

2013 National XC Under 13 Boys

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:11:07	Tom Kendrick	Tonbridge AC	101	0:13:01	Ewan Roberts	Rugby & Northampton AC	201	0:16:47	Owen Jackson	Sunderland Harriers & AC
2	0:11:11	Freddie Ayre	Bedford & County AC	102	0:13:03	Alex Cunninghamham	Morpeth Harriers & AC	202	0:16:50	Matthew Ingledew	Morpeth Harriers & AC
3	0:11:14	Joseph Pollard	Charnwood AC	103	0:13:05	Patrick Owen	Ealing Southall & Middlesex AC	203	0:16:59	Daniel Lawrance	Bourne Town Harriers
4	0:11:24	George Groom	Barnet & District AC	104	0:13:06	Thomas Cole	Low Fell RC	204	0:18:15	Michael Eagling	Croydon Harriers
5	0:11:28	Matthew Rawlings	Reading AC	105	0:13:07	George Yates	Bury AC	205	0:18:49	Ryan Brockbank	Billingham Marsh Hse H & AC
6	0:11:29	Julian Slater	City of Sheffield AC	106	0:13:07	Harry Robson	Richmond & Zetland Harriers	Team Results:			
7	0:11:34	Jamie Harper	Shaftesbury Barnet Harriers	107	0:13:08	Joe Smith	Blackheath & Bromley Harriers	Pos	Points	Team / Club	Placings
8	0:11:38	Joshua Cowperthwait	Middlesbrough AC	108	0:13:09	George Pope	Blackheath & Bromley Harriers	1	73	Tonbridge AC	(1 10 24 38)
9	0:11:40	Tobias Wright	Southend AC	109	0:13:10	Jacob Brophy	Wirral AC	2	105	City of York AC	(16 19 27 43)
10	0:11:41	James Puxty	Tonbridge AC	110	0:13:11	Andrew Toner	Sale Harriers Manchester	3	148	Shaftesbury Barnet Harriers	(7 41 44 56)
11	0:11:43	Cole Blaikie	Kendal AC	111	0:13:14	Harry Shelbourne	Holmfirth Harriers AC	4	173	City of Sheffield AC	(6 14 72 81)
12	0:11:44	Thomas Gostelow	Charnwood AC	112	0:13:17	Thomas Lee	City of Sheffield AC	5	197	Aldershot Farnham & District AC	(22 40 52 83)
13	0:11:47	Niall Ackroyd	West Suffolk AC	113	0:13:18	Matty Fox	Manchester Harriers & AC	6	225	Charnwood AC	(3 12 89 121)
14	0:11:48	Alfie Manthorpe	City of Sheffield AC	114	0:13:18	Jacob Carrington	Newark AC	7	282	Wirral AC	(28 49 96 109)
15	0:11:51	James Hughes	Durham City Harriers & AC	115	0:13:19	Sam Overall	Chester-Le-Street AC	8	294	Herne Hill Harriers	(30 46 87 131)
16	0:11:51	Joshua Dickinson	City of York AC	116	0:13:19	Matthew Rushton	Rugby & Northampton AC	9	338	Morpeth Harriers & AC	(17 100 102 119)
17	0:11:51	Kieran Hedley	Morpeth Harriers & AC	117	0:13:21	Rhys James	Rugby & Northampton AC	10	341	Ealing Southall & Middlesex AC	(20 79 103 139)
18	0:11:52	Alec Stackhouse	Burton AC	118	0:13:21	Alex Whellans	Chester-Le-Street AC	11	356	Warrington AC	(31 61 124 140)
19	0:11:53	Nathan Smith	City of York AC	119	0:13:21	Josh Burton	Morpeth Harriers & AC	12	385	New Marske Harriers	(39 73 78 195)
20	0:11:58	John Fielding	Ealing Southall & Middlesex AC	120	0:13:24	Kellen Reah	Low Fell RC	13	393	Rugby & Northampton AC	(59 101 116 117)
21	0:12:00	Thomas Bourne	Wimborne AC	121	0:13:27	Jack Douglas	Charnwood AC	14	406	Chester-Le-Street AC	(82 91 115 118)
22	0:12:01	Robbie Coupland	Aldershot Farnham & District AC	122	0:13:27	Zachary Ayers	Aldershot Farnham & District AC	15	423	Blackheath & Bromley Harriers	(71 107 108 137)
23	0:12:01	Josh West	Leicester Coritanian AC	123	0:13:28	Kieran Pinkney	Chester-Le-Street AC	16	442	Ilkley Harriers AC	(57 62 151 172)
24	0:12:03	Charlie Crick	Tonbridge AC	124	0:13:29	Daniel Fox	Warrington AC	17	496	Rothwell Harriers	(26 144 155 171)
25	0:12:03	Laurie Pope	South London Harriers	125	0:13:30	Joshua Clarkson	Goole Viking Striders	18	522	Low Fell RC	(104 120 138 160)
26	0:12:03	Joseph Ambel	Rothwell Harriers	126	0:13:30	James Stoney	Tonbridge AC				
27	0:12:05	Angus Mcmillan	City of York AC	127	0:13:31	James Pows	Elswick Harriers				
28	0:12:06	Joe Wigfield	Wirral AC	128	0:13:35	Adam Bowley	Charnwood AC				
29	0:12:06	Watson Peel	Halifax Harriers & AC	129	0:13:36	Elliot Breen	Herts Phoenix AC				
30	0:12:07	Sam Cohen	Herne Hill Harriers	130	0:13:36	Ben Prince	Tipton Harriers				
31	0:12:09	Luke Gamble	Warrington AC	131	0:13:36	Ethan Vinton	Herne Hill Harriers				
32	0:12:10	Matthew Merrick	Bingley Harriers & AC	132	0:13:38	Oscar Brown	Middlesbrough AC				
33	0:12:11	Ben Forrest	Bury AC	133	0:13:38	Joseph Lines	City of York AC				
34	0:12:11	Declan Walker-Smith	Rotherham Harriers & AC	134	0:13:39	Luke Ward	Derby AC				
35	0:12:12	Archie Richardson	Lincoln Wellington AC	135	0:13:39	Kieran Pearson	Chester-Le-Street AC				
36	0:12:12	George Pool	Hastings AC	136	0:13:40	Aaron Hunt	Grantham AC				
37	0:12:12	Shaun Hudson	Bracknell AC	137	0:13:41	Lewis Stickings	Blackheath & Bromley Harriers				
38	0:12:14	Leo Rossouw	Tonbridge AC	138	0:13:42	James Hopkinson	Low Fell RC				
39	0:12:14	Reece Curtis	New Marske Harriers	139	0:13:43	Bradley Payne	Ealing Southall & Middlesex AC				
40	0:12:15	Billy Smith	Aldershot Farnham & District AC	140	0:13:43	David Kahn	Warrington AC				
41	0:12:16	Jeremy Dempsey	Shaftesbury Barnet Harriers	141	0:13:44	Jac Goodall	West Cheshire AC				
42	0:12:17	Colin Daly	Trafford AC	142	0:13:45	Ewan Wood	Tonbridge AC				
43	0:12:21	Elliot Hutchinson	City of York AC	143	0:13:46	Patrick Delaney	Wirral AC				
44	0:12:21	Elliott Dee	Shaftesbury Barnet Harriers	144	0:13:46	Alex Verity	Rothwell Harriers				
45	0:12:22	Thomas Keen	Cambridge & Coleridge AC	145	0:13:49	Elliot Brett	Keighley & Craven AC				
46	0:12:23	Oscar Millard	Herne Hill Harriers	146	0:13:51	Jacob Ayers	Aldershot Farnham & District AC				
47	0:12:24	Thomas Nelson	Wharfedale Harriers	147	0:13:52	Lawrence Gilfrin	Aldershot Farnham & District AC				
48	0:12:28	Max Brame	Liverpool Harriers & AC	148	0:13:52	Ethan Ellison	Bourne Town Harriers				
49	0:12:29	Ieuan Kearney	Wirral AC	149	0:13:53	James Wakefield	Woodford Green AC with Essex Ladies				
50	0:12:30	Cameron Stainsby	Shildon Running & AC	150	0:13:54	Owen Knox	Banbury Harriers				
51	0:12:31	Tom Evans	Newark AC	151	0:13:54	Robbie Matthews	Ilkley Harriers AC				
52	0:12:32	Sean Pocknee	Aldershot Farnham & District AC	152	0:13:55	Jack Wilkinson	Blackburn Harriers				
53	0:12:33	Ben Skertchly	Manchester Harriers & AC	153	0:13:58	Antanas Weston	London Heathside AC				
54	0:12:34	Sam Brooks	Bury AC	154	0:14:01	Joe Halpin	Chester-Le-Street AC				
55	0:12:34	Jack Brennan	Harrowgate Harriers & AC	155	0:14:05	Conor Hopkinson	Rothwell Harriers				
56	0:12:35	Adam Shiret	Shaftesbury Barnet Harriers	156	0:14:06	Ben Dykins	Tynedale Harriers & AC				
57	0:12:35	Euan Brennan	Ilkley Harriers AC	157	0:14:06	Charles Downs	Tynedale Harriers & AC				
58	0:12:35	Luke White	Longwood Harriers AC	158	0:14:10	Samuel Macey	Keswick AAC				
59	0:12:36	Adam Searle	Rugby & Northampton AC	159	0:14:11	Jack Thomas	East Cheshire Harriers & Tameside AC				
60	0:12:36	Ross Gladman	Stevenage & North Herts AC	160	0:14:14	Daniel Coulson	Low Fell RC				
61	0:12:37	Jack Stubbings	Warrington AC	161	0:14:15	Josh Lowe	Liverpool Harriers & AC				
62	0:12:38	Francis Westhead	Ilkley Harriers AC	162	0:14:15	William Strange	Halifax Harriers & AC				
63	0:12:39	Hallam Cox	Solihull & Small Heath AC	163	0:14:16	Ben Minnican	Stroud & District AC				
64	0:12:39	James Larder	Louth AC	164	0:14:19	Michael Cornes	Poole AC				
65	0:12:40	John Humphries	Vale Royal AC	165	0:14:22	Freddie Scarborough	Ealing Southall & Middlesex AC				
66	0:12:40	Ben Brooks	Tonbridge AC	166	0:14:22	Freddie Reed	Gosforth Harriers				
67	0:12:41	Liam Garrett	London Heathside AC	167	0:14:22	Matthew Stevens	Rotherham Harriers & AC				
68	0:12:41	George Dickinson	Manx Harriers	168	0:14:23	Jake Hill	North Shields Polytechnic				
69	0:12:42	Nicholas Farquhar	Holmfirth Harriers AC	169	0:14:25	Kieran Loombe	Hallamshire Harriers				
70	0:12:42	Isaac Costley	London Heathside AC	170	0:14:26	Charlie Blencowe	Harborough AC				
71	0:12:42	Oscar Hussey	Blackheath & Bromley Harriers	171	0:14:26	Alex Wyke Ulliott	Rothwell Harriers				
72	0:12:43	Joe Morton	City of Sheffield AC	172	0:14:28	Oscar Stapleton	Ilkley Harriers AC				
73	0:12:43	Adam Mcmillan	New Marske Harriers	173	0:14:31	Iuan Barker	Herne Hill Harriers				
74	0:12:44	Oliver Plunkett	Tonbridge AC	174	0:14:32	Joseph Smith	Rothwell Harriers				
75	0:12:45	Alex Birkett	Kendal AC	175	0:14:32	Olivier Pocklington	Huntingdonshire AC				
76	0:12:45	Joseph Ford	St Helens Sutton AC	176	0:14:33	Ben Schofield	City of York AC				
77	0:12:46	Spencer Willis	Bedford & County AC	177	0:14:35	Connor Marshall	Blyth RC				
78	0:12:47	Ben Bergstrand	New Marske Harriers	178	0:14:35	Luke Pickering	Durham City Harriers & AC				
79	0:12:47	George Kerry	Ealing Southall & Middlesex AC	179	0:14:38	Jake Ludlam	Newark AC				
80	0:12:47	Matthew Wakefield	South Shields Harriers & AC	180	0:14:40	Sam Crick	Tonbridge AC				
81	0:12:48	Matty Fuller	City of Sheffield AC	181	0:14:42	Patrick Lally	Tynedale Harriers & AC				
82	0:12:48	Ryan Arthur	Chester-Le-Street AC	182	0:14:47	Mathew Smith	Houghton Harriers & AC				
83	0:12:49	Thomas Naisby	Aldershot Farnham & District AC	183	0:14:49	Chris Hogg	Woodford Green AC with Essex Ladies				
84	0:12:49	Luke Chesters	Sale Harriers Manchester	184	0:14:49	Maateo Vao	Ealing Southall & Middlesex AC				
85	0:12:50	Bradley Allan	Nene Valley Harriers	185	0:14:49	Ben Clarke	Ilkley Harriers AC				
86	0:12:52	Tom Fulton	Shaftesbury Barnet Harriers	186	0:14:52	Harry Todd	Sunderland Harriers & AC				
87	0:12:52	Kingsley Ezek	Herne Hill Harriers	187	0:14:54	Jack Rushby	Boston & District AC				
88	0:12:53	Cameron Allen	Durham City Harriers & AC	188	0:14:56	Kieran Taylor	Birtley AC				
89	0:12:54	Euan Bell	Charnwood AC	189	0:14:59	Jack Stead	Goole Viking Striders				
90	0:12:55	Nick Wiltshire	Abingdon AAC	190	0:15:01	Thomas Benfield	Burton AC				
91	0:12:56	Jamie Reed	Chester-Le-Street AC	191	0:15:07	Will Todd	Quakers RC				
92	0:12:56	Blake Garwell	Boston & District AC	192	0:15:10	Samuel White	Amber Valley & Erewash AC				
93	0:12:57	Alex Stewart	Bingley Harriers & AC	193	0:15:19	Adam Tatton	Telford AC				
94	0:12:58	Malik Nehaill	Belgrave Harriers	194	0:15:31	Robbie Parkin	Blaydon Harriers & AC				
95	0:12:59	Ewan Walker	Reading AC	195	0:15:35	Thomas Aspin	New Marske Harriers				
96	0:12:59	Aaron Kearney	Wirral AC	196	0:15:39	Dan Schofield	Tonbridge AC				
97	0:12:59	Harry Boyd	Sale Harriers Manchester	197	0:16:13	Shaun Foster	Bridlington RR				
98	0:13:00	William Tucker	Grantham AC	198	0:16:21	Rowan Burford	Dartford Harriers				
99	0:13:00	Calum Laing	Tonbridge AC	199	0:16:39	Alex Greer	Richmond & Zetland Harriers				
100	0:13:00	Philip Kirby	Morpeth Harriers & AC	200	0:16:45	James Martin	Billingham Marsh Hse H & AC				

2013 National XC Under 13 Girls

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:11:26	Katy Ann McDonald	Herne Hill Harriers	101	0:13:27	Ashleigh Armstrong	Blackwell & District AC	201	0:14:56	Amber Owens	Newark AC
2	0:11:30	Amelia Lancaster	City of Sheffield AC	102	0:13:29	Kelsi Cornish	Tonbridge AC	202	0:14:56	Lauren Bestwick	Blackwell & District AC
3	0:11:33	Jordan Waine	Leicester Coritanian AC	103	0:13:29	Lola Tindle	Birtley AC	203	0:14:58	Megan Ellison	Bourne Town Harriers
4	0:11:40	Saskia Millard	Herne Hill Harriers	104	0:13:29	Jessica Leslie	Jarrow & Hebburn AC	204	0:15:02	Emily Lucass	Liverpool Harriers & AC
5	0:11:49	Kathleen Faes	Tonbridge AC	105	0:13:31	Tamsin McGraw	Amber Valley & Erewash AC	205	0:15:03	Jessica McMeiken	Blaydon Harriers & AC
6	0:11:54	Aine Cunningham	Sale Harriers Manchester	106	0:13:32	Tia Williams	Banbury Harriers	206	0:15:05	Grace Oliver	Houghton Harriers & AC
7	0:11:57	Kirsty Walker	Reading AC	107	0:13:32	Tatiana Cooke	Herne Hill Harriers	207	0:15:06	Emily Elmes	Ilkley Harriers AC
8	0:12:01	Alice Moore	Barnsley AC	108	0:13:33	Charlotte Edwards	Harborough AC	208	0:15:08	Katie Mackintosh	Newark AC
9	0:12:02	Jess Rattray	Charnwood AC	109	0:13:34	Amy Walker	Rugby & Northampton AC	209	0:15:08	Saskia Hunt	Grantham AC
10	0:12:09	Abigail Saker	Halesowen AC	110	0:13:34	Lucy Thornton	Lincoln Wellington AC	210	0:15:13	Olivia Roper	Bingley Harriers & AC
11	0:12:13	Alex Brown	Herne Hill Harriers	111	0:13:36	Alison Curtis	Leicester Coritanian AC	211	0:15:16	Phoebe Crockford	London Heathside AC
12	0:12:14	Mariella De Lara	City of Sheffield AC	112	0:13:40	Laura Bates	Newark AC	212	0:15:17	Sadie Abel	Sedgefield Harriers
13	0:12:15	Khai Mhlanga	Chelmsford AC	113	0:13:41	Megan Middleton	Bedford & County AC	213	0:15:17	Rosie Fenton	Tonbridge AC
14	0:12:15	Naomi Kingston	Blackheath & Bromley Harriers	114	0:13:42	Heather Corden	Stockport Harriers & AC	214	0:15:17	Courtney Johnson	Middlesbrough AC
15	0:12:16	Emily Negus	Nuneaton Harriers	115	0:13:42	Katya Hunt	Gosforth Harriers	215	0:15:18	Melissa Carter	Durham City Harriers & AC
16	0:12:17	Tabatha Walford	Kettering Town Harriers	116	0:13:43	Molly Butterworth	Doncaster AC	216	0:15:23	Vanessa Roper	Richmond & Zetland Harriers
17	0:12:20	Stacey Burrows	Aldershot Farnham & District AC	117	0:13:45	Amber Stevens	Charnwood AC	217	0:15:25	Molly Bennett	Bourne Town Harriers
18	0:12:22	Yasmin Austridge	Blackheath & Bromley Harriers	118	0:13:46	Georgina Piper	Blackheath & Bromley Harriers	218	0:15:30	Eve Southern	Chester-Le-Street AC
19	0:12:27	Grace Copeland	Wimborne AC	119	0:13:46	Emma Flynn	Stockport Harriers & AC	219	0:15:34	Ella Shouler- Harris	Ilkley Harriers AC
20	0:12:27	Danielle Stringer	Manchester Harriers & AC	120	0:13:47	Harmony Cooper	Hastings AC	220	0:15:35	Christina Moore	City of York AC
21	0:12:27	Erin McCaffray	Bedford & County AC	121	0:13:49	Megan Taylor	Manchester Harriers & AC	221	0:15:36	Ellie McCormack	Croydon Harriers
22	0:12:29	Elena Carey	Bracknell AC	122	0:13:50	Anna Whitehead	Ipswich Harriers	222	0:15:43	Freya Bourke	New Marske Harriers
23	0:12:30	Lucy Miller	Liverpool Harriers & AC	123	0:13:50	Phoebe Jeffery	Chelmsford AC	223	0:15:43	Eva Jeffels	Ilkley Harriers AC
24	0:12:31	Lauren Murphy	West Suffolk AC	124	0:13:51	Natasha Harrison	Stockport Harriers & AC	224	0:15:45	Rebecca Burford	Dartford Harriers
25	0:12:33	Libby Hedger	Middlesbrough AC	125	0:13:51	Emily Hughes	Manchester Harriers & AC	225	0:15:48	Shiva Basu	Ealing Southall & Middlesex AC
26	0:12:36	Eloise O'Shaughnessy	Herne Hill Harriers	126	0:13:52	Rebecca Hall	Sedgefield Harriers	226	0:15:49	Lauren Sabin	Blackwell & District AC
27	0:12:36	Niahm Nugent	Sale Harriers Manchester	127	0:13:53	Rebecca Wood	Harrogate Harriers & AC	227	0:15:50	Macey Bradshaw	Birtley AC
28	0:12:37	Tara De Klerk	Aldershot Farnham & District AC	128	0:13:53	Eli Barnbrook	New Marske Harriers	228	0:15:50	Jess Burgess	Ilkley Harriers AC
29	0:12:37	Megan Newton	West Suffolk AC	129	0:13:55	Susan Shirling	St Helens Sutton AC	229	0:15:50	Laura Knowles	Keighley & Craven AC
30	0:12:37	Mahlah Tomsett	Bracknell AC	130	0:13:56	Danielle Mcminn	Trafford AC	230	0:15:50	Lucy Shutt	Bingley Harriers & AC
31	0:12:38	Krystina Martindale	Wirral AC	131	0:13:58	Chloe Zmuda	Reading AC	231	0:15:54	Ellie Rogers	Hallamshire Harriers
32	0:12:40	Sophie Morton	Chiltern Harriers AC	132	0:13:58	Katy Livesey	Keswick AAC	232	0:15:57	Fiona Oddy	Leeds City AC
33	0:12:41	Rhian Purves	Gosforth Harriers	133	0:13:59	Annabel Johnson	Rotherham Harriers & AC	233	0:15:57	Abbie Little	Sunderland Harriers & AC
34	0:12:42	Eugenie Cockle	Aldershot Farnham & District AC	134	0:14:00	Beth Neal	Ealing Southall & Middlesex AC	234	0:16:00	Terren-Jay Moody	Newark AC
35	0:12:44	Eleanor Twite	Sale Harriers Manchester	135	0:14:00	Jasmine Stevens	Charnwood AC	235	0:16:08	Megan Hayes	Ilkley Harriers AC
36	0:12:45	Chloe Sharp	Dartford Harriers	136	0:14:01	Mia Groom	Barnet & District AC	236	0:16:10	Kate Carmichael	Elswick Harriers
37	0:12:45	Lucy-Erin Hunter	Darlington Harriers & AC	137	0:14:01	Alisha Laidler	Rothwell Harriers	237	0:16:14	Kyra Watson	Chester-Le-Street AC
38	0:12:46	Rebecca Jones	Stockport Harriers & AC	138	0:14:01	Chantelle Haywood	Newark AC	238	0:16:16	Millie Raine	Liverpool Harriers & AC
39	0:12:46	Melissa Boyer	Warrington AC	139	0:14:02	Georgia Bourke	Stockport Harriers & AC	239	0:16:17	Lucy Brown	Gosforth Harriers
40	0:12:46	Georgina Denham	Vale Royal AC	140	0:14:03	Stephanie Driscoll	Kendal AC	240	0:16:21	Leah Clark	Bourne Town Harriers
41	0:12:47	Isobel Chaudry	Gateshead Harriers & AC	141	0:14:03	Mollie O'Hanlon	Burton AC	241	0:16:23	Emily Braginton	Rothwell Harriers
42	0:12:47	Hannah Seager	Charnwood AC	142	0:14:06	Tayla Wegg	Basingstoke & Mid Hants AC	242	0:16:29	Emma Scarborough	Sedgefield Harriers
43	0:12:48	Eleanor Here	Charnwood AC	143	0:14:06	Eli Carr	Rotherham Harriers & AC	243	0:16:32	Emily Tully	Newark AC
44	0:12:48	Emily Simpson	City of Sheffield AC	144	0:14:06	Harriett Vaughan	Bury AC	244	0:16:33	Rebecca Aspin	New Marske Harriers
45	0:12:48	Mollie Osullivan	Kingston AC & Polytechnic Harriers	145	0:14:07	Miranda Stephenson	Chester-Le-Street AC	245	0:16:40	Laura Kelly	Birtley AC
46	0:12:49	Lauren Goddard	Warrington AC	146	0:14:07	Brethan Samuel	Forest of Dean AC	246	0:16:44	Lucy Brown	Houghton Harriers & AC
47	0:12:50	Maisie Relton	Bedford & County AC	147	0:14:08	Katherine Flisher	Mansfield Harriers	247	0:16:56	Nell Moran	Ealing Southall & Middlesex AC
48	0:12:50	Bethan Strange	Liverpool Harriers & AC	148	0:14:08	Georgia Clarke	Leamington Cycling & Athletic Club	248	0:16:57	Kera Nelson	Wharfedale Harriers
49	0:12:50	Genevieve Allan	Tonbridge AC	149	0:14:09	Jessica Cook	Liverpool Harriers & AC	249	0:16:58	Ebony Sykes	Chester-Le-Street AC
50	0:12:50	Olivia Green	Sale Harriers Manchester	150	0:14:09	Melissa Adkins	Royal Sutton Coldfield AC	250	0:16:59	Rachel Finke	London Heathside AC
51	0:12:51	Lizzie Squibbs	Aldershot Farnham & District AC	151	0:14:09	Rhianne Bell	Birtley AC	251	0:17:08	Imogen Liversidge	Hallamshire Harriers
52	0:12:54	Rebekah Kitchener	Middlesbrough AC	152	0:14:10	Amelia Errington	Stroud & District AC	252	0:17:11	Charlotte Raw	Sedgefield Harriers
53	0:12:55	Eleanor Cohen	Tonbridge AC	153	0:14:11	Roisin Lynch	Ealing Southall & Middlesex AC	253	0:17:16	Savannah Lloyd	Houghton Harriers & AC
54	0:12:55	Iris Davies	Cannock & Stafford AC	154	0:14:13	Annie Stone	Halifax Harriers & AC	254	0:17:17	Robyn Bennett	Elswick Harriers
55	0:12:55	Victoria Merrick	Bingley Harriers & AC	155	0:14:13	Ella Newton	Herne Hill Harriers	255	0:17:26	Rhiannon Woolerton	Burton AC
56	0:12:56	Ella Saunders	Reading AC	156	0:14:14	Charlotte Taylor	Blackburn Harriers	256	0:17:31	Eleanor Miller	Newark AC
57	0:12:56	Emily Bond	Thanet RR AC	157	0:14:15	Rhael Jones	Cannock & Stafford AC	257	0:17:32	Beth Edwards	Charnwood AC
58	0:12:57	Francesca Johnson	Bedford & County AC	158	0:14:15	Evie Montague	New Marske Harriers	258	0:17:38	Francis Keightley	Reading AC
59	0:12:58	Jessica Carley	Ashford AC	159	0:14:17	Laura Hand	Sunderland Harriers & AC	259	0:18:01	Holly Huntley	Elswick Harriers
60	0:12:58	Francesca Brint	Sale Harriers Manchester	160	0:14:18	Laura Stewart	Ealing Southall & Middlesex AC	260	0:18:11	Daisy Pope	Elswick Harriers
61	0:12:59	Beth Barlow	Manchester Harriers & AC	161	0:14:18	Eva Hardie	Houghton Harriers & AC	261	0:18:39	Ellen Sayles	Rothwell Harriers
62	0:13:00	Sammy Bonny	Aldershot Farnham & District AC	162	0:14:18	Grace Preston	Liverpool Harriers & AC	262	0:18:46	Emily Baldwin	Richmond & Zetland Harriers
63	0:13:00	Amy Ratcliffe	Aldershot Farnham & District AC	163	0:14:19	Katie Farndon	Charnwood AC	263	0:19:22	Tilly Owens	Newark AC
64	0:13:02	Alice Stiles	Manchester Harriers & AC	164	0:14:19	Lily Hardie	Houghton Harriers & AC	264	0:19:22	Lauren Owens	Newark AC
65	0:13:03	Jasmine Gray	Tavistock AC	165	0:14:19	Lucy Mills	Halifax Harriers & AC	Team Results:			
66	0:13:04	Sandie Pohlman	Chiltern Harriers AC	166	0:14:20	Bethan Morley	Ilkley Harriers AC	Pos	Points	Team / Club	Placings
67	0:13:04	Grace De Campos	Manchester Harriers & AC	167	0:14:21	Lea Brown	Birtley AC	1	42	Herne Hill Harriers	(1 4 11 26)
68	0:13:05	Katie Noble	Darlington Harriers & AC	168	0:14:22	Megan Driscoll	Leeds City AC	2	118	Sale Harriers Manchester	(6 27 35 50)
69	0:13:06	Chelsea Williamson	Gosforth Harriers	169	0:14:23	Isabel Castelow	Halifax Harriers & AC	3	130	Aldershot Farnham & District AC	(17 28 34 51)
70	0:13:06	Lauren Ferris	Warrington AC	170	0:14:24	Alessandra Ricci	Ilkley Harriers AC	4	151	City of Sheffield AC	(2 12 44 93)
71	0:13:06	Mia Atkinson	Charnwood AC	171	0:14:24	Maddy Jackson	Newark AC	5	165	Charnwood AC	(9 42 43 71)
72	0:13:07	Scarlet Dale	Lancaster & Morecambe AC	172	0:14:25	Tegan Knappy	Keighley & Craven AC	6	209	Tonbridge AC	(5 49 53 102)
73	0:13:08	Neve Hudson	Bracknell AC	173	0:14:26	Kate Seymour	Morpeth Harriers & AC	7	217	Manchester Harriers & AC	(20 61 64 67)
74	0:13:09	Natalya Irvine	Blackburn Harriers	174	0:14:28	Holly Willis	Gosforth Harriers	8	222	Bedford & County AC	(21 47 58 96)
75	0:13:10	Emma Wright	Carlisle Aspatria AC	175	0:14:28	Natasha Kent	Loftus & Whitby AC	9	305	Liverpool Harriers & AC	(23 48 85 149)
76	0:13:10	Laura Dickinson	Manx Harriers	176	0:14:30	Darcy Kirwin	Blackheath & Bromley Harriers	10	325	Bracknell AC	(22 30 73 200)
77	0:13:11	Megan Moore	Tipton Harriers	177	0:14:31	Emily Herron	Houghton Harriers & AC	11	326	Blackheath & Bromley Harriers	(14 18 118 176)
78	0:13:12	Lizzie Cramb	Shildon Running & AC	178	0:14:32	Emma Purcell	Ealing Southall & Middlesex AC	12	391	Gosforth Harriers	(33 69 115 174)
79	0:13:12	Camilla Mcknespiey	Carlisle Aspatria AC	179	0:14:32	Amy Jack	Chester-Le-Street AC	13	395	Stockport Harriers & AC	(38 114 119 124)
80	0:13:13	Juliet Hodder	Wirral AC	180	0:14:35	Emily Lowery	Macclesfield Harriers & AC	14	452	Reading AC	(7 56 131 258)
81	0:13:14	Eimear Griffin	Herne Hill Harriers	181	0:14:37	Eliza Hack	Richmond & Zetland Harriers	15	532	Kendal AC	(94 99 140 199)
82	0:13:14	Niamh Watson	Harborough AC	182	0:14:38	Katriona Brown	Reigate Priory AC	16	622	Newark AC	(112 138 171 201)
83	0:13:14	Laura Kirkham	Richmond & Zetland Harriers	183	0:14:38	Jazmine Moss	Durham City Harriers & AC	17	625	Ealing Southall & Middlesex AC	(134 153 160 178)
84	0:13:15	Neve Grimes	Leicester Coritanian AC	184	0:14:38	Miranda Debski	Gosforth Harriers	18	648	Birtley AC	(103 151 167 227)
85	0:13:15	Faye Ireland	Liverpool Harriers & AC	185	0:14:39	Sarah Bell	Sunderland Harriers & AC	19	708	Houghton Harriers & AC	(161 164 177 206)
86	0:13:17	Molly Shermer	Cannock & Stafford AC	186	0:14:39	Sarah Brunton	Cambridge & Coleridge AC	20	733	Ilkley Harriers AC	(166 170 190 207)
87	0:13:18	Georgina Mitchell	Stratford Upon Avon AC	187	0:14:40	Holly Kitching	Wakefield District Harriers & AC	21	742	Richmond & Zetland Harriers	(83 181 216 262)
88	0:13:19	Mairead Power	Sale Harriers Manchester	188	0:14:40	Rachel Rees	Gosforth Harriers	22	752	New Marske Harriers	(128 158 222 244)
89	0:13:19	Olivia Allum	West Suffolk AC	189	0:14:41	Mollie Relton	Bedford & County AC	23	771	Sedgefield Harriers	(126 191 212 242)
90	0:13:19	Hannah Cookson	Blackburn Harriers	190	0:14:42	Molly Jeffels	Ilkley Harriers AC	24	779	Chester-Le-Street AC	(145 179 218 237)
91	0:13:21	Eve Crownshaw	Hallamshire Harriers	191	0:14:43	Lrin Peters	Sedgefield Harriers	25	1009	Elswick Harriers	(236 254 259 260)
92	0:13:22	Mya Taylor	Rotherham Harriers & AC	192	0:14:44	Libby Cox	Blaydon Harriers & AC				
93	0:13:23	Ana Garcia	City of Sheffield AC	193	0:14:44	Becky Lister	Leeds City AC				
94	0:13:23	Mallisa Sproul	Kendal AC	194	0:14:45	Maddy Broad	Liverpool Harriers & AC				
95	0:13:24	Mollie Watson	Harborough AC	195	0:14:46	Innes Orr	Blaydon Harriers & AC				
96	0:13:24	Maisie Pritchard	Bedford & County AC	196	0:14:50	Samantha Baker-Jon	Harrogate Harriers & AC				
97	0:13:25	Caitlin Dimmick	Vale Royal AC	197	0:14:52	Alana Prior	Darlington Harriers & AC				
98	0:13:25	Eleanor Kenny	Manchester Harriers & AC	198	0:14:53	Kate Clelland	Gateshead Harriers & AC				
99	0:13:26	Samantha Bland	Kendal AC	199	0:14:53	Imogen Gorst	Kendal AC				
100	0:13:26	Gemma Walker	Goole Youth AC	200	0:14:56	Tilly Cole	Bracknell AC				

