

Bexhill 5K
25/06/2014

| Pos | Bib | Firstname | Lastname | Gender | Gender Pos | Cat | Cat Pos | Club | Chip Time | Gun Time |
|-----|-----|-----------|------------------|--------|------------|-----|---------|------------------------------|------------|------------|
| 1 | 85 | Ross | Skelton | M | 1 | MS | 1 | Phoenix AC | 0:16:05.85 | 0:16:06.75 |
| 2 | 164 | Joshua | Burgess | M | 2 | MS | 2 | Lewes AC | 0:16:28.80 | 0:16:29.30 |
| 3 | 115 | Daniel | Anderson | M | 3 | MS | 3 | | 0:16:38.55 | 0:16:38.65 |
| 4 | 142 | Rhys | Boorman | M | 4 | MS | 4 | Hastings AC | 0:16:46.35 | 0:16:47.00 |
| 5 | 79 | Matt | Herring | M | 5 | MJ | 1 | Hastings AC | 0:17:21.35 | 0:17:19.70 |
| 6 | 87 | Grace | Baker | F | 1 | FS | 1 | Aldershot-Farnham & District | 0:17:42.25 | 0:17:42.35 |
| 7 | 147 | James | Climpson | M | 6 | MS | 5 | | 0:17:45.70 | 0:17:46.15 |
| 8 | 149 | Jamie | Larkin | M | 7 | MV1 | 1 | Hastings AC | 0:17:56.95 | 0:17:57.60 |
| 9 | 42 | Bede | Pitcairn-Knowles | M | 8 | MJ | 2 | Tonbridge AC | 0:18:36.55 | 0:18:37.40 |
| 10 | 100 | Gary | Foster | M | 9 | MS | 6 | Hastings AC | 0:18:45.55 | 0:18:46.35 |
| 11 | 30 | Christian | Lee | M | 10 | MJ | 3 | Tonbridge AC | 0:18:51.90 | 0:18:52.85 |
| 12 | 54 | James | Boardman | M | 11 | MS | 7 | Bodyshock fitness | 0:18:59.60 | 0:19:01.85 |
| 13 | 112 | Daniel | Gilkes | M | 12 | MS | 8 | | 0:18:59.50 | 0:19:04.95 |
| 14 | 19 | Sue | Fry | F | 2 | FV2 | 1 | Hailsham Harriers | 0:19:15.75 | 0:19:16.25 |
| 15 | 173 | Philip | Handrihan | M | 13 | MV1 | 2 | | 0:19:14.60 | 0:19:16.35 |
| 16 | 40 | Mark | Pitcairn-Knowles | M | 14 | MV2 | 1 | Tonbridge AC | 0:19:16.45 | 0:19:19.00 |
| 17 | 101 | Stephen | Delea | M | 15 | MV2 | 2 | Hailsham Harriers | 0:19:19.50 | 0:19:20.30 |
| 18 | 121 | William | Darby | M | 16 | MV3 | 1 | Hastings AC | 0:19:24.60 | 0:19:25.45 |
| 19 | 78 | Emma | Faulkner | F | 3 | FV1 | 1 | BRT | 0:19:27.60 | 0:19:29.55 |
| 20 | 134 | Mike | Pettett | M | 17 | MV1 | 3 | Eastbourne rovers ac | 0:19:31.75 | 0:19:37.35 |
| 21 | 96 | Stacey | Clusker | F | 4 | FS | 2 | Hastings AC | 0:19:36.80 | 0:19:38.15 |
| 22 | 110 | Jason | Wren | M | 18 | MJ | 4 | Hastings AC | 0:19:35.60 | 0:19:39.05 |
| 23 | 197 | Rowan | Baker | M | 19 | MS | 9 | Healthfield Road Runners | 0:19:42.70 | 0:19:44.85 |
| 24 | 148 | Paul | Denby | M | 20 | MV2 | 3 | | 0:19:44.50 | 0:19:45.95 |
| 25 | 137 | Mike | Thompson | M | 21 | MV4 | 1 | | 0:19:45.85 | 0:19:47.30 |
