**Created by Mike Boucher of Aldershot re men’s race**

The below is the fastest three times from each year 1988 - 2015 - plus every faster time run on Saturday. There will be some 4th 5th 6th fastests in quicker years missing from this list.

AFD names in red, 2022 efforts highlighted.

|  |  |  |
| --- | --- | --- |
| A Bristow | 17:07 | 1989 |
| K Cullen | 17:09 | 1996 |
| F Tickner | 17:11 | 2007 |
| M Farah | 17:14 | 2006 |
| K Cullen | 17:15 | 1993 |
| J Sherban | 17:19 | 1991 |
| K Cullen | 17:19 | 1994 |
| R Wise  | 17:20 | 1989 |
| D Laughlin | 17:20 | 1993 |
| C Thompson | 17:22 | 2003 |
| M Farah | 17:23 | 2005 |
| M Geele | 17:23 | 2009 |
| A Bristow | 17:23 | 1991 |
|   M Simpson | 17:23 | 1993 |
| K Cullen | 17:24 | 2004 |
| J Solly | 17:25 | 1990 |
| S Overall | 17:26 | 2008 |
| D Burke | 17:26 | 1994 |
| G Van Hest | 17:27 | 2003 |
| M Farah | 17:28 | 2001 |
| C Thompson | 17:29 | 2002 |
| S Rayner | 17:29 | 1990 |
| Jack Rowe | 17:30 | 2022 |
| G Weightman | 17:31 | 1988 |
|   N Gates & G Weightman | 17:31 | 1989 |
|   A Bristow | 17:31 | 1990 |
| M Quinn | 17:35 | 1992 |
| B Dee | 17:35 | 1988 |
| A Bristow | 17:35 | 1996 |
| A MacLean | 17:35 | 2005 |
|   S Newport | 17:35 | 1994 |
| A Whiteman | 17:36 | 1995 |
| A Vernon | 17:36 | 2008 |
| A Vernon | 17:36 | 2009 |
|   M Gratton | 17:36 | 1988 |
|   D Laughlin | 17:36 | 1996 |
| James Kingston | 17:36 | 2022 |
| P Pollock | 17:37 | 2011 |
| N Goolab | 17:37 | 2013 |
| S Overall | 17:37 | 2014 |
| M Miles | 17:37 | 2004 |
| T Swart | 17:38 | 1995 |
| Jonny Davies  | 17:38 | 2022 |
| P Pollock | 17:39 | 2012 |
| J Downes | 17:39 | 1995 |
|   D Buzza | 17:39 | 1995 |
| M Steinle | 17:40 | 1998 |
| D Taylor  | 17:41 | 2000 |
| I Manners | 17:41 | 1992 |
| A MacLean | 17:41 | 2006 |
|    P Wicks | 17:41 | 2008 |
|   A Bristow | 17:42 | 1992 |
| K Cullen | 17:42 | 2005 |
| J Mays | 17:42 | 2006 |
| Jacob Allen | 17:42 | 2022 |
| C Finnerty | 17:43 | 1997 |
| Ellis Cross | 17:45 | 2022 |
| M O’Dowd | 17:45 | 1999 |
| P Wicks | 17:45 | 2015 |
| M O’Dowd | 17:45 | 2000 |
| P Wicks | 17:45 | 2009 |
| D Burke | 17:47 | 1997 |
| S Haughian | 17:48 | 2001 |
| Ben Cole | 17:49 | 2022 |
| M Farah | 17:49 | 2002 |
|   J Starling | 17:49 | 1997 |
| R Finch | 17:49 | 2001 |
| T Whiteman | 17:49 | 2002 |
|  M Skinner  | 17:49 | 2003 |
| C Thompson | 17:50 | 2000 |
| Alex Lepretre | 17:50 | 2022 |
|   M Quinn | 17:51 | 1991 |
| Adam Clarke | 17:51 | 2022 |
| Joe Morwood | 17:52 | 2022 |
| M Fatihi | 17:52 | 1999 |
| J McDonnell | 17:52 | 2014 |
| Jonathan Escalante - Phillips | 17:52 | 2022 |
| D Mulhare | 17:53 | 2010 |
| A Bowden | 17:54 | 2007 |
|   S Hepples     | 17:54 | 2007 |
| Andy Coley-Maud | 17:54 | 2022 |
| Ben Alcock | 17:55 | 2022 |
| J Davies | 17:55 | 2015 |
| N Hall | 17:56 | 2012 |
| Joshua Grace  | 17:57 | 2022 |
| C Powner | 17:57 | 2011 |
| J Davies (U20) | 17:57 | 2013 |
| C Thompson | 17:57 | 1999 |
| S Sharp | 17:57 | 2004 |
| A Maud | 17:57 | 2014 |
| A Maud | 17:57 | 2015 |
| Kieran Clements | 17:58 | 2022 |
| M Rush | 17:58 | 1998 |
| P Owor | 17:58 | 2011 |
| Callum Elson | 17:58 | 2022 |
| Ben Brown | 17:59 | 2022 |
| B Tickner | 17:59 | 2010 |
| Harry Brodie  | 18:00 | 2022 |
| Tom Jervis | 18:00 | 2022 |
| B Moreau      | 18:00 | 2010 |
| D Mitchinson | 18:00 | 2010 |
|  N Wetheridge | 18:02 | 1998 |
| A Mussett | 18:02 | 1998 |
|  J Beattie  | 18:03 | 2013 |
| Tewelde Menges | 18:04 | 2022 |
| A Clarke | 18:07 | 2012 |
| R Russell | 18:07 | 2012 |
| Daniel Mulryan | 18:08 | 2022 |
| Sam Eglen  | 18:08 | 2022 |