

400m Hurdles U20 Women
AGE GROUP BEST: Shona Richards, Windsor Slough Eton & Hounslow, 56.16, 2014
CBP: Vicki Jamison, Lagan Valley AC, 57.27, 1996

Posn	Bib	Athlete	Club	Perf	Heat 1
1	1114	Marcey Winter	Windsor Slough Eton & Hounslow AC	60.58	Q
2	819	Steph Driscoll	Liverpool Harriers & AC	61.72	Q
3	1086	Grace VansAgnew	Crawley AC	62.26	Q
4	796	Jasmine Clark	Middlesbrough Athletic Club (Mandale)	62.47	q
5	853	Neve Grimes	Charnwood AC	64.96	
6	798	Ellie Cleveland	Windsor Slough Eton & Hounslow AC	65.30	
7	885	Kati Hulme	Shrewsbury AC	65.84	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	768	Orla Brennan	Windsor Slough Eton & Hounslow AC	60.82	Q
2	897	Jasmine Jolly	Birchfield Harriers	61.37	Q
3	909	Jessica Lambert	Crawley AC	61.42	Q
4	1021	Louise Robinson	Birchfield Harriers	63.28	q
5	732	Olivia Allbut	Jersey Spartan AC	67.80	
6	1102	Rebecca Watkins	Windsor Slough Eton & Hounslow AC	68.03	
DQ	946	Meg McHugh	Trafford Athletic Club	Rule 168.7a	

400m Hurdles U23 Women
AGE GROUP BEST: Sally Gunnell, Essex Ladies AC, 54.03, 1988
CBP: Perri Shakes-Drayton, Victoria Park & Tower Hamlets, 55.34, 2009

Posn	Bib	Athlete	Club	Perf	Heat 1
1	1090	Chelsea Walker	City of York AC	61.48	Q
2	806	Emily Craig	Edinburgh AC	61.68	Q
3	954	Jasmine Mitchell	Loughborough Students	63.25	Q
4	1005	Ellie Ravenscroft	Kidderminster and Stourport	63.96	q
5	906	Hannah Knights	Guildford & Godalming AC	64.65	q
6	827	Sophie Elliss	Croydon Harriers	65.00	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	1112	Lauren Williams	Swansea Harriers	62.54	Q
2	1107	Chloe Wilde	Cannock & Stafford AC	63.63	Q
3	948	Emily McNicol	Law and District AAC	63.74	Q
4	968	Isabelle Neville	Tamworth AC	65.09	
5	1069	Amy Taylor	Notts AC	66.89	

400m Hurdles U20 Men

AGE GROUP BEST: Alastair Chalmers, Guernsey, 50.07, 2019

CBP: Niall Flannery, Gateshead H, 51.07, 2009

Posn	Bib	Athlete	Club	Perf	Heat 1
1	217	Seamus Derbyshire	City of Stoke AC	54.43	Q
2	249	Josh Faulds	Shaftesbury Barnet Harriers	54.96	Q
3	368	Charlie Livingston	Jersey Spartan AC	55.46	Q
4	315	Jack Houghton	Swansea harriers	55.96	
5	501	Miles Sizer	Wakefield District H & AC	56.63	
6	473	Freddie Reilly	Stevenage & North Herts AC	56.79	
7	114	Joe Bacon	Bournemouth AC	57.71	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	179	Alastair Chalmers	Guernsey AC	53.75	Q
2	439	Alex O'Callaghan Brown	Blackheath & Bromley Harriers AC	54.27	Q
3	186	Samuel Clarke	Cambridge & Coleridge AC	54.31	Q
4	340	Rory Keen	Sale Harriers Manchester	54.58	q
5	354	Jamie Lambert	Crawley AC	55.19	q
6	492	Benjamin Schofield	City of York AC	57.00	
7	544	William Thorley	Bromsgrove and Redditch	58.00	
8	327	Callum Inman	Amber Valley and Erewash Athletic Club	58.75	

400m Hurdles U23 Men

AGE GROUP BEST: Jack Green, Kent AC, 48.60, 2012

FINAL

CBP: Nathan Woodward, Tamworth AC, 49.06, 2011, Jack Green, Kent AC, 49.06, 2011

Posn	Bib	Athlete	Club	Perf
1	348	Alex Knibbs	Amber Valley and Erewash Athletic Club	51.24
2	222	Tyri Donovan	Windsor Slough Eton & Hounslow AC	51.96
3	259	Joe Fuggle	Blackheath & Bromley Harriers AC	52.99
4	523	Bailey Stickings	Blackheath & Bromley Harriers AC	52.99
5	561	Sam Wallbridge	Guernsey AC	54.15
6	495	Paul Sexton	Annalee	55.65
7	583	Rhodri Williams	Swansea Harriers	57.54
DNF	556	George Vaughan	Woodford Green AC with Essex Ladies	

1500m U20 Men

AGE GROUP BEST: Graham Williamson, Springburn Harriers, 3:36.6, 1979

CBP: Graham Williamson, Springburn Harriers, 3:39.68, 1978

Posn	Bib	Athlete	Club	Perf	Heat 1
1	323	Ethan Hussey	Leeds City Athletic Club	03:57.20	Q
2	239	Kane Elliott	Falkirk Victoria Harriers	03:57.29	Q
3	573	Christian Wharton-Howett	Amber Valley & Erewash AC	03:57.43	Q
4	301	Max Heyden	Aldershot Farnham & District	03:57.45	Q
5	426	David Mullarkey	Manx Harriers	03:57.74	q
6	234	Tom Eames	Brighton & Hove AC	03:58.12	
7	577	Joe Wigfield	Wirral Ac	03:58.27	
8	362	Rory Leonard	Morpeth Harriers & AC	04:01.90	
9	366	Oliver Lill	Basildon AC	04:03.09	
10	132	Finn Birnie	Newquay & Par AC	04:04.88	
11	321	Aaron Hunt	Nene Valley Harriers	04:05.82	
12	408	Harris Mier	Cornwall AC	04:11.68	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	358	Joshua Lay	Rugby & Northampton AC	03:54.20	Q
2	341	Thomas Keen	Cambridge & Coleridge AC	03:54.47	Q
3	227	Luke Duffy	Mansfield Harriers	03:54.54	Q
4	464	Joseph Pollard	Charnwood AC	03:54.82	Q
5	526	Matthew Stonier	Invicta East Kent AC	03:55.53	q
6	213	Kian Davis	Preston Harriers	03:56.17	q
7	451	Ethan OShea	Charnwood AC	03:56.90	q
8	390	Jacques Maurice	Harrogate Harriers & AC	03:58.27	
9	404	Jack Meijer	Marshall Milton Keynes AC	04:04.19	
10	306	Ted Higgins	Bexley AC	04:04.42	
11	338	Shreyas Kanyady	Reading AC	04:06.51	
12	317	John Howorth	Team Bath Athletic Club	04:20.32	

ENGLAND ATHLETICS
 UNDER 23 & UNDER 20 CHAMPIONSHIPS
 22 & 23 JUNE 2019 @ BEDFORD
 RESULTS

1500m U23 Men

AGE GROUP BEST: Josh Kerr, Edinburgh AC, 3:33.60, 2019

CBP: James Shane, Newham & Essex Beagles, 3:40.44, 2011

Posn	Bib	Athlete	Club	Perf	Heat 1
1	302	Jake Heyward	Cardiff AAC	03:53.25	Q
2	415	Adam Moore	Windsor Slough Eton & Hounslow AC	03:53.45	Q
3	219	Tom Dodd	Birchfield Harriers	03:53.57	Q
4	416	Blake Moore	Windsor Slough Eton & Hounslow AC	03:53.78	Q
5	272	James Gormley	City of Sheffield and Dearne AC	03:54.60	
6	183	Callum Charleston	Aldershot Farnham & District	03:54.83	
7	106	Grant Anderson	Stockport Harriers & AC	03:55.45	
8	524	Will Stockley	Team Bath Athletic Club	03:55.87	
9	530	Sol Sweeney	Perth Strathtay Harriers	03:55.94	
10	171	Euan Campbell	Stornoway AC	03:58.88	
11	216	Jeremy Dempsey	Shaftesbury Barnet Harriers	03:59.72	
12	333	Max Jones	Basildon AC	04:00.46	
13	279	James Habergham	Halifax Harriers & AC	04:01.20	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	212	Archie Davis	Brighton Phoenix AC	03:49.14	Q
2	192	Piers Copeland	Wimborne AC	03:49.56	Q
3	256	Adam Fogg	Coventry Godiva Harriers	03:49.70	Q
4	595	James Young	Morpeth Harriers	03:49.93	Q
5	266	Euan Gilchrist	Sale Harriers Manchester	03:50.00	q
6	297	James Heneghan	Southampton Athletic Club	03:50.65	q
7	432	Declan Neary	Brighton Phoenix AC	03:51.91	q
8	392	James McCrae	Hallamshire Harriers Sheffield	03:51.91	q
9	406	Matthew Merrick	Aldershot Farnham & District	03:53.83	
10	396	Jethro McGraw	Amber Valley and Erewash Athletic Club	03:55.55	
11	282	Alex Hampson	Nene Valley Harriers	04:08.99	
DNS	598	Cameron Bell	Hallamshire Harriers Sheffield		

100m U20 Women

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 11.14, 2014

CBP: Dina Asher-Smith, Blackheath & Bromley AC, 11.11, 2014

Posn	Bib	Athlete	Club	-1.1 m/s	Heat 1
1	682	Sharhnee Skervin	Notts AC	12.05	Q
2	658	Akaysha Ellis	Enfield and Haringey AC	12.12	Q
3	660	Abigail Galpin	Guernsey AC	12.56	Q
4	657	Lucy Elcock	Telford AC	12.73	
5	689	Abi Williams	Cheltenham and County Harriers	12.73	
6	661	Eve Grant	Liverpool Harriers & AC	12.81	
7	681	Madeleine Silcock	Banchory Stonehaven AC	12.91	
8	679	Bethany Shaw	St Albans AC	12.98	

Posn	Bib	Athlete	Club	-1.7 m/s	Heat 2
1	676	Cassie Ann Pemberton	Birchfield Harriers	11.99	Q
2	690	Eve Wright	Braintree & District AC	12.23	Q
3	652	Dolita Awala-Shaw	Newham & Essex Beagles AC	12.41	Q
4	688	Skye Wicks	The HAWCS	12.52	q
5	672	Elyse Leech	Torbay AAC	12.60	q
6	671	Khiaaama Kofi	Bristol and West AC	13.01	
7	677	Charlie Peters	Cannock & Stafford AC	13.05	
8	655	Layla Bell	Middlesbrough Athletic Club (Mandale)	13.17	

Posn	Bib	Athlete	Club	-1.6 m/s	Heat 3
1	650	Immanuela Aliu	Blackheath & Bromley Harriers AC	11.81	Q
2	651	Leonie Ashmeade	Wakefield District H & AC	12.09	Q
3	674	Awa Ndiaye	Serpentine RC	12.40	Q
4	685	Issie Tustin	Cardiff AAC	12.55	q
5	662	Lauren Greig	Victoria Park	12.67	
6	654	Florence Beedie	Derby Athletic Club	12.67	
7	666	Chinwe Iwunze	Shaftesbury Barnet Harriers	12.69	
8	680	Ruka Shonibare	Sale Harriers Manchester	12.69	

Posn	Bib	Athlete	Club	-3.0 m/s	Heat 4
1	665	Amy Hunt	Charnwood AC	11.84	Q
2	675	Lakeisha Owusu-junior	Herne Hill Harriers	12.41	Q
3	673	Elise Modeste	Enfield and Haringey AC	12.50	Q
4	683	Zoe Thompson	Newham & Essex Beagles AC	12.58	q
5	669	Hannah Jones	Windsor Slough Eton & Hounslow AC	12.69	
6	664	Scarlett Herold	Abingdon AC	12.90	
7	687	Megan Webber	Torbay AAC	12.91	
8	659	Indi Gallagher	Guernsey AC	12.95	

100m U23Women

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 10.99, 2015

CBP: Abiodun Oyepitan, Shaftesbury Barnet Harriers, 11.17, 2001

Posn	Bib	Athlete	Club	-2.2 m/s	Heat 1
1	712	Ciara Neville	Emerald AC	11.81	Q
2	721	Molly Scott	St Laurence OToole AC	12.01	Q
3	722	Modupe Shokunbi	Blackheath & Bromley Harriers AC	12.16	Q
4	707	Lucy Hoad	Sutton & District AC	12.32	q
5	700	Emily Coope	Amber Valley and Erewash Athletic Club	12.46	
6	696	Izzy Bryant	Southampton Athletic Club	12.49	
7	701	Tiffany Cox	Abingdon AC	12.71	
8	713	Rachel Oderinde	Marshall Milton Keynes AC	12.78	
Posn	Bib	Athlete	Club	-0.9 m/s	Heat 2
1	711	Shannon Malone	Loughborough Student AC	11.95	Q
2	703	Cheyenne Evans-Gray	Croydon Harriers	12.08	Q
3	698	Ebony Carr	Marshall Milton Keynes AC	12.09	Q
4	724	Yvette Westwood	Yate & District AC	12.39	q
5	694	Ella Blakey	Derby Athletic Club	12.44	q
6	706	Jordan Hall	Tipton Harriers	12.76	
7	717	Eleanor Rawson	City of Sheffield and Dearne AC	12.79	
8	705	Ella Falk	Bristol and West AC	13.11	
Posn	Bib	Athlete	Club	-1.7 m/s	Heat 3
1	1125	Finette Agyapong	Newham & Essex Beagles AC	11.84	Q
2	695	Hannah Brier	Swansea Harriers	11.99	Q
3	704	Page Fairclough	Shaftesbury Barnet Harriers	12.08	Q
4	702	Leanza Dwaah	Enfield and Haringey AC	12.43	q
5	719	Brittany Robinson	Thames Valley Harriers	12.55	
6	720	Rebecca Roots	Torbay AAC	12.58	
7	723	Lauren Tyrell	Notts AC	13.05	
8	708	Amena Kofi	Bristol and West AC	13.82	
Posn	Bib	Athlete	Club	NT	Heat 4
1	692	Kristal Awuah	Herne Hill Harriers	11.74	Q
2	716	Sarah Quinn	St Colemans	12.10	Q
3	709	Darcey Kuypers	Medway and Maidstone AC	12.13	Q
4	697	Chloe Burrows	Bournemouth AC	12.45	
5	693	Ellie Bandy	Herts Phoenix AC	12.47	
6	710	Sarah Malone	Edinburgh AC	12.49	
7	699	Ashleigh Clarke	Croydon Harriers	12.61	

100m U20 Men

AGE GROUP BEST: Adam Gemili, Blackheath & Bromley, 10.05, 2012

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, Tyrone Edgar, WG & EL, 10.17, 2001

Posn	Bib	Athlete	Club	-4.3 m/s	Heat 1
1	29	Tobi Ogunkanmi	Watford Harriers	11.11	Q
2	28	Destiny Ogali	Dacorum & Tring AC	11.21	Q
3	9	Adam Clayton	Giffnock North AAC	11.25	Q
4	1	Daniel Afolabi	Sale Harriers Manchester	11.34	Q
5	36	Bryn Smith	Eastbourne Rovers AC	11.50	
6	39	Amara Thakker	Saffron Athletics Club	11.78	
7	40	Hugo Wallace	Marshall Milton Keynes AC	11.79	

