

Apex Sports Chiltern League Mob Match 2014/2015 Round 5

Held at Milton Keynes (Teardrop Lakes) on 07 February 2015

Senior/Junior/Veteran Men

1	ADAM HICKEY (SOUTHEND) N/S	29:30 M		1734
2	ANDREW BUTCHART (CENTRAL) N/S	29:49 M		1720
3	DEWI GRIFFITHS (SWANSEA HARRIERS) N/S	29:50 M		1729
4	ANDREW DAVIES (STOCKPORT HARRIERS) N/S	30:01 M		1722
5	RICHARD GOODMAN (SHAFTESBURY) N/S	30:17 M		1728
6	DEAN LACY (CAMBRIDGE HARRIERS) N/S	30:39 M		1511
7	KEVIN MULCAIRE (ENNIS TC) N/S	30:50 M20		1714
8	1 IAN KIMPTON (LUTON)	30:56 M	1	396
9	GARY PRIESTLEY (SALFORD HARRIERS) N/S	31:01 M		1741
10	IOLO HUGHES (MENAI T&F) N/S	31:04 M20		1708
11	SCOTT MCDONALD (CENTRAL) N/S	31:08 M		1738
12	JONATHAN GLEN (INVERCLYDE) N/S	31:11 M20		1705
13	DECLAN MCMANUS (WORCESTER) N/S	31:15 M20		1713
14	GILBERT GRUNDY (GUILDFORD) N/S	31:28 M		1731
15	EUAN GILLHAM (KILBARCHAN) N/S	31:32 M20		1703
16	2 JAMES MCMURRAY (ST. ALBANS STR)	31:34 M20	1	497
17	MICHAEL FERGUSON (ABERDEEN) N/S	31:43 M		1725
18	3 LUKE HUMPHREYS (BEDFORD & C)	31:46 M	2	84
19	MARK POWELL (LEICESTER COR) N/S	32:09 M		1740
20	4 ALEX GOODALL (WINDSOR)	32:14 M	3	1727
21	COREY DE'ATH (TONBRIDGE) N/S	32:15 M20		1701
22	5 STEVE TUTTLE (MILTON K)	32:17 M	4	1743
23	6 DAMIAN NEVINS (HARROW)	32:32 M	5	165
24	7 PAUL ADAMS (ST. ALBANS STR)	32:32 M	6	442
25	8 SIMON MILLETT (WINDSOR)	32:40 M	7	118
26	BRADLEY WATTLEWORTH (BIRMINGHAM UNI) N/S	32:40 M20		1716
27	9 TIM HARRIS (AMPTHILL & F)	32:43 M	8	1706
28	10 ANDREW HEADLEY (BEDFORD & C)	33:12 M20	2	1707
29	11 JACK DOUGLAS (BEDFORD & C)	33:12 M20	3	1702
30	CHRISTIAN LOVATT (SWANSEA HARRIERS) N/S	33:16 M20		1737
31	12 JIM COOPER (HARROW)	33:17 M40	1	151
32	ANDREW LEACH (NORTH HERTS) N/S	33:22 M		1736
33	CALLUM MATTHEWS (KILBARCHAN) N/S	33:26 M20		1712
34	13 EDDIE O'GORMAN (CHILTERN H.)	33:31 M40	2	247
35	14 MARK PALSER (MILTON K)	33:36 M	9	8
36	15 JAMES MCCARTHY (CHILTERN H.)	33:38 M20	4	221
37	16 JORDAN CLAY (LEIGHTON B)	33:41 M20	5	343
38	17 KIERAN WYE (WINDSOR)	33:50 M20	6	114
39	18 MATT BRAY (BEDFORD & C)	34:03 M20	7	1514
40	19 STEPHEN HEADLEY (BEDFORD & C)	34:04 M20	8	78
41	20 CHRIS HEARN (MILTON K)	34:05 M	10	5
42	21 LUKE DELDERFIELD (TRING)	34:16 M	11	812
43	22 ALAN WRAY (HARROW)	34:18 M40	3	171
44	ASIER GONZALEZ (CA ARTUNDUAGA) N/S	34:21 M		1726
45	23 ANDREW MCMULKIN (BEDFORD & C)	34:24 M	12	83
46	JORDAN BELL (BLACKHILL) N/S	34:26 M20		1700
47	24 MAXWELL ROBINSON (OXFORD)	34:27 M	13	726
48	KYLE ELLA (GREAT YARMOUTH) N/S	34:30 M		1724
49	ANTHONY MEENAGHAN (HOLME P) N/S	34:34 M		1739
50	25 PETER MACKRELL (LEIGHTON B)	34:35 M	14	337
51	26 JAMES REPPER (CHILTERN H.)	34:37 M40	4	245
52	27 RYAN MEREDITH (OXFORD)	34:45 M	15	725
53	28 RHYS LEWIS (LUTON)	34:51 M20	9	391
54	29 TIM WRIGHT (BANBURY)	34:52 M	16	535
55	30 IAN GRIMSHAW (LEIGHTON B)	34:54 M40	5	346

56	31	JAMIE FARMER (REDWAY)	34:56	M	17	1057
57	32	KIERAN GILFEDDER (WYCOMBE)	34:58	M20	10	363
58	33	NICK HUGHES (CHILTERN H.)	34:59	M40	6	243
59	34	PATRICK TAYLOR (AYLESBURY)	35:01	M20	11	209
60	35	PHILIP BENSON (HARROW)	35:05	M	18	157
61	36	ADAM DUNAJKO (ST. ALBANS STR)	35:09	M	19	495
62	37	CRAIG EMMERSON (BEDFORD & C)	35:10	M	20	106
63	38	TOM PHELPS (SILSON)	35:13	M	21	799
64	39	JULIAN CRITCHLOW (WATFORD)	35:20	M50	1	848
65	40	GRAHAM JONES (MILTON K)	35:27	M	22	25
66	41	ANDREW INCHLEY (LEIGHTON B)	35:34	M	23	324
67	42	ROSS LANGLEY (TRING)	35:35	M	24	818
68	43	GRAHAM SMITH (ST. ALBANS STR)	35:37	M40	7	467
69		ROB BARROWS (BEARBROOK) N/S	35:38	M		889
70	44	ROSS THREFALL (MILTON K)	35:39	M	25	12
71	45	JAMIE MARLOW (DACORUM)	35:39	M	26	264
72	46	NO. 126 (WINDSOR)	35:41	M	27	126
73	47	MARTYN SUMMERFIELD (AYLESBURY)	35:43	M40	8	214
74	48	TIM MUIR (Q.P.H.)	35:50	M	28	956
75	49	MARK CRABTREE (GADE VALLEY)	35:52	M	29	577
76	50	STUART STILL (BEDFORD & C)	35:56	M40	9	96
77	51	FERGUS CAMPBELL (HEADINGTON)	35:57	M40	10	636
78		MICHAEL HAGGER (TIPTON HARRIERS) N/S	35:58	M		1732
79	52	CHRIS FINILL (HARROW)	36:04	M50	2	166
80	53	JOSH KNIGHT (MILTON K)	36:07	M20	12	1307
81	54	JOSEPH DUNN (ST. ALBANS STR)	36:07	M	30	492
82	55	FRANK FULCHER (HANDY CROSS)	36:07	M40	11	918
83	56	SIMON WOODWARD (SILSON)	36:09	M40	12	800
84	57	ANDREW ROLT (AYLESBURY)	36:09	M40	13	193
85	58	KEITH MILLER (REDWAY)	36:11	M50	3	1045
86	59	BRADLEY LAWRENCE (WYCOMBE)	36:13	M20	13	357
87	60	OLIVER LUM (MILTON K)	36:15	M20	14	1711
88	61	DAN MORGAN (WINDSOR)	36:17	M	31	111
89	62	DAVID MAISEY (AYLESBURY)	36:23	M40	14	211
90	63	MATT ADCOCK (WATFORD)	36:27	M40	15	847
91	64	NATHAN PASK (Q.P.H.)	36:28	M	32	964
92	65	CHRIS NORMAN (LEIGHTON B)	36:29	M	33	338
93	66	JEREMY VICK (MILTON K)	36:32	M	34	21
94	67	TOBY JOHNSTON (LUTON)	36:33	M	35	394
95	68	ROBERT DEAN (THAME)	36:36	M	36	1030
96	69	MARK CURSONS (HARROW)	36:44	M50	4	153
97	70	BEN SENDALL (WYCOMBE)	36:47	M20	15	359
98	71	MICHAEL GODDARD (CHILTERN H.)	36:49	M20	16	253
99	72	STEVE HERRING (MILTON K)	36:52	M40	16	19
100	73	ADAM HAYLOCK (LEIGHTON B)	37:05	M	37	336
101	74	ANDY PACEY (SILSON)	37:10	M40	17	753
102	75	NICK HARVEY (CHILTERN H.)	37:11	M	38	240
103	76	MICHAEL GREENER (MILTON K)	37:12	M20	17	28
104	77	BRENDON GILBERT (HANDY CROSS)	37:14	M	39	917
105	78	WES TRIGG (BEARBROOK)	37:15	M	40	878
106	79	BILLY MEAD (LEIGHTON B)	37:16	M20	18	325
107		ROSS ARMSTRONG (GADE VALLEY) N/S	37:17	M		606
108	80	OWEN BYRNE (BEARBROOK)	37:28	M50	5	910
109	81	GARETH BOWDEN (BRACKLEY)	37:33	M40	18	1083
110	82	PAUL WILLIAMSON (LEIGHTON B TRI)	37:35	M40	19	690
111	83	RICHARD SKILBECK (HEADINGTON)	37:37	M40	20	632
112	84	JOSH LYMAN (MILTON K)	37:39	M	41	20
113	85	GUY WOOLLETT (GADE VALLEY)	37:39	M40	21	598
114	86	DAVID REES-HALL (HANDY CROSS)	37:40	M	42	929
115	87	JAMES DOWN (REDWAY)	37:43	M	43	1067
116	88	LEWIS MEREDITH (AYLESBURY)	37:44	M	44	196

117	89	MICHAEL BURGESS (TRING)	37:47	M50	6	803
118	90	DANIEL SKEFFINGTON (HARROW)	37:50	M50	7	168
119	91	MICHAEL FERRIS (GADE VALLEY)	37:52	M	45	578
120	92	NICK PACEY (SILSON)	37:53	M50	8	773
121	93	JIM DARCY (SILSON)	37:56	M40	22	754
122	94	SAM FENN (HARROW)	37:57	M20	19	164
123	95	KENNY LOWIES (HEADINGTON)	37:58	M40	23	641
124	96	TOM INCHLEY (LEIGHTON B)	38:01	M	46	347
125	97	GARY WARREN (ST. ALBANS STR)	38:04	M40	24	472
126		A KIRSCHNER (SHENLEY) N/S	38:05	M		1295
127	98	GRAHAM FOSTER (ST. ALBANS STR)	38:06	M50	9	486
128	99	DEREK BROWN (CHILTERN H.)	38:08	M50	10	227
129	100	JAMES STEWART (LEIGHTON B TRI)	38:15	M	47	688
130	101	SIMON REED (REDWAY)	38:16	M	48	1042
131	102	DEREECE GREEN (WINDSOR)	38:17	M20	20	120
132	103	KEITH PREEDY (TRING)	38:19	M50	11	819
133	104	NIGEL BUNN (TRING)	38:19	M50	12	1301
134	105	MIKE JUBB (ST. ALBANS STR)	38:19	M40	25	498
135	106	SIMON PRITCHARD (BANBURY)	38:20	M40	26	534
136	107	MATTHEW SALT (DACORUM)	38:21	M	49	262
137	108	CARL REYNOLDS (MILTON K)	38:22	M40	27	46
138	109	SETH CAYLEY (HEADINGTON)	38:23	M	50	644
139	110	MARK CRANWELL (HARROW)	38:25	M40	28	163
140	111	MICHAEL DMITRIZAK (Q.P.H.)	38:26	M40	29	959
141	112	ANDY PHELPS (HEADINGTON)	38:32	M50	13	645
142	113	MARTIN CRANE (BEARBROOK)	38:32	M40	30	908
143	114	SEAN WILSON (AYLESBURY)	38:33	M	51	198
144	115	ANTONIO FRANCO (MILTON K)	38:35	M	52	52
145	116	MATT WOOTTON (SILSON)	38:38	M	53	774
146	117	TOM NORTH (GADE VALLEY)	38:40	M40	31	586
147	118	TIM INCHLEY (LEIGHTON B)	38:43	M40	32	344
148	119	SAM BREWSTER (MAIDENHEAD)	38:45	M	54	424
149	120	KEVIN REBOUL (SILSON)	38:48	M50	14	771
150	121	MARK RICHARDS (AYLESBURY)	38:49	M40	33	207
151	122	CHARLIE MEAD (LEIGHTON B)	38:52	M20	21	335
152	123	DUNCAN HAMILTON (DACORUM)	38:57	M	55	288
153	124	JOS DYER (MILTON K)	38:58	M	56	24
154	125	STEVE LONG (TRING)	39:01	M50	15	815
155	126	BILL HAWES (GADE VALLEY)	39:02	M40	34	580
156	127	TOM DIXON (CHILTERN H.)	39:03	M	57	234
157	128	EDWARD PRICE (GADE VALLEY)	39:04	M	58	588
158	129	GREG O CALLAGHEN (TRING)	39:04	M40	35	1298
159	130	NOOR MOHAMOUD (HARROW)	39:05	M20	22	170
160	131	PETER NORRIS (HARROW)	39:07	M	59	174
161	132	CHRIS MARRIOT (DACORUM)	39:08	M	60	269
162	133	JAMES BELL (LEIGHTON B)	39:09	M40	36	322
163	134	ANDY FIELD (SILSON)	39:12	M40	37	756
164	135	TONY HAYMAN (MILTON K)	39:15	M	61	53
165	136	SAM DEATHE (MILTON K)	39:17	M	62	9
166	137	JOHN OCKENDEN (ST. ALBANS STR)	39:19	M	63	471
167	138	NATHAN TAYLOR (CHILTERN H.)	39:22	M40	38	256
168	139	TOMMY ATKINS (AYLESBURY)	39:28	M	64	213
169	140	BRUCE LAWTON (THAME)	39:32	M40	39	1021
170	141	JON ROBERTS (GADE VALLEY)	39:35	M40	40	589
171	142	JAMES WARD (REDWAY)	39:37	M	65	1058
172	143	ALEX MOURADIAN (BRACKNELL)	39:39	M	66	310
173	144	ANDREW WISEALL (CHILTERN H.)	39:41	M	67	233
174	145	STEVE ROBERTS (HANDY CROSS)	39:42	M50	16	928
175	146	PAUL GOODING (BEDFORD & C)	39:44	M50	17	107
176	147	DYLAN WENDLEKEN (GADE VALLEY)	39:46	M40	41	595
177	148	CHRIS DUNN (MILTON K)	39:47	M	68	60

