Kent Cross Country League (Race 1 of 4)
Saturday 16th October 2021 at Swanley Park

Please be at the Tonbridge tent at the venue at least one hour before your race (see below). Please let me know if you need a lift (contact details below)

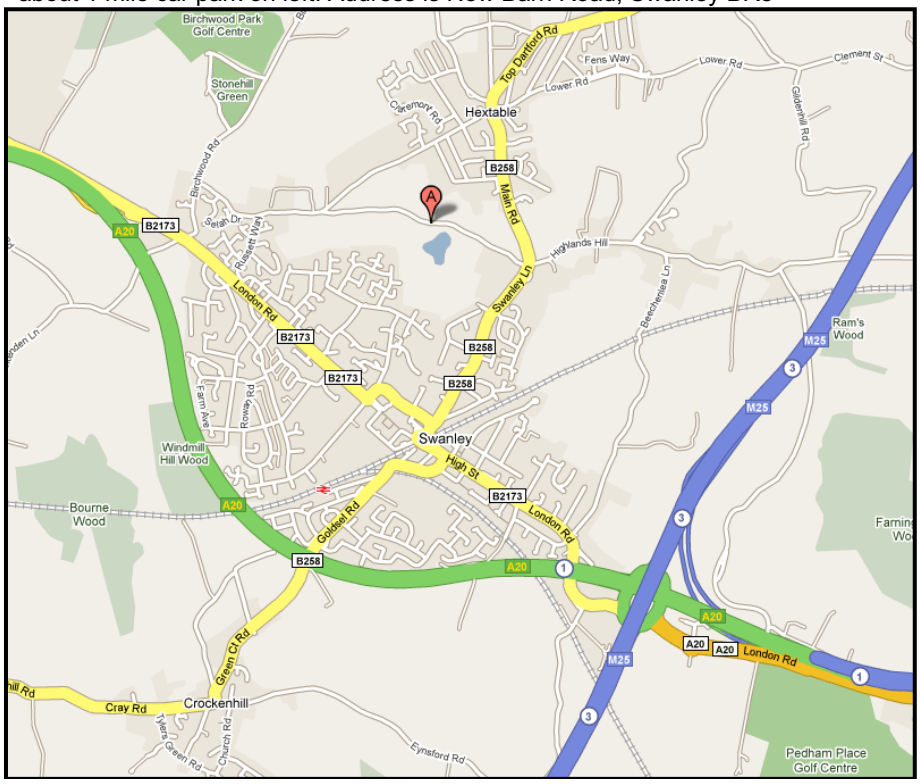
You cannot run unless registered. If you can confirm participation asap it helps me. You can get me on markhookway@icloud.com if it's easier or mobile 077101 97948.

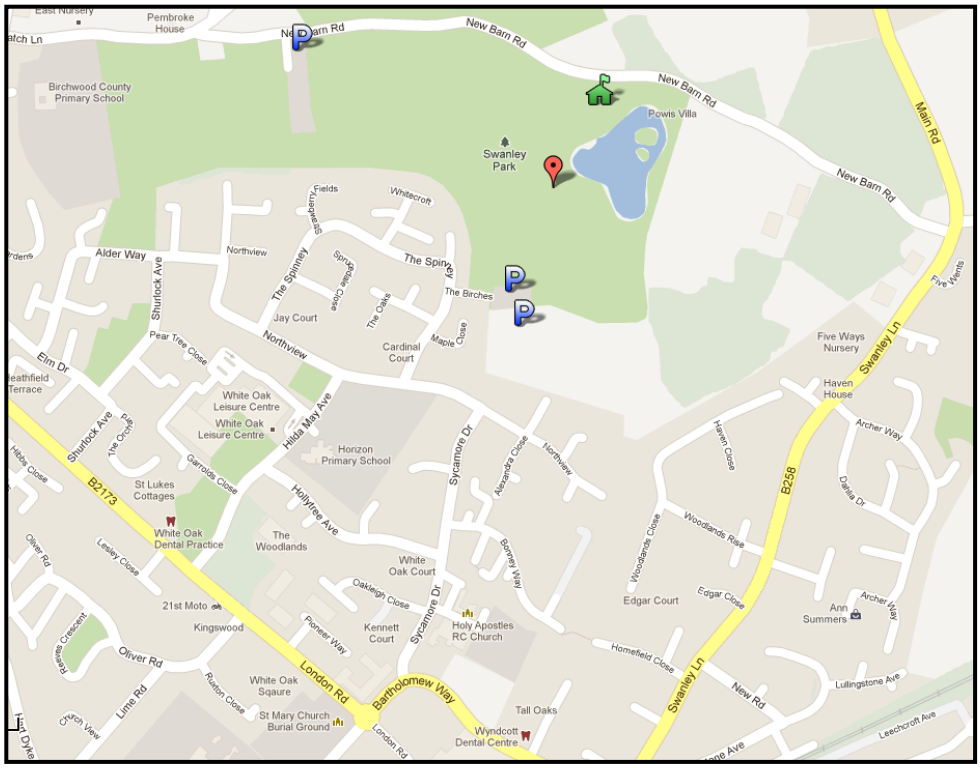
Timetable (exact distances to be confirmed)

Start Time	Age	Distance
12.00 pm	Under 13 Girls	3,100 metres
12.20 pm	Under 13 Boys	3,100 metres
12.40 pm	Under 15 Girls	3,910 metres
1.00 pm	Under 15 Boys	3,910 metres
1.20 pm	Under 17/20 Women plus W65+ & M70+	4,860 metres
1.50 pm	Under 17 & 20 Men	4,860 metres
2.10 pm	Senior Women	8,010 metres
3.00 pm	Senior Men	8,010 metres

The first 3 runners score for the team (senior men 4 and 12).

Directions :
From M25 Junction 3 / M20 Junction 1: Take the B2173 into Swanley - last exit on first roundabout - last exit on second roundabout - last exit on third roundabout into Swanley Lane - aboat 1/2 mile turn left into New Barn Road - about 1 mile car park on left. Address is New Barn Road, Swanley BR8





Pembroke House
New Barn Rd
Birchwood County Primary School
Powis Villa
Swanley Park
Main Rd
Alder Way
Northview
The Spinney
Whitecroft
The Birches
Jay Court
Cardinal Court
Maple Close
Five Ways Nursery
Swanley Ln
Haven House
Archer Way
Elm Dr
Pear Tree Close
White Oak Leisure Centre
Hilda May Ave
Horizon Primary School
Sycamore Dr
Alexandra Close
Haven Close
B258
B2173
St Lukes Cottages
Garrolds Close
Hollytree Ave
White Oak Dental Practice
The Woodlands
White Oak Court
Woodlands Rise
Woodlands Close
Edgar Court
Edgar Close
Ann Summers
21st Moto
Kingswood
Oakleigh Close
Kennett Court
Holy Apostles RC Church
Homefield Close
Oliver Rd
Lime Rd
White Oak Sqaure
London Rd
Bartholomew Way
St Mary Church Burial Ground
Tall Oaks
Wyndcott Dental Centre
New Rd
Lullingstone Ave
Leechcroft Ave