Posn	Bib	Athlete	Club	-1.8 m/s	Heat 2
1	14	Joe Ferguson	Leeds City Athletic Club	10.95	Q
2	41	Samir Williams	Croydon Harriers	11.00	Q
3	12	Valerio Duah	Telford AC	11.11	Q
4	15	Micah Francis-Dwyer	Croydon Harriers	11.13	Q
5	42	Fisayo Williamson-Taylor	Sale Harriers Manchester	11.52	
6	34	Kyle Reynolds-Warmington	Blackheath & Bromley Harriers AC	11.55	
7	22	Ceake Maddix	Shaftesbury Barnet Harriers	11.80	

Posn	Bib	Athlete	Club	-1.9 m/s	Heat 3
1	26	Brandon Mingeli	Cambridge Harriers	10.89	Q
2	35	Andrew Robinson	Woodford Green AC with Essex Ladies	10.96	Q
3	6	Daniel Brooks	Yate & District AC	10.97	Q
4	13	Franklin Fenning	Notts AC	11.16	Q
5	7	Blake Tiger Lee Brown	Sale Harriers Manchester	11.26	
6	20	Matthew Knight	Blackheath & Bromley Harriers AC	11.29	
7	25	Michael Miller	Croydon Harriers	11.30	

Posn	Bib	Athlete	Club	-0.5 m/s	Heat 4
1	2	Fraser Angus	Giffnock North AAC	10.82	Q
2	24	Chad Miller	Hercules Wimbledon AC	10.88	Q
3	32	Joshua Oshunrinde	Medway and Maidstone AC	11.01	Q
4	33	Zachary Price	Menai Track and Field	11.11	Q
5	27	Luke Moore	Cambridge Harriers	11.25	q
6	4	David Boakye	Marshall Milton Keynes AC	11.33	
7	19	Dennis Jefia	Newham & Essex Beagles AC	11.70	

Posn	Bib	Athlete	Club	-2.0 m/s	Heat 5
1	3	Jeremiah Azu	Cardiff AAC	10.78	Q
2	8	Alwayne Campbell	Birchfield Harriers	10.81	Q
3	21	Owain Lloyd-Hughes	Neath Harriers	11.10	Q
4	43	Bailey Wright	Eastbourne Rovers AC	11.16	Q
5	11	Adam Cross	Cambridge & Coleridge AC	11.17	q
6	38	Harry Taylor	City Of Norwich AC	11.18	q
7	18	Joshua Hawkins	Brighton & Hove AC	11.20	q

100m U23 Men
AGE GROUP BEST: Reece Prescod, Enfield & Haringey, 9.94, 2018
CBP: Adam Gemili, Blackheath & Bromley AC, 10.09, 2013

Posn	Bib	Athlete	Club	-1.3 m/s	Heat 1
1	87	Jahde Williams	Harrow AC	10.72	Q
2	56	Kaie Chambers-Brown	Birchfield Harriers	10.80	Q
3	65	Leon Greenwood	Swansea Harriers	10.85	Q
4	49	Korede Awe	Invicta East Kent AC	10.89	Q
5	86	Jordan Watson-Brown	Shaftesbury Barnet Harriers	11.01	q
6	74	Regan O'Connell	City of Sheffield and Dearne AC	11.05	q
7	66	Maximilian Heavens	Invicta East Kent AC	11.14	q
8	76	Abraham Ogunmefun	Bexley AC	11.67	

Posn	Bib	Athlete	Club	-1 m/s	Heat 2
1	71	Rechmial Miller	Hercules Wimbledon AC	10.68	Q
2	85	Nicholas Walsh	Sale Harriers	10.92	Q
3	73	Brandon Murray	Blackheath & Bromley Harriers AC	11.07	Q
4	80	Keano Paris-Samuel	Thames Valley Harriers	11.08	Q
5	62	Idy Ekere	Bexley AC	11.17	
6	55	Rivaldo Brown	Trafford Athletic Club	11.28	
7	82	Kieran Shah	City Of Norwich AC	11.29	

Posn	Bib	Athlete	Club	-1.4 m/s	Heat 3
1	52	Oliver Bromby	Southampton Athletic Club	10.75	Q
2	78	Kesi Oludoyi	Harrow AC	10.87	Q
3	58	Terrell Craig	Bexley AC	10.91	Q
4	63	Ryan Facey	Hercules Wimbledon AC	11.08	Q
5	88	Gabriel Yiadom	Shaftesbury Barnet Harriers	11.22	
6	69	Alex Marsden	Birchfield Harriers	11.66	
7	53	Kristian Brown	Basildon AC	11.68	

Posn	Bib	Athlete	Club	-0.7 m/s	Heat 4
1	48	Dominic Ashwell	Shaftesbury Barnet Harriers	10.67	Q
2	67	Kristian Jones	Cardiff AAC	10.94	Q
3	61	Caleb Downes	Rugby & Northampton AC	11.03	Q
4	47	Christian Anuyagu	Victoria Park Harriers and Tower Hamlets AC	11.08	Q
5	59	Callum Davies	Swansea Harriers	11.42	
6	44	Sodiq Abiola	Serpentine RC	12.08	
DQ	45	Ayomide Akingbehin	Havering AC	Rule 162.8	

Posn	Bib	Athlete	Club	0 m/s	Heat 5
1	77	Michael Olsen	Edinburgh AC	10.7	Q
2	54	Maxwell Brown	Marshall Milton Keynes AC	10.82	Q
3	81	Zanson Plummer	Shaftesbury Barnet Harriers	10.88	Q
4	60	Eden Davis	Herts Phoenix AC	10.91	Q
5	79	Arron Owen	Cardiff AAC	11.01	q
6	83	Zachary Stapleton	Rugby & Northampton AC	11.17	
7	46	Ishmael Anderson	City of Stoke AC	11.49	

400m U20 Women
AGE GROUP BEST: Linsey MacDonald, Pitreavie AC, 51.16, 1980
CBP: Cheriece Hylton, Blackheath & Bromley AC, 53.54, 2015

Posn	Bib	Athlete	Club	Perf	Heat 1
1	861	Natasha Harrison	Stockport Harriers & AC	55.69	Q
2	841	Hannah Foster	Shaftesbury Barnet Harriers	56.99	Q
3	960	Georgia Morrison	Aberdeen AAC	57.62	
4	858	Lara Hansen	Herts Phoenix AC	58.33	
5	1042	Jessica Sheppard	Stratford Upon Avon AC	59.17	
6	1038	Emily Sharpe	Orion Harriers	59.46	
7	1027	Chyna Russell	Belgrave Harriers	01:01.3	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	734	Amber Anning	Brighton & Hove AC	53.83	Q
2	831	Louise Evans	Blackheath & Bromley Harriers AC	54.13	Q
3	821	Nayanna Dubarry-Gay	Victoria Park Harriers and Tower Hamlets AC	55.03	q
4	794	Amber Clare	Basingstoke & Mid Hants AC	58.35	
5	832	Taiwo Bariyat Eyiowuawi	Bexley AC	58.78	
6	843	Jessica Frazer	Bristol and West AC	59.12	
7	797	Eve Clawley	Tamworth AC	59.96	

Posn	Bib	Athlete	Club	Perf	Heat 3
1	1054	Maisey Snaith	Cambridge & Coleridge AC	55.36	Q
2	901	Gemma Jones	Corby AC	56.21	Q
3	729	Emma Alderson	Liverpool Harriers & AC	56.56	q
4	1018	Ffion Mair Roberts	Colwyn Bay AC	57.25	
5	907	Holly Kone	Notts AC	57.65	
6	1041	Imogen Sheppard	Stratford Upon Avon AC	57.66	

400m U23 Women
AGE GROUP BEST: Christine Ohuruogu, Newham & Essex Beagles, 50.28, 2006
CBP: Christine Ohuruogu, Newham & Essex Beagles, 52.43, 2005

Posn	Bib	Athlete	Club	Perf	Heat 1
1	919	Yasmin Liverpool	Coventry Godiva Harriers	55.70	Q
2	1028	Lauren Russell	Bedford & County AC	56.50	Q
3	847	Vicky Gittins	Birchfield Harriers	56.91	
4	775	Hannah Brown	City Of Norwich AC	58.13	
5	1056	Lydia Sommers	Basingstoke & Mid Hants AC	59.12	
6	1080	Sinead Treacy	Craughwell AC	59.75	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	755	Lily Beckford	Shaftesbury Barnet Harriers	53.89	Q
2	718	Melissa Roberts	Birchfield Harriers	55.36	Q
3	750	Ella Barrett	Trafford Athletic Club	55.89	q
4	934	Hannah Malpass	Cannock & Stafford AC	57.35	
5	1060	Charlotte Stamp	City of York AC	57.39	
6	888	Teresa Iannetelli	Swindon Harriers	59.09	

Posn	Bib	Athlete	Club	Perf	Heat 3
1	1111	Hannah Williams	Herts Phoenix AC	54.28	Q
2	1082	Laura Turley	West Cheshire Athletic Club	55.80	Q
3	1097	Nicole Walsh	Galway City Harriers	56.73	q
4	989	Charlotte Paterson	Kingston upon Hull AC	57.17	
5	1075	Derrion Thompson	Tipton Harriers	57.98	
6	1119	Sian Wyn-Jones	Solihull & Small Heath Athletic Club	62.64	

400m U20 Men

AGE GROUP BEST: Martyn Rooney, Croydon Harriers, 45.35, 2006

CBP: Mark Richardson, Windsor Slough Eton & Hounslow, 45.72, 1991

Posn	Bib	Athlete	Club	Perf	Heat 1
1	292	Ben Hawkes	Leamington Cycling and Athletic Club	48.71	Q
2	225	Billy Doyle	Pitreavie AAC	48.88	Q
3	490	Moyo Sargent	Eastbourne Rovers AC	49.15	q
4	566	Matthew Waterfield	Morpeth Harriers and AC	49.39	
5	488	Geraint Saich	Charnwood AC	49.62	
6	472	Adam Reid	Braintree & District AC	51.20	
7	277	Harry Grindle	Belgrave Harriers	51.28	
DNS	305	Jack Higgins	Southampton Athletic Club	-	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	220	Callum Dodds	Enfield and Haringey AC	48.61	Q
2	209	Lewis Davey	Peterborough AC	48.79	Q
3	429	Conor Murphy	Medway and Maidstone AC	49.23	q
4	335	Steffan Dylan Jones	Swansea Harriers	49.33	
5	458	Josh Pearson	Bromsgrove and Redditch	49.85	
6	521	Will Stapleton	Kingston AC And Poly Harriers	50.28	
7	162	Maximilian Buckley	Thames Valley Harriers	50.36	

Posn	Bib	Athlete	Club	Perf	Heat 3
1	154	Ethan Brown	Blackheath & Bromley Harriers AC	48.91	Q
2	244	Michael Fagbenle	Bexley AC	49.00	Q
3	118	Thomas Baines	Sale Harriers Manchester	49.41	
4	101	Femi Aakinbobola	Team Bath Athletic Club	49.79	
5	228	Jose Duhaney	Birchfield Harriers	49.80	
6	593	Ciaran Yeo	Newton Abbot AC	50.52	
7	203	Peter Curtis	Guernsey AC	50.85	

ENGLAND ATHLETICS
 UNDER 23 & UNDER 20 CHAMPIONSHIPS
 22 & 23 JUNE 2019 @ BEDFORD
 RESULTS

400m U23 Men

AGE GROUP BEST: David Grindley, Wigan, 44.47, 1992

CBP: Cameron Chalmers, Guernsey, 45.64, 2017

Posn	Bib	Athlete	Club	Perf	Heat 1
1	184	Ben Claridge	Abingdon AC	47.88	Q
2	463	Thomas Pitkin	Havering AC	48.03	Q
3	309	Jack Hocking	Worcester AC	48.41	
4	126	Tor Bennett-Williams	Wolverhampton & Bilston	49.58	
5	545	Lewis Thorn	Braintree & District AC	50.12	
6	311	Mark Holliman	North Ayrshire Athletics Club	50.23	
7	318	Joseph Hubbock	Luton Athletic Club	50.30	
8	516	Thomas Somers	Newham & Essex Beagles AC	50.37	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	542	Lee Thompson	City of Sheffield and Dearne AC	47.13	Q
2	294	Alex Haydock-Wilson	Windsor Slough Eton & Hounslow AC	47.39	Q
3	128	Oliver Biddle	Worcester AC	48.06	
4	307	Charles Hilliard	Birchfield Harriers	49.58	
5	541	Adam Thompson	Medway and Maidstone AC	49.90	
6	98	Tom Ainsworth	Tamworth AC	50.07	
7	450	Isaac Osei-Tutu	Windsor Slough Eton & Hounslow AC	50.24	
8	461	Max Perez-Diaz	Kingston AC And Poly Harriers	50.72	

Posn	Bib	Athlete	Club	Perf	Heat 3
1	180	Cameron Chalmers	Guernsey AC	47.24	Q
2	147	Joseph Brier	Swansea Harriers	47.44	Q
3	202	Cathal Crosbie	Ennis Track Club	47.84	q
4	274	Ellis Greatrex	Woodford Green AC with Essex Ladies	47.89	q
5	255	Harry Flanagan	Southport Waterloo AC	49.40	
6	517	Emmanuel Sosanya	Newham & Essex Beagles AC	49.65	
7	504	Kimani Smart	S Factor Academy	50.31	
8	384	Dion Marcos	An Riocht AC	50.38	

5000m U20 Men

AGE GROUP BEST: Steve Binns, Bingley, 13:27.04, 1979

FINAL

CBP:

Posn	Bib	Athlete	Club	Perf
1	264	Liam Garrett	London Heathside	15:10.34
2	378	Cameron MacRae	Invicta East Kent AC	15:11.33
3	401	Christopher McLeod	Solihull & Small Heath Athletic Club	15:14.88
4	482	Sam Rodda	Reading AC	15:18.64
5	467	Oliver Prior	Ashford AC	15:18.94
6	161	Joseph Buckley	Warrington A C	15:19.88
7	487	Larry Ryan	Cardiff AAC	15:21.31
8	328	Seyfu Jamaal	London Heathside	15:22.22
9	509	Marshall Smith	Ashford AC	15:22.79
10	553	Sam Tyas	Southampton Athletic Club	15:23.99
11	122	George Beardmore	Worcester AC	15:28.52
12	574	Leon Wheeler	Thurrock Harriers	15:36.25
13	149	Charlie Brisley	Invicta East Kent AC	15:36.28
14	443	Jem O'Flaherty	London Heathside	15:43.86
15	445	Jacob O'Hara	City Of Portsmouth AC	15:46.13
16	172	Milan Champion	Notts AC	15:49.70
17	135	Ed Blythman	Bedford & County AC	15:59.23
18	137	Matthew Bonney	Cannock & Stafford AC	16:17.20
19	233	Findlay Dyer	Wycombe Phoenix Harriers & AC	16:17.49
DNS	423	Ben Morton	Chichester Runners & AC	-