178	149	ARTHUR WALTON	(HEADINGTON)	39:49	M	69	633
179	150	STEWART THORP	(OXFORD)	39:50	M60	1	724
180	151	PETER WOOTTON	(CHILTERN H.)	39:51	M40	42	250
181	152	BRIAN GREEN	(OXFORD)	39:51	M50	18	721
182	153	STEVEN RUSSELL	(DACORUM)	39:54	M40	43	271
183	154	JOAO DIOGO	(Q.P.H.)	39:56	M40	44	962
184	155	TOM RENPHREY	(PURPLE PATCH)	39:58	M40	45	998
185	156	GRAHAM SMITH	(BEARBROOK)	39:59	M50	19	885
186	157	NAIRN MCWILLIAMS	(ST. ALBANS STR)	40:01	M	70	462
187	158	HARRY MORTON	(MILTON K)	40:04	M20	23	56
188	159	PAUL CLIFFORD-JONES	(REDWAY)	40:07	M	71	1322
189	160	NICK CLAY	(LEIGHTON B)	40:09	M40	46	321
190	161	NO. 817	(TRING)	40:16	M	72	817
191	162	RICHARD STEELE	(REDWAY)	40:23	M	73	1066
192	163	RUSSELL MORRIS	(DACORUM)	40:24	M40	47	274
193	164	WARREN ROSE	(LEIGHTON B)	40:24	M40	48	327
194	165	JASON KABEL	(HARROW)	40:35	M40	49	154
195		SIMON HAYWOOD	(SHENLEY) N/S	40:36	M		1510
196	166	ANTHONY NICOLSON	(ST. ALBANS STR)	40:37	M40	50	464
197	167	JAMIE THOMAS	(LEIGHTON B)	40:40	M	74	340
198	168	CRAIG WALLISER	(HARROW)	40:41	M	75	159
199	169	KEVIN HARDING	(TRING)	40:43	M50	20	820
200	170	RICHARD QUANTRILL	(CHILTERN H.)	40:46	M40	51	229
201	171	RICHARD GRANT	(OXFORD)	40:48	M60	2	717
202	172	SIMON WALKER	(DACORUM)	40:54	M	76	265
203	173	MATHEW HAMILTON	(DACORUM)	40:54	M	77	275
204	174	STEPHEN NEWING	(GADE VALLEY)	40:59	M	78	585
205	175	MIKE TAYLOR	(WYCOMBE)	41:01	M40	52	362
206	176	ANDREW BYERLEY	(AYLESBURY)	41:02	M40	53	216
207	177	CHARLIE PUGHE	(THAME)	41:03	M	79	1033
208	178	MASSI DENDANI	(BEDFORD & C)	41:06	M	80	85
209	179	ALAN DARBYSHIRE	(HEADINGTON)	41:06	M50	21	639
210	180	JON TAYLOR	(CHILTERN H.)	41:09	M	81	260
211	181	JOHN GRIFFITHS	(HEADINGTON)	41:11	M50	22	631
212	182	STEWART DEARMAN	(WATFORD)	41:15	M50	23	837
213	183	LIAM HERBERT	(STEVENAGE)	41:25	M	82	520
214	184	BEN NORMAN	(HIGHAM)	41:29	M	83	667
215	185	JACK COMERFORD	(MILTON K)	41:31	M	84	22
216	186	NICK BARLOW	(THAME)	41:34	M40	54	1035
217		MAX CARCAS	(EDINBURGH) N/S	41:35	M		1721
218	187	RICHARD BARCOCK	(BEARBROOK)	41:36	M40	55	874
219	188	ROY TREADWELL	(OXFORD)	41:37	M60	3	710
220	189	JONATHAN HORN	(WATFORD)	41:41	M20	24	829
221	190	HENRY EDWARDES-EVANS	(AYLESBURY)	41:43	M40	56	195
222	191	DAVE TONKS	(HIGHAM)	41:45	M	85	671
223		MERVYN DEMPSEY	(WOOTTON RR) N/S	41:50	M		1723
224	192	NICK ANDREWS	(HARROW)	41:54	M40	57	152
225	193	RICK ANSELL	(TRING)	41:55	M50	24	806
226	194	ANTHONY WOOD	(HEADINGTON)	42:01	M50	25	646
227	195	STUART BLOFELD	(LEIGHTON B)	42:05	M	86	342
228	196	CHRIS NOBLE	(BRACKLEY)	42:07	M40	58	1072
229	197	ALISTAIR FERRIE	(SILSON)	42:10	M20	25	769
230	198	JIM BLACK	(BEDFORD & C)	42:11	M40	59	102
231	199	MICHAEL BIRCH	(GADE VALLEY)	42:18	M	87	572
232	200	ALAN ROBERTS	(AYLESBURY)	42:24	M50	26	208
233	201	ASGHAR ALI	(OXFORD)	42:33	M50	27	728
234	202	JACK GLADMAN	(STEVENAGE)	42:34	M20	26	1704
235	203	BOBBY RIDDAWAY	(AMPTHILL & F)	42:34	M40	60	870
236	204	RUSSELL JONES	(MILTON K)	42:37	M40	61	55
237	205	DAVE HUTCHINGS	(HIGHAM)	42:52	M50	28	662
238	206	MARTIN BRENT	(MILTON K)	42:55	M40	62	64

239	207	TOM ROBERTS (BEDFORD & C)	42:57	M	88	90
240	208	CHRIS MAHON (MILTON K)	42:57	M40	63	39
241	209	BARRIE DAY (PURPLE PATCH)	42:58	M40	64	999
242	210	DAVE MCLAUGHLIN (Q.P.H.)	42:58	M40	65	958
243	211	STEWART SHEARS (SILSON)	42:59	M	89	757
244	212	GARY SPARKES (BEARBROOK)	42:59	M50	29	886
245	213	TIM KELLY (AYLESBURY)	43:01	M60	4	205
246	214	ANDREW NORTON (GADE VALLEY)	43:02	M40	66	587
247	215	IAN HIGGINSON (BEARBROOK)	43:02	M40	67	907
248	216	ADRIAN JELLEY (SILSON)	43:04	M40	68	762
249	217	RICHARD DOHERTY (REDWAY)	43:06	M40	69	1070
250	218	SIMON GEARY (GADE VALLEY)	43:09	M40	70	579
251	219	RICHARD SLACK (DACORUM)	43:10	M	90	272
252		JAMIE JEPSON (LIVERPOOL JMU) N/S	43:15	M		1735
253	220	ALAN HUMPHRIES (REDWAY)	43:21	M40	71	1064
254	221	DAVID BREINGAN (CHILTERN H.)	43:24	M40	72	255
255	222	ANDREW BUNKER (HIGHAM)	43:28	M	91	652
256	223	ANDY COLLINS (REDWAY)	43:30	M40	73	1046
257	224	IAN HOSLEY (LEIGHTON B)	43:34	M40	74	349
258	225	TONY BARROWS (BEARBROOK)	43:40	M60	5	904
259	226	KEITH WISHART (DACORUM)	43:47	M40	75	286
260	227	BOB WISE (GADE VALLEY)	43:49	M	92	607
261	228	IAN THOMPSON (AYLESBURY)	43:55	M50	30	218
262	229	COLIN BRAYBROOK (ST. ALBANS STR)	43:58	M50	31	446
263	230	PAUL JACOB (LUTON)	43:59	M50	32	410
264	231	MIKE WORSFOLD (CHILTERN H.)	44:01	M40	76	232
265	232	PAUL HARRIS (THAME)	44:03	M40	77	1036
266	233	MATTHEW DOWN (REDWAY)	44:08	M	93	1048
267	234	ALEC CAMPBELL (ST. ALBANS STR)	44:19	M40	78	470
268	235	ROBBY TAYLOR (MILTON K)	44:22	M	94	51
269	236	JOHN HAMILTON (MILTON K)	44:24	M60	6	67
270	237	STEVE DICKS (OLNEY)	44:35	M40	79	1103
271	238	MATTHEW LOBB (PURPLE PATCH)	44:37	M40	80	988
272	239	ALISTAIR ENSER (BRACKNELL)	44:40	M40	81	311
273	240	ALAN DAGLISH (LUTON)	44:46	M60	7	415
274	241	JOHN MANNING (TRING)	44:49	M60	8	802
275	242	LAURIE HURMAN (HEADINGTON)	44:52	M60	9	635
276	243	KELVIN SMITH (MILTON K)	45:01	M60	10	36
277	244	JON HULL (LEIGHTON B)	45:02	M40	82	323
278	245	JAMES POWELL (BEARBROOK)	45:04	M	95	879
279	246	SAM GOLDFINCH (MAIDENHEAD)	45:06	M20	27	428
280	247	ROB OWEN (LEIGHTON B TRI)	45:30	M40	83	687
281	248	MARTIN REED (STEVENAGE)	45:32	M40	84	518
282	249	KEVIN CONCANNON (HARROW)	45:33	M50	33	167
283	250	RICHARD POPIEL (SILSON)	45:39	M50	34	766
284	251	CHRIS GRIMMETTE (TRING)	45:42	M50	35	1302
285	252	DAVID KILLICK (LEIGHTON B)	45:46	M40	85	348
286	253	NICK MARSH (CHILTERN H.)	45:53	M	96	249
287	254	NATHAN NURSE (MILTON K)	46:01	M20	28	1331
288	255	MIKE HOLLIS (HANDY CROSS)	46:02	M60	11	926
289	256	ANDY HOARE (SILSON)	46:10	M50	36	767
290	257	DAVE FINDEL - HAWKINS (MILTON K)	46:23	M60	12	44
291	258	ANDREW STEWART (CHILTERN H.)	46:28	M50	37	223
292	259	MARK EMMETT (THAME)	46:33	M50	38	1023
293	260	ROB SALT (DACORUM)	46:36	M50	39	284
294	261	MICHAEL LAMB (DACORUM)	46:37	M40	86	273
295	262	TOM MORRIS (HARROW)	46:38	M50	40	158
296	263	GLEN MARTIN (CHILTERN H.)	46:45	M40	87	242
297	264	JAMES THOMSON (GADE VALLEY)	46:50	M	97	604
298	265	PHILIP COY (BANBURY)	46:52	M60	13	531
299	266	KEITH ROUND (HANDY CROSS)	46:55	M40	88	923

300	267	ANDY SMITH (GADE VALLEY)	47:09	M40	89	600
301	268	NO. 370 (WYCOMBE)	47:14	M	98	370
302	269	PAUL PICKARD (STEVENAGE)	47:27	M40	90	516
303	270	SIMON STEVENSON (TRING)	47:41	M40	91	808
304	271	TIM MITCHELL (LUTON)	47:43	M40	92	399
305	272	ADRIAN FRANCIS (ABINGDON)	47:45	M40	93	931
306	273	RICHARD DAVIES (Q.P.H.)	47:54	M40	94	961
307	274	CHRIS DIMMOCK (LEIGHTON B)	48:11	M40	95	341
308	275	GLENN DICKENSON (REDWAY)	48:14	M50	41	1052
309	276	RICHARD HARDY (LUTON)	48:15	M60	14	401
310	277	DAVE WISE (GADE VALLEY)	48:19	M40	96	597
311	278	PHILIP LISTER (HEADINGTON)	48:21	M60	15	630
312	279	STEVE REEVE (GADE VALLEY)	48:28	M50	42	601
313	280	JONATHAN OLIVER (MAIDENHEAD)	48:36	M	99	433
314	281	ANDREW TREVILLION (DACORUM)	48:37	M40	97	285
315	282	DEAN KIDD (GADE VALLEY)	48:38	M	100	581
316	283	MARK HAYNES (LEIGHTON B)	48:39	M40	98	328
317	284	NEIL FORBES (BANBURY)	48:41	M60	16	548
318	285	RICHARD POWNALL (MILTON K)	48:44	M50	43	38
319	286	CLIFF JONES (ST. ALBANS STR)	48:46	M40	99	496
320	287	ROBERT STREETER (PURPLE PATCH)	48:47	M50	44	986
321	288	ANDY TERRY (GADE VALLEY)	48:48	M	101	593
322	289	CHRIS SUTTON (PURPLE PATCH)	49:28	M40	100	985
323	290	CLIVE FALLAIZE (AYLESBURY)	49:35	M50	45	215
324	291	TOM HALLETT (TRING)	49:36	M	102	1300
325	292	STEVE BATHAM (HANDY CROSS)	49:39	M60	17	925
326	293	DARREN MILLS (DACORUM)	49:43	M	103	287
327	294	MICHAEL JACK (ST. ALBANS STR)	49:52	M50	46	456
328	295	MATTHEW JONES (Q.P.H.)	50:09	M40	101	963
329	296	NO. 533 (BANBURY)	50:14	M	104	533
330	297	MARTIN LAWRENCE (REDWAY)	50:15	M50	47	1060
331	298	TONY CAROLAN (STEVENAGE)	50:28	M50	48	524
332	299	GRAHAM MAYOH (WATFORD)	50:40	M40	102	825
333	300	MARTIN KERR (DACORUM)	51:03	M	105	281
334	301	PAUL GLYN (DACORUM)	51:05	M40	103	270
335	302	BRIAN LAYTON (TRING)	51:35	M60	18	801
336	303	BRENDAN CRADDEN (BEARBROOK)	52:01	M60	19	881
337	304	PAT HIGGINS (ST. ALBANS STR)	52:11	M50	49	488
338	305	SIMON MURRAY (BEDFORD & C)	52:15	M50	50	103
339	306	IAN STEVENS (REDWAY)	52:27	M60	20	1041
340	307	CASPAR DU BUISSON (DACORUM)	52:36	M	106	289
341	308	DAVID MATTHEW STEARS (DACORUM)	52:51	M50	51	266
342	309	ANDY NEWING (GADE VALLEY)	53:15	M40	104	584
343	310	JOHN SLACK (DACORUM)	53:37	M60	21	280
344	311	SIMON GOLDFINCH (MAIDENHEAD)	53:44	M40	105	422
345	312	BRIAN EVANS (TRING)	53:53	M50	52	1317
346	313	DAVID LLEWELLYN (PURPLE PATCH)	53:58	M50	53	984
347	314	STEVE FEELY (STEVENAGE)	54:11	M40	106	517
348	315	TREVOR BRAWN (CHILTERN H.)	54:32	M60	22	244
349	316	JOHN COOPER (DACORUM)	55:32	M60	23	278
350	317	NO. 367 (WYCOMBE)	55:36	M	107	367
351	318	REG KOSTER (THAME)	55:52	M50	54	1026
352	319	GRAHAM SANDERS (BEARBROOK)	56:11	M60	24	871
353	320	MARTIN MEDFORTH (ST. ALBANS STR)	56:24	M50	55	479
354	321	TERRY DOWN (REDWAY)	56:37	M60	25	1061
355	322	MALCOLM SARGENT (DACORUM)	57:02	M60	26	282
356	323	TIM HULLET (SILSON)	60:17	M60	27	764
357	324	MARTYN CARTWRIGHT (CHILTERN H.)	66:06	M60	28	252
358	325	PAUL GRIMSDALE (OXFORD)	69:41	M50	56	715

