

Kent Cross Country League (Race 2)
Saturday 26th October 2019 at Somerhill, Park (The Schools at Somerhill), Tonbridge.

This Kent Cross Country League fixture is our home match at Somerhill Park (The Schools at Somerhill). Being a home match, all those wishing to run should let me know in advance, to ensure registration prior to race day. Please be at the TAC shelter an hour before your race start.

Anyone able to help with course marshalling, car park or baking cakes please let me know !

Please hand your race numbers back to me after the race, as they are required for the rest of the season.

Any problems please phone Mark Hookway on mobile 07710197948.

Timetable

Start Time	Age	Distance
11.00am	Under 11 race (non league)	1 mile
12.00 noon	Under 13 Girls	3,000 metres
12.20 pm	Under 13 Boys	3,000 metres
12.40 pm	Under 15 Girls	4,000 metres
1.00 pm	Under 15 Boys	4,000 metres
1.20 pm	Under 17/20 Women plus W65+ & M70+	5,000 metres
1.50 pm	Under 17 & 20 Men	5,000 metres
2.10 pm	Senior Women	8,000 metres
3.00 pm	Senior Men	8,000 metres

The first 3 runners score for the team (Senior Men 4 and 12). Club Vests must be worn. 12mm spikes if possible.

Address - The Schools at Somerhill, Tonbridge, Kent, TN11 0NJ

Directions

From A21 North

Pass Tonbridge and Hildenborough exit. Pass Tonbridge and Southborough exit. Take next exit and at roundabout take 2nd exit. Travel about half mile to next roundabout and take 3rd exit, into Tudeley Lane (B2017) towards Paddock Wood and Tudeley. The entrance to the schools at Somerhill is on the right after a few hundred yards

From Hadlow on A26.

After Hadlow pass a petrol station on the left. Keep going towards Tonbridge. At the first set of traffic lights that are at a junction turn left. Immediately ahead is a golf driving range. Keep going until you come to a roundabout (there is a car dealer on the left). At the roundabout turn left by the Mercedes dealer. The Post Office sorting depot is now on your right. Go to the next roundabout and take the first exit into Tudeley Lane (B2017). The entrance to the Schools at Somerhill is on the right after a few hundred yards.