

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Graham Rush	Cheltenham	26:08	35	James Laing	Hillingdon	28:21
2	Jack Goodwin	Bedford	26:16	36	Andrew Powell	Sunderland	28:25
3	William Christofi	Bristol&W A	26:19	37	Alexander Hendry	CentralAc	28:31
4	William Richardson	Birchfield	26:20	38	Richard White	Halesowen	28:33
5	Carl Hardman	SalfordHar A	26:26	39	Jack Millar	Bristol&W B	28:37
6	Joshua Grace	Aldershot	26:28	40	Thomas Corrigan	Barlick	28:39
7	Kevin Seaward	Cardiff	26:30	41	John Hobbs	ValleyStri	28:43
8	Peter Chambers	HighgateHa	26:31	42	Escalantephillips	Cambridge A	28:47
9	Ben Cole	TonbridgeA	26:33	43	James Dunce	TyneBridge	28:49
10	Nicholas Torry	Serpentine	26:34	44	Fergus Meade	LeedsCityA B	28:53
11	John Ashcroft	LiverpoolH	26:35	45	Olly Laws	Newham&Ess	28:54
12	Tom Phillips	WoodfordGr	26:41	46	Simon Coombes	HerneHillH	28:57
13	Toby Spencer	Coventry	26:49	47	Craig Shearer	Keighley&C	28:57
14	Danal Desta	SwanseaHar	26:53	48	Ashenafi Erkolo	SheffieldR	29:14
15	Shane Robinson	LincolnWel	27:03	49	Jonothan Kay	BoltonUnit	29:15
16	Glen Watts	Shaftesbur	27:10	50	Callum Hanlon	Leamington	29:16
17	A Brucelittlewood	Blackheath	27:14	51	Les Newell	OxfordCity	29:30
18	Dermot Cummins	Corstorphi	27:16	52	Elliott Smales	RotherhamH	29:34
19	Sam Hancox	MorpethHar A	27:17	53	Thomas Chew	RoyalSutto	29:38
20	Matthew Bennett	Southampto	27:19	54	Russell Bentley	KentAc A	29:40
21	Martin Williams	Wolverhamp	27:20	55	Tim Lawrence	KentAc B	29:41
22	Rob Keal	NottsAc A	27:26	56	Jordan Scott	MorpethHar B	29:54
23	Ben Hukins	RonHillCam	27:33	57	James Hickinbottom	Shrewsbury	30:05
24	Jamil Parapia	LeedsCityA A	27:34	58	Paul Stephens	SalfordHar B	30:22
25	Tom Bains	Hallamshir	27:39	59	EddMoffett	Cambridge B	30:46
26	Sean Byrne	TiptonHarr	27:42	60	Duncan Birtwhistle	TelfordAc	30:52
27	Jack Bancroft	WellsCityH	27:48	61	Daniel Geisler	WorcesterA	31:09
28	Richard Powell	TraffordAt	28:04	62	Dean Clarke	MasseyFerg	31:22
29	Stuart King	HeanorRunn	28:09	63	Russell Langley	Gloucester	31:27
30	Jordan Bell	Blackhill	28:11	64	Kevin Fisher	Bromsgrove	31:48
31	Daniel Johnson	Gateshead	28:12	65	Graham Corbett	SaltaireSt	32:12
32	Stuart Sharp	HolmfirthH	28:14	66	Sam Godwin	NottsAc B	32:32
33	Edward Banks	BRAT	28:19	67	Oliver Formby	Barnet	33:44
34	Frederick Slemeck	HerculesWi	28:20				

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- Mens 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Alex Coomber	Cardiff	15:26	41:56	+ 6	41	Sean Crummy	HerculesWi	17:27	45:47	- 7
2	Michael Harrison	Bedford	15:44	42:00	0	42	Gordon Smith	HeanorRunn	17:43	45:52	- 13
3	Michael Wilsmore	Bristol&W A	15:52	42:11	0	43	Matthew Hallam	ValleyStri	17:15	45:58	- 2
4	Thomas Beasley	Birchfield	16:02	42:22	0	44	Daniel Cleary	Halesowen	17:45	46:18	- 6
5	Robel Bahelbi	HighgateHa	15:59	42:30	+ 3	45	Lavell Pierre	HolmfirthH	18:06	46:20	- 13
6	Thomas Cox	TonbridgeA	15:58	42:31	+ 3	46	Julian Richardson	OxfordCity	16:51	46:21	+ 5
7	George Gathercole	Aldershot	16:06	42:34	- 1	47	Will Smith	Keighley&C	17:35	46:32	0
8	Philip Sesemann	Blackheath	15:22	42:36	+ 9	48	Jon Moss	TyneBridge	17:54	46:43	- 5
9	Richard Decamps	Cheltenham	16:38	42:46	- 8	49	Garrath Schule	Leamington	18:04	47:20	+ 1
10	Tom Straw	LincolnWel	15:49	42:52	+ 5	50	Joel Pope	Hillingdon	19:07	47:28	- 15
11	Harry Harper	LiverpoolH	16:18	42:53	0	51	Elliot Kelly	MorpethHar B	17:40	47:34	+ 5
12	Jonathan Tobin	SwanseaHar	16:02	42:55	+ 2	52	Reece Isaac	LeedsCityA B	18:47	47:40	- 8
13	James Stockings	WoodfordGr	16:27	43:08	- 1	53	Benjamin Mahoney	SheffieldR	18:27	47:41	- 5
14	James Griggs	Coventry	16:21	43:10	- 1	54	Kevin Doolan	Blackhill	19:31	47:42	- 24
15	Anthony Whiteman	Shaftesbur	16:03	43:13	+ 1	55	Darryl Coulter	KentAc B	18:15	47:56	0
16	Simon Barrett	Serpentine	16:52	43:26	- 6	56	Jerome Austin	RoyalSutto	18:22	48:00	- 3
17	Ian Harding	MorpethHar A	16:10	43:27	+ 2	57	Grant Lloyd	Shrewsbury	18:32	48:37	0
18	Matthew Williams	NottsAc A	16:07	43:33	+ 4	58	Ben Jones	Cambridge B	18:28	49:14	+ 1
19	Harry Halford	Wolverhamp	16:15	43:35	+ 2	59	Peter Hopson	SaltaireSt	17:11	49:23	+ 6
20	Glyn Billington	SalfordHar A	17:22	43:48	- 15	60	Mark Appleton	Bromsgrove	17:51	49:39	+ 4
21	Scott Pilkington	Corstorphi	16:45	44:01	- 3	61	Glen Balmer	Gloucester	18:32	49:59	+ 2
22	Adam Osborne	LeedsCityA A	16:35	44:09	+ 2	62	Michael Jeavons	WorcesterA	18:53	50:02	- 1
23	Sam Somerville	WellsCityH	16:22	44:10	+ 4	63	Jason Nicholson	MasseyFerg	19:13	50:35	- 1
24	Frank Baddick	Newham&Ess	15:20	44:14	+ 21	64	Jonathan Hiorns	NottsAc B	19:06	51:38	+ 2
25	Tom Holden	TiptonHarr	16:32	44:14	+ 1	65	Sean Cordell	SalfordHar B	23:00	53:22	- 7
26	Lewis Lloyd	HerneHillH	15:18	44:15	+ 20	66	Danny Digweed	Barnet	19:55	53:39	+ 1
27	Dale Colley	CentralAc	15:46	44:17	+ 10	Fastest runners over stage 2:					
28	Abdi Mahamed	Southampton	17:00	44:19	- 8	1	Lewis Lloyd	HerneHillH	15:18		
29	James Cripwell	Gateshead	16:17	44:29	+ 2	2	Frank Baddick	Newham&Ess	15:20		
30	Nathan Townsend	TraffordAt	16:45	44:49	- 2	3	Philip Sesemann	Blackheath	15:22		
31	Nicholas Barber	Hallamshir	17:11	44:50	- 6	4	Alex Coomber	Cardiff	15:26		
32	Timothy Cobden	Cambridge A	16:21	45:08	+ 10	5	Michael Harrison	Bedford	15:44		
33	James Craig	Barlick	16:30	45:09	+ 7	6	Dale Colley	CentralAc	15:46		
34	Martin Reid	BoltonUnit	16:12	45:27	+ 15	7	Tom Straw	LincolnWel	15:49		
35	Ross Stephen	RonHillCam	17:58	45:31	- 12	8	Michael Wilsmore	Bristol&W A	15:52		
36	Jake Jansen	Sunderland	17:07	45:32	0	9	James Bowler	KentAc A	15:52		
37	James Bowler	KentAc A	15:52	45:32	+ 17	10	Thomas Cox	TonbridgeA	15:58		
38	Luke Cotter	RotherhamH	16:02	45:36	+ 14						
39	Martin Matthews	BRAT	17:19	45:38	- 6						
40	Andrew Watt	Bristol&W B	17:03	45:40	- 1						

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- Mens 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Jarlath Mckenna	Bristol&W A	26:57	1:09:08	+	2	41	Finn Brodie	TyneBridge	29:02 1:15:45 + 7
2	Steven Naylor	Bedford	27:11	1:09:11		0	42	Robert Tuer	HerculesWi	30:00 1:15:47 - 1
3	John Cove	Cardiff	27:15	1:09:11	-	2	43	Andrew May	ValleyStri	29:51 1:15:49 0
4	Jack Rowe	Aldershot	26:41	1:09:15	+	3	44	Maciej Bialogonski	Bristol&W B	30:15 1:15:55 - 4
5	C Rainsford	HighgateHa	26:55	1:09:25		0	45	Aaron Burgess	OxfordCity	29:35 1:15:56 + 1
6	Rory Grant	Birchfield	27:19	1:09:41	-	2	46	Joshua Timmins	Halesowen	30:08 1:16:26 - 2
7	Christian Lovatt	SwanseaHar	27:11	1:10:06	+	5	47	Stuart Little	SheffieldR	29:15 1:16:56 + 6
8	Luuk Metselaar	Shaftesbur	26:57	1:10:10	+	7	48	Gary Wallace	Blackhill	29:16 1:16:58 + 6
9	Philip Nicholls	Wolverhamp	26:44	1:10:19	+	10	49	Ed Dyer	Hillingdon	29:36 1:17:04 + 1
10	Ben Russell	LiverpoolH	27:34	1:10:27	+	1	50	Mark Snowball	MorpethHar B	29:40 1:17:14 + 1
11	Andrew Wiles	MorpethHar A	27:08	1:10:35	+	6	51	Adrian Thomas	Keighley&C	30:56 1:17:58 - 4
12	Richard Brown	LincolnWel	28:01	1:10:53	-	2	52	Jamie Langley	Leamington	30:32 1:17:52 - 3
13	Nathan Marsh	TonbridgeA	28:27	1:10:58	-	7	53	Calum Fraser	KentAc B	30:00 1:17:56 + 2
14	Dave Morgan	Serpentine	27:41	1:11:07	+	2	54	Leon Foster	LeedsCityA B	30:21 1:18:01 - 2
15	Alex Lee	Cheltenham	28:26	1:11:12	-	6	55	Philip Hewitt	HolmfirthH	31:47 1:18:07 - 10
16	Tom Beedell	WoodfordGr	28:06	1:11:14	-	3	56	Oliver Harradence	RoyalSutto	30:41 1:18:41 0
17	Tim Hartley	NottsAc A	27:44	1:11:17	+	1	57	Adam Roberts	Shrewsbury	30:34 1:19:11 0
18	Calum Mckenzie	Corstorphi	27:20	1:11:21	+	3	58	Andy Gardiner	Cambridge B	31:17 1:20:31 0
19	Scott Hazell	Coventry	28:26	1:11:36	-	5	59	Sean Bowden	Bromsgrove	31:17 1:20:56 + 1
20	Alex Gibbins	Blackheath	29:17	1:11:53	-	12	60	John Muddeman	NottsAc B	30:09 1:21:47 + 4
21	J Woodcockshaw	LeedsCityA A	27:53	1:12:02	+	1	61	Jeremy Mower	Gloucester	31:51 1:21:50 0
22	David Mulvee	HerneHillH	27:53	1:12:08	+	4	62	Rosstomas Cooper	MasseyFerg	31:28 1:22:03 + 1
23	Ian Mitchell	TiptonHarr	27:58	1:12:12	+	2	63	David Price	WorcesterA	32:18 1:22:20 - 1
24	Jake Waldron	Newham&Ess	28:07	1:12:21		0	64	Alistair Nash	SaltaireSt	34:49 1:24:12 - 5
25	Will Beauchamp	SalfordHar A	28:36	1:12:24	-	5	65	Andrew Kelleher	Barnet	33:45 1:27:24 + 1
26	Scott Green	CentralAc	28:15	1:12:32	+	1	66	John Lloyd	SalfordHar B	34:45 1:28:07 - 1
27	Matthew Revier	Southampto	28:16	1:12:35	+	1	Fastest runners over stage 3:			
28	Ryan Thomson	RonHillCam	27:23	1:12:54	+	7	1	Jack Rowe	Aldershot	26:41
29	Luke Prior	WellsCityH	28:45	1:12:55	-	6	2	Philip Nicholls	Wolverhamp	26:44
30	James Connor	KentAc A	27:32	1:13:04	+	7	3	C Rainsford	HighgateHa	26:55
31	Simeon Greenwood	Gateshead	29:10	1:13:39	-	2	4	Luuk Metselaar	Shaftesbur	26:57
32	Karl Darcy	BoltonUnit	28:26	1:13:53	+	2	5	Jarlath Mckenna	Bristol&W A	26:57
33	Jeff Prest	TraffordAt	29:11	1:14:00	-	3	6	Andrew Wiles	MorpethHar A	27:08
34	Daniel Robinson	BRAT	28:33	1:14:11	+	5	7	Steven Naylor	Bedford	27:11
35	Ben Beattie	Hallamshir	29:25	1:14:15	-	4	8	Christian Lovatt	SwanseaHar	27:11
36	Matthew Lalor	Barlick	29:31	1:14:40	-	3	9	John Cove	Cardiff	27:15
37	Arron Larkin	RotherhamH	29:11	1:14:47	+	1	10	Rory Grant	Birchfield	27:19
38	Alastair Hodges	Cambridge A	29:44	1:14:52	-	6				
39	Shane Rice	HeanorRunn	29:30	1:15:22	+	3				
40	Ian Dixon	Sunderland	30:01	1:15:33	-	4				

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Matthew Arnold	Aldershot	15:47	1:25:02 + 3	
2	Jack Douglas	Bedford	16:06	1:25:17 0	
3	Luke Evans	Bristol&W A	16:10	1:25:18 - 2	
4	Brahma Pochee	HighgateHa	16:19	1:25:44 + 1	
5	Stephen Morris	Cardiff	16:55	1:26:06 - 2	
6	Orlando Corea	Birchfield	16:34	1:26:15 0	
7	Dominic Brown	TonbridgeA	15:44	1:26:42 + 6	
8	Paul Tobin	SwanseaHar	16:48	1:26:54 - 1	
9	Ricky Challinor	LiverpoolH	16:36	1:27:03 + 1	
10	Euan Mackenzie	Shaftesbur	17:03	1:27:13 - 2	
11	Adam Gibbs	MorpethHar A	16:51	1:27:26 0	
12	William Fuller	Blackheath	15:37	1:27:30 + 8	
13	Richard Carpenter	Wolverhamp	17:13	1:27:32 - 4	
14	Emile Cairess	LeedsCityA A	15:31	1:27:33 + 7	
15	Robert Smith	NottsAc A	16:23	1:27:40 + 2	
16	Angus Holford	WoodfordGr	16:40	1:27:54 0	
17	Andrew Vankints	Cheltenham	16:50	1:28:02 - 2	
18	Simon Craddock	Serpentine	17:06	1:28:13 - 4	
19	Jeremy Barnes	Coventry	16:38	1:28:14 0	
20	Gareth Griffiths	TiptonHarr	16:22	1:28:34 + 3	
21	Steven O'brien	Corstorphi	17:16	1:28:37 - 3	
22	Josh Tighe	SalfordHar A	16:27	1:28:51 + 3	
23	Ross Murray	Gateshead	15:14	1:28:53 + 8	
24	Oliver Fox	WellsCityH	16:04	1:28:59 + 5	
25	Alistair Campbell	RonHillCam	16:13	1:29:07 + 3	
26	Daniel Crow	LincolnWel	18:36	1:29:29 - 14	
27	James Savage	KentAc A	16:34	1:29:38 + 3	
28	Lewis Millar	CentralAc	17:15	1:29:47 - 2	
29	Eric Sapac	HerneHillH	17:40	1:29:48 - 7	
30	Christopher Hilton	Southampto	17:36	1:30:11 - 3	
31	Frazer Jardine	BoltonUnit	16:46	1:30:39 + 1	
32	Matthew Sutton	TraffordAt	16:57	1:30:57 + 1	
33	Jonathan Jennings	BRAT	17:39	1:31:50 + 1	
34	Jan Rus	Cambridge A	17:10	1:32:02 + 4	
35	Lee Parrington	Barlick	17:23	1:32:03 + 1	
36	Andrew Barber	Newham&Ess	19:48	1:32:09 - 12	
37	Devon Stead	RotherhamH	17:27	1:32:14 0	
38	David Awde	Bristol&W B	16:27	1:32:22 + 6	
39	Michael Sprot	Hallamshir	18:12	1:32:27 - 4	
40	Andrew Penney	HerculesWi	16:55	1:32:42 + 2	
41	Ian Ritchie	Sunderland	17:23	1:32:56 - 1	
42	William Gardner	OxfordCity	17:17	1:33:13 + 3	
43	Jon Pownall	ValleyStri	17:27	1:33:16 0	
44	Tom Charlton	TyneBridge	17:38	1:33:23 - 3	
45	Peter Dear	Halesowen	18:40	1:35:06 + 1	
46	Jason Chow	SheffieldR	18:27	1:35:23 + 1	
47	Gareth Cantrill	HeanorRunn	20:10	1:35:32 - 8	
48	Abinizer Markos	LeedsCityA B	17:33	1:35:34 + 6	
49	Eoin O'flynn	Leamington	18:27	1:36:19 + 3	
50	Philip Warburton	Hillingdon	19:21	1:36:25 - 1	
51	Luke Armitage	KentAc B	19:03	1:36:59 + 2	
52	Rob Andrew	RoyalSutto	18:30	1:37:11 + 4	
53	Alfie Walker	Keighley&C	20:08	1:37:36 - 2	
54	R Hinchliffesmith	HolmfirthH	19:30	1:37:37 + 1	
55	Jim Alder	MorpethHar B	21:00	1:38:14 - 5	
56	Alan Dean	Shrewsbury	19:29	1:38:40 + 1	
57	John Ferguson	Cambridge B	18:48	1:39:19 + 1	
58	Mark Berry	Blackhill	22:31	1:39:29 - 10	
59	Mike Hanson	Bromsgrove	18:34	1:39:30 0	
60	Conall Mcnally	NottsAc B	17:58	1:39:45 0	
61	Bradley Abbott	WorcesterA	19:05	1:41:25 + 2	
62	Simon Brown	MasseyFerg	19:46	1:41:49 0	
63	Aaron Bennett	Gloucester	21:59	1:43:49 - 2	
64	Simon Frazer	SaltaireSt	20:05	1:44:17 0	
65	David Wilcock	Barnet	20:13	1:47:37 0	
66	Trevor Rayner	SalfordHar B	20:10	1:48:17 0	