2013 National XC Under 15 Boys

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:15:02	Daniel Evans	Warrington AC	101	0:17:38	Omar Harhara	Croydon Harriers	201	0:20:16	Christopher Jones	Ipswich Harriers
2	0:15:14	Ben Dijkstra	Leicester Coritanian AC	102	0:17:38	Jack Donnelly	Blaydon Harriers & AC	202	0:20:16	Luke Phillips	Sunderland Harriers & AC
3	0:15:25	Nathan Gibson	Aldershot Farnham & District AC	103	0:17:39	Tom Holland	Bedford & County AC	203	0:20:17	Samuel Williams	Morpeth Harriers & AC
4	0:15:27	Stephen Ferroni	Brighton & Hove AC	104	0:17:41	Cameron Marshall	Nene Valley Harriers	204	0:20:21	Martin Clarke	Bourne Town Harriers
5	0:15:35	Alex Hampson	Nene Valley Harriers	105	0:17:41	Harry Freeman	Corby AC	205	0:20:27	Tyler Ludlam	Newark AC
6	0:15:43	George Elliott	Chelmsford AC	106	0:17:44	Tom Brown	Tipton Harriers	206	0:20:32	Ben Mitchell	Houghton Harriers & AC
7	0:15:37	Tyler Hutchinson	City of York AC	107	0:17:46	James Wood	Darlington Harriers & AC	207	0:20:36	Iman Nadew	Herne Hill Harriers
8	0:15:40	Hugo Milner	Derby AC	108	0:17:46	Peter Mumford	Notts AC	208	0:20:40	Harry Butterworth	Doncaster AC
9	0:15:42	Mahamed Mahamed	Southampton AC	109	0:17:49	Ryan Doubtfire	Liverpool Harriers & AC	209	0:20:42	James Pickering	Ilkley Harriers AC
10	0:15:43	Joe Armstrong	Gateshead Harriers & AC	110	0:17:49	Charlie Stead	Goole Viking Striders	210	0:20:47	Kieton Pearson	Sunderland Harriers & AC
11	0:15:43	Jonathan Shields	City of Sheffield AC	111	0:17:49	Thomas Slack	Hallamshire Harriers	211	0:21:00	Owen Martin	Harrogate Harriers & AC
12	0:15:43	Alfie Thompson	Leicester Coritanian AC	112	0:17:49	Harry Grace	Aldershot Farnham & District AC	212	0:21:10	Michael Oku-Ampofa	Newham & Essex Beagles
13	0:15:44	Jack Boswell	Aldershot Farnham & District AC	113	0:17:50	Sam Tarry	Manchester Harriers & AC	213	0:21:20	James Green	Heaton Harriers
14	0:15:47	Alasdair Kinloch	Tonbridge AC	114	0:17:50	Christian Woods	Liverpool Harriers & AC	214	0:21:25	Sam McCreedy	Aldershot Farnham & District AC
15	0:15:57	Jamie Goodge	Tonbridge AC	115	0:17:52	Jay Hornby	Stockport Harriers & AC	215	0:21:41	Robert Brunton	Cambridge & Coleridge AC
16	0:15:59	Jason Sotheran	Wimborne AC	116	0:17:53	Ben Hardy	Mansfield Harriers	216	0:21:44	Callum Houseman	Cannock & Stafford AC
17	0:16:01	Adam Roden	Sale Harriers Manchester	117	0:17:54	Oliver Bowling	Nene Valley Harriers	217	0:21:48	Joe Sykes	Notts AC
18	0:16:03	Ryan Beale	Rotherham Harriers & AC	118	0:17:56	Thomas Hunter	Darlington Harriers & AC	218	0:21:49	James Greer	Richmond & Zetland Harriers
19	0:16:03	Christopher Durney	Preston Harriers	119	0:17:57	Kane Smith	Rotherham Harriers & AC	219	0:21:57	Karolis Narvalas	Ealing Southall & Middlesex AC
20	0:16:04	Ed Olsen	Herne Hill Harriers	120	0:17:58	James Beeks	Basingstoke & Mid Hants AC	220	0:21:57	Connor Cass	Billingham Marsh Hse H & AC
21	0:16:07	Emile Cairress	Bingley Harriers & AC	121	0:17:58	Matthew De Lara	City of Sheffield AC	221	0:22:07	Taylor Reece	Woodford Green AC with Essex Ladi
22	0:16:08	Mukhtar Farah	Ealing Southall & Middlesex AC	122	0:18:00	Zach Meakin	Charnwood AC	222	0:22:22	Benjamin Mcgee	Halifax Harriers & AC
23	0:16:11	Charlie Mills	Aldershot Farnham & District AC	123	0:18:02	Ewan Cassidy	Elswick Harriers	223	0:22:23	Sam Quinn	Sunderland Harriers & AC
24	0:16:11	Khalid Ali-Ahmed	Shaftesbury Barnet Harriers	124	0:18:03	Feysel Nadew	Herne Hill Harriers	Team Results:			
25	0:16:12	Chris Brown	Trafford AC	125	0:18:04	Lewis Pryke	City of York AC	Pos	Points	Team / Club	Placings
26	0:16:13	Harry Moore	Barnsley AC	126	0:18:04	Chris Ward	Newark AC	1	76	Aldershot Farnham & District AC	(3 13 23 37)
27	0:16:15	Stanley Willis	Bedford & County AC	127	0:18:05	Josh Mcmillan	New Marske Harriers	2	94	Tonbridge AC	(14 15 30 35)
28	0:16:15	Donnacha Maguire	Manchester Harriers & AC	128	0:18:06	Thomas Kerr	Ilkley Harriers AC	3	121	Leicester Coritanian AC	(2 12 46 61)
29	0:16:18	Joshua Schofield	City of York AC	129	0:18:06	Callum Mullins	Bedford & County AC	4	166	City of York AC	(7 29 58 72)
30	0:16:18	Euan Nicholls	Tonbridge AC	130	0:18:08	Joel Till	Goole Viking Striders	5	249	Bedford & County AC	(27 56 63 103)
31	0:16:21	Ryan Babcock	Trafford AC	131	0:18:09	Adam Weightman	Alnwick Harriers	6	250	Sale Harriers Manchester	(17 34 41 158)
32	0:16:25	Callum Wilson	Doncaster AC	132	0:18:09	Chris Davies	Tipton Harriers	7	263	Trafford AC	(25 31 33 174)
33	0:16:26	Jake Lonsdale	Trafford AC	133	0:18:10	Ruaridh Mon-Willia	Ilkley Harriers AC	8	290	City of Sheffield AC	(11 65 93 121)
34	0:16:27	Euan Gilchrist	Sale Harriers Manchester	134	0:18:10	Conor Davies	Manx Harriers	9	324	Derby AC	(8 81 97 138)
35	0:16:27	Chris Cohen	Tonbridge AC	135	0:18:11	Kieron Connor	Croydon Harriers	10	346	Liverpool Harriers & AC	(36 87 109 114)
36	0:16:28	Tom Clarke	Liverpool Harriers & AC	136	0:18:12	Luke Chapman	Hull Achilles AC	11	363	Nene Valley Harriers	(5 104 117 137)
37	0:16:29	Dan Rickards	Aldershot Farnham & District AC	137	0:18:17	Will Baker	Nene Valley Harriers	12	383	Herne Hill Harriers	(20 100 124 139)
38	0:16:35	Stuart Brown	Tonbridge AC	138	0:18:18	Dylan Barnes	Derby AC	13	427	Croydon Harriers	(49 101 135 142)
39	0:16:35	Robert Huckle	Cambridge & Coleridge AC	139	0:18:20	Nathan Bekele	Herne Hill Harriers	14	455	Ealing Southall & Middlesex AC	(22 43 190 200)
40	0:16:35	William Collumb	Rothwell Harriers	140	0:18:21	Jack Bentley	Halifax Harriers & AC	15	463	Gateshead Harriers & AC	(10 145 152 156)
41	0:16:39	Christy O'Brien	Sale Harriers Manchester	141	0:18:22	Jarod Lewis	Morpeth Harriers & AC	16	481	Blackheath & Bromley Harriers	(78 91 153 159)
42	0:16:40	Jack Turner	Stroud & District AC	142	0:18:22	Charlie Brackenboro	Croydon Harriers	17	547	Darlington Harriers & AC	(107 118 149 173)
43	0:16:43	Rashid Riyad	Ealing Southall & Middlesex AC	143	0:18:23	Thomas Hubbard	Newark AC	18	585	Morpeth Harriers & AC	(66 141 175 203)
44	0:16:45	Devon Stead	Rotherham Harriers & AC	144	0:18:23	Jonathan Anderson	Tynedale Harriers & AC	19	743	Halifax Harriers & AC	(140 187 194 222)
45	0:16:45	Ben Musgrove	Rugby & Northampton AC	145	0:18:28	Thomas Mount	Gateshead Harriers & AC	20	773	Sunderland Harriers & AC	(176 185 202 210)
46	0:16:46	Cameron Smith	Leicester Coritanian AC	146	0:18:28	Sam Rogers	Lewes AC				
47	0:16:46	Nathan Davies	Shaftesbury Barnet Harriers	147	0:18:28	Richard Slade	Chiltern Harriers AC				
48	0:16:47	Fergus Robinson	Tynedale Harriers & AC	148	0:18:30	Oliver Cooper	Thanet RR AC				
49	0:16:48	Rob Spalding	Croydon Harriers	149	0:18:31	James Dryburgh	Darlington Harriers & AC				
50	0:16:48	Toby Ralph	Tonbridge AC	150	0:18:31	Callum Barker	Herne Hill Harriers				
51	0:16:50	Bryn Smith	Aldershot Farnham & District AC	151	0:18:31	Austin Herbert	Nene Valley Harriers				
52	0:16:52	Sam Garratt	New Marske Harriers	152	0:18:33	Joe Kirk	Gateshead Harriers & AC				
53	0:16:52	George Lewis	East Cheshire Harriers & Tameside AC	153	0:18:33	Marco Arcuri	Blackheath & Bromley Harriers				
54	0:16:52	Max Steward	East Cheshire Harriers & Tameside AC	154	0:18:36	Luke Kelly	Birtley AC				
55	0:16:53	Ben Read	Wakefield District Harriers & AC	155	0:18:37	Andrew Farquhar	Holmfirth Harriers AC				
56	0:16:53	Tom Angell	Bedford & County AC	156	0:18:37	Joe Kirtley	Gateshead Harriers & AC				
57	0:16:55	Ashley Waterson	City Of Norwich AC	157	0:18:38	Thomas Yarrow	Hallamshire Harriers				
58	0:16:55	Jack Spence	City of York AC	158	0:18:42	Daniel Brint	Sale Harriers Manchester				
59	0:16:57	Piers Copeland	Wimborne AC	159	0:18:42	Matthew Witchalls	Blackheath & Bromley Harriers				
60	0:16:59	Cameron Innes	Coventry Godiva Harriers	160	0:18:43	Luke Hack	Richmond & Zetland Harriers				
61	0:16:59	Luke Beeby	Leicester Coritanian AC	161	0:18:44	Sam Avis	Tonbridge AC				
62	0:17:00	Luke Piper	East Cheshire Harriers & Tameside AC	162	0:18:44	George Tostevin	Lancaster & Morecambe AC				
63	0:17:01	Will Mullins	Bedford & County AC	163	0:18:44	Sam Simone	Reading AC				
64	0:17:02	George Mills	Harrogate Harriers & AC	164	0:18:45	James Donoghue	Richmond & Zetland Harriers				
65	0:17:03	Oliver Dane	City of Sheffield AC	165	0:18:45	Lavell Pierre	Holmfirth Harriers AC				
66	0:17:03	Ryan Green	Morpeth Harriers & AC	166	0:18:47	Philip Nesom	City of York AC				
67	0:17:04	Alex Brown	Houghton Harriers & AC	167	0:18:48	Oliver Freer	Leicester Coritanian AC				
68	0:17:04	Amrik Gill	Leicester Coritanian AC	168	0:18:50	Ethan Edwards	Shildon Running & AC				
69	0:17:05	Jordan Wood	Cambridge & Coleridge AC	169	0:18:51	Alexander Hepburn	Bedford & County AC				
70	0:17:05	James Graves	Tonbridge AC	170	0:18:51	George Patterson	Wirral AC				
71	0:17:06	Peter Cook	Reading AC	171	0:18:51	Max Ferrari	Herne Hill Harriers				
72	0:17:07	Peter Jarvis	City of York AC	172	0:18:53	Sean Haycock	Sedgefield Harriers				
73	0:17:07	Shay Ward	Stockport Harriers & AC	173	0:18:57	Joseph O'Hara	Darlington Harriers & AC				
74	0:17:08	Matthew Barnes	Pendle AC	174	0:18:57	Alex Warren	Trafford AC				
75	0:17:08	Jon Owen	Vale Royal AC	175	0:18:58	Jacob Hopkins	Morpeth Harriers & AC				
76	0:17:09	Patrick Magner	Stockport Harriers & AC	176	0:18:59	Chris Bell	Sunderland Harriers & AC				
77	0:17:10	James Brennan	Shaftesbury Barnet Harriers	177	0:18:59	Mason Dietrich **	London Heathside AC n/s				
78	0:17:11	Bailey Stickings	Blackheath & Bromley Harriers	178	0:19:03	Jack Holman	Halesowen AC				
79	0:17:12	Luke Spear	City Of Norwich AC	179	0:19:11	James Young	Blyth RC				
80	0:17:12	Kieran Walker	Sedgefield Harriers	180	0:19:13	Thomas O'Donoghue	Derby AC				
81	0:17:15	Matthew Ward	Derby AC	181	0:19:15	Duncan Macdonald	Wirral AC				
82	0:17:17	Luke Cooper	Hastings AC	182	0:19:18	Tom Whitley	Kingston upon Hull AC				
83	0:17:19	Robert Dykes	Warrington AC	183	0:19:18	Luca Taylor	Blackheath & Bromley Harriers				
84	0:17:21	Pascal Bouttier-Butle	Leicester Coritanian AC	184	0:19:20	Jack Harlowe	Reading AC				
85	0:17:21	Daniel Skinner	Lincoln Wellington AC	185	0:19:24	Jack Smith	Sunderland Harriers & AC				
86	0:17:22	Callum Outsides	Blaydon Harriers & AC	186	0:19:27	Callum Martin	Billingham Marsh Hse H & AC				
87	0:17:22	Elliott Colman	Liverpool Harriers & AC	187	0:19:28	Charlie Birro	Halifax Harriers & AC				
88	0:17:23	Thomas Taylor	Manchester Harriers & AC	188	0:19:29	Harry Cavell	Woodford Green AC with Essex Ladies				
89	0:17:23	Jethro McGraw	Amber Valley & Erewash AC	189	0:19:31	Niall Graham	Lancaster & Morecambe AC				
90	0:17:23	William Parsons	Vale Royal AC	190	0:19:34	Reece Farren	Ealing Southall & Middlesex AC				
91	0:17:24	Charlie Davis	Blackheath & Bromley Harriers	191	0:19:37	Sam Cottrell	Blackwell & District AC				
92	0:17:26	Tiaran Croken	Pendle AC	192	0:19:38	Tom Rogerson	Liverpool Harriers & AC				
93	0:17:27	Joseph Hibbert	City of Sheffield AC	193	0:19:38	Jack Hodgkinson	Stafford Harriers				
94	0:17:27	Ryan Ashforth	Cannock & Stafford AC	194	0:19:41	Emerson James	Halifax Harriers & AC				
95	0:17:29	Scott Rowatt	Tonbridge AC	195	0:19:42	Tomas Wadajo	Herne Hill Harriers				
96	0:17:29	Oliver Dickinson	Wells City Harriers	196	0:19:43	Robbie Sproul	Kendal AC				
97	0:17:33	Hedley Hardcastle	Derby AC	197	0:19:58	Nathan Linsley	Gateshead Harriers & AC				
98	0:17:35	Alex McBain	Wirral AC	198	0:19:59	Mitchell Horne	Bexley AC				
99	0:17:37	Cameron Wilson	Tonbridge AC	199	0:20:03	Dane Lawrence	Croydon Harriers				
100	0:17:38	Billy Black	Herne Hill Harriers	200	0:20:11	Conor Mccarthy	Ealing Southall & Middlesex AC				