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	2437	3	10	11	18	19	23	37	50
2	MARSHALL MILTON KEYNES	2306	5	14	20	40	44	53	60	66
3	HARROW A.C.	2228	6	12	22	35	52	69	90	94
4	LEIGHTON BUZZARD	2183	16	25	30	41	65	73	79	96
5	ST. ALBANS STRIDERS	2166	2	7	36	43	54	97	98	105
6	CHILTERN HARRIERS	2149	13	15	26	33	71	75	99	127
7	VALE OF AYLESBURY	1946	34	47	57	62	88	114	121	139
8	SILSON JOGGERS	1885	38	56	74	92	93	116	120	134
9	TRING RUNNING CLUB	1834	21	42	89	103	104	125	129	161
10	GADE VALLEY	1724	49	85	91	117	126	128	141	147
11	WINDSOR SE&H	1718	4	8	17	46	61	102		
12	REDWAY RUNNERS	1651	31	58	87	101	142	159	162	217
13	HEADINGTON R.R.	1649	51	83	95	109	112	149	179	181
14	DACORUM & TRING	1540	45	107	123	132	153	163	172	173
15	OXFORD CITY	1370	24	27	150	152	171	188	201	325
16	BEARBROOK RUNNING CLUB	1342	78	80	113	156	187	212	215	225
17	LUTON A.C.	1169	1	28	67	230	240	271	276	
18	QUEENS PARK H.	1127	48	64	111	154	210	273	295	
19	HANDY CROSS	1106	55	77	86	145	255	266	292	
20	WYCOMBE PHOENIX	1035	32	59	70	175	268	317		
21	THAME RUNNERS	902	68	140	177	186	232	259	318	
22	WATFORD	858	39	63	182	189	299			
23	BANBURY	650	29	106	265	284	296			
24	LEIGHTON BUZZ TRIATHLON	549	82	100	247					
25	HIGHAM HARRIERS	502	184	191	205	222				
26	PURPLE PATCH RUNNERS	465	155	209	238	287	289	313		
27	STEVENAGE & NH	442	183	202	248	269	298	314		
28	AMPTHILL & FLITWICK	440	9	203						
29	BRACKLEY & DISTRICT	375	81	196						
30	MAIDENHEAD	348	119	246	280	311				
31	BRACKNELL	270	143	239						
32	OLNEY RUNNERS	89	237							
33	ABINGDON A.C.	54	272							

Veteran Mens Race

1	HARROW A.C.	1149	12	22	52	69				
2	CHILTERN HARRIERS	1133	13	26	33	99				
3	VALE OF AYLESBURY	1017	47	57	62	121				
4	SILSON JOGGERS	989	56	74	92	93				
5	HEADINGTON R.R.	963	51	83	95	112				
6	ST. ALBANS STRIDERS	961	43	97	98	105				
7	TRING RUNNING CLUB	883	89	103	104	125				
8	LEIGHTON BUZZARD	863	30	118	133	160				
9	GADE VALLEY	835	85	117	126	141				
10	BEARBROOK RUNNING CLUB	768	80	113	156	187				
11	WATFORD	721	39	63	182	299				
12	MARSHALL MILTON KEYNES	714	72	108	204	206				
13	OXFORD CITY	643	150	152	171	188				
14	BEDFORD & COUNTY	605	50	146	198	305				
15	REDWAY RUNNERS	586	58	217	220	223				
16	HANDY CROSS	583	55	145	255	266				
17	QUEENS PARK H.	556	111	154	210	273				
18	DACORUM & TRING	502	153	163	226	260				
19	THAME RUNNERS	487	140	186	232	259				
20	PURPLE PATCH RUNNERS	415	155	209	238	287				
21	BRACKLEY & DISTRICT	375	81	196						
22	LEIGHTON BUZZ TRIATHLON	323	82	247						
23	BANBURY	323	106	265	284					
24	LUTON A.C.	287	230	240	271	276				
25	STEVENAGE & NH	175	248	269	298	314				

26	WYCOMBE PHOENIX	151	175
27	AMPTHILL & FLITWICK	123	203
28	HIGHAM HARRIERS	121	205
29	OLNEY RUNNERS	89	237
30	BRACKNELL	87	239
31	ABINGDON A.C.	54	272
32	MAIDENHEAD	15	311

Junior Men

1	BEDFORD & COUNTY	939	10	11	18
2	WYCOMBE PHOENIX	817	32	59	70
3	MARSHALL MILTON KEYNES	789	53	60	76
4	LEIGHTON BUZZARD	761	16	79	122
5	CHILTERN HARRIERS	566	15	71	
6	WINDSOR SE&H	533	17	102	
7	HARROW A.C.	428	94	130	
8	ST. ALBANS STRIDERS	324	2		
9	LUTON A.C.	298	28		
10	VALE OF AYLESBURY	292	34		
11	WATFORD	137	189		
12	SILSON JOGGERS	129	197		
13	STEVENAGE & NH	124	202		
14	MAIDENHEAD	80	246		

Under 17 Men

1	ALEX CARCAS	(EDINBURGH) N/S	19:18	M17	1754	
2	HUGO MILNER	(DERBY AC) N/S	19:27	M17	1758	
3	BENJAMIN BOULTER	(BIRCHFIELD) N/S	19:40	M17	1751	
4	1	BEN DAVIES (BEDFORD & C)	19:46	M17	1	81
5	2	WILL PERKIN (CHILTERN H.)	20:01	M17	2	221
6	3	JONTY WAGER-LEIGH (CHILTERN H.)	20:05	M17	3	222
7	4	WILLIAM MULLINS (BEDFORD & C)	20:21	M17	4	74
8	5	SEB GARRY (WYCOMBE)	20:25	M17	5	365
9	6	DOM PEACHEY (BEDFORD & C)	20:30	M17	6	79
10	7	TOM ANGELL (BEDFORD & C)	20:48	M17	7	71
11	8	SAM BARTON (BEDFORD & C)	20:49	M17	8	76
12	9	RICHARD SLADE (CHILTERN H.)	20:53	M17	9	224
13	10	GEORGE WHEELER (MILTON K)	20:59	M17	10	9
14	11	OWEN SEAMARK (MILTON K)	21:10	M17	11	12
15	CAI LINTON	(MENAI T&F) N/S	21:14	M17		1757
16	12	HARRI KANE (AYLESBURY)	21:18	M17	12	199
17	GEORGE DAY	(ORION HARRIERS) N/S	21:25	M17		1755
18	13	ADAM MOORE (WINDSOR)	21:31	M17	13	131
19	14	CONRAD WEBBER (MILTON K)	21:40	M17	14	5
20	RYAN ASHFORTH	(CANNOCK) N/S	21:44	M17		1750
21	15	RYAN WARD (BEDFORD & C)	21:49	M17	15	80
22	16	JAMES HOLLIDAY (LEIGHTON B TRI)	22:01	M17	16	697
23	17	SAM HOWELL (CHILTERN H.)	22:05	M17	17	260
24	18	MATT HINDE (WINDSOR)	22:06	M17	18	123
25	19	DANIEL WEATHERS (WYCOMBE)	22:11	M17	19	352
26	20	JAMES KINGSTON (WYCOMBE)	22:16	M17	20	355
27	21	JACK BLYTH (WYCOMBE)	22:23	M17	21	354
28	22	STEPHEN BURGESS (TRING)	22:35	M17	22	810
29	23	WILL FORSTER (BEDFORD & C)	22:40	M17	23	72
30	24	MATTHEW RENPHREY (DACORUM)	23:07	M17	24	262
31	25	TOM HOLLAND (BEDFORD & C)	23:11	M17	25	78
32	26	WILLIAM RALSTON (AYLESBURY)	23:13	M17	26	217
33	27	AIDAN KINGMAN (WYCOMBE)	23:15	M17	27	351
34	28	DOM EVANS (TRING)	23:20	M17	28	820
35	29	DAVID CLARK (WYCOMBE)	23:35	M17	29	353

36	30	HENRY TURNBULL (CHILTERN H.)	23:39	M17	30	229
37	31	ROBERT HALL (CHILTERN H.)	23:47	M17	31	223
38	32	TOBY SMITH (CHILTERN H.)	23:55	M17	32	228
39	33	HARRY LANDER (LUTON)	24:15	M17	33	420
40	34	OLIVER DAYKIN (BEDFORD & C)	24:52	M17	34	83

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	94	1	4	6
2	CHILTERN HARRIERS	91	2	3	9
3	MARSHALL MILTON KEYNES	70	10	11	14
4	WYCOMBE PHOENIX	61	5	19	20
5	WINDSOR SE&H	39	13	18	
6	VALE OF AYLESBURY	32	12	26	
7	TRING RUNNING CLUB	20	22	28	
8	LEIGHTON BUZZ TRIATHLON	19	16		
9	DACORUM & TRING	11	24		
10	LUTON A.C.	2	33		

Under 15 Boys

1	FREDDIE CARCAS (EDINBURGH) N/S	14:51	M15		1625
2	OLIVER BARBARESI (MENAI T&F) N/S	14:52	M15		1623
3	CAMERON MAIN (MORAY RR) N/S	14:53	M15		1632
4	LUKE DAVIES (BRECON AC) N/S	15:01	M15		1627
5	JOE BODY (HASTINGS) N/S	15:13	M15		1624
6	1 ALFRED YABSLEY (MILTON K)	15:22	M15	1	33
7	THOMAS GOSTELOW (CHARWOOD) N/S	15:27	M15		1628
8	2 FREDDIE AYRE (BEDFORD & C)	15:34	M15	2	71
9	3 JAMIE VINEY (BEDFORD & C)	15:43	M15	3	75
10	OLIVER ROUSE (CHARWOOD) N/S	15:52	M15		1637
11	4 EWAN FORSYTH (MILTON K)	16:01	M15	4	27
12	5 LUKE KING (LUTON)	16:05	M15	5	1513
13	6 JOSH ROGERS (BEDFORD & C)	16:07	M15	6	72
14	7 GEORGE BROWN (CHILTERN H.)	16:13	M15	7	222
15	BENJAMIN ROUSE (CHARWOOD) N/S	16:15	M15		1636
16	8 CALLUM WALSH (ST. ALBANS STR)	16:16	M15	8	448
17	9 DAN STREETER (STEVENAGE)	16:16	M15	9	525
18	10 DEVON HARFORD (MILTON K)	16:17	M15	10	29
19	11 JACK MEIJER (MILTON K)	16:18	M15	11	24
20	MATTHEW SHAW (CITY OF SHEFFIELD) N/S	16:19	M15		1638
21	LEWIS HARKNETT (HARLOW) N/S	16:22	M15		1629
22	12 ADAM MASON (STEVENAGE)	16:23	M15	12	520
23	13 COREY MOORE (MILTON K)	16:30	M15	13	30
24	14 TOM SWINDLEHURST (AYLESBURY)	16:33	M15	14	205
25	15 JED LUMB (ST. ALBANS STR)	16:36	M15	15	450
26	16 OLIVER DAVIES (BEDFORD & C)	16:39	M15	16	76
27	17 BYRON JOHAL (WATFORD)	16:43	M15	17	834
28	18 JAKE COX (MILTON K)	16:44	M15	18	22
29	SAUL O'NEILL (COVENTRY) N/S	16:44	M15		1633
30	19 SEBASTIAN MILLS (CHILTERN H.)	16:48	M15	19	223
31	20 JAKE ALDERSON (CHILTERN H.)	16:52	M15	20	224
32	21 MICHAEL MORONEY (LUTON)	16:54	M15	21	413
33	22 HARVEY GREEN (MILTON K)	16:55	M15	22	25
34	23 OLIVER DAVIS (ST. ALBANS STR)	16:59	M15	23	453
35	24 NATHAN BRAMMER (MAIDENHEAD)	17:05	M15	24	422
36	25 HARRY TURNER (COOKHAM)	17:13	M15	25	377
37	26 CHARLEY MADGIN (MILTON K)	17:26	M15	26	32
38	27 BEN ABUBACKER (LUTON)	17:34	M15	27	411
39	28 ROWAN DALY (ST. ALBANS STR)	17:45	M15	28	451
40	29 BEN WINFIELD (LUTON)	17:50	M15	29	414
41	30 CAMERON GILLIES (BEDFORD & C)	17:52	M15	30	78
42	31 OWAIN WILLIAMS (MILTON K)	17:53	M15	31	17

43	32	DANIEL ABRAHAMSON (MAIDENHEAD)	17:54	M15	32	1620
44	33	MARCUS LOVELL (MILTON K)	17:57	M15	33	20
45	34	OLIVER GRAHAM (MAIDENHEAD)	18:01	M15	34	425
46	35	ALFIE LONG (SILSON)	18:07	M15	35	782
47	36	HARRY BENTLEY (ST. ALBANS STR)	18:10	M15	36	449
48	37	TIM MCELLIGOTT (MILTON K)	18:12	M15	37	14
49	38	AARON WOOTON (MILTON K)	18:13	M15	38	35
50	39	SAMMY TAYLOR (WYCOMBE)	18:18	M15	39	354
51	40	CAMERON CLARK (ST. ALBANS STR)	18:25	M15	40	452
52	41	NARTHAN BARNARD (Q.P.H.)	18:30	M15	41	951
53	42	JACK RAWLINS (AYLESBURY)	18:31	M15	42	210
54	43	OWEN WATHEN (BIGGLESWADE)	19:03	M15	43	558
55		ETHAN ACKROYD (DEESIDE AAC) N/S	19:17	M15		1621
56	44	MATTHEW BIRD (AYLESBURY)	19:36	M15	44	196
57	45	JACK TERREY (MILTON K)	20:06	M15	45	23
58	46	CAMERON CLARK (WATFORD)	20:26	M15	46	839
59	47	JAKE HUMPHRIES (MAIDENHEAD)	20:36	M15	47	421
60	48	ANDREW THOMSON (MAIDENHEAD)	20:56	M15	48	423
61	49	CHRISTOPHER JONES (SILSON)	21:06	M15	49	783
62	50	MILES KINGMAN (WYCOMBE)	21:22	M15	50	352
63	51	EVAN BOWERS (WINDSOR)	21:27	M15	51	127
64	52	JAMES SPENCER (SILSON)	22:09	M15	52	784
65	53	MICHAEL RAPSON (SILSON)	23:26	M15	53	781

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	151	2	3	6
2	MARSHALL MILTON KEYNES	147	1	4	10
3	CHILTERN HARRIERS	116	7	19	20
4	ST. ALBANS STRIDERS	116	8	15	23
5	LUTON A.C.	109	5	21	27
6	STEVENAGE & NH	87	9	12	
7	MAIDENHEAD	72	24	32	34
8	VALE OF AYLESBURY	62	14	42	44
9	WATFORD	45	17	46	
10	COOKHAM RUNNING CLUB	29	25		
11	SILSON JOGGERS	26	35	49	52
12	WYCOMBE PHOENIX	19	39	50	
13	QUEENS PARK H.	13	41		
14	BIGGLESWADE	11	43		
15	WINDSOR SE&H	3	51		

