

Kent County Under 13 Championships, Erith Stadium, Erith - 21/09/2013 - 22/09/2013
Under 13 Boys

100m		Heat 1		w/s=-1.9	
No.	Athlete	Club	Perf		
1	100	Ben Sutton	Dartford Harriers AC	13.15	Q
2	85	Ernie Lake	Tonbridge AC	13.97	Q
3	92	Connor Neal	Thanet AC	14.17	
4	101	Alex Thomson	Tonbridge AC	14.25	
5	91	Maliek Mills	Dartford Harriers AC	14.86	
6	86	Harry Lutz	Thanet AC	15.87	
7	97	Jack Seery	Thanet AC	DNS	

100m		Heat 2		w/s=-1.5	
No.	Athlete	Club	Perf		
1	94	Justin Oludemi	Dartford Harriers AC	13.47	Q
2	84	Rory Kuypers	Medway & Maidstone AC	13.55	Q
3	95	Oliver Phillips	Tonbridge AC	13.86	q
4	98	Jack Smith	Bexley AC	14.43	
5	88	Elliot Martin	Medway & Maidstone AC	15.58	
6	99	Ronnie Stowell	Bexley AC	16.60	

100m		Heat 3		w/s=-1.8	
No.	Athlete	Club	Perf		
1	90	Isaac Milham	Medway & Maidstone AC	13.14	Q
2	93	Seyi Olatunji	Cambridge Harriers	13.61	Q
3	102	Zack Wellard	Swale Combined AC	14.09	q
4	104	Myles Xavier	Blackheath & Bromley H AC	14.14	
5	87	Jonathan Mann	Bexley AC	14.61	
6	83	Luke Cressey	Thanet AC	15.43	
7	96	Johannes Sadler	Medway Park Phoenix	15.65	

100m		FINAL		w/s=-1.2	
No.	Athlete	Club	Perf		
1	90	Isaac Milham	Medway & Maidstone AC	12.70	
2	94	Justin Oludemi	Dartford Harriers AC	13.15	
3	100	Ben Sutton	Dartford Harriers AC	13.16	
4	84	Rory Kuypers	Medway & Maidstone AC	13.49	
5	85	Ernie Lake	Tonbridge AC	13.68	
6	93	Seyi Olatunji	Cambridge Harriers	13.73	
7	102	Zack Wellard	Swale Combined AC	13.82	
8	95	Oliver Phillips	Tonbridge AC	dns	

200m		Heat 1		w/s=-1.1	
No.	Athlete	Club	Perf		
1	100	Ben Sutton	Dartford Harriers AC	26.94	Q
2	85	Ernie Lake	Tonbridge AC	28.39	q
3	107	David Fullbrook	Tonbridge AC	29.83	
4	105	Nathan Bostan	Medway & Maidstone AC	32.27	

200m		Heat 2		w/s=-1.3	
No.	Athlete	Club	Perf		
1	90	Isaac Milham	Medway & Maidstone AC	27.32	Q
2	104	Myles Xavier	Blackheath & Bromley H AC	29.37	
3	87	Jonathan Mann	Bexley AC	30.18	
4	108	Thomas Keaveney	Ashford AC	32.12	
5	98	Jack Smith	Bexley AC	dns	

200m		Heat 3		w/s=-1.6	
No.	Athlete	Club	Perf		
1	94	Justin Oludemi	Dartford Harriers AC	27.59	Q
2	109	Cameron Roberts	Tonbridge AC	28.96	q
3	92	Connor Neal	Thanet AC	29.03	q
4	101	Alex Thomson	Tonbridge AC	29.19	
5	91	Maliek Mills	Dartford Harriers AC	30.48	

200m		FINAL		w/s=0.6	
No.	Athlete	Club	Perf		
1	90	Isaac Milham	Medway & Maidstone AC	25.72	
2	100	Ben Sutton	Dartford Harriers AC	26.31	
3	94	Justin Oludemi	Dartford Harriers AC	26.38	
4	85	Ernie Lake	Tonbridge AC	28.41	
5	109	Cameron Roberts	Tonbridge AC	29.27	
6	92	Connor Neal	Thanet AC	29.33	