2013 National XC Under 15 Girls

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:17:12	Lucy Jones	Charnwood AC	102	0:20:32	Shannon Riskey	Blackheath & Bromley Harriers	203	0:29:35	Alice Mead	Lancaster & Morecambe AC
2	0:17:18	Harriet Knowles-Jone	Warrington AC	103	0:20:33	Claire Jones	Harrogate Harriers & AC	204	0:29:53	Victoria Shepherd	Sedgefield Harriers
3	0:17:24	Sabrina Sinha	Cambridge Harriers	104	0:20:36	Kirstin Sutherland	Windsor Slough Eton & Hounslow AC	205	0:30:06	Abigail Brown	Ealing Southall & Middlesex AC
4	0:17:25	Katy Whiteoak	Stockport Harriers & AC	105	0:20:37	Beth Foster	Wirral AC	206	0:30:17	Philippa Hughes	Croydon Harriers
5	0:17:39	Rosie Johnson	Liverpool Pembroke & Sefton H & AC	106	0:20:39	Megan Williams	Chelmsford AC	207	0:31:00	Keating Walters	Newark AC
6	0:17:44	Grace Goddard	Bracknell AC	107	0:20:39	Millie Cassidy	Elswick Harriers	208	0:32:41	Rachael Jones	Houghton Harriers & AC
7	0:17:50	Laura Mullin	Charnwood AC	108	0:20:42	Charlotte Jewell	Morpeth Harriers & AC	Team Results:			
8	0:17:57	Sophie Tooley	West Suffolk AC	109	0:20:45	Polly Smith	Huntingdonshire AC				
9	0:17:59	Mona Jöppinen	Aldershot Farnham & District AC	110	0:20:48	Molly Ripley	Newark AC	Pos	Points	Team / Club	Placings
10	0:18:01	Elizabeth Greenwood	Blackburn Harriers	111	0:20:50	Ellie Drake	Diss & District AC	1	69	Charnwood AC	(1 7 29 32)
11	0:18:06	Grace Handley	Blackburn Harriers	112	0:20:52	Katie Oakley	Bolton United Harriers & AC	2	75	Bracknell AC	(6 15 19 35)
12	0:18:11	Niamh Brown	Reigate Priory AC	113	0:20:52	Caitlin Tevendale	Hallamshire Harriers	3	139	Aldershot Farnham & District AC	(9 20 38 72)
13	0:18:13	Emma Clapton	Scarborough AC	114	0:20:53	Hannah Featherston	Sedgefield Harriers	4	143	Warrington AC	(2 26 37 78)
14	0:18:14	Hannah Morton	Chiltern Harriers AC	115	0:20:55	Courtney Marshall	Ealing Southall & Middlesex AC	5	205	Herne Hill Harriers	(34 45 62 64)
15	0:18:15	Hope Goddard	Bracknell AC	116	0:20:56	Chloe Broad	Vale Royal AC	6	233	Blackburn Harriers	(10 11 76 136)
16	0:18:16	Philippa Chambers	Gateshead Harriers & AC	117	0:20:57	Katie Mladenovic	Solihull & Small Heath AC	7	261	Chelmsford AC	(21 33 101 106)
17	0:18:16	Hannah Thear	Chiltern Harriers AC	118	0:21:01	Phoebe Crawford	City of York AC	8	265	Stockport Harriers & AC	(4 40 59 162)
18	0:18:17	Katie Lowery	Macclesfield Harriers & AC	119	0:21:03	Alice Daniel	Charnwood AC	9	274	Blackheath & Bromley Harriers	(23 56 93 102)
19	0:18:19	Siannah Rayment	Bracknell AC	120	0:21:05	Rebecca Dancer	Hallamshire Harriers	10	337	Hallamshire Harriers	(50 54 113 120)
20	0:18:21	Daisy D'santos	Aldershot Farnham & District AC	121	0:21:05	Elizabeth Hardcastle	Louth AC	11	348	Windsor Slough Eton & Hounslow	(53 82 149 164)
21	0:18:22	Jodie Judd	Chelmsford AC	122	0:21:07	Charlotte Kelly	Luton AC	12	380	Newark AC	(48 94 110 128)
22	0:18:23	Georgia Fear	Highgate Harriers	123	0:21:08	Serena Moore	Leicester Coritanian AC	13	421	Gateshead Harriers & AC	(16 65 165 175)
23	0:18:24	Georgina Taylor	Blackheath & Bromley Harriers	124	0:21:11	Eleanor Boyle	Bury AC	14	448	Tonbridge AC	(53 82 149 164)
24	0:18:24	Sophie Markwick	Hastings AC	125	0:21:13	Naomi Carty	Croydon Harriers	15	457	Ilkley Harriers AC	(50 86 150 161)
25	0:18:28	Alice Newcombe	Cambridge & Coleridge AC	126	0:21:15	Aileen Kearney	Wirral AC	16	473	Harrogate Harriers & AC	(90 103 129 151)
26	0:18:33	Elizabeth Smith	Warrington AC	127	0:21:15	Gemma Clark	Middlesbrough AC	17	495	Harrow AC	(81 91 147 176)
27	0:18:35	Sophia Brennan	Liverpool Harriers & AC	128	0:21:21	Charlotte Ripley	Newark AC	18	495	City of York AC	(95 99 118 183)
28	0:18:39	Rosie Dale	Lancaster & Morecambe AC	129	0:21:22	Millie Gray	Harrogate Harriers & AC	19	550	Reading AC	(85 143 144 178)
29	0:18:44	Hannah Cox	Charnwood AC	130	0:21:23	Jess Peppal	Windsor Slough Eton & Hounslow AC	20	564	Leicester Coritanian AC	(79 123 173 189)
30	0:18:47	Katie Astin	Manx Harriers	131	0:21:24	Leah Herrington	Scarborough AC	21	581	Bexley AC	(74 156 157 194)
31	0:18:51	Kathryn Ditton	Windsor Slough Eton & Hounslow AC	132	0:21:25	Flora Whyte	Sale Harriers Manchester	22	584	Croydon Harriers	(98 125 174 187)
32	0:18:51	Elizabeth Mulvaney	Charnwood AC	133	0:21:28	Eleanor Daglish	Houghton Harriers & AC	23	675	Ealing Southall & Middlesex AC	(115 159 200 201)
33	0:18:52	Cameron Venton	Chelmsford AC	134	0:21:29	Alannah Newell	East Cheshire Harriers & Tameside AC				
34	0:18:53	Alice Setyabule	Herne Hill Harriers	135	0:21:30	Saskia Sharpe	Charnwood AC				
35	0:18:54	Hannah Willis	Bracknell AC	136	0:21:31	Phoebe Howe	Blackburn Harriers				
36	0:18:55	Isabel Starkey	Richmond & Zetland Harriers	137	0:21:32	Megan Loombe	Hallamshire Harriers				
37	0:18:57	Sarah Mcgrail	Warrington AC	138	0:21:39	Niamh Hartshorne	East Cheshire Harriers & Tameside AC				
38	0:18:57	Rebekah Pantony	Aldershot Farnham & District AC	139	0:21:41	Leah Everson	Blackheath & Bromley Harriers				
39	0:18:58	Amy Hinchly	Vale Royal AC	140	0:21:44	Alice Campbell	Durham City Harriers & AC				
40	0:19:02	Lucy Donaghy	Stockport Harriers & AC	141	0:21:47	Gabbie Kelly	Trafford AC				
41	0:19:03	Aimee Seager	Charnwood AC	142	0:21:48	Molly Dent	Blackheath & Bromley Harriers				
42	0:19:04	Amber Towns	Sale Harriers Manchester	143	0:21:53	Lydia Blythe	Reading AC				
43	0:19:06	Hannah Morris	Dorking & Mole Valley AC	144	0:21:56	Grace Tatam	Reading AC				
44	0:19:07	Sophie Tarver	Wirral AC	145	0:22:00	Kiera Grady	Halton & Frodsham Harriers				
45	0:19:08	Daisy Setyabule	Herne Hill Harriers	146	0:22:03	Genevieve Weston	London Heathside AC				
46	0:19:08	Lucy Robinson	Wakefield District Harriers & AC	147	0:22:08	Madelane Ranaghan	Harrow AC				
47	0:19:09	Diana Chalmers	Cambridge & Coleridge AC	148	0:22:09	Charlotte Knowles	Thirsk & Sowerby Harriers				
48	0:19:11	Olivia Mathias	Newark AC	149	0:22:11	Ellen Williamson	Tonbridge AC				
49	0:19:12	Sophie Burnett	Birtley AC	150	0:22:12	Josie Clarke	Ilkley Harriers AC				
50	0:19:14	Imani Wilson	Hallamshire Harriers	151	0:22:15	Lucy Ireland	Harrogate Harriers & AC				
51	0:19:16	Cara Lydon	Sale Harriers Manchester	152	0:22:18	Asia Moody	Newark AC				
52	0:19:20	Amy Chalmers	Cambridge & Coleridge AC	153	0:22:21	Daisy-Mae Smith	Holmfirth Harriers AC				
53	0:19:21	Alice Ralph	Tonbridge AC	154	0:22:21	Saskia Lewis	Wakefield District Harriers & AC				
54	0:19:23	Mary Mccarthy	Hallamshire Harriers	155	0:22:22	Isobel Mastrodonard	Loftus & Whitby AC				
55	0:19:25	Mia Moore	Wetherby Runners AC	156	0:22:22	Katie Butterworth	Bexley AC				
56	0:19:26	Niamh Bridson-Hubb	Blackheath & Bromley Harriers	157	0:22:22	Olivia Bailey	Bexley AC				
57	0:19:26	Danielle Webb	Liverpool Harriers & AC	158	0:22:27	Amelia Darnell	Huntingdonshire AC				
58	0:19:26	Olivia Sykes	Holmfirth Harriers AC	159	0:22:32	Millie Atherton	Ealing Southall & Middlesex AC				
59	0:19:28	Juliet Downs	Stockport Harriers & AC	160	0:22:33	Eve Russell	Middlesbrough AC				
60	0:19:31	Sarah Pickering	Ilkley Harriers AC	161	0:22:33	Ellie Coones	Ilkley Harriers AC				
61	0:19:33	Holly Davies	West Suffolk AC	162	0:22:38	Emiley Hughes	Stockport Harriers & AC				
62	0:19:33	Skye O'Shaughnessy	Herne Hill Harriers	163	0:22:38	Emma Beeson	Mansfield Harriers				
63	0:19:34	Louise Redmond	Halifax Harriers & AC	164	0:22:41	Hannah Czarnowski	Tonbridge AC				
64	0:19:35	Kate Brown	Herne Hill Harriers	165	0:22:44	Ruby Mcmillan	Gateshead Harriers & AC				
65	0:19:36	Ellie Mahon	Gateshead Harriers & AC	166	0:22:46	Emily Rowe	Liverpool Harriers & AC				
66	0:19:37	Becky Haggar	Hastings AC	167	0:22:48	Joanne Williamson	Ilkley Harriers AC				
67	0:19:37	Charlie Hedley	Blyth RC	168	0:22:53	Ellie Shreeves	Bedford & County AC				
68	0:19:38	Georgia Curry	Royal Sutton Coldfield AC	169	0:22:56	Maisie Elliott	Rotherham Harriers & AC				
69	0:19:40	Isabelle Roberts	Notts AC	170	0:22:58	Emily Ayers	Aldershot Farnham & District AC				
70	0:19:44	Leah Epton	Lincoln Wellington AC	171	0:23:03	Cailin Tootell	Stroud & District AC				
71	0:19:47	Jessica Chapman	Hull Achilles AC	172	0:23:04	Emily Robertshaw	Sedgefield Harriers				
72	0:19:50	Pippa Tilney	Aldershot Farnham & District AC	173	0:23:06	Mikela Gilmore	Leicester Coritanian AC				
73	0:19:55	Georgia Clarke	Notts AC	174	0:23:08	Atlanta Drummond	Croydon Harriers				
74	0:19:57	Harley Wooler	Bexley AC	175	0:23:08	Cara Lloyd	Gateshead Harriers & AC				
75	0:19:58	Megan Hough	Vale Royal AC	176	0:23:10	Amy Merrigan	Harrow AC				
76	0:19:59	Deni Impett	Blackburn Harriers	177	0:23:12	Becky O'Hara	Tonbridge AC				
77	0:20:01	Lianne Langford	Shaftesbury Barnet Harriers	178	0:23:13	Kate McKim	Reading AC				
78	0:20:01	Georgia Aston-Mass	Warrington AC	179	0:23:14	Abi Jacobs	Notts AC				
79	0:20:01	Georgia Smith	Leicester Coritanian AC	180	0:23:15	Caroline Furey	Stratford Upon Avon AC				
80	0:20:02	Martha Clapp	Harborough AC	181	0:23:17	Aimee Easton	Rothwell Harriers				
81	0:20:02	Marella Whitfield	Harrow AC	182	0:23:18	Lexie Wilson	Hallamshire Harriers				
82	0:20:03	Polly Pitcairn-Knowle	Tonbridge AC	183	0:23:30	Natalie Houlston	City of York AC				
83	0:20:03	Evie Highton	Windsor Slough Eton & Hounslow AC	184	0:23:37	Elizabeth Westhead	Ilkley Harriers AC				
84	0:20:03	India Mellor	City of Stoke AC	185	0:23:41	Alex Ranaghan	Harrow AC				
85	0:20:04	Lois Meredith	Reading AC	186	0:23:45	Olivia Lamont	Herne Hill Harriers				
86	0:20:08	Lucy Williamson	Ilkley Harriers AC	187	0:23:48	Josie Kavanagh	Croydon Harriers				
87	0:20:09	Anna Weston	Invicta East Kent AC	188	0:23:52	Isabel Hall	Halesowen AC				
88	0:20:10	Danielle Elliott	Sunderland Harriers & AC	189	0:23:55	Lucy Whitehead	Leicester Coritanian AC				
89	0:20:13	Isher Mander	Tipton Harriers	190	0:23:57	Beth Howells	Bourne Town Harriers				
90	0:20:14	Lauren Woodhall	Harrogate Harriers & AC	191	0:24:09	Georgia Walton	Reading AC				
91	0:20:14	Megan Wilson	Harrow AC	192	0:24:12	Daisy Tyers	Charnwood AC				
92	0:20:18	Katie Dolan	Tipton Harriers	193	0:24:13	Shannon Perry	Lancaster & Morecambe AC				
93	0:20:19	Mary Guy	Blackheath & Bromley Harriers	194	0:24:14	Eleanor Winch	Bexley AC				
94	0:20:22	Ellie White	Newark AC	195	0:24:20	Abigail Scales	Scunthorpe & District AC				
95	0:20:23	Jess Isaacs	City of York AC	196	0:24:27	Georgia Delaney	Royal Sutton Coldfield AC				
96	0:20:25	Emma Jalkanen	Aldershot Farnham & District AC	197	0:24:32	Ellena White	City Of Norwich AC				
97	0:20:25	Elvie Cox	Solihull & Small Heath AC	198	0:25:11	Emily Cairns	North Shields Polytechnic				
98	0:20:25	Emily Howe	Croydon Harriers	199	0:25:34	Hannah Newbold	Wharfedale Harriers				
99	0:20:27	Nicole Grenier	City of York AC	200	0:26:01	Beverley Bruce-Mills	Ealing Southall & Middlesex AC				
100	0:20:27	Florence McPate	Gosforth Harriers	201	0:26:06	Besirat Tesfu	Ealing Southall & Middlesex AC				
101	0:20:28	Lucy Storrar	Chelmsford AC	202	0:27:24	Harriet Grace	Morpeth Harriers & AC				

2013 National XC Under 17 Men

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:20:32	Adam Howard	Oldham & Royton Harriers & AC	101	0:22:53	Jack Brown	Oldham & Royton Harriers & AC	201	0:25:57	Charlie Quinn	Wirral AC
2	0:20:36	Joe Steward	East Cheshire Harriers & Tameside AC	102	0:22:53	Nathanael Welsby	Harrogate Harriers & AC	202	0:26:05	Anthony O'Dowd	Tonbridge AC
3	0:20:36	Alex Carter	Teambath AC	103	0:22:54	Edan Whitelaw	Halifax Harriers & AC	203	0:26:24	Ben Craig	Sunderland Harriers & AC
4	0:20:40	Zac Miller	Trafford AC	104	0:22:55	Jordan Hull	Border Harriers & AC	204	0:26:29	Charlie Moore	Rothwell Harriers
5	0:20:41	Jack Rowe	Windsor Slough Eton & Hounslow AC	105	0:22:57	Tomas Bolton	Hull Achilles AC	205	0:26:33	Jordan Heslop	Elswick Harriers
6	0:20:43	Elliot Bowker	Vale Royal AC	106	0:22:57	Tom McGuinness	East Cheshire Harriers & Tameside AC	206	0:26:35	Jonathan Brown	Leamington Cycling & Athletic Club
7	0:20:47	Corey De'Ath	Tonbridge AC	107	0:23:01	Ben Matthews	Bexley AC	207	0:26:37	Liam McGrath	Houghton Harriers & AC
8	0:20:49	George Duggan	Tonbridge AC	108	0:23:03	Thomas MacSwayne	Stubbington Green	208	0:26:42	Robert Hinchcliffe	Holmfirth Harriers AC
9	0:20:50	Jack Douglas	Bedford & County AC	109	0:23:04	Mohammed Abshir	Leeds City AC	209	0:26:51	James Anthony	Spenborough & District AC
10	0:20:51	Ryan Isaacs	Bedford & County AC	110	0:23:05	Greg Chambers	Gateshead Harriers & AC	210	0:26:55	Kartik Iyer	Croydon Harriers
11	0:20:53	Euan Makepeace	Charnwood AC	111	0:23:06	Cassian Hyde	Hercules Wimbleton AC	211	0:26:57	John Boardman	Goole Viking Striders
12	0:20:56	Declan Mcmanus	Worcester AC	112	0:23:07	Patrick Stradling	Vale Royal AC	212	0:27:14	Bryn Morgan	Leamington Cycling & Athletic Club
13	0:20:57	Luke Cotter	Rotherham Harriers & AC	113	0:23:07	Eddie Hinchcliffe	Holmfirth Harriers AC	213	0:27:16	Nathan Hilditch	Oldham & Royton Harriers & AC
14	0:21:00	Matthew Shirling	Liverpool Harriers & AC	114	0:23:08	William Somogyi	Bexley AC	214	0:27:26	Stephen Mcdougall	Middlesbrough & Cleveland Harriers
15	0:21:01	Ben Rochford	Watford Harriers	115	0:23:10	Sam Convery	Leeds City AC	215	0:27:26	Thomas Charteress	Rugby & Northampton AC
16	0:21:02	Cameron Field	Warrington AC	116	0:23:12	Isaac Dunn	Blackhill Bounders	216	0:27:34	Jack Gladman	Stevenage & North Herts AC
17	0:21:03	Ben Priddle	Reading AC	117	0:23:12	Alistair Bishop	Tonbridge AC	217	0:27:41	Harry Avis	Tonbridge AC
18	0:21:06	Kieran Wood	Cambridge & Coleridge AC	118	0:23:16	Tom Blanchard	Halifax Harriers & AC	218	0:27:51	Amazigh Laoudi	Newham & Essex Beagles
19	0:21:12	Liam Dee	Shaftesbury Barnet Harriers	119	0:23:20	Phillip Maddocks	Leicester Coritanian AC	219	0:27:53	Robert Savage	Blackhill Bounders
20	0:21:14	Jack Chapman	Windsor Slough Eton & Hounslow AC	120	0:23:21	Andrew Headley	Bedford & County AC	220	0:28:17	Isaac Allen	Durham City Harriers & AC
21	0:21:15	Daniel Jarvis	Liverpool Harriers & AC	121	0:23:23	David Buglass	Gateshead Harriers & AC	221	0:28:58	Jonathan Shore	Tonbridge AC
22	0:21:15	Matthew Dickinson	Wells City Harriers	122	0:23:23	Jordan Bell	Blackhill Bounders	222	0:29:01	Mark Thomas	Gosforth Harriers
23	0:21:15	Stephen Simpson	Southampton AC	123	0:23:25	Dan Ayers	Aldershot Farnham & District AC	223	0:29:03	Fraser McIntosh	Herne Hill Harriers
24	0:21:16	Luke Clark	Gateshead Harriers & AC	124	0:23:27	Sam Hassall	Derby AC	224	0:29:19	George Smith	Bexley AC
25	0:21:17	Matt Arnold	Aldershot Farnham & District AC	125	0:23:27	Harvey White	Croydon Harriers	225	0:31:07	Mathew Graham	Houghton Harriers & AC
26	0:21:19	Richard Webb	Blackheath & Bromley Harriers	126	0:23:28	Nathan Schofield	Wirral AC	226	0:35:11	Matthew Cornes	Poole AC
27	0:21:20	Daniel Lawton	Trafford AC	127	0:23:28	Greg Jones	Nuneaton Harriers	Team Results:			
28	0:21:21	Adulquani Shariff	Liverpool Harriers & AC	128	0:23:30	James Loftus	Liverpool Pembroke & Sefton H & AC				
29	0:21:21	James Hall	Wharfedale Harriers	129	0:23:31	Barney Howard	Invicta East Kent AC	Pos	Points	Team / Club	Placings
30	0:21:23	Jonathon Janes	Bedford & County AC	130	0:23:33	Shane Hicks	Loftus & Whitby AC	1	88	Tonbridge AC	(7 8 36 37)
31	0:21:25	Liam Emmett	South Shields Harriers & AC	131	0:23:35	Jonathan Currie	Tynedale Harriers & AC	2	99	Windsor Slough Eton & Hounslow	(5 20 32 42)
32	0:21:26	Gus Cockle	Windsor Slough Eton & Hounslow AC	132	0:23:35	Danny Franks	Wakefield District Harriers & AC	3	103	Bedford & County AC	(9 10 30 54)
33	0:21:27	Dylan Love	Lincoln Wellington AC	133	0:23:35	Gavin McKay	Tonbridge AC	4	133	Liverpool Harriers & AC	(14 21 28 70)
34	0:21:28	Richard Evans	Wirral AC	134	0:23:38	Keiran Morgan	Wirral AC	5	149	Reading AC	(17 39 40 53)
35	0:21:28	Joseph Lancaster	City of Sheffield AC	135	0:23:39	Mark Sullivan	Kendal AC	6	205	Shaftesbury Barnet Harriers	(19 44 60 82)
36	0:21:29	Sean Molloy	Tonbridge AC	136	0:23:42	Jonathon Stewart	Manchester Harriers & AC	7	213	Vale Royal AC	(6 46 49 112)
37	0:21:30	Hanro Rossouw	Tonbridge AC	137	0:23:43	James Wooldridge	London Heathside AC	8	228	Southampton AC	(23 52 65 88)
38	0:21:31	Ellis Cross	Tamworth AC	138	0:23:45	George Moore	Rothwell Harriers	9	263	Trafford AC	(4 27 86 146)
39	0:21:33	Nathan Meredith	Reading AC	139	0:23:46	Glen Ient	Richmond & Zetland Harriers	10	275	Leicester Coritanian AC	(43 55 58 119)
40	0:21:35	Callum Gregory	Reading AC	140	0:23:47	Michael Ellis	Tonbridge AC	11	278	Gateshead Harriers & AC	(24 61 83 110)
41	0:21:37	Alex Benfield	Burton AC	141	0:23:48	Harry Short	Leicester Coritanian AC	12	343	Bexley AC	(51 71 107 114)
42	0:21:38	Charlie Critchley	Windsor Slough Eton & Hounslow AC	142	0:23:50	Alex Cameron	Dartford Harriers	13	362	Invicta East Kent AC	(73 75 85 129)
43	0:21:40	Harry Thompson	Leicester Coritanian AC	143	0:23:50	Cameron Hart	Leicester Coritanian AC	14	369	Halifax Harriers & AC	(64 84 103 118)
44	0:21:42	Rory Mudd	Shaftesbury Barnet Harriers	144	0:23:51	Nicholas Doyle	Herts Phoenix AC	15	462	Wirral AC	(34 126 134 168)
45	0:21:45	James West	Tonbridge AC	145	0:23:53	Harry Hughes	Rugby & Northampton AC	16	536	Spenborough & District AC	(66 100 161 209)
46	0:21:48	Sam Whitehead	Vale Royal AC	146	0:23:55	Nikita Katende	Trafford AC	17	661	Tynedale Harriers & AC	(131 165 172 193)
47	0:21:50	Andrew Kershaw	Southport Waterloo AC	147	0:24:00	Sam Peters	Hallamshire Harriers	18	664	Croydon Harriers	(125 163 166 210)
48	0:21:52	George Gathercole	Windsor Slough Eton & Hounslow AC	148	0:24:01	Daniel Mladnovic	Soihill & Small Heath AC				
49	0:21:54	Matt Sheen	Vale Royal AC	149	0:24:01	Cameron Dye	Wakefield District Harriers & AC				
50	0:21:55	Niel Orr	Border Harriers & AC	150	0:24:03	Jonathon Bride	Liverpool Pembroke & Sefton H & AC				
51	0:21:55	Nicholas Armstrong	Bexley AC	151	0:24:06	Miles Weatherseed	Tonbridge AC				
52	0:21:55	Lucas Clements	Southampton AC	152	0:24:07	Patrick Mcmanus	Lewes AC				
53	0:21:56	Matthew Rainbow	Reading AC	153	0:24:09	Malik Ouzia	Ealing Southall & Middlesex AC				
54	0:21:59	Sam Knee-Robinson	Bedford & County AC	154	0:24:11	Joe Redwood	Shaftesbury Barnet Harriers				
55	0:22:01	Xander Tansey	Leicester Coritanian AC	155	0:24:12	Daniel Richardson	Warrington AC				
56	0:22:02	Dominic Oliver	City Of Norwich AC	156	0:24:13	Rob Shaw	Lancaster & Morecambe AC				
57	0:22:03	Callum Charleston	Chelmsford AC	157	0:24:14	Ben McIntosh	Vale Royal AC				
58	0:22:05	Tom Loring	Leicester Coritanian AC	158	0:24:14	Sam Godwin	Notts AC				
59	0:22:05	Luke Vine	Tipton Harriers	159	0:24:14	Connor Haywood	Leicester Coritanian AC				
60	0:22:06	Mark Pearce	Shaftesbury Barnet Harriers	160	0:24:17	Simon Chadwick	Stockport Harriers & AC				
61	0:22:06	Adam Barr	Gateshead Harriers & AC	161	0:24:19	Bradley Stansill-Todd	Spenborough & District AC				
62	0:22:08	Matthew Shackleton	Lancaster & Morecambe AC	162	0:24:20	Thomas Desborough	Blackheath & Bromley Harriers				
63	0:22:09	Ben Foreman	Tonbridge AC	163	0:24:21	Laurence Johnston	Croydon Harriers				
64	0:22:10	Max Wharton	Halifax Harriers & AC	164	0:24:22	Aaron Houseman	Cannock & Stafford AC				
65	0:22:10	Niall Holt	Southampton AC	165	0:24:24	Toby Routledge	Tynedale Harriers & AC				
66	0:22:11	Liam Stedman	Spenborough & District AC	166	0:24:26	Patrick Lucas	Croydon Harriers				
67	0:22:12	Sam Johnson	Mansfield Harriers	167	0:24:30	Nathan Tipping	Vale Royal AC				
68	0:22:14	Daniel Haynes	Derby AC	168	0:24:32	Matthew Westby	Wirral AC				
69	0:22:18	Connor Milnes	Hallamshire Harriers	169	0:24:33	Adam Walker	Elvet Striders				
70	0:22:21	Lee Dobson	Liverpool Harriers & AC	170	0:24:35	Finley Thompson	Lincoln Wellington AC				
71	0:22:21	Joseph O'Hara	Bexley AC	171	0:24:36	Jacob Anson	Tipton Harriers				
72	0:22:23	Will Ruiz	Blackheath & Bromley Harriers	172	0:24:39	Ciaran Adamson	Tynedale Harriers & AC				
73	0:22:24	Pitcher James	Invicta East Kent AC	173	0:24:40	Connor Ryan	Rotherham Harriers & AC				
74	0:22:28	Msruawi Tesfaldet	Herne Hill Harriers	174	0:24:46	Will Patterson	Wirral AC				
75	0:22:30	Jack Goss	Invicta East Kent AC	175	0:24:47	Ben Dunkerley	Tonbridge AC				
76	0:22:30	Jake Richardson	Grantham AC	176	0:24:48	Adam Mckenna	Invicta East Kent AC				
77	0:22:31	Corey Plewinski	Notts AC	177	0:24:48	Ross Butcher	North Shields Polytechnic				
78	0:22:32	Stephen Headley	Bedford & County AC	178	0:24:50	Josh Lord	Grantham AC				
79	0:22:33	Kevin Acton	Stockport Harriers & AC	179	0:24:54	Josh Brown	Rothwell Harriers				
80	0:22:34	Kieran Savage	Leeds City AC	180	0:24:55	Thomas Slater	Hallamshire Harriers				
81	0:22:35	Liam Burthem	Warrington AC	181	0:24:57	Morgan Phillips	Blackburn Harriers				
82	0:22:35	Sam Wilson	Shaftesbury Barnet Harriers	182	0:24:58	Chris Manning	Liverpool Harriers & AC				
83	0:22:36	James Cripwell	Gateshead Harriers & AC	183	0:25:01	Peter Laing	Tonbridge AC				
84	0:22:38	Jerome Castelow	Halifax Harriers & AC	184	0:25:02	Joe Crawford	Bexley AC				
85	0:22:38	William Stockwell	Invicta East Kent AC	185	0:25:04	Joe Howells	Bourne Town Harriers				
86	0:22:39	Ben Everson	Trafford AC	186	0:25:11	Connor Price	Colchester Harriers AC				
87	0:22:39	Paddy Clark	Notts AC	187	0:25:12	Daniel Cartwright	Gosforth Harriers				
88	0:22:40	Peter Ellis	Southampton AC	188	0:25:13	William Grimshaw	Bolton United Harriers & AC				
89	0:22:41	Stephen Garrett	Manx Harriers	189	0:25:15	Dan Morrison	Vale Royal AC				
90	0:22:41	Will Whitmore	Tonbridge AC	190	0:25:19	Matt Graham	Manchester Harriers & AC				
91	0:22:41	Ammon Yearsley	Manx Harriers	191	0:25:20	Ciaran Wilson-Baig	Halifax Harriers & AC				
92	0:22:43	Kieran Mcmorran	Bungay Black Dog RC	192	0:25:21	Guy Reeve	Wirral AC				
93	0:22:44	Thomas Goulding	Birtley AC	193	0:25:23	Alistair Maxwell-Gra	Tynedale Harriers & AC				
94	0:22:45	Joel Jones	Sunderland Harriers & AC	194	0:25:25	Meron Mehreteab	City of Sheffield AC				
95	0:22:46	Will Roud	Tonbridge AC	195	0:25:26	Joel Herbert	Derby AC				
96	0:22:47	Jack Willis	Middlesbrough & Cleveland Harriers	196	0:25:28	Jonny Evans	South Shields Harriers & AC				
97	0:22:49	Aaron Burns	Newark AC	197	0:25:45	Oliver Munns	Rugby & Northampton AC				
98	0:22:50	James McCrae	Nene Valley Harriers	198	0:25:47	Connor Burford	Dartford Harriers				
99	0:22:50	Elliott Stones	Lincoln Wellington AC	199	0:25:54	John Campbell	Jarrow & Hebburn AC				
100	0:22:51	Paul Davis	Spenborough & District AC	200	0:25:54	Peter Hindson	Halifax Harriers & AC				