Fastest runners over stage 4:

1	Ross Murray	Gateshead	15:14
2	Emile Cairess	LeedsCityA A	15:31
3	William Fuller	Blackheath	15:37
4	Dominic Brown	TonbridgeA	15:44
5	Matthew Arnold	Aldershot	15:47
6	Oliver Fox	WellsCityH	16:04
7	Jack Douglas	Bedford	16:06
8	Luke Evans	Bristol&W A	16:10
9	Alistair Campbell	RonHillCam	16:13
10	Brahma Pochee	HighgateHa	16:19

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain
1	Stephen Mitchell	Bristol&W	A	26:42	1:52:00	+	2
2	Danny Russell	HighgateHa		26:36	1:52:20	+	2
3	Joe Wade	Aldershot		27:31	1:52:33	-	2
4	James Hoad	Bedford		27:30	1:52:47	-	2
5	Christopher Olley	TonbridgeA		26:40	1:53:22	+	2
6	Dejene Gezimu	LiverpoolH		26:43	1:53:46	+	3
7	Michael Kallenberg	Cardiff		27:49	1:53:55	-	2
8	Alastair Watson	NottsAc A		26:19	1:53:59	+	7
9	Jonathan Goringe	Birchfield		28:22	1:54:37	-	3
10	Ross Floyd	MorpethHar A		27:58	1:55:24	+	1
11	Andrew Greenleaf	Serpentine		27:23	1:55:36	+	7
12	Matthew Rees	SwanseaHar		28:44	1:55:38	-	4
13	Mike Aspinall	TiptonHarr		27:05	1:55:39	+	7
14	Alistair Smith	Coventry		27:44	1:55:58	+	5
15	Oliver Mott	Cheltenham		27:58	1:56:00	+	2
16	Mark Pearce	Shaftesbur		28:48	1:56:01	-	6
17	Owen Hind	KentAc A		26:26	1:56:04	+	10
18	D Steel	WoodfordGr		28:14	1:56:08	-	2
19	Michael Burrett	LeedsCityA A		28:39	1:56:12	-	5
20	Gary Priestley	SalfordHar A		27:38	1:56:29	+	2
21	Paul Hammond	Wolverhamp		29:04	1:56:36	-	8
22	Donald Macaulay	Corstorphi		28:03	1:56:40	-	1
23	Fintan Parkinson	Blackheath		29:26	1:56:56	-	11
24	Cameron Milne	CentralAc		27:25	1:57:12	+	4
25	Lewis Jagger	LincolnWel		28:40	1:58:09	+	1
26	Alasdair Campbell	RonHillCam		29:20	1:58:27	-	1
27	Kieran Young	WellsCityH		29:29	1:58:28	-	3
28	Jackson Creegan	Gateshead		29:36	1:58:29	-	5
29	John Kettle	HerneHillH		29:06	1:58:54		0
30	Jamie Knapp	Southampto		28:51	1:59:02		0
31	Andrew Challenger	Hallamshir		27:56	2:00:23	+	8
32	Anthony Valentine	BoltonUnit		29:49	2:00:28	-	1
33	Niall Sheehan	Newham&Ess		28:43	2:00:52	+	3
34	Gareth Sampson	RotherhamH		28:46	2:01:00	+	3
35	Clive Fitzpatrick	TraffordAt		30:19	2:01:16	-	3
36	Karl Welborn	BRAT		29:34	2:01:24	-	3
37	Nathan Reed	Sunderland		28:29	2:01:25	+	4
38	Alex Robinson	HerculesWI		28:46	2:01:28	+	2
39	Ross Tennant	Cambridge A		29:34	2:01:36	-	5
40	Marc Hartley	Barlick		30:29	2:02:32	-	5
41	Simon Fisher	OxfordCity		29:33	2:02:46	+	1
42	Tony Carter	TyneBridge		29:56	2:03:19	+	2
43	Andy Salmon	Bristol&W B		31:13	2:03:35	-	5
44	Rav Panesar	ValleyStri		30:43	2:03:59	-	1
45	Timmy Davies	LeedsCityA B		29:23	2:04:57	+	3
46	Robert Thompson	Hillingdon		28:40	2:05:05	+	4
47	Joe Fowler	SheffieldR		30:21	2:05:44	-	1
48	David Turvey	Halesowen		31:07	2:06:13	-	3
49	John Butters	MorpethHar B		28:52	2:07:06	+	6
50	Alex Robinson	HolmfirthH		29:55	2:07:32	+	4
51	Ashley Deeming	HeanorRunn		32:35	2:08:07	-	4
52	Ian Elwood	KentAc B		31:55	2:08:54	-	1
53	Jamie Fletcher	NottsAc B		29:57	2:09:42	+	7
54	Simon Adney	Shrewsbury		31:12	2:09:52	+	2
55	Andrew Shields	Cambridge B		31:58	2:11:17	+	2
56	Dave Potter	Leamington		35:04	2:11:23	-	7
57	Calvin Scoltock	Bromsgrove		32:03	2:11:33	+	2
58	John Conroy	Keighley&C		34:53	2:12:29	-	5
59	Russell Simpson	RoyalSutto		35:27	2:12:38	-	7
60	Michael Mcdonald	Blackhill		34:04	2:13:33	-	2
61	Jack Evans	Gloucester		30:38	2:14:27	+	2
62	Matt Fairlamb	WorcesterA		33:16	2:14:41	-	1
63	Mick O'shea	MasseyFerg		34:02	2:15:51	-	1
64	Stuart Dunbar	SaltaireSt		33:58	2:18:15		0
65	Philip Leybourne	SalfordHar B		31:17	2:19:34	+	1
66	Andy Neatham	Barnet		32:27	2:20:04	-	1

Fastest runners over stage 5:

1	Alastair Watson	NottsAc A	26:19
2	Owen Hind	KentAc A	26:26
3	Danny Russell	HighgateHa	26:36
4	Christopher Olley	TonbridgeA	26:40
5	Stephen Mitchell	Bristol&W A	26:42
6	Dejene Gezimu	LiverpoolH	26:43
7	Mike Aspinall	TiptonHarr	27:05
8	Andrew Greenleaf	Serpentine	27:23
9	Cameron Milne	CentralAc	27:25
10	James Hoad	Bedford	27:30

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Ben Robinson	Bristol&W A	16:06	2:08:06	0
2	Benjamin Noad	HighgateHa	16:02	2:08:22	0
3	Jamie Ashton	Aldershot	16:05	2:08:38	0
4	Luke Humphreys	Bedford	16:18	2:09:05	0
5	Connor Bradley	LiverpoolH	15:45	2:09:31	+ 1
6	Miles Weatherseed	TonbridgeA	16:38	2:10:00	- 1
7	Matthew Edwards	Cardiff	16:07	2:10:02	0
8	Tom Bailey	NottsAc A	16:09	2:10:08	0
9	Mathew Missen	Birchfield	16:29	2:11:06	0
10	Jack Gooch	SwanseaHar	15:49	2:11:27	+ 2
11	Luke Vine	TiptonHarr	15:48	2:11:27	+ 2
12	Kevin Calvert	MorpethHar A	16:24	2:11:48	- 2
13	Xavier Gruot	Serpentine	16:39	2:12:15	- 2
14	Ossama Meslek	LeedsCityA A	16:07	2:12:19	+ 5
15	Daniel Clarke	Coventry	16:28	2:12:26	- 1
16	Simon Bruton	SalfordHar A	16:25	2:12:54	+ 4
17	Peter Lighting	KentAc A	16:57	2:13:01	0
18	Darren Jordan	Cheltenham	17:14	2:13:14	- 3
19	Tony Russell	WoodfordGr	17:12	2:13:20	- 1
20	Richard Webb	Blackheath	16:33	2:13:29	+ 3
21	Iain Davies	CentralAc	16:20	2:13:32	+ 3
22	Moray Anderson	Corstorphi	17:09	2:13:49	0
23	David Smith	Wolverhamp	17:41	2:14:17	- 2
24	Robert Rigby	Shaftesbur	18:28	2:14:29	- 8
25	Joshua Stone	LincolnWel	16:40	2:14:49	0
26	Marc Elliott	Gateshead	16:23	2:14:52	+ 2
27	C Busaileh	HerneHillH	16:26	2:15:20	+ 2
28	Connor Milnes	Hallamshir	15:47	2:16:10	+ 3
29	Matt Coffey	Southampto	17:10	2:16:12	+ 1
30	Scott Somerville	RonHillCam	18:05	2:16:32	- 4
31	Andrew Hennessy	WellsCityH	18:12	2:16:40	- 4
32	Andrew Crickmore	BoltonUnit	17:42	2:18:10	0
33	Nick Beer	Cambridge A	16:42	2:18:18	+ 6
34	Eliot Buckner	Newham&Ess	17:27	2:18:19	- 1
35	Rhian Haste	RotherhamH	17:30	2:18:30	- 1
36	Mark Smith	Sunderland	17:23	2:18:48	+ 1
37	Finn Johnson	HerculesWi	17:42	2:19:10	+ 1
38	Mark Burnhope	BRAT	18:51	2:20:15	- 2
39	Nick Jones	OxfordCity	17:46	2:20:32	+ 2
40	Daniel Balshaw	Barlick	18:07	2:20:39	0
41	Gareth Woodcock	TraffordAt	19:39	2:20:55	- 6
42	Paul Turnbull	TyneBridge	18:05	2:21:24	0
43	Will Davidson	Bristol&W B	18:05	2:21:40	0
44	Gwilym Thomas	ValleyStri	18:37	2:22:36	0
45	Robert Torch	LeedsCityA B	18:22	2:23:19	0
46	Andy Moore	Hillingdon	18:23	2:23:28	0
47	Adam Follett	SheffieldR	18:45	2:24:29	0
48	Joe Rainsford	HeanorRunn	17:06	2:25:13	+ 3
49	Nicolas Hazelwood	Halesowen	19:41	2:25:54	- 1
50	Julian Rose	HolmfirthH	18:43	2:26:15	0
51	Steve Haswell	MorpethHar B	20:04	2:27:10	- 2
52	Richard Archer	KentAc B	18:39	2:27:33	0
53	Bill Speake	NottsAc B	18:02	2:27:44	0
54	Jack Savage	Leamington	18:00	2:29:23	+ 2
55	John Uff	Cambridge B	18:08	2:29:25	0
56	Peter Savill	Shrewsbury	20:01	2:29:53	- 2
57	Scott Bairstow	Keighley&C	18:27	2:30:56	+ 1
58	Frederic Tremblay	RoyalSutto	18:55	2:31:33	+ 1
59	Paul Atkins	Bromsgrove	20:03	2:31:36	- 2
60	Steven Bowyer	Blackhill	18:33	2:32:06	0
61	David Gresswell	Gloucester	19:06	2:33:33	0
62	Nick Hitchings	WorcesterA	20:14	2:34:55	0
63	Flanagan Grahame	MasseyFerg	19:52	2:35:43	0
64	Chris Jones	SaltaireSt	20:18	2:38:33	0
65	Phillip Quibell	SalfordHar B	19:38	2:39:12	0
66	Peter Ellis	Barnet	20:58	2:41:02	0

Fastest runners over stage 6:

1	Connor Bradley	LiverpoolH	15:45
2	Connor Milnes	Hallamshir	15:47
3	Luke Vine	TiptonHarr	15:48
4	Jack Gooch	SwanseaHar	15:49
5	Benjamin Noad	HighgateHa	16:02
6	Jamie Ashton	Aldershot	16:05
7	Ben Robinson	Bristol&W A	16:06
8	Ossama Meslek	LeedsCityA A	16:07
9	Matthew Edwards	Cardiff	16:07
10	Tom Bailey	NottsAc A	16:09

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Gus Cockle	Aldershot	26:20	2:34:58	+ 2
2	Shaun Dixon	HighgateHa	26:42	2:35:04	0
3	Tom Merson	Bristol&W A	27:22	2:35:28	- 2
4	John Eves	Bedford	27:14	2:36:19	0
5	Dewi Griffiths	SwanseaHar	25:28	2:36:55	+ 5
6	Danny Mooney	LiverpoolH	27:43	2:37:14	- 1
7	Alex Howard	TonbridgeA	27:45	2:37:45	- 1
8	Kevin Farrow	NottsAc A	28:03	2:38:11	0
9	Peter Newton	MorpethHar A	26:27	2:38:15	+ 3
10	Michael Kershaw	Cardiff	28:24	2:38:26	- 3
11	Yousf Allathaa	Birchfield	27:54	2:39:00	- 2
12	Michael Salter	LeedsCityA A	27:07	2:39:26	+ 2
13	Ian Williams	TiptonHarr	28:15	2:39:42	- 2
14	Jonathan Poole	Serpentine	27:35	2:39:50	- 1
15	Ben Harding	KentAc A	27:36	2:40:37	+ 2
16	Harry Bishop	Cheltenham	28:00	2:41:14	+ 2
17	Conan Mccaughey	CentralAc	27:43	2:41:15	+ 4
18	Matthew Shaw	SalfordHar A	28:48	2:41:42	- 2
19	William Rylehodes	Shaftesbur	28:01	2:42:30	+ 5
20	Simon Beedell	WoodfordGr	29:23	2:42:43	- 1
21	Bryan Clark	Corstorphi	29:08	2:42:57	+ 1
22	Elliott Stones	LincolnWel	28:23	2:43:12	+ 3
23	Iwan Jones	Coventry	30:52	2:43:18	- 8
24	Stuart Gibson	RonHillCam	27:18	2:43:50	+ 6
25	Robert Little	Hallamshir	27:50	2:44:00	+ 3
26	Daniel Kennedy	Blackheath	30:53	2:44:22	- 6
27	Alan Barnes	HerneHillH	29:08	2:44:28	0
28	Gareth Briggs	Wolverhamp	30:57	2:45:14	- 5
29	Steven Medd	Gateshead	31:19	2:46:11	- 3
30	Jonathan Rowe	WellsCityH	30:40	2:47:20	+ 1
31	Sam Clegg	RotherhamH	28:50	2:47:20	+ 4
32	Oliver Park	Cambridge A	29:27	2:47:45	+ 1
33	Belal Ahmed	HerculesWi	28:51	2:48:01	+ 4
34	Wayne Bell	Newham&Ess	29:57	2:48:16	0
35	Matthew Devlin	Sunderland	29:36	2:48:24	+ 1
36	Marc Tillotson	BoltonUnit	31:18	2:49:28	- 4
37	Peter Costley	Southampton	33:49	2:50:01	- 8
38	Gary Shaw	Barlick	29:50	2:50:29	+ 2
39	Matthieu Marshall	OxfordCity	30:25	2:50:57	0
40	Simon Lanckham	BRAT	30:42	2:50:57	- 2
41	Matthew Battensby	Bristol&W B	29:27	2:51:07	+ 2
42	Alex Polding	TyneBridge	30:00	2:51:24	0
43	Peter Bains	TraffordAt	30:53	2:51:48	- 2
44	Daryl Hibberd	ValleyStri	29:41	2:52:17	0
45	Martin Bateman	Hillingdon	29:48	2:53:16	+ 1
46	Michael Tanner	SheffieldR	28:53	2:53:22	+ 1
47	Mark Hadley	Halesowen	30:38	2:56:32	+ 2
48	Trevor Wilks	LeedsCityA B	33:44	2:57:03	- 3
49	Jarratt Perkins	NottsAc B	29:58	2:57:42	+ 4
50	Kai Sunman	HolmfirthH	31:31	2:57:46	0
51	Tony Weatherson	HeanorRunn	32:38	2:57:51	- 3
52	David Longley	KentAc B	30:27	2:58:00	0
53	Mick Thomsen	MorpethHar B	32:09	2:59:19	- 2
54	Lee Pretlove	Cambridge B	31:28	3:00:53	+ 1
55	Johnathon Brown	Leamington	33:06	3:02:29	- 1
56	Richard Jones	Shrewsbury	33:13	3:03:06	0
57	Pete Lloyd	Keighley&C	33:53	3:04:49	0
58	Dean England	RoyalSutto	33:42	3:05:15	0
59	Luke Herbert	Gloucester	31:57	3:05:30	+ 2
60	David Hall	WorcesterA	31:33	3:06:28	+ 2
61	Anthony Warner	Bromsgrove	35:14	3:06:50	- 2
62	Ian Middlemas	Blackhill	35:21	3:07:27	- 2
63	Simon Neale	MasseyFerg	32:45	3:08:28	0
64	Adam Slodowicz	SalfordHar B	29:46	3:08:58	+ 1
65	Will Kerr	SaltaireSt	30:54	3:09:27	- 1
66	Adrian Mason	Barnet	31:04	3:12:06	0