800m U23 Men

AGE GROUP BEST: Sebastian Coe, Haringey AC, 1:43.97, 1978

CBP: Richard Hill, Notts AC, 1:47.59, 2007

Posn	Bib	Athlete	Club	Perf	Heat
1	538	Spencer Thomas	Brighton Phoenix AC	01:50.72	Q
2	515	Canaan Solomon	Woodford Green AC with Essex Ladies	01:51.34	Q
3	480	Psalm Roberts-Nash	Wolverhampton & Bilston	01:51.50	Q
4	403	Daniel Mees	Newham & Essex Beagles AC	01:51.68	q
5	420	Joseph Morrison	West Cheshire Athletic Club	01:52.33	
6	129	Finley Bigg	Brighton Phoenix AC	01:53.52	
7	238	Kieran Eland	Tonbridge AC	01:53.67	
8	197	Callum Crawford-Walker	Annadale Striders	01:53.69	
9	483	Joseph Rogers	Halesowen ACC	01:53.97	
10	334	Samuel Jones	St Albans AC	01:58.08	
Posn	Bib	Athlete	Club	Perf	Heat
1	410	George Mills	Brighton Phoenix AC	01:51.71	Q
2	371	Markhim Lonsdale	Crook & Dist Sports AC	01:51.80	Q
3	428	Benjamin Murphy	Tonbridge AC	01:51.80	Q
4	131	Alexander Birkett	Kendal Amateur Athletic Club	01:51.98	q
5	201	Tiarnan Crocken	Preston Harriers	01:52.24	
6	462	Will Perkin	Chiltern Harriers AC	01:53.97	
7	289	Matthew Harris	Rossendale Harriers & AC	01:54.87	
8	139	Mark Bostock	Wakefield District H & AC	01:56.17	
DNF	258	Oliver Freer	Leicester Coritanian AC	-	

100m U20 Women
AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 11.14, 2014
CBP: Dina Asher-Smith, Blackheath & Bromley AC, 11.11, 2014

Posn	Bib	Athlete	Club	-0.9 m/s	Semi 1
1	650	Immanuela Aliu	Blackheath & Bromley Harriers AC	11.82	Q
2	651	Leonie Ashmeade	Wakefield District H & AC	12.06	Q
3	682	Sharhnee Skervin	Notts AC	12.07	Q
4	675	Lakeisha Owusu-junior	Herne Hill Harriers	12.10	q
5	674	Awa Ndiaye	Serpentine RC	12.39	q
6	672	Elyse Leech	Torbay AAC	12.58	
7	660	Abigail Galpin	Guernsey AC	12.63	
8	688	Skye Wicks	The HAWCS	12.67	

Posn	Bib	Athlete	Club	-3.0 m/s	Semi 2
1	665	Amy Hunt	Charnwood AC	11.79	Q
2	676	Cassie Ann Pemberton	Birchfield Harriers	12.05	Q
3	658	Akaysha Ellis	Enfield and Haringey AC	12.25	Q
4	690	Eve Wright	Braintree & District AC	12.40	
5	683	Zoe Thompson	Newham & Essex Beagles AC	12.43	
6	673	Elise Modeste	Enfield and Haringey AC	12.56	
7	652	Dolita Awala-Shaw	Newham & Essex Beagles AC	12.58	
8	685	Issie Tustin	Cardiff AAC	12.72	

100m U23 Women
AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 10.99, 2015
CBP: Abiodun Oyepitan, Shaftesbury Barnet Harriers, 11.17, 2001

Posn	Bib	Athlete	Club	-2.5 m/s	Semi 1
1	692	Kristal Awuah	Herne Hill Harriers	11.67	Q
2	695	Hannah Brier	Swansea Harriers	11.94	Q
3	711	Shannon Malone	Loughborough Student AC	12.02	Q
4	704	Page Fairclough	Shaftesbury Barnet Harriers	12.03	
5	716	Sarah Quinn	St Colemans	12.14	
6	722	Modupe Shokunbi	Blackheath & Bromley Harriers AC	12.34	
7	707	Lucy Hoad	Sutton & District AC	12.42	
8	694	Ella Blakey	Derby Athletic Club	12.51	

Posn	Bib	Athlete	Club	-1.3 m/s	Semi 2
1	1125	Finette Agyapong	Newham & Essex Beagles AC	11.78	Q
2	712	Ciara Neville	Emerald AC	11.91	Q
3	703	Cheyenne Evans-Gray	Croydon Harriers	11.93	Q
4	721	Molly Scott	St Laurence OToole AC	11.95	q
5	698	Ebony Carr	Marshall Milton Keynes AC	12.01	q
6	709	Darcey Kuypers	Medway and Maidstone AC	12.09	
7	702	Leanza Dwaah	Enfield and Haringey AC	12.34	
8	724	Yvette Westwood	Yate & District AC	12.53	

100m U20 Men

AGE GROUP BEST: Adam Gemili, Blackheath & Bromley, 10.05, 2012

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, Tyrone Edgar, WG & EL, 10.17, 2001

Posn	Bib	Athlete	Club	-1.5 m/s	Semi 1
1	3	Jeremiah Azu	Cardiff AAC	10.52	Q
2	8	Alwayne Campbell	Birchfield Harriers	10.68	Q
3	24	Chad Miller	Hercules Wimbledon AC	10.70	q
4	32	Joshua Oshunrinde	Medway and Maidstone AC	10.99	
5	13	Franklin Fenning	Notts AC	11.07	
5	21	Owain Lloyd-Hughes	Neath Harriers	11.07	
7	43	Bailey Wright	Eastbourne Rovers AC	11.11	
8	27	Luke Moore	Cambridge Harriers	11.20	

Posn	Bib	Athlete	Club	-0.8 m/s	Semi 2
1	2	Fraser Angus	Giffnock North AAC	10.70	Q
2	29	Tobi Ogunkanmi	Watford Harriers	10.77	Q
3	6	Daniel Brooks	Yate & District AC	10.84	q
4	35	Andrew Robinson	Woodford Green AC with Essex Ladies	10.89	
5	12	Valerio Duah	Telford AC	10.92	
6	15	Micah Francis-Dwyer	Croydon Harriers	10.96	
7	1	Daniel Afolabi	Sale Harriers Manchester	11.07	
8	18	Joshua Hawkins	Brighton & Hove AC	11.09	

Posn	Bib	Athlete	Club	-0.8 m/s	Semi 3
1	28	Destiny Ogali	Dacorum & Tring AC	10.79	Q
2	14	Joe Ferguson	Leeds City Athletic Club	10.81	Q
3	41	Samir Williams	Croydon Harriers	10.86	
4	11	Adam Cross	Cambridge & Coleridge AC	11.05	
5	9	Adam Clayton	Giffnock North AAC	11.08	
6	33	Zachary Price	Menai Track and Field	11.18	
7	38	Harry Taylor	City Of Norwich AC	11.18	
DNS	26	Brandon Mingeli	Cambridge Harriers		

100m U23 Men

AGE GROUP BEST: Reece Prescod, Enfield & Haringey, 9.94, 2018

CBP: Adam Gemili, Blackheath & Bromley AC, 10.09, 2013

Posn	Bib	Athlete	Club	-2.1 m/s	Semi 1
1	48	Dominic Ashwell	Shaftesbury Barnet Harriers	10.61	Q
2	56	Kaie Chambers-Brown	Birchfield Harriers	10.73	Q
3	54	Maxwell Brown	Marshall Milton Keynes AC	10.79	q
4	58	Terrell Craig	Bexley AC	11.00	
5	81	Zanson Plummer	Shaftesbury Barnet Harriers	11.13	
6	66	Maximilian Heavens	Invicta East Kent AC	11.20	
7	80	Keano Paris-Samuel	Thames Valley Harriers	11.22	
8	63	Ryan Facey	Hercules Wimbledon AC	11.28	

Posn	Bib	Athlete	Club	-1.2 m/s	Semi 2
1	52	Oliver Bromby	Southampton Athletic Club	10.76	Q
2	71	Rechmial Miller	Hercules Wimbledon AC	10.77	Q
3	78	Kesi Oludoyi	Harrow AC	10.92	
4	65	Leon Greenwood	Swansea Harriers	11.00	
5	74	Regan O'Connell	City of Sheffield and Dearne AC	11.13	
6	61	Caleb Downes	Rugby & Northampton AC	11.13	
7	60	Eden Davis	Herts Phoenix AC	11.14	
8	47	Christian Anuyagu	Victoria Park Harriers and Tower Hamlets AC	11.16	

Posn	Bib	Athlete	Club	-0.4 m/s	Semi 3
1	77	Michael Olsen	Edinburgh AC	10.62	Q
2	87	Jahde Williams	Harrow AC	10.69	Q
3	49	Korede Awe	Invicta East Kent AC	10.75	q
4	67	Kristian Jones	Cardiff AAC	10.79	
5	85	Nicholas Walsh	Sale Harriers	10.94	
6	73	Brandon Murray	Blackheath & Bromley Harriers AC	10.97	
7	79	Arron Owen	Cardiff AAC	10.98	
8	86	Jordan Watson-Brown	Shaftesbury Barnet Harriers	11.10	

5000m U23 Men

FINAL

AGE GROUP BEST: Tom Farrell, Border Harriers, 13:15.31, 2012

CBP: Mo Farah, Windsor Slough Eton & Hounslow AC 13:58.58, 2003

Posn	Bib	Athlete	Club	Perf
1	191	Lachlan Cook	University of Virginia	14:25.78
2	210	Benjamin Davies	Bedford & County AC	14:29.04
3	422	Tom Mortimer	Stroud & District AC	14:37.14
4	380	Baldvin Magnusson	Kingston upon Hull AC	14:56.04
5	102	Cameron Allan	Houghton Harriers & AC	14:57.76
6	346	Alasdair Kinloch	Tonbridge AC	15:00.47
7	449	Callum O'Neill	Newbury AC	15:01.20
8	520	Ben Spratling	City Of Norwich AC	15:06.73
9	505	Conor Smith	Swansea Harriers	15:10.64
10	221	Rory Domville	Reading AC	15:13.54
11	226	Thomas Drabble	Stockport Harriers & AC	15:22.36
12	357	Alex Lawrence	Ipswich Harriers	15:25.96
13	493	Joshua Schofield	Blackheath & Bromley Harriers AC	15:31.48
14	511	Shaun Smith	Aldershot Farnham & District	15:35.86
15	584	Callum Wilson	South London Harriers	16:18.55
DNF	383	Alfie Manthorpe	City of Sheffield and Dearne AC	-
DNF	138	Louie Boot	Tipton Harriers	-

800m U20 Women

AGE GROUP BEST: Charlotte Moore, Bournemouth AC, 1:59.75, 2002

CBP: Laura Finucane, Pendle AC, 2:03.73, 2004

Posn	Bib	Athlete	Club	Perf	Heat 1
1	784	Sarah Calvert	Livingston & District AAC	02:06.23	Q
2	875	Keely Hodgkinson	Leigh Harriers & AC	02:08.06	Q
3	1076	Emily Thompson	Banbury Harriers AC	02:09.95	q
4	887	Saskia Huxham	Hallamshire Harriers Sheffield	02:10.51	
5	1087	Olivia Vareille	Falkirk Victoria Harriers	02:11.47	
6	779	Rebecca Bullock	Basingstoke & Mid Hants AC	02:12.70	
7	1016	Nia Riley	Cardiff Archers	02:20.50	
8	881	Katie Hopkins	Woking AC	02:24.55	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	762	Isabelle Boffey	Enfield and Haringey AC	02:10.33	Q
2	959	Bethan Morley	Ilkley Harriers	02:10.41	Q
3	1045	Emily Simpson	City of Sheffield and Dearne AC	02:11.49	
4	1077	Elise Thorner	Wells City Harriers	02:12.50	
5	778	Charlotte Buckley	Thames Valley Harriers	02:14.53	
6	733	Lottie Ambridge	Bracknell AC	02:16.50	
DNF	1046	Katrina Simpson	Halesowen ACC	-	
DNS	787	Molly Canham	Exeter Harriers	-	

Posn	Bib	Athlete	Club	Perf	Heat 3
1	1071	Annie Testar	Stroud & District AC	02:07.79	Q
2	942	Katy-Ann McDonald	Blackheath & Bromley Harriers AC	02:08.27	Q
3	962	Stephanie Moss	Sale Harriers Manchester	02:08.40	q
4	834	Ellie Farrow	City Of Portsmouth AC	02:12.46	
5	1117	Beatrix Wraith	The HAWCS	02:13.29	
6	1012	Naomi Reid	Cardiff AAC	02:16.17	
7	1019	Hannah Roberts	Bracknell AC	02:20.99	

800m U20 Men

AGE GROUP BEST: David Sharpe, Jarrow & Hebburn AC, 1:45.64, 1986

CBP: Niall Brooks, Sale Harriers, 1:47.29, 2010

Posn	Bib	Athlete	Club	Perf	Heat 1
1	165	Max Burgin	Halifax Harriers & AC	01:52.10	Q
2	359	Ben Lee	Vale Royal AC	01:53.68	Q
3	104	Josh Allen	Middlesbrough Athletic Club (Mandale)	01:54.82	
4	130	Luca Bigg	Brighton Phoenix AC	01:55.51	
5	476	Harry Richardson	Basingstoke & Mid Hants AC	01:55.58	
6	497	Reece Sharman-Newell	Basingstoke & Mid Hants AC	01:56.18	
7	370	David Locke	Cardiff AAC	01:56.51	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	400	Finley McLearn	Exeter Harriers	01:51.32	Q
2	140	Alex Botterill	City of York AC	01:51.40	Q
3	133	Yusuf Bizimana	Victoria Park Harriers and Tower Hamlets AC	01:51.44	q
4	215	Jack Dee-Ingham	Preston Harriers	01:53.77	
5	142	Harry Boyd	Guildford & Godalming AC	01:54.24	
6	196	Lewis Cotterill	Newquay & Par AC	01:54.98	
7	369	Adrian Lloyd-Davies	Bridgnorth AC	01:56.44	
8	155	Isaac Brown	Basildon AC	01:57.30	
9	158	Sam Brown	Edinburgh AC	01:57.52	
10	475	Archie Richardson	Lincoln Wellington Athletic Club	01:57.60	

Posn	Bib	Athlete	Club	Perf	Heat 3
1	231	Oliver Dustin	Border Harriers & AC	01:52.45	Q
2	457	Ben Pattison	Basingstoke & Mid Hants AC	01:52.87	Q
3	175	Oliver Carvell	Telford AC	01:53.14	q
4	316	Dan Howells	Aldershot Farnham & District	01:54.12	
5	337	Dan Joyce	Tynedale Harriers	01:55.16	
6	248	Luke Farrant	Stockport Harriers & AC	01:55.41	
7	304	Jack Higgins	Bexley AC	01:55.97	
8	470	Archie Rainbow	Nene Valley Harriers	01:57.93	
9	109	Samuel Aris	Daventry AAC	02:00.08	

1500m U20 Women
AGE GROUP BEST: Zola Budd, Aldershot Farnham & District AC, 3:59.96, 1985
CBP: Melissa Courtney, Shaftesbury Barnet, 4:15.93, 2015

Posn	Bib	Athlete	Club	Perf	Heat 1
1	951	Saskia Millard	Herne Hill Harriers	04:33.27	Q
2	991	India Pentland	Darlington H & AC	04:33.30	Q
3	967	Almaz Nerurkar	Brighton Phoenix AC	04:33.35	Q
4	937	Olivia Mason	Border Harriers & AC	04:33.39	Q
5	912	Naomi Lang	Aberdeen AAC	04:34.57	q
6	844	Isobel Fry	Newbury AC	04:34.91	
7	1025	Georgia Rothwell	City of York AC	04:35.64	
8	864	Olivia Haveron	Harrogate Harriers & AC	04:38.06	
9	980	Kate O'Neill	Havering Ac	04:40.03	
DNS	962	Stephanie Moss	Sale Harriers Manchester	-	

Posn	Bib	Athlete	Club	Perf	Heat 2
1	1094	Erin Wallace	Giffnock North AAC	04:29.94	Q
2	1110	Emily Williams	Kettering Town Harriers	04:30.17	Q
3	787	Molly Canham	Exeter Harriers	04:30.21	Q
4	865	Georgia Hayes	Reading AC	04:30.27	Q
5	781	Anna Burt	Team Bath Athletic Club	04:30.83	q
6	773	Alexandra Brown	Herne Hill Harriers	04:31.16	q
7	950	Alexandra Millard	Invicta East Kent AC	04:34.68	q
8	969	Ella Newton	Herne Hill Harriers	04:41.35	
DNS	784	Sarah Calvert	Livingston & District AAC	-	

