>1 Austin Soane (15) 20:20 2 Koji Miyazaki (12) 19:20 3 S Smithbannister (7) 18:50</p> <p><b>8 South London Harriers M55 58:55</b></p> <p>1 John Foss (13) 20:13 2 Gordon Hennessy (13) 19:42 3 Andy Tindall (8) 19:00</p> <p><b>9 Altrincham &amp; District M55 'A' 59:03</b></p> <p>1 Richard Evans (6) 18:52 2 Sean Butler (8) 19:53 3 Gordon Nichol (9) 20:18</p> <p><b>10 Dulwich Runners Ac M55 'A' 59:37</b></p> <p>1 Stephen Smythe (21) 21:11 2 Tony Tuohy (9) 17:51 3 Michael Fullilove (10) 20:35</p> <p><b>11 Tonbridge Ac M55 1:00:21</b></p> <p>1 Alan Buckle (11) 19:58 2 Philip Coleman (11) 19:32 3 Andrew Wood (11) 20:51</p> <p><b>12 Royal Sutton Coldfield M55 1:00:27</b></p> <p>1 Rob Andrew (7) 18:56 2 Steve Marklew (6) 19:43 3 Paul Jenkins (12) 21:48</p> <p><b>13 Southampton AC M55 1:01:17</b></p> <p>1 Jonathan Grainger (5) 18:42 2 Noel O'dowd (10) 20:23 3 John Macinnes (13) 22:12</p> <p><b>14 Sparkhill Harriers M55 'A' 1:01:26</b></p> <p>1 Nick Stringer (12) 20:01 2 Darren Riley (14) 20:01 3 Dave Pearson (14) 21:24</p> <p><b>15 Mansfield Harriers M55 1:01:54</b></p> <p>1 Andy Wetherill (4) 18:37 2 Roy Smith (15) 21:58 3 Ged Naylor (15) 21:19</p> <p><b>16 Birmingham Running A&amp;t M55 1:02:54</b></p> <p>1 Brian Mcevoy (8) 18:57 2 Harry Fowler (16) 21:47 3 Martin Ludford (16) 22:10</p> <p><b>17 Steel City Striders M55 1:03:11</b></p> <p>1 David Wilson (16) 20:25 2 Stuart Jones (17) 21:54 3 Jonathan Legon (17) 20:52</p> <p><b>18 Halesowen Acc M55 1:04:28</b></p> <p>1 John Hill (23) 21:21 2 Bill Nock (18) 21:00 3 Andrew Nock (18) 22:07</p> <p><b>19 Altrincham &amp; District M55 'B' 1:04:38</b></p> <p>1 David Ainsworth (22) 21:16 2 Graham Harrison (19) 21:06 3 Phil Vesey (19) 22:16</p> <p><b>20 Bournville Harriers M55 'A' 1:05:21</b></p> <p>1 Daniel Wilson (20) 20:56 2 Peter Hickman (20) 22:20 3 David Ellis (20) 22:05</p>	<p><b>21 Centurion Rc M55 1:05:54</b></p> <p>1 Paul Bingham (24) 21:24 2 Andy Rea (22) 23:42 3 Thomas Healy (21) 20:48</p> <p><b>22 Rotherham Harriers M55 1:07:16</b></p> <p>1 John Comrie (17) 20:26 2 John Dutton (21) 22:53 3 Paul Clemmens (22) 23:57</p> <p><b>23 Cambridge &amp; Coleridge M55 1:08:32</b></p> <p>1 Gerald Meah (30) 23:56 2 Michael Brentnall (23) 23:08 3 Charlie Ritchie (23) 21:28</p> <p><b>24 Vale Royal Ac M55 1:10:54</b></p> <p>1 John Clarke (27) 22:21 2 Richard Pettitt (26) 26:45 3 Dave Gough (24) 21:48</p> <p><b>25 Herne Hill Harriers M55 'B' 1:13:06</b></p> <p>1 Anthony Harran (26) 21:56 2 Ian Strong (30) 28:29 3 Valdis Pauzers (25) 22:41</p> <p><b>26 Wolds Veteran Rc M55 1:14:07</b></p> <p>1 Barry Bradley (28) 22:56 2 Steven Green (25) 25:35 3 Malcolm Piper (26) 25:36</p> <p><b>27 Dulwich Runners Ac M55 'B' 1:15:30</b></p> <p>1 Andrew Murray (34) 28:48 2 Eberhard Prill (29) 21:22 3 Ian Sesnan (27) 25:20</p> <p><b>28 Sparkhill Harriers M55 'B' 1:15:59</b></p> <p>1 Patrick Finnegan (33) 25:13 2 Andy Law (24) 22:33 3 Anthony Edwards (28) 28:13</p> <p><b>29 Northwich RC M55 1:16:01</b></p> <p>1 Philip Dover (32) 25:12 2 Stuart Greenall (28) 24:46 3 Steven Stamper (29) 26:03</p> <p><b>30 Bournville Harriers M55 'B' 1:16:59</b></p> <p>1 Stephen Doswell (31) 24:38 2 Martin Foster (31) 26:39 3 John Cheel (30) 25:42</p> <p><b>Incomplete Teams:</b></p> <p><b>Salford Harriers M55</b></p> <p>1 Trevor Rayner (25) 21:36 2 Gary Thomason (27) 27:44</p> <p><b>Sheffield Rc M55 'B'</b></p> <p>1 Gary Podmore (18) 20:29</p> <p><b>Les Croupiers M55 'A'</b></p> <p>1 Richard Bullen (19) 20:50</p> <p><b>Bristol &amp; West Ac M55 'B'</b></p> <p>1 Michael Nutt (29) 23:08</p> <p><b>Fastest of all legs</b></p> <p>1 Phil Makepeace Leiceste55 17:19 2 Philip Parry Bristol&amp;55 A 17:26 3 Tommy Hughes Leiceste55 17:40 4 Tony Tuohy DulwichR55 A 17:51 5 Stephen Watmough Warringt55 18:02 6 Tony Roper Bristol&amp;55 A 18:25 7 Ifan Lloyd SwanseaH55 18:28 8 Colin Bishop Warringt55 18:32 9 Gary Ironmonger HerneHil55 A 18:35 10 Andy Wetherill Mansfiel55 18:37</p>
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# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M55 & M65 - Men over 65 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	David Oxland	NottsAc 65	20:04	6	Tom Burgess	Bristol&65	23:20
2	Stewart Thorp	OxfordCi65	20:11	7	Robert Bell	DulwichR65	24:12
3	John Harley	Tonbridg65	21:23	8	Roland Bowness	SalfordH65 A	24:44
4	Arthur Daley	Gloucest65	21:27	9	Colin Davies	Altrinch65	25:23
5	Michael Cranwell	LesCroup65 A	23:02	10	Tommy Daniels	SalfordH65 B	26:11