Fastest runners over stage 7:

1	Dewi Griffiths	SwanseaHar	25:28
2	Gus Cockle	Aldershot	26:20
3	Peter Newton	MorpethHar A	26:27
4	Shaun Dixon	HighgateHa	26:42
5	Michael Salter	LeedsCityA A	27:07
6	John Eves	Bedford	27:14
7	Stuart Gibson	RonHillCam	27:18
8	Tom Merson	Bristol&W A	27:22
9	Jonathan Poole	Serpentine	27:35
10	Ben Harding	KentAc A	27:36

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Joe Morwood	Aldershot	15:51	2:50:49	0
2	Peter Hawkings	HighgateHa	16:05	2:51:09	0
3	Miles Chandler	Bristol&W A	16:22	2:51:50	0
4	Liam Lloyd	SwanseaHar	15:47	2:52:42 +	1
5	Matthew Bray	Bedford	16:33	2:52:52 -	1
6	Donald Carter	TonbridgeA	15:31	2:53:16 +	1
7	James McNally	LiverpoolH	16:35	2:53:49 -	1
8	Thomas Straughan	MorpethHar A	16:34	2:54:49 +	1
9	Alex Benfield	NottsAc A	16:40	2:54:51 -	1
10	Ben Griffiths	Birchfield	17:00	2:56:00 +	1
11	Aaron Brown	TiptonHarr	16:26	2:56:08 +	2
12	Jack Eggington	Cardiff	17:44	2:56:10 -	2
13	Rick Weston	Serpentine	16:38	2:56:28 +	1
14	Stephen Lisgo	LeedsCityA A	17:05	2:56:31 -	2
15	Philip Sanders	KentAc A	17:18	2:57:55	0
16	Ben Wolfarth	SalfordHar A	16:43	2:58:25 +	2
17	Euan Brownlie	CentralAc	17:13	2:58:28	0
18	Jacob Pickering	Cheltenham	17:17	2:58:31 -	2
19	Craig Jardine	RonHillCam	15:46	2:59:36 +	5
20	Julian Barrable	Corstorphi	17:03	3:00:00 +	1
21	Louisalbert Clark	WoodfordGr	17:28	3:00:11 -	1
22	Anthony Jackson	Shaftesbur	17:42	3:00:12 -	3
23	Oliver Paulin	Coventry	17:11	3:00:29	0
24	Marc Thorpe	LincolnWel	17:37	3:00:49 -	2
25	Deron Fagan	HerneHillH	17:46	3:02:14 +	2
26	Ellis Garamslegi	Wolverhamp	17:32	3:02:46 +	2
27	Gareth Phoenix	Hallamshir	19:03	3:03:03 -	2
28	Luca Ercolani	Blackheath	19:13	3:03:35 -	2
29	Greg Chambers	Gateshead	17:31	3:03:42	0
30	John Beattie	Newham&Ess	15:51	3:04:07 +	4
31	Steve Simms	RotherhamH	16:47	3:04:07	0
32	Felix Rusby	WellsCityH	17:14	3:04:34 -	2
33	Tom Vickery	Cambridge A	17:32	3:05:17 -	1
34	Mark Hood	Sunderland	17:00	3:05:24 +	1
35	George Longworth	HerculesWi	18:12	3:06:13 -	2
36	Mark Edwards	Bristol&W B	16:42	3:07:49 +	5
37	Dominic Gavin	BoltonUnit	18:22	3:07:50 -	1
38	Nick Treitl	Barlick	17:45	3:08:14	0
39	Robert Finch	Southampto	18:29	3:08:30 -	2
40	Ryan Meredith	OxfordCity	17:56	3:08:53 -	1
41	Huw Jones	BRAT	18:35	3:09:32 -	1
42	Alasdair Blain	TyneBridge	18:09	3:09:33	0
43	Ross Bibby	ValleyStri	18:28	3:10:45 +	1
44	John Doherty	SheffieldR	17:29	3:10:51 +	2
45	Graham Holbrook	TraffordAt	20:32	3:12:20 -	2
46	Jeremy Collis	Hillingdon	21:00	3:14:16 -	1
47	Martin Whitehouse	NottsAc B	17:25	3:15:07 +	2
48	Jack Allison	LeedsCityA B	19:05	3:16:08	0
49	Richard Mathie	KentAc B	18:15	3:16:15 +	3
50	Jonathan Lewis	Halesowen	20:25	3:16:57 -	3
51	David Swinburne	MorpethHar B	17:45	3:17:04 +	2
52	Logan Anderson	HolmfirthH	20:12	3:17:58 -	2
53	R Charlesworth	HeanorRunn	21:31	3:19:22 -	2
54	Steven Green	Cambridge B	18:33	3:19:26	0
55	Craig Bower	Leamington	20:48	3:23:17	0
56	Liam Spencer	Keighley&C	19:53	3:24:42 +	1
57	Mike Mansfield	Gloucester	19:20	3:24:50 +	2
58	David Long	RoyalSutto	20:25	3:25:40	0
59	David O'brien	WorcesterA	19:15	3:25:43 +	1
60	Patrick McBride	Shrewsbury	23:48	3:26:54 -	4
61	Paul Collins	Bromsgrove	20:25	3:27:15	0
62	John Clarke	MasseyFerg	19:25	3:27:53 +	1
63	Marc Pearson	Blackhill	21:30	3:28:57 -	1
64	Stewart Spink	SaltireSt	21:20	3:30:47 +	1
65	Duncan Mason	SalfordHar B	22:43	3:31:41 -	1
66	Costa Michael	Barnet	19:52	3:31:58	0

Fastest runners over stage 8:

1	Donald Carter	TonbridgeA	15:31
2	Craig Jardine	RonHillCam	15:46
3	Liam Lloyd	SwanseaHar	15:47
4	John Beattie	Newham&Ess	15:51
5	Joe Morwood	Aldershot	15:51
6	Peter Hawkings	HighgateHa	16:05
7	Miles Chandler	Bristol&W A	16:22
8	Aaron Brown	TiptonHarr	16:26
9	Matthew Bray	Bedford	16:33
10	Thomas Straughan	MorpethHar A	16:34

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Ellis Cross	Aldershot	26:43	3:17:32	0
2	Peter Legrice	Bristol&W A	26:55	3:18:45	+ 1
3	Robert Wilson	HighgateHa	27:38	3:18:47	- 1
4	Guy Smith	SwanseaHar	27:14	3:19:56	0
5	Daniel Cliffe	LiverpoolH	26:52	3:20:41	+ 2
6	Matthew Janes	Bedford	28:11	3:21:03	- 1
7	M Nicholls	TonbridgeA	27:50	3:21:06	- 1
8	Ian Hudspith	MorpethHar A	26:46	3:21:35	0
9	Stuart Spencer	NottsAc A	27:27	3:22:18	0
10	Hugh Torry	Serpentine	28:06	3:24:34	+ 3
11	Andrew Peat	Birchfield	28:52	3:24:52	- 1
12	James Hunt	Cardiff	28:50	3:25:00	0
13	Joe Smith	TiptonHarr	28:57	3:25:05	- 2
14	Jason Cherriman	LeedsCityA A	28:40	3:25:11	0
15	Anthony Johnson	KentAc A	28:04	3:25:59	0
16	Tom Cornthwaite	SalfordHar A	27:37	3:26:02	0
17	Ross Houston	CentralAc	27:44	3:26:12	0
18	Dave Roper	Cheltenham	29:03	3:27:34	0
19	Richard Williams	Shaftesbur	27:48	3:28:00	+ 3
20	Iain Reid	RonHillCam	28:32	3:28:08	- 1
21	Daniel Bruynooghe	WoodfordGr	28:13	3:28:24	0
22	Mickey Breen	Corstorphi	28:38	3:28:38	- 2
23	Harvey Speed	Coventry	29:51	3:30:20	0
24	Finley Thompson	LincolnWel	29:53	3:30:42	0
25	Jeff Cunningham	HerneHillH	29:44	3:31:58	0
26	Kyle Craib	RotherhamH	28:14	3:32:21	+ 5
27	Matthew Hobbs	Hallamshir	29:22	3:32:25	0
28	Andrew Rayner	Blackheath	29:57	3:33:32	0
29	Adam Simms	Gateshead	29:52	3:33:34	0
30	Chris Darling	Cambridge A	28:47	3:34:04	+ 3
31	Steven McMahon	Sunderland	29:04	3:34:28	+ 3
32	Jonathan Cornish	HerculesWi	28:16	3:34:29	+ 3
33	Pete Grist	WellsCityH	30:23	3:34:57	- 1
34	James Toddington	Wolverhamp	32:50	3:35:36	- 8
35	Davis Filippell	Newham&Ess	31:35	3:35:42	- 5
36	Tommy Harrison	BoltonUnit	29:12	3:37:02	+ 1
37	Max Costley	Southampto	29:19	3:37:49	+ 2
38	Julian Hood	Barlick	30:09	3:38:23	0
39	Tegid Jones	OxfordCity	29:58	3:38:51	+ 1
40	Tom Powell	BRAT	30:30	3:40:02	+ 1
41	Tom Dobra	Bristol&W B	32:24	3:40:13	- 5
42	J Sweetnampowell	SheffieldR	30:10	3:41:01	+ 2
43	David Moir	TyneBridge	32:10	3:41:43	- 1
44	Simon Midwood	ValleyStri	31:02	3:41:47	- 1
45	Daniel Ansell	TraffordAt	29:52	3:42:12	0
46	Simon Connell	Hillingdon	31:25	3:45:41	0
47	Tom Crowley	NottsAc B	30:48	3:45:55	0
48	Michael Longley	KentAc B	30:56	3:47:11	+ 1
49	Sean Flanagan	LeedsCityA B	31:08	3:47:16	- 1
50	Adam Cross	Halesowen	31:17	3:48:14	0
51	Robert Hancox	MorpethHar B	32:15	3:49:19	0
52	Paul Aste	Cambridge B	31:11	3:50:37	+ 2
53	Ian Duffin	HeanorRunn	32:10	3:51:32	0
54	Clark Hind	HolmfirthH	34:06	3:52:04	- 2
55	Tom Foulerton	Leamington	30:04	3:53:21	0
56	Matt Amos	MasseyFerg	28:34	3:56:27	+ 6
57	Richard Smith	WorcesterA	30:56	3:56:39	+ 2
58	Steven Haines	Gloucester	33:21	3:58:11	- 1
59	Mark Knowles	Keighley&C	33:39	3:58:21	- 3
60	Edward Mcgrath	RoyalSutto	33:23	3:59:03	- 2
61	Ian Keyte	Bromsgrove	33:02	4:00:17	0
62	Haydn Jones	Shrewsbury	34:33	4:01:27	- 2
63	Alexander Lepretre	Barnet	29:38	4:01:36	+ 3
64	Frank Beecroft	SaltaireSt	32:17	4:03:04	0
65	Colin Hodgson	Blackhill	34:29	4:03:26	- 2
66	Gary Fielding	SalfordHar B	34:12	4:05:53	- 1

Fastest runners over stage 9:		
1	Ellis Cross	Aldershot 26:43
2	Ian Hudspith	MorpethHar A 26:46
3	Daniel Cliffe	LiverpoolH 26:52
4	Peter Legrice	Bristol&W A 26:55
5	Guy Smith	SwanseaHar 27:14
6	Stuart Spencer	NottsAc A 27:27
7	Tom Cornthwaite	SalfordHar A 27:37
8	Robert Wilson	HighgateHa 27:38
9	Ross Houston	CentralAc 27:44
10	Richard Williams	Shaftesbur 27:48

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Ian Bailey	Aldershot	16:08	3:33:40	0
2	Victor Mound	HighgateHa	15:40	3:34:27 +	1
3	Benedict Westhenry	Bristol&W A	15:56	3:34:41 -	1
4	Matthew Harvey	SwanseaHar	16:42	3:36:38	0
5	Lewis Timmins	MorpethHar A	15:55	3:37:30 +	3
6	Daniel Bradley	TonbridgeA	16:33	3:37:39 +	1
7	Laurie Luscombe	LiverpoolH	16:59	3:37:40 -	2
8	Aaron Scott	NottsAc A	15:37	3:37:55 +	1
9	Andrew Headley	Bedford	17:20	3:38:23 -	3
10	Ieuan Thomas	Cardiff	15:36	3:40:36 +	2
11	Andrea Fraquelli	Serpentine	16:56	3:41:30 -	1
12	C Gillespie	TiptonHarr	16:40	3:41:45 +	1
13	Dominic Easter	LeedsCityA A	17:16	3:42:27 +	1
14	Aidan Thompson	CentralAc	16:21	3:42:33 +	3
15	Alex Parker	Birchfield	18:11	3:43:03 -	4
16	Thomas Muddiman	KentAc A	17:06	3:43:05 -	1
17	Ian Grime	SalfordHar A	17:04	3:43:06 -	1
18	Donatas Tumaitis	WoodfordGr	17:00	3:45:24 +	3
19	Andy Prohett	Cheltenham	17:53	3:45:27 -	1
20	Ronan Breen	Shaftesbur	18:10	3:46:10 -	1
21	Richard Carr	RonHillCam	18:10	3:46:18 -	1
22	C O'brien	Corstorphi	18:10	3:46:48	0
23	Joseph Mcleod	Coventry	17:39	3:47:59	0
24	Jose Ferreira	LincolnWel	18:05	3:48:47	0
25	Chris Adams	RotherhamH	17:15	3:49:36 +	1
26	Robin Sanderson	HerneHillH	18:05	3:50:03 -	1
27	Sam Peters	Hallamshir	18:18	3:50:43	0
28	Alan Johnson	Gateshead	18:07	3:51:41 +	1
29	Neil Baxter	Cambridge A	17:40	3:51:44 +	1
30	Jack Tallentire	Sunderland	17:53	3:52:21 +	1
31	Peter Lee	HerculesWi	18:34	3:53:03 +	1
32	Mike Glover	WellsCityH	18:54	3:53:51 +	1
33	Tom Warrender	Wolverhamp	18:25	3:54:01 +	1
34	George Bettsworth	Newham&Ess	18:36	3:54:18 +	1
35	Nicolas Corry	Blackheath	21:33	3:55:05 -	7
36	Tom Lucas	BoltonUnit	18:10	3:55:12	0
37	Shaun Chew	Barlick	17:35	3:55:58 +	1
38	Ashley Forbes	Southampto	18:12	3:56:01 -	1
39	Mark Tyrrell	OxfordCity	17:52	3:56:43	0
40	Matthew Krelle	Bristol&W B	17:26	3:57:39 +	1
41	Mark Ince	BRAT	18:03	3:58:05 -	1
42	Jonathan Smyth	ValleyStri	17:43	3:59:30 +	2
43	Alex Black	TyneBridge	17:48	3:59:31	0
44	Andy Buddery	SheffieldR	18:39	3:59:40 -	2
45	Richard Clancy	TraffordAt	18:06	4:00:18	0
46	Michael Williams	LeedsCityA B	16:49	4:04:05 +	3
47	Matthew Moroney	KentAc B	18:08	4:05:19 +	1
48	Philip Waring	NottsAc B	19:41	4:05:36 -	1
49	Steve Hiron	Hillingdon	20:34	4:06:15 -	3
50	Bill Nock	Halesowen	19:25	4:07:39	0
51	Chris Waugh	MorpethHar B	20:02	4:09:21	0
52	Steve Green	HolmfirthH	18:18	4:10:22 +	2
53	John Knibb	Leamington	18:22	4:11:43 +	2
54	Michael Clark	HeanorRunn	20:55	4:12:27 -	1
55	Harry Topham	Cambridge B	22:48	4:13:25 -	3
56	Jeremysaun Trill	MasseyFerg	19:34	4:16:01	0
57	Luke Sheppard	WorcesterA	19:59	4:16:38	0
58	Stephen Pitt	RoyalSutto	20:50	4:19:53 +	2
59	Arthur Daley	Gloucester	21:48	4:19:59 -	1
60	Darren White	Barnet	18:40	4:20:16 +	3
61	Stephen Brooks	Bromsgrove	20:21	4:20:38	0
62	Matthew Richardson	SaltaireSt	19:08	4:22:12 +	2
63	Duncan Rose	Shrewsbury	22:27	4:23:54 -	1
64	Mark Fish	Blackhill	21:28	4:24:54 +	1
65	James O'connor	SalfordHar B	21:56	4:27:49 +	1

Fastest runners over stage 10:

1	Ieuan Thomas	Cardiff	15:36
2	Aaron Scott	NottsAc A	15:37
3	Victor Mound	HighgateHa	15:40
4	Lewis Timmins	MorpethHar A	15:55
5	Benedict Westhenry	Bristol&W A	15:56
6	Ian Bailey	Aldershot	16:08
7	Aidan Thompson	CentralAc	16:21
8	Daniel Bradley	TonbridgeA	16:33
9	C Gillespie	TiptonHarr	16:40
10	Matthew Harvey	SwanseaHar	16:42