800m Heat 1

No.	Athlete	Club	Perf	
1	96	Johannes Sadler	Medway Park Phoenix	2:33.36
2	117	Lewis Stickings	Blackheath & Bromley H AC	2:36.88
3	116	Matthew Roach	Bexley AC	2:38.45
4	118	Oliver Weston	Invicta East Kent AC	dnf

Q
Q
q**800m Heat 2**

No.	Athlete	Club	Perf	
1	112	Angus Harrington	Blackheath & Bromley H AC	2:32.17
2	97	Jack Seery	Thanet AC	2:33.99
3	113	Benjamin McNally	Dartford Harriers AC	2:42.11
4	87	Jonathan Mann	Bexley AC	2:44.78
5	99	Ronnie Stowell	Bexley AC	2:47.87

Q
Q
q**800m FINAL**

No.	Athlete	Club	Perf	
1	112	Angus Harrington	Blackheath & Bromley H AC	2:30.11
2	97	Jack Seery	Thanet AC	2:33.91
3	96	Johannes Sadler	Medway Park Phoenix	2:35.45
4	117	Lewis Stickings	Blackheath & Bromley H AC	2:37.04
5	116	Matthew Roach	Bexley AC	2:40.02
6	113	Benjamin McNally	Dartford Harriers AC	2:41.96

1500m FINAL

No.	Athlete	Club	Perf	
1	121	Michael Eagling	Blackheath & Bromley H AC	4:50.27
2	112	Angus Harrington	Blackheath & Bromley H AC	4:50.66
3	125	George Pope	Blackheath & Bromley H AC	5:00.76
4	120	Henry-James Cowie	Blackheath & Bromley H AC	5:06.43
5	119	Reegan Archer	Medway & Maidstone AC	5:14.95
6	127	James Stoney	Tonbridge AC	5:15.90
7	123	Tyler Green	Tonbridge AC	5:55.62
8	122	Logan Green	Tonbridge AC	6:05.21

75m Hurdles Heat 1 w/s=-1.1

No.	Athlete	Club	Perf	
1	90	Isaac Milham	Medway & Maidstone AC	12.43
2	129	Caelan Raju	Blackheath & Bromley H AC	14.79
3	128	Felix Brooks	Tonbridge AC	15.99
4	117	Lewis Stickings	Blackheath & Bromley H AC	16.07
5	86	Harry Lutz	Thanet AC	16.21
6	99	Ronnie Stowell	Bexley AC	16.47

Q
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q**75m Hurdles Heat 2 w/s=-0.4**

No.	Athlete	Club	Perf	
1	98	Jack Smith	Bexley AC	12.99
2	120	Henry-James Cowie	Blackheath & Bromley H AC	13.45
3	107	David Fullbrook	Tonbridge AC	15.08
4	130	Daniel Smith	Tonbridge AC	16.12
5	108	Thomas Keaveney	Ashford AC	16.84

Q
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q
q**75m Hurdles FINAL w/s=0.3**

No.	Athlete	Club	Perf	
1	90	Isaac Milham	Medway & Maidstone AC	12.19
2	98	Jack Smith	Bexley AC	12.76
3	120	Henry-James Cowie	Blackheath & Bromley H AC	12.90
4	107	David Fullbrook	Tonbridge AC	14.28
5	129	Caelan Raju	Blackheath & Bromley H AC	15.46
6	117	Lewis Stickings	Blackheath & Bromley H AC	15.48
7	128	Felix Brooks	Tonbridge AC	15.92
8	130	Daniel Smith	Tonbridge AC	dns

2000m Walk FINAL

No.	Athlete	Club	Perf	
1	128	Felix Brooks	Tonbridge AC	12:40.29

HIGH JUMP**FINAL**

No.	Athlete	Club	Perf
1	120 Henry-James Cowie	Blackheath & Bromley H AC	1.55
2	98 Jack Smith	Bexley AC	1.40
3	126 George Slack	Tonbridge AC	1.40
4	131 Omobodunde Balogun	Bexley AC	1.35
5	129 Caelan Raju	Blackheath & Bromley H AC	1.35
6	86 Harry Lutz	Thanet AC	1.25
7	130 Daniel Smith	Tonbridge AC	1.25
8	117 Lewis Stickings	Blackheath & Bromley H AC	1.20
9	108 Thomas Keaveney	Ashford AC	1.15