2013 National XC Under 17 Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:18:00	228	Annabel Mason	Wakefield District Harriers &	101	0:22:41	210	Sian Driscoll	Tonbridge AC
2	0:18:05	2	Grace Baker	Aldershot Farnham & District	102	0:22:45	222	Clara Pettitt	Vale Royal AC
3	0:18:08	1	Alex Clay	Invicta East Kent AC	103	0:22:48	175	Seraina Ummel **	Royal Sutton Coldfield AC n/s
4	0:18:18	128	Mari Smith	Leicester Coritanian AC	104	0:22:59	22	Paige Gilhespy	Birtley AC
5	0:18:33	123	Amy Griffiths	Leicester Coritanian AC	105	0:23:02	27	Samantha Leighton	Blackheath & Bromley Harrie
6	0:18:45	211	Sophie Foreman	Tonbridge AC	106	0:23:04	194	Rachel McGoldrick	St Helens Sutton AC
7	0:18:47	131	Abbie Donnelly	Lincoln Wellington AC	107	0:23:07	85	Danielle Dignan	East Cheshire Harriers & Tam
8	0:18:55	29	Molly Betmead	Blackpool Wyre & Fylde AC	108	0:23:10	167	Jess Freeman	Rotherham Harriers & AC
9	0:18:56	183	Bronwen Owen	Scarborough AC	109	0:23:14	75	Emily Alderson	Darlington Triathlon Club
10	0:19:02	39	Claire Wilson	Cambridge & Coleridge AC	110	0:23:15	215	Fran Taylor-Lowen	Tonbridge AC
11	0:19:06	43	Hannah Nuttall	Charnwood AC	111	0:23:16	20	Anna Fawcett	Birtley AC
12	0:19:09	23	Lydia Turner	Birtley AC	112	0:23:17	180	Hannah Christy	Sale Harriers Manchester
13	0:19:14	113	Georgia Malir	Ilkley Harriers AC	113	0:23:19	80	Josie Elliot	Ealing Southall & Middlesex /
14	0:19:15	156	Chloe Loreda	North Shields Polytechnic	114	0:23:30	86	Hayley Simpson	East Cheshire Harriers & Tam
15	0:19:16	158	Jess Gibbon	Reading AC	115	0:23:35	154	Pearse Izzy	New Marske Harriers
16	0:19:17	60	Eleanor Curran	City of Sheffield AC	116	0:23:36	177	Eden Bates	Rugby & Northampton AC
17	0:19:17	198	Mollie Williams	Stockport Harriers & AC	117	0:23:37	102	Izzy Broughton	Herne Hill Harriers
18	0:19:23	73	Sian Rainsley	Coventry Godiva Harriers	118	0:23:39	159	Mollie Haines	Reading AC
19	0:19:24	66	Katy Wood	City of York AC	119	0:23:41	229	Gina Vickers	Wakefield District Harriers &
20	0:19:28	6	Rebecca Howard	Aldershot Farnham & District	120	0:23:44	205	Sarah Tatton	Telford AC
21	0:19:35	134	Catrina Thomas	Lincoln Wellington AC	121	0:23:47	199	Sophie Williams	Stockport Harriers & AC
22	0:19:40	47	Sophie Riches	Chelmsford AC	122	0:23:50	202	Anna Robinson	Sunderland Harriers & AC
23	0:19:40	236	Eloise Milbourn	Windsor Slough Eton & Houn	123	0:23:52	193	Maria McGoldrick	St Helens Sutton AC
24	0:19:41	7	Carla Plowden-Roberts	Aldershot Farnham & District	124	0:23:54	101	Billie Barbour	Herne Hill Harriers
25	0:19:42	3	Beth Gibbon	Aldershot Farnham & District	125	0:23:55	153	Hannah Sheerin	Morpeth Harriers & AC
26	0:19:43	121	Mary Hodgson	Lancaster & Morecambe AC	126	0:23:56	33	Elsie Wilde	Blaydon Harriers & AC
27	0:19:45	212	Leah Melvin	Tonbridge AC	127	0:23:58	104	Ashleigh Campbell	Herne Hill Harriers
28	0:19:47	227	Rebecca Firth	Wakefield District Harriers &	128	0:24:02	105	Georgie Hay	Herne Hill Harriers
29	0:19:52	65	Christiana Pain	City of York AC	129	0:24:04	92	Ellie Crownshaw	Hallamshire Harriers
30	0:19:54	35	Katie Buckley	Bury AC	130	0:24:06	168	Emily Hutchinson	Rotherham Harriers & AC
31	0:19:56	135	Rebekah Ward	Lincoln Wellington AC	131	0:24:24	163	Katherine West	Reading AC
32	0:19:57	126	Caelidh Ross	Leicester Coritanian AC	132	0:24:26	209	Charlotte Cohen	Tonbridge AC
33	0:19:59	95	Charlotte Slack	Hallamshire Harriers	133	0:24:29	16	Sarah Gates	Bexley AC
34	0:19:59	8	Harriet Preedy	Aldershot Farnham & District	134	0:24:38	79	Lara Wisdich	Derby AC
35	0:20:00	118	Zara Knappy	Keighley & Craven AC	135	0:24:41	203	Meriel Smithson	Sunderland Harriers & AC
36	0:20:03	117	Susannah Reid	Ipswich Harriers	136	0:24:44	201	Alex Pearson	Sunderland Harriers & AC
37	0:20:03	186	Amy Etherington	Shildon Running & AC	137	0:24:47	233	Charlotte Bourne	Wimborne AC
38	0:20:05	74	Stevie Lawrence	Croydon Harriers	138	0:24:51	84	Clare Dignan	East Cheshire Harriers & Tam
39	0:20:07	115	Lilly Coward	Invicta East Kent AC	139	0:25:20	90	Katie Taylor	Gateshead Harriers & AC
40	0:20:15	31	Sophie Montgomery	Blaydon Harriers & AC	140	0:25:21	52	Izzy Warren	Chelmsford AC
41	0:20:16	214	Saffron Salih	Tonbridge AC	141	0:25:27	162	Jodie Penny	Reading AC
42	0:20:20	127	Ella Shirley	Leicester Coritanian AC	142	0:25:38	98	Ciara Martin	Harrogate Harriers & AC
43	0:20:25	21	Sophie Forster	Birtley AC	143	0:25:53	81	Joanna Vale	Ealing Southall & Middlesex /
44	0:20:25	216	Alice Wood	Tonbridge AC	144	0:25:55	82	Katrina Will	Ealing Southall & Middlesex /
45	0:20:26	187	Megan Blake	Solihull & Small Heath AC	145	0:26:10	173	Louisa Berglund **	Royal Sutton Coldfield AC n/s
46	0:20:28	237	Emily Kearney	Wirral AC	146	0:26:23	26	Chloe Haffenden	Blackheath & Bromley Harrie
47	0:20:34	15	Kelly Rodd	Bedford & County AC	147	0:26:39	17	Katie Hyde	Bexley AC
48	0:20:36	204	Isabel Bradley	Telford AC	148	0:29:08	157	Abi Froud	Reading AC
49	0:20:37	38	Faye McLellan	Cambridge & Coleridge AC	149	0:29:23	207	Sophie Hill	Tipton Harriers
50	0:20:38	184	Abie Hearmon	Sedgefield Harriers	150	0:31:47	94	Flora Mcneil	Hallamshire Harriers
51	0:20:45	191	Emma Wilkinson	Spensborough & District AC					
52	0:20:49	225	Faye Beckett	Wakefield District Harriers &	Team Results:				
53	0:20:53	119	Kayli Walford	Kettering Town Harriers	Pos	Points	Team / Club	Placings	
54	0:20:53	234	Caitlin Critchley	Windsor Slough Eton & Houn	1	71	Aldershot Farnham & District AC	(2 20 24 25)	
55	0:20:55	190	Bethany Ellis	Spensborough & District AC	2	83	Leicester Coritanian AC	(4 5 32 42)	
56	0:21:00	97	Ruth Jones	Harrogate Harriers & AC	3	118	Tonbridge AC	(6 27 41 44)	
57	0:21:06	108	Lucy Farquhar	Holmfirth Harriers AC	4	151	Wakefield District Harriers & AC	(1 28 52 70)	
58	0:21:09	152	Alison Brown	Morpeth Harriers & AC	5	270	Birtley AC	(12 43 104 111)	
59	0:21:13	42	Emily Hollis	Charnwood AC	6	273	Stockport Harriers & AC	(17 63 93 100)	
60	0:21:17	218	Jade Evans	Vale Royal AC	7	274	Chelmsford AC	(22 79 82 91)	
61	0:21:19	116	Emily Mckane	Invicta East Kent AC	8	325	Vale Royal AC	(60 78 85 102)	
62	0:21:21	109	Sophie Spencer	Holmfirth Harriers AC	9	399	Rotherham Harriers & AC	(64 97 108 130)	
63	0:21:23	196	Ellen Downs	Stockport Harriers & AC	10	405	Reading AC	(15 118 131 141)	
64	0:21:27	171	Bonnie Smith	Rotherham Harriers & AC	11	412	Blackheath & Bromley Harriers	(72 89 105 146)	
65	0:21:29	151	Emma Wortley	Middlesbrough AC	12	469	Ealing Southall & Middlesex AC	(69 113 143 144)	
66	0:21:30	54	Jihanna Bonilla-Allard	City Of Norwich AC	13	485	Sunderland Harriers & AC	(92 122 135 136)	
67	0:21:32	36	Christie Cook	Bury AC	14	496	Herne Hill Harriers	(117 124 127 128)	
68	0:21:32	14	Alanah Harris	Bedford & County AC					
69	0:21:34	83	Olivia Will	Ealing Southall & Middlesex /					
70	0:21:36	226	Rachel Firth	Wakefield District Harriers &					
71	0:21:38	110	Ruby Sykes	Holmfirth Harriers AC					
72	0:21:41	25	Bethony Frost	Blackheath & Bromley Harrie					
73	0:21:44	30	Rachael Bourne	Blaydon Harriers & AC					
74	0:21:45	77	Danielle Booth	Derby AC					
75	0:21:47	145	Molly Johnson	Mansfield Harriers					
76	0:21:49	208	Tabitha Adams	Tonbridge AC					
77	0:21:51	96	Bethany Ellis	Harborough AC					
78	0:21:52	223	Emma Pyatt	Vale Royal AC					
79	0:21:54	49	Jessica Swain	Chelmsford AC					
80	0:21:57	172	Jasmine Laidler	Rothwell Harriers					
81	0:21:59	57	Megan Soanes	City Of Norwich AC					
82	0:22:02	51	Rebecca Wade	Chelmsford AC					
83	0:22:06	37	Sophie Jones	Cambridge & Coleridge AC					
84	0:22:09	62	Eve Pound	City of Sheffield AC					
85	0:22:10	224	Lucy Scott	Vale Royal AC					
86	0:22:12	122	Rachel Borrows	Leicester Coritanian AC					
87	0:22:13	63	Sophie Taylor	City of Sheffield AC					
88	0:22:14	18	Ellen Newark	Bexley AC					
89	0:22:17	28	Lucy Sidey	Blackheath & Bromley Harrie					
90	0:22:17	112	Rebecca Pedley	Huntingdonshire AC					
91	0:22:26	46	Natasha Fisher	Chelmsford AC					
92	0:22:28	200	Amy Coulson	Sunderland Harriers & AC					
93	0:22:28	197	Alice Hughes	Stockport Harriers & AC					
94	0:22:29	178	Zoe Garlick	Rugby & Northampton AC					
95	0:22:30	188	Meredith Cox	Solihull & Small Heath AC					
96	0:22:31	11	Haley Townend	Barnsley AC					
97	0:22:32	166	Emma Dutton	Rotherham Harriers & AC					
98	0:22:34	64	Connie O'neil	City of York AC					
99	0:22:39	129	Jasmin Southam	Leicester Coritanian AC					
100	0:22:40	195	Roisin Clegg	Stockport Harriers & AC					

2013 National XC Junior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:33:47	2201	Ian Bailey	Aldershot Farnham & District	101	0:40:41	2206	Robert Hislop	Aldershot Farnham & District
2	0:34:12	2430	Michael Callegari	Shaftesbury Barnet Harriers	102	0:41:02	2380	Sam Hancox	Morpeth Harriers & AC
3	0:34:34	2457	Wynay Ghebresilasie **	Sunderland Harriers & AC n/s	103	0:41:04	2464	Joseph Kirton	Theftord AC
4	0:34:41	2479	Henry Pearce	Tonbridge AC	104	0:41:20	2355	Mike Bride	Liverpool Pembroke & Seftor
5	0:34:51	2238	Jack Gray	Birmingham Running Athletic	105	0:41:39	2361	Kyle Nicholls	Liverpool Pembroke & Seftor
6	0:34:55	2482	Luca Russo	Tonbridge AC	106	0:41:47	2379	Thomas Brookes	Morpeth Harriers & AC
7	0:35:05	2516	Ed Shepherd	Woodford Green AC with Ess	107	0:41:51	2418	Kyle Conway	Sale Harriers Manchester
8	0:35:13	2253	William Gray	Brighton & Hove AC	108	0:41:52	2417	Alex Bradford	Sale Harriers Manchester
9	0:35:16	2429	Frank Bailey	Shaftesbury Barnet Harriers	109	0:42:00	2444	Simon Bolland	Spenborough & District AC
10	0:35:20	2209	Toby Smith	Aldershot Farnham & District	110	0:42:16	2232	Adam Willis	Bexley AC
11	0:35:27	2307	Callum Johnson	Gateshead Harriers & AC	111	0:42:20	2337	Tom Hartley	Kendal AC
12	0:35:32	2205	Joshua Grace	Aldershot Farnham & District	112	0:42:24	2261	Matt Cox	Charnwood AC
13	0:35:37	2226	Matt Leach	Bedford & County AC	113	0:42:29	2326	John Tayleur	Herne Hill Harriers
14	0:35:40	2259	Christopher Perrin	Cannock & Stafford AC	114	0:42:34	2499	Christopher Smith	Warrington AC
15	0:35:41	2481	Kieran Reilly	Tonbridge AC	115	0:42:42	2373	Miron Woldemichael **	London Heathside AC n/s
16	0:35:42	2274	Alexander Brecker	City of Stoke AC	116	0:42:51	2299	Mark Cameron	Ealing Southall & Middlesex /
17	0:35:48	2219	Ben Alcock	Bedford & County AC	117	0:42:53	2325	Charles Philpott	Herne Hill Harriers
18	0:35:53	2202	Ben Bradley	Aldershot Farnham & District	118	0:42:54	2483	Jordan Saul	Tonbridge AC
19	0:35:54	2222	Matt Bergin	Bedford & County AC	119	0:43:01	2212	Andrew Robertson	Ashford AC
20	0:35:55	2458	Oliver James	Sunderland Harriers & AC	120	0:43:09	2384	Daniel Barrie	Newark AC
21	0:36:00	2377	Oliver Lockley	Manx Harriers	121	0:43:15	2342	Jack Atkins	Knowsley Harriers AC
22	0:36:04	2317	Tom Bains	Hallamshire Harriers	122	0:43:24	2441	Jak Watson	South Shields Harriers & AC
23	0:36:10	2203	Harrison Curling	Aldershot Farnham & District	123	0:43:27	2388	David Kail	Newham & Essex Beagles
24	0:36:11	2475	Charlie Joslin-Allen	Tonbridge AC	124	0:43:50	2241	Conna Carruthers	Birtley AC
25	0:36:15	2266	Dan Owen	Cheltenham & County Harrie	125	0:43:59	2352	Harry Baxter	Lincoln Wellington AC
26	0:36:17	2290	Bertie Houghton	Doncaster AC	126	0:44:01	2363	David Reece	Liverpool Pembroke & Seftor
27	0:36:18	2251	Alistair Weymouth	Border Harriers & AC	127	0:44:18	2231	Joseph Gunton	Bexley AC
28	0:36:19	2473	Ryan Driscoll	Tonbridge AC	128	0:44:33	2370	Daniel Szajna **	London Heathside AC n/s
29	0:36:23	2319	Ross Skelton	Hastings AC	129	0:44:45	2294	Gareth Maguire	Durham City Harriers & AC
30	0:36:24	2463	Mohamed Mohamed **	Thames Valley Harriers n/s	130	0:44:48	2357	Stuart Haw	Liverpool Pembroke & Seftor
31	0:36:26	2316	Brad Traviss	Halifax Harriers & AC	131	0:44:51	2230	Niki Faulkner	Bexley AC
32	0:36:27	2204	Sam Eglen	Aldershot Farnham & District	132	0:45:05	2321	Ben Palmer	Hercules Wimbledon AC
33	0:36:27	2449	Jack Nixon	Stockport Harriers & AC	133	0:45:14	2289	Jonathon Owen	Derby AC
34	0:36:39	2517	James Stockings	Woodford Green AC with Ess	134	0:45:17	2285	Joseph Booth	Derby AC
35	0:36:43	2237	Rory Grant	Birchfield Harriers	135	0:46:12	2478	Alex Norden	Tonbridge AC
36	0:36:45	2260	James Perrin	Cannock & Stafford AC	136	0:46:25	2396	Philip Waring	Notts AC
37	0:36:50	2248	Matthew Greive	Border Harriers & AC	137	0:47:07	2330	Jake Richardson	Holmfirth Harriers AC
38	0:36:52	2471	Tom Cox	Tonbridge AC	138	0:47:26	2402	Ollie Watson	Pudsey & Bramley AC
39	0:37:02	2224	Jack Goodwin	Bedford & County AC	139	0:48:41	2389	Ben Abbott	Notts AC
40	0:37:05	2211	Ryan Ganose	Altrincham & District AC	140	0:48:54	2298	Akira Anzai-Jackson	Ealing Southall & Middlesex /
41	0:37:07	2416	Luke Betts	Sale Harriers Manchester	141	0:55:00	2287	Matt Hayes	Derby AC
42	0:37:09	2415	Jacob Allen	Rugby & Northampton AC	142	0:57:30	2343	Paul Cunningham	Knowsley Harriers AC
43	0:37:11	2320	Johnnie Bland	Hercules Wimbledon AC					
44	0:37:16	2507	Nathan Ditton	Windsor Slough Eton & Houn					
45	0:37:18	2247	Harry Earl	Border Harriers & AC					
46	0:37:20	2347	Michael Wood	Leeds City AC					
47	0:37:23	2308	Dan Johnson	Gateshead Harriers & AC					
48	0:37:31	2314	Joseph Crossfield	Halifax Harriers & AC					
49	0:37:39	2406	Daniel Overin	Richmond & Zetland Harriers					
50	0:37:43	2428	Jack Robertson	Scarborough AC					
51	0:37:45	2304	Simeon Greenwood	Gateshead Harriers & AC					
52	0:37:47	2268	Jordan Ali	City Of Norwich AC					
53	0:37:50	2382	Wayne Parker	New Marske Harriers					
54	0:37:52	2446	Adam Villard	St Mary's Richmond AC					
55	0:37:53	2445	Joshua Woodcock-Shaw	Spenborough & District AC					
56	0:37:58	2477	Chris Lloyd	Tonbridge AC					
57	0:38:00	2472	Tom Devlin	Tonbridge AC					
58	0:38:03	2339	Luke Ingham	Kendal AC					
59	0:38:10	2344	Beau Smith	Lancaster & Morecambe AC					
60	0:38:13	2386	Linton Taylor	Newark AC					
61	0:38:16	2244	Phil Sesemann	Blackheath & Bromley Harrie					
62	0:38:19	2309	Barry Maskell	Gateshead Harriers & AC					
63	0:38:20	2391	Harry Foster	Notts AC					
64	0:38:21	2292	Jonathan Baines	Durham City Harriers & AC					
65	0:38:26	2405	Jack Williams	Reading AC					
66	0:38:27	2225	Michael Harrison	Bedford & County AC					
67	0:38:27	2410	Joe Johnston	Rosendale Harriers & AC					
68	0:38:28	2269	Tom Hook	City Of Norwich AC					
69	0:38:34	2354	Ashley Chambers	Liverpool Harriers & AC					
70	0:38:37	2322	Joe Toomey	Hercules Wimbledon AC					
71	0:38:45	2381	Jonnie Nisbet	Morpeth Harriers & AC					
72	0:38:52	2486	Zack Bamber	Vale Royal AC					
73	0:38:54	2341	Paddy Roddy	Kenilworth Runners					
74	0:38:55	2311	Finn Brodie	Gosforth Harriers					
75	0:38:57	2282	Jack Villette	Coventry Godiva Harriers					
76	0:38:58	2425	David Rich	Sale Harriers Manchester					
77	0:39:08	2426	Callum Rowlinson	Sale Harriers Manchester					
78	0:39:12	2288	Terah Hooley	Derby AC					
79	0:39:14	2313	Gareth Burrell	Halifax Harriers & AC					
80	0:39:18	2476	Cameron Knapp	Tonbridge AC					
81	0:39:21	2409	Anthony Dalton	Rosendale Harriers & AC					
82	0:39:24	2510	Ben Kennara	Windsor Slough Eton & Houn					
83	0:39:25	2312	Jack Reed	Gosforth Harriers					
84	0:39:37	2318	Aidan Smith	Hallamshire Harriers					
85	0:39:38	2385	Oli Carrington	Newark AC					
86	0:39:44	2470	Dan Bryant	Tonbridge AC					
87	0:39:46	2492	Steven Eastwood	Wakefield District Harriers &					
88	0:39:49	2484	James Thompson	Tonbridge AC					
89	0:39:51	2340	Robbie Ingham	Kendal AC					
90	0:39:54	2297	Jonathan Wilkinson	Durham City Harriers & AC					
91	0:39:58	2504	Matthew Duffin	Winchester & District AC					
92	0:40:01	2442	Rhys Gillard	Southend AC					
93	0:40:03	2439	Dan Rebeiro	Solihull & Small Heath AC					
94	0:40:04	2490	Ryan Moore	Vale Royal AC					
95	0:40:09	2228	Lewis Elsey	Bexley AC					
96	0:40:11	2301	Mohamed Hashi	Ealing Southall & Middlesex /					
97	0:40:24	2512	Phil Robertson	Wirral AC					
98	0:40:27	2258	Josh Williams	Bury AC					
99	0:40:31	2218	Darren Carr	Basingstoke & Mid Hants AC					
100	0:40:37	2255	Cory Parker	Burton AC					