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Andy Maud	HighgateHa	26:12	4:00:39	+ 1	53	Daniel Shaw	HolmfirthH	33:05	4:43:27	- 1		
2	Elliot Robinson	Aldershot	27:58	4:01:38	- 1	54	David Barber	Cambridge B	32:49	4:46:14	+ 1		
3	Owain Jones	Bristol&W A	27:26	4:02:07	0	55	Paul Winfield	HeanorRunn	34:32	4:46:59	- 1		
4	Henry Pearce	TonbridgeA	26:18	4:03:57	+ 2	56	David Clarke	MasseyFerg	33:03	4:49:04	0		
5	Marc Hobbs	SwanseaHar	27:41	4:04:19	- 1	57	Adam Pollock	WorcesterA	33:51	4:50:29	0		
6	Ben Stevenson	LiverpoolH	26:56	4:04:36	+ 1	58	Edward Price	Barnet	30:30	4:50:46	+ 2		
7	Jonathan Thewlis	NottsAc A	26:58	4:04:53	+ 1	59	James Walters	Gloucester	32:36	4:52:35	0		
8	Adrian Whitwam	MorpethHar A	28:20	4:05:50	- 3	60	Malcolm Duff	Bromsgrove	32:01	4:52:39	+ 1		
9	Josh Lunn	Bedford	28:06	4:06:29	0	61	Jon Higgins	RoyalSutto	34:24	4:54:17	- 3		
10	Ciaran Lewis	Cardiff	27:54	4:08:30	0	62	Martin Fillingham	SaltireSt	32:24	4:54:36	0		
11	Alan Buckley	LeedsCityA A	27:19	4:09:46	+ 2	63	Kevin Francis	Shrewsbury	33:08	4:57:02	0		
12	Richard Phillips	Serpentine	28:47	4:10:17	- 1	64	Stewy Bell	Blackhill	35:16	5:00:10	0		
13	Michael Wright	CentralAc	28:06	4:10:39	+ 1	65	Paul Birkett	SalfordHar B	33:33	5:01:22	0		
14	Stuart Hawkes	TiptonHarr	29:01	4:10:46	- 2	Fastest runners over stage 11:							
15	Neil Phillips	KentAc A	28:11	4:11:16	+ 1	1	Andy Maud	HighgateHa	26:12				
16	Bruno Lima	SalfordHar A	28:17	4:11:23	+ 1	2	Henry Pearce	TonbridgeA	26:18				
17	Ian Dempsey	Birchfield	30:03	4:13:06	- 2	3	Ben Stevenson	LiverpoolH	26:56				
18	Stephan Wenk	WoodfordGr	27:52	4:13:16	0	4	Jonathan Thewlis	NottsAc A	26:58				
19	Kyle Mclellan	RonHillCam	28:04	4:14:22	+ 2	5	Alan Buckley	LeedsCityA A	27:19				
20	William New	Cheltenham	29:41	4:15:08	- 1	6	Owain Jones	Bristol&W A	27:26				
21	Mohamed Mohamed	Shaftesbur	30:12	4:16:22	- 1	7	Marc Hobbs	SwanseaHar	27:41				
22	Alistair Brockie	Corstorphi	29:39	4:16:27	0	8	Stephan Wenk	WoodfordGr	27:52				
23	Namir Batavia	Coventry	30:02	4:18:01	0	9	Ciaran Lewis	Cardiff	27:54				
24	Adam Baker	LincolnWel	30:33	4:19:20	0	10	Elliot Robinson	Aldershot	27:58				
25	Philip Hoole	RotherhamH	29:52	4:19:28	0								
26	Zak Mellard	Hallamshir	29:35	4:20:18	+ 1								
27	Patrick O'hare	Cambridge A	29:22	4:21:06	+ 2								
28	Matthew Munro	HerneHillH	31:15	4:21:18	- 2								
29	Steven Rankin	Sunderland	29:13	4:21:34	+ 1								
30	Richard Mcdowell	HerculesWi	29:13	4:22:16	+ 1								
31	Kevin Connolly	Gateshead	30:52	4:22:33	- 3								
32	Christian Green	WellsCityH	30:53	4:24:44	0								
33	John Knowles	BoltonUnit	29:49	4:25:01	+ 3								
34	Graham Fisher	Southampto	29:15	4:25:16	+ 4								
35	Luke Maude	Barlick	29:59	4:25:57	+ 2								
36	Jack Parr	Wolverhamp	32:13	4:26:14	- 3								
37	Christopher Tuck	Blackheath	31:59	4:27:04	- 2								
38	Ewan Gault	OxfordCity	30:36	4:27:19	+ 1								
39	C Ashford	BRAT	29:15	4:27:20	+ 2								
40	Phillip Parry	Bristol&W B	30:13	4:27:52	0								
41	David Kail	Newham&Ess	35:11	4:29:29	- 7								
42	Simon O'meara	TraffordAt	29:43	4:30:01	+ 3								
43	Douglas Tickner	TyneBridge	30:42	4:30:13	0								
44	Matthew Craig	SheffieldR	30:38	4:30:18	0								
45	Paul Fotherby	ValleyStri	31:16	4:30:46	- 3								
46	Tim Alexander	KentAc B	30:34	4:35:53	+ 1								
47	Martin Farran	LeedsCityA B	33:50	4:37:55	- 1								
48	Gareth Little	NottsAc B	32:36	4:38:12	0								
49	Paul Leppard	Hillingdon	32:12	4:38:27	0								
50	Roger Mallard	Halesowen	31:29	4:39:08	0								
51	Paul Waterston	MorpethHar B	32:03	4:41:24	0								
52	Guy Allen	Leamington	30:34	4:42:17	+ 1								

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

- Mens 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Murray Strain	HighgateHa	15:51	4:16:30	0	4:46:13		- 2			
2	Adam Clarke	Aldershot	15:37	4:17:15	0	40	Alex Herron	Wolverhamp	20:20	4:46:34	- 4
3	Adam Speake	Bristol&W A	16:01	4:18:08	0	41	Alex Collings	SheffieldR	17:46	4:48:04	+ 3
4	Matthew Jackson	LiverpoolH	15:14	4:19:50	+ 2	42	John Hurse	TyneBridge	18:27	4:48:40	+ 1
5	Timothy Corby	TonbridgeA	16:24	4:20:21	- 1	43	George Choat	Newham&Ess	19:32	4:49:01	- 2
6	Sullivan Smith	SwanseaHar	16:54	4:21:13	- 1	44	David Penman	ValleyStri	18:22	4:49:08	+ 1
7	Steve Long	NottsAc A	16:29	4:21:22	0	45	Craig Wheeler	TraffordAt	20:15	4:50:16	- 3
8	Eric Adams	MorpethHar A	16:38	4:22:28	0	46	Adam Garcia	KentAc B	18:55	4:54:48	0
9	Stephen Headley	Bedford	17:20	4:23:49	0	47	Elliot Parker	LeedsCityA B	18:05	4:56:00	0
10	Jamie Crowe	CentralAc	15:55	4:26:34	+ 3	48	Marc Turner	Halesowen	17:58	4:57:06	+ 2
11	Nathaniel Lane	Cardiff	18:32	4:27:02	- 1	49	Ben Abbott	NottsAc B	20:08	4:58:20	- 1
12	C Greenwood	KentAc A	15:52	4:27:08	+ 3	50	David Smith	Hillingdon	20:24	4:58:51	- 1
13	Jonathon Carter	TiptonHarr	16:35	4:27:21	+ 1	51	Mark Brown	MorpethHar B	18:25	4:59:49	0
14	Joseph Bailey	SalfordHar A	16:08	4:27:31	+ 2	52	Jonathon Sykes	HolmfirthH	19:40	5:03:07	+ 1
15	C Wallace	Serpentine	17:46	4:28:03	- 3	53	C Hitchman	Leamington	21:01	5:03:18	- 1
16	Simon Deakin	LeedsCityA A	18:30	4:28:16	- 5	54	Michael Moore	Cambridge B	18:03	5:04:17	0
17	A Rutherford	Birchfield	17:29	4:30:35	0	55	Gary Lawson	MasseyFerg	19:49	5:08:53	+ 1
18	Bertie Powell	WoodfordGr	17:26	4:30:42	0	56	Ian Salt	HeanorRunn	22:09	5:09:08	- 1
19	Stan Mackenzie	RonHillCam	17:31	4:31:53	0	57	Stefan Sternkopf	WorcesterA	19:51	5:10:20	0
20	Dave Aubrey	Cheltenham	18:04	4:33:12	0	58	Ben Larcombe	Barnet	19:43	5:10:29	0
21	Jonathan Carpenter	Corstorphi	17:45	4:34:12	+ 1	59	Joe Graham	SaltaireSt	19:03	5:13:39	+ 3
22	Ted Ntibazonkiza	Shaftesbur	17:52	4:34:14	- 1	60	David Snape	Bromsgrove	22:15	5:14:54	0
23	Aidan Johnson	RotherhamH	16:52	4:36:20	+ 2	61	Matt Hall	Shrewsbury	18:35	5:15:37	+ 2
24	Jason Brotherhood	Coventry	18:41	4:36:42	- 1	62	Jim Greenwood	RoyalSutto	21:56	5:16:13	- 1
25	Cameron Reed	LincolnWel	18:08	4:37:28	- 1	63	Charles Foster	SalfordHar B	19:15	5:20:37	+ 2
26	Joshua Walton	Hallamshir	17:39	4:37:57	0	64	James Mcelrue	Blackhill	22:38	5:22:48	0
27	Richard Park	Cambridge A	17:37	4:38:43	0	Fastest runners over stage 12:					
28	Jack Brotchie	HerneHillH	17:49	4:39:07	0	1	Matthew Jackson	LiverpoolH	15:14		
29	Michael Edwards	Sunderland	17:39	4:39:13	0	2	Adam Clarke	Aldershot	15:37		
30	David Grima	HerculesWi	17:32	4:39:48	0	3	Murray Strain	HighgateHa	15:51		
31	James Porteous	Gateshead	18:15	4:40:48	0	4	C Greenwood	KentAc A	15:52		
32	Scott Crompton	BoltonUnit	17:54	4:42:55	+ 1	5	Jamie Crowe	CentralAc	15:55		
33	Stephen Chew	Barlick	18:10	4:44:07	+ 2	6	Adam Speake	Bristol&W A	16:01		
34	Alistair Lindsay	WellsCityH	19:33	4:44:17	- 2	7	Joseph Bailey	SalfordHar A	16:08		
35	Steven Underwood	Southampto	19:07	4:44:23	- 1	8	Timothy Corby	TonbridgeA	16:24		
36	Nathan Warren	BRAT	17:25	4:44:45	+ 3	9	Steve Long	NottsAc A	16:29		
37	Harry Lane	Bristol&W B	16:57	4:44:49	+ 3	10	Jonathon Carter	TiptonHarr	16:35		
38	Aaron Simpson	OxfordCity	18:07	4:45:26	0						
39	Thomas Desborough	Blackheath	19:09								

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

Mens 12 Stage — Team Results — Final (nn) is team position after the appropriate stage.

1 Highgate Harriers		4:16:30	10 Central AC		4:26:34
1 Peter Chambers (8) 26:31	2 Robel Bahelbi (5) 15:59	1 Alexander Hendry (37) 28:31	2 Dale Colley (27) 15:46	3 C Rainsford (5) 26:55	4 Brahma Pochee (4) 16:19
5 Danny Russell (2) 26:36	6 Benjamin Noad (2) 16:02	5 Cameron Milne (24) 27:25	4 Lewis Millar (28) 17:15	7 Shaun Dixon (2) 26:42	8 Peter Hawkings (2) 16:05
9 Robert Wilson (3) 27:38	10 Victor Mound (2) 15:40	7 Conan Mccaughey (17) 27:43	6 Iain Davies (21) 16:20	11 Andy Maud (1) 26:12	9 Ross Houston (17) 27:44
	12 Murray Strain (1) 15:51	10 Aidan Thompson (14) 16:21	8 Euan Brownlie (17) 17:13		11 Michael Wright (13) 28:06
		12 Jamie Crowe (10) 15:55	10		
2 Aldershot Farnham & District		4:17:15	11 Cardiff Aac		4:27:02
1 Joshua Grace (6) 26:28	2 George Gathercole (7) 16:06	1 Kevin Seaward (7) 26:30	2 Alex Coomber (1) 15:26	3 Jack Rowe (4) 26:41	4 Matthew Arnold (1) 15:47
5 Joe Wade (3) 27:31	6 Jamie Ashton (3) 16:05	3 John Cove (3) 27:15	4 Stephen Morris (5) 16:55	7 Gus Cockle (1) 26:20	8 Joe Morwood (1) 15:51
9 Ellis Cross (1) 26:43	10 Ian Bailey (1) 16:08	5 Michael Kallenberg (7) 27:49	6 Matthew Edwards (7) 16:07	11 Elliot Robinson (2) 27:58	12 Adam Clarke (2) 15:37
		7 Michael Kershaw (10) 28:24	8 Jack Eggington (12) 17:44		
		9 James Hunt (12) 28:50	10 Ieuan Thomas (10) 15:36		
		11 Ciaran Lewis (10) 27:54	12 Nathaniel Lane (11) 18:32		
3 Bristol And West AC		'A' 4:18:08	12 Kent AC		'A' 4:27:08
1 William Christofi (3) 26:19	2 Michael Wilsmore (3) 15:52	1 Russell Bentley (54) 29:40	2 James Bowler (37) 15:52	5 Stephen Mitchell (1) 26:42	6 Ben Robinson (1) 16:06
7 Tom Merson (3) 27:22	8 Miles Chandler (3) 16:22	3 James Connor (30) 27:32	4 James Savage (27) 16:34	9 Peter Legrice (2) 26:55	10 Benedict Westhenry (3) 15:56
11 Owain Jones (3) 27:26	12 Adam Speake (3) 16:01	5 Owen Hind (17) 26:26	6 Peter Lighting (17) 16:57		
		7 Ben Harding (15) 27:36	8 Philip Sanders (15) 17:18		
		9 Anthony Johnson (15) 28:04	10 Thomas Muddiman (16) 17:06		
		11 Neil Phillips (15) 28:11	12 C Greenwood (12) 15:52		
4 Liverpool Harriers & AC		4:19:50	13 Tipton Harriers		4:27:21
1 John Ashcroft (11) 26:35	2 Harry Harper (11) 16:18	1 Sean Byrne (26) 27:42	2 Tom Holden (25) 16:32	3 Ben Russell (10) 27:34	4 Ricky Challinor (9) 16:36
5 Dejene Gezimu (6) 26:43	6 Connor Bradley (5) 15:45	3 Ian Mitchell (23) 27:58	4 Gareth Griffiths (20) 16:22	7 Danny Mooney (6) 27:43	8 James Mcnally (7) 16:35
9 Daniel Cliffe (5) 26:52	10 Laurie Luscombe (7) 16:59	5 Mike Aspinall (13) 27:05	6 Luke Vine (11) 15:48	11 Ben Stevenson (6) 26:56	12 Matthew Jackson (4) 15:14
		7 Ian Williams (13) 28:15	8 Aaron Brown (11) 16:26		
		9 Joe Smith (13) 28:57	10 C Gillespie (12) 16:40		
		11 Stuart Hawkes (14) 29:01	12 Jonathon Carter (13) 16:35		
5 Tonbridge AC		4:20:21	14 Salford Harriers & AC		'A' 4:27:31
1 Ben Cole (9) 26:33	2 Thomas Cox (6) 15:58	1 Carl Hardman (5) 26:26	2 Glyn Billington (20) 17:22	3 Nathan Marsh (13) 28:27	4 Dominic Brown (7) 15:44
5 Christopher Olley (5) 26:40	6 Miles Weatherseed (6) 16:38	3 Will Beauchamp (25) 28:36	3 Josh Tighe (22) 16:27	7 Alex Howard (7) 27:45	8 Myles Weatherseed (6) 16:38
9 M Nicholls (7) 27:50	10 Daniel Bradley (6) 16:33	5 Gary Priestley (20) 27:38	4 Simon Bruton (16) 16:25	11 Henry Pearce (4) 26:18	8 Donald Carter (6) 15:31
	12 Timothy Corby (5) 16:24	7 Matthew Shaw (18) 28:48	8 Ben Wolfarth (16) 16:43		10 Daniel Bradley (6) 16:33
		9 Tom Cornthwaite (16) 27:37	10 Ian Grime (17) 17:04		12 Timothy Corby (5) 16:24
		11 Bruno Lima (16) 28:17	12 Joseph Bailey (14) 16:08		
6 Swansea Harriers		4:21:13	15 Serpentine RC		4:28:03
1 Danal Desta (14) 26:53	2 Jonathan Tobin (12) 16:02	1 Nicholas Torry (10) 26:34	2 Simon Barrett (16) 16:52	3 Christian Lovatt (7) 27:11	4 Paul Tobin (8) 16:48
5 Matthew Rees (12) 28:44	6 Jack Gooch (10) 15:49	3 Dave Morgan (14) 27:41	4 Simon Craddock (18) 17:06	7 Dewi Griffiths (5) 25:28	8 Liam Lloyd (4) 15:47
9 Guy Smith (4) 27:14	10 Matthew Harvey (4) 16:42	5 Andrew Greenleaf (11) 27:23	6 Xavier Gruot (13) 16:39	11 Marc Hobbs (5) 27:41	7 Jonathan Poole (14) 27:35
	12 Sullivan Smith (6) 16:54	7 Jonathan Poole (14) 27:35	8 Rick Weston (13) 16:38		9 Hugh Torry (10) 28:06
		11 Richard Phillips (12) 28:47	10 Andrea Fraquelli (11) 16:56		12 C Wallace (15) 17:46
7 Notts AC		'A' 4:21:22	16 Leeds City Athletic Club		'A' 4:28:16
1 Rob Keal (22) 27:26	2 Matthew Williams (18) 16:07	1 Jami Parapia (24) 27:34	2 Adam Osborne (22) 16:35	3 Tim Hartley (17) 27:44	4 Robert Smith (15) 16:23
5 Alastair Watson (8) 26:19	6 Tom Bailey (8) 16:09	3 J Woodcockshaw (21) 27:53	4 Emile Caires (14) 15:31	7 Kevin Farrow (8) 28:03	8 Alex Benfield (9) 16:40
9 Stuart Spencer (9) 27:27	10 Aaron Scott (8) 15:37	5 Michael Burrett (19) 28:39	6 Ossama Meslek (14) 16:07	11 Jonathan Thewlis (7) 26:58	9 Alex Benfield (9) 16:40
	12 Steve Long (7) 16:29	7 Michael Salter (12) 27:07	8 Stephen Lisgo (14) 17:05		10 Aaron Scott (8) 15:37
		9 Jason Cherriman (14) 28:40	10 Dominic Easter (13) 17:16		12 Steve Long (7) 16:29
		11 Alan Buckley (11) 27:19	12 Simon Deakin (16) 18:30		
8 Morpeth Harriers & AC		'A' 4:22:28	17 Birchfield Harriers		4:30:35
1 Sam Hancox (19) 27:17	2 Ian Harding (17) 16:10	1 William Richardson (4) 26:20	2 Thomas Beasley (4) 16:02	3 Andrew Wiles (11) 27:08	4 Adam Gibbs (11) 16:51
5 Ross Floyd (10) 27:58	6 Kevin Calvert (12) 16:24	3 Rory Grant (6) 27:19	4 Orlando Corea (6) 16:34	7 Peter Newton (9) 26:27	8 Thomas Straughan (8) 16:34
9 Ian Hudspith (8) 26:46	10 Lewis Timmins (5) 15:55	5 Jonathan Goringe (9) 28:22	6 Mathew Missen (9) 16:29	11 Adrian Whitwam (8) 28:20	9 Thomas Straughan (8) 16:34
	12 Eric Adams (8) 16:38	7 Yousf Allathaa (11) 27:54	8 Ben Griffiths (10) 17:00		10 Lewis Timmins (5) 15:55
		9 Andrew Peat (11) 28:52	10 Alex Parker (15) 18:11		12 Eric Adams (8) 16:38
		11 Ian Dempsey (17) 30:03	12 A Rutherford (17) 17:29		
9 Bedford & County AC		4:23:49	18 Woodford Green & Essex Ladies		4:30:42
1 Jack Goodwin (2) 26:16	2 Michael Harrison (2) 15:44	1 Tom Phillips (12) 26:41	2 James Stockings (13) 16:27	3 Steven Naylor (2) 27:11	4 Jack Douglas (2) 16:06
5 James Hoad (4) 27:30	6 Luke Humphreys (4) 16:18	3 Tom Beedell (16) 28:06	4 Angus Holford (16) 16:40	7 John Eves (4) 27:14	8 Matthew Bray (5) 16:33
9 Matthew Janes (6) 28:11	10 Andrew Headley (9) 17:20	5 D Steel (18) 28:14	6 Tony Russell (19) 17:12	11 Josh Lunn (9) 28:06	12 Stephen Headley (9) 17:20
		7 Simon Beedell (20) 29:23	8 Louisalbert Clark (21) 17:28		
		9 Daniel Bruynooghe (21) 28:13	10 Donatas Tumaitis (18) 17:00		
		11 Stephan Wenk (18) 27:52	12 Bertie Powell (18) 17:26		

