

## Under 13 Girls

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:11:36	574	B Cook	BODYWORKS XTC TRI STORE	101	0:13:40	630	N Moranne	CHICHESTER RUNNERS AC
2	0:11:39	924	E Shaw	WIMBORNE AC	102	0:13:40	566	K Pullin	BLACKHEATH & BROMLEY HA
3	0:11:42	668	M Luke	CORNWALL AC	103	0:13:41	791	M Marriner	MEDWAY & MAIDSTONE AC
4	0:12:05	689	S Lecoutre	GUILDFORD & GODALMING /	104	0:13:42	777	E Hinds	LEWES AC
5	0:12:09	637	O Williams	CHILTERN HARRIERS AC	105	0:13:42	662	J Ridley	COOKHAM RC
6	0:12:11	899	M Wise	TONBRIDGE AC	106	0:13:42	679	O Edwards	DACORUM & TRING AC
7	0:12:21	580	N Camp	BRACKNELL AC	107	0:13:43	708	S Hopkins-Parry	HASTINGS AC
8	0:12:22	598	R Losh	BRIGHTON & HOVE AC	108	0:13:43	787	C Munro	MARSHALL MILTON KEYNES J
9	0:12:25	633	A Henderson	CHILTERN HARRIERS AC	109	0:13:44	740	M Fairn	HERNE HILL HARRIERS
10	0:12:26	615	A Barnes	CAMBRIDGE HARRIERS	110	0:13:45	665	C Terry	COOKHAM RC
11	0:12:28	634	H Henderson	CHILTERN HARRIERS AC	111	0:13:45	660	K Horner	COOKHAM RC
12	0:12:28	698	K Volkenburg	EPSOM & EWELL HARRIERS	112	0:13:45	677	K Sethna-McIntosh	ALDERSHOT HARRIERS
13	0:12:28	797	I Shelley	MEDWAY & MAIDSTONE AC	113	0:13:46	528	F Sutton	ALDERSHOT FARNHAM & DA
14	0:12:28	816	O Martin	OXFORD CITY AC	114	0:13:46	762	J Chappell	INVICTA EAST KENT AC
15	0:12:31	735	P Craig McFeeley	HERNE HILL HARRIERS	115	0:13:47	838	S Allen	SHAFTESBURY BARNET HARR
16	0:12:31	837	P Roessler	REIGATE PRIORY AC	116	0:13:47	535	S Aitmarri	BASILDON AC
17	0:12:35	874	M Jones	TEAM KENNET TRIATHLON AI	117	0:13:47	518	R Kelly	ALDERSHOT FARNHAM & DA
18	0:12:35	848	A Weightman	SHAFTESBURY BARNET HARR	118	0:13:48	582	J Davies	BRACKNELL AC
19	0:12:36	930	E Harris	WINDSOR SLOUGH ETON & F	119	0:13:48	855	K Mooney	SOUTH LONDON HARRIERS
20	0:12:37	732	M Collis	HERNE HILL HARRIERS	120	0:13:48	715	A Grannell	HAVERING AC
21	0:12:38	643	G Jermy	CITY OF NORWICH AC	121	0:13:48	555	O Berry	BLACKHEATH & BROMLEY HA
22	0:12:38	608	E Wilson	CAMBERLEY & DISTRICT AC	122	0:13:50	801	L Hemmings	NENE VALLEY HARRIERS
23	0:12:40	767	T Aldis	IPSWICH HARRIERS	123	0:13:50	884	D Hobbs	THANET ROAD RUNNERS
24	0:12:40	502	C Borgars	ALDERSHOT FARNHAM & DA	124	0:13:51	909	S Gammell	WATFORD HARRIERS
25	0:12:40	693	E Sutton	GUILDFORD & GODALMING /	125	0:13:51	795	B Rouse	MEDWAY & MAIDSTONE AC
26	0:12:41	759	I Wilkins	HUNTINGDONSHIRE AC	126	0:13:52	511	S Harris	ALDERSHOT FARNHAM & DA
27	0:12:42	648	M Short	CITY OF NORWICH AC	127	0:13:53	638	L Williams	CHILTERN HARRIERS AC
28	0:12:44	542	N Simmons	BEDFORD & COUNTY AC	128	0:13:53	890	M Jensen	THE STRAGGLERS RC
29	0:12:45	531	H Woolley	ALDERSHOT FARNHAM & DA	129	0:13:53	854	S Lorke	SOUTH LONDON HARRIERS
30	0:12:45	564	L Meers	BLACKHEATH & BROMLEY HA	130	0:13:54	536	D Harris	BASILDON AC
31	0:12:45	623	E Little	CHELMSFORD AC	131	0:13:55	583	M Grandin	BRACKNELL AC
32	0:12:47	936	J Young	WINDSOR SLOUGH ETON & F	132	0:13:55	584	L Hall	BRACKNELL AC
33	0:12:47	640	H Bunn	CITY OF NORWICH AC	133	0:13:56	757	S Thompson	HIGHGATE HARRIERS
34	0:12:48	632	A Bushell	CHILTERN HARRIERS AC	134	0:13:56	636	J Lockwood	CHILTERN HARRIERS AC
35	0:12:48	670	K Coles	CRAWLEY AC	135	0:13:57	810	M Silverstone	ORION HARRIERS
36	0:12:49	895	A Evans	TONBRIDGE AC	136	0:13:58	751	K Driscoll	HIGHGATE HARRIERS
37	0:12:49	886	J Swandale	THANET ROAD RUNNERS	137	0:13:58	926	R Clutterbuck	WINDSOR SLOUGH ETON & F
38	0:12:50	927	C Dewar	WINDSOR SLOUGH ETON & F	138	0:13:58	624	I Okoh	CHELMSFORD AC
39	0:12:51	866	L Tse	ST ALBANS STRIDERS	139	0:13:59	806	A Dawson	ORION HARRIERS
40	0:12:53	811	C De Jonge	OXFORD CITY AC	140	0:14:01	649	M Willis	CITY OF NORWICH AC
41	0:12:53	745	L Wilkinson	HERNE HILL HARRIERS	141	0:14:01	655	O Eloise	CITY OF PORTSMOUTH AC
42	0:12:54	694	M Manttan	ENFIELD & HARINGEY AC	142	0:14:01	666	R Benney	CORNWALL AC
43	0:12:55	687	M Cant	GUILDFORD & GODALMING /	143	0:14:02	758	P Lyons	HUNTINGDONSHIRE AC
44	0:12:55	510	T Hansford	ALDERSHOT FARNHAM & DA	144	0:14:03	653	B Digby	CITY OF PORTSMOUTH AC
45	0:12:56	714	S Foley	HAVERING AC	145	0:14:04	719	C Rand	HAVERING AC
46	0:12:56	641	G Forster	CITY OF NORWICH AC	146	0:14:04	672	M Owton	CRAWLEY AC
47	0:12:57	850	M Cooper	SOUTHAMPTON AC	147	0:14:04	669	H Alexander	CRAWLEY AC
48	0:12:58	728	E Weir	HERCULES WIMBLEDON AC	148	0:14:05	933	I Tattersall	WINDSOR SLOUGH ETON & F
49	0:13:00	560	H Forsyth	BLACKHEATH & BROMLEY HA	149	0:14:05	744	T Stevens-Cox	HERNE HILL HARRIERS
50	0:13:01	514	R Horton	ALDERSHOT FARNHAM & DA	150	0:14:07	539	A Baker	BEDFORD & COUNTY AC
51	0:13:02	818	A Prince	OXFORD CITY AC	151	0:14:07	697	R Stockley	EPSOM & EWELL HARRIERS
52	0:13:06	781	R Garrett	LONDON HEATHSIDE AC	152	0:14:08	922	S Graham	WIMBORNE AC
53	0:13:06	546	I Walrock	BELGRAVE HARRIERS	153	0:14:09	887	A Clouston	THETFORD AC
54	0:13:07	597	L Fowler	BRIGHTON & HOVE AC	154	0:14:10	803	S Reeves	NENE VALLEY HARRIERS
55	0:13:07	805	J Spry	NEWQUAY & PAR AC	155	0:14:11	593	M Stark	BRACKNELL AC
56	0:13:08	939	M Harris	WYCOMBE PHOENIX HARRIEI	156	0:14:12	556	H Clark	BLACKHEATH & BROMLEY HA
57	0:13:08	856	O Thompson	SOUTH LONDON HARRIERS	157	0:14:12	940	M Wood	WYCOMBE PHOENIX HARRIEI
58	0:13:08	763	I Harding	INVICTA EAST KENT AC	158	0:14:14	731	J Butland	HERNE HILL HARRIERS
59	0:13:09	606	C Muzio	BRIGHTON PHOENIX AC	159	0:14:14	902	M Abbott	VICTORIA PARK H & TOWER I
60	0:13:10	907	I Scott-Gall	VICTORIA PARK H & TOWER I	160	0:14:14	585	J Hatch	BRACKNELL AC
61	0:13:11	567	A Sibley	BLACKHEATH & BROMLEY HA	161	0:14:15	925	A Slade	WIMBORNE AC
62	0:13:12	788	C Underwood	MARSHALL MILTON KEYNES J	162	0:14:15	904	S Fajuke	VICTORIA PARK H & TOWER I
63	0:13:13	835	F Evered	REIGATE PRIORY AC	163	0:14:15	910	G Hucknall	WATFORD HARRIERS
64	0:13:14	651	I Brydon	CITY OF PORTSMOUTH AC	164	0:14:15	753	F Haddad	HIGHGATE HARRIERS
65	0:13:14	769	B Thomas	IPSWICH HARRIERS	165	0:14:16	908	N Scott-Gall	VICTORIA PARK H & TOWER I
66	0:13:17	872	E Fryer	ST MARY'S RICHMOND AC	166	0:14:17	741	L Griffin	HERNE HILL HARRIERS
67	0:13:17	742	E Holland	HERNE HILL HARRIERS	167	0:14:18	747	M Aslan	HIGHGATE HARRIERS
68	0:13:18	851	I Hinkley	SOUTHAMPTON AC	168	0:14:19	595	B Brooking	BRIGHTON & HOVE AC
69	0:13:19	558	E Dolby	BLACKHEATH & BROMLEY HA	169	0:14:19	554	Z Aslam	BLACKHEATH & BROMLEY HA
70	0:13:20	865	M Pullan	ST ALBANS STRIDERS	170	0:14:19	644	M Kelly	CITY OF NORWICH AC
71	0:13:21	605	E Yelling	BRIGHTON & HOVE AC	171	0:14:19	780	L Dumbleton	LONDON HEATHSIDE AC
72	0:13:22	914	L Battell	WEST SUFFOLK AC	172	0:14:19	752	H Giles	HIGHGATE HARRIERS
73	0:13:22	656	H Locke	CITY OF PORTSMOUTH AC	173	0:14:20	678	J Benveniste	DACORUM & TRING AC
74	0:13:23	750	E Donald	HIGHGATE HARRIERS	174	0:14:20	627	N Boltwood	CHICHESTER RUNNERS AC
75	0:13:23	706	E Body	HASTINGS AC	175	0:14:22	642	N Hernon	CITY OF NORWICH AC
76	0:13:23	688	L Johnson	GUILDFORD & GODALMING /	176	0:14:28	857	G Holmes	SOUTHDEN ON SEA AC
77	0:13:24	892	D Eves	THURROCK HARRIERS	177	0:14:29	613	A Maris	CAMBRIDGE & COLERIDGE AI
78	0:13:25	725	G Clarke	HERCULES WIMBLEDON AC	178	0:14:30	540	I Wild	BEDFORD & COUNTY AC
79	0:13:26	916	L Coull	WEST SUFFOLK AC	179	0:14:31	680	I Painter	DACORUM & TRING AC
80	0:13:26	784	N Swinhoe	LONDON HEATHSIDE AC	180	0:14:32	880	L Dafter	THAMES VALLEY HARRIERS
81	0:13:28	530	K Webb	ALDERSHOT FARNHAM & DA	181	0:14:33	673	T Sullivan	CRAWLEY AC
82	0:13:30	903	E Doe	VICTORIA PARK H & TOWER I	182	0:14:35	868	C Alvarez	ST EDMUND PACERS
83	0:13:30	657	B Sadie	CITY OF PORTSMOUTH AC	183	0:14:35	756	B Le Vu	HIGHGATE HARRIERS
84	0:13:31	812	H Hunter	OXFORD CITY AC	184	0:14:37	829	J Crocker	READING AC
85	0:13:31	596	J Corbett	BRIGHTON & HOVE AC	185	0:14:37	685	E Page	DARTFORD HARRIERS AC
86	0:13:33	720	N Sewell	HAVERING AC	186	0:14:37	937	H McArdell	WOODFORD GREEN W ESSEX
87	0:13:34	817	O Newhouse	OXFORD CITY AC	187	0:14:38	897	A Holdstock	TONBRIDGE AC
88	0:13:34	508	M Eldridge-Head	ALDERSHOT FARNHAM & DA	188	0:14:39	610	I Dunlop	CAMBRIDGE & COLERIDGE AI
89	0:13:34	844	E Rachel	SHAFTESBURY BARNET HARR	189	0:14:39	629	C Dickinson	CHICHESTER RUNNERS AC
90	0:13:34	690	P Matravrs	GUILDFORD & GODALMING /	190	0:14:39	695	I Brown	EPSOM & EWELL HARRIERS
91	0:13:34	607	E Muzio	BRIGHTON PHOENIX AC	191	0:14:40	592	S Quay-Clark	BRACKNELL AC
92	0:13:35	667	C Groves	CORNWALL AC	192	0:14:40	771	P Parry	KINGSTON & POLY HARRIERS
93	0:13:36	879	O Colegrave	THAMES VALLEY HARRIERS	193	0:14:41	831	C Linton	READING AC
94	0:13:36	761	I Tanner	IIF GROUP	194	0:14:41	778	F Hinds	LEWES AC
95	0:13:36	746	S Williams	HERNE HILL HARRIERS	195	0:14:43	873	L Finch	STRIDERS OF CROYDON
96	0:13:37	620	M Tynan	CAMBRIDGE HARRIERS	196	0:14:43	600	S Saadatizadeh	BRIGHTON & HOVE AC
97	0:13:37	696	S Lomas	EPSOM & EWELL HARRIERS	197	0:14:43	676	L Moore	CROYDON HARRIERS
98	0:13:37	852	M Hulbert	SOUTHAMPTON AC	198	0:14:45	563	I Louth	BLACKHEATH & BROMLEY HA
99	0:13:38	905	R Naughton	VICTORIA PARK H & TOWER I	199	0:14:46	704	E O'Goan	HARROW AC
100	0:13:40	691	D Sakaria	GUILDFORD & GODALMING /	200	0:14:47	918	E Marshall	WEST SUFFOLK AC

## Under 13 Girls

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:14:50	738	I D'Amico	HERNE HILL HARRIERS	<b>Team Results:</b>				
202	0:14:51	825	S Forster	POOLE RUNNERS	<b>Pos</b>	<b>Points</b>	<b>Team / Club</b>	<b>Placings</b>	
203	0:14:52	652	B Dea	CITY OF PORTSMOUTH AC	1	59	CHILTERN HARRIERS AC	( 5 9 11 34 )	
204	0:14:52	870	Z Troy	ST EDMUND PACERS	2	127	CITY OF NORWICH AC	( 21 27 33 46 )	
205	0:14:53	635	M Hughes	CHILTERN HARRIERS AC	3	143	HERNE HILL HARRIERS	( 15 20 41 67 )	
206	0:14:53	833	T Painting	READING AC	4	147	ALDERSHOT FARNHAM & DAC	( 24 29 44 50 )	
207	0:14:54	701	E Savidge	HARLOW AC	5	148	GUILDFORD & GODALMING AC	( 4 25 43 76 )	
208	0:14:55	658	Z Allanson	COOKHAM RC	6	189	OXFORD CITY AC	( 14 40 51 84 )	
209	0:14:56	722	L Armitage	HERCULES WIMBLEDON AC	7	209	BLACKHEATH & BROMLEY HARRIERS	( 30 49 61 69 )	
210	0:14:57	543	J Michot	BELGRAVE HARRIERS	8	218	BRIGHTON & HOVE AC	( 8 54 71 85 )	
211	0:14:57	659	A Braybrooke	COOKHAM RC	9	226	WINDSOR SLOUGH ETON & H AC	( 19 32 38 137 )	
212	0:14:57	628	H Carmichael	CHICHESTER RUNNERS AC	10	361	CITY OF PORTSMOUTH AC	( 64 73 83 141 )	
213	0:14:58	917	M Howell	WEST SUFFOLK AC	11	388	BRACKNELL AC	( 7 118 131 132 )	
214	0:14:59	611	D Fraser	CAMBRIDGE & COLERIDGE AC	12	396	HAVERING AC	( 45 86 120 145 )	
215	0:15:00	894	A Crush	TONBRIDGE AC	13	400	VICTORIA PARK H & TOWER H AC	( 60 82 99 159 )	
216	0:15:01	802	J Knight	NENE VALLEY HARRIERS	14	444	TONBRIDGE AC	( 6 36 187 215 )	
217	0:15:02	705	N Barlow	HASTINGS AC	15	450	EPSOM & EWELL HARRIERS	( 12 97 151 190 )	
218	0:15:02	896	B Heslop	TONBRIDGE AC	16	461	SHAFTESBURY BARNET HARRIERS	( 18 89 115 239 )	
219	0:15:03	919	L Marshall	WEST SUFFOLK AC	17	470	SOUTHAMPTON AC	( 47 68 98 257 )	
220	0:15:05	867	S Allen	ST EDMUND PACERS	18	471	MEDWAY & MAIDSTONE AC	( 13 103 125 230 )	
221	0:15:06	718	A Poulson	HAVERING AC	19	507	HIGHGATE HARRIERS	( 74 133 136 164 )	
222	0:15:06	711	H Bradley	HAVERING AC	20	509	CRAWLEY AC	( 35 146 147 181 )	
223	0:15:10	625	H Watson	CHELMSFORD AC	21	534	COOKHAM RC	( 105 110 111 208 )	
224	0:15:11	721	H Yexley	HAVERING AC	22	564	WEST SUFFOLK AC	( 72 79 200 213 )	
225	0:15:12	700	M Cranfield	HARLOW AC	23	602	HERCULES WIMBLEDON AC	( 48 78 209 267 )	
226	0:15:12	736	Z Cruywagen	HERNE HILL HARRIERS	24	641	CHELMSFORD AC	( 31 138 223 249 )	
227	0:15:13	891	M Mcguigan	THE STRAGGLERS RC	25	676	CHICHESTER RUNNERS AC	( 101 174 189 212 )	
228	0:15:13	912	S Jansen	WATFORD HARRIERS	26	676	HASTINGS AC	( 75 107 217 277 )	
229	0:15:15	647	O Sargeant	CITY OF NORWICH AC	27	743	NENE VALLEY HARRIERS	( 122 154 216 251 )	
230	0:15:15	789	L Crossley	MEDWAY & MAIDSTONE AC	28	802	CROYDON HARRIERS	( 112 197 231 262 )	
231	0:15:15	675	S Howard	CROYDON HARRIERS	29	825	CAMBRIDGE & COLERIDGE AC	( 177 188 214 246 )	
232	0:15:17	888	A Bryan	THE STRAGGLERS RC	30	841	ST EDMUND PACERS	( 182 204 220 235 )	
233	0:15:17	702	C Ballentine	HARROW AC	31	841	THE STRAGGLERS RC	( 128 227 232 254 )	
234	0:15:18	681	A Bates	DARTFORD HARRIERS AC	32	916	DARTFORD HARRIERS AC	( 185 234 245 252 )	
235	0:15:19	869	R O'Brien	ST EDMUND PACERS					
236	0:15:20	661	B McCafferty	COOKHAM RC					
237	0:15:21	931	H Landon	WINDSOR SLOUGH ETON & H					
238	0:15:21	776	D Giltrow	LEIGHTON BUZZARD AC					
239	0:15:23	847	N Tanner	SHAFTESBURY BARNET HARRIERS					
240	0:15:23	885	M Roe	THANET ROAD RUNNERS					
241	0:15:24	754	E Herzog	HIGHGATE HARRIERS					
242	0:15:24	773	J Bell	LEIGHTON BUZZARD AC					
243	0:15:26	650	J Batty	CITY OF PORTSMOUTH AC					
244	0:15:30	671	A Hughes	CRAWLEY AC					
245	0:15:30	682	R Bradley	DARTFORD HARRIERS AC					
246	0:15:34	614	L Richards	CAMBRIDGE & COLERIDGE AC					
247	0:15:36	808	R Natu	ORION HARRIERS					
248	0:15:37	645	L King	CITY OF NORWICH AC					
249	0:15:38	621	K Brazier	CHELMSFORD AC					
250	0:15:40	663	E Roberts	COOKHAM RC					
251	0:15:45	804	N Rushton	NENE VALLEY HARRIERS					
252	0:15:49	683	M Dovey	DARTFORD HARRIERS AC					
253	0:15:50	631	R Potter	CHICHESTER RUNNERS AC					
254	0:15:51	889	L Hoseason	THE STRAGGLERS RC					
255	0:15:51	713	J Collier	HAVERING AC					
256	0:15:52	906	S Nellist	VICTORIA PARK H & TOWER H					
257	0:15:53	849	Y Butts	SOUTHAMPTON AC					
258	0:15:53	932	P Matta	WINDSOR SLOUGH ETON & H					
259	0:15:55	748	B Bannister	HIGHGATE HARRIERS					
260	0:15:59	622	L Hazel	CHELMSFORD AC					
261	0:16:01	733	G Cooney	HERNE HILL HARRIERS					
262	0:16:06	674	M Lee	CROYDON HARRIERS					
263	0:16:13	749	N Crabb	HIGHGATE HARRIERS					
264	0:16:16	703	I Graffagnino	HARROW AC					
265	0:16:18	921	L Stinson	WEST SUFFOLK AC					
266	0:16:19	840	R Jeffrey	SHAFTESBURY BARNET HARRIERS					
267	0:16:22	723	A Barker	HERCULES WIMBLEDON AC					
268	0:16:26	842	A Murphy	SHAFTESBURY BARNET HARRIERS					
269	0:16:29	717	R O'rourke	HAVERING AC					
270	0:16:34	646	M Lewis	CITY OF NORWICH AC					
271	0:16:35	798	K Stringer	MEDWAY & MAIDSTONE AC					
272	0:16:37	821	K Sheppard	POOLE AC					
273	0:16:40	533	A Hinson	ASHFORD AC					
274	0:16:43	877	A Davis	TEAM SYNERGY					
275	0:16:46	609	C Bridger	CAMBRIDGE & COLERIDGE AC					
276	0:17:01	544	C Norville-Whymys	BELGRAVE HARRIERS					
277	0:17:38	709	B Magorrian	HASTINGS AC					
278	0:17:47	617	K Marsh	CAMBRIDGE HARRIERS					
279	0:18:23	901	A Poppy	TRENT PARK RC					
280	0:18:30	826	M Small	POOLE RUNNERS					
281	0:18:40	878	R Tavender	TEAM SYNERGY					
282	0:18:43	737	S Daley	HERNE HILL HARRIERS					
283	0:18:54	537	E Calver-Brown	BECCLES & BUNGAY HARRIER					