Under 13 Boys

1		HAMISH ARMITT (GIFFNOCK NORTH) N/S	9:01	M13		1580
2		TOMMY DAWSON (LEEDS CITY) N/S	9:04	M13		1583
3		JOSHUA DICKINSON (CITY OF YORK) N/S	9:12	M13		1584
4		ETHAN O'SHEA (CHARWOOD) N/S	9:19	M13		1585
5	1	MAX PERRY (AYLESBURY)	9:24	M13	1	1588
6		SCOTT SPRANG (AYR SEAFORTH) N/S	9:27	M13		1591
7	2	ANGUS WILLIAMS (CHILTERN H.)	9:28	M13	2	232
8	3	ROBERT HICKMAN (MILTON K)	9:30	M13	3	70
9	4	KRISTIAN IMROTH (DACORUM)	9:31	M13	4	275
10	5	LAURANCE EDWARDS (HARROW)	9:32	M13	5	177
11	6	SAM BICKERSTAFF (HARROW)	9:33	M13	6	176
12	7	HARRY EWING (MILTON K)	9:40	M13	7	65
13		HARRISON HARDY-SMITH (CANNOCK) N/S	9:41	M13		1593
14	8	TOM EWING (MILTON K)	9:42	M13	8	64
15		HARRY PARKER (THURROCK) N/S	9:47	M13		1586
16		DANIEL SWAIN (BIRCHFIELD) N/S	9:51	M13		1592
17	9	JOE STYLES (WYCOMBE)	9:53	M13	9	366
18		RYAN SHIELDS (BIRCHFIELD) N/S	9:55	M13		1590
19	10	ROSS VAN HEERDE (WINDSOR)	9:56	M13	10	125

20	11	CAMERON REID (CHILTERN H.)	9:56	M13	11	221
21	12	SCOTT BRICE (ST. ALBANS STR)	9:58	M13	12	447
22	13	TOM HUNTER (CHILTERN H.)	10:03	M13	13	233
23	14	ALEX ALDRED (CHILTERN H.)	10:05	M13	14	242
24	15	JAMES DOWSETT (MILTON K)	10:07	M13	15	63
25	16	OLIVER CAY (AYLESBURY)	10:08	M13	16	193
26	17	OLIVER HALL (BRACKNELL)	10:08	M13	17	294
27	18	MARK STRINGER (WINDSOR)	10:11	M13	18	123
28		LEE DART (TIVERTON HARRIERS) N/S	10:13	M13		1582
29	19	CALLUM NICHOLSON (BEDFORD & C)	10:16	M13	19	78
30	20	HARRY WITHERS (BRACKNELL)	10:22	M13	20	312
31	21	ANTONIO KHAN (LUTON)	10:23	M13	21	401
32	22	HARVEY BELL (WYCOMBE)	10:23	M13	22	361
33	23	JACK GOODWIN (BEDFORD & C)	10:24	M13	23	75
34	24	MATTHEW RIZZO-NANDI (AYLESBURY)	10:25	M13	24	205
35	25	JACK SHARP (MILTON K)	10:26	M13	25	58
36	26	BEN LINDARS (AYLESBURY)	10:27	M13	26	206
37	27	BEN HOWELL (CHILTERN H.)	10:30	M13	27	230
38	28	PHOENIX EVERISS (CHILTERN H.)	10:31	M13	28	225
39	29	TRISTAN PEARCE (WINDSOR)	10:34	M13	29	122
40	30	CHARLIE SANDERS (MILTON K)	10:35	M13	30	55
41	31	NICO DOWSETT (DACORUM)	10:36	M13	31	277
42	32	PETER HICKMAN (MILTON K)	10:37	M13	32	69
43	33	KIRO BAKCHA (BEDFORD & C)	10:40	M13	33	87
44	34	JOE LAWSON (BEDFORD & C)	10:43	M13	34	89
45	35	KIE FRANCIS (ABINGDON)	10:44	M13	35	933
46	36	ADAM GAMBRILL (COOKHAM)	10:44	M13	36	376
47	37	IZAACK LUNN (BEDFORD & C)	10:44	M13	37	91
48	38	HARRY BRODIE (BEDFORD & C)	10:47	M13	38	76
49	39	MATT CLIFFORD (CHILTERN H.)	10:50	M13	39	235
50	40	FERDINAND KRICKS (BIGGLESWADE)	10:51	M13	40	556
51	41	JAMIE PUGH (AYLESBURY)	10:52	M13	41	220
52	42	CAMERON ENSER (BRACKNELL)	10:52	M13	42	299
53	43	MATTHEW DICKS (OLNEY)	10:53	M13	43	1102
54	44	TOMAS BILLENNESS (MILTON K)	10:56	M13	44	60
55	45	FINLAY GIBBS (MILTON K)	10:57	M13	45	57
56	46	AIDEN BRENNAN (BEDFORD & C)	10:58	M13	46	83
57	47	MATTHEW STEVENS (ST. ALBANS STR)	10:58	M13	47	451
58	48	NATHAN HYDE (BEDFORD & C)	11:04	M13	48	84
59	49	KRISTIAN EVERISS (CHILTERN H.)	11:07	M13	49	224
60	50	LOUIS HUNT (HARROW)	11:14	M13	50	178
61	51	ETHAN BAINES-GILLESPIE (COOKHAM)	11:15	M13	51	386
62	52	KIYLEN NURSE (MILTON K)	11:16	M13	52	62
63	53	JED KNOBBLET (LUTON)	11:18	M13	53	400
64	54	LEWIE BOWLES (AYLESBURY)	11:26	M13	54	216
65	55	SETH RYCROFT (SILSON)	11:29	M13	55	796
66	56	CONOR STABLES (WYCOMBE)	11:30	M13	56	356
67	57	MUGHILAN MURALITHARAN (HARROW)	11:31	M13	57	183
68	58	SCOTT TOWELL (LEIGHTON B)	11:32	M13	58	330
69	59	LEO FREELAND (MILTON K)	11:33	M13	59	67
70	60	DANIEL HEMMING (BIGGLESWADE)	11:33	M13	60	554
71	61	ELLIOT LOWE (COOKHAM)	11:36	M13	61	371
72	62	HENRY BENNETT (COOKHAM)	11:37	M13	62	381
73	63	CHRIS MORRIS (HARROW)	11:37	M13	63	180
74	64	JOE DAY (CHILTERN H.)	11:37	M13	64	238
75	65	ALISTAIR PINNER (WINDSOR)	11:49	M13	65	129
76	66	JOE BLACK (SILSON)	11:52	M13	66	789
77	67	SAMUEL TYE (MILTON K)	11:58	M13	67	54
78	68	MAX ROSE (LEIGHTON B)	12:01	M13	68	329
79	69	HARRY BELL (LEIGHTON B)	12:04	M13	69	321
80	70	JOE CLARKE (WINDSOR)	12:08	M13	70	132

81	71	ROUX KERR (WYCOMBE)	12:09	M13	71	368
82	72	ELLIOT SWINBURN (BIGGLESWADE)	12:12	M13	72	555
83	73	DYLAN BESSON (LEIGHTON B)	12:12	M13	73	327
84	74	LEWIS CLARK (WATFORD)	12:15	M13	74	838
85	75	DYLAN BROWN (MILTON K)	12:24	M13	75	53
86	76	JOHN WILSON (ST. ALBANS STR)	12:29	M13	76	456
87	77	HARRISON REED (MILTON K)	12:33	M13	77	61
88	78	WILLIAM BYRNE (HARROW)	12:37	M13	78	185
89	79	THOMAS BAILEY (BEDFORD & C)	13:01	M13	79	90
90	80	NO. 132a (WINDSOR)	13:30	M13	80	132a
91	81	OLIVER MORRIS (SILSON)	14:01	M13	81	793
92	82	NO. 797 (SILSON)	15:15	M13	82	797

TEAM RESULT non scorers excluded

1	MARSHALL MILTON KEYNES	231	3	7	8
2	CHILTERN HARRIERS	223	2	11	13
3	VALE OF AYLESBURY	208	1	16	24
4	WINDSOR SE&H	192	10	18	29
5	HARROW A.C.	188	5	6	50
6	BEDFORD & COUNTY	174	19	23	33
7	BRACKNELL	170	17	20	42
8	WYCOMBE PHOENIX	162	9	22	56
9	DACORUM & TRING	131	4	31	
10	ST. ALBANS STRIDERS	114	12	47	76
11	COOKHAM RUNNING CLUB	101	36	51	61
12	LUTON A.C.	92	21	53	
13	BIGGLESWADE	77	40	60	72
14	LEIGHTON BUZZARD	54	58	68	69
15	ABINGDON A.C.	48	35		
16	SILSON JOGGERS	47	55	66	81
17	OLNEY RUNNERS	40	43		
18	WATFORD	9	74		

Under 11 Boys

1	1	NATHAN HACKLEY (CHILTERN H.)	6:27	M11	1	221
2	2	JAMIE BAILEY (DACORUM)	6:28	M11	2	264
3	3	NICHOLAS CAY (WYCOMBE)	6:34	M11	3	361
4	4	ZACH RAHAMAN (CHILTERN H.)	6:35	M11	4	222
5	5	MATTHEW CROW (HARROW)	6:38	M11	5	181
6	6	MATTHEW ALDRED (CHILTERN H.)	6:40	M11	6	227
7	7	AARON PHILLIPS (WYCOMBE)	6:41	M11	7	370
8	8	NOAH FLETCHER (WYCOMBE)	6:42	M11	8	351
9	9	WILL PERRY-ADLAM (WINDSOR)	6:45	M11	9	117
10	10	DOMINIC GRIMSHAW (LEIGHTON B)	6:47	M11	10	339
11	11	JACOB SANDERSON (WYCOMBE)	6:50	M11	11	362
12	12	ALEX BRENT (MILTON K)	6:51	M11	12	66
13	13	ROLLO PARRY (WYCOMBE)	6:52	M11	13	364
14	14	TED ENSER (BRACKNELL)	6:53	M11	14	297
15	15	SAM HODGSON (WINDSOR)	6:55	M11	15	112
16	16	ALEX BICKERSTAFF (HARROW)	6:55	M11	16	185
17	17	LOUNIS GUEMACHE (STEVENAGE)	6:57	M11	17	528
18	18	THEO THOMPSON (STEVENAGE)	6:58	M11	18	529
19		MAXIM BRAGIN (TONBRIDGE) N/S	7:01	M11		1520
20	19	CHRIS BRODIE (BEDFORD & C)	7:01	M11	19	71
21	20	AIDAN MURPHY (MILTON K)	7:02	M11	20	67
22	21	OLIVER DEE (COOKHAM)	7:03	M11	21	385
23	22	CHRISTOPHER HUDSON (HARROW)	7:03	M11	22	182
24	23	STEVEN EVANS (WYCOMBE)	7:05	M11	23	357
25		KAN IKEDA (BOURTON RR) N/S	7:06	M11		1522
26	24	JAKE LEECH (ST. ALBANS STR)	7:07	M11	24	465
27	25	NO. 100 (BEDFORD & C)	7:07	M11	25	100

28	26	FREDDIE HIGGINS	(WYCOMBE)	7:09	M11	26	355
29	27	THOMAS ASHTON	(DACORUM)	7:10	M11	27	265
30	28	CAILAN RUSSELL	(HARROW)	7:11	M11	28	187
31	29	ROBERT QUIGLEY	(ST. ALBANS STR)	7:11	M11	29	460
32	30	EUAN TURNER	(LUTON)	7:11	M11	30	391
33	31	FRANK MCGRATH	(COOKHAM)	7:12	M11	31	388
34	32	WILLIAM MAYHEW	(CHILTERN H.)	7:15	M11	32	228
35	33	THOMAS HIRST-MITCHELL	(LEIGHTON B)	7:16	M11	33	349
36	34	DANIEL MAY	(LEIGHTON B)	7:17	M11	34	350
37	35	SAM BURNELL	(DACORUM)	7:21	M11	35	270
38	36	LUKE MARTIN	(CHILTERN H.)	7:21	M11	36	223
39	37	JOSHUA HURST	(WATFORD)	7:22	M11	37	826
40	38	NICK MITCHELL	(WYCOMBE)	7:23	M11	38	368
41	39	ALEX BATE	(COOKHAM)	7:24	M11	39	372
42	40	FINN KERR	(WYCOMBE)	7:26	M11	40	366
43	41	LUCAS MANSELL	(HARROW)	7:27	M11	41	183
44	42	ARCHIE TATTERSALL	(SILSON)	7:31	M11	42	791
45	43	BEN KNIGHTS	(BEDFORD & C)	7:33	M11	43	77
46	44	KWAO LARSON-AMARTEFIO	(HARROW)	7:34	M11	44	180
47	45	NATHAN KABEL	(HARROW)	7:35	M11	45	186
48	46	LIAM COWLEY	(SILSON)	7:36	M11	46	797
49	47	PATRICK BULL	(WYCOMBE)	7:39	M11	47	358
50	48	BEN GREEN	(MILTON K)	7:39	M11	48	68
51	49	GABRIEL BAKER	(CHILTERN H.)	7:39	M11	49	231
52	50	OLIVER COOKE	(WINDSOR)	7:40	M11	50	115
53	51	MAX WINFIELD	(LUTON)	7:41	M11	51	399
54	52	NO. 199	(AYLESBURY)	7:42	M11	52	199
55	53	SOLOMON PERIS	(HARROW)	7:43	M11	53	188
56	54	JOSHUA DILLEY	(COOKHAM)	7:45	M11	54	390
57	55	FLYNN PEARCE	(WINDSOR)	7:49	M11	55	119
58	56	ALFIE PACE	(SILSON)	7:50	M11	56	798
59	57	AIDAN LEE-CAIRNS	(HARROW)	7:50	M11	57	190
60	58	SAM FRYER	(AYLESBURY)	7:50	M11	58	196
61	59	DANNY MEAD	(STEVENAGE)	7:50	M11	59	530
62	60	OLIVER CRAKE	(STEVENAGE)	7:52	M11	60	518
63	61	ZAK FREELAND	(MILTON K)	7:55	M11	61	65
64	62	ARCHIE SMITH	(AYLESBURY)	7:59	M11	62	202
65	63	TAYLOR GIBSON	(COOKHAM)	7:59	M11	63	387
66	64	JAKE STORER	(SILSON)	8:01	M11	64	792
67	65	ZAKI BRISTER	(WATFORD)	8:03	M11	65	823
68	66	ROHAN MANGAT	(HARROW)	8:04	M11	66	179
69	67	RAPHAEL BAKER	(CHILTERN H.)	8:08	M11	67	238
70	68	JACK NUTTALL	(MILTON K)	8:11	M11	68	69
71	69	SEBASTIAN LAWRENCE	(CHILTERN H.)	8:13	M11	69	230
72	70	BEN WILLIAMSON	(LEIGHTON B TRI)	8:16	M11	70	681
73	71	IWAN HUGHES	(COOKHAM)	8:19	M11	71	389
74	72	HARRY WEBSTER	(SILSON)	8:24	M11	72	799
75	73	MAX MUNCASTER	(AYLESBURY)	8:28	M11	73	191
76	74	OLLY INCHLEY	(LEIGHTON B)	8:30	M11	74	344
77	75	SAM SHEARS	(SILSON)	8:35	M11	75	794
78	76	RAFE PALMER	(ST. ALBANS STR)	8:44	M11	76	467
79	77	ASH NEALE	(LUTON)	8:46	M11	77	420
80	78	GEORGE SAMMES	(MAIDENHEAD)	8:49	M11	78	422
81	79	CALLUM JONES	(MAIDENHEAD)	8:56	M11	79	421
82	80	MICHAEL SNELHAM	(COOKHAM)	9:03	M11	80	373
83	81	DANIEL MADGIN	(MILTON K)	9:39	M11	81	70
84	82	CALEB SLATER	(SILSON)	9:48	M11	82	800
85	83	OLIVER SULLIVAN	(AYLESBURY)	12:01	M11	83	220