Team Results:

Pos	Points	Team / Club	Placings
1	41	Aldershot Farnham & District AC	(1 10 12 18)
2	49	Tonbridge AC	(4 6 15 24)
3	88	Bedford & County AC	(13 17 19 39)
4	171	Gateshead Harriers & AC	(11 47 51 62)
5	301	Sale Harriers Manchester	(41 76 77 107)
6	463	Bexley AC	(95 110 127 131)
7	465	Liverpool Pembroke & Sefton H &	(104 105 126 130)
8	486	Derby AC	(78 133 134 141)

2013 National XC Junior Women

Pos	Time	No	Name	Club
1	0:21:35	708	Emelia Gorecka	Aldershot Farnham & District
2	0:22:01	849	Jennifer Walsh	Spenborough & District AC
3	0:22:09	787	Rebecca Weston	Invicta East Kent AC
4	0:22:36	839	Georgia Taylor Brown	Sale Harriers Manchester
5	0:22:47	701	Jess Andrews	Aldershot Farnham & District
6	0:22:56	718	Rebecca Murray	Bedford & County AC
7	0:23:01	754	Iona Lake	City Of Norwich AC
8	0:23:03	842	Lizzie Bird	Shaftesbury Barnet Harriers
9	0:23:03	717	Alice Burgin	Bedford & County AC
10	0:23:10	711	Emily Hosker Thornhill	Aldershot Farnham & District
11	0:23:15	830	Katie Ingle	Royal Sutton Coldfield AC
12	0:23:21	725	Rebecca Straw	Birchfield Harriers
13	0:23:24	821	Melissa Hawtin	Oxford City AC
14	0:23:56	707	Laura Gent	Aldershot Farnham & District
15	0:24:03	871	Maryse Haynes	Windsor Slough Eton & Houn
16	0:24:08	860	Nicole Taylor	Tonbridge AC
17	0:24:16	865	Amelia Pettitt	Vale Royal AC
18	0:24:21	831	Megan McBrien	Royal Sutton Coldfield AC
19	0:24:25	880	Laura Riches	Leigh Harriers & AC
20	0:24:31	870	Jennifer Mclachlan	Winchester & District AC
21	0:24:34	780	Adelle Tracey	Guildford & Godalming AC
22	0:24:35	868	Caroline Lambert	Wetherby Runners AC
23	0:24:38	767	Chloe Price	Durham City Harriers & AC
24	0:24:49	863	Tessa Mccormick	Vale Royal AC
25	0:24:52	792	Sarah Hodgson	Lancaster & Morecambe AC
26	0:24:58	837	Emily Waugh	Rugby & Northampton AC
27	0:25:01	776	Rachael Lundgren	Gosforth Harriers
28	0:25:02	704	Angel Collins	Aldershot Farnham & District
29	0:25:05	867	Justine Anthony	West Suffolk AC
30	0:25:10	861	Nicola Wilkinson	Tonbridge AC
31	0:25:13	764	Emma Erskine	Derby AC
32	0:25:17	799	Katherine Walker	Liverpool Harriers & AC
33	0:25:19	755	Nastassja Potgeiter	City Of Norwich AC
34	0:25:20	845	Vicky Walker	Shaftesbury Barnet Harriers
35	0:25:26	740	Georgina Schwiening	Cambridge & Coleridge AC
36	0:25:28	875	Sidnie Sales	Woodford Green AC with Ess
37	0:25:31	705	Poppy Disley May	Aldershot Farnham & District
38	0:25:34	706	Ciara Dullaghan	Aldershot Farnham & District
39	0:25:39	822	Nichola Jackson	Preston Harriers
40	0:25:43	853	Naomi Webber	Teambath AC
41	0:25:44	846	Zoe Hewitson	Shildon Running & AC
42	0:25:46	797	Rebecca Donohue	Liverpool Harriers & AC
43	0:25:58	798	Olivia Perez	Liverpool Harriers & AC
44	0:25:58	758	Calvi Thompson	City of Sheffield AC
45	0:26:00	790	Eilioth Sproul	Kendal AC
46	0:26:03	829	Codie Marsh	Rotherham Harriers & AC
47	0:26:05	757	Beth Ansell	City of Sheffield AC
48	0:26:08	859	Annabel Shepherd-Barron	Tonbridge AC
49	0:26:13	713	Susan Shiel-Rankin	Aldershot Farnham & District
50	0:26:14	763	Alex Clinkard	Derby AC
51	0:26:17	730	Clare Parkin	Blackheath & Bromley Harrie
52	0:26:21	864	Kate Moulds	Vale Royal AC
53	0:26:27	881	Rebecca Miller	Derby AC
54	0:26:28	710	Ruth Haynes	Aldershot Farnham & District
55	0:26:35	731	Amber Reed	Blackheath & Bromley Harrie
56	0:26:42	858	Lucy Reid	Tonbridge AC
57	0:26:44	738	Rebecca Turton	Bracknell AC
58	0:26:50	815	Cloe Hubbard	Newark AC
59	0:26:54	719	Megan Shreeves	Bedford & County AC
60	0:27:01	734	Shannon Johnson	Bolton United Harriers & AC
61	0:27:10	778	Sophia Tucker	Grantham AC
62	0:27:11	877	Bethany Jones	Leigh Harriers & AC
63	0:27:11	769	Caroline O'hare	Gateshead Harriers & AC
64	0:27:15	869	Laura Fenwick	Winchester & District AC
65	0:27:21	834	Miranda Stoddart	Royal Sutton Coldfield AC
66	0:27:23	785	Hannah Wells	Hillingdon AC
67	0:27:24	836	Clarissa Blake	Rugby & Northampton AC
68	0:27:28	801	Nicola Moss	Louth AC
69	0:27:28	733	Becky Morningg	Blackhill Bounders
70	0:27:31	720	Beth Armstrong	Bexley AC
71	0:27:42	840	Becky Mills	Scarborough AC
72	0:27:45	850	Katie Bowers-Folan	St Helens Sutton AC
73	0:27:54	856	Kelsey Howard	Tonbridge AC
74	0:27:55	748	Sophie Johnstone	Chelmsford AC
75	0:28:00	774	Harriet Buswell	Gosforth Harriers
76	0:28:19	786	Eleanor Smith	Huntingdonshire AC
77	0:28:20	844	Molly Patch	Shaftesbury Barnet Harriers
78	0:28:22	873	Claudia Conway	Woodford Green AC with Ess
79	0:28:27	768	Jade Bowling	Gateshead Harriers & AC
80	0:28:30	819	Hannah Robinson	Notts AC
81	0:28:31	803	Hannah Hardy	Mansfield Harriers
82	0:28:45	791	Nicole Peters	Kingston upon Hull AC
83	0:28:47	709	Siobhan Harrison	Aldershot Farnham & District
84	0:29:15	838	Misha Nayak-Oliver	Sale Harriers Manchester
85	0:29:17	771	Rebecca Pease	Gateshead Harriers & AC
86	0:29:24	851	Nicola Berry	Stockport Harriers & AC
87	0:29:27	847	Elizabeth Wood	Shildon Running & AC
88	0:29:38	802	Charlotte Bellingham	Mansfield Harriers
89	0:29:59	736	Emma Penniston	Boston & District AC
90	0:30:01	715	Amelia Jones	Ashford AC
91	0:30:11	762	Rebecca Ladyman	Darlington Triathlon Club
92	0:30:39	784	Heather Gibbons	Hillingdon AC
93	0:31:10	807	Alice Mortiboy	Mansfield Harriers
94	0:31:13	808	Eleanor Winning	Mansfield Harriers
95	0:31:41	828	Emma Taylor	Reading AC
96	0:32:08	857	Jayne Mallyon	Tonbridge AC
97	0:33:59	806	Alice Keogh	Mansfield Harriers
98	0:34:24	804	Faye Holloway	Mansfield Harriers
99	0:34:39	794	Katherine Taylor	Leamington Cycling & Athleti

Pos	Time	No	Name	Club
Team Results:				
Pos	Points	Team / Club	Placings	
1	16	Aldershot Farnham & District AC	(1 5 10)	
2	74	Bedford & County AC	(6 9 59)	
3	93	Vale Royal AC	(17 24 52)	
4	94	Tonbridge AC	(16 30 48)	
5	94	Royal Sutton Coldfield AC	(11 18 65)	
6	117	Liverpool Harriers & AC	(32 42 43)	
7	119	Shaftesbury Barnet Harriers	(8 34 77)	
8	134	Derby AC	(31 50 53)	
9	227	Gateshead Harriers & AC	(63 79 85)	
10	262	Mansfield Harriers	(81 88 93)	

2013 National XC Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:41:21	5286	Keith Gerrard	Newham & Essex	101	0:46:11	4234	Peter Tucker	Blackheath & Bron	201	0:48:57	4310	Andrew Donno	Brighton & Hove A
2	0:41:24	5726	Steve Vernon	Stockport Harriers	102	0:46:12	6128	Ewan Brown	York Knavesmire H	202	0:48:58	4005	Harry Carter	Aldershot Farnhar
3	0:41:47	4112	Neilson Hall	Bedford & County	103	0:46:13	5607	Hugh Torry	Serpentine RC	203	0:48:59	5858	Tom Holden	Tipton Harriers
4	0:41:50	4828	Shaun Dixon	Highgate Harriers	104	0:46:14	5844	Sean Renfer **	Thames Valley Har	204	0:49:00	4125	Will Cockerell	Belgrave Harriers
5	0:41:57	4545	Daniel Garbutt	Durham City Harrie	105	0:46:16	5518	Gareth Raven	Sale Harriers Manc	205	0:49:03	4174	John Convery	Bingley Harriers &
6	0:42:02	4231	Mike Skinner	Blackheath & Bron	106	0:46:22	5984	Harry Coates	Wallsend Harriers	206	0:49:04	4639	Rob De Giovanni	Gateshead Harrier
7	0:42:04	5046	James Wilkinson	Leeds City AC	107	0:46:23	5481	Chris Fell	Rossendale Harrier	207	0:49:07	4895	Tim Corby	Invicta East Kent A
8	0:42:05	5232	Jonathan Taylor	Morpeth Harriers	108	0:46:25	4357	David Fellwell	Chelmsford AC	208	0:49:08	5885	Graeme Saker	Tonbridge AC
9	0:42:13	5628	Meles Okbazghi	Sheffield Harrie	109	0:46:27	4119	Will Mackay	Bedford & County	209	0:49:09	4463	Harvey Speed	Coventry Godiva H
10	0:42:14	4936	John Gilbert	Kent AC	110	0:46:31	5489	Richard Harris	Rotherham Harrier	210	0:49:10	5303	Nick Baker	North Derbyshire F
11	0:42:18	5221	Richard Morrell	Morpeth Harriers	111	0:46:33	4800	Fred Slemack	Hercules Wimbled	211	0:49:10	5491	Aidan Johnson	Rotherham Harrier
12	0:42:39	5360	Aaron Scott	Notts AC	112	0:46:34	4822	Peter Townsend	Herts Phoenix AC	212	0:49:12	5208	Adam Mitchell	Middlesbrough AC
13	0:42:49	5864	Phil Nicholls	Tipton Harriers	113	0:46:35	5225	Jordan Scott	Morpeth Harriers	213	0:49:14	4794	Phil Glynn	Hercules Wimbled
14	0:42:49	4007	Steven Connor	Aldershot Farnhar	114	0:46:36	4841	Richard Scott	Highgate Harriers	214	0:49:15	4830	Peter Downie	Highgate Harriers
15	0:42:53	5234	Lewis Timmins	Morpeth Harriers	115	0:46:37	4464	Toby Spencer	Coventry Godiva H	215	0:49:17	4999	Steve Worthington	Lancaster & Morec
16	0:43:04	5041	Carl Smith	Leeds City AC	116	0:46:38	4559	Sam Ashcroft	Ealing Southall & N	216	0:49:21	4845	Rob Walker	Highgate Harriers
17	0:43:08	5044	James Walsh	Leeds City AC	117	0:46:39	5719	Jamie Loxam	Stockport Harriers	217	0:49:25	5310	Oliver Teasal	North Derbyshire F
18	0:43:14	5861	Josh Lilly	Tipton Harriers	118	0:46:40	5345	Tom Crowley	Notts AC	218	0:49:27	4347	James Douglas	Charnwood AC
19	0:43:18	5608	Nicholas Torry	Serpentine RC	119	0:46:42	5063	Richard Blunden	Lincoln Wellington	219	0:49:27	4411	Brendan McMillan	Claremont RR & A
20	0:43:19	4264	James Douglas	Border Harriers & J	120	0:46:45	5344	Matt Blunden	Notts AC	220	0:49:28	5761	Nathan Reed	Sunderland Harrie
21	0:43:19	5224	Matthew Nicholson	Morpeth Harriers	121	0:46:46	6109	Martyn Cryer	Woodford Green A	221	0:49:28	4971	Matthew Hallam	Kippax & District H
22	0:43:21	5296	Gavin Smith	Newham & Essex	122	0:46:47	5868	Ian Williams	Tipton Harriers	222	0:49:31	4429	Gareth Lowe	Clowne RR
23	0:43:22	5860	Richard Kay	Tipton Harriers	123	0:46:47	4894	Donald Carter	Invicta East Kent A	223	0:49:32	5091	Anthony Hall	London Heathside
24	0:43:25	4026	Matthew Barnes	Altrincham & Distr	124	0:46:47	5687	James Tartt	Southport Waterlo	224	0:49:34	6108	Louis Clark	Woodford Green A
25	0:43:26	4130	James Kelly	Belgrave Harriers	125	0:46:49	5294	Niall Sheehan **	Newham & Essex E	225	0:49:36	4992	David Brown	Lancaster & Morec
26	0:43:27	5723	Alex O'gorman	Stockport Harriers	126	0:46:51	4833	Ryan McKinlay	Highgate Harriers	226	0:49:38	4341	Will Bowers	Cambridge Univer
27	0:43:29	5367	Alistair Watson	Notts AC	127	0:46:52	4308	Howard Bristow	Brighton & Hove A	227	0:49:41	4215	Danny Brewer	Blackheath & Bron
28	0:43:31	5012	Alan Buckley	Leeds City AC	128	0:46:53	4113	Richard Henderson	Bedford & County	228	0:49:44	5278	Wayne Bell	Newham & Essex E
29	0:43:34	5071	Richard Burney	Liverpool Harriers	129	0:46:53	4568	Patrick Gardiner	East Cheshire Harr	229	0:49:46	4267	John Mason	Border Harriers & J
30	0:43:34	5542	Gary Priestley	Salford Harriers	130	0:46:54	5085	Tom Aldred	London Heathside	230	0:49:46	5236	Paul Waterston	Morpeth Harriers
31	0:43:36	4107	Darren Deed	Bedford & County	131	0:46:55	5874	Ben Cole	Tonbridge AC	231	0:49:46	4835	Gold Nick	Highgate Harriers
32	0:43:37	4713	Joe Gratten	Hallamshire Harrie	132	0:46:56	6115	Bertie Powell	Woodford Green A	232	0:49:47	5239	Mike Chapman	Nene Valley Harrie
33	0:43:39	4120	Steve Naylor	Bedford & County	133	0:46:57	4806	Jeff Cunningham	Herne Hill Harriers	233	0:49:48	4169	Nicholas Barber	Billingham Marsh
34	0:43:50	5366	Christopher Warburton	Notts AC	134	0:46:58	5076	John Mccole	Liverpool Harriers	234	0:49:50	4635	Dara Chesser	Gateshead Harrier
35	0:43:54	5389	Danny Hallam	Owls AC	135	0:46:59	5253	Dominic Shaw	New Marske Harri	235	0:49:51	5851	Mike Buntin	Tipton Harriers
36	0:44:03	4548	Daniel Jenkin	Durham City Harrie	136	0:46:59	6051	Simon Millett	Windsor Slough Et	236	0:49:52	5480	Grant Cunliffe	Rossendale Harrie
37	0:44:05	4836	Ben Noad	Highgate Harriers	137	0:47:01	5067	Josh Stone	Lincoln Wellington	237	0:49:52	5353	John Muddeman	Notts AC
38	0:44:13	4933	Russell Bentley	Kent AC	138	0:47:02	4829	Henry Dodwell	Highgate Harriers	238	0:49:53	6141	Tom Bush	Altrincham & Distr
39	0:44:15	4182	Ben Livesey	Birchfield Harriers	139	0:47:03	5393	Paul Miles	Owls AC	239	0:49:54	5929	Richard Parker	Tynedale Harriers
40	0:44:17	5533	Thomas Cornthwaite	Salford Harriers	140	0:47:05	4808	Tim Elsey	Herne Hill Harriers	240	0:49:54	4206	Chris Barnes	Blackburn Harriers
41	0:44:17	4037	James Reed	Altrincham & Distr	141	0:47:09	4902	Andy Burn	Jarrow & Hebburn	241	0:49:55	6017	David Alexander	West Cheshire AC
42	0:44:20	5876	Andrew Combs	Tonbridge AC	142	0:47:12	4220	Alex Gibbons	Blackheath & Bron	242	0:49:56	5987	Brian Hetherington	Wallsend Harriers
43	0:44:22	5020	Simon Deakin	Leeds City AC	143	0:47:20	6099	David Smith	Wolverhampton &	243	0:50:01	5075	Ian Lawton	Liverpool Harriers
44	0:44:27	5856	Matt Granger	Tipton Harriers	144	0:47:22	4017	Neil Phillips	Aldershot Farnhar	244	0:50:02	4451	Dan Clarke	Coventry Godiva H
45	0:44:30	5127	Daniel Woodgate	Luton AC	145	0:47:22	6208	Robert Danson	Woodham RR	245	0:50:04	4214	Sam Barnes	Blackheath & Bron
46	0:44:32	5231	Graeme Taylor	Morpeth Harriers	146	0:47:23	6103	Harold Wyber	Woodford Green A	246	0:50:06	5669	David Wakefield	South Shields Harri
47	0:44:36	5859	Adrian Holliday	Tipton Harriers	147	0:47:25	4356	Jason Williams	Charnwood AC	247	0:50:11	4123	Alan Turnbull	Bedford & County
48	0:44:38	5292	Dave Mitchinson	Newham & Essex E	148	0:47:25	4714	Matt Hobbs	Hallamshire Harrie	248	0:50:14	4296	Paul Thompson	Bournville Harriers
49	0:44:38	4117	Matt Jones	Bedford & County	149	0:47:26	5018	Alex Davy	Leeds City AC	249	0:50:17	5746	Michael Barker	Sunderland Harrie
50	0:44:39	5857	Phil Hinch	Tipton Harriers	150	0:47:27	5210	Michael Dawson	Morpeth Harriers	250	0:50:17	5935	James Griffiths	Vale Royal AC
51	0:44:40	4456	Matt Lole	Coventry Godiva H	151	0:47:27	5154	Alan Corlett	Manx Harriers	251	0:50:18	4024	Robert Wakefield	Aldershot Farnhar
52	0:44:41	5227	Ryan Stephenson	Morpeth Harriers	152	0:47:29	5853	Oz Ellis	Tipton Harriers	252	0:50:22	4799	Matthew Sharp	Hercules Wimbled
53	0:44:45	4339	Dean Lacy	Cambridge Harrier	153	0:47:29	4103	Alex Bellew	Bedford & County	253	0:50:22	4573	Lee Bennett	Elswick Harriers
54	0:44:47	4111	John Eves	Bedford & County	154	0:47:35	5003	Jamie Langley	Leamington Cyclin	254	0:50:23	5318	Scott Ellis	North Shields Poly
55	0:44:49	4934	James Conner	Kent AC	155	0:47:36	5022	Tom Edwards	Leeds City AC	255	0:50:25	5429	Peter Haarer	Ranelagh Harriers
56	0:44:50	4840	Danny Russell	Highgate Harriers	156	0:47:41	4932	Stuart Beaney	Kent AC	256	0:50:25	5095	Dan McKeown	London Heathside
57	0:44:51	4864	Richard Anderson	Holmfrith Harriers	157	0:47:43	4860	Daniel Thompson	Hillingdon AC	257	0:50:26	4793	Sean Crummy	Hercules Wimbled
58	0:44:52	5013	Mike Burrett	Leeds City AC	158	0:47:45	4805	Mike Cummings	Herne Hill Harriers	258	0:50:27	4698	David Turvey	Halesowen AC
59	0:44:54	5352	Sam Mitchell	Notts AC	159	0:47:45	4770	Darren Ridout	Heanor RC	259	0:50:28	4854	James Laing	Hillingdon AC
60	0:44:57	6052	Alex Tovey	Windsor Slough Et	160	0:47:46	4736	Chris Miller	Harrogate Harriers	260	0:50:30	4295	Chris Tarren	Bournville Harriers
61	0:45:03	4018	Jason Prickett	Aldershot Farnhar	161	0:47:47	5240	Josh Lunn	Nene Valley Harrie	261	0:50:32	5875	Greg Cole	Tonbridge AC
62	0:45:03	5289	Ollie Laws	Newham & Essex E	162	0:47:48	5537	Rob Hughes	Salford Harriers	262	0:50:34	6134	Chris Roberts	York Knavesmire H
63	0:45:05	5364	Jonathon Thewlis	Notts AC	163	0:47:48	5499	Chris Perez	Rugby & Northam	263	0:50:36	5924	Andy Green	Tynedale Harriers
64	0:45:07	4838	Ben Pochee	Highgate Harriers	164	0:47:49	5498	Sebastian Palmer	Rugby & Northam	264	0:50:36	4624	Steve Watkins	Eton Manor AC
65	0:45:09	4939	Florian Neuschwander	Kent AC	165	0:47:50	5269	Matt Whitfield	Notts AC	265	0:50:37	5204	Christopher Rumsey	Middlesbrough & C
66	0:45:13	4002	Josh Arnold	Aldershot Farnhar	166	0:48:01	5316	Ben Harrison	Morpeth Harriers	266	0:50:43	4275	Matt Grace	Bourne Town Harri
67	0:45:14	5363	Stuart Spencer	Notts AC	167	0:48:04	5524	James Wignall	Sale Harriers Manc	267	0:50:44	4547	Robert Hand	Durham City Harrie
68	0:45:15	4446	Chris Bannon	Coventry Godiva H	168	0:48:05	4462	Alistair Smith	Coventry Godiva H	268	0:50:44	4297	Bradlee Tod	Bournville Harriers
69	0:45:18	5297	Kairn Stone	Newham & Essex E	169	0:48:06	5351	Steve Long	Notts AC	269	0:50:44	4487	David White	Croydon Harriers
70	0:45:18	4956	Steve Hebblethwaite	Keswick AAC	170	0:48:07	5219	Andrew Lawrence	Morpeth Harriers	270	0:50:46	5854	Chris Fullerton	Tipton Harriers
71	0:45:20	4937	Chris Greenwood	Kent AC	171	0:48:08	5279	Eliot Buckner	Newham & Essex E	271	0:50:49	4804	Simon Coombes	Herne Hill Harriers
72	0:45:20	5066	Shane Robinson	Lincoln Wellington	172	0:48:10	6037	Rob Downs	Wilmslow RC	272	0:50:52	4987	Robert Kelly	Knowsley Harriers
73	0:45:23	4229	Andy Rayner	Blackheath & Bron	173	0:48:11	4122	Oliver Saville	Bedford & County	273	0:50:53	5384	Andrew Robertshaw	Otley AC
74	0:45:24	5229	Nick Swinburn	Morpeth Harriers	174	0:48:12	4355	Tom Whitmore	Charnwood AC	274	0:50:56	4970	Gregan Clarkson	Kingston upon Hull
75	0:45:26	5218	Ian Hudspith	Morpeth Harriers	175	0:48:13	4924	Phil Gould	Kenilworth Runner	275	0:50:59	4866	Alistair Langron	Holmfrith Harriers
76	0:45:28	5177	Tom Collins	Medway & Maidst	176	0:48:16	4011	Tim Doran	Aldershot Farnhar	276	0:51:00	4699	Richard White	Halesowen AC
77	0:45:31	5390	Edward Highton	Owls AC	177	0:48:17	5396	Lewis Smart	Owls AC	277	0:51:03	5077	Lee Midghall	Liverpool Harriers
78	0:45:31	5050	Jon Willis	Leeds City AC	178	0:48:18	4028	David Cowlishaw	Altrincham & Distr	278	0:51:03	4089	Gavin Felton	Barnsley AC
79	0:45:33	5348	Tim Hartley	Notts AC	179	0:48:21	5755	Craig Isherwood	Sunderland Harrier	279	0:51:05	4236	Stewart Bell	Blackhill Bounders
80	0:45:40	5215	Ian Harding	Morpeth Harriers	180	0:48:22	4861	Robert Thompson	Hillingdon AC	280	0:51:07	4358	Peter Hawkings	Chelmsford AC
81	0:45:41	5600	Richard Phillips	Serpentine RC	181	0:48:22	4942	Phil Sanders	Kent AC	281	0:51:08	4674	Ben Evans	Guildford & Godal
82	0:45:43	4952	Carl Bell	Keswick AAC	182	0:48:23	5530	Simon Bruton	Salford Harriers	282	0:51:08	5840	Gordon Irvine	Thames Valley Har
83	0:45:44	5614	Orlando Edwards	Shaftesbury Barne	183	0:48:26	5385	Simon Allen	Owls AC	283	0:51:09	6062	Mark Hulmston	Wirral AC
84	0:45:44	5030	Nick Hooker	Leeds City AC	184	0:48:28	4353	Peter Swaine	Charnwood AC	284	0:51:10	4954	Ian Davies	Keswick AAC
85	0:45:45	5490	Philip Hoole	Rotherham Harrier	185	0:48:30	5228	Thomas Straughan	Morpeth Harriers	285	0:51:12	4029	Adrian Fuller	Altrincham & Distr
86	0:45:46	5199	Greg Jayasuriya	Middlesbrough & C	186									

