

Expert nutritional support in a spray

A solution to the digestive discomfort and poor absorption experienced from ingested iron supplements. BetterYou Iron Oral Spray delivers 5mg of highly bioavailable iron in just 4 daily sprays.

The tiny droplets absorb quickly into the buccal membrane of the inner cheek for immediate absorption into the rich vein network below, passing the nutrient directly into the bloodstream for immediate utilisation.

Our work with Cardiff University has produced a nutritional delivery system that provides an effective alternative to tablets and capsules.