TEAM RESULT non scorers excluded

1	CHILTERN HARRIERS	241	1	4	6
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2	WYCOMBE PHOENIX	234	3	7	8
3	HARROW A.C.	209	5	16	22
4	DACORUM & TRING	188	2	27	35
5	WINDSOR SE&H	178	9	15	50
6	LEIGHTON BUZZARD	175	10	33	34
7	MARSHALL MILTON KEYNES	172	12	20	48
8	BEDFORD & COUNTY	165	19	25	43
9	COOKHAM RUNNING CLUB	161	21	31	39
10	STEVENAGE & NH	158	17	18	59
11	ST. ALBANS STRIDERS	123	24	29	76
12	SILSON JOGGERS	108	42	46	56
13	LUTON A.C.	94	30	51	77
14	VALE OF AYLESBURY	80	52	58	62
15	BRACKNELL	70	14		
16	WATFORD	66	37	65	
17	LEIGHTON BUZZ TRIATHLON	14	70		
18	MAIDENHEAD	11	78	79	

Senior/Veteran Ladies

1	JENNY NESBITT	(WORCESTER) N/S	21:10	F	1789	
2	LOUISE SMALL	(ALDERSHOT) N/S	21:28	F	1794	
3	SARAH TUNSTALL	(KENDAL) N/S	21:35	F	1797	
4	IMOGEN AINSWORTH	(BRISTOL) N/S	21:44	F	1770	
5	FAYE FULLERTON	(HAVERING) N/S	21:53	F	1781	
6	1	ROSIE KEANE (LUTON)	22:01	F	1	392
7	SOPHIE COWPER	(LINCOLN WELLINGTON) N/S	22:06	F		1774
8	2	LARA BROMILOW (MILTON K)	22:07	F	2	1771
9	3	RACHEL HUMPHREYS (BEDFORD & C)	22:08	F	3	92
10	LUCY REID	(TONBRIDGE) N/S	22:17	F		1793
11	4	CHARLOTTE FIRTH (WINDSOR)	22:29	F	4	1779
12	5	DIANE MOORE (HEADINGTON)	22:32	F35	1	618
13	NICOLE TAYLOR	(TONBRIDGE) N/S	22:33	F		1796
14	6	NATASHA PETERS (BEDFORD & C)	22:34	F	5	81
15	7	RACHEL CAVE (HIGHAM)	22:46	F	6	1773
16	8	SIAN THOMAS (CHILTERN H.)	23:03	F	7	241
17	9	NADINE LEWYCKY (MILTON K)	23:05	F	8	25
18	10	ALICE BURGIN (BEDFORD & C)	23:06	F	9	74
19	11	EMILY WALLBANK (BEDFORD & C)	23:15	F	10	84
20	NATALIE GRIFFITHS	(CAMBRIDGE & C) N/S	23:16	F		1782
21	SOPHIE FOREMAN	(TONBRIDGE) N/S	23:23	F		1780
22	SALLY MHLANGA	(CHELMSFORD) N/S	23:24	F		1786
23	12	EMILY RELTON (BEDFORD & C)	23:35	F	11	82
24	13	WENDY WEBSTER (ST. ALBANS STR)	23:50	F35	2	442
25	14	JUDE CRAFT (HEADINGTON)	23:54	F35	3	626
26	15	EMILY ARMSTRONG (WINDSOR)	23:59	F	12	112
27	16	NICOLE SWAFFIELD (WINDSOR)	24:03	F	13	1795
28	17	CHRISTINE LATHWELL (LUTON)	24:09	F35	4	406
29	18	WENDY WALSH (ST. ALBANS STR)	24:21	F35	5	444
30	19	EMMA BUTCHER (WYCOMBE)	24:30	F	14	353
31	20	CLAIRE DONALD (PURPLE PATCH)	24:34	F55	1	991
32	21	SUE BOSHER (BEDFORD & C)	24:41	F	15	72
33	22	BEX NKOANE (CHILTERN H.)	24:42	F35	6	246
34	23	RACHEL SHAW (HEADINGTON)	24:45	F35	7	622
35	24	ELLIE BATES (CHILTERN H.)	24:48	F	16	251
36	25	SAMANTHA FAWCETT (DACORUM)	24:49	F	17	268
37	26	ELIZABETH MCKIE (ST. ALBANS STR)	24:55	F45	1	457
38	27	DEBORAH STEER (ST. ALBANS STR)	25:08	F45	2	449
39	28	ANIA GABB (DACORUM)	25:13	F	18	262
40	29	GEMMA CHILDS (MILTON K)	25:15	F	19	15
41	30	MARTINHA FERREIRA (MILTON K)	25:22	F	20	6
42	31	JENNIFER CONWAY (ST. ALBANS STR)	25:23	F	21	467

43	32	AMY CONCANNON (HARROW)	25:25	F	22	189
44	33	GEMMA BITARAF (GADE VALLEY)	25:27	F	23	572
45	34	MICHELLE BARTLETT (BANBURY)	25:30	F45	3	532
46	35	TANYA TAYLOR (MILTON K)	25:34	F	24	4
47	36	KIRSTIE ELLIOT (CHILTERN H.)	25:37	F35	8	242
48	37	EMMA CURTIS-SMITH (BEARBROOK)	25:50	F	25	880
49	38	GAIL DUCKWORTH (LEIGHTON B)	25:53	F55	2	329
50	39	NICKY SMITH (HEADINGTON)	25:56	F	26	621
51	40	AMY INCHLEY (LEIGHTON B)	25:57	F	27	327
52	41	JULIE WARGENT (HIGHAM)	26:17	F35	9	1798
53	42	KELLY DU BUISSON (DACORUM)	26:18	F	28	270
54	43	CHARLOTTE STEPTOE (AYLESBURY)	26:21	F	29	193
55	44	JULIA AUSTIN (AYLESBURY)	26:25	F45	4	194
56	45	LAURA SHARMA (GADE VALLEY)	26:34	F	30	592
57	46	NATALIE WICKINGS (STEVENAGE)	26:35	F	31	502
58	47	DAWN BREWARD (BRACKLEY)	26:38	F35	10	1082
59	48	CATHERINE DAVIES (DACORUM)	26:47	F45	5	290
60	49	ZOE LOWE (ST. ALBANS STR)	26:52	F45	6	450
61	50	KATE SERGEANT (HEADINGTON)	26:57	F	32	611
62	51	LISA JAY (BEARBROOK)	26:59	F	33	890
63	52	ANGELA TRUSSLER (WATFORD)	27:04	F35	11	845
64	53	JENNY EATON (PURPLE PATCH)	27:05	F45	7	981
65	54	MARY WARD (TRING)	27:08	F45	8	808
66	55	FRAN PENNY (HANDY CROSS)	27:09	F	34	913
67	56	JOHANNA SHARPLES (ST. ALBANS STR)	27:10	F	35	472
68	57	SOPHIE BARNARD (Q.P.H.)	27:10	F45	9	980
69	58	LYNN BODDY (LEIGHTON B)	27:11	F35	12	330
70	59	VICTORIA BROADBENT (BEARBROOK)	27:12	F	36	881
71	60	ABI GOOCH (REDWAY)	27:14	F35	13	1049
72	61	LIZ O'KEEFFE (TRING)	27:15	F35	14	812
73	62	GWYNETH HUETER (OXFORD)	27:16	F55	3	731
74	63	CHARLOTTE NOAKES (HEADINGTON)	27:17	F	37	620
75	64	HARRIET GRIFFITHS (HEADINGTON)	27:22	F	38	625
76	65	ALISON HARDING (TRING)	27:23	F45	10	811
77	66	DEBRA BRENT (MILTON K)	27:25	F45	11	23
78	67	ALISON BROWNHILL (PURPLE PATCH)	27:26	F45	12	1311
79	68	VERNA BURGESS (TRING)	27:27	F45	13	809
80	69	KERRY ADAMS (MILTON K)	27:29	F35	15	17
81	70	JANE COULCHER (THAME)	27:35	F45	14	1027
82	71	MARIA CALLEIA (MILTON K)	27:40	F35	16	10
83	72	REBECCA FAWCETT (DACORUM)	27:45	F	39	269
84	73	CLAIRE MCDONNELL (GADE VALLEY)	27:46	F45	15	575
85	74	EMMA NEWELL (THAME)	27:53	F	40	1025
86	75	VICKY CRAWLEY (GADE VALLEY)	27:55	F35	17	574
87	76	SAMANTHA SULLIVAN (DACORUM)	28:10	F35	18	266
88	77	SORAYA BUX (HANDY CROSS)	28:16	F35	19	911
89	78	GILLIAN JUBB (ST. ALBANS STR)	28:17	F35	20	461
90	79	KATIE HAYLOCK (LEIGHTON B)	28:19	F	41	335
91	80	HELEN HINDE (WINDSOR)	28:21	F45	16	133
92	81	KAREN WISHAERT (DACORUM)	28:25	F45	17	264
93	82	JULIE FASTIGGI (PURPLE PATCH)	28:27	F35	21	1308
94	83	RUTH KERR (BEDFORD & C)	28:32	F45	18	78
95	84	LIZ PETERS (LEIGHTON B)	28:33	F35	22	339
96	85	DEIRDRE HEYDECKER (ST. ALBANS STR)	28:34	F55	4	448
97	86	DEBBIE AITKEN (PURPLE PATCH)	28:34	F35	23	993
98	87	MEL WRIGHT (MILTON K)	28:46	F	42	19
99	88	JO WINFIELD (LUTON)	28:52	F35	24	399
100	89	ELIZABETH WALLS (ST. ALBANS STR)	28:55	F55	5	462
101	90	SUE TORRANCE (SILSON)	28:58	F45	19	789
102	91	VICTORIA BROOKLING (WINDSOR)	28:59	F45	20	130
103	92	NATASHA KING (SILSON)	29:16	F35	25	755

104	93	HEATHER CLARKE (Q.P.H.)	29:17	F	43	954
105	94	LYNN GARRICKS (BEARBROOK)	29:18	F35	26	877
106	95	TESSA PASSEY (CHILTERN H.)	29:22	F35	27	250
107	96	KATE LOACH (CHILTERN H.)	29:23	F45	21	240
108	97	SUZIE HALL (REDWAY)	29:37	F45	22	1046
109	98	ANNA FRYER (BEARBROOK)	29:47	F35	28	900
110	99	PAULA HING (WINDSOR)	29:49	F45	23	122
111	100	NICOLA CROOKES (BRACKLEY)	30:05	F	44	1088
112	101	JAYNE COOPER (SILSON)	30:32	F45	24	794
113	102	ALISON BARRY (HEADINGTON)	30:35	F45	25	624
114	103	KATHY STAUNTON (CHILTERN H.)	30:44	F55	6	247
115	104	VICTORIA SHELDON (AYLESBURY)	30:46	F45	26	192
116	105	MADELINE BRODIE (BEDFORD & C)	30:51	F45	27	73
117	106	EMMA NASH (GADE VALLEY)	30:55	F	45	573
118	107	LORRAINE DAGLISH (LUTON)	30:57	F55	7	396
119	108	CELINE WILCOX (TRING)	30:59	F35	29	801
120		SARAH RELTON (BEDFORD & C) N/S	31:04	F45		89
121	109	REBECCA BIEGEL (BANBURY)	31:06	F45	28	534
122	110	BARBARA RALPH (CHILTERN H.)	31:25	F55	8	243
123	111	VICTORIA THORNLEY (DACORUM)	31:38	F	46	285
124	112	FIONA TOWELL (LEIGHTON B)	31:41	F45	29	333
125	113	STEPH ENGLISH (STEVENAGE)	31:47	F35	30	506
126	114	MARIA EVANS (TRING)	31:48	F35	31	1778
127	115	SUSIE IVIN (GADE VALLEY)	31:52	F35	32	571
128	116	HELEN BRAWN (BRACKLEY)	31:58	F35	33	1086
129	117	ALISON NUTTALL (BRACKLEY)	32:15	F	47	1080
130	118	MEL BIGNELL (SILSON)	32:18	F45	30	783
131	119	SUE FALLON (THAME)	32:28	F45	31	1030
132	120	HAYLEY VINNICOMBE (BEDFORD & C)	32:37	F45	32	90
133	121	KARIS THOMAS (GADE VALLEY)	32:41	F	48	577
134	122	CAROLE MOONEY (ST. ALBANS STR)	32:46	F45	33	446
135	123	JILL GREY (BEARBROOK)	32:51	F55	9	885
136	124	LINDSEY THOMAS (SILSON)	32:57	F35	34	752
137	125	ALISON PUTKO (WATFORD)	33:02	F35	35	826
138	126	EMMA CARTER (HEADINGTON)	33:08	F35	36	615
139	127	CEZ PROBERT (SILSON)	33:09	F	49	786
140	128	MARIE WRAY (SILSON)	33:14	F45	34	757
141	129	PAT HAYBALL (DACORUM)	33:17	F45	35	287
142	130	LISA RIPLEY (BEARBROOK)	33:22	F35	37	887
143	131	JO KIDD (GADE VALLEY)	33:26	F	50	589
144	132	LIZ DANIEL (TRING)	33:28	F45	36	816
145	133	KIRSTY BARNETT (TRING)	33:31	F35	38	803
146	134	KATE JOHNSON (LEIGHTON B)	33:33	F	51	337
147	135	NIKKI ELVIN (LEIGHTON B)	33:35	F	52	332
148	136	SUE MCEWEN (MAIDENHEAD)	33:36	F55	10	422
149	137	VANESSA STRIDE (REDWAY)	33:37	F45	37	1041
150	138	PAULA COOK (GADE VALLEY)	33:42	F45	38	578
151	139	KAREN DYKES (SILSON)	34:02	F45	39	795
152	140	ANDREA HARRIS (WATFORD)	34:22	F35	39	824
153	141	DENISE BURFORD (DACORUM)	34:48	F35	40	281
154	142	SALLY STEPHENS (SILSON)	34:54	F45	40	797
155		WENDY MORANT (BIRCHFIELD) N/S	35:06	F		1787
156	143	JULIE WALLER (BRACKLEY)	35:14	F45	41	1077
157	144	CHARLOTTE HOLLOWAY (ST. ALBANS STR)	35:36	F	53	474
158	145	MARGARET BOND (HIGHAM)	35:39	F55	11	655
159	146	EMMA BOND (HIGHAM)	35:58	F	54	654
160	147	JO PRIGMORE (HIGHAM)	36:08	F35	41	660
161	148	PATRICIA BANERT (BEARBROOK)	36:14	F45	42	883
162	149	KIRSTY RUSSELL (DACORUM)	36:19	F	55	286
163	150	KIT RAPSON (SILSON)	36:34	F45	43	759
164	151	ALISON ASHBOLT (BEARBROOK)	36:49	F45	44	874