## M55 & M65 - Men over 65 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Roy Treadwell	OxfordCi65	21:44	41:55	+ 1	1	David Bedwell	Bristol&65	20:00
2	Alan Newman	Tonbridg65	21:45	43:08	+ 1	2	Stanley Owen	SalfordH65 A	20:00
3	David Bedwell	Bristol&65	20:00	43:20	+ 3	3	Hugh Balfour	DulwichR65	21:31
4	Robert Evans	LesCroup65 A	21:38	44:40	+ 1	4	Robert Evans	LesCroup65 A	21:38
5	Stanley Owen	SalfordH65 A	20:00	44:44	+ 3	5	Roy Treadwell	OxfordCi65	21:44
6	Hugh Balfour	DulwichR65	21:31	45:43	+ 1	6	Alan Newman	Tonbridg65	21:45
7	David Spackman	Gloucest65	26:51	48:18	- 3	7	Stewart Darlington	SalfordH65 B	26:32
8	Stewart Darlington	SalfordH65 B	26:32	52:43	+ 2	8	David Spackman	Gloucest65	26:51
9	Mansel Pope	Altrinch65	27:25	52:48	0	9	Mansel Pope	Altrinch65	27:25

## M55 & M65 - Men over 65 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	John Exley	OxfordCi65	21:47	1:03:42	0	1	John Exley	OxfordCi65	21:47
2	Mike Chipping	Bristol&65	22:03	1:05:23	+ 1	2	Mike Chipping	Bristol&65	22:03
3	Brian Buckwell	Tonbridg65	23:25	1:06:33	- 1	3	Brian Buckwell	Tonbridg65	23:25
4	Michael Wakefield	SalfordH65 A	23:46	1:08:30	+ 1	4	Michael Wakefield	SalfordH65 A	23:46
5	Michael Davies	LesCroup65 A	23:59	1:08:39	- 1	5	Michael Davies	LesCroup65 A	23:59
6	B Nicholls	DulwichR65	25:03	1:10:46	0	6	B Nicholls	DulwichR65	25:03
7	C O'carroll	Gloucest65	29:10	1:17:28	0	7	Hugh Mckenna	Altrinch65	25:35
8	Hugh Mckenna	Altrinch65	25:35	1:18:23	+ 1	8	Thomas Temple	SalfordH65 B	26:16
9	Thomas Temple	SalfordH65 B	26:16	1:18:59	- 1	9	C O'carroll	Gloucest65	29:10

## Men over 65 — Team Results — Final (nn) is team position after the appropriate stage.

<b>1 Oxford City Ac M65</b>	<b>1:03:42</b>	1 Stewart Thorp (2) 20:11	2 Roy Treadwell (1) 21:44
<b>2 Bristol &amp; West Ac M65</b>	<b>1:05:23</b>	1 Tom Burgess (6) 23:20	2 David Bedwell (3) 20:00
<b>3 Tonbridge Ac M65</b>	<b>1:06:33</b>	1 John Harley (3) 21:23	2 Alan Newman (2) 21:45
<b>4 Salford Harriers M65</b>	<b>'A' 1:08:30</b>	1 Roland Bowness (8) 24:44	2 Stanley Owen (5) 20:00
<b>5 Les Croupiers M65</b>	<b>'A' 1:08:39</b>	1 Michael Cranwell (5) 23:02	2 Robert Evans (4) 21:38
<b>6 Dulwich Runners Ac M65</b>	<b>1:10:46</b>	1 Robert Bell (7) 24:12	2 Hugh Balfour (6) 21:31
<b>7 Gloucester Ac M65</b>	<b>1:17:28</b>	1 Arthur Daley (4) 21:27	2 David Spackman (7) 26:51
<b>8 Altrincham &amp; District M65</b>	<b>1:18:23</b>	1 Colin Davies (9) 25:23	2 Mansel Pope (9) 27:25
<b>9 Salford Harriers M65</b>	<b>'B' 1:18:59</b>	1 Tommy Daniels (10) 26:11	2 Stewart Darlington (8) 26:32
		3 Thomas Temple (9) 26:16	

### Incomplete Teams:

#### Notts Ac M65

1 David Oxland (1) 20:04

### Fastest of all legs

1	David Bedwell	Bristol&65	20:00
=	Stanley Owen	SalfordH65 A	20:00
3	David Oxland	NottsAc 65	20:04
4	Stewart Thorp	OxfordCi65	20:11
5	John Harley	Tonbridg65	21:23
6	Arthur Daley	Gloucest65	21:27
7	Hugh Balfour	DulwichR65	21:31
8	Robert Evans	LesCroup65 A	21:38
9	Roy Treadwell	OxfordCi65	21:44
10	Alan Newman	Tonbridg65	21:45

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## - Women over 35 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Sarah Lowery	RotherhamH	18:19	18	Monica Baptista	Bournville A	21:33
2	Claire Martin	TelfordAc	18:48	19	Michelle Dale	HalesowenA	21:37
3	Vicky Tester	WestburyHa A	19:21	20	Beverley Armstrong	MansfieldH A	21:58
4	A Duranmingo	Bristol&We	19:29	21	Helen Beecham	AldridgeRc	22:00
5	Jennifer Dale	Birmingham	19:49	22	Frances Vickers	Birchfield A	22:02
6	Emma Patel	CityOfNorw	19:55	23	Jeni Stevenson	WestburyHa B	22:58
7	Tracy Hinxman	DerbyAC	20:00	24	Kerry Hemmings	CenturionR A	23:17
8	Liz Weeks	TonbridgeA	20:04	25	Victoria Lawson	NorthwichR	23:58
9	Rachel Rose	SheffieldR	20:06	26	Paloma Crayford	ReadingRoa	24:36
10	Sally Hughes	SuttonInAs	20:30	27	Rebecca Jones	Bournville B	24:42
11	Carolyn Dooley	ValeRoyalA	20:34	28	Susannah Latouche	Bournville C	27:00
12	Kerry Storrar	BarnsleyAC	20:38	29	Lisa Bowes	CenturionR B	33:04
13	Sally Gray	Cannock&St	20:43	30	Linda Goulding	Bournville D	34:02
14	Harriet Hamilton	SaleHarrie	20:47				
15	Gemma Larkin	ChorltonRu	20:55				
16	Christina Horak	Stroud&Dis	21:30				
17	Helen Talbot	NuneatonHa	21:32				