## Under 13 Boys

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:10:47	332	F Vaughan	REIGATE PRIORY AC	101	0:12:27	87	A Rushforth	CAMBERLEY & DISTRICT AC
2	0:10:58	173	E Scott	EAST GRINSTEAD & DISTRICT	102	0:12:27	333	N Young	REIGATE PRIORY AC
3	0:11:08	342	B Brown	SOUTHAMPTON AC	103	0:12:27	432	J Goodwin	WIMBORNE AC
4	0:11:11	8	H Hyde	ALDERSHOT FARNHAM & DIS	104	0:12:27	19	L Stone	ALDERSHOT FARNHAM & DIS
5	0:11:12	2	S Bodoano	ALDERSHOT FARNHAM & DIS	105	0:12:27	403	O Croll	TONBRIDGE AC
6	0:11:21	412	M Taylor	TONBRIDGE AC	106	0:12:28	3	P Brown	ALDERSHOT FARNHAM & DIS
7	0:11:21	205	C Chilton	HERNE HILL HARRIERS	107	0:12:28	98	G Parmenter	CAMBRIDGE & COLERIDGE AI
8	0:11:23	6	E Henderson	ALDERSHOT FARNHAM & DIS	108	0:12:29	355	L Randall	SOUTHEND ON SEA AC
9	0:11:25	314	H Stevens	POOLE AC	109	0:12:30	344	L Feyerabend-Powell	SOUTHAMPTON AC
10	0:11:26	208	J Harrison	HERNE HILL HARRIERS	110	0:12:30	275	A Murphy	MARSHALL MILTON KEYNES J
11	0:11:27	40	Z Saez	BEDFORD & COUNTY AC	111	0:12:31	183	W Cooper	HASTINGS AC
12	0:11:30	15	R Morrell	ALDERSHOT FARNHAM & DIS	112	0:12:31	146	F McGrath	COOKHAM RC
13	0:11:31	119	W Jackson	CHILTERN HARRIERS AC	113	0:12:31	270	D Bentham	LUTON AC
14	0:11:32	4	T Cheshire	ALDERSHOT FARNHAM & DIS	114	0:12:32	371	L Cummings	ST MARY'S RICHMOND AC
15	0:11:32	427	B Hunter	WATFORD HARRIERS	115	0:12:32	395	O Emmment	THE STRAGGLERS RC
16	0:11:33	368	L Sullivan	ST EDMUND PACERS	116	0:12:32	14	G Miller	ALDERSHOT FARNHAM & DIS
17	0:11:35	207	B Harrison	HERNE HILL HARRIERS	117	0:12:32	282	J Hollands	MEDWAY & MAIDSTONE AC
18	0:11:35	341	L Stubbs	SHAFTESBURY BARNET HARR	118	0:12:32	365	R Quigley	ST ALBANS STRIDERS
19	0:11:36	5	M Gar	ALDERSHOT FARNHAM & DIS	119	0:12:33	70	T Brooks	BRACKNELL AC
20	0:11:37	266	R McGonagle	LONDON HEATHSIDE AC	120	0:12:33	38	M Hanford	BEDFORD & COUNTY AC
21	0:11:38	343	M Dyer	SOUTHAMPTON AC	121	0:12:33	135	J Fawcett	CITY OF PORTSMOUTH AC
22	0:11:39	215	C Welsh	HERNE HILL HARRIERS	122	0:12:34	454	R Reid	WOODFORD GREEN W ESSEX
23	0:11:43	330	F Fowler	REIGATE PRIORY AC	123	0:12:34	200	S Masters	HERCULES WIMBLEDON AC
24	0:11:44	240	F Adams	IPSWICH HARRIERS	124	0:12:35	77	W Matthews	BRIGHTON & HOVE AC
25	0:11:44	411	H Taylor	TONBRIDGE AC	125	0:12:35	37	U Fentelmann	BEDFORD & COUNTY AC
26	0:11:45	293	S Oakley	NENE VALLEY HARRIERS	126	0:12:35	255	M Dickson	KINGSTON & POLY HARRIERS
27	0:11:46	17	B Roberts	ALDERSHOT FARNHAM & DIS	127	0:12:35	177	T Long	GUILDFORD & GODALMING J
28	0:11:46	88	J Winship	CAMBERLEY & DISTRICT AC	128	0:12:36	300	B Keay	NORTH NORFOLK HARRIERS
29	0:11:47	100	J Wheeler	CAMBRIDGE & COLERIDGE AI	129	0:12:37	145	I Hughes	COOKHAM RC
30	0:11:48	18	A Spear	ALDERSHOT FARNHAM & DIS	130	0:12:38	131	T Nelson	CITY OF NORWICH AC
31	0:11:48	126	D Adams	CITY OF NORWICH AC	131	0:12:38	277	H Rose	MARSHALL MILTON KEYNES J
32	0:11:49	118	N Hackley	CHILTERN HARRIERS AC	132	0:12:38	348	J Lawrence	SOUTH LONDON HARRIERS
33	0:11:50	437	N Fletcher	WINDSOR SLOUGH ETON & F	133	0:12:39	249	E Osborn	IPSWICH JAFFA RC
34	0:11:51	60	S Reardon	BLACKHEATH & BROMLEY HA	134	0:12:40	56	M Gregson	BLACKHEATH & BROMLEY HA
35	0:11:51	49	T Brash	BLACKHEATH & BROMLEY HA	135	0:12:40	367	M Berry	ST EDMUND PACERS
36	0:11:53	121	L Peterson	CHILTERN HARRIERS AC	136	0:12:40	296	S Knoblock	NEWQUAY & PAR AC
37	0:11:53	67	L Thurlow	BLACKHEATH & BROMLEY HA	137	0:12:41	396	D Harrod	THURROCK HARRIERS
38	0:11:53	99	J Peate	CAMBRIDGE & COLERIDGE AI	138	0:12:41	7	T Henderson	ALDERSHOT FARNHAM & DIS
39	0:11:54	231	M Smith	HORSHAM BLUE STAR HARRI	139	0:12:42	268	O O'Connor	LONDON HEATHSIDE AC
40	0:11:54	262	J Gardner	LEWES AC	140	0:12:42	159	J Bailey	DACORUM & TRING AC
41	0:11:54	425	R Hurst	WALTON AC	141	0:12:42	263	S Pendered	LEWES AC
42	0:11:54	301	I O'Malley	NORTH NORFOLK HARRIERS	142	0:12:43	241	J Cook	IPSWICH HARRIERS
43	0:11:55	394	S Bateman	THE STRAGGLERS RC	143	0:12:44	369	O Woodward	ST EDMUND PACERS
44	0:11:55	214	J Taylor	HERNE HILL HARRIERS	144	0:12:44	243	M Fisher	IPSWICH HARRIERS
45	0:11:55	187	C Nieto	HASTINGS AC	145	0:12:45	376	M Sait	ST MARY'S RICHMOND AC
46	0:11:55	1	C Baker	ALDERSHOT FARNHAM & DIS	146	0:12:45	179	C Hudson	HARROW AC
47	0:11:56	101	C Wood	CAMBRIDGE & COLERIDGE AI	147	0:12:45	160	S Burnell	DACORUM & TRING AC
48	0:11:56	120	C Nisbet	CHILTERN HARRIERS AC	148	0:12:45	176	F Downes	GUILDFORD & GODALMING J
49	0:11:57	407	O Fasina	TONBRIDGE AC	149	0:12:46	178	A Bickerstaff	HARROW AC
50	0:11:57	424	J Gemmell	WALTON AC	150	0:12:47	137	C Walker-Powell	CITY OF PORTSMOUTH AC
51	0:11:58	90	M Benyan	CAMBRIDGE & COLERIDGE AI	151	0:12:47	345	J Norton	SOUTHAMPTON AC
52	0:11:59	261	F Davoren	LEWES AC	152	0:12:47	378	M Tyas	ST MARY'S RICHMOND AC
53	0:11:59	13	R Martin	ALDERSHOT FARNHAM & DIS	153	0:12:48	12	T Lines	ALDERSHOT FARNHAM & DIS
54	0:11:59	150	D Hanslow	CRAWLEY AC	154	0:12:48	235	J Hart	HUNTINGDONSHIRE AC
55	0:12:00	337	S Greenstein	SHAFTESBURY BARNET HARR	155	0:12:48	111	L Woods	CAMBRIDGE HARRIERS
56	0:12:00	250	T Atkinson	JERSEY SPARTAN AC	156	0:12:48	226	F Griffiths	HIGHGATE HARRIERS
57	0:12:01	245	O Hitchcock	IPSWICH HARRIERS	157	0:12:49	61	O Robertson	BLACKHEATH & BROMLEY HA
58	0:12:02	20	H Ware	ALDERSHOT FARNHAM & DIS	158	0:12:49	455	A Mitchell	WYCOMBE PHOENIX H
59	0:12:02	390	S King	THANET ROAD RUNNERS	159	0:12:50	366	T Wilson	ST ALBANS STRIDERS
60	0:12:03	406	C Dymond	TONBRIDGE AC	160	0:12:50	62	J Sears	BLACKHEATH & BROMLEY HA
61	0:12:03	299	H Jonas	NORTH NORFOLK HARRIERS	161	0:12:50	382	M Bishop	THAMES VALLEY HARRIERS
62	0:12:04	280	E Gear	MEDWAY & MAIDSTONE AC	162	0:12:51	271	M Winfield	LUTON AC
63	0:12:05	117	T Emery	CHILTERN HARRIERS AC	163	0:12:51	324	B McCabe	READING AC
64	0:12:05	312	F Pardy	POOLE AC	164	0:12:52	227	J Hopkins	HIGHGATE HARRIERS
65	0:12:06	139	Z Clemens	CORNWALL AC	165	0:12:54	351	K Kalmanis	SOUTHEND ON SEA AC
66	0:12:07	322	R Henry-Daire	READING AC	166	0:12:54	441	R Hudson	WINDSOR SLOUGH ETON & F
67	0:12:08	302	D Bryant	ORION HARRIERS	167	0:12:54	68	O Barratt	BRACKNELL AC
68	0:12:08	78	H May	BRIGHTON & HOVE AC	168	0:12:54	115	A Sadler	CHICHESTER RUNNERS AC
69	0:12:09	185	J Judah	HASTINGS AC	169	0:12:54	123	Z Rahaman	CHILTERN HARRIERS AC
70	0:12:09	306	C Corbin	POOLE AC	170	0:12:55	354	L Pullen	SOUTHEND ON SEA AC
71	0:12:09	219	D Gill	HERTS PHOENIX AC	171	0:12:55	76	O Davies	BRIGHTON & HOVE AC
72	0:12:10	32	C Brodie	BEDFORD & COUNTY AC	172	0:12:56	65	M Smith	BLACKHEATH & BROMLEY HA
73	0:12:11	83	H Yelling	BRIGHTON & HOVE AC	173	0:12:56	85	S Checkley	BRIGHTON PHOENIX AC
74	0:12:11	242	K Evans Lombe	IPSWICH HARRIERS	174	0:12:57	320	L Baker	READING AC
75	0:12:11	238	T Hutton	INVICTA EAST KENT	175	0:12:59	34	N Campion	BEDFORD & COUNTY AC
76	0:12:12	456	J Sanderson	WYCOMBE PHOENIX H	176	0:13:01	260	L Buckley	LEWES AC
77	0:12:12	106	E Fiore	CAMBRIDGE HARRIERS	177	0:13:02	288	H Brill	NENE VALLEY HARRIERS
78	0:12:13	438	W Goddard	WINDSOR SLOUGH ETON & F	178	0:13:02	356	F Tall	SOUTHEND ON SEA AC
79	0:12:14	331	O Mooney	REIGATE PRIORY AC	179	0:13:02	307	C Corbin	POOLE AC
80	0:12:14	225	J Bailey	HIGHGATE HARRIERS	180	0:13:04	186	A Morrissey	HASTINGS AC
81	0:12:14	402	F Croll	TONBRIDGE AC	181	0:13:05	346	I Cotton	SOUTH LONDON HARRIERS
82	0:12:15	295	G Ferguson	NEWBURY AC	182	0:13:06	385	B Rock	THAMES VALLEY HARRIERS
83	0:12:15	272	L Hynes	MAIDENHEAD AC	183	0:13:07	27	E Smith	BEXLEY AC
84	0:12:16	9	B Jackman	ALDERSHOT FARNHAM & DIS	184	0:13:08	389	H Gaffon	THANET ROAD RUNNERS
85	0:12:16	297	C Olden	NEW FOREST RC	185	0:13:08	21	I Wong	ALDERSHOT FARNHAM & DIS
86	0:12:17	190	M Blacklock	HAVERING AC	186	0:13:08	148	T Fox	CRAWLEY AC
87	0:12:17	89	J Aguilar-Agon	CAMBRIDGE & COLERIDGE AI	187	0:13:09	303	H Channon	OXFORD CITY AC
88	0:12:18	440	S Hodgson	WINDSOR SLOUGH ETON & F	188	0:13:09	252	J Weekly	KENT AC
89	0:12:19	244	E Gladwell	IPSWICH HARRIERS	189	0:13:10	189	I Wilson	HASTINGS AC
90	0:12:20	201	W Schneider	HERCULES WIMBLEDON AC	190	0:13:10	128	J Hart	CITY OF NORWICH AC
91	0:12:20	92	J Borrett	CAMBRIDGE & COLERIDGE AI	191	0:13:11	327	C Shaw	READING AC
92	0:12:21	73	E Enser	BRACKNELL AC	192	0:13:11	279	C Featherstone	MEDWAY & MAIDSTONE AC
93	0:12:23	375	D Rhodes	ST MARY'S RICHMOND AC	193	0:13:11	434	J Healey	WIMBORNE AC
94	0:12:23	349	B Morrell	SOUTH LONDON HARRIERS	194	0:13:11	276	J Rose	MARSHALL MILTON KEYNES J
95	0:12:23	96	F McGrath	CAMBRIDGE & COLERIDGE AI	195	0:13:11	374	I Phelan	ST MARY'S RICHMOND AC
96	0:12:23	388	A Turner	THAMES VALLEY HARRIERS	196	0:13:11	360	T Gaunce	ST ALBANS STRIDERS
97	0:12:25	36	T Dearden	BEDFORD & COUNTY AC	197	0:13:12	210	F Hurst	HERNE HILL HARRIERS
98	0:12:25	435	O Rawles	WIMBORNE AC	198	0:13:12	417	L Finnegan	TRENT PARK RC
99	0:12:26	317	E Sinclair	RANELAGH HARRIERS	199	0:13:13	232	C Burke	HUNTINGDONSHIRE AC
100	0:12:26	72	N Didaskalou	BRACKNELL AC	200	0:13:13	404	H Crush	TONBRIDGE AC

## Under 13 Boys

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:13:14	387	C Rollo	THAMES VALLEY HARRIERS	301	0:15:00	254	O Zurdo	KENT AC
202	0:13:14	405	A Currie	TONBRIDGE AC	302	0:15:01	284	F Rodgers	MEDWAY & MAIDSTONE AC
203	0:13:16	46	H Shippey	BELGRAVE HARRIERS	303	0:15:10	174	J Goldby	EPSOM & EWELL HARRIERS
204	0:13:16	110	L Treadwell	CAMBRIDGE HARRIERS	304	0:15:12	236	F Lyons	HUNTINGDONSHIRE AC
205	0:13:18	102	J Adams	CAMBRIDGE HARRIERS	305	0:15:22	401	F Coates	TONBRIDGE AC
206	0:13:19	53	O Chaban	BLACKHEATH & BROMLEY HA	306	0:15:37	230	M Watson	HIGHGATE HARRIERS
207	0:13:20	130	A Murdoch	CITY OF NORWICH AC	307	0:15:48	258	W Rossiter	LEIGHTON BUZZARD AC
208	0:13:20	418	O Baty	VICTORIA PARK H & TOWER H	308	0:15:50	416	R Edmead	TRENT PARK RC
209	0:13:21	415	N Douglas	TRENT PARK RC	309	0:15:59	304	O Beasley	PETERBOROUGH AC
210	0:13:22	399	G Burbage	TONBRIDGE AC	310	0:15:59	22	N Clarke	BARNET & DISTRICT AC
211	0:13:22	264	J Davis-Black	LONDON HEATHSIDE AC	311	0:16:07	334	F Delaney	SERPENTINE RC
212	0:13:22	157	I Salim	CROYDON HARRIERS	312	0:16:13	165	B Rawsthorne	EALING EAGLES
213	0:13:22	202	S Spencer	HERCULES WIMBLEDON AC					
214	0:13:23	228	L Porter	HIGHGATE HARRIERS					
215	0:13:23	237	M Hick	ILFORD AC					
216	0:13:23	308	D Heffer	POOLE AC					
217	0:13:23	191	S Bradley	HAVERING AC					
218	0:13:23	446	G Thomas	WINDSOR SLOUGH ETON & H					
219	0:13:24	224	E Baddiel Banks	HIGHGATE HARRIERS					
220	0:13:24	363	O Loveday	ST ALBANS STRIDERS					
221	0:13:24	233	H Croft	HUNTINGDONSHIRE AC					
222	0:13:24	274	B Green	MARSHALL MILTON KEYNES AC					
223	0:13:25	433	B Harwood	WIMBORNE AC					
224	0:13:27	253	L Zurdo	KENT AC					
225	0:13:27	122	J Powell	CHILTERN HARRIERS AC					
226	0:13:28	188	C Puxty	HASTINGS AC					
227	0:13:29	398	S Vehit	THURROCK HARRIERS					
228	0:13:29	259	F Braund	LEWES AC					
229	0:13:30	286	K Ryan	MEDWAY & MAIDSTONE AC					
230	0:13:31	196	O Yexley	HAVERING AC					
231	0:13:31	142	J Dilley	COOKHAM RC					
232	0:13:31	10	F Kavanagh	ALDERSHOT FARNHAM & DIS					
233	0:13:32	442	M Knight	WINDSOR SLOUGH ETON & H					
234	0:13:33	256	M Webb-bourne	KINGSTON & POLY HARRIERS					
235	0:13:33	298	N Hutchings	NORTH NORFOLK HARRIERS					
236	0:13:34	373	G Phelan	ST MARY'S RICHMOND AC					
237	0:13:35	336	A Chisholm	SHAFTESBURY BARNET HARR					
238	0:13:38	204	J Willis	HERCULES WIMBLEDON AC					
239	0:13:38	153	T Kimber	CRAWLEY AC					
240	0:13:39	104	L Carr	CAMBRIDGE HARRIERS					
241	0:13:40	421	J Lamb	VICTORIA PARK H & TOWER H					
242	0:13:42	310	O O'Brien	POOLE AC					
243	0:13:43	316	A Quin	QUEENS PARK HARRIERS					
244	0:13:43	391	D Leach	THANET ROAD RUNNERS					
245	0:13:44	103	T Carbin	CAMBRIDGE HARRIERS					
246	0:13:44	448	M Sunderland	WOKING AC					
247	0:13:45	257	O Butlin	LEIGHTON BUZZARD AC					
248	0:13:45	94	R Howe	CAMBRIDGE & COLERIDGE AC					
249	0:13:46	265	L Maher	LONDON HEATHSIDE AC					
250	0:13:46	397	K Lovelock	THURROCK HARRIERS					
251	0:13:47	193	S Hart	HAVERING AC					
252	0:13:49	290	F House	NENE VALLEY HARRIERS					
253	0:13:49	199	R Gallagher	HERCULES WIMBLEDON AC					
254	0:13:49	132	J Want	CITY OF NORWICH AC					
255	0:13:51	161	S Russell	DACORUM & TRING AC					
256	0:13:54	105	R Chandler	CAMBRIDGE HARRIERS					
257	0:13:55	58	A Parkinson	BLACKHEATH & BROMLEY HA					
258	0:13:55	408	A Ganguli	TONBRIDGE AC					
259	0:13:56	43	S Pound	BELGRAVE HARRIERS					
260	0:13:56	195	A Kerr	HAVERING AC					
261	0:13:56	457	M Lissenburg	WIMBORNE AC					
262	0:13:58	267	K Naylor	LONDON HEATHSIDE AC					
263	0:13:59	136	J Howard	CITY OF PORTSMOUTH AC					
264	0:13:59	383	N Gordon	THAMES VALLEY HARRIERS					
265	0:13:59	413	A Tosh	TONBRIDGE AC					
266	0:14:00	409	F Hillier	TONBRIDGE AC					
267	0:14:01	458	D Wilson	RIVERSIDE RUNNERS ST NEOT					
268	0:14:02	151	T Harris	CRAWLEY AC					
269	0:14:03	410	W Ross	TONBRIDGE AC					
270	0:14:03	107	T Hafford Tear	CAMBRIDGE HARRIERS					
271	0:14:04	31	J Ruth	BASINGSTOKE & MID HANTS					
272	0:14:05	318	F Sinclair	RANELAGH HARRIERS					
273	0:14:06	430	J Dunn	WIMBORNE AC					
274	0:14:08	175	J Green	EPSOM & EWELL HARRIERS					
275	0:14:09	423	J Gelona	WALTON AC					
276	0:14:11	170	M Lamagna	EALING SOUTHALL & MIDDX					
277	0:14:12	309	L Nixon	POOLE AC					
278	0:14:14	134	S Fabre De la Grange	CITY OF PORTSMOUTH AC					
279	0:14:14	162	T Dudman	DAGENHAM 88 RUNNERS					
280	0:14:14	154	A Sproston	CRAWLEY AC					
281	0:14:15	194	L Houston	HAVERING AC					
282	0:14:18	422	F Allen	WALTON AC					
283	0:14:20	325	H Moor	READING AC					
284	0:14:21	289	J Garner	NENE VALLEY HARRIERS					
285	0:14:24	311	R Openshaw	POOLE AC					
286	0:14:25	141	J Calliss	COOKHAM RC					
287	0:14:26	273	A Hynes	MAIDENHEAD AC					
288	0:14:27	381	R Votta	TEAM SYNERGY					
289	0:14:28	172	M West	EALING SOUTHALL & MIDDX					
290	0:14:28	377	E Tong	ST MARY'S RICHMOND AC					
291	0:14:29	74	C Law	BRACKNELL AC					
292	0:14:30	156	D Aikman	CROYDON HARRIERS					
293	0:14:34	79	K Monti	BRIGHTON & HOVE AC					
294	0:14:37	216	V Clarke	HERTS PHOENIX AC					
295	0:14:38	57	N Paddington	BLACKHEATH & BROMLEY HA					
296	0:14:39	278	C Featherstone	MEDWAY & MAIDSTONE AC					
297	0:14:42	33	E Cairns	BEDFORD & COUNTY AC					
298	0:14:45	315	H Seargeant	POOLE RUNNERS					
299	0:14:56	82	G Taylor	BRIGHTON & HOVE AC					
300	0:14:57	180	L Mansell	HARROW AC					

### Team Results:

Pos	Points	Team / Club	Placings
1	29	ALDERSHOT FARNHAM & DISTRICT	( 4 5 8 12 )
2	56	HERNE HILL HARRIERS	( 7 10 17 22 )
3	129	CHILTERN HARRIERS AC	( 13 32 36 48 )
4	140	TONBRIDGE AC	( 6 25 49 60 )
5	165	CAMBRIDGE & COLERIDGE AC	( 29 38 47 51 )
6	205	REIGATE PRIORY AC	( 1 23 79 102 )
7	240	BLACKHEATH & BROMLEY HARRIERS	( 34 35 37 134 )
8	244	IPSWICH HARRIERS	( 24 57 74 89 )
9	284	SOUTHAMPTON AC	( 3 21 109 151 )
10	300	BEDFORD & COUNTY AC	( 11 72 97 120 )
11	322	POOLE AC	( 9 64 70 179 )
12	365	WINDSOR SLOUGH ETON & H AVING AC	( 33 78 88 166 )
13	405	HASTINGS AC	( 45 69 111 180 )
14	409	LEWES AC	( 40 52 141 176 )
15	436	BRIGHTON & HOVE AC	( 68 73 124 171 )
16	466	NORTH NORFOLK HARRIERS	( 42 61 128 235 )
17	478	BRACKNELL AC	( 92 100 119 167 )
18	504	ST MARY'S RICHMOND AC	( 93 114 145 152 )
19	558	CITY OF NORWICH AC	( 31 130 190 207 )
20	594	READING AC	( 66 163 174 191 )
21	600	MEDWAY & MAIDSTONE AC	( 62 117 192 229 )
22	614	HIGHGATE HARRIERS	( 80 156 164 214 )
23	617	WIMBORNE AC	( 98 103 193 223 )
24	619	LONDON HEATHSIDE AC	( 20 139 211 249 )
25	621	SOUTHEND ON SEA AC	( 108 165 170 178 )
26	640	THAMES VALLEY HARRIERS	( 96 161 182 201 )
27	641	CAMBRIDGE HARRIERS	( 77 155 204 205 )
28	648	WALTON AC	( 41 50 275 282 )
29	657	MARSHALL MILTON KEYNES AC	( 110 131 194 222 )
30	664	HERCULES WIMBLEDON AC	( 90 123 213 238 )
31	693	ST ALBANS STRIDERS	( 118 159 196 220 )
32	739	NENE VALLEY HARRIERS	( 26 177 252 284 )
33	747	CRAWLEY AC	( 54 186 239 268 )
34	758	COOKHAM RC	( 112 129 231 286 )
35	784	HAVERING AC	( 86 217 230 251 )
36	812	CITY OF PORTSMOUTH AC	( 121 150 263 278 )
37	878	HUNTINGDONSHIRE AC	( 154 199 221 304 )