1.20 o;1.25 -;1.30 o;1.35 xxo;1.40 o;1.45 xo;1.55 xxo;1.58 xxx
 1.10 o;1.15 o;1.20 o;1.25 o;1.30 o;1.35 o;1.40 o;1.45 xxx
 1.10 o;1.15 o;1.20 o;1.25 o;1.30 o;1.35 o;1.40 xo;1.45 xxx
 1.10 o;1.15 o;1.20 o;1.25 o;1.30 xo;1.35 xo;1.40 xxx
 1.05 o;1.10 o;1.15 o;1.20 o;1.25 o;1.30 o;1.35 xxo;1.40 xxx
 1.10 o;1.15 o;1.20 o;1.25 xo;1.30 xxx
 1.10 o;1.15 o;1.20 xo;1.25 xxo;1.30 xxx
 1.05 o;1.10 o;1.15 o;1.20 o;1.25 xxx
 1.05 o;1.10 o;1.15 o;1.20 xxx

Long Jump**FINAL**

No.	Athlete	Club	Perf
1	100 Ben Sutton	Dartford Harriers AC	5.13
2	95 Oliver Phillips	Tonbridge AC	5.06
3	98 Jack Smith	Bexley AC	4.53
4	104 Myles Xavier	Blackheath & Bromley H AC	4.41
5	93 Seyi Olatunji	Cambridge Harriers	4.10
6	86 Harry Lutz	Thanet AC	4.05
7	130 Daniel Smith	Tonbridge AC	3.97
8	83 Luke Cressey	Thanet AC	3.93
9	131 Omobodunde Balogun	Bexley AC	3.91
10	128 Felix Brooks	Tonbridge AC	3.89
11	92 Connor Neal	Thanet AC	3.87
12	97 Jack Seery	Thanet AC	3.81
13	132 Robert Mills	Medway & Maidstone AC	3.74
14	96 Johannes Sadler	Medway Park Phoenix	3.62
15	108 Thomas Keaveney	Ashford AC	3.53
16	101 Alex Thomson	Tonbridge AC	3.48

- 4.64, -; 5.13, -; 4.93, -; -; 4.98, -; 4.95, -
 - 4.53, -; 4.52, -; 5.06, -; 4.77, -; 4.76, -; 4.92, -
 - 4.53, -; 4.41, -; 4.23, -; 4.30, -; 4.11, -; 4.41, -
 - 4.20, -; 4.41, -; 4.34, -; 4.34, -; 4.35, -; 4.22, -
 - 4.03, -; 3.65, -; 3.64, -; -; 4.10, -; 3.89, -
 - 3.97, -; 4.05, -; 3.96, -; 3.90, -; 3.96, -; 3.75, -
 - 3.86, -; 3.97, -; 3.80, -
 - 3.18, -; 3.93, -; 3.88, -
 - 3.82, -; 3.67, -; 3.91, -
 - 3.89, -; 3.53, -; nj
 - 3.87, -; 3.87, -; 3.85, -
 - 3.81, -; 3.77, -; 3.69, -
 - 3.74, -; 3.70, -; nj
 - 3.47, -; 3.38, -; 3.62, -
 - 3.42, -; 3.21, -; 3.53, -
 - nj; 3.48, -; 3.19, -

Shot**FINAL**

No.	Athlete	Club	Perf
1	135 Jack Royden	Medway & Maidstone AC	10.29
2	120 Henry-James Cowie	Blackheath & Bromley H AC	10.16
3	134 James O'Gorman	Paddock Wood AC	9.24
4	95 Oliver Phillips	Tonbridge AC	8.28
5	86 Harry Lutz	Thanet AC	7.38
6	108 Thomas Keaveney	Ashford AC	5.54

