TAC Park Run Winter Age Graded Grand Prix Series 2014-15

To follow on from the Summer grand prix series, the following dates have been allocated the following 9 races at <u>Tonbridge Park Run</u> as qualifiers for the Winter Grand Prix series.

The 4 best results, after the results have been sorted according to age grade, for each athlete will count towards their total. The athlete who scores the highest age grade result will be awarded points according to the number of TAC runners taking part. i.e. if 16 take part they will be awarded 16 points. There will be a minimum of 10 points for the winner. Each athlete in the list is then awarded points according to their finish position with the athlete with the lowest age graded percentage scoring 1 point.

Athletes may take part in all nine events, but only their highest 4 results will count. This will hopefully allow for bad weather. In the event of Tonbridge Park Run being cancelled due to bad weather the event will switch to Tunbridge Wells for that date.

Sat 15th November Sat 13th December Sat 28th December Sat 10th January Sat 31st January Sat 14th February Sat 28th February Sat 21st March Sat 4th April

Park Run trophy, for the winner.

43 TAC members scored in the summer GP series!!



Dan Bradley, winner of the Summer Grand Prix.

To enter all you need to do is register with Parkrun at http://www.parkrun.org.uk/, ensure that you enter your club as "Tonbridge AC", otherwise you will not be identified on the list of results. Remember to take your barcode along.

Mark Pitcairn-Knowles