2013 National XC Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
301	0:51:33	5048	Trevor Wilks	Leeds City AC	401	0:53:31	6126	Barry Atkinson	York Knavesmire H	501	0:55:53	5952	Jeremy Gold	Victoria Park H & T
302	0:51:34	4908	Colin Robson	Jarrow & Hebburn	402	0:53:32	4638	Richard Craven	Gateshead Harrier	502	0:55:56	4662	Russell Sharp	Great Bentley RC
303	0:51:34	5695	Jeff Hornby	Spenborough & Di	403	0:53:36	5555	Chris Kennedy	Saltwell Harriers	503	0:55:56	5416	Alex Jones	Pudsey & Bramley
304	0:51:35	5042	Peter Steel	Leeds City AC	404	0:53:39	6069	Peter Scarrett	Wirral AC	504	0:55:58	4777	Philip Green	Heaton Harriers
305	0:51:35	4389	John Danahay	City of Stoke AC	405	0:53:40	5569	Justin Cox	Sedgefield Harriers	505	0:55:58	5964	Phil Cuthbert	Wallasey AC
306	0:51:37	4846	Martin Bateman	Hillingdon AC	406	0:53:43	4570	Gary Matthews	East Cheshire Harr	506	0:55:59	6023	Paul Windle	Wetherby Runners
307	0:51:37	6139	Phil Williams	Leigh Harriers & A	407	0:53:43	5092	Chris Hartley	London Heathside	507	0:56:01	4961	Robin Orr	Keswick AAC
308	0:51:39	4640	Phil Edge	Gateshead Harrier	408	0:53:44	5655	Kevin Emmett	South Shields Harri	508	0:56:01	4470	Jason Bridgewater	Crook & District AC
309	0:51:40	5247	Nasir Hussain	New Marske Harri	409	0:53:45	4809	Deron Fagan	Herne Hill Harriers	509	0:56:03	4196	Peter Gill	Birtley AC
310	0:51:41	4453	James Griggs	Coventry Godiva H	410	0:53:48	5469	Ian Roberts	Rochdale Harriers	510	0:56:03	5967	Greg Jones	Wallasey AC
311	0:51:43	5757	Paul Merrison	Sunderland Harrier	411	0:53:49	6055	Kevin Buxton	Wirral AC	511	0:56:04	5531	Albert Castile	Salford Harriers
312	0:51:44	4314	Niall Robinson	Brighton & Hove A	412	0:53:51	4590	Mark Turnbull	Elswick Harriers	512	0:56:05	4271	Stuart Windsor	Border Harriers & J
313	0:51:45	4003	Richard Batchelor	Aldershot Farnham	413	0:53:51	4397	Paul Goble	City of York AC	513	0:56:08	5096	Norman Mitchell	London Heathside
314	0:51:45	5414	Niall Bourke	Pudsey & Bramley	414	0:53:53	6015	Alex Rowe	Wesham RR	514	0:56:10	4855	Paul Leppard	Hillingdon AC
315	0:51:50	6046	Jim Pendrill	Wilmslow RC	415	0:53:53	4661	Ben Ficken	Great Bentley RC	515	0:56:10	5114	Bob Najafi	Low Fell RC
316	0:51:53	6107	Gareth Cavell	Woodford Green A	416	0:53:54	5908	Paul Hilton	Tyne Bridge Harrie	516	0:56:12	4217	Richard Daniel	Blackheath & Bron
317	0:51:55	5023	Martin Farran	Leeds City AC	417	0:53:56	6058	William Ferguson	Wirral AC	517	0:56:12	4319	Simon Lanckham	Bromsgrove & Red
318	0:51:56	4783	Lucas Longman	Heaton Harriers	418	0:53:56	5604	Barney Southin	Serpentine RC	518	0:56:13	4679	Simon Megaw	Guildford & Godal
319	0:51:56	5812	Dan Doherty	Team Balancise AC	419	0:53:57	4569	Simon Grundy	East Cheshire Harr	519	0:56:14	5083	Chris Ellis	Loftus & Whitby A
320	0:51:57	5119	Jonathan Stephens	Low Fell RC	420	0:53:57	4907	Ian Richie	Jarrow & Hebburn	520	0:56:16	4786	Dan Robins	Heaton Harriers
321	0:51:57	5056	Peter Mackrell	Leighton Buzzard A	421	0:53:59	4941	Len Reilly	Kent AC	521	0:56:16	5118	John Stephens	Low Fell RC
322	0:51:58	5361	Chris Smith	Notts AC	422	0:54:00	5999	Jon Kemp	Wellingborough &	522	0:56:17	5459	Dean Taylor	Ripley Running Clu
323	0:52:00	6081	Daniel Brazier	Wolverhampton &	423	0:54:00	4046	Wayne Martison	Asken District RC	523	0:56:17	4075	Lee Wren	Aycliffe RC
324	0:52:02	4695	Bill Nock	Halesowen AC	424	0:54:00	5325	Garry Robson	North Shields Poly	524	0:56:18	4575	Martin Connelly	Elswick Harriers
325	0:52:02	5358	Jarratt Perkins	Notts AC	425	0:54:04	5648	Paul Bainbridge	South Shields Harri	525	0:56:19	4004	Stuart Boswell	Aldershot Farnham
326	0:52:02	5880	Harry Paton	Tonbridge AC	426	0:54:06	5647	George Bainbridge	South Shields Harri	526	0:56:22	4420	Christopher Balderson	Clayton-Le-Moors
327	0:52:07	4630	David Weekes	Folkestone RC	427	0:54:07	4850	Simon Connell	Hillingdon AC	527	0:56:25	5169	Dave Clarke	Massey Ferguson I
328	0:52:07	5753	Steven Graham	Sunderland Harrier	428	0:54:08	4848	Sam Blanshard	Hillingdon AC	528	0:56:27	5488	Howard Darwin	Rotherham Harrier
329	0:52:08	4814	Dave Mulvee	Herne Hill Harriers	429	0:54:08	4401	Mike Raynes	City of York AC	529	0:56:27	5495	Vincent Carroll	Rugby & Northam
330	0:52:09	5574	Nick Munro	Sedgefield Harriers	430	0:54:09	6094	Mark Moore	Wolverhampton &	530	0:56:28	6097	Ian Pincher	Wolverhampton &
331	0:52:10	4969	Richard Mathie	Kingston AC & Poly	431	0:54:11	4493	Simon Rutherford	Darlington Harrier	531	0:56:29	5921	Rob Wishart	Tyne Bridge Harrie
332	0:52:12	5941	Paul Kaiser	Valley Striders AC	432	0:54:14	5831	Jerry Watson	Thames Hare & Ho	532	0:56:31	4734	John Mcnerney	Harrogate Harriers
333	0:52:14	5839	Henry Hughes **	Thames Valley Har	433	0:54:15	4684	Matt Allen	Halesowen AC	533	0:56:34	5992	John Sturman	Wallsend Harriers
334	0:52:16	5979	Phil Walton	Wallasey AC	434	0:54:16	4186	Brendan Fitzgerald	Birmingham Runni	534	0:56:36	4991	Robert Williams	Knowsley Harriers
335	0:52:16	4957	Josh Hebson	Keswick AAC	435	0:54:17	5362	Robert Smith	Notts AC	535	0:56:38	5645	Nick Atkinson	South Shields Harri
336	0:52:17	5117	Roger Sillito	Low Fell RC	436	0:54:17	4930	Luke Armitage	Kent AC	536	0:56:38	4527	John Donkey	Derwentside AC
337	0:52:17	5718	James Corden	Stockport Harriers	437	0:54:17	5662	Mick Jones	South Shields Harri	537	0:56:38	6018	Andrew Clague	West Cheshire AC
338	0:52:18	5986	Andy Graham	Wallsend Harriers	438	0:54:20	5907	Mark Hall	Tyne Bridge Harrie	538	0:56:40	5797	Niel Mcalpine	Sutton Runners
339	0:52:18	5914	David Moir	Tyne Bridge Harrie	439	0:54:21	5037	Chris Needham	Leeds City AC	539	0:56:41	6124	Steve Heighway	Wootton Road Run
340	0:52:18	5596	Dave Morgan	Serpentine RC	440	0:54:23	6056	Anthony Devoy	Wirral AC	540	0:56:41	4888	Scott Henderson	Hyde Park Harriers
341	0:52:18	5786	Steve McMahon	Sunderland Stroler	441	0:54:24	5953	Tom Heslop	Victoria Park H & T	541	0:56:41	5101	Alex Sweet	London Heathside
342	0:52:20	5307	Michael Gheoghan	North Derbyshire F	442	0:54:24	5819	Ashley Slater	Telford AC	542	0:56:42	6057	Kelvin Dickinson	Wirral AC
343	0:52:21	4359	Ken Hoye	Chelmsford AC	443	0:54:28	5202	David Tatton	Telford AC	543	0:56:42	4611	Tom Spurling	Elvet Striders
344	0:52:22	4379	Jonathan Quint	City Of Norwich AC	444	0:54:28	5098	Andy Owen	London Heathside	544	0:56:42	4604	Jeremy Lloyd	Elvet Striders
345	0:52:27	5233	Mick Thomson	Morpeth Harriers	445	0:54:29	4479	Robert Teasdale	Crook & District AC	545	0:56:43	4646	Phil Mckeown	Gateshead Harrier
346	0:52:29	5965	Mike Green	Wallasey AC	446	0:54:30	4019	James Ratcliffe	Aldershot Farnham	546	0:56:46	4588	Kevin Stephenson	Elswick Harriers
347	0:52:29	5383	Jonathan Greenwell	Otley AC	447	0:54:32	5891	John Howe	Trafford AC	547	0:56:47	5308	Steve Leverton	North Derbyshire F
348	0:52:31	4265	Jon Fletcher	Border Harriers & J	448	0:54:33	5715	Michael John Savage	Steel City Striders	548	0:56:49	4244	Ian Walton	Blackhill Bounders
349	0:52:32	5663	Nick Joyce	South Shields Harri	449	0:54:33	5547	Phil West	Salford Harriers	549	0:56:53	5928	Mike Little	Tynedale Harriers
350	0:52:34	4235	Jon Vinter	Blackheath & Bron	450	0:54:34	4724	William Clapp	Harborough AC	550	0:56:54	4088	Robert Elstone	Barnsley AC
351	0:52:35	4636	Kevin Connelly	Gateshead Harrier	451	0:54:36	4329	Matthew Applegate	Cambridge & Coler	551	0:56:54	4473	Mike Hooper	Crook & District AC
352	0:52:36	4766	Paul Clarke	Heanor RC	452	0:54:37	4400	Andy Normandale	City of York AC	552	0:56:57	5925	Peter Hearn	Tynedale Harriers
353	0:52:37	4760	Andrew Minister	Hartlepool Burn Rc	453	0:54:38	5332	Joe Blackett	North York Moors	553	0:56:58	4421	Colin Shuttleworth	Clayton-Le-Moors
354	0:52:38	5934	Steve Caldwell	Vale Royal AC	454	0:54:38	5927	Philip Jameson	Tynedale Harriers	554	0:56:59	5580	Ben Cope	Serpentine RC
355	0:52:38	5751	Jonathan Dobson	Sunderland Harrier	455	0:54:39	4967	Michael Huntley	Kingston AC & Poly	555	0:57:00	6132	Rory Henderson	York Knavesmire H
356	0:52:39	4740	Dave Christie	Harrogate Tri Club	456	0:54:40	4916	Mark Knowles	Keighley & Craven	556	0:57:04	6080	Andrew Bave	Wolverhampton &
357	0:52:40	5627	Chris Ireland	Sheffield RC	457	0:54:40	4507	Craig Sharp	Dartford Harriers	557	0:57:05	4663	Michael Simmons	Great Bentley RC
358	0:52:41	5388	Scott Green	Owls AC	458	0:54:41	5563	Jim Thompson	Saltwell Harriers	558	0:57:06	5306	Liam Fidler	North Derbyshire F
359	0:52:41	4633	Paul Attley	Gateshead Harrier	459	0:54:44	4294	Stuart Pearson	Bournville Harriers	559	0:57:07	5370	Eric Fowler	Nuneaton Harriers
360	0:52:42	4867	Nathan Martin	Holmfirth Harriers	460	0:54:45	5561	Fred Smith	Saltwell Harriers	560	0:57:09	4772	Tony Weatherston	Heanor RC
361	0:52:43	4875	Thomas Grey	Houghton Harriers	461	0:54:46	5962	John Armstrong	Wallasey AC	561	0:57:10	4535	Graham Hobbs	Desford Striders
362	0:52:44	4394	Carl Platt	City of Stoke AC	462	0:54:47	4478	Mike Simpson	Crook & District AC	562	0:57:13	5632	Steve Howes	Solithull & Small He
363	0:52:45	4962	Kevin Doyle	Kimberworth Strid	463	0:54:50	5888	David Willumsen	Tonbridge AC	563	0:57:14	4667	Paul Mason	Great Western Rur
364	0:52:46	4955	Chris Edis	Keswick AAC	464	0:54:51	4049	Dean Winter	Asken District RC	564	0:57:15	5817	Michael Thompson	Teesdale AC
365	0:52:48	5536	Dave Hudson	Salford Harriers	465	0:54:51	5057	Chris Norman	Leighton Buzzard A	565	0:57:15	5281	George Choat	Newham & Essex
366	0:52:49	5946	Steve Webb	Valley Striders AC	466	0:54:52	4083	Dave Brooksbank	Barnsley AC	566	0:57:16	5321	Alan Haddon	North Shields Poly
367	0:52:50	6105	Brian Wright	Wolverhampton &	467	0:54:52	5998	Matthew Hewitson	Wellingborough &	567	0:57:18	5461	Nick Barton	Rochdale Harriers
368	0:52:58	5578	Nick Barberis**	Serpentine RC n/s	468	0:54:53	6104	Dan Vaughan	Wolverhampton &	568	0:57:20	4694	Andrew Nock	Halesowen AC
369	0:52:59	4043	Paul Collingwood	Asken District RC	469	0:54:53	5765	Abiel - Teklom Werede	Sunderland Harrier	569	0:57:22	5629	Jed Turner	Sheffield RC
370	0:53:00	4262	Steve Angus	Border Harriers & J	470	0:54:57	5565	Richard Johnson	Sandhurst Joggers	570	0:57:25	4665	Philip Chan	Great Western Rur
371	0:53:01	4893	David Westhead	Ilkley Harriers AC	471	0:54:58	4655	Tom Coates	Gosforth Harriers	571	0:57:26	4931	Mick Barlow	Kent AC
372	0:53:01	4195	Peter Farnie	Birtley AC	472	0:55:00	4543	David Cross	Durham City Harrie	572	0:57:27	5377	David Smith	Oldham & Royton
373	0:53:03	4289	Gareth Cadd	Bournville Harriers	473	0:55:01	4257	Jon French	Blyth City	573	0:57:29	4266	Dan Ibotson	Border Harriers & J
374	0:53:04	4268	Graham Millican	Border Harriers & J	474	0:55:02	5258	John Birch	Newark AC	574	0:57:30	4298	Daniel Wilson	Bournville Harriers
375	0:53:05	4696	Christopher Royal	Halesowen AC	475	0:55:02	5896	Philip Mainwaring	Trentham RC	575	0:57:31	5917	Simon Pryde	Tyne Bridge Harrie
376	0:53:05	5476	Philip Williams	Rochdale Harriers	476	0:55:03	4837	Richard Petty	Highgate Harriers	576	0:57:32	4337	Clem Dixon	Cambridge Harrier
377	0:53:07	5486	John Corrie	Rotherham Harrier	477	0:55:05	5088	Julian Ferraro	London Heathside	577	0:57:33	6082	Simon Calrow	Wolverhampton &
378	0:53:07	5313	Kevin Lister	North East Veterar	478	0:55:05	5635	Andy Collins	South London Harr	578	0:57:35	4565	Gavin Browne	East Cheshire Harr
379	0:53:09	5528	Graeme Grindrod	Salford Harriers	479	0:55:05	5638	John Foss	South London Harr	579	0:57:35	5132	Greg Oulton	Lytham St Annes R
380	0:53:10	5760	Paul Redman	Sunderland Harrier	480	0:55:08	5220	Alistair MacDonald	Morpeth Harriers	580	0:57:36	4526	Mark Davinson	Derwentside AC
381	0:53:12	5656	Ben Forster	South Shields Harri	481	0:55:08	5129	Thomas Howarth	Lytham St Annes R	581	0:57:38	4574	Jonny Bolton	Elswick Harriers
382	0:53:12	4288	Richard Bayliss	Bournville Harriers	482	0:55:12	4202	Lee Millmore	Birtley AC	582	0:57:38	4434	Simon Slenny	Clowne RR
383	0:53:15	5784	Ken Maynard	Sunderland Stroler	483	0:55:14	5375	Johnny Lee	Oldham & Royton	583	0:57:39	5943	Kevin Mcmullan	Valley Striders AC
384	0:53:15	4044	Andrew Goodair	Asken District RC	484	0:55:21	6131	Giles Hawking	York Knavesmire H	584	0:57:41	5796	Damien Hersey	Sutton Runners
385	0:53:16	4191	Neil Allan	Birtley AC	485	0:55:22	5605	Andrew Taylor	Serpentine RC	585	0:57:42	56		