10.29; 10.14; 9.49; 9.10; 9.92; 9.92
 9.96; 10.16; np; 10.10; 8.93; 9.83
 9.24; 8.80; 8.97; 8.73; 8.14; 8.52
 7.95; 8.09; 8.18; 8.21; 8.28; 8.05
 6.38; 6.42; 6.35; 7.09; 7.38; 7.02
 3.67; 4.77; 5.36; 5.37; 4.91; 5.54

Discus**FINAL**

No.	Athlete	Club	Perf
1	120 Henry-James Cowie	Blackheath & Bromley H AC	26.70
2	134 James O'Gorman	Paddock Wood AC	26.58
3	137 James Lancaster	Blackheath & Bromley H AC	26.26

25.72; nt; 25.99; 25.48; 26.70; 22.83
 25.11; 23.86; 22.78; nt; nt; 26.58
 24.15; 25.41; 25.29; 24.26; 25.41; 26.26

Hammer**FINAL**

No.	Athlete	Club	Perf
1	120 Henry-James Cowie	Blackheath & Bromley H AC	29.38
2	136 James Hussey	Dartford Harriers AC	29.05
3	134 James O'Gorman	Paddock Wood AC	27.20
4	137 James Lancaster	Blackheath & Bromley H AC	25.04
5	99 Ronnie Stowell	Bexley AC	10.75

25.04; nt; 26.38; nt; 28.46; 29.38
 21.15; nt; 27.86; 26.84; 29.05; 28.50
 27.16; 26.56; 24.95; 27.20; 26.76; nt
 24.85; nt; 23.25; 24.98; 23.19; 25.04
 10.56; 10.75; -

Javelin**FINAL**

No.	Athlete	Club	Perf
1	112 Angus Harrington	Blackheath & Bromley H AC	32.56
2	135 Jack Royden	Medway & Maidstone AC	30.33
3	107 David Fullbrook	Tonbridge AC	27.83
4	138 Harvey Byard	Tonbridge AC	25.14
5	99 Ronnie Stowell	Bexley AC	20.60
6	122 Logan Green	Tonbridge AC	18.18
7	123 Tyler Green	Tonbridge AC	17.59

32.11; 32.56; 30.73; 31.61; 31.36; 32.36
 27.29; 28.62; 22.40; 30.33; 27.16; 24.94
 24.98; 24.66; nt; 27.83; 27.04; 19.94
 21.73; 23.60; 25.14; 23.36; 24.18; 24.91
 18.37; 19.84; 19.74; 16.81; 20.40; 20.60
 15.61; 17.83; 15.83; 18.18; nt; nt
 nt; nt; 17.59

Under 13 Girls

75m Heat 1 w/s=0.7

No.	Athlete	Club	Perf
1	17	Karina Harris	Blackheath & Bromley H AC
2	8	Faith Cox	Ashford AC
3	4	Chloe Birtwistle	Folkestone Running Club
4	25	Sarah Ogunko	Dartford Harriers AC
5	18	Eloise Harvey	Dartford Harriers AC
6	29	Renay Thomas	Unattached
7	21	Cary Kwaramba-Downs	Dartford Harriers AC
8	10	Charlotte Crockford	Dartford Harriers AC

Q
Q

75m Heat 2 w/s=-0.1

No.	Athlete	Club	Perf
1	33	Katie Woolcott	Dartford Harriers AC
2	31	Ayesha White	Tonbridge AC
3	12	Faith Etokowo	Ashford AC
4	28	Susi Sampson	Dartford Harriers AC
5	26	Jade Oni	Medway & Maidstone AC
6	3	Rebekah Bell	Dartford Harriers AC
7	30	Lois Warden	Dartford Harriers AC
8	14	Elizabeth Fraser	Ashford AC

Q
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75m Heat 3 w/s=1.2

No.	Athlete	Club	Perf
1	7	Lauren Chambers	Ashford AC
2	27	Asha Root	Tonbridge AC
3	11	Jade Curtis	Ashford AC
4	16	Sophia Harper	Blackheath & Bromley H AC
5	6	Lucy Carr	Bexley AC
6	19	Mia Hillyard	Thanet AC
7	22	Eleanor Lewis	Medway Park Phoenix
8	23	Emily Lusty	Tonbridge AC