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

19 Ron Hill Cambuslang		4:31:53		28 Herne Hill Harriers		4:39:07	
1 Ben Hukins (23) 27:33	2 Ross Stephen (35) 17:58	1 Simon Coombes (46) 28:57	2 Lewis Lloyd (26) 15:18	3 David Mulvee (22) 27:53	4 Eric Sapac (29) 17:40	5 John Kettle (29) 29:06	6 C Busaileh (27) 16:26
3 Ryan Thomson (28) 27:23	4 Alistair Campbell (25) 16:13	7 Alan Barnes (27) 29:08	8 Deron Fagan (25) 17:46	5 Scott Somerville (30) 18:05	10 Robin Sanderson (26) 18:05	9 Jeff Cunningham (25) 29:44	12 Jack Brochie (28) 17:49
7 Stuart Gibson (24) 27:18	8 Craig Jardine (19) 15:46	11 Matthew Munro (28) 31:15		11 Richard Carr (21) 18:10			
9 Iain Reid (20) 28:32	12 Stan Mackenzie (19) 17:31						
11 Kyle McLellan (19) 28:04							
20 Cheltenham And County Harriers		4:33:12		29 Sunderland Harriers & AC		4:39:13	
1 Graham Rush (1) 26:08	2 Richard Decamps (9) 16:38	1 Andrew Powell (36) 28:25	2 Jake Jansen (36) 17:07	3 Alex Lee (15) 28:26	4 Andrew Vankints (17) 16:50	3 Ian Dixon (40) 30:01	4 Ian Ritchie (41) 17:23
5 Oliver Mott (15) 27:58	6 Darren Jordan (18) 17:14	5 Nathan Reed (37) 28:29	6 Mark Smith (36) 17:23	7 Harry Bishop (16) 28:00	8 Jacob Pickering (18) 17:17	7 Matthew Devlin (35) 29:36	8 Mark Hood (34) 17:00
9 Dave Roper (18) 29:03	10 Andy Prohett (19) 17:53	9 Steven McMahon (31) 29:04	10 Jack Tallentire (30) 17:53	11 William New (20) 29:41	12 Dave Aubrey (20) 18:04	11 Steven Rankin (29) 29:13	12 Michael Edwards (29) 17:39
21 Corstorphine Aac		4:34:12		30 Hercules Wimbledon AC		4:39:48	
1 Dermot Cummins (18) 27:16	2 Scott Pilkington (21) 16:45	1 Frederick Slemeck (34) 28:20	2 Sean Crummy (41) 17:27	3 Calum Mckenzie (18) 27:20	4 Steven O'brien (21) 17:16	3 Robert Tuer (42) 30:00	4 Andrew Penney (40) 16:55
5 Donald Macaulay (22) 28:03	6 Moray Anderson (22) 17:09	5 Alex Robinson (38) 28:46	6 Finn Johnson (37) 17:42	7 Bryan Clark (21) 29:08	8 Julian Barrable (20) 17:03	7 Belal Ahmed (33) 28:51	8 George Longworth (35) 18:12
9 Mickey Breen (22) 28:38	10 C O'brien (22) 18:10	9 Jonathan Cornish (32) 28:16	10 Peter Lee (31) 18:34	11 Alistair Brockie (22) 29:39	12 Jonathan Carpenter (21) 17:45	11 Richard Mcdowell (30) 29:13	12 David Grima (30) 17:32
22 Shaftesbury Barnet Harriers		4:34:14		31 Gateshead Harriers & AC		4:40:48	
1 Glen Watts (16) 27:10	2 Anthony Whiteman (15) 16:03	1 Daniel Johnson (31) 28:12	2 James Cripwell (29) 16:17	3 Luuk Metselaar (8) 26:57	4 Euan Mackenzie (10) 17:03	3 Simeon Greenwood (31) 29:10	4 Ross Murray (23) 15:14
5 Mark Pearce (16) 28:48	6 Robert Rigby (24) 18:28	5 Jackson Cregan (28) 29:36	6 Marc Elliott (26) 16:23	7 William Rylehodge (19) 28:01	8 Anthony Jackson (22) 17:42	7 Steven Medd (29) 31:19	8 Greg Chambers (29) 17:31
9 Richard Williams (19) 27:48	10 Ronan Breen (20) 18:10	9 Adam Simms (29) 29:52	10 Alan Johnson (28) 18:07	11 Mohamed Mohamed (21) 30:12	12 Ted Ntibazonkiza (22) 17:52	11 Kevin Connolly (31) 30:52	12 James Porteous (31) 18:15
23 Rotherham Harriers And AC		4:36:20		32 Bolton United Harriers & AC		4:42:55	
1 Elliott Smales (52) 29:34	2 Luke Cotter (38) 16:02	1 Jonathan Kay (49) 29:15	2 Martin Reid (34) 16:12	3 Arron Larkin (37) 29:11	4 Devon Stead (37) 17:27	3 Karl Darcy (32) 28:26	4 Frazer Jardine (31) 16:46
5 Gareth Sampson (34) 28:46	6 Rhian Hastey (35) 17:30	5 Anthony Valentine (32) 29:49	6 Andrew Crickmore (32) 17:42	7 Sam Clegg (31) 28:50	8 Steve Simms (31) 16:47	7 Marc Tillotson (36) 31:18	8 Dominic Gavin (37) 18:22
9 Kyle Craib (26) 28:14	10 Chris Adams (25) 17:15	9 Tommy Harrison (36) 29:12	10 Tom Lucas (36) 18:10	11 Philip Hoole (25) 29:52	12 Aidan Johnson (23) 16:52	9 John Knowles (33) 29:49	12 Scott Crompton (32) 17:54
24 Coventry Godiva Harriers		4:36:42		33 Barlick Fell Runners		4:44:07	
1 Toby Spencer (13) 26:49	2 James Griggs (14) 16:21	1 Thomas Corrigan (40) 28:39	2 James Craig (33) 16:30	3 Scott Hazell (19) 28:26	4 Jeremy Barnes (19) 16:38	3 Matthew Lalor (36) 29:31	4 Lee Parrington (35) 17:23
5 Alistair Smith (14) 27:44	6 Daniel Clarke (15) 16:28	5 Marc Hartley (40) 30:29	6 Daniel Balshaw (40) 18:07	7 Iwan Jones (23) 30:52	8 Oliver Paulin (23) 17:11	5 Gary Shaw (38) 29:50	8 Nick Treittl (38) 17:45
9 Harvey Speed (23) 29:51	10 Joseph Mcleod (23) 17:39	7 Julian Hood (38) 30:09	10 Shaun Chew (37) 17:35	11 Namir Batavia (23) 30:02	12 Jason Brotherhood (24) 18:41	9 Luke Maude (35) 29:59	12 Stephen Chew (33) 18:10
25 Lincoln Wellington AC		4:37:28		34 Wells City Harriers		4:44:17	
1 Shane Robinson (15) 27:03	2 Tom Straw (10) 15:49	1 Jack Bancroft (27) 27:48	2 Sam Somerville (23) 16:22	3 Richard Brown (12) 28:01	4 Daniel Crow (26) 18:36	3 Luke Prior (29) 28:45	4 Oliver Fox (24) 16:04
5 Lewis Jagger (25) 28:40	6 Joshua Stone (25) 16:40	5 Kieran Young (27) 29:29	6 Andrew Hennessy (31) 18:12	7 Elliott Stones (22) 28:23	8 Marc Thorpe (24) 17:37	7 Jonathan Rowe (30) 30:40	8 Felix Rusby (32) 17:14
9 Finley Thompson (24) 29:53	10 Jose Ferreira (24) 18:05	9 Pete Grist (33) 30:23	10 Mike Glover (32) 18:54	11 Adam Baker (24) 30:33	12 Cameron Reed (25) 18:08	9 Christian Green (32) 30:53	12 Alistair Lindsay (34) 19:33
26 Hallamshire Harriers Sheffield		4:37:57		35 Southampton Athletic Club		4:44:23	
1 Tom Bains (25) 27:39	2 Nicholas Barber (31) 17:11	1 Matthew Bennett (20) 27:19	2 Abdi Mahamed (28) 17:00	3 Ben Beattie (35) 29:25	4 Michael Sprot (39) 18:12	3 Matthew Revier (27) 28:16	4 Christopher Hilton (30) 17:36
5 Andrew Challenger (31) 27:56	6 Connor Milnes (28) 15:47	5 Jamie Knapp (30) 28:51	6 Matt Coffey (29) 17:10	7 Robert Little (25) 27:50	8 Gareth Phoenix (27) 19:03	5 Peter Costley (37) 33:49	8 Robert Finch (39) 18:29
9 Matthew Hobbs (27) 29:22	10 Sam Peters (27) 18:18	7 Max Costley (37) 29:19	10 Ashley Forbes (38) 18:12	11 Zak Mellard (26) 29:35	12 Joshua Walton (26) 17:39	11 Graham Fisher (34) 29:15	12 Steven Underwood (35) 19:07
27 Cambridge & Coleridge AC 'A'		4:38:43		36 Birmingham Running A & T		4:44:45	
1 Escalantephillips (42) 28:47	2 Timothy Cobden (32) 16:21	1 Edward Banks (33) 28:19	2 Martin Matthews (39) 17:19	3 Alastair Hodges (38) 29:44	4 Jan Rus (34) 17:10	1 Daniel Robinson (34) 28:33	4 Jonathan Jennings (33) 17:39
5 Ross Tennant (39) 29:34	6 Nick Beer (33) 16:42	5 Karl Wellborn (36) 29:34	6 Mark Burnhope (38) 18:51	7 Oliver Park (32) 29:27	8 Tom Vickery (33) 17:32	7 Simon Lanckham (40) 30:42	8 Huw Jones (41) 18:35
9 Chris Darling (30) 28:47	10 Neil Baxter (29) 17:40	9 Tom Powell (40) 30:30	10 Mark Ince (41) 18:03	11 Patrick O'hare (27) 29:22	12 Richard Park (27) 17:37	9 C Ashford (39) 29:15	12 Nathan Warren (36) 17:25