2013 National XC Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	0:58:02	4230	Ollie Robinson	Blackheath & Bron	701	1:00:15	5982	Michael Bell	Wallsend Harriers	801	1:02:58	5546	Paul Stephens	Salford Harriers
602	0:58:03	5261	Aaron Cain	Newark AC	702	1:00:16	4983	Owen Cotterell	Knowsley Harriers	802	1:03:00	4147	James McInerney	Belle Vue Racers
603	0:58:04	4917	Lukas Lee	Keighley & Craven	703	1:00:19	5815	Alan Every	Teambath AC	803	1:03:02	5947	James Bailey	Vegan Runners UK
604	0:58:05	4280	Tim Wigley	Bourne Town Harri	704	1:00:20	4637	Neil Corbiere	Gateshead Harrier	804	1:03:04	4041	Warren Uden	Ashford AC
605	0:58:05	5630	Tim Davies	Silson Joggers AC	705	1:00:22	5554	Phil James	Saltwell Harriers	805	1:03:05	4163	Colin Hyde	Bexley AC
606	0:58:05	5331	Barry Young	North Shields Poly	706	1:00:23	4881	Shaun McGrath	Houghton Harriers	806	1:03:05	5716	Ian Stinson	Steel City Striders
607	0:58:05	4105	Andy Cohen-Wray	Bedford & County	707	1:00:27	4460	Mike Peters	Coventry Godiva H	807	1:03:07	5762	Peter Richardson	Sunderland Harrier
608	0:58:07	4599	James Garland	Elvet Striders	708	1:00:30	5304	Steve Bennett	North Derbyshire F	808	1:03:09	6047	Andy Watts	Wilmslow RC
609	0:58:08	5503	Paul Barrett	Sale Harriers Manc	709	1:00:38	4068	Martyn Knox	Aycliffe RC	809	1:03:11	4745	Jordan Marsh	Harrogate Tri Club
610	0:58:10	4960	Simon Neville	Keswick AAC	710	1:00:39	4901	Ker Macrosson	Ipswich Jaffa RC	810	1:03:12	5412	Stephen Mort	Preston Harriers
611	0:58:10	6031	Christopher Burgess	Wigan & District H	711	1:00:39	4656	John Musgrove	Gosforth Harriers	811	1:03:16	4972	Jason Buckley	Kirkstall Harriers
612	0:58:11	6036	Nick Bishop	Wilmslow RC	712	1:00:43	4780	Oliver Jardine	Heaton Harriers	812	1:03:18	6001	Andrew Redden	Wellingborough &
613	0:58:13	4085	Steve Darby	Barnsley AC	713	1:00:46	5328	Chris Waite	North Shields Poly	813	1:03:23	5006	Peter Taylor	Leamington Cyclin
614	0:58:13	6072	Nick Wilson	Wirral AC	714	1:00:47	5424	Mark Robinson	Quakers RC	814	1:03:30	5433	Mark Attenborough	Redhill RR
615	0:58:14	4274	Tony Gilbert	Bourne Town Harri	715	1:00:48	4660	Roger Alexander	Great Bentley RC	815	1:03:32	5776	David Groark	Sunderland Stroler
616	0:58:15	4594	Matt Claydon	Elvet Striders	716	1:00:49	4626	Ian Bubb	Folkestone RC	816	1:03:33	4726	Graeme Rolfe	Harborough AC
617	0:58:16	5725	Rob Taylor	Stockport Harriers	717	1:00:51	4651	Ray Robinson	Gateshead Harrier	817	1:03:35	5575	Ean Parsons	Sedgefield Harriers
618	0:58:19	5268	Howard Leek	Newark AC	718	1:00:52	5271	Andrew Tuttle	Newbury AC	818	1:03:35	4514	Peter Frankland	Denby Dale Travell
619	0:58:21	5801	Simon Thornhill	Sutton Runners	719	1:00:54	5060	Chris Sutton	Lincoln & District R	819	1:03:36	4207	John Cookson	Blackburn Harriers
620	0:58:22	5646	Kevin Ayre	South Shields Harri	720	1:00:57	4145	Adam Cooper	Belle Vue Racers	820	1:03:39	5783	Paul Lumsden	Sunderland Stroler
621	0:58:23	5147	Steve Davies	Mansfield Harriers	721	1:00:57	4399	Andrew Nesom	City of York AC	821	1:03:40	4080	Laurence Scheyvens	Barnet & District A
622	0:58:23	5272	Martin Bailey	Newcastle (Staffs)	722	1:00:59	5606	Richard Taylor	Serpentine RC	822	1:03:40	4579	Tom Hanson	Elswick Harriers
623	0:58:25	6009	Peter Gibson	Wesham RR	723	1:00:59	5775	Ritchie Gerry	Sunderland Stroler	823	1:03:41	5477	Wesley Young	Rochdale Harriers
624	0:58:27	5172	Peter Paprcka	Massey Ferguson f	724	1:00:59	4048	Stephen Pearson	Askern District RC	824	1:03:41	4081	Robert Scott	Barnet & District A
625	0:58:28	6089	Darren Edwards	Wolverhampton &	725	1:00:59	5665	Richard Nettleton	South Shields Harri	825	1:03:43	5136	Alan Webster	Macclesfield Harri
626	0:58:29	5532	Sean Cordell	Salford Harriers	726	1:01:01	4259	Iain Singer	Blyth RC	826	1:03:45	5988	Gary Lewis	Wallsend Harriers
627	0:58:30	6007	John Collier	Wesham RR	727	1:01:03	5636	Robin Dow	South London Harr	827	1:03:45	4680	Chris Mercer	Guildford & Godal
628	0:58:32	4485	Martin Rowe	Croydon Harriers	728	1:01:04	5672	Neil Yorston	South Shields Harri	828	1:03:45	4564	John Bowker	East Cheshire Harr
629	0:58:33	5772	Aidan Crowe	Sunderland Stroler	729	1:01:05	5250	Jon Pearce	New Marske Harri	829	1:03:47	5188	Christopher Adams	Middlesbrough & (
630	0:58:37	4273	Phil Galpin	Bourne Town Harri	730	1:01:05	5205	Steven Small	Middlesbrough & (830	1:03:49	4754	Dan Wilson	Harrow AC
631	0:58:38	5472	Ian Stainthorpe	Rochdale Harriers	731	1:01:07	5055	Joe Hurley	Leighton Buzzard A	831	1:03:50	4886	Gordon Crawford	Hyde Park Harriers
632	0:58:38	4929	Richard Archer	Kent AC	732	1:01:09	5059	Marcus Lancaster	Lincoln & District R	832	1:03:50	5243	Nigel Barnbrook	New Marske Harri
633	0:58:40	4161	Luis Crane	Bexley AC	733	1:01:10	6087	Duncan Davies	Wolverhampton &	833	1:03:51	4153	Robert Norman	Belper Harriers
634	0:58:41	4550	Stephen Marshall	Durham City Harri	734	1:01:11	5156	Andrew Fox	Manx Harriers	834	1:03:54	4613	Keith Wesson	Elvet Striders
635	0:58:42	5624	Ian Alexander-Barnes	Sheffield RC	735	1:01:11	4966	Anthony Budarkiewicz	Kingston AC & Poly	835	1:03:55	6096	Carl Morgan	Wolverhampton &
636	0:58:44	5483	Richard Stott	Rossendale Harrier	736	1:01:12	4102	Terry Wegg	Basingstoke & Mid	836	1:03:58	5930	Alan Roberts	Vale Of Aylesbury
637	0:58:44	5058	Ian Coney	Lincoln & District R	737	1:01:15	5171	Tony Hoy	Massey Ferguson f	837	1:03:59	4502	Peter Prior	Darlington Triathle
638	0:58:45	4767	Paul Mercer	Heanor RC	738	1:01:16	6003	Barry Wake	Wellingborough &	838	1:04:01	5780	Jon Kisler	Sunderland Stroler
639	0:58:46	5135	Graham Webster	Lytham St Annes R	739	1:01:17	5437	Martyn Mchale	Redhill RR	839	1:04:03	4494	Jeris Silvos	Darlington Harrier
640	0:58:48	4691	Andrew Merrell	Halesowen AC	740	1:01:18	4657	Kevin Thomas	Gosforth Harriers	840	1:04:03	5949	Peter Simpson	Vegan Runners UK
641	0:58:48	4773	Graham Whitt	Heanor RC	741	1:01:22	5756	Alan Kwebel	Sunderland Harrier	841	1:04:04	4426	Chris Lane	Clowne RR
642	0:58:50	4260	Graeme Stewart	Blyth RC	742	1:01:23	4255	Steve Dobby	Blyth RC	842	1:04:06	4587	Peter Sloan	Elswick Harriers
643	0:58:50	5993	James Torbett	Wallsend Harriers	743	1:01:26	4160	Thomas Clench	Bexley AC	843	1:04:07	4167	Tommy Taylor	Bexley AC
644	0:58:51	5568	Jason Catterall	Sedgefield Harriers	744	1:01:28	6112	Alistair Holford	Woodford Green A	844	1:04:09	5559	Paul Richardson	Saltwell Harriers
645	0:58:59	4270	Will Nicholson	Border Harriers & J	745	1:01:29	4348	Kevin Lomas	Charnwood AC	845	1:04:12	5110	Gordon Long	Low Fell RC
646	0:59:00	4566	Liam Browne	East Cheshire Harri	746	1:01:31	5917	Michael Good	Middlesbrough & (846	1:04:14	4325	Kevin Stackhouse	Burton AC
647	0:59:01	4246	Ian Young	Blackhill Bounders	747	1:01:33	4534	Clint Carnegie-Dean	Desford Striders	847	1:04:16	4360	Mick Judd	Chelmsford AC
648	0:59:03	5882	Richard Puxty	Tonbridge AC	748	1:01:34	4619	Adrian Frost	Eton Manor AC	848	1:04:17	4601	Aaron Gourley	Elvet Striders
649	0:59:06	4366	David Breingan	Chiltern Harriers A	749	1:01:35	5895	Dale Colclough	Trentham RC	849	1:04:18	5887	Charles Whitmore	Tonbridge AC
650	0:59:07	4977	Matthew Woodhouse	Kirkstall Harriers	750	1:01:35	4188	Martin Ludford	Birmingham Runni	850	1:04:22	5466	John Mayall	Rochdale Harriers
651	0:59:15	5149	John Harrison	Mansfield Harriers	751	1:01:36	4880	John McDermott	Houghton Harriers	851	1:04:24	5376	Brian Schofield	Oldham & Royton
652	0:59:15	4155	Andrew Rose	Belper Harriers	752	1:01:39	5714	Andy Buck	Steel City Striders	852	1:04:25	6121	Tom Sponyol	Woodford Green A
653	0:59:16	4985	Michael Gall	Knowsley Harriers	753	1:01:40	4156	Simon Stead	Belle Vue Racers	853	1:04:26	6092	Ian Harris	Wolverhampton &
654	0:59:17	4077	Joe Gomes	Barnet & District A	754	1:01:40	4242	Derren Sarginson	Blackhill Bounders	854	1:04:27	5777	Andrew Harrison	Sunderland Stroler
655	0:59:17	5881	Mark Pitcairn-Knowles	Tonbridge AC	755	1:01:41	4567	Francis Day	East Cheshire Harr	855	1:04:27	5620	Ray Powell	Shaftesbury Barne
656	0:59:18	5106	Les Cavanagh	Low Fell RC	756	1:01:44	4221	Richard Hall	Blackheath & Bron	856	1:04:28	5741	Nick Crane	Stubbington Greer
657	0:59:19	5705	Steve Smith	St Albans Striders	757	1:01:46	4435	Robert Wain	Clowne RR	857	1:04:32	4938	Bernie Hutchinson	Kent AC
658	0:59:20	4539	Biggs Andy	Durham City Harri	758	1:01:51	4518	Christopher Booth	Derby AC	858	1:04:33	5711	Ian Hodgkinson	Stafford Harriers
659	0:59:22	5203	Vinny Mullan	Middlesbrough & (759	1:01:52	4742	Patrick Craig	Harrogate Tri Club	859	1:04:35	4193	David Coulson	Birtley AC
660	0:59:23	4276	Shaun Hill	Bourne Town Harri	760	1:01:52	4728	Nick Andralojc	Harrogate Harriers	860	1:04:40	5206	Steven Smith	Middlesbrough & (
661	0:59:25	5170	Dave Conway	Massey Ferguson f	761	1:01:54	5813	Nick Hutchings	Team Balancise AC	861	1:04:42	4069	Peter Millburn	Aycliffe RC
662	0:59:25	5584	Michael Eyre**	Serpentine RC n/s	762	1:01:56	4336	Christof Schwiening	Cambridge & Coler	862	1:04:48	4606	Shaun Roberts	Elvet Striders
663	0:59:27	5994	James Berry	Wellingborough &	763	1:01:57	5557	Peter Mullankey	Saltwell Harriers	863	1:04:49	6006	John Bertenshaw	Wesham RR
664	0:59:27	5255	Clive Thornton	New Marske Harri	764	1:01:57	4218	Jamie Darling	Blackheath & Bron	864	1:04:51	4603	Michael Hughes	Elvet Striders
665	0:59:28	5474	Nick Walsh	Rochdale Harriers	765	1:01:59	5897	David Pickstock	Trentham RC	865	1:04:53	5900	Micky Baker	Tyne Bridge Harrie
666	0:59:29	4883	David Wallace	Houghton Harriers	766	1:02:00	5670	Peter Walker	South Shields Harri	866	1:04:53	5912	Alex Lockwood	Tyne Bridge Harrie
667	0:59:29	5319	Simon Ellis	North Shields Poly	767	1:02:00	5916	Nick Pearson	Tyne Bridge Harrie	867	1:04:55	4989	Billy Merritt	Knowsley Harriers
668	0:59:33	5492	Matthew Jones	Rotherham Harrier	768	1:02:01	4505	Reubon Burford	Dartford Harriers	868	1:04:58	5436	Clive Greyson	Redhill RR
669	0:59:34	5128	Terry Hellings	Lytham St Annes R	769	1:02:03	6111	Richard Hogg	Woodford Green A	869	1:05:02	4591	Mike Bennett	Elvet Striders
670	0:59:35	5778	Joe Kemp	Sunderland Stroler	770	1:02:03	4964	Pat Rooney	Kimberworth Strid	870	1:05:05	4278	Mick Howells	Bourne Town Harri
671	0:59:36	4165	Stephen Lawrence	Bexley AC	771	1:02:06	5473	Mark Walker	Rochdale Harriers	871	1:05:06	5981	Neil Armstrong	Wallsend Harriers
672	0:59:36	5909	John Hurse	Tyne Bridge Harrie	772	1:02:06	4146	Christopher McDermott	Belle Vue Racers	872	1:05:10	5990	George Nicholson	Wallsend Harriers
673	0:59:39	4693	Alex Morgan	Halesowen AC	773	1:02:06	4009	Jaime Del Campo	Aldershot Farnharr	873	1:05:14	4666	John Hargreaves	Great Western Rui
674	0:59:42	5425	Steve Snook	Quakers RC	774	1:02:09	4672	Andy Baker	Guildford & Godal	874	1:05:20	4531	Jason Taylor	Derwentside AC
675	0:59:45	4682	Adam Stirik	Guildford & Godal	775	1:02:10	4823	Martin Bright	Highgate Harriers	875	1:05:21	4878	Ross Lambton	Houghton Harriers
676	0:59:46	4659	Arthur Short	Grantham AC	776	1:02:12	5317	Neil Dick	North Shields Poly	876	1:05:23	4675	Alistair Gibson	Guildford & Godal
677	0:59:48	5196	Mark Evans	Middlesbrough & (777	1:02:12	5471	Kristian Robinson	Rochdale Harriers	877	1:05:24	5652	Aaron Day	South Shields Harri
678	0:59:49	5626	John Doherty	Sheffield RC	778	1:02:15	6122	Paul Stockings	Woodford Green A	878	1:05:27	4323	Eamon O'Hanlon	Burton AC
679	0:59:49	6068	Myles Robertson	Wirral AC	779	1:02:17	4945	Stuart Scott	Kent AC	879	1:05:27	4873	David Dickinson	Houghton Harriers
680	0:59:52	5835	Richard Bell	Thames Valley Har	780	1:02:17	4480	Neil Aikman	Croydon Harriers	880	1:05:28	5799	David Mcgranaghan	Sutton Runners
681	0:59:52	4164	Martin Jenner	Bexley AC	781	1:02:17	4047	Daniel O'Grady	Asken District RC	881	1:05:30	5878	Alex Hookway	Tonbridge AC
682	0:59:55	4092	Tom White	Barnsley AC	782	1:02:17	5148	Jonathan Hardy	Mansfield Harriers	882	1:05:35	4614	Conrad White	Elvet Striders
683	0:59:57	4975	Adam Moger	Kirkstall Harriers	783	1:02:20	5202	Kavanagh Mike	Middlesbrough & (883	1:05:38	4943	Adrian Savage	Kent AC
684	0:59:58	4084	David Crossley	Barnsley AC	784	1:02:21	5643	Steve Vincent	South London Harr	884	1:05:41	4743	Alistair Grant	Harrogate Tri Club
685	0:59:59	4774	Thomas Andrew Bell	Heaton Harriers	785	1:02:22	4677	Matthew King	Guildford & Godal	885	1:05:48	4477	Eric Moore	Cro

2013 National XC Senior Men

6 to count

23 February 2013

Team Pos	Points	Team / Club	Placings
1	153	Morpeth Harriers & AC	(8 11 15 21 46 52)
2	169	Leeds City AC	(7 16 17 28 43 58)
3	195	Tipton Harriers	(13 18 23 44 47 50)
4	261	Bedford & County AC	(3 31 33 49 54 91)
5	262	Notts AC	(12 27 34 59 63 67)
6	337	Kent AC	(10 38 55 65 71 98)
7	373	Newham & Essex Beagles	(1 22 48 62 69 171)
8	401	Highgate Harriers	(4 37 56 64 114 126)
9	597	Salford Harriers	(30 40 90 93 162 182)
10	663	Aldershot Farnham & District AC	(14 61 66 144 176 202)
11	737	Blackheath & Bromley Harriers	(6 73 101 142 188 227)
12	762	Stockport Harriers & AC	(2 26 89 117 191 337)
13	855	Coventry Godiva Harriers	(51 68 115 168 209 244)
14	969	Owls AC	(35 77 139 177 183 358)
15	1027	Serpentine RC	(19 81 97 103 340 387)
16	1262	Tonbridge AC	(42 131 208 261 294 326)
17	1428	Border Harriers & AC	(20 87 229 348 370 374)
18	1440	Herne Hill Harriers	(133 140 158 271 329 409)
19	1587	Sunderland Harriers & AC	(179 220 249 300 311 328)
20	1642	Keswick AAC	(70 82 284 335 364 507)
21	1683	Woodford Green AC with Essex Ladies	(121 132 146 224 316 744)
22	1757	Hillingdon AC	(157 180 259 306 427 428)
23	1824	Bournville Harriers	(248 260 268 293 373 382)
24	1847	Gateshead Harriers & AC	(206 234 308 351 359 389)
25	1861	Charnwood AC	(147 174 184 218 393 745)
26	1937	London Heathside AC	(130 223 256 407 444 477)
27	1979	Rotherham Harriers & AC	(85 110 211 377 528 668)
28	2031	Brighton & Hove AC	(99 127 201 288 312 1004)
29	2072	Durham City Harriers & AC	(5 36 267 472 634 658)
30	2091	York Knavesmire Harriers	(102 262 287 401 484 555)
31	2171	North Derbyshire RC	(210 217 297 342 547 558)
32	2223	Wolverhampton & Bilston AC	(143 323 367 430 468 492)
33	2234	Halesowen AC	(258 276 324 375 433 568)
34	2235	South Shields Harriers & AC	(246 349 381 408 425 426)
35	2273	New Marske Harriers	(135 187 290 309 664 688)
36	2441	Sheffield RC	(9 193 357 569 635 678)
37	2497	Wirral AC	(283 404 411 417 440 542)
38	2563	Wallsend Harriers & AC	(106 242 338 533 643 701)
39	2598	Tyne Bridge Harriers	(299 339 416 438 531 575)
40	2733	Sunderland Strollers	(196 341 383 587 597 629)
41	2803	Elswick Harriers	(253 412 487 524 546 581)
42	2917	North Shields Polytechnic	(254 400 424 566 606 667)
43	2933	East Cheshire Harriers & Tameside AC	(129 406 419 578 646 755)
44	2940	Jarrow & Hebburn AC	(141 302 420 491 691 895)
45	3087	Wallasey AC	(334 346 461 505 510 931)
46	3104	Birtley AC	(372 385 482 497 509 859)
47	3137	Heaton Harriers	(318 398 504 520 685 712)
48	3138	Low Fell RC	(320 336 515 521 656 790)
49	3145	Askern District RC	(369 384 423 464 724 781)
50	3146	Crook & District AC	(295 445 462 508 551 885)

2013 National XC Senior Men 6 to count

23 February 2013

Team Pos	Points	Team / Club	Placings
51	3163	Middlesbrough & Cleveland Harriers	(86 265 659 677 730 746)
52	3167	Sedgefield Harriers	(330 399 405 644 692 697)
53	3273	Barnsley AC	(278 466 550 613 682 684)
54	3313	City of York AC	(413 429 452 598 700 721)
55	3341	Clowne RR	(195 222 582 757 789 796)
56	3420	Rochdale Harriers & AC	(376 410 567 631 665 771)
57	3475	Wellingborough & District AC	(422 467 592 593 663 738)
58	3505	Elvet Striders	(496 543 544 608 616 698)
59	3581	Wesham RR	(145 414 623 627 863 909)
60	3623	Guildford & Godalming AC	(281 518 590 675 774 785)
61	3633	Saltwell Harriers	(403 458 460 705 763 844)
62	3645	Bourne Town Harriers	(266 604 615 630 660 870)
63	3878	Quakers RC	(291 486 674 714 799 914)
64	3892	South London Harriers	(394 478 479 727 784 1030)
65	3921	Bexley AC	(388 633 671 681 743 805)
66	3953	Houghton Harriers & AC	(361 594 666 706 751 875)
67	4012	Wilmslow RC	(172 315 612 808 1032 1073)
68	4077	Newark AC	(396 474 602 618 960 1027)
69	4108	Knowsley Harriers AC	(272 534 653 702 867 1080)
70	4150	Blackhill Bounders	(279 548 647 754 945 977)
71	4198	Lytham St Annes RRC	(481 579 639 669 912 918)
72	4277	Eton Manor AC	(264 694 695 748 917 959)
73	4517	Blyth RC	(473 642 726 742 938 996)
74	4548	Derwentside AC	(536 580 690 874 893 975)
75	4649	Sutton Runners	(538 584 619 880 947 1081)
76	4705	Belle Vue Racers	(693 720 753 772 802 965)
77	4825	Harrogate Tri Club	(356 759 809 884 961 1056)
78	5002	Great Western Runners	(563 570 873 911 1038 1047)
79	5091	Kirkstall Harriers	(650 683 811 888 983 1076)

2013 National XC Senior Men

9 to count

23 February 2013

Team Pos	Points	Team / Club	Placings
1	382	Morpeth Harriers & AC	(8 11 15 21 46 52 74 75 80)
2	423	Leeds City AC	(7 16 17 28 43 58 78 84 92)
3	579	Notts AC	(12 27 34 59 63 67 79 118 120)
4	651	Bedford & County AC	(3 31 33 49 54 91 109 128 153)
5	672	Tipton Harriers	(13 18 23 44 47 50 122 152 203)
6	969	Highgate Harriers	(4 37 56 64 114 126 138 214 216)
7	1095	Kent AC	(10 38 55 65 71 98 156 181 421)
8	1673	Aldershot Farnham & District AC	(14 61 66 144 176 202 251 313 446)
9	1738	Salford Harriers	(30 40 90 93 162 182 365 379 397)
10	1848	Blackheath & Bromley Harriers	(6 73 101 142 188 227 245 350 516)
11	2484	Serpentine RC	(19 81 97 103 340 387 418 485 554)
12	2824	Coventry Godiva Harriers	(51 68 115 168 209 244 310 707 952)
13	3028	Tonbridge AC	(42 131 208 261 294 326 463 648 655)
14	3063	Sunderland Harriers & AC	(179 220 249 300 311 328 355 380 741)
15	3158	Border Harriers & AC	(20 87 229 348 370 374 512 573 645)
16	3498	Gateshead Harriers & AC	(206 234 308 351 359 389 402 545 704)
17	3582	London Heathside AC	(130 223 256 407 444 477 513 541 591)
18	3792	South Shields Harriers & AC	(246 349 381 408 425 426 437 535 585)
19	3824	Bournville Harriers	(248 260 268 293 373 382 459 574 967)
20	3886	Wolverhampton & Bilston AC	(143 323 367 430 468 492 530 556 577)
21	3957	Hillingdon AC	(157 180 259 306 427 428 514 792 894)
22	4082	Woodford Green AC with Essex Ladies	(121 132 146 224 316 744 769 778 852)
23	4233	Halesowen AC	(258 276 324 375 433 568 640 673 686)
24	4636	Tyne Bridge Harriers	(299 339 416 438 531 575 599 672 767)
25	4730	Wirral AC	(283 404 411 417 440 542 614 679 940)
26	4740	New Marske Harriers	(135 187 290 309 664 688 729 832 906)
27	4941	Sunderland Strollers	(196 341 383 587 597 629 670 723 815)
28	5067	Elswick Harriers	(253 412 487 524 546 581 600 822 842)
29	5132	Wallsend Harriers & AC	(106 242 338 533 643 701 826 871 872)
30	5328	North Shields Polytechnic	(254 400 424 566 606 667 713 776 922)
31	5635	Middlesbrough & Cleveland Harriers	(86 265 659 677 730 746 783 829 860)
32	5870	Rochdale Harriers & AC	(376 410 567 631 665 771 777 823 850)
33	5887	Low Fell RC	(320 336 515 521 656 790 845 896 1008)
34	6044	Clowne RR	(195 222 582 757 789 796 841 908 954)
35	6049	Elvet Striders	(496 543 544 608 616 698 834 848 862)
36	6097	Wallasey AC	(334 346 461 505 510 931 971 1010 1029)
37	6669	Bexley AC	(388 633 671 681 743 805 843 916 989)