1500m U23 Women
FINAL
AGE GROUP BEST: Laura Muir, Dundee Hawkhill H, 3:58.66, 2015
CBP: Lisa Dobriskey, Ashford AC, 4:16.96, 2003

Posn	Bib	Athlete	Club	Perf
1	1002	Amelia Quirk	Bracknell AC	04:23.12
2	896	Rosie Johnson	Liverpool Pembroke & Sefton H AC	04:24.63
3	1022	Lucy Robinson	Wakefield District H & AC	04:25.02
4	902	Jodie Judd	Chelmsford AC	04:26.36
5	1048	Sabrina Sinha	Cambridge Harriers	04:26.69
6	854	Bryony Gunn	Birchfield Harriers	04:27.52
7	791	Sarah Chapman	Windsor Slough Eton & Hounslow AC	04:27.90
8	1068	Sophie Tarver	Wirral AC	04:28.32
9	1093	Ellie Wallace	North Somerset AC	04:28.87
10	1037	Chloe Sharp	Central Park Athletics	04:29.14
11	1062	Philippa Stone	Middlesbrough Athletic Club (Mandale)	04:30.59
12	1091	Kirsty Walker	Reading AC	04:39.54
13	1085	Rebecca Twardochleb	Newcastle Staffs AC	04:40.97

3000m S/Chase U20 Men

FINAL

AGE GROUP BEST: Paul Davies-Hale, Cannock AC, 8:29.85, 1981

CBP: Benedictt Whitby, Borough of Hounslow AC, 8:59.09, 1996

Posn	Bib	Athlete	Club	Perf
1	326	Kristian Imroth	Shaftesbury Barnet Harriers	09:03.42
2	90	Remilekun Adebisi	Newport Harriers	09:14.06
3	536	Ben Thomas	Carmarthen & District Harriers	09:17.26
4	411	Lewis Mills	Blackheath & Bromley Harriers AC	09:20.01
5	395	Conall McGinness	Cambridge & Coleridge AC	09:24.24
6	285	Lewis Harknett	Orion Harriers	09:30.79
7	418	Elliot Moran	Exeter Harriers	09:34.45
8	236	Owain Paul Edwards	Cardiff AAC	09:49.46
9	466	Brychan Price-Davies	Brecon Athletics Club	09:56.56

3000m S/Chase U23 Men

FINAL

AGE GROUP BEST: Tom Hanlon, Edinburgh AC, 8:16.52, 1989

CBP: Adam Bowden, Harrow AC, 8:42.92, 2003

Posn	Bib	Athlete	Club	Perf
1	365	Ciaran Lewis	Cardiff AAC	09:11.45
2	441	Paul O'Donnell	Dundrum South Dublin AC	09:16.54
3	589	Jordan Wood	Cambridge and Coleridge	09:18.30
4	250	Terry Fawden	Highgate Harriers	09:24.29
5	507	Logan Smith	City Of Norwich AC	09:29.68
6	195	Sam Costley	Southampton Athletic Club	09:40.25
DNF	388	Edward Mason	Guernsey AC	-
DNF	124	James Beeks	Basingstoke & Mid Hants AC	-

100m U20 Women

FINAL

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 11.14, 2014

CBP: Dina Asher-Smith, Blackheath & Bromley AC, 11.11, 2014

Posn	Bib	Athlete	Club	-3.2 M/S
1	665	Amy Hunt	Charnwood AC	11.78
2	650	Immanuela Aliu	Blackheath & Bromley Harriers AC	12.10
3	676	Cassie Ann Pemberton	Birchfield Harriers	12.14
4	658	Akaysha Ellis	Enfield and Haringey AC	12.26
5	651	Leonie Ashmeade	Wakefield District H & AC	12.32
6	682	Sharhnee Skervin	Notts AC	12.34
7	675	Lakeisha Owusu-junior	Herne Hill Harriers	12.44
8	674	Awa Ndiaye	Serpentine RC	12.64

100m U23 Women

FINAL

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 10.99, 2015

CBP: Abiodun Oyepitan, Shaftesbury Barnet Harriers, 11.17, 2001

Posn	Bib	Athlete	Club	-2.5 M/S
1	692	Kristal Awuah	Herne Hill Harriers	11.61
2	1125	Finette Agyapong	Newham & Essex Beagles AC	11.83
3	712	Ciara Neville	Emerald AC	11.92
4	721	Molly Scott	St Laurence OToole AC	11.99
5	711	Shannon Malone	Loughborough Student AC	12.03
6	695	Hannah Brier	Swansea Harriers	12.04
7	703	Cheyenne Evans-Gray	Croydon Harriers	12.06
8	698	Ebony Carr	Marshall Milton Keynes AC	12.12

100m U20 Men

FINAL

AGE GROUP BEST: Adam Gemili, Blackheath & Bromley, 10.05, 2012

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, Tyrone Edgar, WG & EL, 10.17, 2001

Posn	Bib	Athlete	Club	-2.2 M/S
1	3	Jeremiah Azu	Cardiff AAC	10.75
2	29	Tobi Ogunkanmi	Watford Harriers	10.90
3	24	Chad Miller	Hercules Wimbledon AC	10.90
4	2	Fraser Angus	Giffnock North AAC	10.95
5	8	Alwayne Campbell	Birchfield Harriers	10.97
6	28	Destiny Ogali	Dacorum & Tring AC	11.04
7	6	Daniel Brooks	Yate & District AC	11.07
8	14	Joe Ferguson	Leeds City Athletic Club	11.11

100m U20 Men

FINAL

AGE GROUP BEST: Adam Gemili, Blackheath & Bromley, 10.05, 2012

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, Tyrone Edgar, WG & EL, 10.17, 2001

Posn	Bib	Athlete	Club	-1.9 M/S
1	48	Dominic Ashwell	Shaftesbury Barnet Harriers	10.60
2	52	Oliver Bromby	Southampton Athletic Club	10.61
3	56	Kaie Chambers-Brown	Birchfield Harriers	10.68
4	77	Michael Olsen	Edinburgh AC	10.73
5	71	Rechmial Miller	Hercules Wimbledon AC	10.78
6	54	Maxwell Brown	Marshall Milton Keynes AC	10.86
7	87	Jahde Williams	Harrow AC	10.86
8	49	Korede Awe	Invicta East Kent AC	10.95

Hammer U20 Women

AGE GROUP BEST: Sophie Hitchon, Blackburn Harriers, 66.01m, 2010

CBP: Sophie Hitchon, Blackburn Harriers, 63.74m, 2010

Posn	Bib	Athlete	Club	Perf
1	1109	Charlotte Williams	Blackburn Harriers & AC	62.84
2	990	Charlotte Payne	Newbury AC	59.99
3	1047	Tara Simpson-Sullivan	Wigan & District H & AC	57.23
4	740	Phoebe Baggott	Wolverhampton & Bilston	56.36
5	987	Ffion Palmer	Cardiff AAC	53.29
6	995	Zoe Price	Liverpool Harriers & AC	53.05
7	924	Anna Loughlin	Bristol and West AC	52.36
8	1096	Molly Walsh	Blackheath & Bromley Harriers AC	52.14
9	809	Heather Cabbage	City Of Portsmouth AC	51.14
10	1072	Cerys Thomas	City Of Portsmouth AC	51.11
11	760	Hannah Blood	Sale Harriers Manchester	48.86
12	1026	Jasmine Routledge	Charnwood AC	47.27
13	754	Poppy Bean	Notts AC	46.02
14	743	Anastasia Banbury	Guernsey AC	43.55
15	1070	Libby Taylor	Stevenage & North Herts AC	42.85
16	932	Rachel MacLennan	Inverness Harriers	42.55
17	837	Kirsty Finlay	Notts AC	41.86
18	1079	Jasmine Trapnell	Marshall Milton Keynes AC	40.70

Triple Jump U23 Men

AGE GROUP BEST: Tosi Fasinro, Haringey AC, 17.21m, 1993

CBP: Nathan Douglas, Oxford City AC, 16.42m, 2004

Posn	Bib	Athlete	Club	Perf	
1	407	Kevin Metzger	Sale Harriers Manchester	15.17	+0.9
2	208	Jason Dankyi	City of Sheffield and Dearne AC	14.43	+1.0
3	562	Thomas Walley	Wrexham AC	14.26	+2.0
4	163	Ashley Buckman	Ashford AC	13.98	+0.8
5	442	Emmanuel Odubanjo	Sale Harriers Manchester	13.87	+0.9
NMR	187	Henry Clarkson	Liverpool Harriers & AC		
NMR	387	Ade Mason	Shaftesbury Barnet Harriers		

Hammer U20 Men

AGE GROUP BEST: Jake Norris, Windsor Slough Eton & Hounslow, 80.65, 2018

CBP: Jake Norris, Windsor Slough Eton & Hounslow, 80.45, 2018

Posn	Bib	Athlete	Club	Perf	
1	293	Ben Hawkes	Worthing & District Harriers	73.15	
2	170	Bayley Campbell	Windsor Slough Eton & Hounslow AC	70.25	
3	412	Sean Mockler	Moycarkey Coolcree	67.66	
4	343	Shaun Kerry	Kingston upon Hull AC	63.73	
5	355	James Lancaster	Shaftesbury Barnet Harriers	63.56	
6	273	Oliver Graham	Shaftesbury Barnet Harriers	62.07	
7	265	Samuel Gaskell	Blackburn Harriers & AC	61.72	
8	353	Jack Lambert	Kidderminster and Stourport	56.85	
9	448	Jola Omotosho	Dartford Harriers AC	53.33	
10	374	Matt MacFarlane	Inverness Harriers	20.78	
11	325	Sam Illsley	Worthing & District Harriers	48.82	
12	554	Josh Tyler	Exeter Harriers	47.36	
NMR	478	Josh Ricketts	Swindon Harriers		

Long Jump U20 Men

AGE GROUP BEST: Greg Rutherford, Milton Keynes AC, 8.14, 2005

CBP: Jonathan Moore, Birchfield Harriers, 7.98m, 2001

Posn	Bib	Athlete	Club	Perf	
1	376	Stephen Mackenzie	Pitreavie AAC	7.59	+1.7
2	444	Dominic Ogbachie	Highgate Harriers	7.57	+0.3
3	491	Alessandro Schenini	Giffnock North AAC	7.39	+1.0
4	527	Jack Sumners	Stratford Upon Avon AC	7.29	+1.1
5	594	Archie Yeo	Scunthorpe & District AC	7.15	+2.0
6	166	Jake Burkey	Team Bath Athletic Club	7.10	+1.7
7	296	Calum Henderson	Edinburgh AC	7.10	+1.8
8	528	Ben Sutton	Blackheath & Bromley Harriers AC	6.97	+2.9
9	246	Robbie Farquhar	Aberdeen AAC	6.78	+1.9
10	121	Joshua Barrett-Mowatt	Victoria Park Harriers and Tower Hamlets AC	6.63	+1.3
11	550	Jack Turner	Exeter Harriers	6.52	+2.4

High Jump U23 Men

AGE GROUP BEST: Steve Smith, Liverpool Harriers & AC, 2.37, 1993

CBP: Chris Kandu, Enfield & H, 2.25m, 2017

Posn	Bib	Athlete	Club	Perf
1	261	Tom Gale	Team Bath Athletic Club	2.25
2	344	Joel Khan	Worcester AC	2.15
3	570	Ryan Webb	Birchfield Harriers	2.10
4	398	Lewis McGuire	Shaftesbury Barnet Harriers	2.06
5	587	Curtis Wood	Cambridge & Coleridge AC	1.87
6	336	Steven Jones	Liverpool Harriers	1.87
NHC	232	Rory Dwyer	Stratford Upon Avon AC	
NHC	257	Brenton Foster		0

Discus U23 Men

AGE GROUP BEST: Lawrence Okoye, Croydon H, 68.24m, 2012

CBP: Lawrence Okoye, Croydon H, 63.66m, 2012

Posn	Bib	Athlete	Club	Perf
1	110	George Armstrong	Newham & Essex Beagles AC	56.98
2	499	Eoin Sheridan	Liverpool Harriers & AC	55.24
3	590	Samuel Woodley	Herts Phoenix AC	51.47
4	242	George Evans	Shaftesbury Barnet Harriers	50.83
5	123	Matthew Beatty	Newham & Essex Beagles AC	50.41
6	529	Patrick Swan	Cornwall AC	44.85
7	385	Joe Martin	City of York AC	43.30
8	460	Andrew Peck	Victoria Park City of Glasgow	40.47
9	588	Isaac Wood	Derby Athletic Club	40.36
10	537	Nathan Thomas	Shaftesbury Barnet Harriers	39.97
11	339	Peter Keefe	Stevenage & North Herts AC	37.51

Shot U20 Men

AGE GROUP BEST: Carl Myerscough, Blackpool & Fylde AC, 21.03m, 1998

CBP: Tom Walsh, New Zealand, 20.48m, 2011

Posn	Bib	Athlete	Club	Perf
1	167	Lewis Byng	Stratford Upon Avon AC	18.94
2	540	Daniel-James Thomas	Eastbourne Rovers AC	18.13
3	324	George Hyde	West Cheshire Athletic Club	17.37
4	349	Andrew Knight	Morpeth Harriers & AC	17.27
5	342	James Kelly	Finn Valley AC	16.66
6	585	Joshua Wise	Southampton Athletic Club	16.23
7	554	Josh Tyler	Exeter Harriers	14.48
8	343	Shaun Kerry	Kingston upon Hull AC	14.12
9	290	Patrick Harris	Menai Track and Field	14.04
10	547	David Todd	City of York AC	14.00
11	375	Alexander Mackay	Inverness Harriers	12.75
NMR	519	Alex Spratley-Kemp	Reading AC	

Pole Vault U20 Women

AGE GROUP BEST: Molly Caudery, Cornwall AC, 4.53m, 2018

CBP: Katie Byres, Sale Harriers Manchester, 4.36m, 2012

Posn	Bib	Athlete	Club	Perf
1	738	Sophie Ashurst	Sale Harriers Manchester	3.85
2	953	Felicia Miloro	Sutton in Ashfield Harriers & AC	3.85
3	1057	Jade Spencer-Smith	Harrow AC	3.75
4	746	Victoria Barlow	Sale Harriers Manchester	3.50
5=	863	Amy Haslam	Sale Harriers Manchester	3.35
5=	868	Elizabeth Henshall	Liverpool Harriers & AC	3.35
5=	1074	Erin Thomas	Dartford Harriers AC	3.35
8=	788	Jasmine Carey	Blackpool Wyre & Fylde AC	3.35
8=	1100	Lois Warden	Blackheath & Bromley Harriers AC	3.35
10	838	Erin Fisher	City of Lisburn AC	3.20

Long Jump U23 Women

AGE GROUP BEST: Katarina Johnson-Thompson, Liverpool H, 6.92, 2014

CBP: Jazmin Sawyers, City of Stoke, 6.61m, 2016

Posn	Bib	Athlete	Club	Perf	
1	880	Alice Hopkins	Oxford City AC	6.51	+1.2
2	940	Holly McArthur	Edinburgh AC	6.09	+1.5
3	1044	Georgia Silcox	Yeovil Olympiads AC	5.64	+1.8
4	780	Alexandra Burns	Edinburgh AC	5.54	+2.0
5	899	Charlotte Jones	Charnwood AC	5.54	+2.0
NMR	731	Rachel Alexander	Giffnock North AAC		