| 26 | 104 | Huw | Jones | F | 5 | FS | 3 | Hailsham Harriers | 0:19:45.30 | 0:19:48.15 |
| 27 | 152 | Danny | Warner | M | 22 | MS | 10 | | 0:19:48.30 | 0:19:49.90 |
| 28 | 160 | Ken | Beattie | M | 23 | MV2 | 4 | BRT | 0:19:48.45 | 0:19:52.35 |
| 29 | 41 | Polly | Pitcairn-Knowles | F | 6 | FJ | 1 | Tonbridge | 0:20:02.60 | 0:20:04.80 |
| 30 | 99 | Carlo | Forte | M | 24 | MV1 | 4 | | 0:20:08.65 | 0:20:10.50 |
| 31 | 13 | Ian | Davis | M | 25 | MV1 | 5 | Hailsham Harriers | | 0:20:12.40 |
| 32 | 122 | Giles | Bowner | M | 26 | MS | 11 | Hailsham Harriers | 0:20:11.65 | 0:20:13.80 |
| 33 | 150 | Daniel | Pearson | M | 27 | MS | 12 | | 0:20:03.30 | 0:20:14.50 |
| 34 | 135 | Phil | Scott | M | 28 | MS | 13 | Hastings Runners | 0:20:16.25 | 0:20:17.55 |
| 35 | 64 | John | Wren | M | 29 | MV3 | 2 | Hastings AC | 0:20:15.70 | 0:20:18.80 |
| 36 | 163 | Lizzie | Keep | F | 7 | FS | 4 | Lewes AC | 0:20:18.85 | 0:20:20.45 |
| 37 | 92 | Dean | Skelton | M | 30 | MS | 14 | Hastings AC | 0:20:22.45 | 0:20:23.60 |
| 38 | 95 | Chloe | Bird | F | 8 | FS | 5 | Tonbridge AC | 0:20:29.15 | 0:20:30.25 |
| 39 | 124 | Richard | Davis | M | 31 | MS | 15 | Eastbourne rovers ac | 0:20:26.90 | 0:20:32.05 |
| 40 | 123 | Graham | Purdye | M | 32 | MV4 | 2 | Hailsham Harriers | 0:20:31.10 | 0:20:33.55 |
| 41 | 80 | Bill | Solly | M | 33 | MV5 | 1 | | 0:20:34.95 | 0:20:37.80 |
| 42 | 125 | Martyn | Reynolds | M | 34 | MS | 16 | | 0:20:52.65 | 0:20:55.45 |
| 43 | 182 | Adam | Slater | M | 35 | MS | 17 | Hastings AC | 0:20:54.15 | 0:20:57.90 |
| 44 | 155 | Andy | Knight | M | 36 | MV3 | 3 | Hastings Runners | 0:20:51.55 | 0:20:59.60 |
| 45 | 23 | Linda | Hayes | F | 9 | FV4 | 1 | Wadhurst Runners | 0:21:13.30 | 0:21:15.50 |
| 46 | 178 | Adam | Maynard | M | 37 | MS | 18 | | 0:21:12.40 | 0:21:16.75 |
| 47 | 159 | Bill | Fraser | M | 38 | MV5 | 2 | Hailsham Harriers | 0:21:17.45 | 0:21:19.05 |
| 48 | 177 | John | Fellows | F | 10 | FS | 6 | | 0:21:14.65 | 0:21:19.15 |
| 49 | 128 | Erik | Chapman | M | 39 | MS | 19 | | 0:21:16.85 | 0:21:19.30 |
| 50 | 165 | Matthew | Beaver | M | 40 | MV1 | 6 | Hastings Runners | 0:21:13.50 | 0:21:19.75 |
| 51 | 187 | Graham | Chapman | M | 41 | MV3 | 4 | Healthfield Road Runners | 0:21:19.90 | 0:21:22.30 |
| 52 | 144 | Adam | Osman | M | 42 | MS | 20 | Hastings Ac | 0:21:22.40 | 0:21:24.15 |
| 53 | 108 | Kevin | Aslett | M | 43 | MV2 | 5 | Hastings AC | 0:21:18.95 | 0:21:26.10 |
