

Briton to crack 3:56), Alan Salter (under 4 min after coming so close indoors), and 18-year-old Gary Staines. Chris McGeorge, deputising in the match for Mike McLeod (leg injury), clocked 4:02.41 in his first ever mile race. Nevertheless, Stewart (whose 1:48.08 800 at Cwmbran heralded a miling breakthrough) was the only Briton to make the first five. Getting in a bit of practise for later on, Bob Benn led through the first two quarters in 59.1 and 1:58.9, at which point Mike Hillardt took control and was never headed. The man who this year broke Herb Elliott's Australian mile record with 3:53.3 behind John Walker proceeded to clip off the third quarter in 59.4 and the fourth in 57.0, comfortably holding at bay Craig Masback and the rest all the while. 1, M. Hillardt (Aus) 3:55.33; 2, C. Masback (US) 3:55.63; 3, IAN STEWART 3:55.93; 4, F. Assuma (US) 3:56.34; 5, W. Waigwa (Ken-gst) 3:56.55; 6, A. Salter (gst) 3:58.31; 7, M. Downes (gst) 4:00.52; 8, J. Kroon (Swe) 4:00.98; 9, G. Staines (gst) 4:02.28; 10, CHRIS MCGEORGE 4:02.41; 11, B. Nilsson (Swe) 4:07.64; 12, P. Dixon (gst) 4:08.03; 13, P. Grinsted (Aus) 4:10.42; 14, R. Benn (gst) 4:27.95.

3000: Tim Hutchings, filling in for an ill Dave Moorcroft, followed up his UK 5000 success with an equally untroubled victory over 3000, trimming his best time in the process although it never looked like being a really fast race (2:41.5 first kilometre). A 58.0 last lap settled the race in Hutchings' favour. His team-mate Geoff Smith, back from the USA was suffering from shin soreness and had very much an off-day but guesting Steve Harris and Jon Richards (18) reduced their best times. 1, TIM HUTCHINGS 7:56.30; 2, P. Wallin (Swe) 7:58.30; 3, M. Erixon (Swe) 7:58.69; 4, K. Jensen (US) 7:58.82; 5, J. Andrews (Aus) 7:59.74; 6, S. Harris (gst) 8:00.38; 7, D. Harvey (US) 8:04.97; 8, J. Richards (gst) 8:06.51; 9, GEOFF SMITH 8:20.58; 10, A. Lloyd (Aus) 8:33.81.

5000: Fresh — if that's the word — from a 13:19 in Eugene four days earlier, Paul Cummings pulled clear of front-running Steve

Reitz fastest in the world

Austin with a 57 sec last lap. Mark Scrutton, deputising for Dave Clarke, ran the race of his life to knock some 14 sec off his previous best in 3rd place, and Dick Callan — competing as a guest — made up for his demise at Cwmbran (8th) with his fastest ever time. 1, P. Cummings (US) 13:28.36; 2, S. Austin (Aus) 13:30.26; 3, MARK SCRUTTON 13:32.20; 4, R. Callan (gst) 13:33.60; 5, H. Segerfeldt (Swe) 13:35.70; 6, STEVE EMSON 13:45.23; 7, P. Gorman (US) 14:03.44; 8, B. Orsveden (Swe) 14:17.59; 9, G. Barrett (Aus) 14:30.92.

3000SC: Ever since his brilliant junior days three years ago Colin Reitz has appeared to be the logical successor to Dennis Coates (8:18.95 at the 1976 Olympics) as UK record holder, particularly in view of his admirable speed on the flat (1:50.0 800, 3:40.75 1500). Yet, for all his undoubted promise and talent, Colin's progress in the steeplechase was slower than anticipated (he reduced his best to 8:29.31 last year) and his racing record was erratic. Would he fulfil his potential? Any worries on that score were firmly removed after watching him at this meeting. Colin Reitz stood revealed as a possible world beater after all. Despite the remarkable circumstances (*see box*) Reitz produced the fastest time in the world thus far this year — 8:21.06 — in posting the second best mark ever by a Briton . . . and the whole operation was so easy that he felt he could have knocked another five seconds off! Taking the lead after two laps Reitz dominated the race and after four laps (4:26.0) he was 25m ahead of his nearest challenger, the USA's Bruce Bickford, who had fallen on the second lap, picked himself up way behind in last place and had worked his way through the field. The plucky American closed to within 15m of Reitz after six laps (6:38.6) but that long, loping stride of the Essex Beagle pulled him safely away. At the bell (7:17.4) he was 20m clear; at the finish his margin was nearly twice that. Bickford, astonishingly in view of his fall, took nearly 7 sec off his previous best, set back in 1977.

1, COLIN REITZ 8:21.06; 2, B. Bickford (US) 8:26.74; 3, K. Einspahr (US) 8:32.06; 4, J. Hagelbrand (Swe) 8:32.10; 5, L. Abrahansen (Swe) 8:38.26; 6, DAVE LEWIS 8:47.52; 7, G. Zeuner (Aus) 8:50.25; 8, G. Briggs (Aus) 8:57.49; 9, T. Fieldsend (gst) 9:00.79.

CANCER RESEARCH CAMPAIGN

5½ MILE ROAD RACE

from

Alsager Comprehensive School
SUNDAY, 20th JUNE, 11.00 a.m.

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|---------|-------------------|
| Class 1 | Children up to 13 |
| Class 2 | Boys 14-18 |
| Class 3 | All Women |
| Class 4 | Men |
| Class 5 | Over 40's |

TROPHIES & CERTIFICATES

Entries on day from 9.30 a.m.

UK ALL-TIME LIST

8:18.95	Denis Coates	1976
8:21.06	Colin Reitz	1982
8:22.48	John Davies	1974
8:22.63	Julian Marsay	1978
8:22.82	John Bicourt	1976
8:26.4	Andy Holden	1972