Q
Q

75m FINAL w/s=0.6

No.	Athlete	Club	Perf
1	33	Katie Woolcott	Dartford Harriers AC
2	17	Karina Harris	Blackheath & Bromley H AC
3	7	Lauren Chambers	Ashford AC
4	31	Ayesha White	Tonbridge AC
5	12	Faith Etokowo	Ashford AC
6	28	Susi Sampson	Dartford Harriers AC
7	8	Faith Cox	Ashford AC
8	27	Asha Root	Tonbridge AC

150m Heat 1 w/s=-1.0

No.	Athlete	Club	Perf
1	25	Sarah Ogunko	Dartford Harriers AC
2	21	Cary Kwaramba-Downs	Dartford Harriers AC
3	24	Eleanor McGrath	Tonbridge AC
4	20	Tuppy King	Thanet AC
5	40	Jessica O'Hara	Tonbridge AC

Q
Q

150m Heat 2 w/s=-0.5

No.	Athlete	Club	Perf
1	32	Ayanna Williams	Cambridge Harriers
2	28	Susi Sampson	Dartford Harriers AC
3	12	Faith Etokowo	Ashford AC
4	10	Charlotte Crockford	Dartford Harriers AC
5	42	Ashley Ward	Ashford AC

Q
Q
q

150m Heat 3 w/s=-0.2

No.	Athlete	Club	Perf
1	37	Mhairi Brooks	Blackheath & Bromley H AC
2	27	Asha Root	Tonbridge AC
3	41	Monay Thomas	Unattached
4	35	Tosin Awodesu	Bexley AC
5	6	Lucy Carr	Bexley AC
6	3	Rebekah Bell	Dartford Harriers AC

Q
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150m Heat 4 w/s=-1.6

No.	Athlete	Club	Perf	
1	43	Eleanor Wastell	Medway Park Phoenix	21.81
2	34	Antonia Alapafuja	Blackheath & Bromley H AC	21.83
3	9	Isabella Cremin	Blackheath & Bromley H AC	22.54
4	18	Eloise Harvey	Dartford Harriers AC	22.97
5	29	Renay Thomas	Unattached	23.51

Q
Q
q**150m S/F 1 w/s=0.5**

No.	Athlete	Club	Perf	
1	37	Mhairi Brooks	Blackheath & Bromley H AC	21.00
2	28	Susi Sampson	Dartford Harriers AC	21.21
3	12	Faith Etokowo	Ashford AC	21.77
4	25	Sarah Ogunko	Dartford Harriers AC	22.17
5	35	Tosin Awodesu	Bexley AC	22.53
6	21	Cary Kwaramba-Downs	Dartford Harriers AC	22.81

Q
Q
Q**150m S/F 2 w/s=-1.7**

No.	Athlete	Club	Perf	
1	32	Ayanna Williams	Cambridge Harriers	21.10
2	43	Eleanor Wastell	Medway Park Phoenix	21.61
3	34	Antonia Alapafuja	Blackheath & Bromley H AC	21.63
4	41	Monay Thomas	Unattached	21.69
5	27	Asha Root	Tonbridge AC	21.92
6	9	Isabella Cremin	Blackheath & Bromley H AC	22.69

Q
Q
Q**150m FINAL w/s=-0.9**

No.	Athlete	Club	Perf	
1	32	Ayanna Williams	Cambridge Harriers	20.53
2	37	Mhairi Brooks	Blackheath & Bromley H AC	20.84
3	28	Susi Sampson	Dartford Harriers AC	21.37
4	43	Eleanor Wastell	Medway Park Phoenix	21.52
5	34	Antonia Alapafuja	Blackheath & Bromley H AC	21.83
6	12	Faith Etokowo	Ashford AC	22.05

800m Heat 1

No.	Athlete	Club	Perf	
1	58	Jessica Sellar	Dartford Harriers AC	2:38.78
2	57	Laura Parrish	Invicta East Kent AC	2:41.85
3	56	Shona Oliver	Cambridge Harriers	2:50.44
4	40	Jessica O'Hara	Tonbridge AC	2:55.88