## Under 15 Girls

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:16:09	1664	C Alexander	HERNE HILL HARRIERS	101	0:19:00	1645	S Sirkett	HARLOW AC
2	0:16:34	1612	S Moore	CITY OF PORTSMOUTH AC	102	0:19:01	1800	H Samarasinghe	ST MARY'S RICHMOND AC
3	0:16:39	1638	O McDonald	GUILDFORD & GODALMING /	103	0:19:01	1826	F Currie	TONBRIDGE AC
4	0:16:59	1603	N Porter	CITY OF NORWICH AC	104	0:19:03	1749	A Chadwick	READING AC
5	0:17:04	1801	D Corradi	SUTTON & DISTRICT AC	105	0:19:04	1846	I Burton	WALTON AC
6	0:17:05	1688	A Millard	INVICTA EAST KENT AC	106	0:19:04	1573	A Dove	CAMBERLEY & DISTRICT AC
7	0:17:06	1852	C Vaughan	WALTON AC	107	0:19:06	1633	A Ibrahim	EALING SOUTHALL & MIDDLE
8	0:17:08	1820	H Instance	THURROCK HARRIERS	108	0:19:07	1721	E Robinson	NENE VALLEY HARRIERS
9	0:17:09	1655	M Ramnarine	HASTINGS AC	109	0:19:07	1572	K Beckett	CAMBERLEY & DISTRICT AC
10	0:17:11	1541	M Squibb	BLACKHEATH & BROMLEY HA	110	0:19:09	1565	A Nann	BRIGHTON & HOVE AC
11	0:17:18	1607	M Winship	CITY OF NORWICH AC	111	0:19:09	1854	C Johal	WATFORD HARRIERS
12	0:17:19	1522	T Wilson	BEDFORD & COUNTY AC	112	0:19:10	1550	E Jones	BRACKNELL AC
13	0:17:22	1606	K Willis	CITY OF NORWICH AC	113	0:19:11	1728	L Webster	NEWQUAY & PAR AC
14	0:17:22	1640	E Sakaria	GUILDFORD & GODALMING /	114	0:19:12	1716	A Baker-Jones	MEDWAY & MAIDSTONE AC
15	0:17:23	1898	K Stilwell	WYCOMBE PHOENIX HARRIEI	115	0:19:13	1738	D Palmer	OXFORD CITY AC
16	0:17:23	1894	G Malcolm	WOODFORD GREEN w ESSEX	116	0:19:13	1829	M Hall	TONBRIDGE AC
17	0:17:33	1780	I Richardson	SOUTHAMPTON AC	117	0:19:13	1834	R O'Brien	TONBRIDGE AC
18	0:17:33	1744	I Atkins	RANELAGH HARRIERS	118	0:19:14	1866	B Kingswell-Farr	WIMBORNE AC
19	0:17:34	1873	P Anderson	WINDSOR SLOUGH ETON & H	119	0:19:16	1751	A Hancock	READING AC
20	0:17:34	1895	C Malcolm	WOODFORD GREEN w ESSEX	120	0:19:16	1516	S Wetheridge	BASILDON AC
21	0:17:35	1805	C Buckley	THAMES VALLEY HARRIERS	121	0:19:17	1515	H Rex	BASILDON AC
22	0:17:36	1729	A Durand	NORTH NORFOLK HARRIERS	122	0:19:18	1618	C Pratt	CORNWALL AC
23	0:17:36	1517	I Mannion	BASTINGSTOKE & MID HANT	123	0:19:20	1890	C Mulvihill	WOKING AC
24	0:17:39	1691	H Fisher	IPSWICH HARRIERS	124	0:19:23	1594	S Lockwood	CHILTERN HARRIERS AC
25	0:17:39	1596	J Williamson	CHILTERN HARRIERS AC	125	0:19:25	1724	T Brown	NEWQUAY & PAR AC
26	0:17:42	1792	K Stern	ST ALBANS STRIDERS	126	0:19:25	1737	S Kennedy	OXFORD CITY AC
27	0:17:44	1828	K Goodge	TONBRIDGE AC	127	0:19:26	1807	M Duer	THAMES VALLEY HARRIERS
28	0:17:44	1882	M Jones	WINDSOR SLOUGH ETON & H	128	0:19:26	1817	P Jensen	THE STRAGGLERS RC
29	0:17:45	1850	R Pharaoh	WALTON AC	129	0:19:26	1526	R Allan	BLACKHEATH & BROMLEY HA
30	0:17:46	1819	J Norkett	THETFORD AC	130	0:19:27	1893	W Jackson	WOODFORD GREEN w ESSEX
31	0:17:47	1868	A Lovering	WIMBORNE AC	131	0:19:29	1798	I King	ST MARY'S RICHMOND AC
32	0:17:48	1637	C Griffiths	GUILDFORD & GODALMING /	132	0:19:29	1567	A Wright	BRIGHTON & HOVE AC
33	0:17:48	1559	K Sittampalam-Main	BRACKNELL AC	133	0:19:29	1797	I Deakin	ST MARY'S RICHMOND AC
34	0:17:53	1778	P Moriarty-Palios	SOUTHAMPTON AC	134	0:19:30	1673	J Tabraham	HERNE HILL HARRIERS
35	0:17:55	1710	B De Koning	MARSHALL MILTON KEYNES /	135	0:19:30	1659	L Bath	HAVERING AC
36	0:17:55	1505	L Carter	ALDERSHOT FARNHAM & DA	136	0:19:31	1551	F Jones	BRACKNELL AC
37	0:17:56	1604	E Taylor	CITY OF NORWICH AC	137	0:19:31	1875	K Clutterbuck	WINDSOR SLOUGH ETON & H
38	0:17:57	1832	V Milana	TONBRIDGE AC	138	0:19:31	1863	D Goddard	WIMBORNE AC
39	0:17:58	1555	H Read	BRACKNELL AC	139	0:19:32	1682	A Richer	HORSHAM BLUE STAR HARRI
40	0:17:59	1563	L Dooley	BRIGHTON & HOVE AC	140	0:19:32	1808	N Murphy	THAMES VALLEY HARRIERS
41	0:18:00	1709	E Carey	MARSHALL MILTON KEYNES /	141	0:19:33	1684	K Wright	HUNTINGDONSHIRE AC
42	0:18:00	1507	C Parsons	ALDERSHOT FARNHAM & DA	142	0:19:33	1676	E Gilmore	HIGHGATE HARRIERS
43	0:18:01	1609	M Billins	CITY OF PORTSMOUTH AC	143	0:19:34	1838	H Emily	TRENT PARK RC
44	0:18:03	1720	A Park	NENE VALLEY HARRIERS	144	0:19:35	1687	A Hinds	INVICTA EAST KENT AC
45	0:18:04	1598	K Goldsmith	CITY OF NORWICH AC	145	0:19:36	1663	R Riches	HERCULES WIMBLEDON AC
46	0:18:05	1608	N Ainsworth	CITY OF PORTSMOUTH AC	146	0:19:37	1743	I Somers	POOLE RUNNERS
47	0:18:05	1543	Z White	BLACKHEATH & BROMLEY HA	147	0:19:39	1823	K Burgess	TONBRIDGE AC
48	0:18:06	1741	F Kimber	POOLE RUNNERS	148	0:19:39	1733	B Leddy	ORION HARRIERS
49	0:18:06	1765	E Kenyon-Brown	REIGATE PRIORY AC	149	0:19:39	1845	F Waters	VICTORIA PARK H & TOWER I
50	0:18:06	1630	M Johnson	DORCHESTER AC	150	0:19:41	1897	H Bell	WYCOMBE PHOENIX HARRIEI
51	0:18:08	1869	A Mercer	WIMBORNE AC	151	0:19:41	1576	S Stapinoiu	CAMBERLEY & DISTRICT AC
52	0:18:11	1849	E Horsey	WALTON AC	152	0:19:44	1641	E Slevin	GUILDFORD & GODALMING /
53	0:18:11	1552	S Mair	BRACKNELL AC	153	0:19:44	1674	L Waldeck-Evans	HERNE HILL HARRIERS
54	0:18:11	1889	M Collings	WOKING AC	154	0:19:44	1632	F Coutts	EALING SOUTHALL & MIDDLE
55	0:18:12	1717	C Young	MEDWAY & MAIDSTONE AC	155	0:19:45	1769	C Brassey	SHAFTESBURY BARNET HARR
56	0:18:16	1753	N Harris	READING AC	156	0:19:46	1785	C Durbin	ST ALBANS STRIDERS
57	0:18:17	1537	J Neal	BLACKHEATH & BROMLEY HA	157	0:19:47	1502	A Bromley	ABINGDON AAC
58	0:18:18	1615	F Braybrooke	COOKHAM RC	158	0:19:48	1639	A Russell-Moore	GUILDFORD & GODALMING /
59	0:18:19	1514	G Burrell	BASILDON AC	159	0:19:49	1767	E Salvi	REIGATE PRIORY AC
60	0:18:19	1775	S Staab	SHAFTESBURY BARNET HARR	160	0:19:50	1536	N Milmo	BLACKHEATH & BROMLEY HA
61	0:18:20	1692	M Salsby	IPSWICH HARRIERS	161	0:19:50	1718	H Knight	NENE VALLEY HARRIERS
62	0:18:20	1511	A White	ALDERSHOT FARNHAM & DA	162	0:19:52	1568	R Berry	BRIGHTON PHOENIX AC
63	0:18:22	1624	A Cassidy	DACORUM & TRING AC	163	0:19:53	1736	L Kennedy	OXFORD CITY AC
64	0:18:23	1671	I Penniceard	HERNE HILL HARRIERS	164	0:19:54	1675	M Chapman	HIGHGATE HARRIERS
65	0:18:23	1707	L Jay	LUTON AC	165	0:19:56	1508	L Pocknee	ALDERSHOT FARNHAM & DA
66	0:18:23	1900	C Vico	WYCOMBE PHOENIX HARRIEI	166	0:19:56	1904	E Sunnucks	HIGHGATE HARRIERS
67	0:18:24	1837	M Watson	TONBRIDGE AC	167	0:19:56	1660	G Dukelow	HAVERING AC
68	0:18:24	1876	I Craven	WINDSOR SLOUGH ETON & H	168	0:19:57	1593	M Hughes	CHILTERN HARRIERS AC
69	0:18:24	1871	H Nixon	WIMBORNE AC	169	0:19:57	1816	P Fennell	THE STRAGGLERS RC
70	0:18:25	1670	C Nicholls	HERNE HILL HARRIERS	170	0:19:58	1597	N Anderson	CITY OF NORWICH AC
71	0:18:27	1836	R Smith	TONBRIDGE AC	171	0:20:00	1795	K O'Brien	ST EDMUND PACERS
72	0:18:28	1521	L M Shepherd	BEDFORD & COUNTY AC	172	0:20:01	1756	O O'Driscoll	READING AC
73	0:18:29	1643	L Wright	GUILDFORD & GODALMING /	173	0:20:03	1625	C Cerey	DARTFORD HARRIERS AC
74	0:18:30	1722	K Tasker	NENE VALLEY HARRIERS	174	0:20:05	1758	L Tolson	READING AC
75	0:18:30	1636	I Stockley	EPSOM & EWELL HARRIERS	175	0:20:05	1579	B Irving	CAMBRIDGE & COLERIDGE A
76	0:18:31	1600	E Ledward	CITY OF NORWICH AC	176	0:20:07	1899	E Styles	WYCOMBE PHOENIX HARRIEI
77	0:18:31	1590	F Sweeting	CHELMSFORD AC	177	0:20:08	1905	E Williets	HIGHGATE HARRIERS
78	0:18:32	1690	K Challinor	IPSWICH HARRIERS	178	0:20:09	1719	O Mead	NENE VALLEY HARRIERS
79	0:18:33	1599	E Hunter	CITY OF NORWICH AC	179	0:20:11	1586	H Bolton	CHELMSFORD AC
80	0:18:33	1848	M Coffey	WALTON AC	180	0:20:11	1561	G Bernard	BRIGHTON & HOVE AC
81	0:18:35	1872	M Pawson	WIMBORNE AC	181	0:20:12	1815	F Challinor	THE STRAGGLERS RC
82	0:18:36	1771	M Groom	SHAFTESBURY BARNET HARR	182	0:20:12	1750	S Charles	READING AC
83	0:18:36	1501	M Bedlington	ABINGDON AAC	183	0:20:15	1626	E Hillier	DARTFORD HARRIERS AC
84	0:18:37	1575	C Holden	CAMBERLEY & DISTRICT AC	184	0:20:18	1504	I Jones	ABINGDON AAC
85	0:18:38	1509	E Savory	ALDERSHOT FARNHAM & DA	185	0:20:20	1813	A Piper	THANET ROAD RUNNERS
86	0:18:40	1601	O Miller	CITY OF NORWICH AC	186	0:20:23	1843	H Long	VICTORIA PARK H & TOWER I
87	0:18:43	1602	S Peach	CITY OF NORWICH AC	187	0:20:26	1731	A Cole	ORION HARRIERS
88	0:18:44	1589	M Smith	CHELMSFORD AC	188	0:20:27	1861	H Fairchild	WIMBORNE AC
89	0:18:45	1762	R Whalley	READING AC	189	0:20:27	1566	M Thomas	BRIGHTON & HOVE AC
90	0:18:46	1581	M Taylor	CAMBRIDGE & COLERIDGE A	190	0:20:29	1623	L Boden	DACORUM & TRING AC
91	0:18:48	1835	S Puxty	TONBRIDGE AC	191	0:20:29	1644	Z Rutter	HARLOW AC
92	0:18:50	1903	I Wijsman	WYCOMBE PHOENIX HARRIEI	192	0:20:31	1867	I Kingswell-Farr	WIMBORNE AC
93	0:18:50	1822	L Anderson	TONBRIDGE AC	193	0:20:33	1702	R Gainsford	LEWES AC
94	0:18:51	1759	H Walker	READING AC	194	0:20:33	1665	S Di Carlo	HERNE HILL HARRIERS
95	0:18:51	1613	B Sansom	CITY OF PORTSMOUTH AC	195	0:20:44	1839	H Mya	TRENT PARK RC
96	0:18:54	1865	A Kelliher	WIMBORNE AC	196	0:20:46	1569	M Edwards	BRIGHTON PHOENIX AC
97	0:18:55	1652	E Clements	HASTINGS AC	197	0:20:47	1672	M Smith Londono	HERNE HILL HARRIERS
98	0:18:56	1761	G Whalley	READING AC	198	0:20:48	1696	M Bacon	ISLE OF WIGHT AC
99	0:18:58	1667	S Hirst	HERNE HILL HARRIERS	199	0:20:50	1896	S Taylor	WOODFORD GREEN w ESSEX
100	0:18:59	1833	E Miller	TONBRIDGE AC	200	0:20:51	1651	H Blomfield	HASTINGS AC

## Under 15 Girls

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:20:51	1518	I Ruth	BASTINGSTOKE & MID HANT:	<b>Team Results:</b>				
202	0:20:51	1783	G Ralston	SOUTHEND ON SEA AC	<b>Pos</b>	<b>Points</b>	<b>Team / Club</b>	<b>Placings</b>	
203	0:20:52	1610	C Bullard	CITY OF PORTSMOUTH AC	1	65	CITY OF NORWICH AC	( 4 11 13 37 )	
204	0:20:52	1500	L Barwick	ABINGDON AAC	2	122	GUILDFORD & GODALMING AC	( 3 14 32 73 )	
205	0:20:53	1857	C Cavill	WEST SUFFOLK AC	3	168	WALTON AC	( 7 29 52 80 )	
206	0:20:57	1888	E Barker	WOKING AC	4	186	CITY OF PORTSMOUTH AC	( 2 43 46 95 )	
207	0:21:01	1851	C Sawicki	WALTON AC	5	203	TONBRIDGE AC	( 27 38 67 71 )	
208	0:21:02	1705	E Dumbleton	LONDON HEATHSIDE AC	6	225	ALDERSHOT FARNHAM & DAC	( 36 42 62 85 )	
209	0:21:03	1679	H Knowles	HIGHGATE HARRIERS	7	232	WIMBORNE AC	( 31 51 69 81 )	
210	0:21:05	1847	L Cardwell	WALTON AC	8	234	HERNE HILL HARRIERS	( 1 64 70 99 )	
211	0:21:07	1856	M Cailles	WEST SUFFOLK AC	9	237	BRACKNELL AC	( 33 39 53 112 )	
212	0:21:10	1512	C Mackey	ASHFORD AC	10	243	BLACKHEATH & BROMLEY HARRI	( 10 47 57 129 )	
213	0:21:10	1592	C Brown	CHICHESTER RUNNERS AC	11	252	WINDSOR SLOUGH ETON & H AC	( 19 28 68 137 )	
214	0:21:10	1827	G Exton	TONBRIDGE AC	12	323	WYCOMBE PHOENIX HARRIERS	( 15 66 92 150 )	
215	0:21:13	1545	G Ballard	BRACKNELL AC	13	337	READING AC	( 56 89 94 98 )	
216	0:21:16	1689	I Bowyer	IPSWICH HARRIERS	14	365	WOODFORD GREEN w ESSEX L	( 16 20 130 199 )	
217	0:21:19	1582	A Turunen	CAMBRIDGE & COLERIDGE AI	15	379	IPSWICH HARRIERS	( 24 61 78 216 )	
218	0:21:20	1757	L Robertson	READING AC	16	387	NENE VALLEY HARRIERS	( 44 74 108 161 )	
219	0:21:25	1723	C Biscombe	NEWQUAY & PAR AC	17	450	CAMBERLEY & DISTRICT AC	( 84 106 109 151 )	
220	0:21:26	1529	E Davis	BLACKHEATH & BROMLEY HA	18	462	BRIGHTON & HOVE AC	( 40 110 132 180 )	
221	0:21:31	1768	S Brassey	SHAFTESBURY BARNET HARR	19	518	SHAFTESBURY BARNET HARRIERS	( 60 82 155 221 )	
222	0:21:34	1703	C Comeval	LEWES AC	20	519	THAMES VALLEY HARRIERS	( 21 127 140 231 )	
223	0:21:34	1793	B Towers	ST ALBANS STRIDERS	21	628	ABINGDON AAC	( 83 157 184 204 )	
224	0:21:40	1704	E Conlon	LONDON HEATHSIDE AC	22	649	HIGHGATE HARRIERS	( 142 164 166 177 )	
225	0:21:41	1678	E Hartley	HIGHGATE HARRIERS	23	666	ST ALBANS STRIDERS	( 26 156 223 261 )	
226	0:21:43	1558	M Sims	BRACKNELL AC	24	695	NEWQUAY & PAR AC	( 113 125 219 238 )	
227	0:21:46	1763	C Yeardon	READING AC	25	730	THE STRAGGLERS RC	( 128 169 181 252 )	
228	0:21:51	1628	R Lloyd	DARTFORD HARRIERS AC	26	825	ORION HARRIERS	( 148 187 236 254 )	
229	0:21:51	1824	S Coates	TONBRIDGE AC	27	843	TRENT PARK RC	( 143 195 239 266 )	
230	0:21:57	1681	C Russell	HIGHGATE HARRIERS	28	923	LEWES AC	( 193 222 251 257 )	
231	0:22:02	1806	C Cooney-Quinn	THAMES VALLEY HARRIERS					
232	0:22:04	1614	O Wiseman	CITY OF PORTSMOUTH AC					
233	0:22:05	1858	C McKeagh	WEST SUFFOLK AC					
234	0:22:09	1752	E Harding	READING AC					
235	0:22:17	1811	R Hales	THANET ROAD RUNNERS					
236	0:22:18	1732	C Grant	ORION HARRIERS					
237	0:22:18	1740	E Jeffries	POOLE AC					
238	0:22:20	1727	E Sander	NEWQUAY & PAR AC					
239	0:22:25	1840	B Nicole	TRENT PARK RC					
240	0:22:28	1794	E Handy	ST EDMUND PACERS					
241	0:22:31	1617	I Shaw	COOKHAM RC					
242	0:22:34	1648	A Freely	HARROW AC					
243	0:22:36	1611	P Carlile	CITY OF PORTSMOUTH AC					
244	0:22:39	1821	A Raven	THURROCK HARRIERS					
245	0:22:45	1658	M Bath	HAVERING AC					
246	0:22:47	1562	A Blackledge	BRIGHTON & HOVE AC					
247	0:22:49	1647	N Cryan	HARROW AC					
248	0:22:53	1621	M Driver	CROYDON HARRIERS					
249	0:23:04	1831	L Kingston	TONBRIDGE AC					
250	0:23:06	1619	L Tawse	CORNWALL AC					
251	0:23:06	1701	B Gainsford	LEWES AC					
252	0:23:09	1818	T Penney	THE STRAGGLERS RC					
253	0:23:16	1864	E Graham	WIMBORNE AC					
254	0:23:23	1730	I Brandon	ORION HARRIERS					
255	0:23:27	1697	D Carter	LEIGHTON BUZZARD AC					
256	0:23:53	1513	P Thomas-Bocking	BARNET & DISTRICT AC					
257	0:24:00	1700	H Baty	LEWES AC					
258	0:24:08	1570	M Parmar	BRIGHTON PHOENIX AC					
259	0:24:09	1574	I Goncalves	CAMBERLEY & DISTRICT AC					
260	0:24:45	1853	C Glennister	WATFORD HARRIERS					
261	0:24:49	1791	A Saifullah	ST ALBANS STRIDERS					
262	0:24:58	1649	F O'Riordan	HARROW AC					
263	0:25:05	1742	G Robson	POOLE RUNNERS					
264	0:25:05	1787	C Guegan	ST ALBANS STRIDERS					
265	0:25:27	1748	C Caswell	READING AC					
266	0:25:33	1841	A Robyn	TRENT PARK RC					
267	0:25:33	1523	A Dalgleish	BELGRAVE HARRIERS					
268	0:26:50	1790	S Robin	ST ALBANS STRIDERS					
269	0:26:50	1784	E Barnes	ST ALBANS STRIDERS					
270	0:28:19	1698	I Hoare	LEIGHTON BUZZARD AC					

## Under 15 Boys

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:14:36	1235	C Brisley	INVICTA EAST KENT AC	101	0:16:46	1381	A Sandberg	TONBRIDGE AC
2	0:14:41	1017	L Van Oudtshoorn	ALDERSHOT FARNHAM & DA	102	0:16:46	1077	T Roberts	BRIGHTON & HOVE AC
3	0:14:45	1152	K Imroth	DACORUM & TRING AC	103	0:16:46	1335	J Seal	SOUTH LONDON HARRIERS
4	0:14:47	1248	H McCluckie	ISLE OF WIGHT AC	104	0:16:47	1301	L Openshaw	POOLE AC
5	0:14:49	1251	O Bright	KENT AC	105	0:16:48	1216	T Elwes	HIGHGATE HARRIERS
6	0:15:02	1378	J Kingston	TONBRIDGE AC	106	0:16:48	1024	O Morgan	BASINGSTOKE & MID HANTS
7	0:15:04	1407	B Marks	WALTON AC	107	0:16:49	1138	A Perana	CRAWLEY AC
8	0:15:04	1190	G Pool	HASTINGS AC	108	0:16:50	1034	I Lunn	BEDFORD & COUNTY AC
9	0:15:06	1155	A May	DARTFORD HARRIERS AC	109	0:16:50	2024	J Smythe	CITY OF NORWICH AC
10	0:15:08	1341	T Hale	SOUTHAMPTON AC	110	0:16:51	1028	H Brodie	BEDFORD & COUNTY AC
11	0:15:10	1032	A Killeen	BEDFORD & COUNTY AC	111	0:16:52	1212	B Rushman	HERTS PHOENIX AC
12	0:15:15	1246	N Goddard	IPSWICH HARRIERS	112	0:16:52	1403	J Taylor	WALTON AC
13	0:15:16	1419	H O'Donoghue	WIMBORNE AC	113	0:16:53	1087	T Bridger	CAMBRIDGE & COLERIDGE A
14	0:15:17	1375	F Gordon	TONBRIDGE AC	114	0:16:53	1445	H Bell	WYCOMBE PHOENIX HARRIEI
15	0:15:19	1283	H Reilly	MEDWAY & MAIDSTONE AC	115	0:16:53	1029	O Brownston	BEDFORD & COUNTY AC
16	0:15:20	1123	A Williams	CHILTERN HARRIERS AC	116	0:16:54	1238	S Newson	INVICTA EAST KENT AC
17	0:15:20	1079	L Brewer	BRIGHTON PHOENIX AC	117	0:16:55	1003	A Pennington	ABINGDON AAC
18	0:15:24	1021	D Riley	BASILDON AC	118	0:16:55	1408	O Griffiths	WATFORD HARRIERS
19	0:15:26	1049	M Francis	BLACKHEATH & BROMLEY HA	119	0:16:56	1011	O Harris	ALDERSHOT FARNHAM & DA
20	0:15:29	1440	D McDougall	WINDSOR SLOUGH ETON & F	120	0:16:56	1417	B Martin	WIMBORNE AC
21	0:15:29	1168	H Norman	EPSOM & EWELL HARRIERS	121	0:16:56	1089	W Davies	CAMBRIDGE & COLERIDGE A
22	0:15:30	1126	W Mahoney	CITY OF NORWICH AC	122	0:16:57	1129	J Goldfinch	CITY OF PORTSMOUTH AC
23	0:15:30	1322	F Harvey	SHAFESBURY BARNET HARR	123	0:16:57	1083	J Mellor	CAMBERLEY & DISTRICT AC
24	0:15:31	1240	M Stonier	INVICTA EAST KENT AC	124	0:17:00	1175	L Edwards	HARROW AC
25	0:15:31	1405	B Fitzpatrick	WALTON AC	125	0:17:00	1078	H Taylor	BRIGHTON & HOVE AC
26	0:15:33	1096	J Stanton-stock	CAMBRIDGE & COLERIDGE A	126	0:17:01	1023	C Coveney	BASINGSTOKE & MID HANTS
27	0:15:34	1227	C McGinness	HUNTINGDONSHIRE AC	127	0:17:02	1054	O Heaney Brufal	BLACKHEATH & BROMLEY HA
28	0:15:35	1068	O Hall	BRACKNELL AC	128	0:17:03	1094	W Newcombe	CAMBRIDGE & COLERIDGE A
29	0:15:39	1234	A Samuel	ILFORD AC	129	0:17:03	1130	T Roe	CITY OF PORTSMOUTH AC
30	0:15:39	1374	T Emm	TONBRIDGE AC	130	0:17:04	1043	M Crane	BEXLEY AC
31	0:15:41	1383	A Van Der Plas	TONBRIDGE AC	131	0:17:04	1082	L Mann	CAMBERLEY & DISTRICT AC
32	0:15:43	1208	O Millard	HERNE HILL HARRIERS	132	0:17:05	1406	T Jones	WALTON AC
33	0:15:44	1368	C Macrae	THANET ROAD RUNNERS	133	0:17:06	1137	N Buckeridge	CRAWLEY AC
34	0:15:45	1095	O Parmenter	CAMBRIDGE & COLERIDGE A	134	0:17:06	1030	J Harrison	BEDFORD & COUNTY AC
35	0:15:46	1080	J Johnson	CAMBERLEY & DISTRICT AC	135	0:17:08	1067	C Enser	BRACKNELL AC
36	0:15:46	1173	S Martin	GUILDFORD & GODALMING /	136	0:17:10	1306	L Bradshaw	READING AC
37	0:15:47	1120	B Smith	CHILTERN HARRIERS AC	137	0:17:11	1300	J Shotter	ORION HARRIERS
38	0:15:49	1016	E Pocock	ALDERSHOT FARNHAM & DA	138	0:17:11	1255	J Dickson	KINGSTON & POLY HARRIERS
39	0:15:49	1014	C Kershaw	ALDERSHOT FARNHAM & DA	139	0:17:11	1074	B Fletcher	BRIGHTON & HOVE AC
40	0:15:50	1053	P Guy	BLACKHEATH & BROMLEY HA	140	0:17:11	1344	I Dodd	SOUTHEND ON SEA
41	0:15:50	1124	R Forster	CITY OF NORWICH AC	141	0:17:11	1013	N Holmes	ALDERSHOT FARNHAM & DA
42	0:15:51	1232	M Prior	ILFORD AC	142	0:17:11	1295	W Wright	NEWQUAY & PAR AC
43	0:15:55	1364	E Fincham	TEAM SYNERGY	143	0:17:11	1109	N Potter	CHICHESTER RUNNERS AC
44	0:15:56	1141	C Stone	CRAWLEY AC	144	0:17:13	1148	R Tambling	CROYDON HARRIERS
45	0:15:58	1424	D Spencer	WOKING AC	145	0:17:14	1090	H Dow	CAMBRIDGE & COLERIDGE A
46	0:15:59	1451	Jacob McAlohne	CORNWALL AC	146	0:17:14	1446	H Burtenshaw	WYCOMBE PHOENIX HARRIEI
47	0:15:59	1401	O Coppellotti	WALTON AC	147	0:17:15	1287	M Dowling	NENE VALLEY HARRIERS
48	0:16:00	1113	A Aldred	CHILTERN HARRIERS AC	148	0:17:16	1081	E Kendall	CAMBERLEY & DISTRICT AC
49	0:16:02	1118	T Job	CHILTERN HARRIERS AC	149	0:17:18	1312	M Raynor	READING AC
50	0:16:03	1027	E Blythman	BEDFORD & COUNTY AC	150	0:17:19	1433	J Morgan	WOODFORD GREEN w ESSEX
51	0:16:04	1314	B Rollings	READING AC	151	0:17:19	1411	J Davey	WIMBORNE AC
52	0:16:04	1409	C Keogh	WATFORD HARRIERS	152	0:17:20	1000	A Clay	ABINGDON AAC
53	0:16:04	1005	J Blacknell	ALDERSHOT FARNHAM & DA	153	0:17:22	1004	E Allin	ALDERSHOT FARNHAM & DA
54	0:16:05	1052	J Georgiades	BLACKHEATH & BROMLEY HA	154	0:17:24	1296	O O'Malley	NORTH NORFOLK HARRIERS
55	0:16:06	1001	A Ede	ABINGDON AAC	155	0:17:25	1282	R Perkins	MEDWAY & MAIDSTONE AC
56	0:16:08	1346	S Wheatley	SOUTHEND ON SEA	156	0:17:25	1169	H Smith	EPSOM & EWELL HARRIERS
57	0:16:09	1139	J Smith	CRAWLEY AC	157	0:17:26	1388	E McArdle	TRENT PARK RC
58	0:16:10	1189	I Elam	HASTINGS AC	158	0:17:26	1390	F Sturrock	TRENT PARK RC
59	0:16:10	1342	T Jerram	SOUTHAMPTON AC	159	0:17:26	1359	B Bentschakal	SUTTON & DISTRICT AC
60	0:16:12	1243	T Elvin-Andrews	IPSWICH HARRIERS	160	0:17:27	1133	E Lowe	COOKHAM RC
61	0:16:13	1128	C Crook	CITY OF PORTSMOUTH AC	161	0:17:28	1231	F Patel	ILFORD AC
62	0:16:14	1377	I Gunn	TONBRIDGE AC	162	0:17:30	1146	M Maginn	CROYDON HARRIERS
63	0:16:14	1428	K Boggon	WOODFORD GREEN w ESSEX	163	0:17:32	1402	M Cottrill	WALTON AC
64	0:16:16	1345	M Warner	SOUTHEND ON SEA	164	0:17:33	1444	R Van Heerde	WINDSOR SLOUGH ETON & F
65	0:16:17	1365	T Nisbet	TEAM SYNERGY	165	0:17:34	1172	H Downes	GUILDFORD & GODALMING /
66	0:16:17	1072	M Brazier	BRIGHTON & HOVE AC	166	0:17:36	1076	J Luker	BRIGHTON & HOVE AC
67	0:16:17	1012	L Hillary	ALDERSHOT FARNHAM & DA	167	0:17:36	1395	B Bream	VICTORIA PARK & TOWER H /
68	0:16:18	1379	J O'Briend	TONBRIDGE AC	168	0:17:36	1191	A Abraham	HERCULES WIMBLEDON AC
69	0:16:18	1343	B Williams	SOUTHAMPTON AC	169	0:17:36	1438	Z Kothari	WINDSOR SLOUGH ETON & F
70	0:16:18	1044	J Higgins	BEXLEY AC	170	0:17:38	1221	R Somogyi	HIGHGATE HARRIERS
71	0:16:19	1447	M Cadell	WYCOMBE PHOENIX HARRIEI	171	0:17:38	1193	D Illis	HERCULES WIMBLEDON AC
72	0:16:19	1280	B Hughes	MEDWAY & MAIDSTONE AC	172	0:17:40	1304	O Quin	QUEENS PARK HARRIERS
73	0:16:20	1311	J Mott	READING AC	173	0:17:40	1416	S Lake	WIMBORNE AC
74	0:16:21	1249	W Atkinson	JERSEY SPARTAN AC	174	0:17:41	1210	A Hughes	HERTS PHOENIX AC
75	0:16:21	1119	C Reid	CHILTERN HARRIERS AC	175	0:17:42	1266	S Horn	LEWES AC
76	0:16:22	1281	D McGlynn	MEDWAY & MAIDSTONE AC	176	0:17:42	1297	S Shon	ORION HARRIERS
77	0:16:22	1410	C Woollett	WATFORD HARRIERS	177	0:17:43	1183	D Jarvis	HAVERING AC
78	0:16:22	1047	R Stowell	BEXLEY AC	178	0:17:43	1356	T Henson	ST EDMUND PACERS
79	0:16:23	1071	H Withers	BRACKNELL AC	179	0:17:44	1164	A Manget	EALING SOUTHALL & MIDDX
80	0:16:23	1174	O Sheppard	GUILDFORD & GODALMING /	180	0:17:45	1334	T Porter	SOUTH LONDON HARRIERS
81	0:16:25	1134	S March	COOKHAM RC	181	0:17:48	1397	K Kersting-Herbert	VICTORIA PARK & TOWER H /
82	0:16:26	1207	C Krammer	HERNE HILL HARRIERS	182	0:17:49	1111	J Staples	CHICHESTER RUNNERS AC
83	0:16:27	1108	A Mani	CHICHESTER RUNNERS AC	183	0:17:49	1380	T Ross	TONBRIDGE AC
84	0:16:27	1370	B Dibley	THE STRAGGLERS RC	184	0:17:50	1261	D Horner	LEIGHTON BUZZARD AC
85	0:16:27	1182	A Friend	HAVERING AC	185	0:17:51	1105	S Thomas	CHELMSFORD AC
86	0:16:28	1317	J Kramer	SERPENTINE RC	186	0:17:51	1051	B Gardiner	BLACKHEATH & BROMLEY HA
87	0:16:29	1153	F Truman-Williams	DACORUM & TRING AC	187	0:17:51	1284	J Sadler	MEDWAY & MAIDSTONE AC
88	0:16:32	1420	A Carruth	WOKING AC	188	0:17:52	1298	H Jones	ORION HARRIERS
89	0:16:33	1371	B Prior	THURROCK HARRIERS	189	0:17:53	1026	K Bakcha	BEDFORD & COUNTY AC
90	0:16:34	1006	X Booth	ALDERSHOT FARNHAM & DA	190	0:17:53	1310	O Moor	READING AC
91	0:16:34	1132	A Gambrell	COOKHAM RC	191	0:17:54	1285	L Stringer	MEDWAY & MAIDSTONE AC
92	0:16:35	1188	J Crombie	HASTINGS AC	192	0:17:55	1412	C Davies	WIMBORNE AC
93	0:16:37	1275	F Gibbs	MARSHALL MILTON KEYNES /	193	0:17:56	1399	J Reynolds	VICTORIA PARK & TOWER H /
94	0:16:38	1434	B Sloan	WOODFORD GREEN w ESSEX	194	0:17:57	1101	M Beale	CHELMSFORD AC
95	0:16:39	1008	T Doran	ALDERSHOT FARNHAM & DA	195	0:17:58	1441	M Stringer	WINDSOR SLOUGH ETON & F
96	0:16:42	1045	J Higgins	BEXLEY AC	196	0:18:00	1351	W Gallo	ST ALBANS STRIDERS
97	0:16:42	1382	A Thompson	TONBRIDGE AC	197	0:18:01	1222	A Zak	HIGHGATE HARRIERS
98	0:16:42	1303	N Willmore	POOLE RUNNERS	198	0:18:01	1038	J Bennett	BELGRAVE HARRIERS
99	0:16:44	1088	F Collins-shirley	CAMBRIDGE & COLERIDGE A	199	0:18:02	1421	L Fields	WOKING AC
100	0:16:45	1202	J Alley	HERNE HILL HARRIERS	200	0:18:03	1106	L Dunne	CHICHESTER RUNNERS AC