Discus U23 Women

AGE GROUP BEST: Philippa Roles, Swansea, 60.00, 1999

CBP: Eden Francis, Birchfield Harriers, 58.99m, 2010

Posn	Bib	Athlete	Club	Perf
1	975	Divine Oladipo	Blackheath & Bromley Harriers AC	51.28
2	840	Niamh Fogarty	Raheny Shamrocks	50.99
3	1115	Kathryn Woodcock	Radley Athletic Club	46.76
4	889	Jemma Ibbetson	Leeds City Athletic Club	46.50
5	878	Eve Hodson	Coventry Godiva Harriers	40.58
6	758	Melissa Bird	Cheltenham and County Harriers	38.29
7	810	Emma Dakin	Rotherham Harriers and AC	38.04
8	900	Chloe Jones	Gloucester AC	36.39

High Jump U23 Women

AGE GROUP BEST: Morgan Lake, Windsor Slough Eton & Hounslow, 1.97, 2018

CBP: Morgan Lake, Windsor Slough Eton & Hounslow, 1.94m, 2017

Posn	Bib	Athlete	Club	Perf
1	908	Morgan Lake	Windsor Slough Eton & Hounslow AC	1.92
2	764	Emily Borthwick	Wigan & District H & AC	1.83
2	1122	Laura Zialor	Marshall Milton Keynes AC	1.83
4	1099	Abby Ward	Wakefield District H & AC	1.83
5	737	Laura Armorgie	Herts Phoenix AC	1.76
6	842	Lillie Franks	Crawley AC	1.72
7	807	Shannon Craig	Notts AC	1.67
8	1067	Hannah Tapley	Cardiff AAC	1.67
8	804	Bernice Coulson	Wigan & District H & AC	1.67
8	1058	Ashleigh Spiliopoulou	Enfield and Haringey AC	1.67
11	1053	Natasha Smith	Birchfield Harriers	1.62
NHC	996	Ellie Pullin	Notts AC	

Triple Jump U20 Women
AGE GROUP BEST: Laura Samuel, Leicester Coritanians, 13.75m, 2010
CBP: Naomi Ogbeta, Trafford AC, 13.36m, 2017

Posn	Bib	Athlete	Club	Perf	
1	973	Temitope Ojora	Windsor Slough Eton & Hounslow AC	13.08	+3.1
2	884	Lily Hulland	Trafford Athletic Club	12.83	+2.0
3	1034	Jazz Sears	Shaftesbury Barnet Harriers	12.76	+1.9
4	1039	Abazz Shayaam-Smith	Birchfield Harriers	12.62	+1.7
5	972	Ellie O'Hara	Edinburgh AC	12.58	+2.0
6	862	Eloise Harvey	Dartford Harriers AC	12.35	+1.6
7	935	Diane Mapamboli	Victoria Park Harriers and Tower Hamlets AC	12.14	+1.7
8	877	Sophie Hodgson	Notts AC	11.92	+0.7
9	883	Mayi Hughes	Havering AC	11.42	+0.0
10	994	Adeline Preston	Crawley AC	11.03	+1.3
11	1064	Kelsey Sutherland	Brighton & Hove AC	10.98	+3.4
12	852	Holly Griffiths-Brown	Oxford City AC	10.92	+1.7
13	774	Eleanor Brown	City Of Norwich AC	10.88	+1.9
14	914	Megan Lasseter	Stockport Harriers & AC	10.85	+3.0
15	786	Charlotte Campion	Swansea Harriers	10.75	+3.4
	973	Temitope Ojora	Windsor Slough Eton & Hounslow AC	12.85	+1.4
	1064	Kelsey Sutherland	Brighton & Hove AC	10.72	+1.8
	914	Megan Lasseter	Stockport Harriers & AC	X	
	786	Charlotte Campion	Swansea Harriers	10.67	+1.9

Javelin U20 Women
AGE GROUP BEST: Goldie Sayers, Peterborough AC, 55.40m, 2001
CBP: Goldie Sayers, Peterborough AC, 53.74m, 2001

Posn	Bib	Athlete	Club	Perf
1	963	Bethany Moule	Neath Harriers	45.72
2	833	Lauren Farley	Blackheath & Bromley Harriers AC	44.52
3	756	Nicola Bell	Walton AC	43.37
4	747	Hannah Barnden	Derby Athletic Club	41.12
5	776	Jessie Brown	Amber Valley and Erewash Athletic Club	40.42
6	983	Gaia Osborne	City Of Portsmouth AC	38.67
7	815	Shannon Dawes	Banbury Harriers AC	37.80
8	1105	Charlotte West	Reading AC	37.43
9	1089	Isabel Wakefield	Harrow AC	34.32

Javelin U20 Men
AGE GROUP BEST: Steve Backley, Cambridge Harriers, 79.50, 1988
CBP: James Whiteaker, Blackheath & Bromley AC, 74.64m, 2017

Posn	Bib	Athlete	Club	Perf
1	356	Max Law	Havering AC	67.58
2	300	Tom Hewson	Andover AC	65.93
3	269	Pedro Gleadall	Blackheath & Bromley Harriers AC	62.52
4	481	Luke Robinson	City of York AC	57.28
5	559	Jess Walker	Basildon AC	55.55
6	585	Joshua Wise	Southampton Athletic Club	51.52
7	394	Andrew McFarlane	Ross County AC	50.34

Pole Vault U20 Men

AGE GROUP BEST: Adam Hague, Sheffield AC, 5.60, 2015

CBP: Neil Winter, Shaftesbury Barnet Harriers, 5.40m, 1993

Posn	Bib	Athlete	Club	Perf
1	330	Frankie Johnson	Bedford & County AC	4.85
2	185	Jacob Clark	Notts AC	4.75
3	352	Christopher Lamb	Wigan & District H & AC	4.60
4	145	Elliot Breen	Herts Phoenix AC	4.60
5	431	Reuben Nairne	Giffnock North AAC	4.45
6	567	Jake Watson	Telford AC	4.45
7	269	Pedro Gleadall	Blackheath & Bromley Harriers AC	4.45
8	394	Andrew McFarlane	Ross County AC	4.30
9	295	Owen Heard	Harrow AC	4.00

Shot U20 Women

AGE GROUP BEST: Sophie McKinna, Great Yarmouth, 17.12m, 2013

CBP: Sophie McKinna, Great Yarmouth, 16.36m, 2013

Posn	Bib	Athlete	Club	Perf
1	979	Sarah Omoregie	Cardiff AAC	15.41
2	1088	Serena Vincent	City Of Portsmouth AC	14.57
3	957	Hannah Molyneaux	City of Sheffield and Dearne AC	13.90
4	759	Nichole Birmingham	Birchfield Harriers	12.44
5	1124	Dara Adebayo	Harrow AC	12.35
6	952	Holly Mills	Andover AC	12.19
7	825	Toni Egbulefu	Chelmsford AC	11.95
8	876	Ellie Hodgson	Southampton Athletic Club	11.69
9	974	Chimdi okpalauko	Havering AC	10.57

DAY 2

Hammer U23 Women

AGE GROUP BEST: Sophie Hitchon, Blackburn Harriers, 72.97m, 2013

CBP: Sophie Hitchon, Blackburn Harriers, 69.54m, 2013

Posn	Bib	Athlete	Club	Perf
1	869	Amy Herrington	Windsor Slough Eton & Hounslow AC	62.47
2	998	Anna Purchase	Notts AC	61.99
3	99	Bera Ajala	Edinburgh AC	61.81
4	1109	Charlotte Williams	Blackburn Harriers & AC	61.28
5	903	Rebecca Keating	Shaftesbury Barnet Harriers	60.05
6	866	Katie Head	Newham & Essex Beagles AC	59.13
7	748	Alice Barnsdale	Kingston upon Hull AC	57.08
8	910	Katie Lambert	Kidderminster and Stourport	56.92
9	913	Megan Larkins	Colchester Harriers AC	54.68
10	800	Cathy Coleman	Guildford & Godalming AC	53.40
11	1095	Michaela Walsh	Ireland	53.03
12	921	Candy Lockett	Birchfield Harriers	52.90
13	730	Lauren Aldridge	Stevenage & North Herts AC	42.80

Pole Vault U23 Men

AGE GROUP BEST: Steven Lewis, Newham & EB, 5.71m, 2008

CBP: Luke Cutts, Dearneside High AC, 5.41m, 2009

Posn	Bib	Athlete	Club	Perf
1	280	Adam Hague	City of Sheffield and Dearne AC	5.55
2	363	Joel Leon Benitez	Notts AC/Virginia Tech	5.45
3	430	Charlie Myers	Middlesbrough Athletic Club (Mandale)	5.45
4	367	JJ Lister	Harrow AC	5.15
5	549	George Turner	Crawley AC	5.00
6	563	Ethan Walsh	Shaftesbury Barnet Harriers	5.00
7	298	George Heppinstall	City of Sheffield and Dearne AC	4.85
8	562	Thomas Walley	Wrexham AC	4.20
NM	291	Zach Harrop	Sale Harriers Manchester	-

High Jump U20 Women

AGE GROUP BEST: Morgan Lake, Windsor Slough Eton & Hounslow, 1.94, 2014

CBP: Morgan Lake, Windsor Slough Eton & Hounslow, 1.94m, 2015

Posn	Bib	Athlete	Club	Perf
1	973	Temitope Ojora	Windsor Slough Eton & Hounslow AC	1.80
2	1051	Jodie Smith	Windsor Slough Eton & Hounslow AC	1.72
3	824	Shaka Egbo	Herts Phoenix AC	1.72
4	956	Hannah Moat	Scunthorpe & District AC	1.72
5	751	Amelia Bateman	Gateshead Harriers & AC	1.68
6	943	Claire McGarvey	Shaftesbury Barnet Harriers	1.63
7	904	Charlotte Kerr	Rotherham Harriers and AC	1.63
8	982	Kara Onuir	Shaftesbury Barnet Harriers	1.63

Triple Jump U20 Men

FINAL

AGE GROUP BEST: Tosi Fasinro, Hillingdon AC, 16.58m, 1991

CBP: Onochie Achike, Crawley AC, 16.28m, 1993

Posn	Bib	Athlete	Club	Perf	
1	245	Daniel Falode	Cambridge Harriers	15.49	+2.0
2	469	Aidan Quinn	University of New Mexico	15.22	+2.7
3	99	Bera Ajala	Edinburgh AC	14.96	+2.3
4	97	Miraji Ahmed	Glasgow School of Sport	14.60	+0.7
5	591	Josh Woods	Dacorum & Tring AC	14.27	+1.3
6	108	Samuel Antwi	Enfield and Haringey AC	13.69	+1.6
7	91	Andrew Adegbite	Newham & Essex Beagles AC	13.29	+0.0
8	287	Benjamin Harrington	Birchfield Harriers	13.07	+0.0

Hammer U23 Men

AGE GROUP BEST: Nick Miller, Border Harriers, 77.55m, 2015

CBP: Pete Smith, Birchfield Harriers, 69.92m, 2010

Posn	Bib	Athlete	Club	Perf
1	437	Jake Norris	Windsor Slough Eton & Hounslow AC	70.91
2	329	Edward Jeans	Preston Harriers	60.98
3	176	Peter Cassidy	Guildford & Godalming AC	60.00
4	194	Andrew Costello	Kilbarchan AAC	56.38
5	299	Oliver Hewitt	Newbury AC	55.65
6	465	Billy Praitm-Singh	Colchester Harriers AC	55.19
7	436	Daniel Nixon	Middlesbrough Mandale	55.00

Shot U23 Women

AGE GROUP BEST: Myrtle Augee, Bromley Ladies AC, 18.19, 1987

CBP: Sophie McKinna, Great Yarmouth, 16.67, 2016

Posn	Bib	Athlete	Club	Perf
1	975	Divine Oladipo	Blackheath & Bromley Harriers AC	15.92
2	949	Sophie Merritt	Bournemouth AC	15.22
3	1095	Michaela Walsh	Ireland	14.51
4	957	Hannah Molyneaux	City of Sheffield and Dearne AC	13.95
5	810	Emma Dakin	Rotherham Harriers and AC	12.91

Triple Jump U23 Women

AGE GROUP BEST: Naomi Ogbeta, Trafford AC, 14.15m, 2018

CBP: Laura Samuel, Birchfield Harriers, 13.75m, 2012

Posn	Bib	Athlete	Club	Perf	
1	971	Naomi Ogbeta	Trafford Athletic Club	13.67	+2.0
2	1014	Eavion Richardson	Shaftesbury Barnet Harriers	12.99	+2.3
3	1044	Georgia Silcox	Yeovil Olympiads AC	12.44	+2.9
4	1052	Madeleine Smith	Bournemouth AC	11.97	+2.6
5	978	Adelaide Omitowoju	Harrow AC	11.66	+0.4
6	1024	Shona Ross	Kilbarchan AAC	11.61	+1.7
7	916	Joanna Lawler-Rhodes	Bingley Harriers	11.31	+2.1
NMR	1063	Grace Sullivan	Ashford AC	-	

Discus U20 Men

AGE GROUP BEST: Emeka Udechuku, Woodford Green & Essex Ladies, 64.35m, 1998

CBP: Lawrence Okoye, Croydon Harriers, 63.92m, 2010

Posn	Bib	Athlete	Club	Perf
1	548	James Tomlinson	Pembrokeshire Harriers	56.93
2	224	Joshua Douglas	Southampton Athletic Club	48.65
3	314	Padraig Hore	DMP	46.34
4	557	Reuben Vaughan	Croydon Harriers	44.27
5	160	Dominic Buckland	Stevenage & North Herts AC	40.55
6	107	Kayokari Animashawun		0 38.02
7	554	Josh Tyler	Exeter Harriers	37.77

High Jump U20 Men

AGE GROUP BEST: Steve Smith, Liverpool Harriers & AC, 2.37, 1992

CBP: Brendan Reilly, Corby AC, 2.25m, 1991

Posn	Bib	Athlete	Club	FINAL
1	146	Sam Brereton	Newquay & Par AC	2.12
2	92	Toni Ademuwagun	Thames Valley Harriers	2.06
2	96	Kelechi Aguocha	Blackheath & Bromley Harriers AC	2.06
4	230	Divine Duruaku	Notts AC	2.02
5	576	Harry Whyley	Notts AC	1.97
6	350	Charlie Knott	Cambridge & Coleridge AC	1.97
6	127	Adam Berwick	Amber Valley and Erewash Athletic Club	1.97
8	446	Luke Okosieme	Cambridge Harriers	1.92
8	251	Samuel Featherstone	Marshall Milton Keynes AC	1.92
8	518	Owen Southern	Liverpool Pembroke & Sefton H AC	1.92
8	332	Oliver Joint	Bracknell AC	1.92
12	240	Jack Ennis	Croydon Harriers	1.92
13	479	Harry Rienecker-Found	Brighton & Hove AC	1.87
NMR	560	Kaya Walker	City of Sheffield and Dearne AC	-