## - Women over 35 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Sophie Voller	WestburyHa A	20:09	39:30	+ 2	21	Mathilde Housley	Bournville A	24:03	45:36	- 3
2	Natalie Harris	RotherhamH	21:18	39:37	- 1	22	Anna Parsons	NorthwichR	21:54	45:52	+ 3
3	Nichola Evans	TonbridgeA	20:40	40:44	+ 5	23	Samantha Love	HalesowenA	25:52	47:29	- 4
4	Chrisse Dover	DerbyAC	20:57	40:57	+ 3	24	Abigail Wright	AldridgeRc	27:22	49:22	- 3
5	Anne Chinoy	SaleHarrie	20:26	41:13	+ 9	25	Sam Pretlove	Bournville B	24:50	49:32	+ 2
6	Gail Colville	BarnsleyAC	20:45	41:23	+ 6	26	Samantha Whalley	ReadingRoa	25:16	49:52	0
7	Jane Wassell	Stroud&Dis	19:56	41:26	+ 9	27	Diane Jenkins	CenturionR A	26:59	50:16	- 3
8	Helen Pike	Birmingham	21:57	41:46	- 3	28	Clare Mullin	Bournville C	26:41	53:41	0
9	Helen Smith	ValeRoyalA	21:17	41:51	+ 2	29	Lesley Proctor	Bournville D	30:00	1:04:02	+ 1
10	Andreja Zevnik	ChorltonRu	21:50	42:45	+ 5	<b>Fastest runners over stage 2:</b>					
11	Sarah Stubbs	CityOfNorw	23:02	42:57	- 5	1	Jane Wassell	Stroud&Dis	19:56		
12	Liz Hill	Bristol&We	23:37	43:06	- 8	2	Sophie Voller	WestburyHa A	20:09		
13	Kate Simpson	SuttonInAs	23:04	43:34	- 3	3	Anne Chinoy	SaleHarrie	20:26		
14	Jo Grant	NuneatonHa	22:08	43:40	+ 3	4	Nichola Evans	TonbridgeA	20:40		
15	Kahli Johnson	MansfieldH A	21:45	43:43	+ 5	5	Gail Colville	BarnsleyAC	20:45		
16	Natalie Boswell	Cannock&St	23:28	44:11	- 3	6	Chrisse Dover	DerbyAC	20:57		
17	R Tankilemorris	SheffieldR	24:25	44:31	- 8	7	Helen Smith	ValeRoyalA	21:17		
18	Sarah Travis	Birchfield A	22:48	44:50	+ 4	8	Natalie Harris	RotherhamH	21:18		
19	Lisa Blagden	TelfordAc	26:15	45:03	- 17	9	Kahli Johnson	MansfieldH A	21:45		
20	Alison Rogers	WestburyHa B	22:30	45:28	+ 3	10	Andreja Zevnik	ChorltonRu	21:50		

## - Women over 35 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Fiona Davies	RotherhamH	18:35	58:12	+ 1	21	Rebecca Moore	HalesowenA	25:59	1:13:28	+ 2
2	Elizabeth Smith	WestburyHa A	22:07	1:01:37	- 1	22	Sarah Rigby	NorthwichR	28:20	1:14:12	0
3	Joanne Fifield	Stroud&Dis	20:22	1:01:48	+ 4	23	Alison Fergusson	CenturionR A	24:40	1:14:56	+ 4
4	Sasha Houghton	TonbridgeA	21:05	1:01:49	- 1	24	Suz West	Bournville B	25:37	1:15:09	+ 1
5	Louise Insley	DerbyAC	20:55	1:01:52	- 1	25	Claire Seymour	ReadingRoa	25:35	1:15:27	+ 1
6	Suzanne Smith	SaleHarrie	21:53	1:03:06	- 1	26	Claire O'brien	AldridgeRc	29:09	1:18:31	- 2
7	Melanie Johnson	ValeRoyalA	21:15	1:03:06	+ 2	27	Caroline Ancom	Bournville C	28:21	1:22:02	+ 1
8	Julia Belyavin	Bristol&We	20:02	1:03:08	+ 4	28	Anna Mcmanus	Bournville D	28:02	1:32:04	+ 1
9	Leona Beaumont	ChorltonRu	20:49	1:03:34	+ 1	<b>Fastest runners over stage 3:</b>					
10	Naomi Biddlestone	BarnsleyAC	22:17	1:03:40	- 4	1	Fiona Davies	RotherhamH	18:35		
11	Kirsty Huntington	MansfieldH A	21:12	1:04:55	+ 4	2	Julia Belyavin	Bristol&We	20:02		
12	Rebecca Thorby	CityOfNorw	22:16	1:05:13	- 1	3	Joanne Fifield	Stroud&Dis	20:22		
13	Gillian Russon	Cannock&St	22:37	1:06:48	+ 3	4	Leona Beaumont	ChorltonRu	20:49		
14	Natalie Thompson	SuttonInAs	23:33	1:07:07	- 1	5	Louise Insley	DerbyAC	20:55		
15	Carolyn Dyall	NuneatonHa	24:26	1:08:06	- 1	6	Sasha Houghton	TonbridgeA	21:05		
16	C McNicholl	Birmingham	26:28	1:08:14	- 8	7	Kirsty Huntington	MansfieldH A	21:12		
17	Sarah Rockwebster	Bournville A	22:47	1:08:23	+ 4	8	Melanie Johnson	ValeRoyalA	21:15		
18	Nicola Ross	Birchfield A	23:35	1:08:25	0	9	Suzanne Smith	SaleHarrie	21:53		
19	J Wrightsaunders	SheffieldR	28:37	1:13:08	- 2	10	Elizabeth Smith	WestburyHa A	22:07		
20	Mel Lowe	WestburyHa B	27:54	1:13:22	0						