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

<p>37 Bristol And West AC 'B' 4:44:49</p> <p>1 Jack Millar (39) 28:37 3 Maciej Bialogonski (44) 30:15 5 Andy Salmon (43) 31:13 7 Matthew Battensby (41) 29:27 9 Tom Dobra (41) 32:24 11 Philip Parry (40) 30:13</p>	<p>46 Kent AC 'B' 4:54:48</p> <p>1 Tim Lawrence (55) 29:41 3 Calum Fraser (53) 30:00 5 Ian Elwood (52) 31:55 7 David Longley (52) 30:27 9 Michael Longley (48) 30:56 11 Tim Alexander (46) 30:34</p>
<p>38 Oxford City AC 4:45:26</p> <p>1 Les Newell (51) 29:30 3 Aaron Burgess (45) 29:35 5 Simon Fisher (41) 29:33 7 Matthieu Marshall (39) 30:25 9 Tegid Jones (39) 29:58 11 Ewan Gault (38) 30:36</p>	<p>47 Leeds City Athletic Club 'B' 4:56:00</p> <p>1 Fergus Meade (44) 28:53 3 Leon Foster (54) 30:21 5 Timmy Davies (45) 29:23 7 Trevor Wilks (48) 33:44 9 Sean Flanagan (49) 31:08 11 Martin Farran (47) 33:50</p>
<p>39 Blackheath & Bromley Harriers 4:46:13</p> <p>1 A Brucellittlewood (17) 27:14 3 Alex Gibbins (20) 29:17 5 Fintan Parkinson (23) 29:26 7 Daniel Kennedy (26) 30:53 9 Andrew Rayner (28) 29:57 11 Christopher Tuck (37) 31:59</p>	<p>48 Halesowen Acc 4:57:06</p> <p>1 Richard White (38) 28:33 3 Joshua Timmins (46) 30:08 5 David Turvey (48) 31:07 7 Mark Hadley (47) 30:38 9 Adam Cross (50) 31:17 11 Roger Mallard (50) 31:29</p>
<p>40 Wolverhampton & Bilston 4:46:34</p> <p>1 Martin Williams (21) 27:20 3 Philip Nicholls (9) 26:44 5 Paul Hammond (21) 29:04 7 Gareth Briggs (28) 30:57 9 James Toddington (34) 32:50 11 Jack Parr (36) 32:13</p>	<p>49 Notts AC 'B' 4:58:20</p> <p>1 Sam Godwin (66) 32:32 3 John Muddeman (60) 30:09 5 Jamie Fletcher (53) 29:57 7 Jarratt Perkins (49) 29:58 9 Tom Crowley (47) 30:48 11 Gareth Little (48) 32:36</p>
<p>41 Sheffield RC 4:48:04</p> <p>1 Ashenafi Erkolo (48) 29:14 3 Stuart Little (47) 29:15 5 Joe Fowler (47) 30:21 7 Michael Tanner (46) 28:53 9 J Sweetnampowell (42) 30:10 11 Matthew Craig (44) 30:38</p>	<p>50 Hillingdon AC 4:58:51</p> <p>1 James Laing (35) 28:21 3 Ed Dyer (49) 29:36 5 Robert Thompson (46) 28:40 7 Martin Bateman (45) 29:48 9 Simon Connell (46) 31:25 11 Paul Leppard (49) 32:12</p>
<p>42 Tyne Bridge Harriers 4:48:40</p> <p>1 James Dunce (43) 28:49 3 Finn Brodie (41) 29:02 5 Tony Carter (42) 29:56 7 Alex Polding (42) 30:00 9 David Moir (43) 32:10 11 Douglas Tickner (43) 30:42</p>	<p>51 Morpeth Harriers & AC 'B' 4:59:49</p> <p>1 Jordan Scott (56) 29:54 3 Mark Snowball (50) 29:40 5 John Butters (49) 28:52 7 Mick Thomsen (53) 32:09 9 Robert Hancox (51) 32:15 11 Paul Waterston (51) 32:03</p>
<p>43 Newham & Essex Beagles Ac 4:49:01</p> <p>1 Olly Laws (45) 28:54 3 Jake Waldron (24) 28:07 5 Niall Sheehan (33) 28:43 7 Wayne Bell (34) 29:57 9 Davis Filippell (35) 31:35 11 David Kail (41) 35:11</p>	<p>52 Holmfirth Harriers AC 5:03:07</p> <p>1 Stuart Sharp (32) 28:14 3 Philip Hewitt (55) 31:47 5 Alex Robinson (50) 29:55 7 Kai Sunman (50) 31:31 9 Clark Hind (54) 34:06 11 Daniel Shaw (53) 33:05</p>
<p>44 Valley Striders AC 4:49:08</p> <p>1 John Hobbs (41) 28:43 3 Andrew May (43) 29:51 5 Rav Panesar (44) 30:43 7 Daryl Hibberd (44) 29:41 9 Simon Midwood (44) 31:02 11 Paul Fotherby (45) 31:16</p>	<p>53 Leamington Cycling & Athletic 5:03:18</p> <p>1 Callum Hanlon (50) 29:16 3 Jamie Langley (52) 30:32 5 Dave Potter (56) 35:04 7 Johnathon Brown (55) 33:06 9 Tom Foulerton (55) 30:04 11 Guy Allen (52) 30:34</p>
<p>45 Trafford Athletic Club 4:50:16</p> <p>1 Richard Powell (28) 28:04 3 Jeff Prest (33) 29:11 5 Clive Fitzpatrick (35) 30:19 7 Peter Bains (43) 30:53 9 Daniel Ansell (45) 29:52 11 Simon O'meara (42) 29:43</p>	<p>54 Cambridge & Coleridge AC 'B' 5:04:17</p> <p>1 Edd Moffett (59) 30:46 3 Andy Gardiner (58) 31:17 5 Andrew Shields (55) 31:58 7 Lee Pretlove (54) 31:28 9 Paul Aste (52) 31:11 11 David Barber (54) 32:49</p>
<p>2 Andrew Watt (40) 17:03 4 David Awde (38) 16:27 6 Will Davidson (43) 18:05 8 Mark Edwards (36) 16:42 10 Matthew Krelle (40) 17:26 12 Harry Lane (37) 16:57</p>	<p>2 Darryl Coulter (55) 18:15 4 Luke Armitage (51) 19:03 6 Richard Archer (52) 18:39 8 Richard Mathie (49) 18:15 10 Matthew Moroney (47) 18:08 12 Adam Garcia (46) 18:55</p>
<p>2 Julian Richardson (46) 16:51 4 William Gardner (42) 17:17 6 Nick Jones (39) 17:46 8 Ryan Meredith (40) 17:56 10 Mark Tyrrell (39) 17:52 12 Aaron Simpson (38) 18:07</p>	<p>2 Reece Isaac (52) 18:47 4 Abinizer Markos (48) 17:33 6 Robert Torch (45) 18:22 8 Jack Allison (48) 19:05 10 Michael Williams (46) 16:49 12 Elliot Parker (47) 18:05</p>
<p>2 Philip Sesemann (8) 15:22 4 William Fuller (12) 15:37 6 Richard Webb (20) 16:33 8 Luca Ercolani (28) 19:13 10 Nicolas Corry (35) 21:33 12 Thomas Desborough (39) 19:09</p>	<p>2 Daniel Cleary (44) 17:45 4 Peter Dear (45) 18:40 6 Nicolas Hazelwood (49) 19:41 8 Jonathan Lewis (50) 20:25 10 Bill Nock (50) 19:25 12 Marc Turner (48) 17:58</p>
<p>2 Harry Halford (19) 16:15 4 Richard Carpenter (13) 17:13 6 David Smith (23) 17:41 8 Ellis Garamslegi (26) 17:32 10 Tom Warrender (33) 18:25 12 Alex Herron (40) 20:20</p>	<p>2 Jonathan Hiorns (64) 19:06 4 Conall McNally (60) 17:58 6 Bill Speake (53) 18:02 8 Martin Whitehouse (47) 17:25 10 Philip Waring (48) 19:41 12 Ben Abbott (49) 20:08</p>
<p>2 Benjamin Mahoney (53) 18:27 4 Jason Chow (46) 18:27 6 Adam Follett (47) 18:45 8 John Doherty (44) 17:29 10 Andy Buddery (44) 18:39 12 Alex Collings (41) 17:46</p>	<p>2 Joel Pope (50) 19:07 4 Philip Warburton (50) 19:21 6 Andy Moore (46) 18:23 8 Jeremy Collis (46) 21:00 10 Steve Hiron (49) 20:34 12 David Smith (50) 20:24</p>
<p>2 Jon Moss (48) 17:54 4 Tom Charlton (44) 17:38 6 Paul Turnbull (42) 18:05 8 Alasdair Blain (42) 18:09 10 Alex Black (43) 17:48 12 John Hurse (42) 18:27</p>	<p>2 Elliot Kelly (51) 17:40 4 Jim Alder (55) 21:00 6 Steve Haswell (51) 20:04 8 David Swinburne (51) 17:45 10 Chris Waugh (51) 20:02 12 Mark Brown (51) 18:25</p>
<p>2 Frank Baddick (24) 15:20 4 Andrew Barber (36) 19:48 6 Eliot Buckner (34) 17:27 8 John Beattie (30) 15:51 10 George Bettsworth (34) 18:36 12 George Choat (43) 19:32</p>	<p>2 Lavell Pierre (45) 18:06 4 R Hinchliffesmith (54) 19:30 6 Julian Rose (50) 18:43 8 Logan Anderson (52) 20:12 10 Steve Green (52) 18:18 12 Jonathon Sykes (52) 19:40</p>
<p>2 Matthew Hallam (43) 17:15 4 Jon Pownall (43) 17:27 6 Gwilym Thomas (44) 18:37 8 Ross Bibby (43) 18:28 10 Jonathan Smyth (42) 17:43 12 David Penman (44) 18:22</p>	<p>2 Garrath Schule (49) 18:04 4 Eoin O'flynn (49) 18:27 6 Jack Savage (54) 18:00 8 Craig Bower (55) 20:48 10 John Knibb (53) 18:22 12 C Hitchman (53) 21:01</p>
<p>2 Nathan Townsend (30) 16:45 4 Matthew Sutton (32) 16:57 6 Gareth Woodcock (41) 19:39 8 Graham Holbrook (45) 20:32 10 Richard Clancy (45) 18:06 12 Craig Wheeler (45) 20:15</p>	<p>2 Ben Jones (58) 18:28 4 John Ferguson (57) 18:48 6 John Uff (55) 18:08 8 Steven Green (54) 18:33 10 Harry Topham (55) 22:48 12 Michael Moore (54) 18:03</p>

ERRA English National Road Relays at Sutton Park, Birmingham on Saturday 16th April 2016

55 Massey Ferguson RC 1 Dean Clarke (62) 31:22 3 Rossthorpe Cooper (62) 31:28 5 Mick O'shea (63) 34:02 7 Simon Neale (63) 32:45 9 Matt Amos (56) 28:34 11 David Clarke (56) 33:03	5:08:53 2 Jason Nicholson (63) 19:13 4 Simon Brown (62) 19:46 6 Flanagan Grahame (63) 19:52 8 John Clarke (62) 19:25 10 Jeremyshaun Trill (56) 19:34 12 Gary Lawson (55) 19:49	62 Royal Sutton Coldfield AC 1 Thomas Chew (53) 29:38 3 Oliver Harradence (56) 30:41 5 Russell Simpson (59) 35:27 7 Dean England (58) 33:42 9 Edward Mcgrath (60) 33:23 11 Jon Higgins (61) 34:24
56 Heanor Running Club 1 Stuart King (29) 28:09 3 Shane Rice (39) 29:30 5 Ashley Deeming (51) 32:35 7 Tony Weatherston (51) 32:38 9 Ian Duffin (53) 32:10 11 Paul Winfield (55) 34:32	5:09:08 2 Gordon Smith (42) 17:43 4 Gareth Cantrill (47) 20:10 6 Joe Rainsford (48) 17:06 8 R Charlesworth (53) 21:31 10 Michael Clark (54) 20:55 12 Ian Salt (56) 22:09	63 Salford Harriers & AC 1 Paul Stephens (58) 30:22 3 John Lloyd (66) 34:45 5 Philip Leybourne (65) 31:17 7 Adam Slodowicz (64) 29:46 9 Gary Fielding (66) 34:12 11 Paul Birkett (65) 33:33
57 Worcester AC 1 Daniel Geisler (61) 31:09 3 David Price (63) 32:18 5 Matt Fairlamb (62) 33:16 7 David Hall (60) 31:33 9 Richard Smith (57) 30:56 11 Adam Pollock (57) 33:51	5:10:20 2 Michael Jeavons (62) 18:53 4 Bradley Abbott (61) 19:05 6 Nick Hitchings (62) 20:14 8 David O'brien (59) 19:15 10 Luke Sheppard (57) 19:59 12 Stefan Sternkopf (57) 19:51	64 Blackhill Bounders 1 Jordan Bell (30) 28:11 3 Gary Wallace (48) 29:16 5 Michael McDonald (60) 34:04 7 Ian Middlemas (62) 35:21 9 Colin Hodgson (65) 34:29 11 Stewy Bell (64) 35:16
58 Barnet & District AC 1 Oliver Formby (67) 33:44 3 Andrew Kelleher (65) 33:45 5 Andy Neatham (66) 32:27 7 Adrian Mason (66) 31:04 9 Alexander Lepretre (63) 29:38 11 Edward Price (58) 30:30	5:10:29 2 Danny Digweed (66) 19:55 4 David Wilcock (65) 20:13 6 Peter Ellis (66) 20:58 8 Costa Michael (66) 19:52 10 Darren White (60) 18:40 12 Ben Larcombe (58) 19:43	Incomplete Teams: Gloucester AC 1 Russell Langley (63) 31:27 3 Jeremy Mower (61) 31:51 5 Jack Evans (61) 30:38 7 Luke Herbert (59) 31:57 9 Steven Haines (58) 33:21 11 James Walters (59) 32:36
59 Saltaire Striders 1 Graham Corbett (65) 32:12 3 Alistair Nash (64) 34:49 5 Stuart Dunbar (64) 33:58 7 Will Kerr (65) 30:54 9 Frank Beecroft (64) 32:17 11 Martin Fillingham (62) 32:24	5:13:39 2 Peter Hopson (59) 17:11 4 Simon Frazer (64) 20:05 6 Chris Jones (64) 20:18 8 Stewart Spink (64) 21:20 10 Matthew Richardson (62) 19:08 12 Joe Graham (59) 19:03	Keighley & Craven AC 1 Craig Shearer (47) 28:57 3 Adrian Thomas (51) 30:56 5 John Conroy (58) 34:53 7 Pete Lloyd (57) 33:53 9 Mark Knowles (59) 33:39
60 Bromsgrove And Redditch 1 Kevin Fisher (64) 31:48 3 Sean Bowden (59) 31:17 5 Calvin Scoltock (57) 32:03 7 Anthony Warner (61) 35:14 9 Ian Keyte (61) 33:02 11 Malcolm Duff (60) 32:01	5:14:54 2 Mark Appleton (60) 17:51 4 Mike Hanson (59) 18:34 6 Paul Atkins (59) 20:03 8 Paul Collins (61) 20:25 10 Stephen Brooks (61) 20:21 12 David Snape (60) 22:15	Telford AC 1 Duncan Birtwhistle (60) 30:52
61 Shrewsbury AC 1 James Hickenbottom (57) 30:05 3 Adam Roberts (57) 30:34 5 Simon Adney (54) 31:12 7 Richard Jones (56) 33:13 9 Haydn Jones (62) 34:33 11 Kevin Francis (63) 33:08	5:15:37 2 Grant Lloyd (57) 18:32 4 Alan Dean (56) 19:29 6 Peter Savill (56) 20:01 8 Patrick McBride (60) 23:48 10 Duncan Rose (63) 22:27 12 Matt Hall (61) 18:35	

ERRA English National Road Relays

at Sutton Park, Birmingham on Saturday 16th April 2016

Fastest of all long legs

1	Dewi Griffiths	SwanseaHar	25:28	65	Joe Wade	Aldershot	27:31
2	Graham Rush	Cheltenham	26:08	66	James Connor	KentAc	A 27:32
3	Andy Maud	HighgateHa	26:12	67	Ben Hukins	RonHillCam	27:33
4	Jack Goodwin	Bedford	26:16	68	Ben Russell	LiverpoolH	27:34
5	Henry Pearce	TonbridgeA	26:18	=	Jamil Parapia	LeedsCityA	A 27:34
6	Alastair Watson	NottsAc	A 26:19	70	Jonathan Poole	Serpentine	27:35
=	William Christofi	Bristol&W	A 26:19	71	Ben Harding	KentAc	A 27:36
8	William Richardson	Birchfield	26:20	72	Tom Cornthwaite	SalfordHar	A 27:37
=	Gus Cockle	Aldershot	26:20	73	Gary Priestley	SalfordHar	A 27:38
10	Carl Hardman	SalfordHar	A 26:26	=	Robert Wilson	HighgateHa	27:38
=	Owen Hind	KentAc	A 26:26	75	Tom Bains	Hallamshir	27:39
12	Peter Newton	MorpethHar	A 26:27	76	Marc Hobbs	SwanseaHar	27:41
13	Joshua Grace	Aldershot	26:28	=	Dave Morgan	Serpentine	27:41
14	Kevin Seaward	Cardiff	26:30	78	Sean Byrne	TiptonHarr	27:42
15	Peter Chambers	HighgateHa	26:31	79	Danny Mooney	LiverpoolH	27:43
16	Ben Cole	TonbridgeA	26:33	=	Conan Mccaughey	CentralAc	27:43
17	Nicholas Torry	Serpentine	26:34	81	Tim Hartley	NottsAc	A 27:44
18	John Ashcroft	LiverpoolH	26:35	=	Ross Houston	CentralAc	27:44
19	Danny Russell	HighgateHa	26:36	=	Alistair Smith	Coventry	27:44
20	Christopher Olley	TonbridgeA	26:40	84	Alex Howard	TonbridgeA	27:45
21	Tom Phillips	WoodfordGr	26:41	85	Richard Williams	Shaftesbur	27:48
=	Jack Rowe	Aldershot	26:41	=	Jack Bancroft	WellsCityH	27:48
23	Shaun Dixon	HighgateHa	26:42	87	Michael Kallenberg	Cardiff	27:49
=	Stephen Mitchell	Bristol&W	A 26:42	88	Robert Little	Hallamshir	27:50
25	Ellis Cross	Aldershot	26:43	=	M Nicholls	TonbridgeA	27:50
=	Dejene Gezimu	LiverpoolH	26:43	90	Stephan Wenk	WoodfordGr	27:52
27	Philip Nicholls	Wolverhamp	26:44	91	J Woodcockshaw	LeedsCityA	A 27:53
28	Ian Hudspith	MorpethHar	A 26:46	=	David Mulvee	HerneHillH	27:53
29	Toby Spencer	Coventry	26:49	93	Ciaran Lewis	Cardiff	27:54
30	Daniel Cliffe	LiverpoolH	26:52	=	Yousf Allathaa	Birchfield	27:54
31	Danal Desta	SwanseaHar	26:53	95	Andrew Challenger	Hallamshir	27:56
32	Peter Legrice	Bristol&W	A 26:55	96	Ross Floyd	MorpethHar	A 27:58
=	C Rainsford	HighgateHa	26:55	=	Elliot Robinson	Aldershot	27:58
34	Ben Stevenson	LiverpoolH	26:56	=	Ian Mitchell	TiptonHarr	27:58
35	Luuk Metselaar	Shaftesbur	26:57	=	Oliver Mott	Cheltenham	27:58
=	Jarlath Mckenna	Bristol&W	A 26:57	100	Harry Bishop	Cheltenham	28:00
37	Jonathan Thewlis	NottsAc	A 26:58	101	William Rylehodes	Shaftesbur	28:01
38	Shane Robinson	LincolnWel	27:03	=	Richard Brown	LincolnWel	28:01
39	Mike Aspinall	TiptonHarr	27:05	103	Kevin Farrow	NottsAc	A 28:03
40	Michael Salter	LeedsCityA	A 27:07	=	Donald Macaulay	Corstorphi	28:03
41	Andrew Wiles	MorpethHar	A 27:08	105	Richard Powell	TraffordAt	28:04
42	Glen Watts	Shaftesbur	27:10	=	Kyle Mclellan	RonHillCam	28:04
43	Steven Naylor	Bedford	27:11	=	Anthony Johnson	KentAc	A 28:04
=	Christian Lovatt	SwanseaHar	27:11	108	Hugh Torry	Serpentine	28:06
45	Guy Smith	SwanseaHar	27:14	=	Tom Beedell	WoodfordGr	28:06
=	John Eves	Bedford	27:14	=	Michael Wright	CentralAc	28:06
=	A Brucelittlewood	Blackheath	27:14	=	Josh Lunn	Bedford	28:06
48	John Cove	Cardiff	27:15	112	Jake Waldron	Newham&Ess	28:07
49	Dermot Cummins	Corstorphi	27:16	113	Stuart King	HeanorRunn	28:09
50	Sam Hancox	MorpethHar	A 27:17	114	Neil Phillips	KentAc	A 28:11
51	Stuart Gibson	RonHillCam	27:18	=	Matthew Janes	Bedford	28:11
52	Matthew Bennett	Southampto	27:19	=	Jordan Bell	Blackhill	28:11
=	Rory Grant	Birchfield	27:19	117	Daniel Johnson	Gateshead	28:12
=	Alan Buckley	LeedsCityA	A 27:19	118	Daniel Bruynooghe	WoodfordGr	28:13
55	Martin Williams	Wolverhamp	27:20	119	Kyle Craib	RotherhamH	28:14
=	Calum Mckenzie	Corstorphi	27:20	=	D Steel	WoodfordGr	28:14
57	Tom Merson	Bristol&W	A 27:22	=	Stuart Sharp	HolmfirthH	28:14
58	Ryan Thomson	RonHillCam	27:23	122	Ian Williams	TiptonHarr	28:15
=	Andrew Greenleaf	Serpentine	27:23	=	Scott Green	CentralAc	28:15
60	Cameron Milne	CentralAc	27:25	124	Jonathan Cornish	HerculesWi	28:16
61	Owain Jones	Bristol&W	A 27:26	=	Matthew Revier	Southampto	28:16
=	Rob Keal	NottsAc	A 27:26	126	Bruno Lima	SalfordHar	A 28:17
63	Stuart Spencer	NottsAc	A 27:27	127	Edward Banks	BRAT	28:19
64	James Hoad	Bedford	27:30	128	Frederick Slemeck	HerculesWi	28:20
				=	Adrian Whitwam	MorpethHar	A 28:20