165	152	KAREN BUGAI (REDWAY)	37:21	F55	12	1042
166	153	HELEN HEATHCOTE (GADE VALLEY)	37:48	F35	42	595
167	154	HAYLEY PARRY (THAME)	37:58	F35	43	1026
168	155	JAYNE HOUSE (MAIDENHEAD)	38:23	F45	45	432
169	156	CAROLINE SKYRME (ST. ALBANS STR)	38:28	F45	46	445
170	157	FIONA CALDER (CHILTERN H.)	38:36	F35	44	253
171	158	DAWN GOLDFINCH (MAIDENHEAD)	39:08	F35	45	431
172	159	PAULA WALKER (CHILTERN H.)	39:12	F55	13	258
173	160	SARAH PEARSON (SILSON)	39:18	F	56	784
174	161	JEAN WEBB (ST. ALBANS STR)	40:03	F55	14	464
175	162	JO PARKER (LEIGHTON B TRI)	40:24	F55	15	1332
176	163	HELEN REARDON (DACORUM)	40:59	F	57	283
177	164	AMY WRIGHT (SILSON)	42:01	F	58	777
178	165	CHRISTINE DEARMAN (WATFORD)	43:19	F45	47	838

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	634	3	6	10	11
2	MARSHALL MILTON KEYNES	594	2	9	29	30
3	HEADINGTON R.R.	583	5	14	23	39
4	ST. ALBANS STRIDERS	580	13	18	26	27
5	CHILTERN HARRIERS	574	8	22	24	36
6	WINDSOR SE&H	549	4	15	16	80
7	DACORUM & TRING	521	25	28	42	48
8	LUTON A.C.	451	1	17	88	107
9	LEIGHTON BUZZARD	449	38	40	58	79
10	PURPLE PATCH RUNNERS	442	20	53	67	82
11	GADE VALLEY	438	33	45	73	75
12	BEARBROOK RUNNING CLUB	423	37	51	59	94
13	TRING RUNNING CLUB	416	54	61	65	68
14	HIGHAM HARRIERS	325	7	41	145	146
15	VALE OF AYLESBURY	307	43	44	104	
16	BRACKLEY & DISTRICT	284	47	100	116	117
17	SILSON JOGGERS	263	90	92	101	118
18	THAME RUNNERS	247	70	74	119	154
19	REDWAY RUNNERS	218	60	97	137	152
20	HANDY CROSS	200	55	77		
21	BANBURY	189	34	109		
22	QUEENS PARK H.	182	57	93		
23	WATFORD	182	52	125	140	165
24	STEVENAGE & NH	173	46	113		
25	WYCOMBE PHOENIX	147	19			
26	HARROW A.C.	134	32			
27	OXFORD CITY	104	62			
28	MAIDENHEAD	49	136	155	158	
29	LEIGHTON BUZZ TRIATHLON	4	162			

Veteran Ladies Race

1	ST. ALBANS STRIDERS	580	13	18	26	27
2	HEADINGTON R.R.	520	5	14	23	102
3	PURPLE PATCH RUNNERS	442	20	53	67	82
4	TRING RUNNING CLUB	416	54	61	65	68
5	CHILTERN HARRIERS	415	22	36	95	96
6	LEIGHTON BUZZARD	372	38	58	84	112
7	DACORUM & TRING	330	48	76	81	129
8	MARSHALL MILTON KEYNES	292	66	69	71	
9	LUTON A.C.	286	17	88	107	
10	SILSON JOGGERS	263	90	92	101	118
11	GADE VALLEY	263	73	75	115	138
12	WINDSOR SE&H	228	80	91	99	
13	BEARBROOK RUNNING CLUB	219	94	98	123	130

14	REDWAY RUNNERS	218	60	97	137	152
15	BRACKLEY & DISTRICT	192	47	116	143	
16	BEDFORD & COUNTY	190	83	105	120	
17	BANBURY	189	34	109		
18	VALE OF AYLESBURY	184	44	104		
19	WATFORD	182	52	125	140	165
20	HIGHAM HARRIERS	165	41	145	147	
21	THAME RUNNERS	155	70	119	154	
22	QUEENS PARK H.	109	57			
23	OXFORD CITY	104	62			
24	HANDY CROSS	89	77			
25	STEVENAGE & NH	53	113			
26	MAIDENHEAD	49	136	155	158	
27	LEIGHTON BUZZ TRIATHLON	4	162			

Junior/U17 Ladies

1	PHOEBE LAW	(KINGSTON & POLY) N/S	17:37	F20	1687	
2	BRONWEN OWEN	(SCARBOROUGH) N/S	17:47	F20	1688	
3	GEMMA HOLLOWAY	(THURROCK) N/S	17:57	F20	1685	
4	CATRIONA GRAVES	(GARSCUBE) N/S	18:15	F20	1683	
5	HEIDI DAVIES	(BRECON AC) N/S	18:26	F17	1656	
6	ISABEL CARRON	(SKERRIES) N/S	18:49	F17	1654	
7	EMMA CLAPTON	(SCARBOROUGH) N/S	18:55	F17	1655	
8	1	MEGAN HUMPHRIES (OXFORD)	19:01	F17	1	1662
9	KIRSTIN OAKLEY	(AYR SEAFORTH) N/S	19:06	F17	1664	
10	BRYONY HAINES	(BIRCHFIELD) N/S	19:10	F17	1660	
11	GEORGIA FEAR	(HIGHGATE) N/S	19:12	F17	1658	
12	2	FIONA BUNN (ABINGDON)	19:20	F17	2	936
13	HELENA KEENAN	(CORBY AC) N/S	19:23	F20	1686	
14	KARYS AMORY	(BIRCHFIELD) N/S	19:25	F17	1650	
15	3	HANNAH MORTON (CHILTERN H.)	19:27	F17	3	241
16	4	EMILY READ (BRACKNELL)	19:31	F17	4	302
17	5	MEGAN STEER (ST. ALBANS STR)	19:36	F20	1	448
18	JODIE JUDD	(CHELMSFORD) N/S	19:39	F17	1663	
19	6	SARAH KERR (BEDFORD & C)	19:41	F17	5	71
20	7	EMMA DELGADO (WYCOMBE)	19:56	F17	6	353
21	8	RACHEL PARLOUR (ST. ALBANS STR)	19:57	F17	7	489
22	9	TABITHA WEDDELL (ST. ALBANS STR)	20:08	F17	8	485
23	10	KATHRYN DITTON (WINDSOR)	20:09	F17	9	118
24	11	ALANAH HARRIS (BEDFORD & C)	20:13	F20	2	74
25	12	NATASHA TAYLOR (WYCOMBE)	20:22	F17	10	355
26	13	HANNAH THEAR (CHILTERN H.)	20:39	F17	11	1665
27	14	JESS DUCKETT (OXFORD)	20:55	F17	12	748
28	15	COURTNEY HUNTER (BEDFORD & C)	20:59	F17	13	72
29	16	CHLOE DEARMAN (WATFORD)	21:12	F20	3	822
30	17	MEGAN STYLES (WYCOMBE)	21:14	F17	14	370
31	18	ALICE WRIGHT (AYLESBURY)	21:17	F17	15	191
32	19	SARAH SHEPERD (AYLESBURY)	21:18	F17	16	197
33	20	EMILY GODWIN (Q.P.H.)	21:21	F17	17	979
34	21	HANNAH RIDLEY (BIGGLESWADE)	21:22	F20	4	563
35	NIXIE TURHER	(WORCESTER) N/S	21:25	F17	1666	
36	22	SOPHIE BOTHAM (MILTON K)	21:50	F17	18	57
37	CHLOE BROAD	(VALE ROYAL) N/S	22:02	F17	1653	
38	23	AMY GANT (WYCOMBE)	22:02	F17	19	352
39	24	JADE BROWN (MILTON K)	22:04	F17	20	49
40	25	FRANCESCA DURBIN (ST. ALBANS STR)	22:23	F20	5	488
41	26	ELIZA TASWELL-FRYER (AYLESBURY)	22:27	F17	21	214
42	27	AMY JEFFERIES (WINDSOR)	22:32	F17	22	122
43	28	NAOMI BAKER (ST. ALBANS STR)	22:36	F17	23	492
44	29	ALEX BENTLEY (ST. ALBANS STR)	22:38	F17	24	487
45	30	KATIE BENCH (CHILTERN H.)	22:52	F17	25	245

46	31	CHARLIE DUKE	(STEVENAGE)	22:54	F17	26	505
47		CHLOE DOOLEY	(VALE ROYAL) N/S	22:57	F17		1657
48	32	JESS BARNES	(ST. ALBANS STR)	23:24	F17	27	484
49	33	GEORGIA ROBIN	(ST. ALBANS STR)	23:44	F17	28	486
50	34	NATALIE NURSE	(MILTON K)	24:06	F17	29	53
51	35	JESSICA EDWARDS	(ST. ALBANS STR)	24:21	F17	30	490
52	36	LEONIE GLASSON	(AYLESBURY)	24:34	F17	31	215
53	37	KAYLEY BILLINGTON	(LUTON)	24:37	F17	32	417
54	38	SARAH FEELY	(STEVENAGE)	24:50	F20	6	504
55	39	ELIZABETH SHIRLEY	(MILTON K)	24:50	F17	33	41
56	40	IZABELLA HODGSON	(MILTON K)	25:27	F17	34	48
57	41	AMY BOTHAM	(MILTON K)	25:38	F20	7	37
58	42	MARIA HILL	(HARROW)	25:39	F17	35	156
59	43	FREYA VAFADARI	(LUTON)	25:39	F17	36	413
60	44	KATIE WATKINS	(HARROW)	25:57	F20	8	154
61	45	LISA BARBER	(STEVENAGE)	26:23	F17	37	503
62	46	CALYPSO PHILLIPS	(DACORUM)	27:20	F17	38	261
63	47	IZZI BIDLAKE-HULL	(LEIGHTON B)	27:20	F17	39	322

TEAM RESULT non scorers excluded

1	ST. ALBANS STRIDERS	122	5	8	9
2	BEDFORD & COUNTY	112	6	11	15
3	WYCOMBE PHOENIX	108	7	12	17
4	CHILTERN HARRIERS	98	3	13	30
5	OXFORD CITY	81	1	14	
6	VALE OF AYLESBURY	81	18	19	26
7	MARSHALL MILTON KEYNES	64	22	24	34
8	WINDSOR SE&H	59	10	27	
9	ABINGDON A.C.	46	2		
10	BRACKNELL	44	4		
11	WATFORD	32	16		
12	STEVENAGE & NH	30	31	38	45
13	QUEENS PARK H.	28	20		
14	BIGGLESWADE	27	21		
15	LUTON A.C.	16	37	43	
16	HARROW A.C.	10	42	44	
17	DACORUM & TRING	2	46		
18	LEIGHTON BUZZARD	1	47		

Under 15 Girls

1		KHAHISA MHLANGA	(CHELMSFORD) N/S	13:12	F15		1609
2		ABI FISHER	(CARDIFF) N/S	13:31	F15		1603
3	1	EMILY THOMPSON	(BANBURY)	13:34	F15	1	1613
4	2	MAISIE RELTON	(BEDFORD & C)	13:39	F15	2	88
5		NAOMI KINGSTON	(BLACKHEATH) N/S	13:44	F15		1509
6		ISABELLA HOY	(WOODFORD GREEN) N/S	13:46	F15		1605
7	3	AMELIA QUIRK	(BRACKNELL)	13:47	F15	3	308
8		NAOMI REID	(CARDIFF) N/S	13:50	F15		1611
9	4	SOPHIE MORTON	(CHILTERN H.)	13:53	F15	4	241
10		JASMINE COOPER	(DERBY AC) N/S	13:54	F15		1601
11	5	ELENA CAREY	(BRACKNELL)	14:01	F15	5	304
12	6	EMILY BANNISTER	(CHILTERN H.)	14:04	F15	6	243
13	7	ROBYN WATKINS	(CHILTERN H.)	14:07	F15	7	252
14	8	EMMA MEARS	(MILTON K)	14:09	F15	8	1608
15	9	SOPHIE POOLE	(BRACKNELL)	14:12	F15	9	306
16	10	SCARLETT WAGER-LEIGH	(CHILTERN H.)	14:19	F15	10	242
17	11	ERIN MCCAFFRAY	(BEDFORD & C)	14:20	F15	11	79
18		ANNWEN GAMMON	(CARDIFF) N/S	14:21	F15		1604
19	12	LAUREN NICHOLS	(BEDFORD & C)	14:33	F15	12	77
20		HOLLI JEHU	(ABERDARE) N/S	14:40	F15		1607
21	13	HANNAH SHELTON	(BEDFORD & C)	14:42	F15	13	86