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## - Women over 35 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	D Elliott	RotherhamH	21:31	1:19:43	0
2	Lisa Palmer	DerbyAC	18:18	1:20:10	+ 3
3	Eleanor Vernon	TonbridgeA	18:45	1:20:34	+ 1
4	Robyn Ellis	WestburyHa A	20:37	1:22:14	- 2
5	Heidi North	Stroud&Dis	21:39	1:23:27	- 2
6	Anna Begbie	ValeRoyalA	21:34	1:24:40	+ 1
7	V Cordingley	SaleHarrie	22:34	1:25:40	- 1
8	Jacqueline Perrot	ChortonRu	22:33	1:26:07	+ 1
9	Antonia Gooder	Bristol&We	23:07	1:26:15	- 1
10	Ellie Stevens	CityOfNorw	23:42	1:28:55	+ 2
11	Sarah Conway	Birchfield A	20:35	1:29:00	+ 7
12	Tracy Parker	SuttonInAs	22:19	1:29:26	+ 2
13	Linda Westlake	BarnsleyAC	25:49	1:29:29	- 3
14	Catherine Hough	MansfieldH A	25:34	1:30:29	- 3
15	Laura Leslie	Bournville A	22:29	1:30:52	+ 2
16	Susan Kneillboxley	Cannock&St	24:38	1:31:26	- 3
17	Melanie Hill	NuneatonHa	24:41	1:32:47	- 2
18	Rachel Brown	Birmingham	24:36	1:32:50	- 2
19	Sarah Thompson	HalesowenA	20:06	1:33:34	+ 2
20	Deborah Richards	SheffieldR	21:43	1:34:51	- 1
21	Stacey Marston	Bournville B	26:00	1:41:09	+ 3
22	Eloise Yates	NorthwichR	27:43	1:41:55	0
23	Caroline Scapens	WestburyHa B	29:29	1:42:51	- 3
24	Clare Colquhoun	CenturionR A	30:02	1:44:58	- 1
25	C Greenhouse	Bournville C	26:39	1:48:41	+ 2
26	Sarah Hinkley	AldridgeRc	30:47	1:49:18	0
27	Linda Howell	Bournville D	33:08	2:05:12	+ 1

  

Fastest runners over stage 4:		
1	Lisa Palmer	DerbyAC 18:18
2	Eleanor Vernon	TonbridgeA 18:45
3	Sarah Thompson	HalesowenA 20:06
4	Sarah Conway	Birchfield A 20:35
5	Robyn Ellis	WestburyHa A 20:37
6	D Elliott	RotherhamH 21:31
7	Anna Begbie	ValeRoyalA 21:34
8	Heidi North	Stroud&Dis 21:39
9	Deborah Richards	SheffieldR 21:43
10	Tracy Parker	SuttonInAs 22:19

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## Women over 35 — Team Results — Final (nn) is team position after the appropriate stage.

