**Fixture List**

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| **Date** | **Meeting** | **Venue** | **Age Group** | **Web site link** |
| **MARCH 2019** |  |  |  |  |
| Sun 24th March | South of England Road Relay Championships (6 and 12 stage) | Milton Keynes | Seniors inc u20s | <http://seaa.org.uk/index.php/events/road-running> |
| Sat 30th March | World Cross Country Championships | Denmark | Select |  |
| **APRIL 2019** |  |  |  |  |
| Wed 3rd April | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat 6th April | National Road Relay Championships (6 and 12 stage) | Sutton Coldfield | Seniors inc u20s | <http://www.englishroadrunningassociation.co.uk> |
| Sat 13th April | Southern Athletics League | Basildon | U17 upwards | <https://www.southernathletics.org.uk> |
| Wed 17th April | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Mon 22nd April | TAC Easter Open Meeting | Tonbridge | All | <http://www.tonbridgeac.co.uk/easteropen2019.html> |
| Sat 27th April | UK Youth Development League Lower Age Group | Tooting Bec | U13 & U15 | <http://www.ukydl.org.uk> |
| Sun 28th April | London Marathon and mini marathons | London | Select |  |
| **MAY 2019** |  |  |  |  |
| Wed 1st May | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Friday 3rd May | Southern Counties Veterans League | Eltham | Vets |  |
| 4th to 6th May | British Universities & Colleges Championships | Bedford | Students | <https://www.bucs.org.uk/athlete.asp?section=20146&sectionTitle=Outdoor+Championships> |
| Sun 5th May | UK Youth Development League Upper Age Group | Tonbridge | U17 & U20 | <http://www.ukydl.org.uk> |
| Mon 6th May | Hildenborough Road Races | Hildenborough | Individual | <https://www.nice-work.org.uk/races/the-hildenborough-road-races> |
| Tuesday 7th May | TAC Development Meeting | Tonbridge | All |  |
| Sat/Sun 11th/12th May | Kent Championships | Ashford | U15 and older | <http://www.kcaa.org.uk> |
| Sunday 12th May | British Athletics League Division 3 | Bedford | Men | <http://www1.bal.org.uk> |
| Monday 13th May | Southern Counties Veterans League | Dartford | Vets | <http://www.scvac.org.uk> |
| Wed 15th May | Watford Harriers Open Meeting plus British Milers Club Gold Standard | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat 18th May | UK Youth Development League Lower Age Group | Hornchurch | U13 & U15 | <http://www.ukydl.org.uk> |
| Sat 18th May | British Masters Road Relay Championships | Sutton Coldfield | Veterans |  |
| Sun 19th May | Southern Athletics League | Mile End | U17 upwards | <https://www.southernathletics.org.uk> |
| Sunday 19th May | Loughborough International | Loughborough | Select |  |
| Wed 22nd May | Beckenham Road Relays | Beckenham | Senior | <http://www.beckenhamrunning.co.uk/races/relay> |
| Wed 22nd May | British Milers Club and Cambridge Harriers Open Meeting | Eltham | Individual | <http://www.britishmilersclub.com/fixtures/bmcfixtures.aspx> |
| Sat/Sun 25th/26th May | National Combined Events Championships | Bedford | U20 & Senior | <https://www.englandathletics.org/athletics-and-running/england-competitions/national-championships/2019-championships-calendar/> |
| Sat 25th May | British Milers Club Grand Prix | Sports City | U17 up | <http://www.britishmilersclub.com> |
| Sun 26th May | UK Youth Development League Upper Age Group | Eltham | U17 & U20 | <http://www.ukydl.org.uk> |
| Wed 29th May | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Friday 31st May | Southern Counties Veterans League | Tonbridge | Vets | <http://www.scvac.org.uk> |
| **JUNE 2019** |  |  |  |  |
| Sat/Sun 1st /2nd June | South of England Senior and under 20 Championships | Bedford | Senior & U20 | <http://www.seaa.org.uk/index.php/events/track-and-field> |
| Sun 2nd June | Kent Young Athletes League | Tonbridge | U13 & U15 |  |
| Tuesday 4th June | TAC Development Meeting | Tonbridge | All |  |
| Sat 8th June | Kent Schools Championships | Ashford | School Years 7 to 11 | <http://ksaa.org.uk> |
| Sat 8th June | SE Schools Inter Counties | TBC | Select |  |