22		RHEA COOPER (LEICESTER COR) N/S	14:46	F15		1602
23	14	SINEAD STOVELL (BEDFORD & C)	14:47	F15	14	82
24	15	TIA WILLIAMS (BANBURY)	14:49	F15	15	532
25	16	GEORGIA NUNN (LUTON)	14:53	F15	16	401
26	17	ANA MONTGOMERY (WYCOMBE)	14:55	F15	17	361
27	18	ZOE THOMPSON (STEVENAGE)	14:57	F15	18	510
28	19	HANNAH RAYDEN (ST. ALBANS STR)	14:59	F15	19	478
29	20	FREYA WEDDELL (ST. ALBANS STR)	15:05	F15	20	479
30	21	JESSICA ORR (CHILTERN H.)	15:05	F15	21	245
31	22	LIZZIE BARRACLOUGH (CHILTERN H.)	15:08	F15	22	246
32	23	EMILY SPENCER-JONES (BRACKNELL)	15:10	F15	23	301
33	24	NATASHA HAYMAN (LUTON)	15:14	F15	24	409
34	25	HOLLY JAMIESON (MILTON K)	15:15	F15	25	64
35	26	TILLY COLE (BRACKNELL)	15:18	F15	26	313
36	27	ORLA FAWCETT (CHILTERN H.)	15:24	F15	27	244
37	28	CHARLIE KASPEROWICZ (STEVENAGE)	15:25	F15	28	504
38	29	JESSICA NUTTALL (MILTON K)	15:25	F15	29	62
39	30	SARAH PLUMMER (LEIGHTON B)	15:27	F15	30	343
40	31	CHARLOTTE MUNN (CHILTERN H.)	15:28	F15	31	250
41	32	ANNA VINNICOMBE (BEDFORD & C)	15:29	F15	32	73
42	33	MAISIE PENNANT (WYCOMBE)	15:31	F15	33	363
43	34	SANDIE POHLMAN (CHILTERN H.)	15:34	F15	34	251
44	35	ASHLEIGH HYDE (BEDFORD & C)	15:38	F15	35	83
45	36	MOLLY RELTON (BEDFORD & C)	15:44	F15	36	87
46	37	JAMIE MORRIS (OXFORD)	15:50	F15	37	742
47	38	MOLLY ASTILL (STEVENAGE)	15:55	F15	38	509
48	39	ENYA DEYSEL (MILTON K)	15:56	F15	39	53
49	40	SOPHIE OLNEY (ST. ALBANS STR)	16:01	F15	40	473
50	41	NAOMI BRUCE (BRACKNELL)	16:02	F15	41	296
51	42	KATIE SAUNDERS (STEVENAGE)	16:08	F15	42	511
52	43	JEMIMA TASWELL-FRYER (CHILTERN H.)	16:21	F15	43	253
53	44	AMBER HARMAN (MILTON K)	16:24	F15	44	70
54	45	CAITLIN BELL (LEIGHTON B)	16:30	F15	45	340
55	46	ROSIE MERRIN (MILTON K)	16:48	F15	46	57
56	47	RACHAEL HADDOW (HARROW)	16:49	F15	47	178
57	48	MIMI HOULIHAN-BURNE (CHILTERN H.)	16:50	F15	48	248
58	49	ROSIE BAILEY (BEDFORD & C)	16:55	F15	49	84
59	50	MEGAN WESTROPE (LEIGHTON B)	17:18	F15	50	345
60	51	GRACE GOLDFINCH (MAIDENHEAD)	17:23	F15	51	422
61	52	EMILY ANDERS (ST. ALBANS STR)	17:32	F15	52	476
62	53	ELEANOR REES (SILSON)	17:33	F15	53	761
63	54	LIBBY HERDMAN-SMITH (MILTON K)	17:46	F15	54	60
64	55	NEAVE WRAY (SILSON)	17:58	F15	55	763
65	56	AMY JELLEY (SILSON)	18:04	F15	56	760
66	57	FAYE SMITH (BRACKNELL)	18:19	F15	57	305
67	58	GEORGIE REID (STEVENAGE)	18:21	F15	58	508
68	59	ROISIN GITTINS (BEDFORD & C)	18:32	F15	59	94
69	60	PAMINA KRICKS (BIGGLESWADE)	18:33	F15	60	562
70	61	SCARLET HARRIS (WINDSOR)	19:09	F15	61	130
71	62	JADE STORER (SILSON)	19:27	F15	62	768
72	63	ISABEL SHIPP (MILTON K)	19:36	F15	63	63
73	64	ZOE SHAI (WINDSOR)	19:49	F15	64	133
74	65	JESSICA WILLIAMS (MAIDENHEAD)	20:26	F15	65	427
75	66	TONI DIBLEY (MAIDENHEAD)	20:26	F15	66	426

TEAM RESULT non scorers excluded

1	CHILTERN HARRIERS	184	4	6	7
2	BRACKNELL	184	3	5	9
3	BEDFORD & COUNTY	176	2	11	12
4	MARSHALL MILTON KEYNES	139	8	25	29
5	ST. ALBANS STRIDERS	122	19	20	40

6	BANBURY	118	1	15	
7	STEVENAGE & NH	117	18	28	38
8	LUTON A.C.	94	16	24	
9	WYCOMBE PHOENIX	84	17	33	
10	LEIGHTON BUZZARD	76	30	45	50
11	SILSON JOGGERS	37	53	55	56
12	OXFORD CITY	30	37		
13	HARROW A.C.	20	47		
14	MAIDENHEAD	19	51	65	66
15	WINDSOR SE&H	9	61	64	
16	BIGGLESWADE	7	60		

Under 13 Girls

1	EMMA FREW (AYR SEAFORTH) N/S	9:46	F13		1546
2	SOPHIE HOARE (BLACKHEATH) N/S	10:01	F13		1550
3	1 ROSE ABBOTT (BEDFORD & C)	10:12	F13	1	73
4	FERN HARRISON (WREAKE RUNNERS) N/S	10:18	F13		1549
5	2 KATIE THOMPSON (WINDSOR)	10:19	F13	2	139
6	LEONA MURRAY (KILBARCHAN) N/S	10:21	F13		1555
7	HOLLIE GAMBLE (WREAKE RUNNERS) N/S	10:23	F13		1547
8	HAYLEY INSTANCE (THURROCK) N/S	10:23	F13		1551
9	3 GRACE INGLES (WATFORD)	10:24	F13	3	831
10	4 SUSIE MAIR (BRACKNELL)	10:26	F13	4	303
11	5 LUCY-MAE SHEPHERD (BEDFORD & C)	10:27	F13	5	75
12	SOFIA VELLA (CARDIFF) N/S	10:31	F13		1564
13	LILY WINFIELD (HEANOR RC) N/S	10:31	F13		1566
14	6 ABBIE JONES (MAIDENHEAD)	10:33	F13	6	1553
15	7 KEIRA STERN (ST. ALBANS STR)	10:33	F13	7	453
16	HELENA DYCE (CAMBRIDGE & C) N/S	10:35	F13		1545
17	8 LOTTI KNIGHTS (BEDFORD & C)	10:45	F13	8	76
18	ZENA CHALLENGER (LEICESTER COR) N/S	10:50	F13		1542
19	9 BARBARA DE KONING (MILTON K)	10:53	F13	9	5
20	10 MADDIE PERRY (DACORUM)	10:54	F13	10	273
21	11 IMOGEN KING (MILTON K)	10:56	F13	11	1
22	12 DAISY PALMER (OXFORD)	10:58	F13	12	1556
23	13 LIBBY JAY (LUTON)	10:58	F13	13	403
24	ELISE TURNER (BLAENAU GWENT) N/S	10:59	F13		1563
25	14 ALISHA WILLIAMS (OXFORD)	11:01	F13	14	1565
26	15 SOPHIE ROBIN (ST. ALBANS STR)	11:01	F13	15	454
27	16 EMILY ALDERSON (CHILTERN H.)	11:01	F13	16	241
28	17 INDIRA PATEL (DACORUM)	11:02	F13	17	271
29	18 HOLLY HODGSKINSON (WYCOMBE)	11:02	F13	18	354
30	SOPHIE THORPE (WREAKE RUNNERS) N/S	11:06	F13		1562
31	19 GEMMA MILNE (MILTON K)	11:09	F13	19	4
32	20 MIRANDA COOMBS (MAIDENHEAD)	11:09	F13	20	426
33	21 CERY S VICO (WYCOMBE)	11:12	F13	21	361
34	22 CHARLOTTE RICE (BRACKNELL)	11:13	F13	22	305
35	23 LUCY PERKINS (AYLESBURY)	11:15	F13	23	219
36	24 EMILY SANDERSON (WYCOMBE)	11:19	F13	24	360
37	25 MORGAN HANSON (WINDSOR)	11:21	F13	25	138
38	26 ANNA WOOLSTON (BRACKNELL)	11:22	F13	26	304
39	27 EMILY HAINES-GRAY (OXFORD)	11:28	F13	27	1548
40	28 MADISON FOXCROFT (WINDSOR)	11:28	F13	28	131
41	29 EMILY TAYLOR-WEST (COOKHAM)	11:29	F13	29	382
42	30 SOPHIE PETERS (HARROW)	11:30	F13	30	171
43	31 NIAMH GALLAGHER (ST. ALBANS STR)	11:32	F13	31	458
44	32 HANNAH TROTMAN (WATFORD)	11:33	F13	32	830
45	33 KATIE CLUTTERBUCK (WINDSOR)	11:33	F13	33	121
46	34 MIA WATERHOUSE (WYCOMBE)	11:34	F13	34	368
47	35 KATIE MALLAGHAN (MILTON K)	11:36	F13	35	3
48	36 ANYA BROMLEY (OXFORD)	11:37	F13	36	706

49	37	MOLLY TAPSTER (BEDFORD & C)	11:44	F13	37	77
50	38	ALESSANDRA PRINCE (OXFORD)	11:46	F13	38	1558
51	39	ISOBEL HINDLEY (MILTON K)	11:47	F13	39	12
52	40	BEATRIX TOWERS (ST. ALBANS STR)	11:47	F13	40	460
53	41	ANYA FROGGATT (BRACKNELL)	11:47	F13	41	293
54	42	EMMA STYLES (WYCOMBE)	11:48	F13	42	357
55	43	SOPHIE MULCAHY (ST. ALBANS STR)	11:49	F13	43	469
56		MOLLY BALL (BLAENAU GWENT) N/S	11:49	F13		1540
57	44	ELLIE RABBITTS (LEIGHTON B)	11:51	F13	44	343
58	45	GEORGIA TUKE (COOKHAM)	11:54	F13	45	385
59	46	GABRIELLA SCOTTING (OXFORD)	11:55	F13	46	1559
60	47	SALLY TREMLETT (HARROW)	11:55	F13	47	174
61	48	LILY ROLFE (WINDSOR)	11:57	F13	48	125
62	49	LUCY THORNTON (MAIDENHEAD)	11:58	F13	49	425
63	50	EMILY BARNES (ST. ALBANS STR)	12:02	F13	50	455
64	51	REGAN COOPER (SILSON)	12:03	F13	51	767
65	52	JESSICA PULLEN (CHILTERN H.)	12:06	F13	52	243
66	53	NO. 173 (HARROW)	12:07	F13	53	173
67		MAISIE PEARCE (BLAENAU GWENT) N/S	12:08	F13		1557
68	54	SKYE VERWEY (SILSON)	12:09	F13	54	766
69	55	SIAN VICO (WYCOMBE)	12:09	F13	55	356
70	56	EMILY RAYDEN (ST. ALBANS STR)	12:13	F13	56	456
71	57	HARRIET GRAHAM (MAIDENHEAD)	12:17	F13	57	424
72	58	MILLIE HUGHES (CHILTERN H.)	12:20	F13	58	247
73	59	CHARLOTTE COOKE (MILTON K)	12:25	F13	59	6
74	60	RACHEL CROWDER (WATFORD)	12:27	F13	60	822
75		HOLLY DOOLEY (VALE ROYAL) N/S	12:28	F13		1543
76	61	CAITLIN JOHAL (WATFORD)	12:36	F13	61	829
77	62	CHRISTINA TURNER (ST. ALBANS STR)	12:38	F13	62	467
78	63	SADIE TOWELL (LEIGHTON B)	12:40	F13	63	345
79	64	BETH MURRAY (COOKHAM)	12:41	F13	64	378
80	65	JESSICA DIBLEY (MAIDENHEAD)	12:47	F13	65	422
81	66	CHLOE MAY (LEIGHTON B)	12:51	F13	66	342
82	67	LOTTIE FISHER (COOKHAM)	12:52	F13	67	379
83	68	NO. 361a (WYCOMBE)	12:53	F13	68	361a
84	69	LEAH CARBIN (LUTON)	12:53	F13	69	407
85	70	KATIE BARKSHIRE (HARROW)	13:01	F13	70	175
86	71	SHADIE ESTEKI (LUTON)	13:02	F13	71	417
87	72	NICOLE WHITTLE (MILTON K)	13:04	F13	72	11
88	73	EVIE GILMOUR (LEIGHTON B)	13:04	F13	73	344
89	74	LAURA HOUSE (MAIDENHEAD)	13:06	F13	74	423
90	75	REBECCA LYTOLLIS (SILSON)	13:06	F13	75	769
91	76	HANNAH MABEY (AYLESBURY)	13:19	F13	76	192
92	77	EMMA EDWARDS (ST. ALBANS STR)	14:17	F13	77	470
93	78	CAITLYN O'MALLEY (LUTON)	14:34	F13	78	419
94	79	MCKENNA KEEFE (LEIGHTON B)	14:34	F13	79	341
95	80	MILLIE REES (SILSON)	16:34	F13	80	787

TEAM RESULT non scorers excluded

1	BEDFORD & COUNTY	229	1	5	8
2	MARSHALL MILTON KEYNES	204	9	11	19
3	BRACKNELL	191	4	22	26
4	OXFORD CITY	190	12	14	27
5	ST. ALBANS STRIDERS	190	7	15	31
6	WINDSOR SE&H	188	2	25	28
7	WYCOMBE PHOENIX	180	18	21	24
8	MAIDENHEAD	168	6	20	49
9	WATFORD	148	3	32	60
10	DACORUM & TRING	135	10	17	
11	CHILTERN HARRIERS	117	16	52	58
12	HARROW A.C.	113	30	47	53

13	COOKHAM RUNNING CLUB	105	29	45	64
14	LUTON A.C.	90	13	69	71
15	LEIGHTON BUZZARD	70	44	63	66
16	VALE OF AYLESBURY	63	23	76	
17	SILSON JOGGERS	63	51	54	75