<p><b>1 Rotherham Harriers &amp; Ac</b> <b>1:19:43</b></p> <p>1 Sarah Lowery (1) 18:19 2 Natalie Harris (2) 21:18 3 Fiona Davies (1) 18:35 4 DElliott (1) 21:31</p>	<p><b>17 Nuneaton Harriers</b> <b>1:32:47</b></p> <p>1 Helen Talbot (17) 21:32 2 Jo Grant (14) 22:08 3 Carolyn Dyall (15) 24:26 4 Melanie Hill (17) 24:41</p>
<p><b>2 Derby AC</b> <b>1:20:10</b></p> <p>1 Tracy Hinxman (7) 20:00 2 Chrissie Dover (4) 20:57 3 Louise Inslay (5) 20:55 4 Lisa Palmer (2) 18:18</p>	<p><b>18 Birmingham Running Athletics &amp;</b> <b>1:32:50</b></p> <p>1 Jennifer Dale (5) 19:49 2 Helen Pike (8) 21:57 3 C McNicholl (16) 26:28 4 Rachel Brown (18) 24:36</p>
<p><b>3 Tonbridge Ac</b> <b>1:20:34</b></p> <p>1 Liz Weeks (8) 20:04 2 Nichola Evans (3) 20:40 3 Sasha Houghton (4) 21:05 4 Eleanor Vernon (3) 18:45</p>	<p><b>19 Halesowen Acc</b> <b>1:33:34</b></p> <p>1 Michelle Dale (19) 21:37 2 Samantha Love (23) 25:52 3 Rebecca Moore (21) 25:59 4 Sarah Thompson (19) 20:06</p>
<p><b>4 Westbury Harriers</b> <b>'A'</b> <b>1:22:14</b></p> <p>1 Vicky Tester (3) 19:21 2 Sophie Voller (1) 20:09 3 Elizabeth Smith (2) 22:07 4 Robyn Ellis (4) 20:37</p>	<p><b>20 Sheffield Rc</b> <b>1:34:51</b></p> <p>1 Rachel Rose (9) 20:06 2 RTankilemorris (17) 24:25 3 J Wrightsaunders (19) 28:37 4 Deborah Richards (20) 21:43</p>
<p><b>5 Stroud &amp; District Ac</b> <b>1:23:27</b></p> <p>1 Christina Horak (16) 21:30 2 Jane Wassell (7) 19:56 3 Joanne Fifield (3) 20:22 4 Heidi North (5) 21:39</p>	<p><b>21 Bournville Harriers</b> <b>'B'</b> <b>1:41:09</b></p> <p>1 Rebecca Jones (27) 24:42 2 Sam Pretlove (25) 24:50 3 Suz West (24) 25:37 4 Stacey Marston (21) 26:00</p>
<p><b>6 Vale Royal Ac</b> <b>1:24:40</b></p> <p>1 Carolyn Dooley (11) 20:34 2 Helen Smith (9) 21:17 3 Melanie Johnson (7) 21:15 4 Anna Begbie (6) 21:34</p>	<p><b>22 Northwich RC</b> <b>1:41:55</b></p> <p>1 Victoria Lawson (25) 23:58 2 Anna Parsons (22) 21:54 3 Sarah Rigby (22) 28:20 4 Eloise Yates (22) 27:43</p>
<p><b>7 Sale Harriers Manchester</b> <b>1:25:40</b></p> <p>1 Harriet Hamilton (14) 20:47 2 Anne Chinoy (5) 20:26 3 Suzanne Smith (6) 21:53 4 V Cordingley (7) 22:34</p>	<p><b>23 Westbury Harriers</b> <b>'B'</b> <b>1:42:51</b></p> <p>1 Jeni Stevenson (23) 22:58 2 Alison Rogers (20) 22:30 3 Mel Lowe (20) 27:54 4 Caroline Scapens (23) 29:29</p>
<p><b>8 Chorlton Runners</b> <b>1:26:07</b></p> <p>1 Gemma Larkin (15) 20:55 2 Andreja Zevnik (10) 21:50 3 Leona Beaumont (9) 20:49 4 Jacqueline Perrot (8) 22:33</p>	<p><b>24 Centurion Rc</b> <b>'A'</b> <b>1:44:58</b></p> <p>1 Kerry Hemmings (24) 23:17 2 Diane Jenkins (27) 26:59 3 Alison Fergusson (23) 24:40 4 Clare Colquhoun (24) 30:02</p>
<p><b>9 Bristol &amp; West Ac</b> <b>1:26:15</b></p> <p>1 A Duranmingo (4) 19:29 2 Liz Hill (12) 23:37 3 Julia Belyavin (8) 20:02 4 Antonia Gooder (9) 23:07</p>	<p><b>25 Bournville Harriers</b> <b>'C'</b> <b>1:48:41</b></p> <p>1 Susannah Latouche (28) 27:00 2 Clare Mullin (28) 26:41 3 Caroline Ancom (27) 28:21 4 C Greenhouse (25) 26:39</p>
<p><b>10 City Of Norwich Ac</b> <b>1:28:55</b></p> <p>1 Emma Patel (6) 19:55 2 Sarah Stubbs (11) 23:02 3 Rebecca Thorby (12) 22:16 4 Ellie Stevens (10) 23:42</p>	<p><b>26 Aldridge Rc</b> <b>1:49:18</b></p> <p>1 Helen Beecham (21) 22:00 2 Abigail Wright (24) 27:22 3 Claire O'Brien (26) 29:09 4 Sarah Hinkley (26) 30:47</p>
<p><b>11 Birchfield Harriers</b> <b>'A'</b> <b>1:29:00</b></p> <p>1 Frances Vickers (22) 22:02 2 Sarah Travis (18) 22:48 3 Nicola Ross (18) 23:35 4 Sarah Conway (11) 20:35</p>	<p><b>27 Bournville Harriers</b> <b>'D'</b> <b>2:05:12</b></p> <p>1 Linda Goulding (30) 34:02 2 Lesley Proctor (29) 30:00 3 Anna Mcmanus (28) 28:02 4 Linda Howell (27) 33:08</p>
<p><b>12 Sutton In Ashfield Harriers &amp;</b> <b>1:29:26</b></p> <p>1 Sally Hughes (10) 20:30 2 Kate Simpson (13) 23:04 3 Natalie Thompson (14) 23:33 4 Tracy Parker (12) 22:19</p>	<p><b>Incomplete Teams:</b></p> <p style="text-align: center;"><b>Reading Roadrunners</b></p> <p>1 Paloma Crayford (26) 24:36 2 Samantha Whalley (26) 25:16 3 Claire Seymour (25) 25:35</p>
<p><b>13 Barnsley AC</b> <b>1:29:29</b></p> <p>1 Kerry Storrar (12) 20:38 2 Gail Colville (6) 20:45 3 Naomi Biddlestone (10) 22:17 4 Linda Westlake (13) 25:49</p>	<p style="text-align: center;"><b>Telford Ac</b></p> <p>1 Claire Martin (2) 18:48 2 Lisa Blagden (19) 26:15</p>
<p><b>14 Mansfield Harriers</b> <b>'A'</b> <b>1:30:29</b></p> <p>1 Beverley Armstrong (20) 21:58 2 Kahli Johnson (15) 21:45 3 Kirsty Huntington (11) 21:12 4 Catherine Hough (14) 25:34</p>	<p style="text-align: center;"><b>Centurion Rc</b> <b>'B'</b></p> <p>1 Lisa Bowes (29) 33:04</p>
<p><b>15 Bournville Harriers</b> <b>'A'</b> <b>1:30:52</b></p> <p>1 Monica Baptista (18) 21:33 2 Mathilde Housley (21) 24:03 3 Sarah Rockwebster (17) 22:47 4 Laura Leslie (15) 22:29</p>	<p><b>Fastest of all legs</b></p> <p>1 Lisa Palmer DerbyAC 18:18 2 Sarah Lowery RotherhamH 18:19 3 Fiona Davies RotherhamH 18:35 4 Eleanor Vernon TonbridgeA 18:45 5 Claire Martin TelfordAc 18:48 6 Vicky Tester WestburyHa A 19:21 7 A Duranmingo Bristol&amp;We 19:29 8 Jennifer Dale Birmingham 19:49 9 Emma Patel CityOfNorw 19:55 10 Jane Wassell Stroud&amp;Dis 19:56</p>
<p><b>16 Cannock &amp; Stafford Ac</b> <b>1:31:26</b></p> <p>1 Sally Gray (13) 20:43 2 Natalie Boswell (16) 23:28 3 Gillian Russon (13) 22:37 4 Susan Kneillboxley (16) 24:38</p>	

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### - Women over 45 Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Annabel Granger	Bristol&45 A	19:07			
2	Katie Hughes	Westbury45 A	19:13			
3	Julie Cook	SalfordH45	20:10			
4	Jackie Bradshaw	Halesowe45 A	20:17			
5	Ruth Hutton	SouthLon45	20:51			
6	Helen Pool	ReadingR45	21:31			
7	Susan Francis	ReadingA45	21:48			
8	Rachel Fagg	Tonbridg45	22:24			
9	Julia Reynolds	SaleHarr45	23:01			
10	Mary Hall	Nuneaton45	23:06			
11	Sara Hewison	Bournvil45 A	23:09			
12	Maria Hobbs	Westbury45 B	23:22			
13	Emmajane Orchard	Bristol&45 B	24:13			
14	Karon Jones	Birchfie45	24:31			
15	Debbie Moreton	ValeRoya45 A	24:48			
16	Joanne Edwards	ValeRoya45 B	25:03			
17	Sharon Armitage	Mansfiel45	25:41			
18	Ann Robinson	Cannock&45	26:46			
19	Joanne Stephens	Aldridge45	26:47			
20	Manisha Parmar	Sparkhil45	27:07			
21	Sharon Newman	Bournvil45 B	30:45			