| 54 | 75 | Conrad | Sparks | M | 44 | MV1 | 7 | | 0:21:23.70 | 0:21:27.00 |
| 55 | 156 | Ivor | Rumsey | M | 45 | MV4 | 3 | Hailsham Harriers | 0:21:41.65 | 0:21:42.95 |
| 56 | 83 | Matt | Dargan | M | 46 | MV1 | 8 | | 0:21:44.80 | 0:21:46.55 |
| 57 | 39 | Lucy | Pitcairn-Knowles | F | 11 | FV3 | 1 | Tonbridge AC | 0:21:45.30 | 0:21:48.60 |
| 58 | 89 | Robert | Gattoni | M | 47 | MS | 21 | | 0:21:41.65 | 0:21:49.10 |
| 59 | 63 | Tina | Wren | F | 12 | FV3 | 2 | Hastings AC | 0:21:48.30 | 0:21:52.20 |
| 60 | 33 | Kiri | Marsh | F | 13 | FJ | 2 | Tonbridge | 0:21:53.95 | 0:21:55.05 |
| 61 | 136 | Chris | Boreman | M | 48 | MV2 | 6 | | 0:21:57.10 | 0:22:04.20 |

| Pos | Bib | Firstname | Lastname | Gender | Gender Pos | Cat | Cat Pos | Club | Chip Time | Gun Time |
|-----|-----|------------|------------------|--------|------------|-----|---------|--------------------------|------------|------------|
| 62 | 111 | Adam | Coleman | M | 49 | MS | 22 | Hastings Runners | 0:22:06.05 | 0:22:07.20 |
| 63 | 76 | Dave | Palmer | M | 50 | MV2 | 7 | BRT | 0:21:58.45 | 0:22:09.90 |
| 64 | 16 | Lee | Dunstall | M | 51 | MS | 23 | | 0:22:04.75 | 0:22:10.55 |
| 65 | 168 | Marc | Jones | M | 52 | MS | 24 | Born Ready Runners | 0:22:06.35 | 0:22:17.05 |
| 66 | 93 | Louisa | Bryant | F | 14 | FJ | 3 | Tonbridge AC | 0:22:16.50 | 0:22:21.75 |
| 67 | 133 | Jim | Mcsweeney | M | 53 | MS | 25 | Hastings AC | 0:22:20.80 | 0:22:23.85 |
| 68 | 44 | Paul | Rackstraw | M | 54 | MV4 | 4 | Hastings AC | 0:22:16.45 | 0:22:24.90 |
| 69 | 36 | Tess | Murray | F | 15 | FS | 7 | SCU Runners | 0:22:27.95 | 0:22:31.00 |
| 70 | 69 | Michael | Clark | M | 55 | MV2 | 8 | Hastings Ac | 0:22:36.85 | 0:22:39.00 |
| 71 | 43 | Ellen | Pitcairn-Knowles | F | 16 | FJ | 4 | Tonbridge AC | 0:22:35.25 | 0:22:39.75 |
| 72 | 183 | Katie | King | F | 17 | FS | 8 | | 0:22:37.40 | 0:22:40.10 |
| 73 | 138 | Graham | Penny | M | 56 | MV1 | 9 | Eastbourne rovers ac | 0:22:38.60 | 0:22:46.30 |
| 74 | 82 | Nathan | Atkinson | M | 57 | MS | 26 | | 0:22:51.25 | 0:22:49.15 |
| 75 | 171 | Rob | Stone | M | 58 | MV2 | 9 | | 0:22:41.05 | 0:22:53.95 |
| 76 | 143 | Jason | SurrIDGE | M | 59 | MV1 | 10 | | 0:22:46.85 | 0:22:56.50 |
| 77 | 141 | Scott | Parsons | M | 60 | MS | 27 | Hastings Runners | 0:22:54.85 | 0:23:00.15 |
| 78 | 174 | Debbie | Fraser | F | 18 | FV1 | 2 | Hastings AC | 0:22:56.60 | 0:23:01.85 |