Long Jump U20 Women

AGE GROUP BEST: Beverly Kinch, Hounslow AC, 6.90m, 1983

CBP: Katarina Johnson-Thompson, Liverpool H, 6.44m, 2011

Posn	Bib	Athlete	Club	Perf	
1	952	Holly Mills	Andover AC	6.40	+1.0
2	977	Josie Oliarnyk	Halesowen ACC	6.24	+1.1
3	726	Oreoluwa Adamson	Herne Hill Harriers	6.23	+1.4
4	792	Mayah Charles	Notts AC	4.87	+1.7
4	976	Funminiyi Olajide	Thurrock Harriers	6.18	+0.2
5	1066	Mayong Tabe	Medway and Maidstone AC	6.05	+1.2
6	862	Eloise Harvey	Dartford Harriers AC	5.98	+1.1
7	972	Ellie O'Hara	Edinburgh AC	5.93	+2.4
8	1073	Emily Thomas	Cardiff Archers	5.78	+1.5
9	988	Molly Palmer	Charnwood AC	5.69	+3.0
10	1023	Amy Rolfe	City of York AC	5.59	+1.7
11	1001	Emily Quinn	Braintree & District AC	5.34	+2.0
12	1101	Katie Waterworth	Stockport Harriers & AC	5.24	+2.2
13	1116	Kaili Woodward	Stratford Upon Avon AC	5.15	+2.2
15	1051	Jodie Smith	Windsor Slough Eton & Hounslow AC	4.28	+1.5

Discus U20 Women

AGE GROUP BEST: Eden Francis, Leicester Coritanians, 55.28m, 2007

CBP: Claire Smithson, Brighton & Hove AC, 54.81m, 2001

Posn	Bib	Athlete	Club	Perf
1	783	Samantha Callaway	Southampton Athletic Club	47.29
2	809	Heather Cabbage	City Of Portsmouth AC	43.56
3	1081	Taia Tunstall	Watford Harriers	43.05
4	828	Caitlin Emerson	Sale Harriers Manchester	39.59
5	829	Jessica Emery	Shaftesbury Barnet Harriers	37.64
6	929	Hannah Macaulay	Blackheath & Bromley Harriers AC	37.51
7	753	Alice Baxendale	Victoria Park City of Glasgow	36.72

Pole Vault U23 Women

AGE GROUP BEST: Holly Bleasdale, Blackburn Harriers, 4.71m, 2012

CBP: Holly Bleasdale, Blackburn Harriers, 4.53m, 2011

Posn	Bib	Athlete	Club	Perf
1	879	Natalie Hooper	Sutton & District AC	4.15
2	941	Ellen McCartney	Woodford Green AC with Essex Ladies	4.00
3	1065	Jessica Swannack	Preston Harriers	4.00
4	818	Sophie Dowson	Blackheath & Bromley Harriers AC	3.90
5	917	Esther Leong	Bristol and West AC	3.90
5	848	Anna Gordon	Edinburgh AC	3.90
7	1017	Abby Roberts	City of Sheffield and Dearne AC	3.80
8	849	Rebecca Gray	Cornwall AC	3.65
9	930	Emily Macdonald	Bracknell AC Swansea Harriers	3.50
9	874	Fiona Hockey	Blackpool Wyre & Fylde AC	3.50
11	898	Carys Jones	Swansea Harriers	3.50
11	741	Megan Bailey	Harrow AC	3.50
11	816	Isabel Deacon	Bracknell AC	3.50
14	767	Erin Breen	Herts Phoenix AC	3.35

Javelin U23 Men

AGE GROUP BEST: Steve Backley, Cambridge Harriers, 89.58m, 1990

CBP: Joe Dunderdale, Lincoln Wellington, 75.73m, 2012

Posn	Bib	Athlete	Club	FINAL
1	319	Harry Hughes	Newham & Essex Beagles AC	74.57
2	211	George Davies	City of York AC	69.04
3	288	Joe Harris	Manx Harriers	68.74
4	116	Daniel Bainbridge	Shaftesbury Barnet Harriers	65.49
5	214	Sam Dean	Sale Harriers Manchester	63.47
6	53	Kristian Brown	Basildon AC	62.12
7	207	Richard Dangerfield	Cardiff AAC	56.40
8	308	Eddie Hinchliffe	Holmfirth Harriers AC	55.02
9	409	Luke Miller	Ealing Southall & Middlesex AC	50.91

Long Jump U23 Men

AGE GROUP BEST: Chris Tomlinson, Newham & Essex Beagles, 8.27, 2002

CBP: Jonathan Moore, Birchfield Harriers, 7.75m, 2004

Posn	Bib	Athlete	Club	Perf	
1	253	Jacob Fincham-Dukes	Leeds AC	7.75	+3.0
2	119	Reynold Banigo	Sale Harriers Manchester	7.74	+1.7
3	534	Shandell Taylor	Havering AC	7.55	+1.6
4	247	Alexander Farquharson	Coventry Godiva Harriers	7.49	+3.8
5	254	Ben Fisher	Windsor Slough Eton & Hounslow AC	7.28	+1.7
6	424	John Mozobo	Bedford & County AC	6.98	+2.1
7	502	Zak Skinner	Loughborough Students AC	6.86	+2.4
8	506	Daniel Smith	Coventry Godiva Harriers	6.84	+1.3
NMR	397	Ben McGuire	Shaftesbury Barnet Harriers		

Shot U23 Men

AGE GROUP BEST: Geoff Capes, Birchfield Harriers, 19.48m, 1971

CBP: Zane Duquemin, Shaftesbury Barnet H, 18.88m, 2013

Posn	Bib	Athlete	Club	FINAL
1	167	Lewis Byng	Stratford Upon Avon AC	17.16
2	242	George Evans	Shaftesbury Barnet Harriers	16.64
3	529	Patrick Swan	Cornwall AC	15.96

Javelin U23 Women

AGE GROUP BEST: Kelly Morgan, Windsor, Slough, Eton & Hounslow, 64.87m, 2002

CBP: Goldie Sayers, Belgrave Harriers, 58.20m, 2002

Posn	Bib	Athlete	Club	Perf
1	1098	Bekah Walton	Blackheath & Bromley Harriers AC	53.97
2	857	Emma Hamplott	Birchfield Harriers	51.40
3	1008	Bethan Rees	Cannock & Stafford AC	49.47
4	872	Leah Hillman	Pendle Athletic Club	47.34

10K Walk U20Men

FINAL

AGE GROUP BEST: Callum Wilkinson, Enfield & Haringey, 40:41.62, 2016

CBP: Gordon Vale, Surrey Walking Club, 42:06.35, 1981

Posn	Bib	Athlete	Club	Perf
1	513	Chris Snook	Aldershot Farnham & District	45:00.59
2	580	Edson George Wilkinson	Enfield and Haringey A C	50:37.68
DQ	399	Daniel McKerlich	Cardiff AAC	-

10K Walk U23Men

FINAL

AGE GROUP BEST: Phil Vesty, Leicester WC, 40:53.60, 1984

CBP: Cameron Corbishley, Medway & Maidstone, 41:37.44, 2017

Posn	Bib	Athlete	Club	Perf
1	579	Callum Wilkinson	Enfield and Haringey A C	40:29.32
2	193	Cameron Corbishley	Medway and Maidstone AC	42:28.29
3	456	Tom Partington	Manx Harriers	46:31.73
4	361	Luc Henry Legon	Bexley AC	49:53.97

10K Walk U20 Women

FINAL

AGE GROUP BEST: Vicky Lupton, Sheffield Walking Club, 47:04.0, 1991

CBP: Emma Achurch, Leicester WC, 51:16.81, 2014

Posn	Bib	Athlete	Club	Perf
1	893	Abigail Jennings	Aldershot Farnham & District	54:14.02
2	1059	Pagen Spooner	Hyde Park Harriers	54:32.63

400m Hurdles U20 Men

FINAL

AGE GROUP BEST: Alastair Chalmers, Guernsey, 50.07, 2019

CBP: Niall Flannery, Gateshead H, 51.07, 2009

Posn	Bib	Athlete	Club	Perf
1	179	Alastair Chalmers	Guernsey AC	50.58
2	217	Seamus Derbyshire	City of Stoke AC	51.52
3	249	Josh Faulds	Shaftesbury Barnet Harriers	53.00
4	439	Alex O'Callaghan Brown	Blackheath & Bromley Harriers AC	53.30
5	340	Rory Keen	Sale Harriers Manchester	53.57
6	368	Charlie Livingston	Jersey Spartan AC	54.26
7	354	Jamie Lambert	Crawley AC	55.33
8	186	Samuel Clarke	Cambridge & Coleridge AC	57.11

400m Hurdles U20 Women

FINAL

AGE GROUP BEST: Shona Richards, Windsor Slough Eton & Hounslow, 56.16, 2014

CBP: Vicki Jamison, Lagan Valley AC, 57.27, 1996

Posn	Bib	Athlete	Club	Perf
1	1114	Marcey Winter	Windsor Slough Eton & Hounslow AC	58.39
2	897	Jasmine Jolly	Birchfield Harriers	59.58
3	819	Steph Driscoll	Liverpool Harriers & AC	60.46
4	909	Jessica Lambert	Crawley AC	62.19
5	796	Jasmine Clark	Middlesbrough Athletic Club (Mandale)	62.39
6	1086	Grace VansAgnew	Crawley AC	63.95
7	1021	Louise Robinson	Birchfield Harriers	65.33
DQ	768	Orla Brennan	Windsor Slough Eton & Hounslow AC	Rule 168.7

400m Hurdles U23 Women

FINAL

AGE GROUP BEST: Sally Gunnell, Essex Ladies AC, 54.03, 1988

CBP: Perri Shakes-Drayton, Victoria Park & Tower Hamlets, 55.34, 2009

Posn	Bib	Athlete	Club	Perf
1	1090	Chelsea Walker	City of York AC	58.26
2	1112	Lauren Williams	Swansea Harriers	59.13
3	806	Emily Craig	Edinburgh AC	01:00.28
4	954	Jasmine Mitchell	Loughborough Students	01:02.25
5	1005	Ellie Ravenscroft	Kidderminster and Stourport	01:02.63
6	948	Emily McNicol	Law and District AAC	01:03.41
7	1107	Chloe Wilde	Cannock & Stafford AC	01:04.50
8	906	Hannah Knights	Guildford & Godalming AC	01:06.92

200m U20 Women

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 22.61, 2014

CBP: Dina Asher-Smith, Blackheath & Bromley AC, 22.74, 2014

Posn	Bib	Athlete	Club	-2.1 m/s	Heat 1
1	670	Hannah Kelly	Bolton United Harriers & AC	23.98	Q
2	668	Rebecca Jeggo	Colchester Harriers AC	24.23	Q
3	682	Sharhnee Skervin	Notts AC	24.31	Q
4	765	Kayla Bowley	Croydon Harriers	24.38	q
5	651	Leonie Ashmeade	Wakefield District H & AC	25.09	q
6	672	Elyse Leech	Torbay AAC	25.22	
7	687	Megan Webber	Torbay AAC	25.76	

Posn	Bib	Athlete	Club	-2.3 m/s	Heat 2
1	725	Georgina Adam	Loughborough Students AC	23.99	Q
2	676	Cassie Ann Pemberton	Birchfield Harriers	24.56	Q
3	688	Skye Wicks	The HAWCS	25.35	Q
4	1092	Regan Walker	Sale Harriers Manchester	25.76	
5	728	Esther Adikpe	Coventry Godiva Harriers	25.76	
6	659	Indi Gallagher	Guernsey AC	25.98	
7	671	Khiaaama Kofi	Bristol and West AC	26.56	

Posn	Bib	Athlete	Club	-1.7 m/s	Heat 3
1	650	Immanuela Aliu	Blackheath & Bromley Harriers AC	24.26	Q
2	683	Zoe Thompson	Newham & Essex Beagles AC	24.89	Q
3	1009	Alicia Regis	Enfield and Haringey AC	24.91	Q
4	684	Ellie Turner	Medway and Maidstone AC	25.15	q
5	652	Dolita Awala-Shaw	Newham & Essex Beagles AC	25.22	
6	735	Davina Ansah	Croydon Harriers	25.25	
7	680	Ruka Shonibare	Sale Harriers Manchester	25.62	

Posn	Bib	Athlete	Club	-1.2 m/s	Heat 4
1	961	Jazmine Moss	Gateshead Harriers & AC	24.26	Q
2	1121	Kaliyah Young	Dartford Harriers AC	24.28	Q
3	820	Kiah Dubarry-Gay	Victoria Park Harriers and Tower Hamlets AC	24.49	Q
4	658	Akaysha Ellis	Enfield and Haringey AC	24.66	q
5	660	Abigail Galpin	Guernsey AC	25.60	
6	657	Lucy Elcock	Telford AC	25.70	

200m U20 Men

AGE GROUP BEST: Christian Malcolm, Cardiff AAC, 20.29, 1998

CBP: Christian Malcolm, Cardiff AAC, 20.32, 1998

Posn	Bib	Athlete	Club	-1.2 m/s	Heat 1
1	434	Sagesse Nguie	Trafford Athletic Club	21.61	Q
2	500	Michael Shonibare	Victoria Park Harriers and Tower Hamlets AC	21.85	Q
3	17	James Hanson	Woking AC	21.93	Q
4	36	Bryn Smith	Eastbourne Rovers AC	22.17	
5	414	Arif Mohamed	Solihull & Small Heath Athletic Club	22.51	
6	21	Owain Lloyd-Hughes	Neath Harriers	22.52	
7	498	Edward Sheffield	Burton AC	22.71	
8	38	Harry Taylor	City Of Norwich AC	22.79	
Posn	Bib	Athlete	Club	-0.7 m/s	Heat 2
1	382	Toby Makoyawo	Watford Harriers	21.47	Q
2	37	Jody Smith	Charnwood AC	21.73	Q
3	204	Dylan Da Costa	Croydon Harriers	21.77	Q
4	531	Bailey Swift	Rugby & Northampton AC	21.96	q
5	115	Cameron Bailey	Ipswich Harriers	22.09	
6	9	Adam Clayton	Giffnock North AAC	22.25	
7	20	Matthew Knight	Blackheath & Bromley Harriers AC	22.51	
8	27	Luke Moore	Cambridge Harriers	22.63	
Posn	Bib	Athlete	Club	-0.8 m/s	Heat 3
1	389	Joseph Massimo	Crawley AC	21.75	Q
2	8	Alwayne Campbell	Birchfield Harriers	21.79	Q
3	320	William Hughes	Nene Valley Harriers	21.84	Q
4	405	Jak Mensah	Team Hounslow Athletic Club	22.13	
5	7	Blake Tiger Lee Brown	Sale Harriers Manchester	22.22	
6	276	Stewart Greenhalgh	Bromsgrove and Redditch	22.28	
7	33	Zachary Price	Menai Track and Field	22.36	
Posn	Bib	Athlete	Club	0.1 m/s	Heat 4
1	30	Praise Olatoke	Kilbarchan AAC	21.56	Q
2	2	Fraser Angus	Giffnock North AAC	21.59	Q
3	347	Derek Kinlock	Derek Kinlock	21.60	Q
4	164	Matt Buckner	Bracknell AC	21.60	q
5	11	Adam Cross	Cambridge & Coleridge AC	21.82	q
6	177	Joe Chadwick	Guernsey AC	21.92	q
7	35	Andrew Robinson	Woodford Green AC with Essex Ladies	22.07	
8	413	Arif Mohamed	Solihull & Small Heath Athletic Club	22.56	

200m U23 Men

AGE GROUP BEST: Nethaneel Mitchell-Blake, Newham & EB, 19.95, 2016

CBP: Chris Lambert, Belgrave Harriers, 20.58, 2003

Posn	Bib	Athlete	Club	-0.9 m/s	Heat 1
1	286	Toby Harries	Brighton Phoenix AC	21.13	Q
2	223	Luke Dorrell	Aldershot Farnham & District	21.45	Q
3	271	Ryan Gorman	Notts AC	21.54	q
4	65	Leon Greenwood	Swansea Harriers	21.65	
5	572	Ben Wells	Yate & District AC	21.82	
6	74	Regan O'Connell	City of Sheffield and Dearne AC	21.93	
7	312	Shea Holloway	Harrow AC	22.35	
8	62	Idy Ekere	Bexley AC	22.50	