### - Women over 45 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	Clare Jolliffe	Bristol&45 A	19:37	38:44	0				
2	Emma Woodworth	Westbury45 A	21:14	40:27	0				
3	Beverley Simons	SalfordH45	20:36	40:46	0				
4	Samantha Morton	Halesowe45 A	20:59	41:16	0				
5	Sarah Urwinmann	ReadingA45	20:04	41:52	+ 2				
6	Pippa Major	SouthLon45	22:53	43:44	- 1				
7	Lesley Whiley	ReadingR45	23:43	45:14	- 1				
8	GraziaManzotti	Tonbridg45	23:44	46:08	0				
9	Lisa Marshall	Westbury45 B	23:22	46:44	+ 3				
10	Helen Reagan	SaleHarr45	24:10	47:11	- 1				
11	Jaeda Goodman	Bournvil45 A	24:31	47:40	0				
12	Helen Betteley	ValeRoya45 A	25:42	50:30	+ 3				
13	Christine Rose	Bristol&45 B	26:55	51:08	0				
14	Ann Wheeler	Nuneaton45	28:35	51:41	- 4				
15	Lynda Clare	Cannock&45	26:02	52:48	+ 3				
16	Claire Molloy	Sparkhil45	26:03	53:10	+ 4				
17	Debbie Richardson	ValeRoya45 B	28:24	53:27	- 1				
18	Helen Bloomer	Birchfie45	29:08	53:39	- 4				
19	Louise Gadd	Aldridge45	28:13	55:00	0				
20	Louisa Moore	Bournvil45 B	26:42	57:27	+ 1				

**Fastest runners over stage 2:**

1	Clare Jolliffe	Bristol&45 A	19:37
2	Sarah Urwinmann	ReadingA45	20:04
3	Beverley Simons	SalfordH45	20:36
4	Samantha Morton	Halesowe45 A	20:59
5	Emma Woodworth	Westbury45 A	21:14
6	Pippa Major	SouthLon45	22:53
7	Lisa Marshall	Westbury45 B	23:22
8	Lesley Whiley	ReadingR45	23:43
9	GraziaManzotti	Tonbridg45	23:44
10	Helen Reagan	SaleHarr45	24:10

### - Women over 45 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	Sarah Everitt	Bristol&45 A	19:33	58:17	0				
2	Jayne Pemble	Westbury45 A	21:56	1:02:23	0				
3	Susan Mcdonald	SouthLon45	19:37	1:03:21	+ 3				
4	Kerri James	Halesowe45 A	22:21	1:03:37	0				
5	Ruth Ollerenshaw	SalfordH45	23:35	1:04:21	- 2				
6	Caroline Stevens	ReadingA45	23:46	1:05:38	- 1				
7	Julie Rainbow	ReadingR45	22:41	1:07:55	0				
8	Helen Sawyer	Westbury45 B	24:16	1:11:00	+ 1				
9	Caroline Kinghorn	SaleHarr45	24:17	1:11:28	+ 1				
10	Alison Davies	Bournvil45 A	24:05	1:11:45	+ 1				
11	Sue James	Tonbridg45	25:45	1:11:53	- 3				
12	Caroline Buckley	ValeRoya45 A	25:40	1:16:10	0				
13	Latife Comlek	Bristol&45 B	25:10	1:16:18	0				
14	Emma Hollinshead	Cannock&45	24:32	1:17:20	+ 1				
15	Simone Wilson	Nuneaton45	26:16	1:17:57	- 1				
16	KatrinaWyke	Aldridge45	25:02	1:20:02	+ 3				
17	Mary Ross	Birchfie45	26:33	1:20:12	+ 1				
18	Rebecca Marks	Sparkhil45	27:55	1:21:05	- 2				
19	Pauline Davies	ValeRoya45 B	27:47	1:21:14	- 2				
20	Suzanne Bunn	Bournvil45 B	28:46	1:26:13	0				

**Fastest runners over stage 3:**

1	Sarah Everitt	Bristol&45 A	19:33
2	Susan Mcdonald	SouthLon45	19:37
3	Jayne Pemble	Westbury45 A	21:56
4	Kerri James	Halesowe45 A	22:21
5	Julie Rainbow	ReadingR45	22:41
6	Ruth Ollerenshaw	SalfordH45	23:35
7	Caroline Stevens	ReadingA45	23:46
8	Alison Davies	Bournvil45 A	24:05
9	Helen Sawyer	Westbury45 B	24:16
10	Caroline Kinghorn	SaleHarr45	24:17



# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## Women over 45 — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Bristol &amp; West Ac W45</b>	<b>'A'</b>	<b>58:17</b>	<b>14 Cannock &amp; Stafford W45</b>	<b>1:17:20</b>
1 Annabel Granger (1) 19:07			1 Ann Robinson (18) 26:46	2 Lynda Clare (15) 26:02
3 Sarah Everitt (1) 19:33			3 Emma Hollinshead (14) 24:32	
<b>2 Westbury Harriers W45</b>	<b>'A'</b>	<b>1:02:23</b>	<b>15 Nuneaton Harriers W45</b>	<b>1:17:57</b>
1 Katie Hughes (2) 19:13			1 Mary Hall (10) 23:06	2 Ann Wheeler (14) 28:35
3 Jayne Pemble (2) 21:56			3 Simone Wilson (15) 26:16	
<b>3 South London Harriers W45</b>		<b>1:03:21</b>	<b>16 Aldridge Rc W45</b>	<b>1:20:02</b>
1 Ruth Hutton (5) 20:51			1 Joanne Stephens (19) 26:47	2 Louise Gadd (19) 28:13
3 Susan McDonald (3) 19:37			3 Katrina Wyke (16) 25:02	
<b>4 Halesowen Acc W45</b>	<b>'A'</b>	<b>1:03:37</b>	<b>17 Birchfield Harriers W45</b>	<b>1:20:12</b>
1 Jackie Bradshaw (4) 20:17			1 Karon Jones (14) 24:31	2 Helen Bloomer (18) 29:08
3 Kerri James (4) 22:21			3 Mary Ross (17) 26:33	
<b>5 Salford Harriers &amp; Ac W45</b>		<b>1:04:21</b>	<b>18 Sparkhill Harriers W45</b>	<b>1:21:05</b>
1 Julie Cook (3) 20:10			1 Manisha Parmar (20) 27:07	2 Claire Molloy (16) 26:03
3 Ruth Ollerenshaw (5) 23:35			3 Rebecca Marks (18) 27:55	
<b>6 Reading Ac W45</b>		<b>1:05:38</b>	<b>19 Vale Royal Ac W45</b>	<b>'B'</b> <b>1:21:14</b>
1 Susan Francis (7) 21:48			1 Joanne Edwards (16) 25:03	2 Debbie Richardson (17) 28:24
3 Caroline Stevens (6) 23:46			3 Pauline Davies (19) 27:47	
<b>7 Reading Roadrunners W45</b>		<b>1:07:55</b>	<b>20 Bournville Harriers W45</b>	<b>'B'</b> <b>1:26:13</b>
1 Helen Pool (6) 21:31			1 Sharon Newman (21) 30:45	2 Louisa Moore (20) 26:42
3 Julie Rainbow (7) 22:41			3 Suzanne Bunn (20) 28:46	
<b>8 Westbury Harriers W45</b>	<b>'B'</b>	<b>1:11:00</b>	<b>Incomplete Teams:</b>	
1 Maria Hobbs (12) 23:22			<b>Mansfield Harriers W45</b>	
3 Helen Sawyer (8) 24:16			1 Sharon Armitage (17) 25:41	
<b>9 Sale Harriers Manchester W45</b>		<b>1:11:28</b>	<b>Fastest of all legs</b>	
1 Julia Reynolds (9) 23:01			1 Annabel Granger Bristol&45 A 19:07	
3 Caroline Kinghorn (9) 24:17			2 Katie Hughes Westbury45 A 19:13	
<b>10 Bournville Harriers W45</b>	<b>'A'</b>	<b>1:11:45</b>	3 Sarah Everitt Bristol&45 A 19:33	
1 Sara Hewison (11) 23:09			4 Susan McDonald SouthLon45 19:37	
3 Alison Davies (10) 24:05			= Clare Jolliffe Bristol&45 A 19:37	
<b>11 Tonbridge Ac W45</b>		<b>1:11:53</b>	6 Sarah Urwinmann ReadingA45 20:04	
1 Rachel Fagg (8) 22:24			7 Julie Cook SalfordH45 20:10	
3 Sue James (11) 25:45			8 Jackie Bradshaw Halesowe45 A 20:17	
<b>12 Vale Royal Ac W45</b>	<b>'A'</b>	<b>1:16:10</b>	9 Beverley Simons SalfordH45 20:36	
1 Debbie Moreton (15) 24:48			10 Ruth Hutton SouthLon45 20:51	
3 Caroline Buckley (12) 25:40				
<b>13 Bristol &amp; West Ac W45</b>	<b>'B'</b>	<b>1:16:18</b>		
1 Emmajane Orchard (13) 24:13				
3 Latife Comlek (13) 25:10				