| 79 | 172 | Adrian | Collins | M | 61 | MV3 | 5 | BRT | 0:22:53.95 | 0:23:04.95 |
| 80 | 106 | Ian | Cole | M | 62 | MV2 | 10 | Bodyshock Fitness | 0:23:03.65 | 0:23:08.35 |
| 81 | 199 | Kevin | Coombes | M | 63 | MV1 | 11 | | 0:22:55.55 | 0:23:15.95 |
| 82 | 5 | Melissa | Bedwell | F | 19 | FS | 9 | Hastings Runners | 0:23:10.85 | 0:23:16.25 |
| 83 | 161 | Frances | Burnham | F | 20 | FV4 | 2 | Hastings AC | 0:23:20.05 | 0:23:23.65 |
| 84 | 116 | Jez | Wood | M | 64 | MV3 | 6 | BRT | 0:23:22.60 | 0:23:33.75 |
| 85 | 180 | Dave | Critchley | M | 65 | MV1 | 12 | | 0:23:57.40 | 0:23:58.25 |
| 86 | 114 | Katy | Sumner | F | 21 | FS | 10 | Hastings Runners | 0:23:53.45 | 0:23:58.55 |
| 87 | 97 | Colin | Norman | M | 66 | MV3 | 7 | | 0:23:52.40 | 0:24:00.70 |
| 88 | 67 | Tom | Jennings | M | 67 | MV4 | 5 | | 0:23:58.25 | 0:24:06.25 |
| 89 | 185 | Jason | O'Flaherty | M | 68 | MV1 | 13 | Hailsham Harriers | 0:24:08.35 | 0:24:10.75 |
| 90 | 176 | Steve | Stanfield | M | 69 | MV4 | 6 | | 0:24:05.80 | 0:24:14.15 |
| 91 | 186 | Barry | Ingram | M | 70 | MS | 28 | BRT | 0:24:07.75 | 0:24:18.45 |
| 92 | 94 | Stephen | Hickman | M | 71 | MV3 | 8 | Isle of Wight Runners | 0:24:15.10 | 0:24:21.65 |
| 93 | 194 | Audrey | Haddon | F | 22 | FS | 11 | Hailsham Harriers | 0:24:16.85 | 0:24:21.70 |
| 94 | 18 | Michael | Freeman | M | 72 | MS | 29 | | 0:24:12.80 | 0:24:22.65 |
| 95 | 129 | Chris | Evans | M | 73 | MS | 30 | | 0:24:13.50 | 0:24:22.85 |
| 96 | 77 | David | Atkinson | M | 74 | MV2 | 11 | | 0:24:27.05 | 0:24:27.70 |
| 97 | 73 | Joanna | Body | F | 23 | FV3 | 3 | Hastings AC | 0:24:27.30 | 0:24:32.10 |
| 98 | 68 | Ellen | Kilby | F | 24 | FS | 12 | Hastings Ac | 0:24:27.75 | 0:24:32.10 |
| 99 | 58 | Matt | Warne | M | 75 | MS | 31 | SCU Runners | 0:24:30.75 | 0:24:34.65 |
| 100 | 15 | Lucy | Donne | F | 25 | FS | 13 | | 0:24:33.80 | 0:24:37.85 |
| 101 | 181 | Dain | Jensen | M | 76 | MV2 | 12 | Hastings AC | 0:24:35.40 | 0:24:49.30 |
| 102 | 145 | Sarah | Bendle | F | 26 | FV1 | 3 | Hastings Runners | 0:24:45.65 | 0:24:58.35 |
| 103 | 109 | Paulette | Smith | F | 27 | FV2 | 2 | Healthfield Road Runners | 0:24:50.50 | 0:24:59.40 |
| 104 | 25 | Joe | Hill | M | 77 | MS | 32 | | 0:24:54.65 | 0:25:02.55 |
| 105 | 107 | Ed | Cole | M | 78 | MV1 | 14 | Bodyshock Fitness | 0:25:03.65 | 0:25:08.75 |
| 106 | 72 | Matt | Lambourne | M | 79 | MV2 | 13 | | 0:25:04.60 | 0:25:11.80 |
| 107 | 162 | John | Gately | M | 80 | MV5 | 3 | Hastings AC | 0:25:15.25 | 0:25:18.55 |
