2019 TAC CHRISTMAS PUDDING RACE

BOXING DAY THURSDAY 26th DECEMBER

At The Pavilion, Tonbridge School Fields

RACE START Approx. 11.00am REGISTRATION 10am

Open to all TAC members, the club's annual handicap race, over a 2 lap course of approx. 5km, with slower runners given a start over the faster athletes, as decided by the handicapper!

All entrants please bring a small wrapped present to be put in Santa's sack. Finishers will draw a prize in finishing order.

PRIZE FOR FASTEST RUNNER

A chance to make amends for that Xmas over-indulgence, or for those whose body is a temple to get one over the weaker-willed!

What's been said about the TAC Pudding Race :-

Steve Cram "It's those dark nights that bring you moments like this"

Boris Johnson, PM "Let's get this done"

ENTRY IN ADVANCE ONLY PLEASE, DEADLINE SUNDAY 22nd DEC.

Email name/s, best performance over 5k, current form, and excuses etc, to <u>sjkeywood1961@gmail.com</u> *or see Steve Keywood.*

Pick up number on the day at registration.