| Sunday 9th June | British Athletics League Division 3 | Chelmsford | Men | <http://www1.bal.org.uk> |
| Monday 10th June | Southern Counties Veterans League | Gillingham | Vets |  |
| Wed 12th June | Watford Harriers Open Meeting plus British Milers Club Gold Standard | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat 15th June | Southern Athletics League | Ipswich | U17 upwards | <https://www.southernathletics.org.uk> |
| Sat 15th June | British Milers Club Grand Prix | Loughborough | U17 up | <http://www.britishmilersclub.com> |
| Wed 19th June | British Milers Club and Cambridge Harriers Open Meeting | Eltham | Individual | <http://www.britishmilersclub.com/fixtures/bmcfixtures.aspx> |
| Sun 23rd June | UK Youth Development League Lower Age Group | Reading | U13 & U15 | <http://www.ukydl.org.uk> |
| Sat/Sun 22nd/23rd June | National under 20 and 23 Championships | Bedford | U20 and U23 | <https://www.englandathletics.org/athletics-and-running/england-competitions/national-championships/2019-championships-calendar/> |
| Monday 24th June | Southern Counties Veterans League | Ashford | Vets | <http://www.scvac.org.uk> |
| Wednesday 26th June | Hercules Wimbledon 3000m night | Wimbledon | Seniors | <https://www.herculeswimbledonac.org.uk/open-graded-meetings> |
| Wed 26th June | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat 29th June | British Milers Club Grand Prix | Watford | U17 up | <http://www.britishmilersclub.com> |
| Sun 30th June | UK Youth Development League Upper Age Group | Woodford | U17 & U20 | <http://www.ukydl.org.uk> |
| **JULY 2019** |  |  |  |  |
| Tuesday 2nd July | TAC Development Meeting | Tonbridge | All |  |
| Saturday 6th July | British Athletics League Division 3 | Yeovil | Men | <http://www1.bal.org.uk> |
| Saturday 6th July | Highgate Night of 10,000m pbs | London | Senior |  |
| Sat/Sun 6th /7th July | South of England Combined Events Championships | Horspath | All | <http://www.seaa.org.uk/index.php/events/track-and-field> |
| Sun 7th July | Kent Young Athletes League | Ashford | U13 & U15 |  |
| Wed 10th July | Watford Harriers Open Meeting plus British Milers Club Gold Standard | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Fri/Sat/ 12th/13th July | English Schools Championships | Birmingham | Select | <https://www.esaa.net/v2/2018/tf/tf18intro.php> |
| Sat 13th July | Southern Athletics League | Tonbridge | U17 upwards | <https://www.southernathletics.org.uk> |
| Wed 17th July | British Milers Club and Cambridge Harriers Open Meeting | Eltham | Individual | <http://www.britishmilersclub.com/fixtures/bmcfixtures.aspx> |
| Friday 19th July | Southern Counties Veterans League | Erith | Vets | <http://www.scvac.org.uk> |
| Sat 20th July | UK Youth Development League Lower Age Group | Bromley | U13 & U15 | <http://www.ukydl.org.uk> |
| Sat 20th July | British Milers Club Grand Prix | Eltham | U17 up | <http://www.britishmilersclub.com> |
| Sat/Sun 20th / 21st July | Anniversary Games | London | Invite |  |
| Wed 24th July | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat/Sun 27th / 28th July | England Championships and Inter Counties | Manchester | Seniors | <https://www.englandathletics.org/athletics-and-running/england-competitions/national-championships/2019-championships-calendar/> |
| Sun 28th July | UK Youth Development League Upper Age Group | Ashford | U17 & U20 | <http://www.ukydl.org.uk> |
| **AUGUST 2019** |  |  |  |  |
| Saturday 3rd August | British Athletics League Division 3 | Basingstoke | Men | <http://www1.bal.org.uk> |
| Sat 3rd August | British Milers Club Grand Prix | Trafford | U17 up | <http://www.britishmilersclub.com> |
| Sun 4th August | Kent Young Athletes League | Gillingham | U13 & U15 |  |
| Tuesday 6th August | TAC Development Meeting | Tonbridge | All |  |
| Wednesday 7th August | Hercules Wimbledon 5000m festival | Wimbledon | Seniors | <https://www.herculeswimbledonac.org.uk/5000m-festival-night> |