| 108 | 88 | Paul | Curtis | M | 81 | MV2 | 14 | Hastings Runners | 0:25:12.60 | 0:25:25.80 |
| 109 | 62 | Jacqueline | Wooler | F | 28 | FV5 | 1 | Eastbourne rovers ac | 0:25:20.15 | 0:25:27.35 |
| 110 | 118 | Stacy | Barfoot | F | 29 | FS | 14 | | 0:25:30.50 | 0:25:32.40 |
| 111 | 175 | Kim | Callaw | M | 82 | MV4 | 7 | Hastings Runners | 0:25:22.30 | 0:25:35.05 |
| 112 | 27 | Joe | Hustwayte | M | 83 | MS | 33 | | 0:25:23.10 | 0:25:37.35 |
| 113 | 188 | James | Gill | M | 84 | MS | 34 | | 0:25:35.55 | 0:25:39.15 |
| 114 | 8 | Will | Blackwell | M | 85 | MV1 | 15 | | 0:25:30.05 | 0:25:42.50 |
| 115 | 113 | Angharad | Morgan | F | 30 | FS | 15 | | 0:25:37.25 | 0:25:44.15 |
| 116 | 198 | Emma | Ramsden | F | 31 | FV2 | 3 | | 0:25:37.85 | 0:25:44.60 |
| 117 | 98 | Alice | Forte | F | 32 | FV1 | 4 | Bodyshock Fitness | 0:25:42.50 | 0:25:46.75 |
| 118 | 154 | Amanda | Bahadur | F | 33 | FS | 16 | Hastings AC | 0:25:51.70 | 0:25:58.10 |
| 119 | 2 | Annie | Atherton | F | 34 | FS | 17 | | 0:25:55.15 | 0:26:00.75 |
| 120 | 166 | Tanya | Edmondson | F | 35 | FV6 | 1 | Uckfield | 0:25:59.85 | 0:26:09.70 |
| 121 | 151 | Robin | Walker | M | 86 | MS | 35 | | 0:26:06.60 | 0:26:11.50 |
| 122 | 45 | Jenny | Rhodes | F | 36 | FV4 | 3 | | 0:26:08.15 | 0:26:19.90 |

| Pos | Bib | Firstname | Lastname | Gender | Gender Pos | Cat | Cat Pos | Club | Chip Time | Gun Time |
|-----|-----|-----------|------------------|--------|------------|-----|---------|--------------------------|------------|------------|
| 123 | 153 | Robin | Anderson | M | 87 | MV2 | 15 | | 0:26:13.10 | 0:26:19.90 |
| 124 | 81 | Joshua | Atkinson | M | 88 | MS | 36 | | 0:26:44.55 | 0:26:44.65 |
| 125 | 17 | Paul | Fagan | M | 89 | MS | 37 | | 0:26:46.60 | 0:27:01.95 |
| 126 | 131 | Michael | Piper | M | 90 | MS | 38 | Hastings Runners | 0:26:48.40 | 0:27:05.15 |
| 127 | 66 | Emma | Long | F | 37 | FS | 18 | | 0:27:16.90 | 0:27:22.50 |
| 128 | 146 | Stacey | Hayler | F | 38 | FS | 19 | Hastings Runners | 0:27:12.05 | 0:27:25.25 |
| 129 | 195 | Roger | Hilton | M | 91 | MV4 | 8 | | 0:27:18.05 | 0:27:28.45 |
| 130 | 169 | Alan | Rogers | M | 92 | MV3 | 9 | Hailsham Harriers | 0:27:29.80 | 0:27:42.55 |
| 131 | 71 | Ashley | Boxall | M | 93 | MS | 39 | Bodyshock Fitness | 0:27:50.05 | 0:27:56.50 |
| 132 | 139 | Darren | Good | M | 94 | MV1 | 16 | | 0:27:48.30 | 0:27:58.55 |