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## - Women over 55 Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Jane Clarke	CityOfNo55	20:57
2	Angela Parfitt	Bristol&55	22:14
3	Mandy Taylor	SteelCit55	22:50
4	Beverley Jackson	Altrinch55	22:56
5	Janet Binns	DatchetD55	23:08
6	Julie Scholey	LesCroup55	23:32
7	Ros Tabor	DulwichR55	24:06
8	Lucy O'connor	NorthHer55	24:51
9	Betty Gash	WoldsVet55	25:18
10	Pauline Wright	Bournvil55	26:57
11	Kay Ridgwell	Westbury55 A	29:28
12	Jane Quinn	Aldridge55	30:23

## - Women over 55 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Louise Wilkinson	CityOfNo55	24:20	45:17	0	1	Angie Norris	DulwichR55	21:29
2	Nicky Rafferty	SteelCit55	22:34	45:24	+ 1	2	Nicky Rafferty	SteelCit55	22:34
3	Angie Norris	DulwichR55	21:29	45:35	+ 4	3	Yvonne Bullen	LesCroup55	23:11
4	Alison Vesey	Altrinch55	23:31	46:27	0	4	Alison Vesey	Altrinch55	23:31
5	Yvonne Bullen	LesCroup55	23:11	46:43	+ 1	5	Louise Wilkinson	CityOfNo55	24:20
6	Yvonne Olney	DatchetD55	24:29	47:37	- 1	6	Yvonne Olney	DatchetD55	24:29
7	Anne Dockery	Bristol&55	26:02	48:16	- 5	7	Bev Evison	WoldsVet55	25:46
8	Linda Aird	NorthHer55	26:04	50:55	0	8	Anne Dockery	Bristol&55	26:02
9	Bev Evison	WoldsVet55	25:46	51:04	0	9	Linda Aird	NorthHer55	26:04
10	P Williamson	Bournvil55	29:08	56:05	0	10	P Williamson	Bournvil55	29:08
11	Eithne Noonan	Westbury55 A	29:51	59:19	0				
12	Judith Toase	Aldridge55	34:23	1:04:46	0				

## - Women over 55 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Clare Elms	DulwichR55	18:45	1:04:20	+ 2	1	Clare Elms	DulwichR55	18:45
2	Catherine Henery	CityOfNo55	22:19	1:07:36	- 1	2	Vicki Perry	Altrinch55	21:34
3	Kate Scott	SteelCit55	22:25	1:07:49	- 1	3	Aelwen Blythe	LesCroup55	22:09
4	Vicki Perry	Altrinch55	21:34	1:08:01	0	4	Catherine Henery	CityOfNo55	22:19
5	Aelwen Blythe	LesCroup55	22:09	1:08:52	0	5	Kate Scott	SteelCit55	22:25
6	Helen Bolt	DatchetD55	22:53	1:10:30	0	6	Helen Bolt	DatchetD55	22:53
7	Felicity Russell	Bristol&55	25:29	1:13:45	0	7	Jude Glynn	Bournvil55	24:29
8	Karen Dodsworth	NorthHer55	27:18	1:18:13	0	8	Sandy Masters	Westbury55 A	24:55
9	Jude Glynn	Bournvil55	24:29	1:20:34	+ 1	9	Felicity Russell	Bristol&55	25:29
10	Sandy Masters	Westbury55 A	24:55	1:24:14	+ 1	10	Anne Kelsall	Aldridge55	26:10
11	Anne Kelsall	Aldridge55	26:10	1:30:56	+ 1				

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## Women over 55 — Team Results — Final (nn) is team position after the appropriate stage.