Posn	Bib	Athlete	Club	-2.3 m/s	Heat 2
1	136	Shemar Boldizar	Harlow AC	21.25	Q
2	87	Jahde Williams	Harrow AC	21.25	Q
3	522	Nick Stewart	Enfield and Haringey AC	21.38	q
4	80	Keano Paris-Samuel	Thames Valley Harriers	21.89	
5	86	Jordan Watson-Brown	Shaftesbury Barnet Harriers	22.10	
6	241	Jonah Erugo	Galway City Harriers	22.46	
7	181	Jamal Chambers	Tipton Harriers	22.68	
8	281	Ryan Hall	Oldham and Royton Harriers	22.75	

Posn	Bib	Athlete	Club	-1.8 m/s	Heat 3
1	237	Jona Efoloko	Sale Harriers Manchester	21.30	Q
2	419	Andrew Morgan-Harrison	Kingston upon Hull AC	21.32	Q
3	586	Connor Wood	Sale Harriers Manchester	21.59	Q
4	105	Morgan Amed	Coventry Godiva Harriers	21.68	
5	310	Marlon Hogg-Williams	Newham & Essex Beagles AC	22.69	
6	82	Kieran Shah	City Of Norwich AC	22.76	
7	311	Mark Holliman	North Ayrshire Athletics Club	23.22	
8	76	Abraham Ogunmefun	Bexley AC	24.03	

1500m U20 Men

FINAL

AGE GROUP BEST: Graham Williamson, Springburn Harriers, 3:36.6, 1979

CBP: Graham Williamson, Springburn Harriers, 3:39.68, 1978

Posn	Bib	Athlete	Club	Perf
1	358	Joshua Lay	Rugby & Northampton AC	03:53.88
2	341	Thomas Keen	Cambridge & Coleridge AC	03:55.68
3	323	Ethan Hussey	Leeds City Athletic Club	03:56.60
4	227	Luke Duffy	Mansfield Harriers	03:56.87
5	301	Max Heyden	Aldershot Farnham & District	03:57.43
6	526	Matthew Stonier	Invicta East Kent AC	03:58.53
7	573	Christian Wharton-Howett	Amber Valley & Erewash AC	03:58.84
8	464	Joseph Pollard	Charnwood AC	03:59.32
9	426	David Mullarkey	Manx Harriers	03:59.84
10	239	Kane Elliott	Falkirk Victoria Harriers	04:00.64
11	213	Kian Davis	Preston Harriers	04:02.08
12	451	Ethan OShea	Charnwood AC	04:03.81

1500m U20 Women

FINAL

AGE GROUP BEST: Zola Budd, Aldershot Farnham & District AC, 3:59.96, 1985

CBP: Melissa Courtney, Shaftesbury Barnet, 4:15.93, 2015

Posn	Bib	Athlete	Club	Perf
1	1094	Erin Wallace	Giffnock North AAC	04:27.01
2	787	Molly Canham	Exeter Harriers	04:27.46
3	781	Anna Burt	Team Bath Athletic Club	04:31.56
4	773	Alexandra Brown	Herne Hill Harriers	04:32.33
5	865	Georgia Hayes	Reading AC	04:33.24
6	991	India Pentland	Darlington H & AC	04:33.86
7	950	Alexandra Millard	Invicta East Kent AC	04:34.71
8	912	Naomi Lang	Aberdeen AAC	04:35.36
9	951	Saskia Millard	Herne Hill Harriers	04:36.96
10	937	Olivia Mason	Border Harriers & AC	04:37.62
11	967	Almaz Nerurkar	Brighton Phoenix AC	04:38.26
DNF	1110	Emily Williams	Kettering Town Harriers	-

100m Hurdles U20 Women

AGE GROUP BEST: Alicia Barrett, Chesterfield, 13.07, 2017

CBP: Alicia Barrett, Chesterfield, 13.07, 2017

Posn	Bib	Athlete	Club	-1.3 m/s	Heat 1
1	761	Jenna Blundell	Team Bath Athletic Club	13.80	Q
2	952	Holly Mills	Andover AC	13.90	Q
3	752	Anya Bates	Birchfield Harriers	14.24	Q
4	799	Mallory Cluley	Blackheath & Bromley Harriers AC	14.31	q
5	894	Rebecca Johns	City of Sheffield and Dearne AC	15.19	
6	958	Venus Morgan	Kingston upon Hull AC	15.56	
DNF	789	Amy Carter	Middlesbrough Athletic Club (Mandale)	-	

Posn	Bib	Athlete	Club	-0.9 m/s	Heat 2
1	938	Lucy Jane Matthews	Southampton Athletic Club	13.79	Q
2	1035	Marcia Sey	Croydon Harriers	14.31	Q
3	1000	Amy Pye	Cannock & Stafford AC	14.36	Q
4	1049	Kia Slade	Reading AC	15.02	q
5	830	Lauren Evans	Cardiff AAC	15.06	
6	1040	Rebecca Sheffield	Burton AC	15.92	
7	860	Samantha Harris	City Of Plymouth AC	29.28	

100m Hurdles U23 Women

AGE GROUP BEST: Cindy Ofili, Woodford Green & Essex Ladies AC, 12.60, 2015

CBP: Jessica Ennis, City of Sheffield AC, 13.04, 2007

Posn	Bib	Athlete	Club	-3 m/s	Heat 1
1	814	Anastasia Davies	Blackheath & Bromley Harriers AC	14.02	Q
2	805	Mollie Courtney	Cheltenham and County Harriers	14.20	Q
3	1090	Chelsea Walker	City of York AC	14.54	Q
4	926	Zoe Lucas	Notts AC	15.10	q
DNF	1044	Georgia Silcox	Yeovil Olympiads AC	-	

Posn	Bib	Athlete	Club	-2.1 m/s	Heat 2
1	749	Alicia Barrett	Chesterfield & District AC Trafford Athletic Club	13.71	Q
2	716	Sarah Quinn	St Colemans	14.14	Q
3	880	Alice Hopkins	Oxford City AC	14.14	Q
4	940	Holly McArthur	Edinburgh AC	14.49	q
DQ	721	Molly Scott	St Laurence OToole AC	Rule 168.7	

110m Hurdles U20 Men

AGE GROUP BEST: David Omoregie, Cardiff AAC, 13.17, 2014

CBP: David Omoregie, Cardiff AAC, 13.17, 2014

Posn	Bib	Athlete	Club	-2.8 m/s	Heat 1
1	477	Jordan Ricketts	Birchfield Harriers	14.49	Q
2	578	Thomas Wilcock	Northampton AC	14.73	Q
3	550	Jack Turner	Exeter Harriers	14.75	Q
4	94	William Adeyeye	Newham & Essex Beagles AC	14.77	q
5	295	Owen Heard	Harrow AC	14.94	q
6	539	Tre Thomas	Charnwood AC	14.95	
7	189	Adam Coles	Kingston upon Hull AC	15.86	

Posn	Bib	Athlete	Club	-2.7 m/s	Heat 2
1	596	Joshua Zeller	Bracknell AC	13.81	Q
2	527	Jack Sumners	Stratford Upon Avon AC	14.11	Q
3	425	Kanya Mtshweni	Winchester & District AC	14.80	Q
4	427	Daniel Murathodzic	Cardiff Archers	15.25	
5	205	Oliver Dakin	Chesterfield & District AC	15.46	
6	246	Robbie Farquhar	Aberdeen AAC	16.42	
7	198	Oliver Cresswell	Stratford Upon Avon AC	17.06	

110m Hurdles U23 Men

AGE GROUP BEST: Colin Jackson, Cardiff AAC, 13.11, 1988

CBP: Will Sharman, Belgrave H, 13.49, 2006

Posn	Bib	Athlete	Club	-2 m/s	Heat 1
1	600	Tade Ojora	Windsor Slough Eton & Hounslow AC	14.00	Q
2	100	Ethan Akanni	Bexley AC	14.14	Q
3	435	Jason Nicholson	Gateshead Harriers & AC	14.66	Q
4	111	David Aryeetey	Charnwood AC	15.03	q
5	592	Dajon Wright	Bristol and West AC	15.09	q
6	53	Kristian Brown	Basildon AC	15.73	
7	268	Toby Glass	Guernsey AC	16.55	
8					

Posn	Bib	Athlete	Club	-2.1 m/s	Heat 2
1	252	Cameron Fillery	Woodford Green AC with Essex Ladies	14.20	Q
2	569	James Weaver	Enfield and Haringey A C	14.28	Q
3	489	Robert Sakala	Croydon Harriers	14.75	Q
4	168	Ayo Byron	St Albans AC	15.23	
5	455	Alex Parkinson	Kingston AC And Poly Harriers	15.66	
DNS	494	Will Seed	Cleethorpes AC	-	

5000m U20Women

AGE GROUP BEST: Zola Budd, Aldershot F&D, 14:48.07, 1985

CBP: Sian Edwards, Kettering, 15:42.48, 2006

Posn	Bib	Athlete	Club	FINAL
1	955	Jessica Mitchell	Havering AC	17:02.05
2	1118	Ruby Wyles	Guildford & Godalming AC	18:23.72

5000m U23 Women

AGE GROUP BEST: Paula Radcliffe, Bedford & Co, 14:49.27, 1995

CBP: Rhona Auckland, Banchory Stonehaven, 15:59.21, 2015

Posn	Bib	Athlete	Club	FINAL
1	902	Jodie Judd	Chelmsford AC	16:32.19
2	763	Eleanor Bolton	Ribble Valley Harriers	16:41.22
3	811	Charlotte Dannatt	Camberley & District AC	16:49.75
4	859	Leah Harris	Worthing & District Harriers	17:32.38
5	1108	Laura Wilkinson	Lincoln Wellington AC	18:06.12
6	817	Chloe Dooley	Vale Royal AC	18:09.29
7	1106	Louisa Whittingham	Macclesfield Harriers & AC	18:37.77
8	745	Phoebe Barker	Tonbridge AC	18:39.77

200m U23 Women

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 22.07, 2015

CBP: Shannon Hylton, Blackheath & Bromley AC, 23.20, 2017

Posn	Bib	Athlete	Club	-1.7 m/s	Heat 1
1	692	Kristal Awuah	Herne Hill Harriers	23.62	Q
2	712	Ciara Neville	Emerald AC	24.71	Q
3	697	Chloe Burrows	Bournemouth AC	24.99	q
4	724	Yvette Westwood	Yate & District AC	25.37	
5	696	Izzy Bryant	Southampton Athletic Club	25.51	
6	1126	Synne Frydenlund	Harrow AC/Brunel/NORWAY	25.67	
7	717	Eleanor Rawson	City of Sheffield and Dearne AC	25.79	

Posn	Bib	Athlete	Club	-1.5 m/s	Heat 2
1	1007	Alisha Rees	Edinburgh AC	23.69	Q
2	704	Page Fairclough	Shaftesbury Barnet Harriers	24.77	Q
3	693	Ellie Bandy	Herts Phoenix AC	25.33	
4	710	Sarah Malone	Edinburgh AC	25.52	
5	1010	Catherine Reid	Manx Harriers	25.71	
6	867	Selina Henderson	Shaftesbury Barnet Harriers	25.81	
7	708	Amena Kofi	Bristol and West AC	28.98	

Posn	Bib	Athlete	Club	-1.5 m/s	Heat 3
1	1125	Finette Agyapong	Newham & Essex Beagles AC	24.02	Q
2	927	Aoife Lynch	Donore Harriers	24.45	Q
3	709	Darcey Kuypers	Medway and Maidstone AC	24.52	q
4	702	Leanza Dwaah	Enfield and Haringey AC	25.14	
5	700	Emily Coope	Amber Valley and Erewash Athletic Club	25.65	
6	801	Ash Colvin	Wigan & District H & AC	25.78	
7	1080	Sinead Treacy	Craughwell AC	26.10	

200m U20 Women

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 22.61, 2014

CBP: Dina Asher-Smith, Blackheath & Bromley AC, 22.74, 2014

Posn	Bib	Athlete	Club	-0.1 m/s	SEMIS 1
1	670	Hannah Kelly	Bolton United Harriers & AC	24.12	Q
2	961	Jazmine Moss	Gateshead Harriers & AC	24.19	Q
3	668	Rebecca Jeggo	Colchester Harriers AC	24.44	Q
4	682	Sharhnee Skervin	Notts AC	24.45	
5	765	Kayla Bowley	Croydon Harriers	24.54	
6	683	Zoe Thompson	Newham & Essex Beagles AC	24.66	
DNS	684	Ellie Turner	Medway and Maidstone AC	-	
DNS	688	Skye Wicks	The HAWCS	-	

Posn	Bib	Athlete	Club	-1.7 m/s	SEMIS 2
1	725	Georgina Adam	Loughborough Students AC	23.73	Q
2	676	Cassie Ann Pemberton	Birchfield Harriers	24.11	Q
3	820	Kiah Dubarry-Gay	Victoria Park Harriers and Tower Hamlets AC	24.37	Q
4	658	Akaysha Ellis	Enfield and Haringey AC	24.38	q
5	1121	Kaliyah Young	Dartford Harriers AC	24.40	q
6	1009	Alicia Regis	Enfield and Haringey AC	25.21	
DNS	651	Leonie Ashmeade	Wakefield District H & AC	-	
DNS	650	Immanuela Aliu	Blackheath & Bromley Harriers AC	-	

200m U23 Men

FINAL

AGE GROUP BEST: Nethaneel Mitchell-Blake, Newham & EB, 19.95, 2016

CBP: Chris Lambert, Belgrave Harriers, 20.58, 2003

Posn	Bib	Athlete	Club	-0.6
1	136	Shemar Boldizsar	Harlow AC	20.65
2	286	Toby Harries	Brighton Phoenix AC	20.75
3	87	Jahde Williams	Harrow AC	21.05
4	237	Jona Efoloko	Sale Harriers Manchester	21.09
5	419	Andrew Morgan-Harrison	Kingston upon Hull AC	21.28
6	223	Luke Dorrell	Aldershot Farnham & District	21.43
7	271	Ryan Gorman	Notts AC	21.53
DQ	522	Nick Stewart	Enfield and Haringey AC	Rule 162.8

200m U20 Men

AGE GROUP BEST: Christian Malcolm, Cardiff AAC, 20.29, 1998

CBP: Christian Malcolm, Cardiff AAC, 20.32, 1998

Posn	Bib	Athlete	Club	-1.7 m/s	SEMIS 1
1	382	Toby Makoyawo	Watford Harriers	21.57	Q
2	2	Fraser Angus	Giffnock North AAC	21.71	Q
3	17	James Hanson	Woking AC	21.72	Q
4	347	Derek Kinlock	Derek Kinlock	21.81	q
5	164	Matt Buckner	Bracknell AC	21.81	q
6	500	Michael Shonibare	Victoria Park Harriers and Tower Hamlets AC	21.85	
7	389	Joseph Massimo	Crawley AC	21.90	
8	531	Bailey Swift	Rugby & Northampton AC	22.07	

Posn	Bib	Athlete	Club	-1.3 m/s	SEMIS 2
1	434	Sagesse Nguie	Trafford Athletic Club	21.24	Q
2	30	Praise Olatoke	Kilbarchan AAC	21.49	Q
3	8	Alwayne Campbell	Birchfield Harriers	21.56	Q
4	37	Jody Smith	Charnwood AC	21.90	
5	177	Joe Chadwick	Guernsey AC	22.12	
6	11	Adam Cross	Cambridge & Coleridge AC	22.16	
7	320	William Hughes	Nene Valley Harriers	22.26	
DNS	204	Dylan Da Costa	Croydon Harriers	-	