ERRA English National Road Relays

at Sutton Park, Birmingham on Saturday 16th April 2016

130	James Laing	Hillingdon	28:21	196	Gary Wallace	Blackhill	29:16
131	Jonathan Goringe	Birchfield	28:22	=	Callum Hanlon	Leamington	29:16
132	Elliott Stones	LincolnWel	28:23	198	Alex Gibbins	Blackheath	29:17
133	Michael Kershaw	Cardiff	28:24	199	Max Costley	Southampto	29:19
134	Andrew Powell	Sunderland	28:25	200	Alasdair Campbell	RonHillCam	29:20
135	Karl Darcy	BoltonUnit	28:26	201	Patrick O'hare	Cambridge	A 29:22
=	Alex Lee	Cheltenham	28:26	=	Matthew Hobbs	Hallamshir	29:22
=	Scott Hazell	Coventry	28:26	203	Simon Beedell	WoodfordGr	29:23
138	Nathan Marsh	TonbridgeA	28:27	=	Timmy Davies	LeedsCityA	B 29:23
139	Nathan Reed	Sunderland	28:29	205	Ben Beattie	Hallamshir	29:25
140	Alexander Hendry	CentralAc	28:31	206	Fintan Parkinson	Blackheath	29:26
141	Iain Reid	RonHillCam	28:32	207	Matthew Battensby	Bristol&W	B 29:27
142	Daniel Robinson	BRAT	28:33	=	Oliver Park	Cambridge	A 29:27
=	Richard White	Halesowen	28:33	209	Kieran Young	WellsCityH	29:29
144	Matt Amos	MasseyFerg	28:34	210	Shane Rice	HeanorRunn	29:30
145	Will Beauchamp	SalfordHar	A 28:36	=	Les Newell	OxfordCity	29:30
146	Jack Millar	Bristol&W	B 28:37	212	Matthew Lalor	Barlick	29:31
147	Mickey Breen	Corstorphi	28:38	213	Simon Fisher	OxfordCity	29:33
148	Thomas Corrigan	Barlick	28:39	214	Ross Tennant	Cambridge	A 29:34
=	Michael Burrett	LeedsCityA	A 28:39	=	Karl Welborn	BRAT	29:34
150	Lewis Jagger	LincolnWel	28:40	=	Elliott Smales	RotherhamH	29:34
=	Jason Cherriman	LeedsCityA	A 28:40	217	Zak Mellard	Hallamshir	29:35
=	Robert Thompson	Hillingdon	28:40	=	Aaron Burgess	OxfordCity	29:35
153	John Hobbs	ValleyStri	28:43	219	Jackson Creegan	Gateshead	29:36
=	Niall Sheehan	Newham&Ess	28:43	=	Matthew Devlin	Sunderland	29:36
155	Matthew Rees	SwanseaHar	28:44	=	Ed Dyer	Hillingdon	29:36
156	Luke Prior	WellsCityH	28:45	222	Thomas Chew	RoyalSutto	29:38
157	Gareth Sampson	RotherhamH	28:46	=	Alexander Lepretre	Barnet	29:38
=	Alex Robinson	HerculesWi	28:46	224	Alistair Brockie	Corstorphi	29:39
159	Chris Darling	Cambridge	A 28:47	225	Russell Bentley	KentAc	A 29:40
=	Escalantephillips	Cambridge	A 28:47	=	Mark Snowball	MorpethHar	B 29:40
=	Richard Phillips	Serpentine	28:47	227	Tim Lawrence	KentAc	B 29:41
162	Matthew Shaw	SalfordHar	A 28:48	=	William New	Cheltenham	29:41
=	Mark Pearce	Shaftesbur	28:48	=	Daryl Hibberd	ValleyStri	29:41
164	James Dunce	TyneBridge	28:49	230	Simon O'meara	TraffordAt	29:43
165	James Hunt	Cardiff	28:50	231	Alastair Hodges	Cambridge	A 29:44
=	Sam Clegg	RotherhamH	28:50	=	Jeff Cunningham	HerneHillH	29:44
167	Jamie Knapp	Southampto	28:51	233	Adam Slodowicz	SalfordHar	B 29:46
=	Belal Ahmed	HerculesWi	28:51	234	Martin Bateman	Hillingdon	29:48
169	Andrew Peat	Birchfield	28:52	235	John Knowles	BoltonUnit	29:49
=	John Butters	MorpethHar	B 28:52	=	Anthony Valentine	BoltonUnit	29:49
171	Michael Tanner	SheffieldR	28:53	237	Gary Shaw	Barlick	29:50
=	Fergus Meade	LeedsCityA	B 28:53	238	Andrew May	ValleyStri	29:51
173	Olly Laws	Newham&Ess	28:54	=	Harvey Speed	Coventry	29:51
174	Craig Shearer	Keighley&C	28:57	240	Philip Hoole	RotherhamH	29:52
=	Simon Coombes	HerneHillH	28:57	=	Adam Simms	Gateshead	29:52
=	Joe Smith	TiptonHarr	28:57	=	Daniel Ansell	TraffordAt	29:52
177	Stuart Hawkes	TiptonHarr	29:01	243	Finley Thompson	LincolnWel	29:53
178	Finn Brodie	TyneBridge	29:02	244	Jordan Scott	MorpethHar	B 29:54
179	Dave Roper	Cheltenham	29:03	245	Alex Robinson	HolmfirthH	29:55
180	Steven McMahon	Sunderland	29:04	246	Tony Carter	TyneBridge	29:56
=	Paul Hammond	Wolverhamp	29:04	247	Wayne Bell	Newham&Ess	29:57
182	John Kettle	HerneHillH	29:06	=	Andrew Rayner	Blackheath	29:57
183	Alan Barnes	HerneHillH	29:08	=	Jamie Fletcher	NottsAc	B 29:57
=	Bryan Clark	Corstorphi	29:08	250	Tegid Jones	OxfordCity	29:58
185	Simeon Greenwood	Gateshead	29:10	=	Jarratt Perkins	NottsAc	B 29:58
186	Jeff Prest	TraffordAt	29:11	252	Luke Maude	Barlick	29:59
=	Arron Larkin	RotherhamH	29:11	253	Calum Fraser	KentAc	B 30:00
188	Tommy Harrison	BoltonUnit	29:12	=	Robert Tuer	HerculesWi	30:00
189	Steven Rankin	Sunderland	29:13	=	Alex Polding	TyneBridge	30:00
=	Richard Mcdowell	HerculesWi	29:13	256	Ian Dixon	Sunderland	30:01
191	Ashenafi Erkolo	SheffieldR	29:14	257	Namir Batavia	Coventry	30:02
192	Graham Fisher	Southampto	29:15	258	Ian Dempsey	Birchfield	30:03
=	Stuart Little	SheffieldR	29:15	259	Tom Foulerton	Leamington	30:04
=	C Ashford	BRAT	29:15	260	James Hickinbottom	Shrewsbury	30:05
=	Jonothan Kay	BoltonUnit	29:15	261	Joshua Timmins	Halesowen	30:08

ERRA English National Road Relays

at Sutton Park, Birmingham on Saturday 16th April 2016

262	John Muddeman	NottsAc	B	30:09	328	David Hall	WorcesterA	31:33
=	Julian Hood	Barlick		30:09	329	Davis Filippell	Newham&Ess	31:35
264	J Sweetnampowell	SheffieldR		30:10	330	Philip Hewitt	HolmfirthH	31:47
265	Mohamed Mohamed	Shaftesbur		30:12	331	Kevin Fisher	Bromsgrove	31:48
266	Philip Parry	Bristol&W	B	30:13	332	Jeremy Mower	Gloucester	31:51
267	Maciej Bialogonski	Bristol&W	B	30:15	333	Ian Elwood	KentAc	B 31:55
268	Clive Fitzpatrick	TraffordAt		30:19	334	Luke Herbert	Gloucester	31:57
269	Leon Foster	LeedsCityA	B	30:21	335	Andrew Shields	Cambridge	B 31:58
=	Joe Fowler	SheffieldR		30:21	336	Christopher Tuck	Blackheath	31:59
271	Paul Stephens	SalfordHar	B	30:22	337	Malcolm Duff	Bromsgrove	32:01
272	Pete Grist	WellsCityH		30:23	338	Calvin Scoltock	Bromsgrove	32:03
273	Matthieu Marshall	OxfordCity		30:25	=	Paul Waterston	MorpethHar	B 32:03
274	David Longley	KentAc	B	30:27	340	Mick Thomsen	MorpethHar	B 32:09
275	Marc Hartley	Barlick		30:29	341	Ian Duffin	HeanorRunn	32:10
276	Edward Price	Barnet		30:30	=	David Moir	TyneBridge	32:10
=	Tom Powell	BRAT		30:30	343	Graham Corbett	SaltaireSt	32:12
278	Jamie Langley	Leamington		30:32	=	Paul Leppard	Hillingdon	32:12
279	Adam Baker	LincolnWel		30:33	345	Jack Parr	Wolverhamp	32:13
280	Guy Allen	Leamington		30:34	346	Robert Hancox	MorpethHar	B 32:15
=	Adam Roberts	Shrewsbury		30:34	347	Frank Beecroft	SaltaireSt	32:17
=	Tim Alexander	KentAc	B	30:34	348	David Price	WorcesterA	32:18
283	Ewan Gault	OxfordCity		30:36	349	Martin Fillingham	SaltaireSt	32:24
284	Jack Evans	Gloucester		30:38	=	Tom Dobra	Bristol&W	B 32:24
=	Mark Hadley	Halesowen		30:38	351	Andy Neatham	Barnet	32:27
=	Matthew Craig	SheffieldR		30:38	352	Sam Godwin	NottsAc	B 32:32
287	Jonathan Rowe	WellsCityH		30:40	353	Ashley Deeming	HeanorRunn	32:35
288	Oliver Harradence	RoyalSutto		30:41	354	James Walters	Gloucester	32:36
289	Simon Lanckham	BRAT		30:42	=	Gareth Little	NottsAc	B 32:36
=	Douglas Tickner	TyneBridge		30:42	356	Tony Weathersson	HeanorRunn	32:38
291	Rav Panesar	ValleyStri		30:43	357	Simon Neale	MasseyFerg	32:45
292	Edd Moffett	Cambridge	B	30:46	358	David Barber	Cambridge	B 32:49
293	Tom Crowley	NottsAc	B	30:48	359	James Toddington	Wolverhamp	32:50
294	Duncan Birtwhistle	TelfordAc		30:52	360	Ian Keyte	Bromsgrove	33:02
=	Iwan Jones	Coventry		30:52	361	David Clarke	MasseyFerg	33:03
=	Kevin Connolly	Gateshead		30:52	362	Daniel Shaw	HolmfirthH	33:05
297	Christian Green	WellsCityH		30:53	363	Johnathon Brown	Leamington	33:06
=	Peter Bains	TraffordAt		30:53	364	Kevin Francis	Shrewsbury	33:08
=	Daniel Kennedy	Blackheath		30:53	365	Richard Jones	Shrewsbury	33:13
300	Will Kerr	SaltaireSt		30:54	366	Matt Fairlamb	WorcesterA	33:16
301	Adrian Thomas	Keighley&C		30:56	367	Steven Haines	Gloucester	33:21
=	Michael Longley	KentAc	B	30:56	368	Edward Mcgrath	RoyalSutto	33:23
=	Richard Smith	WorcesterA		30:56	369	Paul Birkett	SalfordHar	B 33:33
304	Gareth Briggs	Wolverhamp		30:57	370	Mark Knowles	Keighley&C	33:39
305	Simon Midwood	ValleyStri		31:02	371	Dean England	RoyalSutto	33:42
306	Adrian Mason	Barnet		31:04	372	Oliver Formby	Barnet	33:44
307	David Turvey	Halesowen		31:07	=	Trevor Wilks	LeedsCityA	B 33:44
308	Sean Flanagan	LeedsCityA	B	31:08	374	Andrew Kelleher	Barnet	33:45
309	Daniel Geisler	WorcesterA		31:09	375	Peter Costley	Southampto	33:49
310	Paul Aste	Cambridge	B	31:11	376	Martin Farran	LeedsCityA	B 33:50
311	Simon Adney	Shrewsbury		31:12	377	Adam Pollock	WorcesterA	33:51
312	Andy Salmon	Bristol&W	B	31:13	378	Pete Lloyd	Keighley&C	33:53
313	Matthew Munro	HerneHillH		31:15	379	Stuart Dunbar	SaltaireSt	33:58
314	Paul Fotherby	ValleyStri		31:16	380	Mick O'shea	MasseyFerg	34:02
315	Philip Leybourne	SalfordHar	B	31:17	381	Michael Mcdonald	Blackhill	34:04
=	Andy Gardiner	Cambridge	B	31:17	382	Clark Hind	HolmfirthH	34:06
=	Sean Bowden	Bromsgrove		31:17	383	Gary Fielding	SalfordHar	B 34:12
=	Adam Cross	Halesowen		31:17	384	Jon Higgins	RoyalSutto	34:24
319	Marc Tillotson	BoltonUnit		31:18	385	Colin Hodgson	Blackhill	34:29
320	Steven Medd	Gateshead		31:19	386	Paul Winfield	HeanorRunn	34:32
321	Dean Clarke	MasseyFerg		31:22	387	Haydn Jones	Shrewsbury	34:33
322	Simon Connell	Hillingdon		31:25	388	John Lloyd	SalfordHar	B 34:45
323	Russell Langley	Gloucester		31:27	389	Alistair Nash	SaltaireSt	34:49
324	Rossthomas Cooper	MasseyFerg		31:28	390	John Conroy	Keighley&C	34:53
=	Lee Pretlove	Cambridge	B	31:28	391	Dave Potter	Leamington	35:04
326	Roger Mallard	Halesowen		31:29	392	David Kail	Newham&Ess	35:11
327	Kai Sunman	HolmfirthH		31:31	393	Anthony Warner	Bromsgrove	35:14