## Under 15 Boys

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:18:03	1376	T Gray	TONBRIDGE AC					
202	0:18:03	1278	J Childs	MEDWAY & MAIDSTONE AC					
203	0:18:04	1230	J Halli	ILFORD AC					
204	0:18:05	1350	J Dickinson	ST ALBANS STRIDERS					
205	0:18:07	1116	C Hathaway-Enright	CHILTERN HARRIERS AC					
206	0:18:08	1286	M Church	NENE VALLEY HARRIERS					
207	0:18:09	1373	J Crawley	TONBRIDGE AC					
208	0:18:10	1414	S Hughes	WIMBORNE AC					
209	0:18:11	1288	S Garner	NENE VALLEY HARRIERS					
210	0:18:12	1166	L Rodricks	EALING SOUTHALL & MIDDX					
211	0:18:15	1125	G Hockley	CITY OF NORWICH AC					
212	0:18:16	1002	K Francis	ABINGDON AAC					
213	0:18:17	1349	T Cooper	ST ALBANS STRIDERS					
214	0:18:19	1057	J Leng	BLACKHEATH & BROMLEY HA					
215	0:18:20	1154	O Burgess	DARTFORD HARRIERS AC					
216	0:18:22	1237	A Holiday	INVICTA EAST KENT AC					
217	0:18:24	1279	A Donnelly	MEDWAY & MAIDSTONE AC					
218	0:18:25	1413	Z Fenwick	WIMBORNE AC					
219	0:18:27	1347	J Allison	ST ALBANS STRIDERS					
220	0:18:29	1177	C Morris	HARROW AC					
221	0:18:29	1142	D Westwood	CRAWLEY AC					
222	0:18:31	1140	B Stanger	CRAWLEY AC					
223	0:18:32	1294	M Squire	NEWQUAY & PAR AC					
224	0:18:33	1423	J McHugh	WOKING AC					
225	0:18:34	1302	W Brodie	POOLE RUNNERS					
226	0:18:35	1325	M Mcateer	SHAFTESBURY BARNET HARR					
227	0:18:36	1100	B Tynan	CAMBRIDGE HARRIERS					
228	0:18:36	1357	J Webb	ST EDMUND PACERS					
229	0:18:36	1245	H Gladwell	IPSWICH HARRIERS					
230	0:18:37	1158	C Edwards	EALING SOUTHALL & MIDDX					
231	0:18:38	1186	D Bolton	HASTINGS AC					
232	0:18:41	1450	Z Kane	CRAWLEY AC					
233	0:18:41	1199	S Wells	HERCULES WIMBLEDON AC					
234	0:18:43	1299	L Minns	ORION HARRIERS					
235	0:18:43	1309	A Mcglennon	READING AC					
236	0:18:44	1131	M Thomas	CITY OF PORTSMOUTH AC					
237	0:18:44	1157	F Snell	EALING EAGLES					
238	0:18:45	1022	A Blackburn	BASINGSTOKE & MID HANTS					
239	0:18:45	1147	A Shew	CROYDON HARRIERS					
240	0:18:46	1422	S McCrohan	WOKING AC					
241	0:18:46	1289	H Hancock	NENE VALLEY HARRIERS					
242	0:18:48	1180	L Berrett	HAVERING AC					
243	0:18:49	1427	S Waters	WOKING AC					
244	0:18:50	1305	J Bale	READING AC					
245	0:18:52	1102	Z Bridgeland	CHELMSFORD AC					
246	0:18:54	1269	S Brown	LONDON HEATHSIDE AC					
247	0:18:54	1386	W Douglas	TRENT PARK RC					
248	0:18:57	1437	J Evans-Rodriguez	WINDSOR SLOUGH ETON & H					
249	0:18:59	1384	G Acosta	TRENT PARK RC					
250	0:19:05	1290	D Lawrence	NENE VALLEY HARRIERS					
251	0:19:08	1156	B Mcnally	DARTFORD HARRIERS AC					
252	0:19:09	1229	B Deacon	ILFORD AC					
253	0:19:12	1392	B Woolf	TRENT PARK RC					
254	0:19:14	1223	O Arnold	HORSHAM BLUE STAR HARRI					
255	0:19:17	1143	Z Blair	CROYDON HARRIERS					
256	0:19:20	1425	J Stadie	WOKING AC					
257	0:19:21	1353	A Avis	ST EDMUND PACERS					
258	0:19:25	1308	S Kral-Waters	READING AC					
259	0:19:26	1196	D Nathanson-Tanner	HERCULES WIMBLEDON AC					
260	0:19:28	1387	A Lytrides	TRENT PARK RC					
261	0:19:31	1324	B Kelly	SHAFTESBURY BARNET HARR					
262	0:19:32	1233	L Ronson	ILFORD AC					
263	0:19:33	1262	O Lindars	LEIGHTON BUZZARD AC					
264	0:19:34	1254	W Bourne	KINGSTON & POLY HARRIERS					
265	0:19:45	1448	M Catto	WYCOMBE PHOENIX HARRIEI					
266	0:19:47	1197	B Nutbourne	HERCULES WIMBLEDON AC					
267	0:19:51	1369	T Howard	THETFORD AC					
268	0:19:51	1056	S Large	BLACKHEATH & BROMLEY HA					
269	0:19:51	1332	D Foard	SOUTH LONDON HARRIERS					
270	0:19:57	1385	A Brennan	TRENT PARK RC					
271	0:20:01	1085	L Bell	CAMBRIDGE & COLERIDGE A					
272	0:20:03	1162	M Kouwiloyan	EALING SOUTHALL & MIDDX					
273	0:20:06	1340	O Waite	SOUTH LONDON HARRIERS					
274	0:20:08	1355	D Bradnam	ST EDMUND PACERS					
275	0:20:14	133	A Cresswell	CITY OF PORTSMOUTH AC					
276	0:20:14	1187	L Courtnage	HASTINGS AC					
277	0:20:17	1396	T Grandorge	VICTORIA PARK & TOWER H /					
278	0:20:17	1247	C Adams	IPSWICH JAFFA RC					
279	0:20:29	1389	R Ozdural	TRENT PARK RC					
280	0:20:42	1110	J Sharp	CHICHESTER RUNNERS AC					
281	0:20:47	1163	M Lamagna	EALING SOUTHALL & MIDDX					
282	0:20:49	1272	L Selwyn	LONDON HEATHSIDE AC					
283	0:21:01	1176	B McCarron	HARROW AC					
284	0:21:06	1263	M Rose	LEIGHTON BUZZARD AC					
285	0:21:09	1181	R Debenham	HAVERING AC					
286	0:21:39	1149	M Varathan	CROYDON HARRIERS					
287	0:22:06	1391	J Wightman	TRENT PARK RC					
288	0:22:07	1099	A Thomas	CAMBRIDGE HARRIERS					
289	0:22:45	1018	E Bolter	AVON VALLEY RUNNERS					
290	0:23:01	1393	M Woolf	TRENT PARK RC					
291	0:24:55	1260	H Bell	LEIGHTON BUZZARD AC					

### Team Results:

Pos	Points	Team / Club	Placings
1	81	TONBRIDGE AC	( 6 14 30 31 )
2	132	ALDERSHOT FARNHAM & DAC	( 2 38 39 53 )
3	150	CHILTERN HARRIERS AC	( 16 37 48 49 )
4	191	WALTON AC	( 7 25 47 112 )
5	240	BLACKHEATH & BROMLEY HARRI	( 19 40 54 127 )
6	272	CAMBRIDGE & COLERIDGE AC	( 26 34 99 113 )
7	279	BEDFORD & COUNTY AC	( 11 50 108 110 )
8	318	MEDWAY & MAIDSTONE AC	( 15 72 76 155 )
9	341	CRAWLEY AC	( 44 57 107 133 )
10	357	INVICTA EAST KENT AC	( 1 24 116 216 )
11	374	BEXLEY AC	( 70 78 96 130 )
12	383	CITY OF NORWICH AC	( 22 41 109 211 )
13	389	HASTINGS AC	( 8 58 92 231 )
14	409	READING AC	( 51 73 136 149 )
15	432	BRIGHTON & HOVE AC	( 66 102 125 139 )
16	435	ILFORD AC	( 29 42 161 203 )
17	437	CAMBERLEY & DISTRICT AC	( 35 123 131 148 )
18	457	WIMBORNE AC	( 13 120 151 173 )
19	536	ABINGDON AAC	( 55 117 152 212 )
20	548	WINDSOR SLOUGH ETON & H AC	( 20 164 169 195 )
21	548	CITY OF PORTSMOUTH AC	( 61 122 129 236 )
22	556	WOKING AC	( 45 88 199 224 )
23	596	WYCOMBE PHOENIX HARRIERS	( 71 114 146 265 )
24	608	CHICHESTER RUNNERS AC	( 83 143 182 200 )
25	735	ORION HARRIERS	( 137 176 188 234 )
26	789	HAVERING AC	( 85 177 242 285 )
27	800	CROYDON HARRIERS	( 144 162 239 255 )
28	803	NENE VALLEY HARRIERS	( 147 206 209 241 )
29	811	TRENT PARK RC	( 157 158 247 249 )
30	818	VICTORIA PARK & TOWER H AC	( 167 181 193 277 )
31	825	SOUTH LONDON HARRIERS	( 103 180 269 273 )
32	831	HERCULES WIMBLEDON AC	( 168 171 233 259 )
33	832	ST ALBANS STRIDERS	( 196 204 213 219 )
34	891	EALING SOUTHALL & MIDDX AC	( 179 210 230 272 )
35	937	ST EDMUND PACERS	( 178 228 257 274 )
36	1022	LEIGHTON BUZZARD AC	( 184 263 284 291 )

## Under 17 Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:19:20	2351	A Quirk	BRACKNELL AC	101	0:24:30	2388	E Purdue	CITY OF PORTSMOUTH AC
2	0:19:35	2373	K Mhlanga	CHELMSFORD AC	102	0:24:33	2513	H Rayden	ST ALBANS STRIDERS
3	0:19:56	2423	A Brown	HERNE HILL HARRIERS	103	0:24:45	2545	I Allan	WINCHESTER & DISTRICT AC
4	0:20:03	2365	J Paternain	CAMBRIDGE & COLERIDGE A	104	0:24:46	2559	A Montgomery	WYCOMBE PHOENIX HARRIE
5	0:20:05	2504	J Tomczak	SOUTH LONDON HARRIERS	105	0:24:47	2512	S Olney	ST ALBANS STRIDERS
6	0:20:25	2489	K Walker	READING AC	106	0:24:50	2509	E Anders	ST ALBANS STRIDERS
7	0:20:44	2392	K Hughes	CORNWALL AC	107	0:24:53	2473	E Freeman	POOLE AC
8	0:20:50	2540	G Copeland	WIMBORNE AC	108	0:24:54	2442	J Hinds	ILFORD AC
9	0:20:55	2307	T Horton	ALDERSHOT FARNHAM & DA	109	0:24:55	2377	E Bannister	CHILTERN HARRIERS AC
10	0:20:56	2419	K O'Neill	HAVERING AC	110	0:24:55	2475	I Taylor	POOLE AC
11	0:21:00	2552	M Ormond	WINDSOR SLOUGH ETON & F	111	0:25:04	2323	J Smith	BEDFORD & COUNTY AC
12	0:21:03	2314	R Bullock	BASINGSTOKE & MID HANTS	112	0:25:07	2303	S Bonny	ALDERSHOT FARNHAM & DA
13	0:21:03	2537	M Newton	WEST SUFFOLK AC	113	0:25:07	2396	J Moore	CROYDON HARRIERS
14	0:21:08	2306	M Grice	ALDERSHOT FARNHAM & DA	114	0:25:08	2450	R Kiddie	KINGSTON & POLY HARRIERS
15	0:21:10	2428	E Newton	HERNE HILL HARRIERS	115	0:25:11	2435	A Moully	HIGHGATE HARRIERS
16	0:21:11	2385	M Solway	CITY OF NORWICH AC	116	0:25:15	2490	E Bull	REIGATE PRIORY AC
17	0:21:12	2527	K Weir	THAMES VALLEY HARRIERS	117	0:25:19	2453	L McKay	LONDON HEATHSIDE AC
18	0:21:17	2426	E Griffin	HERNE HILL HARRIERS	118	0:25:19	2479	L Short	POOLE RUNNERS
19	0:21:18	2461	L Wheeler	MEDWAY & MAIDSTONE AC	119	0:25:23	2363	S Dove	CAMBERLEY & DISTRICT AC
20	0:21:19	2555	K Hopkins	WOKING AC	120	0:25:24	2308	A Ratcliffe	ALDERSHOT FARNHAM & DA
21	0:21:19	2310	L Squibbs	ALDERSHOT FARNHAM & DA	121	0:25:28	2511	C Eckley	ST ALBANS STRIDERS
22	0:21:22	2315	R Poole	BASINGSTOKE & MID HANTS	122	0:25:30	2519	R Lawrence	TEAM KENNET TRIATHLON A
23	0:21:23	2344	E Carey	BRACKNELL AC	123	0:25:31	2441	J Vuylsteke	HUNTINGDONSHIRE AC
24	0:21:26	2429	O Stillman	HERNE HILL HARRIERS	124	0:25:32	2371	F Clark	CANTERBURY HARRIERS
25	0:21:34	2372	R Broome	CHELMSFORD AC	125	0:25:35	2553	R Pope	WINDSOR SLOUGH ETON & F
26	0:21:41	2368	L Atkinson	CAMBRIDGE HARRIERS	126	0:25:37	2556	H Owen	WOKING AC
27	0:21:46	2414	L Rowedder	HARLOW AC	127	0:25:42	2367	E Stephens	CAMBRIDGE & COLERIDGE A
28	0:21:47	2491	P Wardley	REIGATE PRIORY AC	128	0:25:42	2348	M Halliday	BRACKNELL AC
29	0:21:51	2325	A Vinnicombe	BEDFORD & COUNTY AC	129	0:25:46	2465	I Woodward	NENE VALLEY HARRIERS
30	0:21:58	2406	E Palmer	DORKING & MOLE VALLEY AC	130	0:25:47	2515	A Bell	ST EDMUND PACERS
31	0:21:59	2434	P Littler	HIGHGATE HARRIERS	131	0:25:49	2495	L Cornwell	SHAFTESBURY BARNET HARR
32	0:22:00	2391	E Gray	COLCHESTER & TENDRING AC	132	0:25:53	2402	R Burford	DARTFORD HARRIERS AC
33	0:22:00	2304	K Brown	ALDERSHOT FARNHAM & DA	133	0:25:59	2379	S Pohlman	CHILTERN HARRIERS AC
34	0:22:01	2526	I Weir	THAMES VALLEY HARRIERS	134	0:26:02	2356	J Edwards	BRIGHTON & HOVE AC
35	0:22:06	2342	C Weitzel	BLACKHEATH & BROMLEY HA	135	0:26:03	2457	L Herdman-Smith	MARSHALL MILTON KEYNES J
36	0:22:07	2328	G Allan	BLACKHEATH & BROMLEY HA	136	0:26:16	2357	A Gamblin	BRIGHTON & HOVE AC
37	0:22:07	2362	P Mercer	BODYWORKS XTC TRI STORE	137	0:26:23	2440	K Lawrence	HUNTINGDONSHIRE AC
38	0:22:10	2309	N Reid-Smith	ALDERSHOT FARNHAM & DA	138	0:26:36	2331	C Fairies	BLACKHEATH & BROMLEY HA
39	0:22:12	2359	O Lyon-Monk	BRIGHTON & HOVE AC	139	0:26:36	2317	C Howe	BECCLES & BUNGAY HARRIER
40	0:22:15	2361	N Fonteyn	BRIGHTON PHOENIX AC	140	0:26:38	2437	J Wilkinson	HIGHGATE HARRIERS
41	0:22:16	2393	N Savage	CORNWALL AC	141	0:26:38	2451	P Crockford	LONDON HEATHSIDE AC
42	0:22:18	2430	Z Tompkins	HERNE HILL HARRIERS	142	0:26:40	2497	K Michel	SHAFTESBURY BARNET HARR
43	0:22:22	2339	M Smith	BLACKHEATH & BROMLEY HA	143	0:26:45	2485	C Robertson	READING AC
44	0:22:25	2380	R Watkins	CHILTERN HARRIERS AC	144	0:27:07	2300	M Darwent	ABINGDON AAC
45	0:22:26	2387	A Pigden	CITY OF PORTSMOUTH AC	145	0:27:17	2370	M Thomas	CAMBRIDGE HARRIERS
46	0:22:27	2535	C Tyler	TONBRIDGE AC	146	0:27:17	2401	C Bates	DARTFORD HARRIERS AC
47	0:22:28	2432	M Greensmith	HIGHGATE HARRIERS	147	0:27:30	2403	J Fairman	DARTFORD HARRIERS AC
48	0:22:31	2404	A Field	DARTFORD HARRIERS AC	148	0:27:31	2517	E Attridge	ST MARY'S RICHMOND AC
49	0:22:33	2476	L Brown Araujo	POOLE RUNNERS	149	0:27:50	2518	T Cummings	ST MARY'S RICHMOND AC
50	0:22:34	2332	A Leach	BLACKHEATH & BROMLEY HA	150	0:27:53	2459	R Merrin	MARSHALL MILTON KEYNES J
51	0:22:34	2420	S Rand	HAVERING AC	151	0:27:54	2516	E Temple	ST EDMUND PACERS
52	0:22:36	2543	H Slater	WIMBORNE AC	152	0:28:00	2539	R Carrick	WIMBORNE AC
53	0:22:36	2350	S Poole	BRACKNELL AC	153	0:28:00	2541	C Radford	WIMBORNE AC
54	0:22:40	2338	J Sellar	BLACKHEATH & BROMLEY HA	154	0:28:11	2326	P Cooper	BEXLEY AC
55	0:22:43	2312	M Sturgess	ALDERSHOT FARNHAM & DA	155	0:28:28	2410	R Lynch	EALING SOUTHALL & MIDDX
56	0:22:45	2496	L Kyriacou	SHAFTESBURY BARNET HARR	156	0:28:55	2499	I Bennett	SOUTHAMPTON AC
57	0:22:48	2395	I Wood	CORNWALL AC	157	0:28:55	2503	G Reavey	SOUTHAMPTON AC
58	0:22:49	2364	K Bell	CAMBRIDGE & COLERIDGE A	158	0:29:02	2369	C Mitchell	CAMBRIDGE HARRIERS
59	0:22:52	2532	G Fleming	TONBRIDGE AC	159	0:29:26	2452	A McAllister	LONDON HEATHSIDE AC
60	0:22:53	2486	K Rodda	READING AC	160	0:29:37	2417	E James	HAVERING AC
61	0:22:58	2382	L Emmett	CITY OF NORWICH AC	161	0:30:14	2514	F Weddell	ST ALBANS STRIDERS
62	0:23:00	2319	L Nichols	BEDFORD & COUNTY AC					
63	0:23:01	2493	S Butler	SHAFTESBURY BARNET HARR					
64	0:23:03	2343	H Barnard	BRACKNELL AC					
65	0:23:07	2506	J Rimmington	SOUTHEND ON SEA AC					
66	0:23:07	2456	E Deyssel	MARSHALL MILTON KEYNES /					
67	0:23:12	2462	M Ellison	NENE VALLEY HARRIERS					
68	0:23:13	2464	E Piccaver	NENE VALLEY HARRIERS					
69	0:23:18	2421	D Knotkova-Hanley	HAYWARDS HEATH HARRIERS					
70	0:23:24	2478	A Forster	POOLE RUNNERS					
71	0:23:28	2544	A Stubbs	WIMBORNE AC					
72	0:23:31	2431	S Boehler	HIGHGATE HARRIERS					
73	0:23:36	2536	C Carnegie	WELLS CITY HARRIERS					
74	0:23:36	2558	B Hanlon	WYCOMBE PHOENIX HARRIE					
75	0:23:37	2444	J Carley	INVICTA EAST KENT AC					
76	0:23:37	2449	E Bacon	ISLE OF WIGHT AC					
77	0:23:40	2463	J Fortune	NENE VALLEY HARRIERS					
78	0:23:40	2494	J Chadwick	SHAFTESBURY BARNET HARR					
79	0:23:41	2301	K Harris	ABINGDON AAC					
80	0:23:43	2427	J Hayward-Bhirka	HERNE HILL HARRIERS					
81	0:23:50	2358	E Gill	BRIGHTON & HOVE AC					
82	0:23:51	2548	G Mann	WINCHESTER & DISTRICT AC					
83	0:23:51	2311	K Standen	ALDERSHOT FARNHAM & DA					
84	0:23:54	2522	I Ellis	THAMES VALLEY HARRIERS					
85	0:23:54	2313	L Wagstaff	ALDERSHOT FARNHAM & DA					
86	0:23:55	2394	K Walker	CORNWALL AC					
87	0:23:56	2337	G Scopes	BLACKHEATH & BROMLEY HA					
88	0:23:57	2316	A Rex	BASILDON AC					
89	0:23:58	2389	K Simister	CITY OF PORTSMOUTH AC					
90	0:24:02	2508	J Williams	SOUTHEND ON SEA AC					
91	0:24:03	2554	J Soane	WINDSOR SLOUGH ETON & F					
92	0:24:09	2360	A Berry	BRIGHTON PHOENIX AC					
93	0:24:11	2347	A Forrest	BRACKNELL AC					
94	0:24:12	2530	A Coates	TONBRIDGE AC					
95	0:24:17	2353	E Spencer-Jones	BRACKNELL AC					
96	0:24:19	2454	M Naylor	LONDON HEATHSIDE AC					
97	0:24:20	2525	V Walker	THAMES VALLEY HARRIERS					
98	0:24:21	2482	M Batt	READING AC					
99	0:24:27	2542	C Rogers	WIMBORNE AC					
100	0:24:27	2474	C Sheppard	POOLE AC					