800m Heat 2

No.	Athlete	Club	Perf	
1	47	Kelsi Cornish	Tonbridge AC	2:37.74
2	8	Faith Cox	Ashford AC	2:43.68
3	51	Annabel Field	Bexley AC	2:44.67
4	15	Rebecca Hales	Thanet Roadrunners AC	2:49.68
5	16	Sophia Harper	Blackheath & Bromley H AC	2:56.76

800m Heat 3

No.	Athlete	Club	Perf	
1	45	Romane Balcomb Nevill	Tonbridge AC	2:37.29
2	53	Lauren Goddard	Blackheath & Bromley H AC	2:38.04
3	41	Monay Thomas	Unattached	2:38.04
4	46	Claudia Bates	Dartford Harriers AC	2:39.10
5	60	Holly Wright	Blackheath & Bromley H AC	2:47.84

800m Heat 4

No.	Athlete	Club	Perf	
1	48	Kathleen Faes	Tonbridge AC	2:25.03
2	43	Eleanor Wastell	Medway Park Phoenix	2:33.97
3	50	Emily Featherstone	Medway & Maidstone AC	2:35.94
4	59	Beth Williams	Thanet Roadrunners AC	2:49.11
5	19	Mia Hillyard	Thanet AC	2:56.71

800m**FINAL**

No.	Athlete	Club	Perf	
1	48	Kathleen Faes	Tonbridge AC	2:23.49
2	47	Kelsi Cornish	Tonbridge AC	2:28.01
3	43	Eleanor Wastell	Medway Park Phoenix	2:32.55
4	45	Romane Balcomb Nevill	Tonbridge AC	2:34.14
5	58	Jessica Sellar	Dartford Harriers AC	2:36.33
6	50	Emily Featherstone	Medway & Maidstone AC	2:41.51

1200m**FINAL**

No.	Athlete	Club	Perf	
1	48	Kathleen Faes	Tonbridge AC	3:47.78
2	61	Vita de Munck	Tonbridge AC	3:48.84
3	63	Millie Smith	Blackheath & Bromley H AC	4:06.65
4	58	Jessica Sellar	Dartford Harriers AC	4:08.05
5	51	Annabel Field	Bexley AC	4:11.18
6	46	Claudia Bates	Dartford Harriers AC	4:11.96
7	62	Esther Laffey	Invicta East Kent AC	4:12.91
8	64	Ruby Wand	Bexley AC	4:16.48
9	50	Emily Featherstone	Medway & Maidstone AC	4:18.99
10	56	Shona Oliver	Cambridge Harriers	4:25.70

70m Hurdles**Heat 1****w/s=-1.6**

No.	Athlete	Club	Perf	
1	24	Eleanor McGrath	Tonbridge AC	12.79
2	26	Jade Oni	Medway & Maidstone AC	12.86
3	43	Eleanor Wastell	Medway Park Phoenix	13.27
4	68	Lucy Maunders	Medway & Maidstone AC	13.77
5	65	Emma Botha	Medway Park Phoenix	13.82
6	27	Asha Root	Tonbridge AC	13.91

Q
Q
q
q**70m Hurdles****Heat 2****w/s=-1.4**

No.	Athlete	Club	Perf	
1	11	Jade Curtis	Ashford AC	12.48
2	49	Lauren Farley	Medway & Maidstone AC	13.09
3	18	Eloise Harvey	Dartford Harriers AC	13.19
4	67	Emily Higham	Invicta East Kent AC	13.23
5	10	Charlotte Crockford	Dartford Harriers AC	14.65

Q
Q
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q**70m Hurdles****FINAL****w/s=-0.9**

No.	Athlete	Club	Perf	
1	24	Eleanor McGrath	Tonbridge AC	12.66
2	26	Jade Oni	Medway & Maidstone AC	12.73
3	18	Eloise Harvey	Dartford Harriers AC	13.22
4	43	Eleanor Wastell	Medway Park Phoenix	13.37
5	67	Emily Higham	Invicta East Kent AC	13.67
6	68	Lucy Maunders	Medway & Maidstone AC	14.15
7	11	Jade Curtis	Ashford AC	17.06
8	49	Lauren Farley	Medway & Maidstone AC	dnf