1500m U23 Men

AGE GROUP BEST: Josh Kerr, Edinburgh AC, 3:33.60, 2019

CBP: James Shane, Newham & Essex Beagles, 3:40.44, 2011

Posn	Bib	Athlete	Club	FINAL
1	192	Piers Copeland	Wimborne AC	03:50.49
2	302	Jake Heyward	Cardiff AAC	03:51.21
3	212	Archie Davis	Brighton Phoenix AC	03:51.51
4	256	Adam Fogg	Coventry Godiva Harriers	03:51.62
5	595	James Young	Morpeth Harriers	03:52.43
6	219	Tom Dodd	Birchfield Harriers	03:53.27
7	266	Euan Gilchrist	Sale Harriers Manchester	03:53.34
8	416	Blake Moore	Windsor Slough Eton & Hounslow AC	03:53.55
9	415	Adam Moore	Windsor Slough Eton & Hounslow AC	03:54.71
10	392	James McCrae	Hallamshire Harriers Sheffield	03:55.20
11	432	Declan Neary	Brighton Phoenix AC	03:55.96
12	297	James Heneghan	Southampton Athletic Club	03:56.55

400m U20 Women

AGE GROUP BEST: Linsey MacDonald, Pitreavie AC, 51.16, 1980

CBP: Cheriece Hylton, Blackheath & Bromley AC, 53.54, 2015

Posn	Bib	Athlete	Club	FINAL
1	734	Amber Anning	Brighton & Hove AC	52.54
2	831	Louise Evans	Blackheath & Bromley Harriers AC	53.44
3	861	Natasha Harrison	Stockport Harriers & AC	54.49
4	1054	Maisey Snaith	Cambridge & Coleridge AC	54.90
5	841	Hannah Foster	Shaftesbury Barnet Harriers	55.22
6	821	Nayanna Dubarry-Gay	Victoria Park Harriers and Tower Hamlets AC	55.95
7	729	Emma Alderson	Liverpool Harriers & AC	56.06
8	901	Gemma Jones	Corby AC	56.17

400m U23 Women

AGE GROUP BEST: Christine Ohuruogu, Newham & Essex Beagles, 50.28, 2006

CBP: Christine Ohuruogu, Newham & Essex Beagles, 52.43, 2005

Posn	Bib	Athlete	Club	FINAL
1	755	Lily Beckford	Shaftesbury Barnet Harriers	53.00
2	919	Yasmin Liverpool	Coventry Godiva Harriers	53.32
3	1111	Hannah Williams	Herts Phoenix AC	53.59
4	1028	Lauren Russell	Bedford & County AC	54.37
5	718	Melissa Roberts	Birchfield Harriers	54.58
6	1097	Nicole Walsh	Galway City Harriers	55.22
7	1082	Laura Turley	West Cheshire Athletic Club	55.39
8	750	Ella Barrett	Trafford Athletic Club	55.73

800m U20 Men

AGE GROUP BEST: David Sharpe, Jarrow & Hebburn AC, 1:45.64, 1986

CBP: Niall Brooks, Sale Harriers, 1:47.29, 2010

Posn	Bib	Athlete	Club	FINAL
1	165	Max Burgin	Halifax Harriers & AC	01:45.36
2	457	Ben Pattison	Basingstoke & Mid Hants AC	01:46.71
3	400	Finley McLear	Exeter Harriers	01:47.33
4	140	Alex Botterill	City of York AC	01:48.55
5	175	Oliver Carvell	Telford AC	01:48.91
6	133	Yusuf Bizimana	Victoria Park Harriers and Tower Hamlets AC	01:49.69
7	359	Ben Lee	Vale Royal AC	01:50.52
8	231	Oliver Dustin	Border Harriers & AC	01:51.39

800m U23 Men

AGE GROUP BEST: Sebastian Coe, Haringey AC, 1:43.97, 1978

CBP: Richard Hill, Notts AC, 1:47.59, 2007

Posn	Bib	Athlete	Club	FINAL
1	538	Spencer Thomas	Brighton Phoenix AC	01:47.31
2	410	George Mills	Brighton Phoenix AC	01:48.70
3	515	Canaan Solomon	Woodford Green AC with Essex Ladies	01:49.09
4	371	Markhim Lonsdale	Crook & Dist Sports AC	01:49.38
5	428	Benjamin Murphy	Tonbridge AC	01:49.79
6	480	Psalm Roberts-Nash	Wolverhampton & Bilston	01:50.16
7	403	Daniel Mees	Newham & Essex Beagles AC	01:52.13
8	131	Alexander Birkett	Kendal Amateur Athletic Club	01:53.21

800m U20 Women

AGE GROUP BEST: Charlotte Moore, Bournemouth AC, 1:59.75, 2002

CBP: Laura Finucane, Pendle AC, 2:03.73, 2004

Posn	Bib	Athlete	Club	FINAL
1	762	Isabelle Boffey	Enfield and Haringey AC	02:04.71
2	875	Keely Hodgkinson	Leigh Harriers & AC	02:05.77
3	784	Sarah Calvert	Livingston & District AAC	02:05.83
4	942	Katy-Ann McDonald	Blackheath & Bromley Harriers AC	02:06.99
5	1071	Annie Testar	Stroud & District AC	02:08.21
6	962	Stephanie Moss	Sale Harriers Manchester	02:08.73
7	1076	Emily Thompson	Banbury Harriers AC	02:09.03
8	959	Bethan Morley	Ilkley Harriers	02:09.15

800m U23 Women
AGE GROUP BEST: Christina Boxer, Aldershot F & D, 1:59.05, 1979
CBP: Katie Kirk, Lagan Valley, 2:02.78, 2014

Posn	Bib	Athlete	Club	FINAL
1	1006	Jemma Reekie	Kilbarchan AAC	02:06.43
2	742	Ellie Baker	Shaftesbury Barnet Harriers	02:06.46
3	891	Isobel Ives	Basildon AC	02:08.92
4	836	Gemma Finch	Basingstoke & Mid Hants AC	02:11.29
5	795	Anna Clark	Woodford Green AC with Essex Ladies	02:11.98
6	944	Tamsin McGraw	Amber Valley and Erewash Athletic Club	02:13.68
DNF	965	Laura Mullin	Charnwood AC	-
DNF	785	Hannah Cameron	Edinburgh AC	-

400m U20 Men
AGE GROUP BEST: Martyn Rooney, Croydon Harriers, 45.35, 2006
CBP: Mark Richardson, Windsor Slough Eton & Hounslow, 45.72, 1991

Posn	Bib	Athlete	Club	FINAL
1	154	Ethan Brown	Blackheath & Bromley Harriers AC	46.44
2	209	Lewis Davey	Peterborough AC	47.47
3	220	Callum Dodds	Enfield and Haringey AC	47.62
4	292	Ben Hawkes	Leamington Cycling and Athletic Club	47.76
5	244	Michael Fagbenle	Bexley AC	48.08
6	225	Billy Doyle	Pitreavie AAC	48.15
7	490	Moyo Sargent	Eastbourne Rovers AC	48.87
8	429	Conor Murphy	Medway and Maidstone AC	49.09

400m U23 Men
AGE GROUP BEST: David Grindley, Wigan, 44.47, 1992
CBP: Cameron Chalmers, Guernsey, 45.64, 2017

Posn	Bib	Athlete	Club	FINAL
1	180	Cameron Chalmers	Guernsey AC	46.33
2	542	Lee Thompson	City of Sheffield and Dearne AC	46.45
3	294	Alex Haydock-Wilson	Windsor Slough Eton & Hounslow AC	46.54
4	147	Joseph Brier	Swansea Harriers	46.66
5	274	Ellis Greatrex	Woodford Green AC with Essex Ladies	47.20
6	202	Cathal Crosbie	Ennis Track Club	47.41
7	463	Thomas Pitkin	Havering AC	47.50
8	184	Ben Claridge	Abingdon AC	47.53

3000m S/Chase U20 Women
AGE GROUP BEST: Emily Pidgeon, Gloucester AC, 10:06.12, 2005

Posn	Bib	Athlete	Club	FINAL
1	985	Holly Page	Dartford Harriers AC	10:28.92
2	851	Maisie Grice	Aldershot Farnham & District	10:55.90
3	871	Lily Higgins	Halesowen ACC	11:41.84
4	1113	Eleanor Wilson	Buxton AC	12:18.70

3000m S/Chase U23 Women
AGE GROUP BEST: Eilish McColgan, Dundee Hawkhill, 9:38.45, 2012
CBP: Emily Stewart, Edinburgh AC, 10:02.63, 2012

Posn	Bib	Athlete	Club	FINAL
1	993	Aimee Pratt	Sale Harriers Manchester	10:06.53
2	964	Emily Moyes	Aldershot Farnham & District	10:35.25
3	1033	Nancy Scott	Aldershot Farnham & District	10:41.13
4	1103	Victoria Weir	City Of Plymouth AC	10:47.31
5	1036	Anna Sharp	Southampton Athletic Club	11:08.06
6	923	Katie Lord	Notts AC	11:32.86
7	1043	Ella Shirley	Notts AC	12:01.04
8	984	Amber Owens	Newark AC	12:07.14

200m U20 Men
AGE GROUP BEST: Christian Malcolm, Cardiff AAC, 20.29, 1998
CBP: Christian Malcolm, Cardiff AAC, 20.32, 1998

Posn	Bib	Athlete	Club	-2.3 m/s
1	434	Sagesse Nguie	Trafford Athletic Club	21.54
2	30	Praise Olatoke	Kilbarchan AAC	21.67
3	382	Toby Makoyawo	Watford Harriers	21.71
4	2	Fraser Angus	Giffnock North AAC	21.74
4	17	James Hanson	Woking AC	21.74
6	164	Matt Buckner	Bracknell AC	21.77
7	8	Alwayne Campbell	Birchfield Harriers	21.92
DNS	347	Derek Kinlock	Derek Kinlock	-

200m U23 Men
AGE GROUP BEST: Nethaneel Mitchell-Blake, Newham & EB, 19.95, 2016
CBP: Chris Lambert, Belgrave Harriers, 20.58, 2003

Posn	Bib	Athlete	Club	-0.6 m/s
1	136	Shemar Boldizsar	Harlow AC	20.65
2	286	Toby Harries	Brighton Phoenix AC	20.75
3	87	Jahde Williams	Harrow AC	21.05
4	237	Jona Efoloko	Sale Harriers Manchester	21.09
5	419	Andrew Morgan-Harrison	Kingston upon Hull AC	21.28
6	223	Luke Dorrell	Aldershot Farnham & District	21.43
7	271	Ryan Gorman	Notts AC	21.53
DQ	522	Nick Stewart	Enfield and Haringey AC	Rule 162.8

200m U20 Women
AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 22.61, 2014
CBP: Dina Asher-Smith, Blackheath & Bromley AC, 22.74, 2014

Posn	Bib	Athlete	Club	-2.6 m/s
1	725	Georgina Adam	Loughborough Students AC	23.62
2	676	Cassie Ann Pemberton	Birchfield Harriers	23.92
3	961	Jazmine Moss	Gateshead Harriers & AC	23.96
4	670	Hannah Kelly	Bolton United Harriers & AC	24.07
5	1121	Kaliyah Young	Dartford Harriers AC	24.26
6	668	Rebecca Jeggo	Colchester Harriers AC	24.41
7	658	Akaysha Ellis	Enfield and Haringey AC	24.47
8	820	Kiah Dubarry-Gay	Victoria Park Harriers and Tower Hamlets AC	24.53

200m U23 Women

FINAL

AGE GROUP BEST: Dina Asher-Smith, Blackheath & Bromley AC, 22.07, 2015

CBP: Shannon Hylton, Blackheath & Bromley AC, 23.20, 2017

Posn	Bib	Athlete	Club	-1.2 m/s
1	692	Kristal Awuah	Herne Hill Harriers	23.24
2	1007	Alisha Rees	Edinburgh AC	23.55
3	1125	Finette Agyapong	Newham & Essex Beagles AC	23.72
4	927	Aoife Lynch	Donore Harriers	24.32
5	709	Darcey Kuypers	Medway and Maidstone AC	24.32
6	704	Page Fairclough	Shaftesbury Barnet Harriers	24.40
7	712	Ciara Neville	Emerald AC	24.63
8	697	Chloe Burrows	Bournemouth AC	24.88

100m Hurdles U23 Women

FINAL

AGE GROUP BEST: Cindy Ofili, Woodford Green & Essex Ladies AC, 12.60, 2015

CBP: Jessica Ennis, City of Sheffield AC, 13.04, 2007

Posn	Bib	Athlete	Club	-2.2 m/s
1	749	Alicia Barrett	Chesterfield & District AC Trafford Athletic Club	13.61
2	814	Anastasia Davies	Blackheath & Bromley Harriers AC	13.99
3	805	Mollie Courtney	Cheltenham and County Harriers	14.04
4	716	Sarah Quinn	St Colemans	14.08
5	940	Holly McArthur	Edinburgh AC	14.28
6	880	Alice Hopkins	Oxford City AC	14.39
7	1090	Chelsea Walker	City of York AC	14.43
8	926	Zoe Lucas	Notts AC	14.83

100m Hurdles U20 Women

FINAL

AGE GROUP BEST: Alicia Barrett, Chesterfield, 13.07, 2017

CBP: Alicia Barrett, Chesterfield, 13.07, 2017

Posn	Bib	Athlete	Club	-3.3 m/s
1	938	Lucy Jane Matthews	Southampton Athletic Club	13.76
2	952	Holly Mills	Andover AC	13.83
3	1035	Marcia Sey	Croydon Harriers	13.92
4	761	Jenna Blundell	Team Bath Athletic Club	14.13
5	752	Anya Bates	Birchfield Harriers	14.43
6	1000	Amy Pye	Cannock & Stafford AC	14.53
7	799	Mallory Cluley	Blackheath & Bromley Harriers AC	14.95
8	1049	Kia Slade	Reading AC	15.37

110m Hurdles U23 Men

FINAL

AGE GROUP BEST: Colin Jackson, Cardiff AAC, 13.11, 1988

CBP: Will Sharman, Belgrave H, 13.49, 2006

Posn	Bib	Athlete	Club	-1.9 m/s
1	252	Cameron Fillery	Woodford Green AC with Essex Ladies	13.96
2	600	Tade Ojora	Windsor Slough Eton & Hounslow AC	14.02
3	569	James Weaver	Enfield and Haringey A C	14.11
4	100	Ethan Akanni	Bexley AC	14.20
5	489	Robert Sakala	Croydon Harriers	14.96
6	435	Jason Nicholson	Gateshead Harriers & AC	14.97
7	592	Dajon Wright	Bristol and West AC	15.22
8	111	David Aryeetey	Charnwood AC	15.48

110m Hurdles U20 Men

FINAL

AGE GROUP BEST: David Omoregie, Cardiff AAC, 13.17, 2014

CBP: David Omoregie, Cardiff AAC, 13.17, 2014

Posn	Bib	Athlete	Club	-1.6 m/s
1	596	Joshua Zeller	Bracknell AC	13.61
2	527	Jack Sumners	Stratford Upon Avon AC	13.90
3	477	Jordan Ricketts	Birchfield Harriers	14.28
4	425	Kanya Mtshweni	Winchester & District AC	14.58
5	94	William Adeyeye	Newham & Essex Beagles AC	14.69
6	578	Thomas Wilcock	Northampton AC	14.74
DNF	550	Jack Turner	Exeter Harriers	-
DQ	295	Owen Heard	Harrow AC	Rule 162.8