| 133 | 38 | Carla | O'Donoghue | F | 39 | FS | 20 | Bodyshock fitness | 0:27:55.65 | 0:28:01.25 |
| 134 | 157 | Nina | Rumsey | F | 40 | FV5 | 2 | Hailsham Harriers | 0:27:55.60 | 0:28:03.60 |
| 135 | 84 | Francis | Dowdau | M | 95 | MV4 | 9 | | 0:27:47.45 | 0:28:04.60 |
| 136 | 140 | Sarah | Good | F | 41 | FV2 | 4 | | 0:27:59.30 | 0:28:10.65 |
| 137 | 191 | Gill | Boorman | F | 42 | FV2 | 5 | Healthfield Road Runners | 0:28:23.35 | 0:28:31.85 |
| 138 | 200 | Jon | Beck | M | 96 | MV4 | 10 | | 0:28:21.95 | 0:28:35.65 |
| 139 | 189 | Robert | Hore | M | 97 | MS | 40 | | 0:28:37.50 | 0:28:41.25 |
| 140 | 74 | Rhys | Gibbon | M | 98 | MS | 41 | | 0:28:44.40 | 0:28:50.65 |
| 141 | 31 | Kelly | Leonard | F | 43 | FS | 21 | | 0:28:47.35 | 0:28:51.25 |
| 142 | 70 | Shane | Millar | M | 99 | MS | 42 | Bodyshock Fitness | 0:28:50.20 | 0:28:52.90 |
| 143 | 126 | Pam | Matthews | F | 44 | FV3 | 4 | | 0:28:42.95 | 0:28:53.70 |
| 144 | 103 | Clayton | Bennett | M | 100 | MV2 | 16 | | 0:28:42.95 | 0:28:53.70 |
| 145 | 46 | Emily | Flanagan | F | 45 | FS | 22 | | 0:28:57.70 | 0:29:11.35 |
| 146 | 119 | Vivienne | Green | F | 46 | FV2 | 6 | | 0:29:13.95 | 0:29:18.05 |
| 147 | 120 | Laura | Thrussell | F | 47 | FV1 | 5 | | 0:29:14.70 | 0:29:19.50 |
| 148 | 14 | Catherine | Denning | F | 48 | FS | 23 | | 0:29:07.95 | 0:29:23.40 |
| 149 | 130 | Kate | Piper | F | 49 | FV2 | 7 | Hastings Runners | 0:29:27.60 | 0:29:39.15 |
| 150 | 158 | Judith | Cooper | F | 50 | FV4 | 4 | | 0:29:32.45 | 0:29:44.75 |
| 151 | 127 | Debbie | Davis | F | 51 | FS | 24 | Eastbourne rovers ac | 0:29:41.95 | 0:29:48.85 |
| 152 | 193 | Steph | Williams | F | 52 | FV1 | 6 | Healthfield Road Runners | 0:29:43.50 | 0:29:52.30 |
| 153 | 184 | Jane | Bakewell | F | 53 | FV3 | 5 | | 0:29:41.10 | 0:29:52.45 |
| 154 | 61 | Mike | Wilmshurst | M | 101 | MV3 | 10 | | 0:29:48.85 | 0:30:02.35 |
| 155 | 24 | Kristie | Heath | F | 54 | FS | 25 | | 0:29:55.95 | 0:30:02.80 |
| 156 | 170 | Julia | Tillins | F | 55 | FV4 | 5 | | 0:30:01.15 | 0:30:12.50 |
| 157 | 90 | Richard | Pitcairn-Knowles | M | 102 | MV9 | 1 | Sevenoaks AC | 0:30:05.05 | 0:30:12.75 |
| 158 | 117 | Michelle | Spates | F | 56 | FV1 | 7 | Healthfield Road Runners | 0:30:03.75 | 0:30:13.05 |
| 159 | 86 | Ronnie | Ribaldo | M | 103 | MJ | 5 | | 0:30:32.90 | 0:30:31.55 |
| 160 | 102 | Simon | Palmer | M | 104 | MS | 43 | Bodyshock Fitness | 0:30:39.40 | 0:30:49.35 |