Under 11 Girls

1	1	CHARLOTTE UNDERWOOD (MILTON K)	6:51	F11	1	1
2	2	SOFIA PERUSKO (BEDFORD & C)	6:55	F11	2	74
3	3	ANNA CUTHBERT (AYLESBURY)	6:56	F11	3	1501
4	4	ORLA WILLIAMS (CHILTERN H.)	6:57	F11	4	241
5	5	ABBIE HENDERSON (CHILTERN H.)	7:02	F11	5	244
6		VALENCIA WRIGHT (VICTORIA PK COG) N/S	7:04	F11		1508
7	6	LIBBY NEWHOUSE (OXFORD)	7:07	F11	6	705
8	7	KATIE REPPER (CHILTERN H.)	7:13	F11	7	242
9	8	LEAH JAY (LUTON)	7:14	F11	8	404
10	9	KATY MANNIX (SILSON)	7:16	F11	9	772
11	10	OLIVIA EDWARDS (DACORUM)	7:17	F11	10	279
12	11	HOLLY HENDERSON (CHILTERN H.)	7:18	F11	11	245
13	12	LUCY HALL (BRACKNELL)	7:22	F11	12	292
14		SASHA POOLE (BRACKNELL) N/S	7:23	F11		296
15	13	IMOGEN TATTERSALL (WINDSOR)	7:25	F11	13	112
16	14	MILLIE LOWRIE (WYCOMBE)	7:27	F11	14	354
17	15	KITTY MAIR (BRACKNELL)	7:27	F11	15	291
18	16	CARYS ARNOLD (CHILTERN H.)	7:28	F11	16	249
19	17	LUCY TAPSTER (BEDFORD & C)	7:30	F11	17	73
20	18	APRIL BARNES (MILTON K)	7:32	F11	18	9
21		RUBY ABBOTT (BEDFORD & C) N/S	7:33	F11		72
22	19	EMILY HINTON (SILSON)	7:35	F11	19	778
23	20	NIQUOLE CARTER (LEIGHTON B)	7:40	F11	20	334
24	21	EMELINE BROWN (ST. ALBANS STR)	7:43	F11	21	442
25	22	MADDIE HUGHES (CHILTERN H.)	7:45	F11	22	243
26		SOPHIE WORRALL (BEDFORD & C) N/S	7:46	F11		71
27	23	DAISY YABSLEY (MILTON K)	7:48	F11	23	2
28	24	ZARA BROOKS (LEIGHTON B)	7:49	F11	24	336
29	25	EMMA WILSON (ST. ALBANS STR)	7:50	F11	25	445
30	26	HOLLY LANDON (WINDSOR)	7:52	F11	26	113
31	27	ELEANOR MAYHEW (CHILTERN H.)	7:52	F11	27	247
32	28	ELLA GRIFFIN (WYCOMBE)	7:52	F11	28	353
33	29	RACHEL CLUTTERBUCK (WINDSOR)	7:52	F11	29	111
34	30	EMILY ROBERTS (COOKHAM)	7:52	F11	30	377
35	31	HATTY GRIMSHAW (LEIGHTON B)	7:53	F11	31	338
36	32	KIERA FOSTER (WYCOMBE)	7:54	F11	32	356
37	33	HOLLY LATHWELL (LUTON)	7:57	F11	33	393
38	34	IZZY THOMPSON (WINDSOR)	7:57	F11	34	117
39	35	ANTONIA JUBB (ST. ALBANS STR)	7:57	F11	35	441
40	36	CHARLOTTE KING (BRACKNELL)	8:01	F11	36	294
41	37	JODIE BROGDEN (MILTON K)	8:05	F11	37	4
42	38	JEMIMA RIDLEY (COOKHAM)	8:07	F11	38	373
43		MADISON TORBITT (WREAKE RUNNERS) N/S	8:11	F11		1507
44	39	FREYA SMITH (AYLESBURY)	8:11	F11	39	216
45	40	KATE ABRAMS (AYLESBURY)	8:13	F11	40	213
46	41	ISOBEL HAYNES (LEIGHTON B)	8:15	F11	41	337
47	42	CHARLOTTE DUDLEY (WYCOMBE)	8:16	F11	42	358
48	43	EMILY BOYLAN (LUTON)	8:17	F11	43	400
49	44	SOPHIE POWELL (CHILTERN H.)	8:18	F11	44	251
50		ABBY RUCKER (TEAM BATH) N/S	8:20	F11		1504
51	45	LATANYAH BYFIELD (AYLESBURY)	8:20	F11	45	194
52	46	SABRINA JANSEN (WATFORD)	8:21	F11	46	826
53	47	NIKKI KAY (MILTON K)	8:23	F11	47	3
54	48	CARA MANNIX (SILSON)	8:28	F11	48	773

55	49	SOPHIE HAWES (LEIGHTON B)	8:28	F11	49	335
56	50	SARAH BROOKES (ST. ALBANS STR)	8:30	F11	50	450
57		JOSIE RUCKER (TEAM BATH) N/S	8:31	F11		1505
58	51	ARIEL SPECKTOR (COOKHAM)	8:33	F11	51	387
59	52	MILLIE HAWES (LEIGHTON B)	8:34	F11	52	323
60	53	EMMA FULNER (ST. ALBANS STR)	8:35	F11	53	447
61	54	SOPHIE HARRIS (WATFORD)	8:36	F11	54	823
62	55	JULIA BELL (LEIGHTON B)	8:37	F11	55	321
63	56	PHOEBE MILLER (MILTON K)	8:39	F11	56	11
64	57	SOPHIE POWELL (CHILTERN H.)	8:42	F11	57	251a
65	58	NIKOLA BISHOP (BANBURY)	8:43	F11	58	550
66	59	DEVAN GIBSON (COOKHAM)	8:45	F11	59	375
67	60	EVE GULLION (SILSON)	8:57	F11	60	751
68	61	MIA COWLEY (SILSON)	9:02	F11	61	775
69	62	MAISY GUDDEN (MILTON K)	9:10	F11	62	8
70	63	NELL BELLENGER (SILSON)	9:19	F11	63	779
71	64	ADELA SIMACKOVA (SILSON)	9:21	F11	64	780
72	65	IRENE KRICKS (BIGGLESWADE)	9:31	F11	65	567
73	66	ISABELLA TAYLOR (SILSON)	9:38	F11	66	786
74	67	GRACE O'MALLEY (LUTON)	9:46	F11	67	401
75	68	SOPHIE KING (BRACKNELL)	9:55	F11	68	295
76	69	LYDIA CHARALAMBOUS (AYLESBURY)	10:03	F11	69	202
77	70	EMILY ROWLEY (MILTON K)	10:06	F11	70	12
78	71	HOLLY REES (SILSON)	10:08	F11	71	776
79	72	LAUREN THOMAS (SILSON)	10:10	F11	72	774
80	73	KERI ARMITAGE (AYLESBURY)	10:41	F11	73	192
81	74	PAISLEY ARIS-STEAD (AYLESBURY)	10:45	F11	74	197
82	75	SOPHIE LESLIE (BIGGLESWADE)	10:59	F11	75	570
83	76	LUCY KING (SILSON)	11:24	F11	76	777

TEAM RESULT non scorers excluded

1	CHILTERN HARRIERS	215	4	5	7
2	MARSHALL MILTON KEYNES	189	1	18	23
3	BRACKNELL	168	12	15	36
4	WINDSOR SE&H	163	13	26	29
5	WYCOMBE PHOENIX	157	14	28	32
6	LEIGHTON BUZZARD	156	20	24	31
7	SILSON JOGGERS	155	9	19	48
8	ST. ALBANS STRIDERS	150	21	25	35
9	VALE OF AYLESBURY	149	3	39	40
10	LUTON A.C.	147	8	33	43
11	BEDFORD & COUNTY	135	2	17	
12	COOKHAM RUNNING CLUB	112	30	38	51
13	OXFORD CITY	71	6		
14	DACORUM & TRING	67	10		
15	WATFORD	54	46	54	
16	BANBURY	19	58		
17	BIGGLESWADE	14	65	75	

Total Overall Score

1	BEDFORD & COUNTY	4007	2856	1151
2	MARSHALL MILTON KEYNES	3755	2754	1001
3	CHILTERN HARRIERS	3552	2579	973
4	ST. ALBANS STRIDERS	3410	2396	1014
5	LEIGHTON BUZZARD	2833	2237	596
6	WINDSOR SE&H	2757	1952	805
7	VALE OF AYLESBURY	2699	2248	451
8	HARROW A.C.	2693	2416	277
9	DACORUM & TRING	2340	1682	658
10	SILSON JOGGERS	2321	1958	363

11	TRING RUNNING CLUB	2270	1854	416
12	HEADINGTON R.R.	2232	1649	583
13	GADE VALLEY	2162	1724	438
14	LUTON A.C.	2023	1372	651
15	REDWAY RUNNERS	1869	1651	218
16	WYCOMBE PHOENIX	1796	1277	519
17	OXFORD CITY	1775	1370	405
18	BEARBROOK RUNNING CLUB	1765	1342	423
19	QUEENS PARK H.	1350	1140	210
20	HANDY CROSS	1306	1106	200
21	WATFORD	1274	912	362
22	THAME RUNNERS	1149	902	247
23	BANBURY	957	650	307
24	PURPLE PATCH RUNNERS	907	465	442
25	BRACKNELL	859	440	419
26	STEVENAGE & NH	849	529	320
27	HIGHAM HARRIERS	827	502	325
28	BRACKLEY & DISTRICT	659	375	284
29	MAIDENHEAD	656	420	236
30	LEIGHTON BUZZ TRIATHLON	572	568	4
31	AMPTHILL & FLITWICK	440	440	
32	COOKHAM RUNNING CLUB	235	130	105
33	ABINGDON A.C.	148	102	46
34	OLNEY RUNNERS	129	129	
35	BIGGLESWADE	122	88	34

Male Overall Score

1	BEDFORD & COUNTY	2856	2437	94	151	174
2	MARSHALL MILTON KEYNES	2754	2306	70	147	231
3	CHILTERN HARRIERS	2579	2149	91	116	223
4	HARROW A.C.	2416	2228			188
5	ST. ALBANS STRIDERS	2396	2166		116	114
6	VALE OF AYLESBURY	2248	1946	32	62	208
7	LEIGHTON BUZZARD	2237	2183			54
8	SILSON JOGGERS	1958	1885		26	47
9	WINDSOR SE&H	1952	1718	39	3	192
10	TRING RUNNING CLUB	1854	1834	20		
11	GADE VALLEY	1724	1724			
12	DACORUM & TRING	1682	1540	11		131
13	REDWAY RUNNERS	1651	1651			
14	HEADINGTON R.R.	1649	1649			
15	LUTON A.C.	1372	1169	2	109	92
16	OXFORD CITY	1370	1370			
17	BEARBROOK RUNNING CLUB	1342	1342			
18	WYCOMBE PHOENIX	1277	1035	61	19	162
19	QUEENS PARK H.	1140	1127		13	
20	HANDY CROSS	1106	1106			
21	WATFORD	912	858		45	9
22	THAME RUNNERS	902	902			
23	BANBURY	650	650			
24	LEIGHTON BUZZ TRIATHLON	568	549	19		
25	STEVENAGE & NH	529	442		87	
26	HIGHAM HARRIERS	502	502			
27	PURPLE PATCH RUNNERS	465	465			
28	AMPTHILL & FLITWICK	440	440			
29	BRACKNELL	440	270			170
30	MAIDENHEAD	420	348		72	
31	BRACKLEY & DISTRICT	375	375			
32	COOKHAM RUNNING CLUB	130			29	101
33	OLNEY RUNNERS	129	89			40

34	ABINGDON A.C.	102	54		48
35	BIGGLESWADE	88		11	77

Female Overall Score

1	BEDFORD & COUNTY	1151	634	112	176	229
2	ST. ALBANS STRIDERS	1014	580	122	122	190
3	MARSHALL MILTON KEYNES	1001	594	64	139	204
4	CHILTERN HARRIERS	973	574	98	184	117
5	WINDSOR SE&H	805	549	59	9	188
6	DACORUM & TRING	658	521	2		135
7	LUTON A.C.	651	451	16	94	90
8	LEIGHTON BUZZARD	596	449	1	76	70
9	HEADINGTON R.R.	583	583			
10	WYCOMBE PHOENIX	519	147	108	84	180
11	VALE OF AYLESBURY	451	307	81		63
12	PURPLE PATCH RUNNERS	442	442			
13	GADE VALLEY	438	438			
14	BEARBROOK RUNNING CLUB	423	423			
15	BRACKNELL	419		44	184	191
16	TRING RUNNING CLUB	416	416			
17	OXFORD CITY	405	104	81	30	190
18	SILSON JOGGERS	363	263		37	63
19	WATFORD	362	182	32		148
20	HIGHAM HARRIERS	325	325			
21	STEVENAGE & NH	320	173	30	117	
22	BANBURY	307	189		118	
23	BRACKLEY & DISTRICT	284	284			
24	HARROW A.C.	277	134	10	20	113
25	THAME RUNNERS	247	247			
26	MAIDENHEAD	236	49		19	168
27	REDWAY RUNNERS	218	218			
28	QUEENS PARK H.	210	182	28		
29	HANDY CROSS	200	200			
30	COOKHAM RUNNING CLUB	105				105
31	ABINGDON A.C.	46		46		
32	BIGGLESWADE	34		27	7	
33	LEIGHTON BUZZ TRIATHLON	4	4			

Seniors Overall Score

1	BEDFORD & COUNTY	3071	2437	634
2	MARSHALL MILTON KEYNES	2900	2306	594
3	ST. ALBANS STRIDERS	2746	2166	580
4	CHILTERN HARRIERS	2723	2149	574
5	LEIGHTON BUZZARD	2632	2183	449
6	HARROW A.C.	2362	2228	134
7	WINDSOR SE&H	2267	1718	549
8	VALE OF AYLESBURY	2253	1946	307
9	TRING RUNNING CLUB	2250	1834	416
10	HEADINGTON R.R.	2232	1649	583
11	GADE VALLEY	2162	1724	438
12	SILSON JOGGERS	2148	1885	263
13	DACORUM & TRING	2061	1540	521
14	REDWAY RUNNERS	1869	1651	218
15	BEARBROOK RUNNING CLUB	1765	1342	423
16	LUTON A.C.	1620	1169	451
17	OXFORD CITY	1474	1370	104
18	QUEENS PARK H.	1309	1127	182
19	HANDY CROSS	1306	1106	200
20	WYCOMBE PHOENIX	1182	1035	147

21	THAME RUNNERS	1149	902	247
22	WATFORD	1040	858	182
23	PURPLE PATCH RUNNERS	907	465	442
24	BANBURY	839	650	189
25	HIGHAM HARRIERS	827	502	325
26	BRACKLEY & DISTRICT	659	375	284
27	STEVENAGE & NH	615	442	173
28	LEIGHTON BUZZ TRIATHLON	553	549	4
29	AMPTHILL & FLITWICK	440	440	
30	MAIDENHEAD	397	348	49
31	BRACKNELL	270	270	
32	OLNEY RUNNERS	89	89	
33	ABINGDON A.C.	54	54	

Young Athletes Overall Score

1	BEDFORD & COUNTY	936	94	151	174	112	176	229
2	MARSHALL MILTON KEYNES	855	70	147	231	64	139	204
3	CHILTERN HARRIERS	829	91	116	223	98	184	117
4	ST. ALBANS STRIDERS	664		116	114	122	122	190
5	WYCOMBE PHOENIX	614	61	19	162	108	84	180
6	BRACKNELL	589			170	44	184	191
7	WINDSOR SE&H	490	39	3	192	59	9	188
8	VALE OF AYLESBURY	446	32	62	208	81		63
9	LUTON A.C.	403	2	109	92	16	94	90
10	HARROW A.C.	331			188	10	20	113
11	OXFORD CITY	301				81	30	190
12	DACORUM & TRING	279	11		131	2		135
13	MAIDENHEAD	259		72			19	168
14	COOKHAM RUNNING CLUB	235		29	101			105
15	STEVENAGE & NH	234		87		30	117	
16	WATFORD	234		45	9	32		148
17	LEIGHTON BUZZARD	201			54	1	76	70
18	SILSON JOGGERS	173		26	47		37	63
19	BIGGLESWADE	122		11	77	27	7	
20	BANBURY	118					118	
21	ABINGDON A.C.	94			48	46		
22	QUEENS PARK H.	41		13		28		
23	OLNEY RUNNERS	40			40			
24	TRING RUNNING CLUB	20	20					
25	LEIGHTON BUZZ TRIATHLON	19	19					