### Team Results:

Pos	Points	Team / Club	Placings
1	60	HERNE HILL HARRIERS	( 3 15 18 24 )
2	77	ALDERSHOT FARNHAM & DAC	( 9 14 21 33 )
3	141	BRACKNELL AC	( 1 23 53 64 )
4	164	BLACKHEATH & BROMLEY HARRI	( 35 36 43 50 )
5	191	CORNWALL AC	( 7 41 57 86 )
6	230	WIMBORNE AC	( 8 52 71 99 )
7	232	THAMES VALLEY HARRIERS	( 17 34 84 97 )
8	265	HIGHGATE HARRIERS	( 31 47 72 115 )
9	307	READING AC	( 6 60 98 143 )
10	328	SHAFTESBURY BARNET HARRIERS	( 56 63 78 131 )
11	341	NENE VALLEY HARRIERS	( 67 68 77 129 )
12	390	BRIGHTON & HOVE AC	( 39 81 134 136 )
13	434	ST ALBANS STRIDERS	( 102 105 106 121 )
14	473	DARTFORD HARRIERS AC	( 48 132 146 147 )
15	513	LONDON HEATHSIDE AC	( 96 117 141 159 )

## Under 17 Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:19:01	2175	Z Mahamed	SOUTHAMPTON AC	101	0:22:11	2192	J Robson	ST EDMUND PACERS
2	0:19:02	2029	L Wellington	CITY OF PORTSMOUTH AC	102	0:22:11	1961	I Ellard	BEDFORD & COUNTY AC
3	0:19:21	2169	G Groom	SHAFESBURY BARNET HARR	103	0:22:12	2016	B Keates	CHICHESTER RUNNERS AC
4	0:19:27	2138	J Owen	ORION HARRIERS	104	0:22:13	2215	J Elgar	TONBRIDGE AC
5	0:19:45	2222	J Purty	TONBRIDGE AC	105	0:22:14	2235	J Preston	WEST SUFFOLK AC
6	0:19:52	2007	E Cordery	CHELMSFORD AC	106	0:22:17	2068	L Debenham	HAVING AC
7	0:20:01	2221	B Pitcairn-Knowles	TONBRIDGE AC	107	0:22:18	2156	M Martin	READING AC
8	0:20:03	1951	M Shantry	ALDERSHOT FARNHAM & DA	108	0:22:24	2223	L Reeves	TONBRIDGE AC
9	0:20:04	2224	D Seagrove	TONBRIDGE AC	109	0:22:26	2256	B Bishop	WOKING AC
10	0:20:04	2177	S Tyas	SOUTHAMPTON AC	110	0:22:29	1039	T Kamani	BELGRAVE HARRIERS
11	0:20:04	2229	Y Bizimana	VICTORIA PARK H & TOWER H	111	0:22:31	2148	J Mitchell	POOLE RUNNERS
12	0:20:07	2028	H Moore	CITY OF PORTSMOUTH AC	112	0:22:32	2254	M Kopernicky	WINDSOR SLOUGH ETON & F
13	0:20:09	2174	B Winfield	SHAFESBURY BARNET HARR	113	0:22:33	2244	K Sullivan	WINCHESTER & DISTRICT AC
14	0:20:11	2096	T Adams	IPSWICH HARRIERS	114	0:22:35	1986	A Enser	BRACKNELL AC
15	0:20:14	2011	C Page	CHELMSFORD AC	115	0:22:36	1984	A Dart	BRACKNELL AC
16	0:20:16	2143	B Lewis	POOLE AC	116	0:22:37	1992	D Cooke	CAMBERLEY & DISTRICT AC
17	0:20:16	1942	R Coupland	ALDERSHOT FARNHAM & DA	117	0:22:43	2250	M Daines	WINDSOR SLOUGH ETON & F
18	0:20:19	2025	J White	CITY OF NORWICH AC	118	0:22:44	2102	A Bruce	KINGSTON & POLY HARRIERS
19	0:20:22	2110	L Garrett	LONDON HEATHSIDE AC	119	0:22:45	2031	F Richardson	COLCHESTER & TENDRING AC
20	0:20:25	1950	L Reid	ALDERSHOT FARNHAM & DA	120	0:22:50	1965	J Rogers	BEDFORD & COUNTY AC
21	0:20:26	2098	A Hamed	IPSWICH HARRIERS	121	0:22:52	1969	N Robinson	BEXLEY AC
22	0:20:27	1944	M Heyden	ALDERSHOT FARNHAM & DA	122	0:22:53	2073	H Silverstein	HERCULES WIMBLEDON AC
23	0:20:28	1948	O Percival	ALDERSHOT FARNHAM & DA	123	0:22:53	1960	O Davies	BEDFORD & COUNTY AC
24	0:20:30	1994	T Keen	CAMBRIDGE & COLERIDGE A	124	0:22:53	1974	M Eagling	BLACKHEATH & BROMLEY HA
25	0:20:31	2149	D Willmore	POOLE RUNNERS	125	0:22:58	2106	J Baker	LEWES AC
26	0:20:31	2032	H Turner	COOKHAM RC	126	0:22:59	2193	H Steele	ST EDMUND PACERS
27	0:20:33	2159	S Rodda	READING AC	127	0:23:01	2088	J Barnett	HORSHAM BLUE STAR HARRI
28	0:20:36	2161	E Steveni	READING AC	128	0:23:02	2123	M Mutukuma	NENE VALLEY HARRIERS
29	0:20:40	2010	T Keevil	CHELMSFORD AC	129	0:23:02	2103	G Chaplin	KINGSTON & POLY HARRIERS
30	0:20:40	2251	J Goddard	WINDSOR SLOUGH ETON & F	130	0:23:07	2124	O Oakley	NENE VALLEY HARRIERS
31	0:20:41	2112	J O'Flaherty	LONDON HEATHSIDE AC	131	0:23:10	2209	J Logan	THURROCK HARRIERS
32	0:20:43	2241	J Kelliher	WIMBORNE AC	132	0:23:10	2195	R Galvin	SUTTON & DISTRICT AC
33	0:20:45	2001	J Olawunmi	CAMBRIDGE HARRIERS	133	0:23:13	2071	E Orenstein	HERCULES WIMBLEDON AC
34	0:20:46	2168	T Fulton	SHAFESBURY BARNET HARR	134	0:23:15	2091	J Cann	HORSHAM BLUE STAR HARRI
35	0:20:47	2057	H Boyd	GUILDFORD & GODALMING /	135	0:23:19	2191	S Quercia-Smale	ST EDMUND PACERS
36	0:20:49	2162	N Wiltshire	READING AC	136	0:23:20	2237	J Walker	WEST SUFFOLK AC
37	0:20:50	2211	D Blades	TONBRIDGE AC	137	0:23:21	2038	S Heap	CRAWLEY AC
38	0:20:52	1953	M Davis	AVON VALLEY RUNNERS	138	0:23:21	2227	J Martyn-Hillier	TRENT PARK RC
39	0:20:57	2255	O McArthur	WINDSOR SLOUGH ETON & F	139	0:23:22	2150	N Barnard	QUEENS PARK HARRIERS
40	0:21:01	2092	J Croft	HUNTINGDONSHIRE AC	140	0:23:22	2144	H Mortimer	POOLE AC
41	0:21:02	2160	H Roe	READING AC	141	0:23:23	1971	F Brannan	BLACKHEATH & BROMLEY HA
42	0:21:03	2043	J Ayres	DACORUM & TRING AC	142	0:23:24	2009	G Joslin	CHELMSFORD AC
43	0:21:03	2059	L Harknett	HARLOW AC	143	0:23:25	2242	E Symes	WIMBORNE AC
44	0:21:05	2047	E Bate	DORKING & MOLE VALLEY AC	144	0:23:26	2181	T Stuttle	SOUTHEND ON SEA AC
45	0:21:06	2100	A Tripp	IPSWICH HARRIERS	145	0:23:26	2188	J Lumb	ST ALBANS STRIDERS
46	0:21:07	2114	B Nathan	MAIDENHEAD AC	146	0:23:27	2259	F Dyer	WYCOMBE PHOENIX HARRIEI
47	0:21:08	1996	O Newman	CAMBRIDGE & COLERIDGE A	147	0:23:27	2240	E Dart	WIMBORNE AC
48	0:21:09	2178	S Norris	SOUTHEND ON SEA AC	148	0:23:28	1959	J Rolfe	BASINGSTOKE & MID HANTS
49	0:21:09	1985	H Digby	BRACKNELL AC	149	0:23:29	2129	L Hopper	NEWQUAY & PAR AC
50	0:21:10	2217	I Harding	TONBRIDGE AC	150	0:23:29	2012	H Tullett	CHELMSFORD AC
51	0:21:14	2247	D Brookling	WINDSOR SLOUGH ETON & F	151	0:23:31	1968	J O'Clery	BELGRAVE HARRIERS
52	0:21:15	2151	G Atkins	RANELAGH HARRIERS	152	0:23:33	2137	W Jones	GRIVAY HARRIERS
53	0:21:15	1945	J Jakubait	ALDERSHOT FARNHAM & DA	153	0:23:34	2067	O Bath	HAVING AC
54	0:21:17	2097	J Grady	IPSWICH HARRIERS	154	0:23:37	2184	W Bowran	ST ALBANS STRIDERS
55	0:21:17	2034	K Klimek	CORNWALL AC	155	0:23:40	1970	C Andrews	BLACKHEATH & BROMLEY HA
56	0:21:19	2099	M Snowdon	IPSWICH HARRIERS	156	0:23:42	2180	H Smith	SOUTHEND ON SEA AC
57	0:21:19	1967	J Viney	BEDFORD & COUNTY AC	157	0:23:46	2044	J Van Heiningen	DACORUM & TRING AC
58	0:21:19	1955	E Hartley	BASINGSTOKE & MID HANTS	158	0:23:48	1995	C Kielinger	CAMBRIDGE & COLERIDGE A
59	0:21:20	2066	S Atkins	HAVING AC	159	0:23:54	2087	C Smith	HIGHGATE HARRIERS
60	0:21:22	2033	S Goodchild	CORNWALL AC	160	0:23:58	2095	J Whitby	INVICTA EAST KENT AC
61	0:21:24	2026	S Cross	CITY OF PORTSMOUTH AC	161	0:24:05	2101	C Bilner	IPSWICH JAFFA RC
62	0:21:26	2213	S Coppard	TONBRIDGE AC	162	0:24:08	2060	O Harknett	HARLOW AC
63	0:21:29	2225	D Schofield	TONBRIDGE AC	163	0:24:11	2146	C Telford	POOLE AC
64	0:21:31	2019	W Brown	CHILTERN HARRIERS AC	164	0:24:11	1964	J Nash	BEDFORD & COUNTY AC
65	0:21:33	1952	G Tucker	ALDERSHOT FARNHAM & DA	165	0:24:14	2179	O Randall	SOUTHEND ON SEA AC
66	0:21:33	1978	C Myatt	BLACKHEATH & BROMLEY HA	166	0:24:21	2194	M Ostrowski	STRIDERS OF CROYDON
67	0:21:36	2021	H Cox	CHILTERN HARRIERS AC	167	0:24:24	2200	N Duer	THAMES VALLEY HARRIERS
68	0:21:37	2089	L Burgess	HORSHAM BLUE STAR HARRI	168	0:24:32	2113	A Weston	LONDON HEATHSIDE AC
69	0:21:37	2086	A Sinko Uribe	HIGHGATE HARRIERS	169	0:24:32	2208	J Exley	THURROCK HARRIERS
70	0:21:39	1962	C Gillies	BEDFORD & COUNTY AC	170	0:24:36	2204	C Stone	THETFORD AC
71	0:21:43	2079	J Sherlock	HERTS PHOENIX AC	171	0:24:47	1966	S Thomas	BEDFORD & COUNTY AC
72	0:21:45	2120	J Cunningham-Marsh	MEDWAY & MAIDSTONE AC	172	0:24:48	1999	E Chandler	CAMBRIDGE HARRIERS
73	0:21:46	1941	W Brockman	ALDERSHOT FARNHAM & DA	173	0:24:57	2070	J Forde	HERCULES WIMBLEDON AC
74	0:21:47	1976	O Hussey	BLACKHEATH & BROMLEY HA	174	0:24:59	2005	H Rutman	CANTERBURY HARRIERS
75	0:21:47	2077	L Pope	HERNE HILL HARRIERS	175	0:25:18	2153	M Cleare	READING AC
76	0:21:48	2072	Z Purnell	HERCULES WIMBLEDON AC	176	0:25:26	2042	J O'Dongo	CROYDON HARRIERS
77	0:21:50	2000	R Miles	CAMBRIDGE HARRIERS	177	0:25:29	2039	O Storey	CRAWLEY AC
78	0:21:51	2003	T Simpson	CAMBRIDGE HARRIERS	178	0:25:48	1946	S Lavery	ALDERSHOT FARNHAM & DA
79	0:21:51	2116	J Minter	MARSHALL MILTON KEYNES /	179	0:25:49	2041	N Kesterton	CROYDON HARRIERS
80	0:21:52	2206	K Desmond	THE STRAGGLERS RC	180	0:25:56	2201	T Sharkey	THAMES VALLEY HARRIERS
81	0:21:52	2121	O Featherstone	MEDWAY & MAIDSTONE AC	181	0:25:56	2027	A Kimber	CITY OF PORTSMOUTH AC
82	0:21:52	2022	O Jackson	CHILTERN HARRIERS AC	182	0:26:18	2081	A Charpentier	HIGHGATE HARRIERS
83	0:21:54	2226	J Stoney	TONBRIDGE AC	183	0:27:32	1956	J Hempstead	BASINGSTOKE & MID HANTS
84	0:21:55	2136	J Clark	ORION HARRIERS					
85	0:21:56	2093	M Etheridge	INVICTA EAST KENT AC					
86	0:21:57	2231	C Ackroyd	WEST SUFFOLK AC					
87	0:21:58	2115	E Forsythe	MARSHALL MILTON KEYNES /					
88	0:21:58	2163	G Evans	RIVERSIDE RUNNERS ST NEOI					
89	0:21:58	2133	Jacob Stares	NORTH NORFOLK HARRIERS					
90	0:22:00	2065	M Ramnarine	HASTINGS AC					
91	0:22:01	2207	S Dhillon	THURROCK HARRIERS					
92	0:22:02	2176	M Satterly	SOUTHAMPTON AC					
93	0:22:03	2238	D Baynham	WIMBORNE AC					
94	0:22:04	2082	D Fawden	HIGHGATE HARRIERS					
95	0:22:04	2187	O Davis	ST ALBANS STRIDERS					
96	0:22:05	2119	R Archer	MEDWAY & MAIDSTONE AC					
97	0:22:06	2234	T McCarthy	WEST SUFFOLK AC					
98	0:22:08	2212	B Brooks	TONBRIDGE AC					
99	0:22:10	2205	A Try	THETFORD AC					
100	0:22:10	2008	C Everest	CHELMSFORD AC					

## Under 17 Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
Team Results:									
Pos	Points	Team / Club			Placings				
1	58	TONBRIDGE AC			( 5 7 9 37 )				
2	67	ALDERSHOT FARNHAM & DAC			( 8 17 20 22 )				
3	132	READING AC			( 27 28 36 41 )				
4	134	IPSWICH HARRIERS			( 14 21 45 54 )				
5	150	CHELMSFORD AC			( 6 15 29 100 )				
6	232	WINDSOR SLOUGH ETON & H AC			( 30 39 51 112 )				
7	256	CITY OF PORTSMOUTH AC			( 2 12 61 181 )				
8	349	BEDFORD & COUNTY AC			( 57 70 102 120 )				
9	360	CAMBRIDGE HARRIERS			( 33 77 78 172 )				
10	405	BLACKHEATH & BROMLEY HARRI			( 66 74 124 141 )				
11	415	WIMBORNE AC			( 32 93 143 147 )				
12	424	WEST SUFFOLK AC			( 86 97 105 136 )				
13	504	HERCULES WIMBLEDON AC			( 76 122 133 173 )				
14	504	HIGHGATE HARRIERS			( 69 94 159 182 )				
15	513	SOUTHEND ON SEA AC			( 48 144 156 165 )				

## Under 20 Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:21:32	2926	G Holloway	THURROCK HARRIERS					
2	0:21:55	2802	N Brown	ALDERSHOT FARNHAM & DA					
3	0:22:30	2822	J Keene	BLACKHEATH & BROMLEY HA					
4	0:22:40	2947	F Johnson	WINDSOR SLOUGH ETON & F					
5	0:22:49	2804	G Eglen	ALDERSHOT FARNHAM & DA					
6	0:22:51	2933	E Moyes	WEST SUFFOLK AC					
7	0:22:56	2803	D Dsantos	ALDERSHOT FARNHAM & DA					
8	0:23:08	2941	A Barbour	WINDSOR SLOUGH ETON & F					
9	0:23:17	2811	N Scott	ALDERSHOT FARNHAM & DA					
10	0:23:35	2866	P Monk	GUILDFORD & GODALMING /					
11	0:23:46	2860	S Lawrence	CROYDON HARRIERS					
12	0:24:04	2846	H Morton	CHILTERN HARRIERS AC					
13	0:24:18	2833	C Dannatt	CAMBERLEY & DISTRICT AC					
14	0:24:23	2878	I Bradley	KENT AC					
15	0:24:26	2885	Y Ryder	NEWBURY AC					
16	0:24:28	2836	A Newcombe	CAMBRIDGE & COLERDIGE A					
17	0:24:32	2937	E Martin	WIMBORNE AC					
18	0:24:47	2837	E Schaertlin Coffey	CAMBRIDGE & COLERDIGE A					
19	0:24:54	2929	A Ralph	TONBRIDGE AC					
20	0:24:56	2862	H Morris	DORKING & MOLE VALLEY AC					
21	0:24:56	2851	L Howe	CITY OF NORWICH AC					
22	0:25:03	2950	N Taylor	WYCOMBE PHOENIX HARRIE					
23	0:25:04	2905	H Jones	SOUTHAMPTON AC					
24	0:25:05	2903	G Kyriacou	SHATESBURY BARNET HARRI					
25	0:25:07	2877	A Rose	IPSWICH HARRIERS					
26	0:25:12	2834	B Dow	CAMBRIDGE & COLERDIGE A					
27	0:25:18	2898	H Willis	READING AC					
28	0:25:19	2856	O Dowle	CRAWLEY AC					
29	0:25:22	2928	P Pitcairn-Knowles	TONBRIDGE AC					
30	0:25:24	2858	K Marsh	CRAWLEY AC					
31	0:25:25	2814	D Chalmers	BEDFORD & COUNTY AC					
32	0:25:31	2930	L Thompson	TONBRIDGE AC					
33	0:25:36	2902	C Johnston	SHATESBURY BARNET HARRI					
34	0:25:43	2857	S Dowle	CRAWLEY AC					
35	0:25:48	2892	L Blythe	READING AC					
36	0:25:50	2809	E Higton	ALDERSHOT FARNHAM & DA					
37	0:25:57	2816	B Murphy	BEDFORD & COUNTY AC					
38	0:25:58	2805	M Gildea	ALDERSHOT FARNHAM & DA					
39	0:25:58	2907	A Reavey	SOUTHAMPTON AC					
40	0:26:02	2859	K Peters	CRAWLEY AC					
41	0:26:06	2949	I Rayner	WINDSOR SLOUGH ETON & F					
42	0:26:07	2872	E Pigney	HIGHGATE HARRIES					
43	0:26:19	2852	A Rees	CITY OF NORWICH AC					
44	0:26:40	2873	S Hall	INVICTA EAST KENT AC					
45	0:26:40	2897	G Walton	READING AC					
46	0:26:46	2813	A Chalmers	BEDFORD & COUNTY AC					
47	0:26:55	2881	G Weston	LONDON HEATHSIDE AC					
48	0:26:57	2891	E Godwin	QUEENS PARK HARRIERS					
49	0:27:01	2876	P Smith	HUNTINGDONSHIRE AC					
50	0:27:04	2916	L Eckley	ST ALBANS STRIDERS					
51	0:27:13	2931	C Dearman	WATFORD HARRIERS					
52	0:27:23	2864	M Morrison	EPSOM & EWELL HARRIERS					
53	0:27:24	2936	O Manson	WIMBORNE AC					
54	0:27:27	2882	E Hale	MEDWAY & MAIDSTONE AC					
55	0:27:28	2915	A Bentley	ST ALBANS STRIDERS					
56	0:27:32	2560	R Jeffries	POOLE AC					
57	0:27:36	2911	A Matthews-Smith	SOUTHEND ON SEA AC					
58	0:27:58	2935	A Hine	WIMBORNE AC					
59	0:27:59	2883	H Randle	NENE VALLEY HARRIERS					
60	0:28:22	2849	C Reading	CHICHESTER RUNNERS AC					
61	0:28:26	2830	N Edmunds	BODYWORKS XTC TRI STORE					
62	0:28:34	2838	M Hawkins	CAMBRIDGE HARRIERS					
63	0:28:39	2875	A Darnell	HUNTINGDONSHIRE AC					
64	0:28:51	2861	B Maugey	DARTFORD HARRIERS AC					
65	0:29:14	2807	T Hart	ALDERSHOT FARNHAM & DA					
66	0:29:23	2865	H Dixon	GREENWICH TRITONS					
67	0:29:34	2896	E Thomas	READING AC					
68	0:29:40	2917	G Robin	ST ALBANS STRIDERS					
69	0:29:42	2812	H Newman	AVON VALLEY RUNNERS					
70	0:30:33	2863	C Dunnett	ENFIELD & HARINGEY AC					
71	0:30:47	2895	A Rayfield	READING AC					
72	0:30:56	2918	F Vafadari	ST ALBANS STRIDERS					
73	0:31:46	2870	G Phillips	HAVERING AC					
74	0:31:49	2914	J Barnes	ST ALBANS STRIDERS					
75	0:32:02	2952	Ella Morgan	WINCHESTER & DISTRICT AC					
76	0:33:10	2920	L Barber	STEVENAGE & NORTH HERTS					
77	0:33:42	2924	S Lorenz	THAMES VALLEY HARRIERS					
78	0:34:10	2867	K Watkins	HARROW AC					

### Team Results:

Pos	Points	Team / Club	Placings
1	23	ALDERSHOT FARNHAM & DAC	( 2 5 7 9 )
2	132	CRAWLEY AC	( 28 30 34 40 )
3	174	READING AC	( 27 35 45 67 )
4	245	ST ALBANS STRIDERS	( 50 55 68 72 )