2000m Walk**FINAL**

No.	Athlete	Club	Perf	
1	70	Evelyn Butcher	Cambridge Harriers	10:47.21
2	69	Jacqueline Benson	Ashford AC	13:28.98

CBP

HIGH JUMP**FINAL**

No.	Athlete	Club	Perf
1	11	Jade Curtis	Ashford AC
2	26	Jade Oni	Medway & Maidstone AC
3	67	Emily Higham	Invicta East Kent AC
4	12	Faith Etokowo	Ashford AC
5	68	Lucy Maunder	Medway & Maidstone AC
6	30	Lois Warden	Dartford Harriers AC
7	10	Charlotte Crockford	Dartford Harriers AC
8	23	Emily Lusty	Tonbridge AC
9	49	Lauren Farley	Medway & Maidstone AC

1.25 o;1.30 o;1.35 o;1.40 xo;1.45 o;1.50 xxx
 1.25 o;1.30 o;1.35 o;1.40 xxo;1.45 o;1.50 xxx
 1.20 o;1.25 o;1.30 o;1.35 o;1.40 xo;1.45 xxx
 1.20 xxo;1.25 o;1.30 o;1.35 o;1.40 o;1.45 xxx
 1.05 o;1.10 o;1.15 o;1.20 xo;1.25 o;1.30 xxx
 1.05 o;1.10 o;1.15 o;1.20 o;1.25 xo;1.30 xxx
 1.05 o;1.10 o;1.15 o;1.20 o;1.25 xxo;1.30 xxx
 1.05 o;1.10 xo;1.15 o;1.20 xxx
 1.05 o;1.10 o;1.15 xo;1.20 xxx

Long Jump**FINAL**

No.	Athlete	Club	Perf
1	17	Karina Harris	Blackheath & Bromley H AC
2	4	Chloe Birtwistle	Folkestone Running Club
3	36	Tajera Baldie	Blackheath & Bromley H AC
4	35	Tosin Awodesu	Bexley AC
5	67	Emily Higham	Invicta East Kent AC
6	18	Eloise Harvey	Dartford Harriers AC
7	16	Sophia Harper	Blackheath & Bromley H AC
8	73	Shannon Payne	Dartford Harriers AC
9	50	Emily Featherstone	Medway & Maidstone AC
10	6	Lucy Carr	Bexley AC
11	10	Charlotte Crockford	Dartford Harriers AC
12	49	Lauren Farley	Medway & Maidstone AC
13	30	Lois Warden	Dartford Harriers AC
14	42	Ashley Ward	Ashford AC
15	52	Emily Gardina	Thanet AC
16	14	Elizabeth Fraser	Ashford AC
17	68	Lucy Maunder	Medway & Maidstone AC
18	72	Kacey Byard	Tonbridge AC
19	26	Jade Oni	Medway & Maidstone AC
20	20	Tuppy King	Thanet AC
21	27	Asha Root	Tonbridge AC
22	19	Mia Hillyard	Thanet AC

w/s

- 4.44, -, 4.46, -, 4.48, -, 4.63, -, nj; nj
 - 4.41, -, nj; 4.34, -, 4.10, -, 4.30, -, 4.28, -
 - nj; nj; 3.94, -, 4.20, -, 4.04, -, 4.31, -
 - 3.96, -, 3.75, -, 3.91, -, 3.70, -, 4.00, -, 4.11, -
 - 3.90, -, 3.86, -, 3.70, -, 3.95, -, 3.78, -, 4.02, -
 - 3.59, -, 3.71, -, 3.87, -, 3.92, -, 3.75, -, 4.02, -
 - 3.85, -, nj; nj
 - nj; 3.48, -, 3.73, -
 - 3.69, -, 3.63, -, 3.71, -
 - 3.71, -, 3.65, -, nj
 - 3.66, -, 3.36, -, 3.67, -
 - 3.67, -, 3.44, -, 3.44, -
 - 3.56, -, 3.65, -, 3.52, -
 - 3.35, -, 3.59, -, 3.31, -
 - 3.55, -, 3.35, -, 3.54, -
 - nj; 3.55, -, nj
 - 3.40, -, 3.54, -, 3.38, -
 - 3.20, -, 3.34, -, 3.50, -
 - 3.31, -, nj; 3.45, -
 - nj; 3.12, -, 3.29, -
 - 2.55, -, nj; 2.96, -
 - 2.93, -, nj; 3.11