2013 National XC Senior Women

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:29:31	Louise Damen	Winchester & District AC	101	0:36:52	Fee Maycock	Belgrave Harriers	201	0:40:56	Laura D'albey	Belgrave Harriers
2	0:30:31	Sonia Samuels	Sale Harriers Manchester	102	0:36:54	Sarah Mackness	Telford AC	202	0:41:00	Nicola Woodward	Aurora Harriers
3	0:30:40	Gemma Steel	Charnwood AC	103	0:36:56	Claire McManus	North Shields Polytechnic	203	0:41:01	Katherine Hoyland	Lytham St Annes RRC
4	0:30:54	Emma Clayton	Bingley Harriers & AC	104	0:36:56	Linda Howell	Bournville Harriers	204	0:41:01	Nicky Mowat	Wilmslow RC
5	0:31:01	Olivia Walwyn-Bush	City Of Norwich AC	105	0:36:58	Julia Leventon	Trafford AC	205	0:41:04	Natasha Cendrowicz	Highgate Harriers
6	0:31:06	Georgie Bruinvels	Aldershot Farnham & District AC	106	0:36:59	Aiveen Fox	Durham City Harriers & AC	206	0:41:04	Fiona Shenton	Elvet Striders
7	0:31:07	Juliet Doyle	Charnwood AC	107	0:37:00	Julie Caddick	Tipton Harriers	207	0:41:05	Marianne Hensman	Bournville Harriers
8	0:31:10	Frances Briscoe	Coventry Godiva Harriers	108	0:37:01	Deb Blakeman	Wolverhampton & Bilston AC	208	0:41:05	Ilona Bagi	Serpentine RC
9	0:31:31	Lily Partridge	Aldershot Farnham & District AC	109	0:37:07	Laura Jardine	Heaton Harriers	209	0:41:06	Louise Kemp	Wellingborough & District AC
10	0:31:34	Katie Brough	Warrington AC	110	0:37:07	Ruth Ross	Hallamshire Harriers	210	0:41:07	Lauren Fawke	Folkestone RC
11	0:31:46	Emily Pidgeon	Aldershot Farnham & District AC	111	0:37:14	Amber-Sian Magee	Charnwood AC	211	0:41:08	Lisa Atkinson	Gateshead Harriers & AC
12	0:31:46	Claire Duck	Leeds City AC	112	0:37:21	Heather Robinson	Jarrow & Hebburn AC	212	0:41:11	Maggie Lorraine	Gateshead Harriers & AC
13	0:31:51	Sarah Tunstal	Kendal AC	113	0:37:22	Tracy Barlow	Thames Valley Harriers	213	0:41:15	Judith Shotton	Sunderland Strollers
14	0:32:12	Lauren Deadman	Havering Mayesbrook AC	114	0:37:23	Hayley Cavill	Sale Harriers Manchester	214	0:41:18	Anna Blomfield	Rochdale Harriers & AC
15	0:32:14	Katie Walshaw	Holmfirth Harriers AC	115	0:37:26	Mary Ferrier	Gateshead Harriers & AC	215	0:41:23	Lindsay Chapman	Blyth RC
16	0:32:17	Steph Twell	Aldershot Farnham & District AC	116	0:37:27	Kathryn Stuart	Sphinx AC	216	0:41:25	Vikki Hardwicke	Rosendale Harriers & AC
17	0:32:29	Tish Jones	Belgrave Harriers	117	0:37:29	Elspeth Storrar	London Heathside AC	217	0:41:26	Jenny Thomas	Woodford Green AC with Essex Ladi
18	0:32:38	Samantha Johnson	Rotherham Harriers & AC	118	0:37:32	Genevieve Brouke	Serpentine RC	218	0:41:30	Joanne Street	Sale Harriers Manchester
19	0:32:40	Alison Greggor	Aldershot Farnham & District AC	119	0:37:34	Sarah Lister	Blackhill Bounders	219	0:41:33	Natalie Pullin	Birmingham Running Athletics & Tri
20	0:32:42	Polly Keen	Havant AC	120	0:37:40	Sophie Lovell	Leeds City AC	220	0:41:34	Helen Gallagher	South Shields Harriers & AC
21	0:32:48	Elaine Murty	Blackheath & Bromley Harriers	121	0:37:38	Kim Mceneany	Wallasey AC	221	0:41:37	Katie Scott	Houghton Harriers & AC
22	0:32:52	Lucy O'gorman	Sale Harriers Manchester	122	0:37:39	Zara Hyde-Peters	Coventry Godiva Harriers	222	0:41:37	Jill Kisler	Sunderland Strollers
23	0:32:54	Lennie Waite	Aldershot Farnham & District AC	123	0:37:40	Carla Denney	Serpentine RC	223	0:41:39	Phillipa James	Rotherham Harriers & AC
24	0:32:59	Claire Martin	Telford AC	124	0:37:40	Cath Holden	Tipton Harriers	224	0:41:39	Janine Ellis	Wilmslow RC
25	0:33:04	Louise Small	Aldershot Farnham & District AC	125	0:37:41	Sharon Bulman	New Marske Harriers	225	0:41:39	Louise Priestley	Blackhill Bounders
26	0:33:08	Nicole Roberts	Birchfield Harriers	126	0:37:42	Michelle Avery	Sunderland Harriers & AC	226	0:41:40	Melanie Haughan	Saltwell Harriers
27	0:33:10	Tamara Amoush	Birchfield Harriers	127	0:37:42	Lowri Richards	Tonbridge AC	227	0:41:42	Emma MacQueen	East Cheshire Harriers & Tameside /
28	0:33:12	Jackie Fairchild	Trafford AC	128	0:37:47	Sally Mhlanga	Chelmsford AC	228	0:41:47	Kate Sergeant	Claremont RR & AC
29	0:33:15	Dionne Allen	Leigh Harriers & AC	129	0:37:48	Tania Hernandez **	Salford Harriers n/s	229	0:41:49	Joan Clarke	Stourbridge RC
30	0:33:17	Jenny Jagger	Bristol & West AC	130	0:37:51	Kath Farquhar	Holmfirth Harriers AC	230	0:41:51	Catherine Hall	Wirral AC
31	0:33:19	Katie Good	Stockport Harriers & AC	131	0:37:56	Hannah Griffiths	Trafford AC	231	0:41:51	Rachel Gibson	Wolverhampton & Bilston AC
32	0:33:21	Tess Parkinson	Wolverhampton & Bilston AC	132	0:37:59	Kerry Storrar	Barnsley AC	232	0:41:51	Mariah Silva	Border Harriers & AC
33	0:33:28	Charlotte Firth	Windsor Slough Eton & Hounslow AC	133	0:38:00	Sarah Flanagan	Eton Manor AC	233	0:41:54	Sue Dicks	Loftus & Whitby AC
34	0:33:28	Alex Snook	Jarrow & Hebburn AC	134	0:38:06	Caroline Mayers	Manx Harriers	234	0:41:59	Louise Blizzard	Belgrave Harriers
35	0:33:36	Eleanor Fowler	Nuneaton Harriers	135	0:38:09	Jan Nicholls	Sale Harriers Manchester	235	0:42:00	Zoe Woodward	Eton Manor AC
36	0:33:39	Zanthe Wray	Hallamshire Harriers	136	0:38:15	Jackie Halford	Wolverhampton & Bilston AC	236	0:42:01	Candy Hawkins	Ashford AC
37	0:33:44	Kelly Rushton	City Of Norwich AC	137	0:38:16	Helen Palmer	Serpentine RC	237	0:42:03	Helen Grainger	Hallamshire Harriers
38	0:33:54	Amanda Crook	Southport Waterloo AC	138	0:38:18	Sara Roberts	Bournville Harriers	238	0:42:04	Diane Osborn	Tonbridge AC
39	0:33:58	Bryony Proctor	Aldershot Farnham & District AC	139	0:38:20	Leanne Robertson	Blackhill Bounders	239	0:42:09	Emma Dodd	Wharfedale Harriers
40	0:33:59	Steph Burns	Rotherham Harriers & AC	140	0:38:22	Sue Phillips	Darlington Harriers & AC	240	0:42:14	Charlotte Spencer	Claremont RR & AC
41	0:34:07	Nicola Squires	Hallamshire Harriers	141	0:38:25	Laura Johnson	Charnwood AC	241	0:42:21	Becky Clifton	Bridlington RR
42	0:34:10	Nicola Rogers	Colchester Harriers AC	142	0:38:35	Rhiannon Silson	Border Harriers & AC	242	0:42:22	Ashleigh Ewen	Kirkstall Harriers
43	0:34:11	Suzie Richards	Leeds City AC	143	0:38:37	Emma Brown	Bridlington RR	243	0:42:26	Caroline Ringrow	Serpentine RC
44	0:34:12	Alana Gill	Bingley Harriers & AC	144	0:38:38	Kathryn Morgans	Wolverhampton & Bilston AC	244	0:42:31	Jill Bennett	Elswick Harriers
45	0:34:13	Sue Rust	London Heathside AC	145	0:38:40	Hester Barsham-Rolf	Belgrave Harriers	245	0:42:33	Estelle Fenton	Tonbridge AC
46	0:34:17	Rebecca Glover	Serpentine RC	146	0:38:41	Sue Davies	Tipton Harriers	246	0:42:34	Sharon Tansley	Valley Striders AC
47	0:34:20	Natalie Farrow	Lincoln Wellington AC	147	0:38:45	Helen Ward	Serpentine RC	247	0:42:37	Juliet Percival	Elvet Striders
48	0:34:22	Rachel Robinson	Aldershot Farnham & District AC	148	0:38:47	Laura Denison	Serpentine RC	248	0:42:38	Vicky Felton	Barnsley AC
49	0:34:24	Alison Lavender	Oswestry Olympians	149	0:38:48	Sophie Marr	Tyne Bridge Harriers	249	0:42:39	Clairy Miller	London Heathside AC
50	0:34:36	Kate Goodhead	Bristol & West AC	150	0:38:49	Carolyn Gaunt	Sheffield RC	250	0:42:39	Sarah Garrett	Saltwell Harriers
51	0:34:37	Sarah Pemberton	Serpentine RC	151	0:38:49	Laura Stenton	Hallamshire Harriers	251	0:42:39	Lisa Pettit	Serpentine RC
52	0:34:38	Marina Johnson	Serpentine RC	152	0:38:50	Jackie Keavney	Richmond & Zetland Harriers	252	0:42:44	Amanda Hardy	Mansfield Harriers
53	0:34:50	Victoria Callaway	Charnwood AC	153	0:38:58	Marta Bagnati	Serpentine RC	253	0:42:47	Sara Habib	Kenilworth Runners
54	0:34:56	Clare Mckeown	Border Harriers & AC	154	0:38:58	Linda Bone	South Shields Harriers & AC	254	0:42:49	Julie Delahaye-Slater	Bournville Harriers
55	0:34:58	Emma Holt	Morpeth Harriers & AC	155	0:39:00	Alison Sugars	Stopsley Striders	255	0:42:51	Victoria Cocking	Bourne Town Harriers
56	0:35:04	Helen Berry	Holmfirth Harriers AC	156	0:39:01	Linda Noble	Darlington Harriers & AC	256	0:42:51	Marie Drozdowicz	Elswick Harriers
57	0:35:06	Alex Gounelas	Eton Manor AC	157	0:39:03	Claire Spencer	Kimberworth Striders	257	0:42:56	Cheryl Parkin	Low Fell RC
58	0:35:11	Elaine Leslie	Jarrow & Hebburn AC	158	0:39:05	Tamara Ball	Bromsgrove & Redditch AC	258	0:42:58	Fern Freeman	Durham City Harriers & AC
59	0:35:12	Amanda Vernon	Trentham RC	159	0:39:11	Ashleigh Thorpe	Sunderland Strollers	259	0:42:59	Val Clarke	Darlington Harriers & AC
60	0:35:15	Isabel Brinsden	Epsom & Ewell Harriers	160	0:39:15	Kath Aspin	New Marske Harriers	260	0:43:00	Rebecca Forster	South Shields Harriers & AC
61	0:35:16	Jodie Spencer	Vale Royal AC	161	0:39:25	Andrea Banner	Elswick Harriers	261	0:43:06	Joanne Ellis	Crook & District AC
62	0:35:20	Linda Jackson	Woodford Green AC with Essex Ladies	162	0:39:28	Jenny Brignall	Heaton Harriers	262	0:43:06	Caroline Holmes	Crook & District AC
63	0:35:21	Kate Spilsbury	Vale Royal AC	163	0:39:33	Rachel Ball	Sunderland Strollers	263	0:43:19	Carrie Creamer	Wolverhampton & Bilston AC
64	0:35:22	Becky Gardiner	Shaftesbury Barnet Harriers	164	0:39:36	Sarah Knox	Serpentine RC	264	0:43:26	Maresa Bell	Blackhill Bounders
65	0:35:25	Amie Fithem	Tipton Harriers	165	0:39:37	Julia Jackson	Loftus & Whitby AC	265	0:43:27	Angela Charlton	South Shields Harriers & AC
66	0:35:27	Charlotte Green	Bristol & West AC	166	0:39:39	Nina Cameron	Heaton Harriers	266	0:43:30	Susan Davis	Elvet Striders
67	0:35:30	Jess Fawcett	Rotherham Harriers & AC	167	0:39:42	Jemma-Louise Bell	Gateshead Harriers & AC	267	0:43:35	Spink Jane	Sedgefield Harriers
68	0:35:31	Rachel Cave	Team Balinace AC	168	0:39:44	Wanda Sanchez	London Heathside AC	268	0:43:47	Alex Wardle	Woodford Green AC with Essex Ladi
69	0:35:38	Emma Willits	City of York AC	169	0:39:49	Sarah Lowery	Sheffield RC	269	0:43:53	Sandra Prosser	Ranelagh Harriers
70	0:35:46	Lyndsay Clarke	Stockport Harriers & AC	170	0:39:53	Katie Lomas	Charnwood AC	270	0:43:53	Rosemary Wilson	Trentham RC
71	0:35:53	Sarah Griffiths	Leigh Harriers & AC	171	0:39:57	Suzanne Gutcher	South Shields Harriers & AC	271	0:43:57	Fiona Wilson	Richmond & Zetland Harriers
72	0:35:55	Nannah Bateson	Lancaster & Morecambe AC	172	0:39:57	Christine Anthony	West Suffolk AC	272	0:43:58	Nina Jensen	Claremont RR & AC
73	0:35:59	Louisa Pickles	Wharfedale Harriers	173	0:39:57	Bev Ganose	Altrincham & District AC	273	0:43:58	Nicola Cumley	Bournville Harriers
74	0:36:01	Lauren Stewart	Woodford Green AC with Essex Ladies	174	0:40:02	Julie Wargent	Team Balinace AC	274	0:44:00	Judy Allison	Bridlington RR
75	0:36:02	Alison Dargie	Elswick Harriers	175	0:40:05	Jessica Bass	Thames Valley Harriers	275	0:44:01	Leonie Clitherow	Bournville Harriers
76	0:36:06	Myshola Kirkham	Coventry Godiva Harriers	176	0:40:08	Esther Hope	City Of Norwich AC	276	0:44:03	Roz Layton	Elvet Striders
77	0:36:08	Claire Green	Pudsey & Bramley AC	177	0:40:10	Marie Voice	Kenilworth Runners	277	0:44:03	Emma Avis	Tonbridge AC
78	0:36:09	Maria Snell	Lancaster & Morecambe AC	178	0:40:13	Sarah Rock	Bournville Harriers	278	0:44:05	Paula Atkinson	South Shields Harriers & AC
79	0:36:12	Samantha Amend	Belgrave Harriers	179	0:40:14	Marie Synnott-Wells	Ranelagh Harriers	279	0:44:06	Lauren Davies	Sale Harriers Manchester
80	0:36:13	Sally Morley	Ilkley Harriers & AC	180	0:40:15	Charlotte Sticking	Blackheath & Bromley Harriers	280	0:44:07	Jenna Maynard	Sunderland Strollers
81	0:36:14	Angela Howe	London Heathside AC	181	0:40:15	Fiona Alexander	Ripley Running Club	281	0:44:09	Hayley Masterman	Blyth RC
82	0:36:16	Victoria Crawford	Serpentine RC	182	0:40:18	Lucy Needham	Holmfirth Harriers AC	282	0:44:10	Megan Bell	Elvet Striders
83	0:36:17	Eloise Lee	Birmingham Running Athletics & Tri	183	0:40:27	Lucy Ellis	Great Western Runners	283	0:44:12	Karen Clark	Bourne Town Harriers
84	0:36:18	Sarah Kearney	Wirral AC	184	0:40:29	Joanne Finch	Notts AC	284	0:44:16	Ann Kitchen	Newark AC
85	0:36:20	Megan Ellis	Loftus & Whitby AC	185	0:40:30	Jo Bolton	Kimberworth Striders	285	0:44:19	Moyna Magowan	Sunderland Strollers
86	0:36:20	Jenny Reed	Notts AC	186	0:40:32	Helen Grant	Cambridge & Coleridge AC	286	0:44:22	Alison Bone	South Shields Harriers & AC
87	0:36:21	Clare Thompson	Sheffield RC	187	0:40:33	Heather Christopher	Blyth RC	287	0:44:24	Pearl Bayford	Bridlington RR
88	0:36:23	Gail Griffiths	Manx Harriers	188	0:40:36	Lucy Jefferies	Quakers RC	288	0:44:26	Helen Higgins	Sunderland Harriers & AC
89	0:36:24	Vikki Hayes	Chelmsford AC	189	0:40:38	Joanne Worboys-Ho	Denby Dale Travellers	289	0:44:29	Catriona Turnbull	Great Western Runners
90	0:36:27	Kelly Hewitson	Hallamshire Harriers	190	0:40:39	Lorna Graham	Birtley AC	290	0:44:32	Dianne Priestley	Kendal AC
91	0:36:30	Jo Bradford	Leicester Coritanian AC	191	0:40:42	Mel Koth	Lytham St Annes RRC	291	0:44:37	Rae Moorhouse	Wolverhampton & Bilston AC
92	0:36:33	Josephine Rhodes	Belgrave Harriers	192	0:40:44	Hazel Davies	Keswick AAC	292	0:44:41	Julie Cross	Claremont RR & AC
93	0:36:35	Sam Ludlow Taylor	Serpentine RC	193	0:40:45	Jayne Mumford	Coventry Godiva Harriers	293	0:44:47	Diane Herrington	Scarborough AC
94	0:36:36	Claire Robson	Hallamshire Harriers	194	0:40:46	Claire Diamond-How	Low Fell RC	294	0:44:50	Hannah Fox	Wolverhampton & Bilston AC
95	0:36:37	Julia Wedmore	Herne Hill Harriers	195	0:40:49	Lisa Bennett	New Marske Harriers	295	0:44:52	Kelly Bentley	Houghton Harriers & AC
96	0:36:43	Jennifer Bradley	Serpentine RC	196	0:40:51	Penny Barber	Tipton Harriers	296	0:44:57	Jude Glyn	Bournville Harriers
97	0:36:45	Debbie Thomas	Trentham RC	197	0:40:52	Susanne Hunter	Blyth RC	297	0:45:00	Jenny Friend	Heaton Harriers
98	0:36:46	Deanna Laforet	Serpentine RC	198	0:40:52	Janine Ridgard	East Cheshire Harriers & Tameside AC	298	0:45:01	Tracey Hulme	Wesham RR
99	0:36:47	Catherine Charlton	Redhill RR	199	0:40:53	Rachel Bentley	Durham City Harriers & AC	299	0:45:06	Catherine O'connor	Folkestone RC
100	0:36:51	Kate Malcolm	Eton Manor AC	200	0:40:55	Abbie Smith	Middlesbrough & Cleveland Harriers	300	0:45:11	Sarah Sherratt	Wesham RR

2013 National XC Senior Women

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
301	0:45:11	Susan Milburn	Aycliffe RC	402	0:53:50	Stephanie Vaatz	Serpentine RC				
302	0:45:15	Julie Richardson	Gateshead Harriers & AC	403	0:53:54	Nina Birch	Wilmslow RC				
303	0:45:20	Amanda Hillary	Sheffield RC	404	0:54:00	Tracey Warrior	Aycliffe RC				
304	0:45:23	Sofia Holder	Serpentine RC	405	0:54:10	Tracy Brown	Sedgefield Harriers				
305	0:45:24	Rachel Smith	Serpentine RC	406	0:54:24	Jill Stocks	Kirkstall Harriers				
306	0:45:32	Diane Baines	Sedgefield Harriers	407	0:54:55	Emma Freeman	Blyth RC				
307	0:45:32	Alison Booth	Derby AC	408	0:54:56	Helen Mullarkey	Saltwell Harriers				
308	0:45:35	Carol Beattie	Steel City Striders	409	0:55:13	Margaret Smith	Low Fell RC				
309	0:45:36	Joanne Hazell	Border Harriers & AC	410	0:55:15	Katrina D'Netto	Barnsley AC				
310	0:45:36	Ali Wilson	Border Harriers & AC	411	0:55:26	Jennifer Hall	Eton Manor AC				
311	0:45:40	Andrea Ansell	Middlesbrough & Cleveland Harriers	412	0:56:06	Emma Detchon	Elvet Striders				
312	0:45:41	Carol Palin	Loftus & Whitby AC	413	0:57:01	Christine Leathley	Clayton-Le-Moors Harriers				
313	0:45:41	Charlene Albinson	Loftus & Whitby AC	414	0:57:19	Laura Tedstone	Aurora Harriers				
314	0:45:45	Val Metcalf	Serpentine RC	415	0:57:25	Victoria Taylor	Hyde Park Harriers				
315	0:46:05	Carolyn Hirons	Wilmslow RC	416	0:57:52	Antoinette Franco	Ripley Running Club				
316	0:46:07	Christine Hearmon	Sedgefield Harriers	417	0:58:03	Jan Brookes	Wolverhampton & Bilston AC				
317	0:46:08	Penel Fixter	Herne Hill Harriers	418	0:58:19	Debbie McRory	Claremont RR & AC				
318	0:46:10	Angela Forte	Ripley Running Club	419	0:58:24	Ann Cherry	East Cheshire Harriers & Tameside AC				
319	0:46:12	Debs Goddard	Elvet Striders	420	0:59:52	Susan Allen	Clayton-Le-Moors Harriers				
320	0:46:12	Shamiso Sisimayi	Kirkstall Harriers	421	1:00:08	Sarah Everett	Denby Dale Travellers				
321	0:46:13	Carmel Harrison	Rothwell Harriers	422	1:00:11	Helen Boyer	Preston Harriers				
322	0:46:15	Jill Phillips	Trentham RC	423	1:02:08	Sue Jennings	Elvet Striders				
323	0:46:17	Katy Walton	Elvet Striders	424	1:03:35	Dawn Lock	Lytham St Annes RRC				
324	0:46:18	Catherine Mills	Great Western Runners	425	1:04:25	Joanne Richardson	Elvet Striders				
325	0:46:20	Lisa Walker	Tyne Bridge Harriers	426	1:05:08	Ruby Ooi	Stourbridge RC				
326	0:46:28	Stef Barlow	Elvet Striders	427	1:08:38	Heather Aston	Leamington Cycling & Athletic Club				
327	0:46:30	Ashleigh Little	South Shields Harriers & AC								
328	0:46:31	Lisa Oliver	South Shields Harriers & AC								
329	0:46:35	Karen Brooks	Wolverhampton & Bilston AC								
330	0:46:45	Claire Bruce	Morpeth Harriers & AC								
331	0:46:55	Jan Young	Elvet Striders								
332	0:46:59	Claire Wilkinson	Denby Dale Travellers								
333	0:47:01	Teresa Douglas	Border Harriers & AC								
334	0:47:04	Sue Exon	Trafford AC								
335	0:47:06	Marion Muir	Kirkstall Harriers								
336	0:47:07	Kay Richardson	Aurora Harriers								
337	0:47:08	Helen Morris	Blyth RC								
338	0:47:11	Tracey Birbeck	Crook & District AC								
339	0:47:11	Fiona Marley-Paners	Elswick Harriers								
340	0:47:16	Marie Walker	Sedgefield Harriers								
341	0:47:17	Sheela Kennedy	Kenilworth Runners								
342	0:47:20	Tracey Emmett	South Shields Harriers & AC								
343	0:47:27	Val Baxter	Birtley AC								
344	0:47:30	Laura MacDonald	Barnsley AC								
345	0:47:38	Anne-Marie Shiels	Jarrow & Hebburn AC								
346	0:47:39	Christine Somers	Serpentine RC								
347	0:47:39	Wendy Bake	Aycliffe RC								
348	0:47:53	Diane Kitchen	Ilkley Harriers AC								
349	0:47:54	Helen Whitney	New Marske Harriers								
350	0:48:01	Lucy Eland	Claremont RR & AC								
351	0:48:07	Janet Mee	Leamington Cycling & Athletic Club								
352	0:48:13	Sharon Lamont	Wallasey AC								
353	0:48:33	Vicki Thompson	Jarrow & Hebburn AC								
354	0:48:37	Michaela Sill	Rothwell Harriers								
355	0:48:37	Fiona Geldard	Lytham St Annes RRC								
356	0:48:48	Natalie Ohlson	Tyne Bridge Harriers								
357	0:48:53	Rebecca Turnbull	Aurora Harriers								
358	0:48:58	Amanda Taylor	Crook & District AC								
359	0:49:02	Amber Torrington	Askern District RC								
360	0:49:11	Carol Blower	Leamington Cycling & Athletic Club								
361	0:49:15	Jess Carroll	Wolverhampton & Bilston AC								
362	0:49:19	Paula Dodds	Houghton Harriers & AC								
363	0:49:25	Barbara Dick	Elvet Striders								
364	0:49:29	Jean Bradley	Elvet Striders								
365	0:49:32	Shelley McCormat	Aycliffe RC								
366	0:49:37	Heather Barrass	Blyth RC								
367	0:49:40	Lianne Brooks	Harborough AC								
368	0:49:43	Melanie Rogers	South Shields Harriers & AC								
369	0:49:45	Sigrid Stangl	Serpentine RC								
370	0:49:50	Susan Clughen	Sunderland Harriers & AC								
371	0:49:51	Mary Martin	Claremont RR & AC								
372	0:49:58	Anne Middleton	Denby Dale Travellers								
373	0:50:06	Tina Eke	Folkestone RC								
374	0:50:09	Diane Mcardle	Wallasey AC								
375	0:50:28	Penny Johnson	Aycliffe RC								
376	0:50:39	Hannah Creamer	Wolverhampton & Bilston AC								
377	0:50:42	Zoe Yeomans	Stourbridge RC								
378	0:50:45	Denise Ramsden	Rothwell Harriers								
379	0:50:49	Greta Jones	Elvet Striders								
380	0:50:52	Melenie Proud	Lancaster & Morecambe AC								
381	0:50:54	Lynda Hargreaves	Wharfedale Harriers								
382	0:51:09	Rachel Brittle	Eton Manor AC								
383	0:51:15	Rosaund Bedford	Denby Dale Travellers								
384	0:51:15	Carol Sharratt	Hatton Darts								
385	0:51:24	Elise Wiegmann	South Shields Harriers & AC								
386	0:51:30	Jill Sexton	New Marske Harriers								
387	0:51:34	Julie Elmes	Ilkley Harriers AC								
388	0:51:38	Trish Morgan	Wolverhampton & Bilston AC								
389	0:51:49	Taryn Talbot	Great Western Runners								
390	0:51:54	Hannah Gill	Low Fell RC								
391	0:51:56	Faye Holden	Pendle AC								
392	0:52:05	Patricia White	South Shields Harriers & AC								
393	0:52:21	Kim Gardiner	Folkestone RC								
394	0:52:58	Janice Cobley	Lytham St Annes RRC								
395	0:53:09	Carol Williams	Vale Royal AC								
396	0:53:35	Pauline Dable	Kenilworth Runners								
397	0:53:43	Gemma Dixon	Sunderland Strollers								
398	0:53:43	Lesley Foster	Sunderland Strollers								
399	0:53:44	Anne Bennett	Barnsley AC								
400	0:53:46	Vickie Halse	Low Fell RC								
401	0:53:48	Pam Binns	Lytham St Annes RRC								

Team Results:

Pos	Points	Team / Club	Placings
1	42	Aldershot Farnham & District AC	(6 9 11 16)
2	174	Charnwood AC	(3 7 53 111)
3	231	Serpentine RC	(46 51 52 82)
4	261	Hallamshire Harriers	(36 41 90 94)
5	273	Sale Harriers Manchester	(2 22 114 135)
6	289	Belgrave Harriers	(17 79 92 101)
7	348	Rotherham Harriers & AC	(18 40 67 223)
8	383	Holmfirth Harriers AC	(15 56 130 182)
9	399	Coventry Godiva Harriers	(8 76 122 193)
10	411	London Heathside AC	(45 81 117 168)
11	420	Wolverhampton & Bilston AC	(32 108 136 144)
12	442	Tipton Harriers	(65 107 124 146)
13	525	Eton Manor AC	(57 100 133 235)
14	549	Jarrow & Hebburn AC	(34 58 112 345)
15	598	Trafford AC	(28 105 131 334)
16	621	Woodford Green AC with Essex L	(62 74 217 268)
17	627	Bournville Harriers	(104 138 178 207)
18	705	Gateshead Harriers & AC	(115 167 211 212)
19	709	Sheffield RC	(87 150 169 303)
20	734	Heaton Harriers	(109 162 166 297)
21	736	Elswick Harriers	(75 161 244 256)
22	737	Border Harriers & AC	(54 142 232 309)
23	747	Blackhill Bounders	(119 139 225 264)
24	748	Trentham RC	(59 97 270 322)
25	757	Sunderland Strollers	(159 163 213 222)
26	795	Loftus & Whitby AC	(85 165 233 312)
27	805	South Shields Harriers & AC	(154 171 220 260)
28	829	New Marske Harriers	(125 160 195 349)
29	880	Blyth RC	(187 197 215 281)
30	887	Tonbridge AC	(127 238 245 277)
31	945	Bridlington RR	(143 241 274 287)
32	995	Elvet Striders	(206 247 266 276)
33	1032	Claremont RR & AC	(228 240 272 292)
34	1123	Barnsley AC	(132 248 344 399)
35	1143	Lytham St Annes RRC	(191 203 355 394)
36	1146	Wilmslow RC	(204 224 315 403)
37	1167	Kenilworth Runners	(177 253 341 396)
38	1185	Great Western Runners	(183 289 324 389)
39	1219	Crook & District AC	(261 262 338 358)
40	1229	Sedgefield Harriers	(267 306 316 340)
41	1241	Low Fell RC	(194 257 390 400)
42	1275	Folkestone RC	(210 299 373 393)
43	1276	Denby Dale Travellers	(189 332 372 383)
44	1303	Kirkstall Harriers	(242 320 335 406)
45	1309	Aurora Harriers	(202 336 357 414)
46	1388	Aycliffe RC	(301 347 365 375)