<b>1 Dulwich Runners Ac W55</b>	<b>1:04:20</b>
1 Ros Tabor (7) 24:06	2 Angie Norris (3) 21:29
3 Clare Elms (1) 18:45	
<b>2 City Of Norwich Ac W55</b>	<b>1:07:36</b>
1 Jane Clarke (1) 20:57	2 Louise Wilkinson (1) 24:20
3 Catherine Henery (2) 22:19	
<b>3 Steel City Striders W55</b>	<b>1:07:49</b>
1 Mandy Taylor (3) 22:50	2 Nicky Rafferty (2) 22:34
3 Kate Scott (3) 22:25	
<b>4 Altrincham &amp; District W55</b>	<b>1:08:01</b>
1 Beverley Jackson (4) 22:56	2 Alison Vesey (4) 23:31
3 Vicki Perry (4) 21:34	
<b>5 Les Croupiers W55</b>	<b>1:08:52</b>
1 Julie Scholey (6) 23:32	2 Yvonne Bullen (5) 23:11
3 Aelwen Blythe (5) 22:09	
<b>6 Datchet Dashers W55</b>	<b>1:10:30</b>
1 Janet Binns (5) 23:08	2 Yvonne Olney (6) 24:29
3 Helen Bolt (6) 22:53	
<b>7 Bristol &amp; West Ac W55</b>	<b>1:13:45</b>
1 Angela Parfitt (2) 22:14	2 Anne Dockery (7) 26:02
3 Felicity Russell (7) 25:29	
<b>8 North Herts Rrc W55</b>	<b>1:18:13</b>
1 Lucy O'connor (8) 24:51	2 Linda Aird (8) 26:04
3 Karen Dodsworth (8) 27:18	
<b>9 Bournville Harriers W55</b>	<b>1:20:34</b>
1 Pauline Wright (10) 26:57	2 PWilliamson (10) 29:08
3 Jude Glynn (9) 24:29	
<b>10 Westbury Harriers W55</b>	<b>'A' 1:24:14</b>
1 Kay Ridgwell (11) 29:28	2 Eithne Noonan (11) 29:51
3 Sandy Masters (10) 24:55	
<b>11 Aldridge Rc W55</b>	<b>1:30:56</b>
1 Jane Quinn (12) 30:23	2 Judith Toase (12) 34:23
3 Anne Kelsall (11) 26:10	

### Incomplete Teams:

#### Wolds Veteran Rc W55

1 Betty Gash (9) 25:18	2 Bev Evison (9) 25:46
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### Fastest of all legs

1 Clare Elms	DulwichR55	18:45
2 Jane Clarke	CityOfNo55	20:57
3 Angie Norris	DulwichR55	21:29
4 Vicki Perry	Altrinch55	21:34
5 Aelwen Blythe	LesCroup55	22:09
6 Angela Parfitt	Bristol&55	22:14
7 Catherine Henery	CityOfNo55	22:19
8 Kate Scott	SteelCit55	22:25
9 Nicky Rafferty	SteelCit55	22:34
10 Mandy Taylor	SteelCit55	22:50

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## - Women over 65 Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Elizabeth Bowers	Worceste65	23:54
2	Jane Morley	WoldsVet65	26:40
3	Helen Eberlin	SteelCit65	26:55
4	Denise Wakefield	SalfordH65	27:39
5	Jean Rose	Chorlton65	28:34
6	Clare Johnson	LesCroup65	31:40

## - Women over 65 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Rosalind Hope	Worceste65	25:16	49:10	0	1	Barbara Brown	WoldsVet65	24:45
2	Barbara Brown	WoldsVet65	24:45	51:25	0	2	Rosalind Hope	Worceste65	25:16
3	Carol Beattie	SteelCit65	27:26	54:21	0	3	Carol Beattie	SteelCit65	27:26
4	Eirian Arwyn	LesCroup65	29:27	1:01:07	+ 2	4	Eirian Arwyn	LesCroup65	29:27
5	Jenny Miles	Chorlton65	34:08	1:02:42	0	5	Jenny Miles	Chorlton65	34:08

## - Women over 65 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Margaret Crosswell	Worceste65	27:32	1:16:42	0	1	Dorothy Kesterton	SteelCit65	23:20
2	Dorothy Kesterton	SteelCit65	23:20	1:17:41	+ 1	2	Ann James	LesCroup65	26:30
3	Carol Hall	WoldsVet65	31:48	1:23:13	- 1	3	Margaret Crosswell	Worceste65	27:32
4	Ann James	LesCroup65	26:30	1:27:37	0	4	Carol Hall	WoldsVet65	31:48
5	Susan Bean	Chorlton65	33:16	1:35:58	0	5	Susan Bean	Chorlton65	33:16

## Women over 65 — Team Results — Final (nn) is team position after the appropriate stage.

Team	Fastest of all legs
<b>1 Worcester Ac W65</b> 1 Elizabeth Bowers (1) 23:54 3 Margaret Crosswell (1) 27:32 <b>1:16:42</b>	<b>Fastest of all legs</b> 1 Dorothy Kesterton SteelCit65 23:20 2 Elizabeth Bowers Worceste65 23:54 3 Barbara Brown WoldsVet65 24:45 4 Rosalind Hope Worceste65 25:16 5 Ann James LesCroup65 26:30 6 Jane Morley WoldsVet65 26:40 7 Helen Eberlin SteelCit65 26:55 8 Carol Beattie SteelCit65 27:26 9 Margaret Crosswell Worceste65 27:32 10 Denise Wakefield SalfordH65 27:39
<b>2 Steel City Striders W65</b> 1 Helen Eberlin (3) 26:55 3 Dorothy Kesterton (2) 23:20 <b>1:17:41</b>	
<b>3 Wolds Veteran Rc W65</b> 1 Jane Morley (2) 26:40 3 Carol Hall (3) 31:48 2 Barbara Brown (2) 24:45 <b>1:23:13</b>	
<b>4 Les Croupiers W65</b> 1 Clare Johnson (6) 31:40 3 Ann James (4) 26:30 2 Eirian Arwyn (4) 29:27 <b>1:27:37</b>	
<b>5 Chorlton Runners W65</b> 1 Jean Rose (5) 28:34 3 Susan Bean (5) 33:16 2 Jenny Miles (5) 34:08 <b>1:35:58</b>	

### Incomplete Teams:

Team	Fastest of all legs
<b>Salford Harriers W65</b> 1 Denise Wakefield (4) 27:39	

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## - Men over 75 Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Les Haynes	BingleyH75	23:52

## - Men over 75 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Mike Smith	BingleyH75	27:22	51:14	0

### Fastest runners over stage 2:

1	Mike Smith	BingleyH75	27:22
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## - Men over 75 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:	Time
1	John Smithurst	BingleyH75	30:30	1:21:44	0	1 John Smithurst	BingleyH75 30:30

## Men over 75 — Team Results — Final (nn) is team position after the appropriate stage.

**1 Bingley Harriers M75 1:21:44**

1	Les Haynes	(1)	23:52	2	MikeSmith	(1)	27:22
3	John Smithurst	(1)	30:30				