Shot**FINAL**

No.	Athlete	Club	Perf
1	76	Eloise Locke	Blackheath & Bromley H AC
2	74	Eve Keith	Blackheath & Bromley H AC
3	67	Emily Higham	Invicta East Kent AC
4	42	Ashley Ward	Ashford AC
5	75	Catie Kohler	Tonbridge AC
6	26	Jade Oni	Medway & Maidstone AC
7	49	Lauren Farley	Medway & Maidstone AC

CBP

9.36; 9.53; 9.29; 10.17; 10.23; 9.80
 8.29; 8.58; 9.01; 8.94; 9.50; 9.63
 6.95; 7.13; 6.79; 7.32; 6.91; 6.98
 np; 6.99; 6.14; 6.28; 6.18; 5.31
 6.42; 6.83; N/T; np; np; 6.21
 5.68; 5.29; 5.45; 5.53; 5.89; 5.90
 4.71; 5.62; 5.52

Discus**FINAL**

No.	Athlete	Club	Perf
1	76	Eloise Locke	Blackheath & Bromley H AC
2	42	Ashley Ward	Ashford AC
3	78	Megan Williams	Thanet AC
4	74	Eve Keith	Blackheath & Bromley H AC
5	77	Samantha Rushbrook	Bexley AC
6	22	Eleanor Lewis	Medway Park Phoenix
7	73	Shannon Payne	Dartford Harriers AC
79	Hana Yun-Stevens	Tonbridge AC	ndr

22.13; nt; 19.38; 21.03; 22.25; 22.79
 nt; 12.12; 15.84; nt; 20.33; nt
 15.53; 18.55; 17.15; 16.33; nt; 18.97
 18.71; 16.96; 17.47; 16.32; 16.70; 17.83
 17.85; 16.80; nt; nt; nt; 13.80
 16.19; nt; 11.32; nt; 11.72; 12.54
 12.80; 13.74; 12.28
 nt; nt; nt

HAMMER**FINAL**

No.	Athlete	Club	Perf
1	77	Samantha Rushbrook	Bexley AC
2	80	Keeley Hodge	Medway Park Phoenix
3	75	Catie Kohler	Tonbridge AC
4	79	Hana Yun-Stevens	Tonbridge AC
5	10	Charlotte Crockford	Dartford Harriers AC
6	69	Jacqueline Benson	Ashford AC
7	78	Megan Williams	Thanet AC

CBP

22.61; 23.66; 22.82; 25.84; 24.66; nt
 21.06; 17.73; 21.59; nt; 13.09; nt
 17.55; 16.99; 17.77; 16.66; 17.70; nt
 3.63; 15.23; 15.27; nt; 14.34; nt
 14.61; 11.36; 12.58; 11.87; 13.77; nt
 13.49; 13.98; 14.03; nt; 14.05; 12.80
 10.95; 12.13; 11.08

JAVELIN**FINAL**

	No.	Athlete	Club	Perf
1	76	Eloise Locke	Blackheath & Bromley H AC	33.70
2	42	Ashley Ward	Ashford AC	25.24
3	79	Hana Yun-Stevens	Tonbridge AC	24.41
4	67	Emily Higham	Invicta East Kent AC	19.51
5	38	Daisy Dowling	Blackheath & Bromley H AC	19.33
6	49	Lauren Farley	Medway & Maidstone AC	18.21
7	26	Jade Oni	Medway & Maidstone AC	13.75
	75	Catie Kohler	Tonbridge AC	ndr

CBP

31.68; 33.70; 32.92; 32.86; 31.31; 28.80
 nt; 21.69; 25.24; nt; 21.59; 19.95
 24.41; 23.00; 23.08; 21.52; 23.77; nt
 18.55; 16.93; 18.10; 16.75; 18.46; 19.51
 19.33; 15.43; 14.83; 17.04; 15.70; nt
 15.82; 18.21; nt; 15.06; 17.45; 15.29
 12.23; 13.75; nt
 nt; nt; nt

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