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394	Stewy Bell	Blackhill	35:16	62	Brahma Pochee	HighgateHa	16:19
395	Ian Middlemas	Blackhill	35:21	63	Iain Davies	CentralAc	16:20
396	Russell Simpson	RoyalSutto	35:27	64	Aidan Thompson	CentralAc	16:21
Fastest of all short legs					= James Griggs	Coventry	16:21
1	Ross Murray	Gateshead	15:14		= Timothy Cobden	Cambridge	A 16:21
=	Matthew Jackson	LiverpoolH	15:14	67	Sam Somerville	WellsCityH	16:22
3	Lewis Lloyd	HerneHillH	15:18	=	Gareth Griffiths	TiptonHarr	16:22
4	Frank Baddick	Newham&Ess	15:20	=	Miles Chandler	Bristol&W	A 16:22
5	Philip Sesemann	Blackheath	15:22	70	Marc Elliott	Gateshead	16:23
6	Alex Coomber	Cardiff	15:26	=	Robert Smith	NottsAc	A 16:23
7	Emile Cairress	LeedsCityA	A 15:31	72	Timothy Corby	TonbridgeA	16:24
=	Donald Carter	TonbridgeA	15:31	=	Kevin Calvert	MorpethHar	A 16:24
9	Ieuan Thomas	Cardiff	15:36	74	Simon Bruton	SalfordHar	A 16:25
10	Adam Clarke	Aldershot	15:37	75	C Busaileh	HerneHillH	16:26
=	William Fuller	Blackheath	15:37	=	Aaron Brown	TiptonHarr	16:26
=	Aaron Scott	NottsAc	A 15:37	77	David Awde	Bristol&W	B 16:27
13	Victor Mound	HighgateHa	15:40	=	James Stockings	WoodfordGr	16:27
14	Dominic Brown	TonbridgeA	15:44	=	Josh Tighe	SalfordHar	A 16:27
=	Michael Harrison	Bedford	15:44	80	Daniel Clarke	Coventry	16:28
16	Connor Bradley	LiverpoolH	15:45	81	Mathew Missen	Birchfield	16:29
17	Craig Jardine	RonHillCam	15:46	=	Steve Long	NottsAc	A 16:29
=	Dale Colley	CentralAc	15:46	83	James Craig	Narlick	16:30
19	Matthew Arnold	Aldershot	15:47	84	Tom Holden	TiptonHarr	16:32
=	Connor Milnes	Hallamshir	15:47	85	Richard Webb	Blackheath	16:33
=	Liam Lloyd	SwanseaHar	15:47	=	Matthew Bray	Bedford	16:33
22	Luke Vine	TiptonHarr	15:48	=	Daniel Bradley	TonbridgeA	16:33
23	Jack Gooch	SwanseaHar	15:49	88	Orlando Corea	Birchfield	16:34
=	Tom Straw	LincolnWel	15:49	=	James Savage	KentAc	A 16:34
25	Murray Strain	HighgateHa	15:51	=	Thomas Straughan	MorpethHar	A 16:34
=	Joe Morwood	Aldershot	15:51	91	James McNally	LiverpoolH	16:35
=	John Beattie	Newham&Ess	15:51	=	Adam Osborne	LeedsCityA	A 16:35
28	C Greenwood	KentAc	A 15:52	=	Jonathon Carter	TiptonHarr	16:35
=	James Bowler	KentAc	A 15:52	94	Ricky Challinor	LiverpoolH	16:36
=	Michael Wilsmore	Bristol&W	A 15:52	95	Richard Decamps	Cheltenham	16:38
31	Jamie Crowe	CentralAc	15:55	=	Rick Weston	Serpentine	16:38
=	Lewis Timmins	MorpethHar	A 15:55	=	Miles Weatherseed	TonbridgeA	16:38
33	Benedict Westhenry	Bristol&W	A 15:56	=	Eric Adams	MorpethHar	A 16:38
34	Thomas Cox	TonbridgeA	15:58	=	Jeremy Barnes	Coventry	16:38
35	Robel Bahelbi	HighgateHa	15:59	100	Xavier Guot	Serpentine	16:39
36	Adam Speake	Bristol&W	A 16:01	101	C Gillespie	TiptonHarr	16:40
37	Benjamin Noad	HighgateHa	16:02	=	Alex Benfield	NottsAc	A 16:40
=	Thomas Beasley	Birchfield	16:02	=	Joshua Stone	LincolnWel	16:40
=	Jonathan Tobin	SwanseaHar	16:02	=	Angus Holford	WoodfordGr	16:40
=	Luke Cotter	RotherhamH	16:02	105	Nick Beer	Cambridge	A 16:42
41	Anthony Whiteman	Shaftesbur	16:03	=	Mark Edwards	Bristol&W	B 16:42
42	Oliver Fox	WellsCityH	16:04	=	Matthew Harvey	SwanseaHar	16:42
43	Jamie Ashton	Aldershot	16:05	108	Ben Wolfarth	SalfordHar	A 16:43
=	Peter Hawkings	HighgateHa	16:05	109	Nathan Townsend	TraffordAt	16:45
45	George Gathercole	Aldershot	16:06	=	Scott Pilkington	Corstorphi	16:45
=	Ben Robinson	Bristol&W	A 16:06	111	Frazer Jardine	BoltonUnit	16:46
=	Jack Douglas	Bedford	16:06	112	Steve Simms	RotherhamH	16:47
48	Ossama Meslek	LeedsCityA	A 16:07	113	Paul Tobin	SwanseaHar	16:48
=	Matthew Edwards	Cardiff	16:07	114	Michael Williams	LeedsCityA	B 16:49
=	Matthew Williams	NottsAc	A 16:07	115	Andrew Vankints	Cheltenham	16:50
51	Ian Bailey	Aldershot	16:08	116	Julian Richardson	OxfordCity	16:51
=	Joseph Bailey	SalfordHar	A 16:08	=	Adam Gibbs	MorpethHar	A 16:51
53	Tom Bailey	NottsAc	A 16:09	118	Aidan Johnson	RotherhamH	16:52
54	Ian Harding	MorpethHar	A 16:10	=	Simon Barrett	Serpentine	16:52
=	Luke Evans	Bristol&W	A 16:10	120	Sullivan Smith	SwanseaHar	16:54
56	Martin Reid	BoltonUnit	16:12	121	Andrew Penney	HerculesWi	16:55
57	Alistair Campbell	RonHillCam	16:13	=	Stephen Morris	Cardiff	16:55
58	Harry Halford	Wolverhamp	16:15	123	Andrea Fraquelli	Serpentine	16:56
59	James Cripwell	Gateshead	16:17	124	Peter Lighting	KentAc	A 16:57
60	Luke Humphreys	Bedford	16:18	=	Matthew Sutton	TraffordAt	16:57
=	Harry Harper	LiverpoolH	16:18	=	Harry Lane	Bristol&W	B 16:57
				127	Laurie Luscombe	LiverpoolH	16:59

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128	Donatas Tumaitis	WoodfordGr		17:00	=	Joshua Walton	Hallamshir		17:39
=	Abdi Mahamed	Southampto		17:00	195	Elliot Kelly	MorpethHar	B	17:40
=	Mark Hood	Sunderland		17:00	=	Neil Baxter	Cambridge	A	17:40
=	Ben Griffiths	Birchfield		17:00	=	Eric Sapac	HerneHillH		17:40
132	Julian Barrable	Corstorphi		17:03	198	David Smith	Wolverhamp		17:41
=	Euan Mackenzie	Shaftesbur		17:03	199	Anthony Jackson	Shaftesbur		17:42
=	Andrew Watt	Bristol&W	B	17:03	=	Finn Johnson	HerculesWi		17:42
135	Ian Grime	SalfordHar	A	17:04	=	Andrew Crickmore	BoltonUnit		17:42
136	Stephen Lisgo	LeedsCityA	A	17:05	202	Gordon Smith	HeanorRunn		17:43
137	Simon Craddock	Serpentine		17:06	=	Jonathan Smyth	ValleyStri		17:43
=	Thomas Muddiman	KentAc	A	17:06	204	Jack Eggington	Cardiff		17:44
=	Joe Rainsford	HeanorRunn		17:06	205	Jonathan Carpenter	Corstorphi		17:45
140	Jake Jansen	Sunderland		17:07	=	Daniel Cleary	Halesowen		17:45
141	Moray Anderson	Corstorphi		17:09	=	Nick Treittl	Barlick		17:45
142	Jan Rus	Cambridge	A	17:10	=	David Swinburne	MorpethHar	B	17:45
=	Matt Coffey	Southampto		17:10	209	C Wallace	Serpentine		17:46
144	Oliver Paulin	Coventry		17:11	=	Alex Collings	SheffieldR		17:46
=	Peter Hopson	SaltireSt		17:11	=	Nick Jones	OxfordCity		17:46
=	Nicholas Barber	Hallamshir		17:11	=	Deron Fagan	HerneHillH		17:46
147	Tony Russell	WoodfordGr		17:12	213	Alex Black	TyneBridge		17:48
148	Euan Brownlie	CentralAc		17:13	214	Jack Brotchie	HerneHillH		17:49
=	Richard Carpenter	Wolverhamp		17:13	215	Mark Appleton	Bromsgrove		17:51
150	Felix Rusby	WellsCityH		17:14	216	Ted Ntibazonkiza	Shaftesbur		17:52
=	Darren Jordan	Cheltenham		17:14	=	Mark Tyrrell	OxfordCity		17:52
152	Chris Adams	RotherhamH		17:15	218	Andy Prophet	Cheltenham		17:53
=	Matthew Hallam	ValleyStri		17:15	=	Jack Tallentire	Sunderland		17:53
=	Lewis Millar	CentralAc		17:15	220	Scott Crompton	BoltonUnit		17:54
155	Steven O'brien	Corstorphi		17:16	=	Jon Moss	TyneBridge		17:54
=	Dominic Easter	LeedsCityA	A	17:16	222	Ryan Meredith	OxfordCity		17:56
157	Jacob Pickering	Cheltenham		17:17	223	Conall McNally	NottsAc	B	17:58
=	William Gardner	OxfordCity		17:17	=	Marc Turner	Halesowen		17:58
159	Philip Sanders	KentAc	A	17:18	=	Ross Stephen	RonHillCam		17:58
160	Martin Matthews	BRAT		17:19	226	Jack Savage	Leamington		18:00
161	Stephen Headley	Bedford		17:20	227	Bill Speake	NottsAc	B	18:02
=	Andrew Headley	Bedford		17:20	228	Michael Moore	Cambridge	B	18:03
163	Glyn Billington	SalfordHar	A	17:22	=	Mark Ince	BRAT		18:03
164	Lee Parrington	Barlick		17:23	230	Garrath Schule	Leamington		18:04
=	Ian Ritchie	Sunderland		17:23	=	Dave Aubrey	Cheltenham		18:04
=	Mark Smith	Sunderland		17:23	232	Will Davidson	Bristol&W	B	18:05
167	Nathan Warren	BRAT		17:25	=	Jose Ferreira	LincolnWel		18:05
=	Martin Whitehouse	NottsAc	B	17:25	=	Robin Sanderson	HerneHillH		18:05
169	Matthew Krelle	Bristol&W	B	17:26	=	Paul Turnbull	TyneBridge		18:05
=	Bertie Powell	WoodfordGr		17:26	=	Elliot Parker	LeedsCityA	B	18:05
171	Devon Stead	RotherhamH		17:27	=	Scott Somerville	RonHillCam		18:05
=	Eliot Buckner	Newham&Ess		17:27	238	Richard Clancy	TraffordAt		18:06
=	Sean Crummy	HerculesWi		17:27	=	Lavell Pierre	HolmfirthH		18:06
=	Jon Pownall	ValleyStri		17:27	240	Alan Johnson	Gateshead		18:07
175	Louisalbert Clark	WoodfordGr		17:28	=	Aaron Simpson	OxfordCity		18:07
176	John Doherty	SheffieldR		17:29	=	Daniel Balshaw	Barlick		18:07
=	A Rutherford	Birchfield		17:29	243	Cameron Reed	LincolnWel		18:08
178	Rhian Haste	RotherhamH		17:30	=	John Uff	Cambridge	B	18:08
179	Stan Mackenzie	RonHillCam		17:31	=	Matthew Moroney	KentAc	B	18:08
=	Greg Chambers	Gateshead		17:31	246	Alasdair Blain	TyneBridge		18:09
181	Ellis Garamslegi	Wolverhamp		17:32	247	Tom Lucas	BoltonUnit		18:10
=	David Grima	HerculesWi		17:32	=	Stephen Chew	Barlick		18:10
=	Tom Vickery	Cambridge	A	17:32	=	Richard Carr	RonHillCam		18:10
184	Abinizer Markos	LeedsCityA	B	17:33	=	C O'brien	Corstorphi		18:10
185	Will Smith	Keighley&C		17:35	=	Ronan Breen	Shaftesbur		18:10
=	Shaun Chew	Barlick		17:35	252	Alex Parker	Birchfield		18:11
187	Christopher Hilton	Southampto		17:36	253	George Longworth	HerculesWi		18:12
188	Richard Park	Cambridge	A	17:37	=	Michael Sprot	Hallamshir		18:12
=	Marc Thorpe	LincolnWel		17:37	=	Andrew Hennessy	WellsCityH		18:12
190	Tom Charlton	TyneBridge		17:38	=	Ashley Forbes	Southampto		18:12
191	Michael Edwards	Sunderland		17:39	257	Darryl Coulter	KentAc	B	18:15
=	Joseph Mcleod	Coventry		17:39	=	James Porteous	Gateshead		18:15
=	Jonathan Jennings	BRAT		17:39	=	Richard Mathie	KentAc	B	18:15

ERRA English National Road Relays

at Sutton Park, Birmingham on Saturday 16th April 2016

260	Sam Peters	Hallamshir	18:18	327	R Hinchliffesmith	HolmfirthH	19:30
=	Steve Green	HolmfirthH	18:18	328	Kevin Doolan	Blackhill	19:31
262	David Penman	ValleyStri	18:22	329	George Choat	Newham&Ess	19:32
=	John Knibb	Leamington	18:22	330	Alistair Lindsay	WellsCityH	19:33
=	Robert Torch	LeedsCityA	B 18:22	331	Jeremyschaun Trill	MasseyFerg	19:34
=	Dominic Gavin	BoltonUnit	18:22	332	Phillip Quibell	SalfordHar	B 19:38
=	Jerome Austin	RoyalSutto	18:22	333	Gareth Woodcock	TraffordAt	19:39
267	Andy Moore	Hillingdon	18:23	334	Jonathon Sykes	HolmfirthH	19:40
268	Tom Warrender	Wolverhamp	18:25	335	Philip Waring	NottsAc	B 19:41
=	Mark Brown	MorpethHar	B 18:25	=	Nicolas Hazelwood	Halesowen	19:41
270	Benjamin Mahoney	SheffieldR	18:27	337	Ben Larcombe	Barnet	19:43
=	Jason Chow	SheffieldR	18:27	338	Simon Brown	MasseyFerg	19:46
=	Eoin O'flynn	Leamington	18:27	339	Andrew Barber	Newham&Ess	19:48
=	Scott Bairstow	Keighley&C	18:27	340	Gary Lawson	MasseyFerg	19:49
=	John Hurse	TyneBridge	18:27	341	Stefan Sternkopf	WorcesterA	19:51
275	Ross Bibby	ValleyStri	18:28	342	Costa Michael	Barnet	19:52
=	Ben Jones	Cambridge	B 18:28	=	Flanagan Grahame	MasseyFerg	19:52
=	Robert Rigby	Shaftesbur	18:28	344	Liam Spencer	Keighley&C	19:53
278	Robert Finch	Southampto	18:29	345	Danny Digweed	Barnet	19:55
279	Simon Deakin	LeedsCityA	A 18:30	346	Luke Sheppard	WorcesterA	19:59
=	Rob Andrew	RoyalSutto	18:30	347	Peter Savill	Shrewsbury	20:01
281	Grant Lloyd	Shrewsbury	18:32	348	Chris Waugh	MorpethHar	B 20:02
=	Nathaniel Lane	Cardiff	18:32	349	Paul Atkins	Bromsgrove	20:03
=	Glen Balmer	Gloucester	18:32	350	Steve Haswell	MorpethHar	B 20:04
284	Steven Green	Cambridge	B 18:33	351	Simon Frazer	SaltaireSt	20:05
=	Steven Bowyer	Blackhill	18:33	352	Ben Abbott	NottsAc	B 20:08
286	Peter Lee	HerculesWi	18:34	=	Alfie Walker	Keighley&C	20:08
=	Mike Hanson	Bromsgrove	18:34	354	Trevor Rayner	SalfordHar	B 20:10
288	Huw Jones	BRAT	18:35	=	Gareth Cantrill	HeanorRunn	20:10
=	Matt Hall	Shrewsbury	18:35	356	Logan Anderson	HolmfirthH	20:12
290	George Bettsworth	Newham&Ess	18:36	357	David Wilcock	Barnet	20:13
=	Daniel Crow	LincolnWel	18:36	358	Nick Hitchings	WorcesterA	20:14
292	Gwilym Thomas	ValleyStri	18:37	359	Craig Wheeler	TraffordAt	20:15
293	Richard Archer	KentAc	B 18:39	360	Chris Jones	SaltaireSt	20:18
=	Andy Buddery	SheffieldR	18:39	361	Alex Herron	Wolverhamp	20:20
295	Darren White	Barnet	18:40	362	Stephen Brooks	Bromsgrove	20:21
=	Peter Dear	Halesowen	18:40	363	David Smith	Hillingdon	20:24
297	Jason Brotherhood	Coventry	18:41	364	Jonathan Lewis	Halesowen	20:25
298	Julian Rose	HolmfirthH	18:43	=	David Long	RoyalSutto	20:25
299	Adam Follett	SheffieldR	18:45	=	Paul Collins	Bromsgrove	20:25
300	Reece Isaac	LeedsCityA	B 18:47	367	Graham Holbrook	TraffordAt	20:32
301	John Ferguson	Cambridge	B 18:48	368	Steve Hirons	Hillingdon	20:34
302	Mark Burnhope	BRAT	18:51	369	Craig Bower	Leamington	20:48
303	Michael Jeavons	WorcesterA	18:53	370	Stephen Pitt	RoyalSutto	20:50
304	Mike Glover	WellsCityH	18:54	371	Michael Clark	HeanorRunn	20:55
305	Frederic Tremblay	RoyalSutto	18:55	372	Peter Ellis	Barnet	20:58
=	Adam Garcia	KentAc	B 18:55	373	Jeremy Collis	Hillingdon	21:00
307	Gareth Phoenix	Hallamshir	19:03	=	Jim Alder	MorpethHar	B 21:00
=	Luke Armitage	KentAc	B 19:03	375	C Hitchman	Leamington	21:01
=	Joe Graham	SaltaireSt	19:03	376	Stewart Spink	SaltaireSt	21:20
310	Jack Allison	LeedsCityA	B 19:05	377	Mark Fish	Blackhill	21:28
=	Bradley Abbott	WorcesterA	19:05	378	Marc Pearson	Blackhill	21:30
312	Jonathan Hiorns	NottsAc	B 19:06	379	R Charlesworth	HeanorRunn	21:31
=	David Gresswell	Gloucester	19:06	380	Nicolas Corry	Blackheath	21:33
314	Joel Pope	Hillingdon	19:07	381	Arthur Daley	Gloucester	21:48
=	Steven Underwood	Southampto	19:07	382	Jim Greenwood	RoyalSutto	21:56
316	Matthew Richardson	SaltaireSt	19:08	=	James O'connor	SalfordHar	B 21:56
317	Thomas Desborough	Blackheath	19:09	384	Aaron Bennett	Gloucester	21:59
318	Luca Ercolani	Blackheath	19:13	385	Ian Salt	HeanorRunn	22:09
=	Jason Nicholson	MasseyFerg	19:13	386	David Snape	Bromsgrove	22:15
320	Charles Foster	SalfordHar	B 19:15	387	Duncan Rose	Shrewsbury	22:27
=	David O'brien	WorcesterA	19:15	388	Mark Berry	Blackhill	22:31
322	Mike Mansfield	Gloucester	19:20	389	James Mcelrue	Blackhill	22:38
323	Philip Warburton	Hillingdon	19:21	390	Duncan Mason	SalfordHar	B 22:43
324	Bill Nock	Halesowen	19:25	391	Harry Topham	Cambridge	B 22:48
=	John Clarke	MasseyFerg	19:25	392	Sean Cordell	SalfordHar	B 23:00
326	Alan Dean	Shrewsbury	19:29	393	Patrick McBride	Shrewsbury	23:48