| Wed 7th August | Watford Harriers Open Meeting plus British Milers Club Gold Standard | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat 10th August | British Milers Club Grand Prix | Trafford | U17 up | <http://www.britishmilersclub.com> |
| Wed14th August | Manchester International | Sports City | Select |  |
| Wed 14th August | British Milers Club and Cambridge Harriers Open Meeting | Eltham | Individual | <http://www.britishmilersclub.com/fixtures/bmcfixtures.aspx> |
| Sat 17th August | Southern Athletics League | Woodford | U17 upwards | <https://www.southernathletics.org.uk> |
| Sat/Sun 17th/18th Aug | South of England under 15 and 17 Championships | Ashford | U15 & U17 | <http://www.seaa.org.uk/index.php/events/track-and-field> |
| Sunday 18th August | Diamond League | Birmingham | Invite |  |
| Wed 21st August | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat/Sun 24th /25th August | British Championships and World Championships Trials | Birmingham | Qualifying | <https://www.britishathletics.org.uk/events-and-tickets/muller-british-athletics-championships-2019/> |
| Mon 26th August | Tonbridge Open Meeting in Kent u13 Pentathlon TBC | Tonbridge | All |  |
| Friday 30th August (tbc) | Tonbridge Twilight Invitation Meeting | Tonbridge | Invitation |  |
| Sat/Sun 31st Aug/2nd Sept | National under 15 and 17 Championships | Bedford TBC | U15 & U17 | <https://www.englandathletics.org/athletics-and-running/england-competitions/national-championships/2019-championships-calendar/> |
| **SEPTEMBER 2019** |  |  |  |  |
| Sun 1st Sept (TBC) | Southern Counties Veterans League Final | TBA | Veterans | <http://www.scvac.org.uk> |
| Wed 4th Sept | Watford Harriers Open Meeting | Watford | Individual | <https://watfordharriers.org.uk/open-meets> |
| Sat 7th Sept | South of England Inter Counties | Horspath | U15 & U20 | <http://www.seaa.org.uk/index.php/events/track-and-field> |
| Sat 14th Sept | Blackheath and Bromley Cross Country Relays | West Wickham | All |  |
| Sat/Sun 14th/15th Sept | Kent under 13 and Combined Events Championships | Erith | All |  |
| Sun 22nd Sept | South of England Road Relay Championships | TBC | All | <http://www.seaa.org.uk/index.php/events/road-running> |
| Sat 22nd Sept (TBC) | Kent Track Relays Championships | Gillingham | All |  |
| 28th Sept to 6th October | World Athletics Championships | Doha | Select |  |
| **OCTOBER 2019** |  |  |  |  |
| Sat 5th October | National Road Relay Championships | Sutton Coldfield | All |  |
| Sat 12th October | Kent Cross Country League | TBC | All |  |
| Sat 26th October | Kent Cross Country League | Tonbridge | All |  |
| **NOVEMBER 2019** |  |  |  |  |
| Sat 2nd November | National Cross Country Relay Championships | Mansfield | All | <https://www.englishcrosscountry.co.uk/the-saucony-english-cross-country-relays/info/> |
| Sat 9th November | Kent Cross Country League | Danson Park | All (exc SM) |  |
| Sat 23rd November | European Cross Country Trials and British Cross Challenge | Liverpool | Individual |  |
| **DECEMBER 2019** |  |  |  |  |
| Sat 7th  December | Kent Cross Country League | Footscray Meadows | All (exc SW) |  |
| Sun 8th December | European Cross Country Championships | Portugal | Select |  |
| **JANUARY 2020** |  |  |  |  |
| Sat 4th January | Kent Cross Country Championships | TBA | All |  |
| Sat 18th January | Kent Schools Cross Country Championships | TBA | Schools | <http://ksaa.org.uk> |
| Sat 25th January | South of England Cross Country Championships | TBA | All | <http://www.seaa.org.uk/index.php/events/cross-country> |
| **FEBRUARY 2020** |  |  |  |  |
| Sat 8th February | Kent Cross Country League | Bromley | Seniors |  |
| Sat 22nd February | English National Cross Country Championships | Nottingham | All | <https://www.englishcrosscountry.co.uk/the-national-cross-country-championships/> |
| **MARCH 2020** |  |  |  |  |
| Sat 7th March (TBC) | UK Inter Counties Cross Country Championships | TBA | All |  |
| Sat 14th March (TBC) | English Schools Cross Country Championships | Liverpool | All |  |