| 161 | 91 | Erika | Wheeler | F | 57 | FV1 | 8 | | 0:31:03.70 | 0:31:09.85 |
| 162 | 20 | Sharon | Garrod | F | 58 | FV2 | 8 | | 0:31:04.55 | 0:31:20.20 |
| 163 | 192 | Fiona | Banfield | F | 59 | FV3 | 6 | Healthfield Road Runners | 0:31:14.85 | 0:31:24.05 |
| 164 | 26 | Laura | Hunnisett | F | 60 | FS | 26 | Bodyshock Fitness | 0:31:23.25 | 0:31:29.95 |
| 165 | 21 | Colette | Hales | F | 61 | FS | 27 | | 0:31:23.60 | 0:31:30.90 |
| 166 | 10 | Alice | Cole | F | 62 | FJ | 5 | Bodyshock Fitness | 0:31:45.45 | 0:31:48.55 |
| 167 | 190 | Karl | Davenport | M | 105 | MV2 | 17 | | 0:31:36.95 | 0:31:55.70 |
| 168 | 167 | Ray | Edmondson | M | 106 | MV7 | 1 | Uckfield | 0:31:45.90 | 0:31:58.00 |
| 169 | 35 | Joanne | Morris | F | 63 | FV1 | 9 | | 0:32:02.35 | 0:32:11.90 |
| 170 | 9 | Karl | Boyd | M | 107 | MV2 | 18 | | 0:32:02.05 | 0:32:12.00 |
| 171 | 47 | Danny | Riggs | M | 108 | MS | 44 | | 0:32:03.05 | 0:32:18.05 |
| 172 | 6 | Debbie | Benton | F | 64 | FV1 | 10 | Bodyshock Fitness | 0:32:15.50 | 0:32:21.30 |
| 173 | 132 | Teresa | Evelt | F | 65 | FV3 | 7 | BRT | 0:32:17.45 | 0:32:28.50 |
| 174 | 52 | Anne | Stanley | F | 66 | FV3 | 8 | | 0:32:23.85 | 0:32:36.80 |
| 175 | 57 | Alan | Warne | M | 109 | MS | 45 | | 0:32:57.15 | 0:33:12.05 |
| 176 | 53 | Sarah | Boxall | F | 67 | FV2 | 9 | Bodyshock Fitness | 0:34:44.70 | 0:34:48.45 |
| 177 | 4 | Georgia | Barker | F | 68 | FJ | 6 | | 0:35:03.35 | 0:35:06.90 |
| 178 | 50 | Nikki | Smith | F | 69 | FS | 28 | | 0:35:01.85 | 0:35:16.45 |
| 179 | 1 | Tracey | Armstrong | F | 70 | FV3 | 9 | Eastbourne Rover ac | 0:36:17.95 | 0:36:25.65 |
| 180 | 34 | Jane | McCullough | F | 71 | FV3 | 10 | | 0:36:37.90 | 0:36:53.05 |
| 181 | 56 | Sally | Vennard | F | 72 | FV4 | 6 | | 0:36:38.40 | 0:36:53.65 |
| 182 | 55 | Mary | Tohrt | F | 73 | FV5 | 3 | Middleton ac | 0:39:43.20 | 0:39:57.50 |
| 183 | 105 | Debbie | Cole | F | 74 | FV3 | 11 | Bodyshock Fitness | 0:39:44.60 | 0:40:00.05 |

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|-----|-----|-----------|----------|--------|---------------|-----|---------|----------------------|------------|------------|
| 184 | 3 | Emma | Barker | F | 75 | FV3 | 12 | | 0:39:49.90 | 0:40:04.45 |
| 185 | 60 | Alison | White | F | 76 | FS | 29 | | 0:40:00.20 | 0:40:06.30 |
| 186 | 65 | Nicola | Young | F | 77 | FV2 | 10 | Eastbourne rovers ac | 0:46:39.70 | 0:46:47.90 |
| 187 | 196 | Eddie | Dolan | M | 110 | | 1 | BRT | 0:51:32.30 | 0:51:48.95 |