## Under 20 Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:25:36	2603	E Cross	ALDERSHOT FARNHAM & DA					
2	0:26:15	2602	G Cockle	ALDERSHOT FARNHAM & DA					
3	0:26:38	2600	D Blomquist	ALDERSHOT FARNHAM & DA					
4	0:26:57	2760	M Bartram	WEST SUFFOLK AC					
5	0:27:02	2689	J Berry	MEDWAY & MAIDSTONE AC					
6	0:27:09	2759	L Prior	WELLS CITY HARRIERS					
7	0:27:37	5643	S Sommerville	WELLS CITY HARRIERS					
8	0:27:39	2776	S Garry	WYCOMBE PHOENIX HARRIEI					
9	0:27:39	2677	A Abdulle	ILFORD AC					
10	0:27:42	2645	C Charleston	CHELMSFORD AC					
11	0:27:48	2738	T Clyde	THAMES VALLEY HARRIERS					
12	0:28:02	2749	T Faes	TONBRIDGE AC					
13	0:28:05	2682	A Lawrence	IPSWICH HARRIERS					
14	0:28:11	2653	J Atkins	DARTFORD HARRIERS AC					
15	0:28:12	2693	T Menges	MEDWAY & MAIDSTONE AC					
16	0:28:12	2616	A Headley	BEDFORD & COUNTY AC					
17	0:28:12	2735	C O'Neill	TEAM KENNET TRIATHLON AI					
18	0:28:13	2663	B Davis	HAVERING AC					
19	0:28:17	2750	J Goodge	TONBRIDGE AC					
20	0:28:20	2773	N Unger	WINDSOR SLOUGH ETON & H					
21	0:28:22	2617	S Headley	BEDFORD & COUNTY AC					
22	0:28:24	2712	D Ray	READING AC					
23	0:28:24	2723	S Costley	SOUTHAMPTON AC					
24	0:28:28	2719	S Griffiths	SHAFTESBURY BARNET HARR					
25	0:28:28	2648	T Roe	CITY OF PORTSMOUTH AC					
26	0:28:36	2694	C Payas	MEDWAY & MAIDSTONE AC					
27	0:28:43	2709	R Domville	READING AC					
28	0:28:45	2710	I Farnworth	READING AC					
29	0:28:46	2611	J Beeks	BASINGSTOKE & MID HANTS					
30	0:28:48	2691	S Habtom	MEDWAY & MAIDSTONE AC					
31	0:28:56	2606	R McCawley	ALDERSHOT FARNHAM & DA					
32	0:29:08	2778	B Sendall	WYCOMBE PHOENIX HARRIEI					
33	0:29:09	2751	A Kinloch	TONBRIDGE AC					
34	0:29:09	2713	A Sutton	READING AC					
35	0:29:09	2681	P Wain	IPSWICH JAFFA RC					
36	0:29:30	2702	G Day	ORION HARRIERS					
37	0:29:32	2657	M Farah	EALING SOUTHALL & MIDDX					
38	0:29:35	2704	A Ben-Israel	PETERBOROUGH AC					
39	0:29:41	2673	A Sinko-Uribe	HIGHGATE HARRIERS					
40	0:29:42	2762	J Freeborough	WEST SUFFOLK AC					
41	0:29:42	2659	M Kunwar	EALING SOUTHALL & MIDDX					
42	0:29:51	2777	B Lawrence	WYCOMBE PHOENIX HARRIEI					
43	0:29:52	2649	W Page	COLCHESTER & TENDRING AC					
44	0:29:52	2774	D Clarke	WYCOMBE PHOENIX HARRIEI					
45	0:29:52	2765	M Bradly	WINDSOR SLOUGH ETON & H					
46	0:29:53	2747	D Burton	TONBRIDGE AC					
47	0:29:56	2745	S Smith	THURROCK HARRIERS					
48	0:30:00	2707	A Smith	POOLE RUNNERS					
49	0:30:03	2636	A Brown	CAMBRIDGE & COLERIDGE AI					
50	0:30:04	2724	T Cully	SOUTHAMPTON AC					
51	0:30:06	2706	T East	POOLE RUNNERS					
52	0:30:08	2699	J Robertson	NENE VALLEY HARRIERS					
53	0:30:23	2722	J Lyne	SOUTH LONDON HARRIERS					
54	0:30:28	2614	T Angell	BEDFORD & COUNTY AC					
55	0:30:30	2655	K Hughes	DARTFORD HARRIERS AC					
56	0:30:30	2624	M Arcuri	BLACKHEATH & BROMLEY HA					
57	0:30:31	2650	J Patterson	COLCHESTER & TENDRING AC					
58	0:30:34	2695	M Read	MEDWAY & MAIDSTONE AC					
59	0:30:48	2752	E Nicholls	TONBRIDGE AC					
60	0:30:49	2652	R Rowlands	DACORUM & TRING AC					
61	0:30:51	2686	W Griffiths	LONDON HEATHSIDE AC					
62	0:30:51	2696	O Bowling	NENE VALLEY HARRIERS					
63	0:30:54	2767	M Hinde	WINDSOR SLOUGH ETON & H					
64	0:31:02	2711	M Lennon	READING AC					
65	0:31:04	2718	O Greenstein	SHAFTESBURY BARNET HARR					
66	0:31:10	2746	S Brown	TONBRIDGE AC					
67	0:31:11	2775	P Finn	WYCOMBE PHOENIX HARRIEI					
68	0:31:12	2687	J Phillips	LONDON HEATHSIDE AC					
69	0:31:15	2705	D Trickett	POOLE AC					
70	0:31:41	2674	A Sleeman	HIGHGATE HARRIERS					
71	0:31:42	2637	J Davies	CAMBRIDGE & COLERIDGE AI					
72	0:31:47	2622	B Matthews	BEXLEY AC					
73	0:31:47	2654	C Burford	DARTFORD HARRIERS AC					
74	0:31:52	2685	C Mead	LEIGHTON BUZZARD AC					
75	0:32:04	2647	J Adcock	CITY OF NORWICH AC					
76	0:32:09	2667	J Stewart	HAVERING AC					
77	0:32:16	2730	E Anders	ST ALBANS STRIDERS					
78	0:32:20	2690	M Godden	MEDWAY & MAIDSTONE AC					
79	0:32:23	2732	J Hine	ST ALBANS STRIDERS					
80	0:32:49	2629	T Desborough	BLACKHEATH & BROMLEY HA					
81	0:34:15	2627	J Crawley	BLACKHEATH & BROMLEY HA					
82	0:34:38	2643	C McMenemy	CANTERBURY HARRIERS					
83	0:34:38	2772	E Tattersall	WINDSOR SLOUGH ETON & H					
84	0:34:43	2708	B Corless	READING AC					
85	0:34:47	2675	F Sousou	HIGHGATE HARRIERS					
86	0:35:34	2727	J McRitchie	SOUTHAMPTON AC					
87	0:36:47	2666	K O'Hara	HAVERING AC					

### Team Results:

Pos	Points	Team / Club	Placings
1	37	ALDERSHOT FARNHAM & DAC	( 1 2 3 31 )
2	76	MEDWAY & MAIDSTONE AC	( 5 15 26 30 )
3	110	TONBRIDGE AC	( 12 19 33 46 )
4	111	READING AC	( 22 27 28 34 )
5	126	WYCOMBE PHOENIX HARRIERS	( 8 32 42 44 )
6	211	WINDSOR SLOUGH ETON & H AC	( 20 45 63 83 )

## Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:28:42	3015	E Hosker Thornhill	ALDERSHOT FARNHAM & DA	101	0:34:55	3327	Y Goater	GUILDFORD & GODALMING J
2	0:28:43	3023	L Small	ALDERSHOT FARNHAM & DA	102	0:34:58	3676	L Singer	SERPENTINE RC
3	0:28:55	3648	H Walker	RUN FAST	103	0:35:00	3709	B Bowness	SOUTHAMPTON AC
4	0:29:08	3891	L Damen	WINCHESTER & DISTRICT AC	104	0:35:08	3022	S Ratcliffe	ALDERSHOT FARNHAM & DA
5	0:29:43	3013	L Hall	ALDERSHOT FARNHAM & DA	105	0:35:08	3037	J Rockliffe	AVON VALLEY RUNNERS
6	0:30:02	3685	N Taschowitz	SHAFTESBURY BARNET HARR	106	0:35:10	3101	S Belaa	BLACKHEATH & BROMLEY HA
7	0:30:08	3272	I Brinsden	EPSOM & EWELL HARRIERS	107	0:35:11	3240	L Ellis	EALING SOUTHALL & MIDDX
8	0:30:10	3835	N Taylor	TONBRIDGE AC	108	0:35:14	3155	E Monteil	CITY OF PORTSMOUTH AC
9	0:30:13	3008	P Bowden	ALDERSHOT FARNHAM & DA	109	0:35:15	3803	S Biggs	THE STRAGGLERS RC
10	0:30:14	3700	S Mccall	SOUTH LONDON HARRIERS	110	0:35:17	3197	H Paterson	DORKING & MOLE VALLEY AC
11	0:30:29	3033	R Barnes	AVON VALLEY RUNNERS	111	0:35:17	3400	H Wells	HILLINGDON AC
12	0:30:33	3392	H Viner	HIGHGATE HARRIES	112	0:35:19	3060	E Relton	BEDFORD & COUNTY AC
13	0:30:35	3613	A Boniface	READING AC	113	0:35:20	3212	A Norris	DULWICH RUNNERS AC
14	0:30:39	3683	V Pritchard	SHAFTESBURY BARNET HARR	114	0:35:22	3489	C Jacobs-Conradie	LUTON AC
15	0:30:40	3386	E Dixon	HIGHGATE HARRIES	115	0:35:27	3787	C Buckett	THAMES VALLEY HARRIERS
16	0:30:47	3390	M Renfer	HIGHGATE HARRIES	116	0:35:28	3846	S Bint	VICTORIA PARK H & TOWER I
17	0:31:01	3440	I Coomber	LEWES AC	117	0:35:28	3468	J Hinton	LONDON HEATHSIDE AC
18	0:31:20	3420	A Clements	KENT AC	118	0:35:31	3017	B Hubbard	ALDERSHOT FARNHAM & DA
19	0:31:25	3007	K Bingle	ALDERSHOT FARNHAM & DA	119	0:35:32	3429	C Stibbs	KENT AC
20	0:31:29	3483	E Waldman	LONDON HEATHSIDE AC	120	0:35:34	3830	S Houghton	TONBRIDGE AC
21	0:31:34	3054	A Burgin	BEDFORD & COUNTY AC	121	0:35:35	3369	K Crawford	HERNE HILL HARRIERS
22	0:31:37	3495	L Bromilow	MARSHALL MILTON KEYNES J	122	0:35:38	3378	J Wedmore	HERNE HILL HARRIERS
23	0:31:46	3601	N Jackson	RANELAGH HARRIERS	123	0:35:40	3720	S Pennington	SOUTHDEN ON SEA AC
24	0:31:47	3717	K Holland	SOUTHEND ON SEA AC	124	0:35:42	3241	S Gerrie	EALING SOUTHALL & MIDDX
25	0:31:48	3126	C Somerton	CAMBRIDGE & COLERIDGE AI	125	0:35:43	3361	G Galbraith	HERCULES WIMBLEDON AC
26	0:31:50	3393	G Barry	HILLINGDON AC	126	0:35:44	3244	F Kennedy	EALING SOUTHALL & MIDDX
27	0:31:51	3899	M Wilkins	WINCHESTER & DISTRICT AC	127	0:35:45	3657	L Carmichael	SERPENTINE RC
28	0:31:53	3120	K Hedgethorpe	CAMBRIDGE & COLERIDGE AI	128	0:35:48	3710	K Hewitson	SOUTHAMPTON AC
29	0:31:58	3480	K Thorneycroft	LONDON HEATHSIDE AC	129	0:35:50	3441	C Lloyd	LEWES AC
30	0:32:04	3904	C Firth	WINDSOR SLOUGH ETON & F	130	0:35:51	3315	A Riddell-Webster	FULHAM RUNNING CLUB
31	0:32:05	3116	C Brown	CAMBRIDGE & COLERIDGE AI	131	0:35:52	3708	K Borland	SOUTHAMPTON AC
32	0:32:07	3079	S Harris	BELGRAVE HARRIERS	132	0:35:57	3330	M Inge	GUILDFORD & GODALMING J
33	0:32:09	3362	C Grima	HERCULES WIMBLEDON AC	133	0:35:58	3003	E Marchant	26.2 RRC
34	0:32:11	3623	N Mitchell	READING AC	134	0:35:58	3187	A Johnson	DARTFORD HARRIERS AC
35	0:32:12	3893	L Elliott	WINCHESTER & DISTRICT AC	135	0:36:02	3860	H Weir	VICTORIA PARK H & TOWER I
36	0:32:12	3135	A Joel	CHELMSFORD AC	136	0:36:03	3430	A Thomson	KENT AC
37	0:32:21	3070	S Amend	BELGRAVE HARRIERS	137	0:36:05	3889	J Bowling	WINCHESTER & DISTRICT AC
38	0:32:24	3686	V Walker	SHAFTESBURY BARNET HARR	138	0:36:06	3654	C Bowen	SERPENTINE RC
39	0:32:43	3374	K Moore	HERNE HILL HARRERS	139	0:36:07	3210	H Lister	DULWICH RUNNERS AC
40	0:32:46	3147	A Hoogmaker	CITY OF NORWICH AC	140	0:36:09	3751	W Walsh	ST ALBANS STRIDERS
41	0:32:50	3672	S Pemberton	SERPENTINE RC	141	0:36:09	3850	S Donges	VICTORIA PARK H & TOWER I
42	0:32:53	3118	R Frake	CAMBRIDGE & COLERIDGE AI	142	0:36:12	3074	I Cousland	BELGRAVE HARRIERS
43	0:32:55	3560	C Thurgood	ORION HARRIERS	143	0:36:15	3915	G Furze	WOKING AC
44	0:33:00	3121	F Hughes	CAMBRIDGE & COLERIDGE AI	144	0:36:18	3591	J Bailey	RANELAGH HARRIERS
45	0:33:01	3799	L Smith	THAMES VALLEY HARRIERS	145	0:36:19	3656	V Brown	SERPENTINE RC
46	0:33:04	3145	M Beckett	CITY OF NORWICH AC	146	0:36:21	3354	R Shaw	HEADINGTON ROAD RUNNEF
47	0:33:06	3016	R Howard	ALDERSHOT FARNHAM & DA	147	0:36:25	3402	C Williams	HILLINGDON AC
48	0:33:10	3280	A Gounelas	ETON MANOR AC	148	0:36:26	3353	A Johnson	HEADINGTON ROAD RUNNEF
49	0:33:13	3138	S Judd	CHELMSFORD AC	149	0:36:26	3492	N Baker	MARSHALL MILTON KEYNES J
50	0:33:14	3043	J Kent	BARNET & DISTRICT AC	150	0:36:27	3558	H Rogerson	ORION HARRIERS
51	0:33:16	3900	B Atkinson	WINDSOR SLOUGH ETON & F	151	0:36:28	3237	J Watt	EALING EAGLES
52	0:33:17	3826	C Bird	TONBRIDGE AC	152	0:36:30	3896	S Lawson	WINCHESTER & DISTRICT AC
53	0:33:18	3372	N Lodge	HERNE HILL HARRERS	153	0:36:32	3869	A Trussler	WATFORD HARRIERS
54	0:33:18	3931	L Rogers	WYCOMBE PHOENIX HARRIEI	154	0:36:34	3882	M McCarthy	WEST SUFFOLK AC
55	0:33:20	3391	A Scott	HIGHGATE HARRIES	155	0:36:36	3522	S Taylor	MORNINGTON CHASERS RC
56	0:33:21	3801	F Thompson	THAMES VALLEY HARRIERS	156	0:36:37	3171	C Fuller	CLAPHAM PIONEERS
57	0:33:22	3863	F De Mauny	WALTON AC	157	0:36:38	3401	N Wickings	HILLINGDON AC
58	0:33:24	3562	C Day	PADDOCK WOOD AC	158	0:36:40	3466	E Ford	LONDON HEATHSIDE AC
59	0:33:24	3375	A Stevens	HERNE HILL HARRERS	159	0:36:47	3421	A Farrall	KENT AC
60	0:33:24	3004	S Lackman	ABINGDON AAC	160	0:36:48	3024	E Stevens	ALDERSHOT FARNHAM & DA
61	0:33:26	3341	R Dunlop	HAVANT AC	161	0:36:48	3913	G Cory	WOKING AC
62	0:33:26	3727	C Lathwell	STOPSLEY STRIDERS JC	162	0:36:50	3605	R Northmore	RANELAGH HARRIERS
63	0:33:29	3328	E Harrison	GUILDFORD & GODALMING J	163	0:36:51	3771	J Davies	THAMES HARE & HOUNDS
64	0:33:34	3426	T Murphy	KENT AC	164	0:36:51	3050	L Douglass	BASILDON AC
65	0:33:37	3784	S Ainley	THAMES VALLEY HARRIERS	165	0:36:54	3575	R Neal	POOLE AC
66	0:33:40	3674	M Roberts	SERPENTINE RC	166	0:36:55	3557	N Kipps	ORION HARRIERS
67	0:33:41	3073	S Carter	BELGRAVE HARRIERS	167	0:36:59	3460	S Black	LONDON HEATHSIDE AC
68	0:33:43	3705	F Arnott	SOUTHAMPTON AC	168	0:37:00	3389	M Lean	HIGHGATE HARRIES
69	0:33:44	3534	L Hodgson	NEWQUAY & PAR AC	169	0:37:02	3109	A Reed	BLACKHEATH & BROMLEY HA
70	0:33:49	3762	R Lord	STUBBINGTON GREEN RUNNI	170	0:37:03	3119	S Godfrey	CAMBRIDGE & COLERIDGE AI
71	0:33:57	3592	L Blazey	RANELAGH HARRIERS	171	0:37:03	3176	S Aldridge	CRAWLEY AC
72	0:33:59	3620	A Godfrey	READING AC	172	0:37:06	3467	S Hietanen	LONDON HEATHSIDE AC
73	0:34:00	3541	K Harbon	NORTH HERTS RRC	173	0:37:07	3565	E Rendall	PADDOCK WOOD AC
74	0:34:02	3385	E Burgess	HIGHGATE HARRIES	174	0:37:07	3867	H Johal	WATFORD HARRIERS
75	0:34:04	3689	R Coe-O'Brien	SOUTH LONDON HARRIERS	175	0:37:09	3123	M Kozlova	CAMBRIDGE & COLERIDGE AI
76	0:34:04	3774	S Hazel	THAMES HARE & HOUNDS	176	0:37:11	3571	D Dibden	POOLE AC
77	0:34:05	3707	N Blandford	SOUTHAMPTON AC	177	0:37:13	3350	M Frykfors	HEADINGTON ROAD RUNNEF
78	0:34:06	3140	R Luxton	CHELMSFORD AC	178	0:37:14	3273	M Ceconi	EPSOM & EWELL HARRIERS
79	0:34:06	3922	K Gundersen	WOODFORD GREEN W ESSEX	179	0:37:17	3209	M Lennon	DULWICH RUNNERS AC
80	0:34:06	3274	D Norman	EPSOM & EWELL HARRIERS	180	0:37:17	3215	R Schulleri	DULWICH RUNNERS AC
81	0:34:09	3355	M Dorrington	HEDGE END RUNNING CLUB	181	0:37:21	3450	D Mountain	LONDON CITY AC
82	0:34:11	3479	S Swinhoe	LONDON HEATHSIDE AC	182	0:37:21	3339	C Millar	HASTINGS AC
83	0:34:13	3045	K Murphy	BARNET & DISTRICT AC	183	0:37:22	3388	L Faherty	HIGHGATE HARRIES
84	0:34:16	3005	C Parker	ABINGDON AAC	184	0:37:23	3125	R Sampson Geroski	CAMBRIDGE & COLERIDGE AI
85	0:34:19	3702	J Vickers	SOUTH LONDON HARRIERS	185	0:37:24	3626	H Wood	READING AC
86	0:34:28	3612	S Whatmough	RANELAGH HARRIERS	186	0:37:25	3811	K Levene	THE STRAGGLERS RC
87	0:34:31	3765	C Altmann	THAMES HARE & HOUNDS	187	0:37:26	3561	A Trauttmansdorff-Weinsbe	ORION HARRIERS
88	0:34:33	3914	L Faunch	WOKING AC	188	0:37:26	3038	J Westwood	AVON VALLEY RUNNERS
89	0:34:34	3779	E Stavreski	THAMES HARE & HOUNDS	189	0:37:27	3884	S Lloyd	WHITE HORSE HARRIERS AC
90	0:34:35	3761	D Hall	STUBBINGTON GREEN RUNNI	190	0:37:28	3418	V Buck	KENT AC
91	0:34:36	3081	C Pennock	BELGRAVE HARRIERS	191	0:37:30	3526	R Jones	NENE VALLEY HARRIERS
92	0:34:39	3010	L Butt	ALDERSHOT FARNHAM & DA	192	0:37:37	3221	H Betteridge	EALING EAGLES
93	0:34:40	3082	R Prince	BELGRAVE HARRIERS	193	0:37:39	3259	T Devkee	EDMONTON RC
94	0:34:43	3753	A Joiner-Handy	ST EDMUND PACERS	194	0:37:41	3854	F Jeacocke	VICTORIA PARK H & TOWER I
95	0:34:44	3463	U Cartwright-Finch	LONDON HEATHSIDE AC	195	0:37:42	3755	K Chadd	STRIDERS OF CROYDON
96	0:34:44	3048	Z Levin	BARNET & DISTRICT AC	196	0:37:42	3077	L Goldie-Scott	BELGRAVE HARRIERS
97	0:34:48	3428	J Smith	KENT AC	197	0:37:43	3472	C Monahan	LONDON HEATHSIDE AC
98	0:34:49	3139	W King	CHELMSFORD AC	198	0:37:44	3141	H Pegg	CHELMSFORD AC
99	0:34:52	3929	R Campbell	WOODSTOCK HARRIERS AC	199	0:37:44	3837	L Hembury	TRING RUNNING CLUB
100	0:34:53	3877	I Rea	WEST 4 HARRIERS	200	0:37:46	3533	J Gill	NEW FOREST RC

# Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:37:47	3438	J Sharples	LEIGHTON BUZZARD AC	301	0:40:23	3055	C Davies	BEDFORD & COUNTY AC
202	0:37:49	3521	F Russell	MORNINGTON CHASERS RC	302	0:40:25	3449	K Moeller	LONDON CITY AC
203	0:37:51	3721	P Bridgman	SPRINGFIELD STRIDERS RC	303	0:40:32	3821	J Prior	TRENT PARK RC
204	0:37:53	3279	C Fisher	ETON MANOR AC	304	0:40:34	3838	C Wilcock	TRING RUNNING CLUB
205	0:37:54	3219	A Thomas	DULWICH RUNNERS AC	305	0:40:36	3249	J Ruhland	EALING SOUTHALL & MIDDX
206	0:37:54	3618	S Francis	READING AC	306	0:40:41	3859	A Trihan	VICTORIA PARK H & TOWER I
207	0:37:56	3345	I Woods	HAVERING AC	307	0:40:42	3396	L Hyde	HILLINGDON AC
208	0:37:56	3812	D Smale	THE STRAGGLERS RC	308	0:40:43	3417	E Brown	KENT AC
209	0:37:56	3222	H Copeland	EALING EAGLES	309	0:40:45	3404	M Boast	HORSHAM BLUE STAR HARRI
210	0:37:57	3346	E Navesey	HAYWARDS HEATH HARRIERS	310	0:40:49	3358	E Brandley	HERCULES WIMBLETON AC
211	0:37:59	3636	A Gooch	REDWAY RUNNERS	311	0:40:51	3669	D McCourt	SERPENTINE RC
212	0:38:00	3289	Z Woodward	ETON MANOR AC	312	0:40:54	3806	H Davies	THE STRAGGLERS RC
213	0:38:03	3298	K Copeland	FARNHAM RUNNERS	313	0:40:55	3883	R Bennett	WHITE HORSE HARRIERS AC
214	0:38:06	3643	L Davison	ROYSTON RUNNERS	314	0:40:56	3696	L Ingram	SOUTH LONDON HARRIERS
215	0:38:07	3851	C Evans	VICTORIA PARK H & TOWER I	315	0:40:57	3494	D Brent	MARSHALL MILTON KEYNES J
216	0:38:09	3040	S Boxer	BARNET & DISTRICT AC	316	0:40:57	3511	H Gardner	MORNINGTON CHASERS RC
217	0:38:10	3338	R Maslen	HASTINGS AC	317	0:40:59	3296	L Bamford	FARNHAM RUNNERS
218	0:38:12	3898	S Parkinson	WINCHESTER & DISTRICT AC	318	0:41:03	3319	P Skeats-Beswick	GOODGYM RACE TEAM
219	0:38:12	3027	G Carter-Collins	ASHFORD AC	319	0:41:04	3776	I Kriauzaite	THAMES HARE & HOUNDS
220	0:38:12	3302	E Stradling	FARNHAM RUNNERS	320	0:41:04	3911	J Barclay	WOKING AC
221	0:38:13	3490	J Winfield	LUTON AC	321	0:41:05	3809	J Haworth	THE STRAGGLERS RC
222	0:38:13	3208	E Ibell	DULWICH RUNNERS AC	322	0:41:06	3308	K Puttock	FOLKESTONE AC
223	0:38:19	3662	A Eden	SERPENTINE RC	323	0:41:06	3481	J Vinluan	LONDON HEATHSIDE AC
224	0:38:26	3772	V Filsell	THAMES HARE & HOUNDS	324	0:41:13	3205	L Clapp	DULWICH RUNNERS AC
225	0:38:27	3574	L Moore	POOLE AC	325	0:41:13	3173	C Reynolds	CLAPHAM PIONEERS
226	0:38:27	3181	T Caroline	DAGENHAM 88 RUNNERS	326	0:41:15	3614	N Cook	READING AC
227	0:38:29	3890	E Carter	WINCHESTER & DISTRICT AC	327	0:41:15	3673	C Ringrow	SERPENTINE RC
228	0:38:29	3457	O Poole	LONDON FRONTRUNNERS	328	0:41:17	3515	M Kimura	MORNINGTON CHASERS RC
229	0:38:30	3742	Z Lowe	ST ALBANS STRIDERS	329	0:41:23	3553	L Owen	NORWICH ROAD RUNNERS
230	0:38:30	3041	N Froud	BARNET & DISTRICT AC	330	0:41:25	3398	M Spencer	HILLINGDON AC
231	0:38:31	3157	L Bray	CLAPHAM CHASERS RC	331	0:41:27	3408	C King	HUNTINGDONSHIRE AC
232	0:38:31	3847	N Bourne	VICTORIA PARK H & TOWER I	332	0:41:30	3638	S Galloway	REIGATE PRIORY AC
233	0:38:32	3397	K Shockley	HILLINGDON AC	333	0:41:31	3760	P Forse	STUBBINGTON GREEN RUNNI
234	0:38:34	3034	B Francis	AVON VALLEY RUNNERS	334	0:41:33	3406	K Crawford	HUNTINGDONSHIRE AC
235	0:38:36	3692	J Duffey	SOUTH LONDON HARRIERS	335	0:41:34	3191	S Wood	DARTFORD HARRIERS AC
236	0:38:36	3926	Z Watson	WOODFORD GREEN W ESSEX	336	0:41:36	3246	C Meek	EALING SOUTHALL & MIDDX
237	0:38:36	3599	C Fowler	RANELAGH HARRIERS	337	0:41:38	3559	A Taylor	ORION HARRIERS
238	0:38:38	3530	S Wilkinson Hargate	NENE VALLEY HARRIERS	338	0:41:39	3168	K Tyler	CLAPHAM CHASERS RC
239	0:38:39	3664	D Gladstone	SERPENTINE RC	339	0:41:41	3556	L Humphreys	ORION HARRIERS
240	0:38:39	3458	N Wilkinson	LONDON FRONTRUNNERS	340	0:41:42	3814	E Taschmowitz	TAUNTON AC
241	0:38:40	3876	R Lewis	WEST 4 HARRIERS	341	0:41:43	3729	M Attree	ST ALBANS STRIDERS
242	0:38:40	3316	R Ashworth	GOODGYM RACE TEAM	342	0:41:44	3057	R Kerr	BEDFORD & COUNTY AC
243	0:38:41	3020	B Lafreniere	ALDRSHOT FARNHAM & DA	343	0:41:44	3580	S Swift	POOLE RUNNERS
244	0:38:42	3410	J Muspratt	HUNTINGDONSHIRE AC	344	0:41:50	3025	C Stewart	ALDRSHOT FARNHAM & DA
245	0:38:43	3422	E Grant	KENT AC	345	0:41:52	3805	L Collins	THE STRAGGLERS RC
246	0:38:46	3719	N Lagde	SOUTHEND ON SEA AC	346	0:41:52	3691	M David	SOUTH LONDON HARRIERS
247	0:38:49	3832	L Pitcairn-Knowles	TONBRIDGE AC	347	0:41:55	3715	H Gillard	SOUTHEND ON SEA AC
248	0:38:50	3864	C Bentley	WATFORD HARRIERS	348	0:42:04	3820	M O'Hare	TRENT PARK RC
249	0:38:50	3431	K Williams	KENT AC	349	0:42:05	3652	F Barrett	SERPENTINE RC
250	0:38:52	3537	P Adams	NORTH HERTS RRC	350	0:42:08	3233	O Parker-Scott	EALING EAGLES
251	0:38:54	3359	M Crouse	HERCULES WIMBLETON AC	351	0:42:10	3028	R Dyer	ASHFORD AC
252	0:38:56	3796	L Morris	THAMES VALLEY HARRIERS	352	0:42:15	3632	S Whalley	READING ROADRUNNERS
253	0:38:56	3885	H Acquah	WIMBORNE AC	353	0:42:16	3243	C Jones	EALING SOUTHALL & MIDDX
254	0:38:56	3218	K Styles	DULWICH RUNNERS AC	354	0:42:18	3462	K Butler	LONDON HEATHSIDE AC
255	0:39:01	3153	K Carew-Robinson	CITY OF PORTSMOUTH AC	355	0:42:22	3550	J Killingworth	NORWICH ROAD RUNNERS
256	0:39:04	3823	Z Redondo	TRENT PARK RC	356	0:42:26	3411	E Smith	HUNTINGDONSHIRE AC
257	0:39:06	3655	J Bradley	SERPENTINE RC	357	0:42:27	3714	S Cribbs	SOUTHEND ON SEA AC
258	0:39:07	3634	N Clarke	REDWAY RUNNERS	358	0:42:28	3313	A Capper	FULHAM RUNNING CLUB
259	0:39:08	3357	C Binley	HERCULES WIMBLETON AC	359	0:42:32	3853	M Harrison	VICTORIA PARK H & TOWER I
260	0:39:08	3301	E Pearson	FARNHAM RUNNERS	360	0:42:38	3928	D Bridges	WOODSTOCK HARRIERS AC
261	0:39:11	3405	K Cameron	HUNTINGDONSHIRE AC	361	0:42:39	3478	E Storrar	LONDON HEATHSIDE AC
262	0:39:13	3895	A Fenwick	WINCHESTER & DISTRICT AC	362	0:42:41	3551	E Mann	NORWICH ROAD RUNNERS
263	0:39:16	3582	J Braine	QUEENS PARK HARRIERS	363	0:42:45	3149	T Killingbeck	CITY OF NORWICH AC
264	0:39:17	3924	J Thomas	WOODFORD GREEN W ESSEX	364	0:42:46	3195	L Louise	DORKING & MOLE VALLEY AC
265	0:39:17	3757	S Upton	STRIDERS OF CROYDON	365	0:42:48	3152	C Baggaley	CITY OF PORTSMOUTH AC
266	0:39:21	3329	S Harrison	GUILDFORD & GODALMING /	366	0:42:51	3875	G Gillot	WEST 4 HARRIERS
267	0:39:21	3547	D English	NORWICH ROAD RUNNERS	367	0:42:52	3111	D Yapp	BLACKHEATH & BROMLEY HA
268	0:39:25	3903	V Brookling	WINDSOR SLOUGH ETON & I	368	0:42:54	3668	M King	SERPENTINE RC
269	0:39:25	3856	R Pitt	VICTORIA PARK H & TOWER I	369	0:42:55	3042	K Johnstone	BARNET & DISTRICT AC
270	0:39:27	3284	K Malcolm	ETON MANOR AC	370	0:42:59	3758	S Wong	STRIDERS OF CROYDON
271	0:39:27	3435	A Farnfield	LEIGHTON BUZZARD AC	371	0:43:05	3516	R Lamour	MORNINGTON CHASERS RC
272	0:39:28	3493	D Baldwin	MARSHALL MILTON KEYNES /	372	0:43:08	3577	M Vaughan-Johncey	POOLE AC
273	0:39:30	3894	A Fenwick	WINCHESTER & DISTRICT AC	373	0:43:09	3455	M Cook	LONDON FRONTRUNNERS
274	0:39:31	3414	E Daykin-Colombel	IPSWICH JAFFA RC	374	0:43:09	3482	K Vinnicombe	LONDON HEATHSIDE AC
275	0:39:33	3583	E Buck	QUEENS PARK HARRIERS	375	0:43:15	3824	S Thomas	TRENT PARK RC
276	0:39:33	3475	L Pointon	LONDON HEATHSIDE AC	376	0:43:16	3253	M Hodson	EAST LONDON RUNNERS
277	0:39:34	3085	H White	BELGRAVE HARRIERS	377	0:43:16	3447	H Haggis	LONDON CITY AC
278	0:39:36	3919	J Tarrant	WOKING AC	378	0:43:18	3299	J Georghiou	FARNHAM RUNNERS
279	0:39:36	3920	K Trinder	WOKING AC	379	0:43:20	3704	A Wilson	SOUTH LONDON HARRIERS
280	0:39:37	3504	B Harrop	MEDWAY & MAIDSTONE AC	380	0:43:23	3644	C Littlewood	ROYSTON RUNNERS
281	0:39:39	3089	L Crane	BEXLEY AC	381	0:43:25	3293	L Ing	FAIRLANDS VALLEY SPARTAN
282	0:39:41	3230	S Mackenzie	EALING EAGLES	382	0:43:25	3312	C Watts	FOLKESTONE AC
283	0:39:43	3154	J Kitching	CITY OF PORTSMOUTH AC	383	0:43:30	3297	F Carle	FARNHAM RUNNERS
284	0:39:44	3865	R Delivett	WATFORD HARRIERS	384	0:43:31	3930	Z White	WOODSTOCK HARRIERS AC
285	0:39:47	3671	E O'Connor	SERPENTINE RC	385	0:43:33	3555	G Hocking	ORION HARRIERS
286	0:39:48	3217	E Simmons	DULWICH RUNNERS AC	386	0:43:34	3602	V Lafeuille	RANELAGH HARRIERS
287	0:39:50	3750	E Walls	ST ALBANS STRIDERS	387	0:43:36	3255	C Millan	EAST LONDON RUNNERS
288	0:39:51	3470	J Irwin	LONDON HEATHSIDE AC	388	0:43:37	3158	G Brierley	CLAPHAM CHASERS RC
289	0:39:54	3127	R Baker	CAMBRIDGE HARRIERS	389	0:43:38	3817	T Green	TRENT PARK RC
290	0:39:56	3855	L Morgan	VICTORIA PARK H & TOWER I	390	0:43:44	3629	N Rickett	READING ROADRUNNERS
291	0:39:57	3520	A Riodel	MORNINGTON CHASERS RC	391	0:43:45	3576	C Snape	POOLE AC
292	0:40:04	3032	B Walsh	ASHFORD AC	392	0:43:45	3642	D Parr	RIVERSIDE RUNNERS ST NEOI
293	0:40:05	3827	R Fagg	TONBRIDGE AC	393	0:43:47	3624	C Phillips	READING AC
294	0:40:07	3769	J Davies	THAMES HARE & HOUNDS	394	0:43:48	3738	D Irwin	ST ALBANS STRIDERS
295	0:40:09	3379	J Winfield	HERNE HILL HARRIERS	395	0:43:48	3844	J Barrow-Green	VICTORIA PARK H & TOWER I
296	0:40:10	3348	M Ding	HEADINGTON ROAD RUNNEF	396	0:43:49	3419	N Cartlidge	KENT AC
297	0:40:12	3484	J Wastell	LONDON HEATHSIDE AC	397	0:43:51	3326	L Ellis	GUILDFORD & GODALMING /
298	0:40:15	3394	Z Dobbs	HILLINGDON AC	398	0:43:53	3167	K Lysons	CLAPHAM CHASERS RC
299	0:40:19	3321	E Dodds	GREENWICH TRITONS	399	0:43:55	3036	S Jeddi	AVON VALLEY RUNNERS
300	0:40:21	3213	L Pickering	DULWICH RUNNERS AC	400	0:44:00	3600	C Hyde	RANELAGH HARRIERS

## Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:44:00	3606	R Revett	RANELAGH HARRIERS	501	0:48:13	3226	A Hendy	EALING EAGLES
402	0:44:01	3650	S Kendall-Woods	SANDHURST JOGGERS	502	0:48:19	3486	A Woulfe	LONDON HEATHSIDE AC
403	0:44:03	3261	V Lovelock	EDMONTON RC	503	0:48:26	3323	R Holmes	GREENWICH TRITONS
404	0:44:03	3728	L Goddard	STOWMARKET STRIDERS	504	0:48:26	3848	P Cockman	VICTORIA PARK H & TOWER I
405	0:44:06	3552	A Millett	NORWICH ROAD RUNNERS	505	0:48:29	3322	E Harkins	GREENWICH TRITONS
406	0:44:08	3337	B Mabon	HASTINGS AC	506	0:48:31	3295	P Wilson	FAIRLANDS VALLEY SPARTAN
407	0:44:09	3229	M Kucharska	EALING EAGLES	507	0:48:34	3912	F Bishop	WOKING AC
408	0:44:10	3633	S Buck	REDWAY RUNNERS	508	0:48:41	3726	E Tribley	SPRINGFIELD STRIDERS RC
409	0:44:10	3131	M Whitefield	CAMBRIDGE HARRIERS	509	0:48:46	3180	J Akroyd	DAGENHAM 88 RUNNERS
410	0:44:12	3572	K Hay	POOLE AC	510	0:48:55	3627	C Macklin	READING ROADRUNNERS
411	0:44:13	3477	N Shoham	LONDON HEATHSIDE AC	511	0:48:56	3609	C Warner	RANELAGH HARRIERS
412	0:44:14	3242	C Günnewicht	EALING SOUTHALL & MIDDX	512	0:49:03	3678	M Tonaki	SERPENTINE RC
413	0:44:14	3819	J Moss	TRENT PARK RC	513	0:49:06	3791	C Le Rougetel	THAMES VALLEY HARRIERS
414	0:44:20	3303	L Tyler	FARNHAM RUNNERS	514	0:49:09	3351	S Harding-Brown	HEADINGTON ROAD RUNNEF
415	0:44:20	3395	F Hollingsworth	HILLINGDON AC	515	0:49:15	3291	C Chapman	FAIRLANDS VALLEY SPARTAN
416	0:44:21	3282	G Hennessey	ETON MANOR AC	516	0:49:18	3184	F Atkins	DARTFORD HARRIERS AC
417	0:44:21	3518	H Marshall	MORNINGTON CHASERS RC	517	0:49:30	3579	A Lewis	POOLE RUNNERS
418	0:44:22	3044	A Lee	BARNET & DISTRICT AC	518	0:49:38	3804	L Chase	THE STRAGGLERS RC
419	0:44:23	3713	A Stone	SOUTHAMPTON AC	519	0:49:41	3307	C O'Connor	FOLKESTONE AC
420	0:44:23	3130	D Martin	CAMBRIDGE HARRIERS	520	0:49:43	3818	C Harding	TRENT PARK RC
421	0:44:31	3925	A Wardle	WOODFORD GREEN W ESSEX	521	0:49:46	3578	A Brown	POOLE RUNNERS
422	0:44:35	3845	E Battson	VICTORIA PARK H & TOWER I	522	0:49:58	3935	H Potgieter	YAXLEY RUNNERS & JOGGERS
423	0:44:37	3663	L Fountain	SERPENTINE RC	523	0:50:12	3185	S Dann	DARTFORD HARRIERS AC
424	0:44:43	3887	A Pawson	WIMBORNE AC	524	0:50:15	3646	J Mcgreal	ROYSTON RUNNERS
425	0:44:44	3412	P Stocker	HUNTINGDONSHIRE AC	525	0:50:16	3665	J Hart	SERPENTINE RC
426	0:44:45	3639	A Morris	REIGATE PRIORY AC	526	0:50:19	3409	H McConville	HUNTINGDONSHIRE AC
427	0:44:54	3628	T Mcqueen	READING ROADRUNNERS	527	0:50:30	3000	A Bath	26.2 RRC
428	0:44:54	3165	A Jurkiewicz	CLAPHAM CHASERS RC	528	0:50:35	3640	L Boothby	RIVERSIDE RUNNERS ST NEOT
429	0:44:55	3320	N Brouwer	GREENWICH TRITONS	529	0:50:43	3415	J Haselwood	IPSWICH JAFFA RC
430	0:44:56	3317	B Greenwood	GOODGYM RACE TEAM	530	0:50:50	3182	S Hannah	DAGENHAM 88 RUNNERS
431	0:44:57	3857	A Tay	VICTORIA PARK H & TOWER I	531	0:50:52	3263	L Pichelski	EDMONTON RC
432	0:45:00	3874	L Clark	WEST 4 HARRIERS	532	0:50:55	3347	E Carter	HEADINGTON ROAD RUNNEF
433	0:45:01	3722	K Chapman	SPRINGFIELD STRIDERS RC	533	0:50:56	3278	H Dalton	ETON MANOR AC
434	0:45:02	3716	D Hallam	SOUTHEND ON SEA AC	534	0:51:03	3142	S Baker	CHICHESTER RUNNERS AC
435	0:45:04	3508	T Allardyce	MORNINGTON CHASERS RC	535	0:51:20	3399	L Visser	HILLINGDON AC
436	0:45:07	3746	L Stern	ST ALBANS STRIDERS	536	0:51:23	3651	E Loftesnes	SANDHURST JOGGERS
437	0:45:08	3283	J Heymann	ETON MANOR AC	537	0:51:30	3933	K Homewood	YAXLEY RUNNERS & JOGGERS
438	0:45:16	3183	R Islam	DAGENHAM 88 RUNNERS	538	0:51:48	3568	G Harrison	PITSEA RC
439	0:45:19	3046	D Savvas	BARNET & DISTRICT AC	539	0:51:51	3570	A Smith	PITSEA RC
440	0:45:21	3542	J Harbon	NORTH HERTS RRC	540	0:51:51	3275	S Ackland	ETON MANOR AC
441	0:45:30	3934	A Mogridge	YAXLEY RUNNERS & JOGGERS	541	0:51:58	3292	S Crowley	FAIRLANDS VALLEY SPARTAN
442	0:45:32	3239	S Dyke	EALING SOUTHALL & MIDDX	542	0:51:59	3825	M Watters	TRENT PARK RC
443	0:45:33	3545	G Quayle	NORTH HERTS RRC	543	0:52:05	3264	T Ruane	EDMONTON RC
444	0:45:36	3647	L Mitchell	ROYSTON RUNNERS	544	0:52:11	3866	N Economu	WATFORD HARRIERS
445	0:45:36	3381	E Doyle	HERTS PHOENIX AC	545	0:52:14	3332	S Frost	HALSTEAD ROAD RUNNERS
446	0:45:39	3641	E Lovatt	RIVERSIDE RUNNERS ST NEOT	546	0:52:21	3001	L Hooke	26.2 RRC
447	0:45:41	3843	H Demetriou	VEGAN RUNNERS UK	547	0:52:40	3172	S Prescott	CLAPHAM PIONEERS
448	0:45:46	3661	R Doyle	SERPENTINE RC	548	0:52:45	3666	S Holder	SERPENTINE RC
449	0:45:47	3349	E Foggin	HEADINGTON ROAD RUNNEF	549	0:53:04	3427	K Sharpe	KENT AC
450	0:45:48	3115	D Braveman	CAMBRIDGE & COLERIDGE AI	550	0:53:09	3443	T Donohue	LINGFIELD RC
451	0:45:51	3232	S Park	EALING EAGLES	551	0:53:10	3723	V Curren	SPRINGFIELD STRIDERS RC
452	0:45:51	3318	S Moore	GOODGYM RACE TEAM	552	0:53:17	3543	R Pounder	NORTH HERTS RRC
453	0:45:53	3630	C Seymour	READING ROADRUNNERS	553	0:53:22	3423	A Hadlow	KENT AC
454	0:45:57	3192	R Young	DARTFORD HARRIERS AC	554	0:53:36	3733	M Coombs	ST ALBANS STRIDERS
455	0:46:00	3262	A Minas	EDMONTON RC	555	0:53:41	3631	M Sweeney	READING ROADRUNNERS
456	0:46:02	3281	J Hall	ETON MANOR AC	556	0:53:47	3808	C Glew	THE STRAGGLERS RC
457	0:46:06	3456	K Fitzgerald	LONDON FRONTRUNNERS	557	0:54:36	3736	C Holloway	ST ALBANS STRIDERS
458	0:46:10	3179	J Williams	CROYDON HARRIERS	558	0:54:37	3540	L Cook	NORTH HERTS RRC
459	0:46:15	3649	K Herrington	SANDHURST JOGGERS	559	0:55:04	3309	L Smith	FOLKESTONE AC
460	0:46:20	3314	J Farmer	FULHAM RUNNING CLUB	560	0:55:15	3002	S Lothian	26.2 RRC
461	0:46:28	3695	P Howard	SOUTH LONDON HARRIERS	561	0:55:16	3544	C Quayle	NORTH HERTS RRC
462	0:46:29	3294	H Smith	FAIRLANDS VALLEY SPARTAN	562	0:55:38	3822	C Read	TRENT PARK RC
463	0:46:30	3238	K Di Paolo	EALING SOUTHALL & MIDDX	563	0:55:45	3567	M Breeze	PITSEA RC
464	0:46:31	3548	L Jones	NORWICH ROAD RUNNERS	564	0:56:12	3304	T Eke	FOLKESTONE AC
465	0:46:35	3724	A Gilan	SPRINGFIELD STRIDERS RC	565	0:56:49	3732	L Cassidy	ST ALBANS STRIDERS
466	0:46:36	3039	C Boutle	BARNET & DISTRICT AC	566	0:58:12	3660	S Day	SERPENTINE RC
467	0:46:41	3593	T Burland	RANELAGH HARRIERS	567	1:00:10	3198	Z Sharples	DORKING & MOLE VALLEY AC
468	0:46:41	3842	C Tsang	TUNBRIDGE WELLS HARRIERS	568	1:00:52	3097	G Legon	BEXLEY AC
469	0:46:43	3446	M Adams	LITLEDOWN HARRIERS	569	1:01:58	3305	K Lancefield	FOLKESTONE AC
470	0:46:43	3886	J Kennedy	WIMBORNE AC	570	1:02:04	3258	S Dutoit	EDMONTON RC
471	0:46:48	3585	N Hall	QUEENS PARK HARRIERS	571	1:03:05	3730	W Au-Yeong	ST ALBANS STRIDERS
472	0:46:48	3794	B Maddison	THAMES VALLEY HARRIERS	572	1:04:48	3743	N McGovern	ST ALBANS STRIDERS
473	0:46:50	3513	S Janes	MORNINGTON CHASERS RC	573	1:05:14	3324	H Logan	GREENWICH TRITONS
474	0:47:01	3587	D Howe	QUEENS PARK HARRIERS	574	1:06:04	3178	R Shanmuganathan	CROYDON HARRIERS
475	0:47:02	3186	E Ives	DARTFORD HARRIERS AC					
476	0:47:03	3199	V Victor	DORKING & MOLE VALLEY AC					
477	0:47:07	3464	S Chapman	LONDON HEATHSIDE AC					
478	0:47:10	3679	S Vaatz	SERPENTINE RC					
479	0:47:13	3266	C Aubry	ELY RUNNERS					
480	0:47:16	3667	N Kerr	SERPENTINE RC					
481	0:47:23	3203	S Banting	DULWICH RUNNERS AC					
482	0:47:24	3754	A Boesinger	STRIDERS OF CROYDON					
483	0:47:28	3227	J Hood	EALING EAGLES					
484	0:47:30	3325	R Stokes	GREENWICH TRITONS					
485	0:47:36	3310	G Turbutt	FOLKESTONE AC					
486	0:47:36	3333	V Coleman	CLAPHAM CHASERS RC					
487	0:47:37	3589	S Kennedy	QUEENS PARK HARRIERS					
488	0:47:38	3454	J Conway	LONDON FRONTRUNNERS					
489	0:47:42	3807	S Duffy	THE STRAGGLERS RC					
490	0:47:45	3234	L Plank	EALING EAGLES					
491	0:47:46	3586	L Hinshelwood	QUEENS PARK HARRIERS					
492	0:47:47	3800	K Tew	THAMES VALLEY HARRIERS					
493	0:47:54	3677	L Stewart	SERPENTINE RC					
494	0:47:57	3637	S King	REDWAY RUNNERS					
495	0:48:07	3223	U Crotty-Joyce	EALING EAGLES					
496	0:48:08	3645	I Marriage	ROYSTON RUNNERS					
497	0:48:10	3611	E Wellham	RANELAGH HARRIERS					
498	0:48:10	3252	K Wilton	EALING SOUTHALL & MIDDX					
499	0:48:11	3739	C Jack	ST ALBANS STRIDERS					
500	0:48:12	3590	C Aikin	RANELAGH HARRIERS					

# Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
<b>Team Results:</b>									
Pos	Points	Team / Club		Placings					
1	17	ALDERSHOT FARNHAM & DAC		( 1 2 5 9 )					
2	98	HIGHGATE HARRIES		( 12 15 16 55 )					
3	126	CAMBRIDGE & COLERIDGE AC		( 25 28 31 42 )					
4	203	WINCHESTER & DISTRICT AC		( 4 27 35 137 )					
5	226	LONDON HEATHSIDE AC		( 20 29 82 95 )					
6	227	BELGRAVE HARRIERS		( 32 37 67 91 )					
7	261	CHELMSFORD AC		( 36 49 78 98 )					
8	272	HERNE HILL HARRERS		( 39 53 59 121 )					
9	281	THAMES VALLEY HARRIERS		( 45 56 65 115 )					
10	298	KENT AC		( 18 64 97 119 )					
11	304	READING AC		( 13 34 72 185 )					
12	324	RANELAGH HARRIERS		( 23 71 86 144 )					
13	336	SERPENTINE RC		( 41 66 102 127 )					
14	376	SOUTHAMPTON AC		( 68 77 103 128 )					
15	405	SOUTH LONDON HARRIERS		( 10 75 85 235 )					
16	415	THAMES HARE & HOUNDS		( 76 87 89 163 )					
17	427	TONBRIDGE AC		( 8 52 120 247 )					
18	441	HILLINGDON AC		( 26 111 147 157 )					
19	445	BARNET & DISTRICT AC		( 50 83 96 216 )					
20	538	AVON VALLEY RUNNERS		( 11 105 188 234 )					
21	546	ORION HARRIERS		( 43 150 166 187 )					
22	562	GUILDFORD & GODALMING AC		( 63 101 132 266 )					
23	586	VICTORIA PARK H & TOWER HAM		( 116 135 141 194 )					
24	611	DULWICH RUNNERS AC		( 113 139 179 180 )					
25	662	EALING SOUTHALL & MIDDX AC		( 107 124 126 305 )					
26	668	HERCULES WIMBLEDON AC		( 33 125 251 259 )					
27	670	WOKING AC		( 88 143 161 278 )					
28	734	ETON MANOR AC		( 48 204 212 270 )					
29	740	SOUTHEND ON SEA AC		( 24 123 246 347 )					
30	758	MARSHALL MILTON KEYNES AC		( 22 149 272 315 )					
31	767	HEADINGTON ROAD RUNNERS		( 146 148 177 296 )					
32	776	BEDFORD & COUNTY AC		( 21 112 301 342 )					
33	815	THE STRAGGLERS RC		( 109 186 208 312 )					
34	834	EALING EAGLES		( 151 192 209 282 )					
35	859	WATFORD HARRIERS		( 153 174 248 284 )					
36	938	POOLE AC		( 165 176 225 372 )					
37	964	MORNINGTON CHASERS RC		( 155 202 291 316 )					
38	997	ST ALBANS STRIDERS		( 140 229 287 341 )					
39	1000	WOODFORD GREEN W ESSEX L		( 79 236 264 421 )					
40	1010	FARNHAM RUNNERS		( 213 220 260 317 )					
41	1011	CITY OF PORTSMOUTH AC		( 108 255 283 365 )					
42	1139	WEST 4 HARRIERS		( 100 241 366 432 )					
43	1170	HUNTINGDONSHIRE AC		( 244 261 331 334 )					
44	1206	NORTH HERTS RRC		( 73 250 440 443 )					
45	1282	TRENT PARK RC		( 256 303 348 375 )					
46	1298	LONDON FRONTRUNNERS		( 228 240 373 457 )					
47	1312	STRIDERS OF CROYDON		( 195 265 370 482 )					
48	1313	NORWICH ROAD RUNNERS		( 267 329 355 362 )					
49	1355	CLAPHAM CHASERS RC		( 231 338 388 398 )					
50	1371	REDWAY RUNNERS		( 211 258 408 494 )					
51	1398	DARTFORD HARRIERS AC		( 134 335 454 475 )					
52	1442	GOODGYM RACE TEAM		( 242 318 430 452 )					
53	1483	QUEENS PARK HARRIERS		( 263 275 471 474 )					
54	1517	DORKING & MOLE VALLEY AC		( 110 364 476 567 )					
55	1534	ROYSTON RUNNERS		( 214 380 444 496 )					
56	1582	EDMONTON RC		( 193 403 455 531 )					
57	1609	SPRINGFIELD STRIDERS RC		( 203 433 465 508 )					
58	1622	READING ROADRUNNERS		( 352 390 427 453 )					
59	1703	DAGENHAM 88 RUNNERS		( 226 438 509 530 )					
60	1708	FOLKESTONE AC		( 322 382 485 519 )					
61	1715	GREENWICH TRITONS		( 299 429 484 503 )					
62	1766	26.2 RRC		( 133 527 546 560 )					
63	1864	FAIRLANDS VALLEY SPARTANS		( 381 462 506 515 )					

## Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:48:27	4690	A Maud	HIGHGATE HARRIERS	101	0:54:52	4115	N Bundle	BELGRAVE HARRIERS
2	0:48:42	5287	R Goodman	SHAFTESBURY BARNET HARR	102	0:54:54	4160	A Gibbins	BLACKHEATH & BROMLEY HA
3	0:49:09	5468	C Smith	THAMES VALLEY HARRIERS	103	0:54:54	5465	S Prigent	THAMES VALLEY HARRIERS
4	0:49:25	5614	P Martelletti	VICTORIA PARK & TOWER H /	104	0:54:56	5511	M Ellis	TONBRIDGE AC
5	0:49:38	5290	R Horton	SHAFTESBURY BARNET HARR	105	0:54:58	5288	M Grant	SHAFTESBURY BARNET HARR
6	0:49:42	5308	J Knapp	SOUTHAMPTON AC	106	0:54:58	5376	P Mills	STRIDERS OF CROYDON
7	0:49:58	4698	M Strain	HIGHGATE HARRIERS	107	0:54:58	5444	S Wurr	THAMES HARE & HOUNDS
8	0:50:06	4098	D Deed	BEDFORD & COUNTY AC	108	0:55:03	4031	J Morwood	ALDERSHOT FARNHAM & DA
9	0:50:08	4099	J Eves	BEDFORD & COUNTY AC	109	0:55:07	5214	J Bradford	SERPENTINE RC
10	0:50:08	4693	C Rainsford	HIGHGATE HARRIERS	110	0:55:11	5619	J Polini	VICTORIA PARK & TOWER H /
11	0:50:09	5056	T Austin	POOLE AC	111	0:55:16	4747	G Anderson	KENT AC
12	0:50:10	5236	A Greenleaf	SERPENTINE RC	112	0:55:18	4711	J Laing	HILLINGDON AC
13	0:50:14	4199	J Pepper	BRIGHTON PHOENIX AC	113	0:55:19	5123	E Stockdale	READING AC
14	0:50:16	5516	M Nicholls	TONBRIDGE AC	114	0:55:21	4784	J Tipper	KENT AC
15	0:50:19	4109	S Naylor	BEDFORD & COUNTY AC	115	0:55:22	5441	G Pearce	THAMES HARE & HOUNDS
16	0:50:21	4233	D Lacy	CAMBRIDGE HARRIERS	116	0:55:26	5603	J Cordwell	VICTORIA PARK & TOWER H /
17	0:50:27	5506	B Cole	TONBRIDGE AC	117	0:55:26	5210	J Barbour	SERPENTINE RC
18	0:50:31	5293	L Metselaar	SHAFTESBURY BARNET HARR	118	0:55:27	4893	O Polain	LONDON HEATHSIDE AC
19	0:50:39	4555	J Sanderson	GUILDFORD & GODALMING /	119	0:55:28	4290	L Davis	CLAPHAM CHASERS RC
20	0:50:40	5445	M Aadan	THAMES VALLEY HARRIERS	120	0:55:30	4058	R Ayling	AVON VALLEY RUNNERS
21	0:50:46	5291	K Kyereme	SHAFTESBURY BARNET HARR	121	0:55:30	5746	J Mogridge	YAXLEY RUNNERS & JOGGERS
22	0:50:56	5510	C De'ath	TONBRIDGE AC	122	0:55:32	4121	P Lowe	BELGRAVE HARRIERS
23	0:51:16	4097	J Bellward	BEDFORD & COUNTY AC	123	0:55:33	4675	G Criber	HIGHGATE HARRIERS
24	0:51:16	4718	R Thompson	HILLINGDON AC	124	0:55:33	4765	R Laing	KENT AC
25	0:51:22	4120	A Jaksevičius	BELGRAVE HARRIERS	125	0:55:34	5563	S Begg	TUNBRIDGE WELLS HARRIERS
26	0:51:25	4154	R Richmond	BIDEFORD AAC	126	0:55:34	4919	G Jones	MARSHALL MILTON KEYNES /
27	0:51:28	4457	A Milne	ENFIELD & HARINGEY AC	127	0:55:36	5037	T Jones	OXFORD CITY AC
28	0:51:38	4458	W Mycroft	ENFIELD & HARINGEY AC	128	0:55:39	5507	G Cole	TONBRIDGE AC
29	0:51:41	4616	J Cornish	HERCULES WIMBLEDON AC	129	0:55:39	5622	A Summers	VICTORIA PARK & TOWER H /
30	0:51:47	4674	P Chambers	HIGHGATE HARRIERS	130	0:55:42	4640	S Coombes	HERNE HILL HARRIERS
31	0:51:53	4845	T Aldred	LONDON HEATHSIDE AC	131	0:55:43	4049	C Palmer	AMPTHILL & FLITWICK FLYER
32	0:52:03	4630	F Slembeck	HERCULES WIMBLEDON AC	132	0:55:44	4174	R McTaggart	BOURNEMOUTH AC
33	0:52:12	5265	J Poole	SERPENTINE RC	133	0:55:45	4351	A Cameron	DARTFORD HARRIERS AC
34	0:52:15	4671	R Bahelbi	HIGHGATE HARRIERS	134	0:55:46	5305	M Costley	SOUTHAMPTON AC
35	0:52:19	5191	B Johnson	RUN FAST	135	0:55:47	4215	O Park	CAMBRIDGE & COLERIDGE A
36	0:52:24	4773	N Phillips	KENT AC	136	0:55:49	4735	M Muir	ILFORD AC
37	0:52:30	4195	M Dumbrell	BRIGHTON PHOENIX AC	137	0:55:50	5292	E Mackenzie	SHAFTESBURY BARNET HARR
38	0:52:39	4638	C Busaileh	HERNE HILL HARRIERS	138	0:55:51	4777	P Sanders	KENT AC
39	0:52:44	4695	D Russell	HIGHGATE HARRIERS	139	0:55:54	5524	D Watt	TONBRIDGE AC
40	0:52:50	4167	A Rayner	BLACKHEATH & BROMLEY HA	140	0:55:55	4041	A Smith	ALDERSHOT FARNHAM & DA
41	0:52:53	4221	S Smith	CAMBRIDGE & COLERIDGE A	141	0:55:59	4550	M Mcdaniel	GUILDFORD & GODALMING /
42	0:52:55	4985	J Waldron	NEWHAM & ESSEX BEAGLES /	142	0:56:02	4971	J Craggs	NEWBURY AC
43	0:52:57	5319	J Croft	SOUTH LONDON HARRIERS	143	0:56:05	4652	C McCarthy	HERNE HILL HARRIERS
44	0:52:58	5401	T Crouch	ST ALBANS STRIDERS	144	0:56:06	4431	T Grimes	EAST LONDON RUNNERS
45	0:53:09	4101	R Henderson	BEDFORD & COUNTY AC	145	0:56:07	4507	L Worsley	FOLKESTONE AC
46	0:53:09	5733	S Millett	WINDSOR SLOUGH ETON & H	146	0:56:10	4665	J Ward	HERNE HILL HARRIERS
47	0:53:10	5452	J Ellis	THAMES VALLEY HARRIERS	147	0:56:10	5148	G Pepaj	REDWAY RUNNERS
48	0:53:11	5712	D Southcott	WOODFORD GREEN w ESSEX	148	0:56:11	4975	W Bell	NEWHAM & ESSEX BEAGLES /
49	0:53:13	4744	E Dorey	JERSEY SPARTAN AC	149	0:56:13	5021	C Fiford	ORION HARRIERS
50	0:53:14	4178	H Bristow	BRIGHTON & HOVE AC	150	0:56:13	4163	D Kenndey	BLACKHEATH & BROMLEY HA
51	0:53:14	5231	J Franklin	SERPENTINE RC	151	0:56:13	4664	J Tayleur	HERNE HILL HARRIERS
52	0:53:17	5044	M Robinson	OXFORD CITY AC	152	0:56:13	5283	N Wilkins	SERPENTINE RC
53	0:53:21	5430	J Chettle	THAMES HARE & HOUNDS	153	0:56:14	5237	X Gruot	SERPENTINE RC
54	0:53:21	5116	D Lewis	READING AC	154	0:56:16	4576	G Foster	HASTINGS AC
55	0:53:23	4062	E Knudsen	AVON VALLEY RUNNERS	155	0:56:17	4682	P Hawkings	HIGHGATE HARRIERS
56	0:53:24	4991	A Leach	NORTH HERTS RRC	156	0:56:17	5613	F Lassonde	VICTORIA PARK & TOWER H /
57	0:53:25	4643	J Dunne	HERNE HILL HARRIERS	157	0:56:18	4091	A Hamilton	BASINGSTOKE & MID HANTS
58	0:53:31	4793	E Hind	LEIGHTON BUZZARD AC	158	0:56:20	4646	S Fitzpatrick	HERNE HILL HARRIERS
59	0:53:34	5520	J Rendall	TONBRIDGE AC	159	0:56:21	4625	R McDowell	HERCULES WIMBLEDON AC
60	0:53:35	4184	K Moore	BRIGHTON & HOVE AC	160	0:56:22	4295	G Mallett	CLAPHAM CHASERS RC
61	0:53:36	5091	R Gregory	RANELAGH HARRIERS	161	0:56:25	4853	M Cadete	LONDON HEATHSIDE AC
62	0:53:36	5682	S Blake	WOKING AC	162	0:56:26	4517	M Crabtree	GADE VALLEY HARRIERS
63	0:53:38	5087	C Assmundson	RANELAGH HARRIERS	163	0:56:30	5386	L Banner	STUBBINGTON GREEN RUNNI
64	0:53:40	5256	D Morgan	SERPENTINE RC	164	0:56:32	4509	S Farmer	FULHAM RUNNING CLUB
65	0:53:40	5714	D Steel	WOODFORD GREEN w ESSEX	165	0:56:35	4941	M Wilkins	MEDWAY & MAIDSTONE AC
66	0:53:40	5207	H Ahmed	SERPENTINE RC	166	0:56:39	5124	R Tan	READING AC
67	0:53:44	4683	C Haywood	HIGHGATE HARRIERS	167	0:56:40	4860	K Doulis	LONDON HEATHSIDE AC
68	0:53:48	5047	B Heron	PETERBOROUGH AC	168	0:56:42	5353	J Smith	SPRINGFIELD STRIDERS RC
69	0:53:48	5300	D Watts	SHAFTESBURY BARNET HARR	169	0:56:44	4379	T Bowen	DULWICH RUNNERS AC
70	0:53:54	5235	W Green	SERPENTINE RC	170	0:56:44	4117	A Dumez	BELGRAVE HARRIERS
71	0:54:05	5504	J Bryant	TONBRIDGE AC	171	0:56:47	5038	M Marshall	OXFORD CITY AC
72	0:54:07	5503	D Bradley	TONBRIDGE AC	172	0:56:51	4156	D Brewer	BLACKHEATH & BROMLEY HA
73	0:54:08	4615	J Clark	HERCULES WIMBLEDON AC	173	0:56:53	5259	C Oddy	SERPENTINE RC
74	0:54:11	4152	S Antell	BIDEFORD AAC	174	0:56:54	5477	N Sutton	THANET ROAD RUNNERS AC
75	0:54:15	4191	J Turner	BRIGHTON & HOVE AC	175	0:56:57	4487	C Crawford	EXETER HARRIERS
76	0:54:16	4778	J Savage	KENT AC	176	0:56:59	4798	W Mead	LEIGHTON BUZZARD AC
77	0:54:18	4067	M Towler	AVON VALLEY RUNNERS	177	0:57:01	4668	A Gonzalez Uriate	HERTS PHOENIX AC
78	0:54:19	4974	M Vardy	NEWBURY AC	178	0:57:04	4030	R Lovejoy	ALDERSHOT FARNHAM & DA
79	0:54:20	5456	M Haskett	THAMES VALLEY HARRIERS	179	0:57:06	4746	T Alexander	KENT AC
80	0:54:20	4114	N Buckle	BELGRAVE HARRIERS	180	0:57:08	4023	T Bowerman	ALDERSHOT FARNHAM & DA
81	0:54:20	4465	O Garrod	EPSOM & EWELL HARRIERS	181	0:57:09	5147	P Mizon	REDWAY RUNNERS
82	0:54:23	4123	A Miller	BELGRAVE HARRIERS	182	0:57:14	5691	S Beedell	WOODFORD GREEN w ESSEX
83	0:54:24	4788	A Davy	LEEDS CITY AC	183	0:57:14	5225	D De Palot	SERPENTINE RC
84	0:54:25	5707	B Powell	WOODFORD GREEN w ESSEX	184	0:57:16	4940	N Stewart	MEDWAY & MAIDSTONE AC
85	0:54:26	4694	S Renfer	HIGHGATE HARRIERS	185	0:57:19	5036	E Gault	OXFORD CITY AC
86	0:54:27	4641	J Cunningham	HERNE HILL HARRIERS	186	0:57:22	4369	M Alwin	DORKING & MOLE VALLEY AC
87	0:54:28	5034	S Fisher	OXFORD CITY AC	187	0:57:22	4009	A Mcgeoch-Williams	26.2 RRC
88	0:54:30	4632	J Toomey	HERCULES WIMBLEDON AC	188	0:57:23	5460	A Mitchell	THAMES VALLEY HARRIERS
89	0:54:31	4564	J Cooper	HARROW AC	189	0:57:24	4112	O Saville	BEDFORD & COUNTY AC
90	0:54:34	4629	M Sharp	HERCULES WIMBLEDON AC	190	0:57:24	4499	C Halsey	FAIRLANDS VALLEY SPARTAN
91	0:54:35	4574	R Boorman	HASTINGS AC	191	0:57:25	4644	T Eley	HERNE HILL HARRIERS
92	0:54:36	5084	J Suttle	QUEENS PARK HARRIERS	192	0:57:27	5161	R Murray	REIGATE PRIORY AC
93	0:54:38	4252	J Baker	CHICHESTER RUNNERS AC	193	0:57:27	4783	M Thomas	KENT AC
94	0:54:39	4488	R Mann	EXETER HARRIERS	194	0:57:28	4273	A Bentley	CITY OF NORWICH AC
95	0:54:42	5031	D Blake	OXFORD CITY AC	195	0:57:28	5278	B Tolputt	SERPENTINE RC
96	0:54:44	4103	S Horton	BEDFORD & COUNTY AC	196	0:57:36	4766	T Lawrence	KENT AC
97	0:54:46	5202	G Robinson	SANDHURST JOGGERS	197	0:57:39	5523	J Taylor	TONBRIDGE AC
98	0:54:47	4246	R Prout	CHELMSFORD AC	198	0:57:40	4216	R Park	CAMBRIDGE & COLERIDGE A
99	0:54:48	4038	P Sewell	ALDERSHOT FARNHAM & DA	199	0:57:41	5093	P Haarer	RANELAGH HARRIERS
100	0:54:51	4970	C Wright	NENE VALLEY HARRIERS	200	0:57:42	4082	E Price	BARNET & DISTRICT AC

# Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:57:43	4359	N Wood	DARTFORD HARRIERS AC	301	0:59:31	4865	T Fancett	LONDON HEATHSIDE AC
202	0:57:43	5041	M Rallison	OXFORD CITY AC	302	0:59:31	5156	R Coles	REIGATE PRIORY AC
203	0:57:43	5109	S Whitehead	RANELAGH HARRIERS	303	0:59:32	4081	D Nichols	BARNET & DISTRICT AC
204	0:57:44	5254	R Mccrickerd	SERPENTINE RC	304	0:59:34	5508	T Cox	TONBRIDGE AC
205	0:57:44	4213	A Hodges	CAMBRIDGE & COLERIDGE AI	305	0:59:34	4707	A Bryce	HILLINGDON AC
206	0:57:45	5119	R O'Brien	READING AC	306	0:59:40	4434	A Martin-Romero	EAST LONDON RUNNERS
207	0:57:46	5596	A Barrington	VICTORIA PARK & TOWER H /	307	0:59:40	5177	T Beach	ROYSTON RUNNERS
208	0:57:48	5018	I Clark	ORION HARRIERS	308	0:59:41	4393	S O'Neill	DULWICH RUNNERS AC
209	0:57:49	4381	S Davies	DULWICH RUNNERS AC	309	0:59:42	4930	H Collins	MEDWAY & MAIDSTONE AC
210	0:57:50	5250	L Maillard	SERPENTINE RC	310	0:59:43	4537	J Adams	GUILDFORD & GODALMING /
211	0:57:51	4349	C Biddle	DARTFORD HARRIERS AC	311	0:59:43	4265	C Rodmell	CHICHESTER RUNNERS AC
212	0:57:51	4214	S Mckenna	CAMBRIDGE & COLERIDGE AI	312	0:59:43	4050	M Barker	ARENA 80 AC
213	0:57:54	5514	J Keywood	TONBRIDGE AC	313	0:59:43	4194	P Davoren	BRIGHTON PHOENIX AC
214	0:57:57	4794	A Inchley	LEIGHTON BUZZARD AC	314	0:59:44	5627	M Adcock	WATFORD HARRIERS
215	0:57:57	4069	B Boxer	BARNET & DISTRICT AC	315	0:59:45	4776	N Robinson	KENT AC
216	0:57:58	5611	D Jones	VICTORIA PARK & TOWER H /	316	0:59:46	4530	P Hannah	GREENWICH TRITONS
217	0:57:58	5461	C Nicol	THAMES VALLEY HARRIERS	317	0:59:46	5620	M Sheppard	VICTORIA PARK & TOWER H /
218	0:57:59	4780	D Stauber	KENT AC	318	0:59:46	5048	S Mead	PETERBOROUGH AC
219	0:58:00	5345	S Cornforth	SPRINGFIELD STRIDERS RC	319	0:59:47	5710	J Russell	WOODFORD GREEN w ESSEX
220	0:58:00	5501	A Finch	THURROCK HARRIERS AC	320	0:59:47	4411	M Hashi	EALING SOUTHALL & MIDDLE
221	0:58:03	4684	J Johnson	HIGHGATE HARRIERS	321	0:59:48	4303	J Spraggins	CLAPHAM CHASERS RC
222	0:58:04	5560	R Langley	TRING RUNNING CLUB	322	0:59:50	4990	D Hill	NORTH HERTS RC
223	0:58:05	4676	M Dan	HIGHGATE HARRIERS	323	0:59:52	4557	M Tennyson	GUILDFORD & GODALMING /
224	0:58:05	5517	H Paton	TONBRIDGE AC	324	0:59:53	4659	R Peacock	HERNE HILL HARRIERS
225	0:58:05	4575	K Brooker	HASTINGS AC	325	0:59:54	4947	P Guinard	MORNINGTON CHASERS RC
226	0:58:06	4762	J Hartley	KENT AC	326	0:59:55	5328	G Parr	SOUTH LONDON HARRIERS
227	0:58:06	4389	A Locke	DULWICH RUNNERS AC	327	0:59:56	4795	T Inchley	LEIGHTON BUZZARD AC
228	0:58:07	4110	C Palmer	BEDFORD & COUNTY AC	328	0:59:57	4427	P Brown	EAST LONDON RUNNERS
229	0:58:08	4852	S Brown	LONDON HEATHSIDE AC	329	0:59:57	4426	M Boulton	EAST LONDON RUNNERS
230	0:58:09	4886	D McKeown	LONDON HEATHSIDE AC	330	0:59:57	5657	B Rich	WEST 4 HARRIERS
231	0:58:09	5233	J Gillanders	SERPENTINE RC	331	1:00:01	5399	M Besio	ST ALBANS STRIDERS
232	0:58:15	4036	J Quinlan	ALDERSHOT FARNHAM & DA	332	1:00:03	5500	R Wilcox	THE STRAGGLERS RC
233	0:58:18	5455	D Garcia-Racines	THAMES VALLEY HARRIERS	333	1:00:07	4224	C Wartnaby	CAMBRIDGE & COLERIDGE AI
234	0:58:18	5115	D Lewin	READING AC	334	1:00:09	4247	M Seward	CHELMSFORD AC
235	0:58:20	5193	S Skinner	RUN FAST	335	1:00:09	5243	M Holden	SERPENTINE RC
236	0:58:21	5267	A Reeves	SERPENTINE RC	336	1:00:10	5224	H Cortes	SERPENTINE RC
237	0:58:21	4468	S Anderson	ETON MANOR AC	337	1:00:11	4111	C Riley	BEDFORD & COUNTY AC
238	0:58:22	4619	N Fraser	HERCULES WIMBLEDON AC	338	1:00:12	4908	B Pitman	LORDSHILL RR
239	0:58:25	5602	N Cook	VICTORIA PARK & TOWER H /	339	1:00:13	4189	D Titheradge	BRIGHTON & HOVE AC
240	0:58:26	5134	J Smith	READING ROADRUNNERS	340	1:00:13	4422	N Steel	EALING SOUTHALL & MIDDLE
241	0:58:27	5131	L Nortcliff	READING ROADRUNNERS	341	1:00:15	5040	E Nicholas	OXFORD CITY AC
242	0:58:27	4300	M Rutter	CLAPHAM CHASERS RC	342	1:00:17	5178	W Bowers	ROYSTON RUNNERS
243	0:58:29	4862	S Dunderdale	LONDON HEATHSIDE AC	343	1:00:18	4633	R Tuer	HERCULES WIMBLEDON AC
244	0:58:30	5435	M Jones	THAMES HARE & HOUNDS	344	1:00:18	5099	D Lawley	RANELAGH HARRIERS
245	0:58:31	5311	J Smith	SOUTHAMPTON AC	345	1:00:21	5061	D Hicks	POOLE AC
246	0:58:32	5261	A Orr	SERPENTINE RC	346	1:00:22	5111	R Faulkner	READING AC
247	0:58:32	4681	N Gold	HIGHGATE HARRIERS	347	1:00:24	4725	T Farrer	HUNTINGDONSHIRE AC
248	0:58:33	4958	M Channing	NENE VALLEY HARRIERS	348	1:00:24	5621	D Steen	VICTORIA PARK & TOWER H /
249	0:58:33	5152	S Bass	REIGATE PRIORY AC	349	1:00:30	4951	A Parkes	MORNINGTON CHASERS RC
250	0:58:34	4817	J Slingsby	LONDON CITY ATHLETICS	350	1:00:33	4201	S Coyne	BURE VALLEY HARRIERS
251	0:58:34	4680	W De Doncker	HIGHGATE HARRIERS	351	1:00:33	4301	G Salmon	CLAPHAM CHASERS RC
252	0:58:35	4238	D Reader	CAMBRIDGE HARRIERS	352	1:00:33	4645	D Fagan	HERNE HILL HARRIERS
253	0:58:36	4881	T Livermore	LONDON HEATHSIDE AC	353	1:00:34	4485	C Tait	ETON MANOR AC
254	0:58:38	4597	T Mullen	HAYWARDS HEATH HARRIERS	354	1:00:34	4939	A Safars	MEDWAY & MAIDSTONE AC
255	0:58:39	4997	M Vaughan	NORTH HERTS RRC	355	1:00:37	5739	T Hogbin	WYCOMBE PHOENIX HARRIEI
256	0:58:40	5130	D McCoy	READING ROADRUNNERS	356	1:00:38	4772	M Moroney	KENT AC
257	0:58:42	5063	B Underwood	POOLE AC	357	1:00:39	5522	A Styles	TONBRIDGE AC
258	0:58:45	4567	C Jones	HARROW AC	358	1:00:40	4225	O Young	CAMBRIDGE & COLERIDGE AI
259	0:58:47	4620	D Grima	HERCULES WIMBLEDON AC	359	1:00:41	5664	J Cooke	WHITE HORSE HARRIERS AC
260	0:58:49	4206	G Anderson	CAMBRIDGE & COLERIDGE AI	360	1:00:43	4217	A Parmenter	CAMBRIDGE & COLERIDGE AI
261	0:58:49	4260	C Meagher	CHICHESTER RUNNERS AC	361	1:00:44	5351	S Raven	SPRINGFIELD STRIDERS RC
262	0:58:52	4042	R Wakefield	ALDERSHOT FARNHAM & DA	362	1:00:45	4654	O Morrison	HERNE HILL HARRIERS
263	0:58:53	5028	D Anderton	OXFORD CITY AC	363	1:00:46	5104	D Ready	RANELAGH HARRIERS
264	0:58:53	4689	J Matthewman	HIGHGATE HARRIERS	364	1:00:46	5024	C Read	ORION HARRIERS
265	0:58:53	5744	S Wilson	WYCOMBE PHOENIX HARRIEI	365	1:00:46	4637	J Brotchie	HERNE HILL HARRIERS
266	0:58:54	4656	M Munro	HERNE HILL HARRIERS	366	1:00:47	5268	R Reid	SERPENTINE RC
267	0:58:55	4696	E Spencer	HIGHGATE HARRIERS	367	1:00:48	4508	T Daley	FULHAM RUNNING CLUB
268	0:58:56	4442	R Jones	EASTBOURNE ROVERS AC	368	1:00:53	4679	W Dawber	HIGHGATE HARRIERS
269	0:59:00	5212	R Benvenuto	SERPENTINE RC	369	1:00:53	4889	P Mercer	LONDON HEATHSIDE AC
270	0:59:02	4126	T O'Beirne	BELGRAVE HARRIERS	370	1:00:54	4918	S Herring	MARSHALL MILTON KEYNES /
271	0:59:03	5550	C Redondo	TRENT PARK RC	371	1:00:55	4627	R Price	HERCULES WIMBLEDON AC
272	0:59:05	4745	R Poingdestre	JERSEY SPARTAN AC	372	1:00:59	4522	P Bown	GOODGYM RACE TEAM
273	0:59:05	5601	E Cameron	VICTORIA PARK & TOWER H /	373	1:01:01	5597	S Bennett	VICTORIA PARK & TOWER H /
274	0:59:06	4716	J Pope	HILLINGDON AC	374	1:01:01	4055	D Wallace	ARENA 80 AC
275	0:59:08	5607	P Gaimster	VICTORIA PARK & TOWER H /	375	1:01:02	4880	J Litchfield	LONDON HEATHSIDE AC
276	0:59:09	4844	E Adams	LONDON HEATHSIDE AC	376	1:01:02	4699	M Ussher	HIGHGATE HARRIERS
277	0:59:10	4330	C Dormenval	CROYDON HARRIERS	377	1:01:03	4678	A Davidson	HIGHGATE HARRIERS
278	0:59:11	4188	L Taub	BRIGHTON & HOVE AC	378	1:01:04	4292	J Hambleton	CLAPHAM CHASERS RC
279	0:59:11	4647	A Hobbly	HERNE HILL HARRIERS	379	1:01:04	4310	C Ridley	COLCHESTER HARRIERS
280	0:59:13	5697	J Everitt	WOODFORD GREEN w ESSEX	380	1:01:05	5534	P Brennan	TRENT PARK RC
281	0:59:14	4192	D Webb	BRIGHTON & HOVE AC	381	1:01:05	4506	N Steele	FOLKESTONE AC
282	0:59:17	5019	S Colley	ORION HARRIERS	382	1:01:05	5373	K Klidzia	STRIDERS OF CROYDON
283	0:59:17	5651	J Abel	WEST 4 HARRIERS	383	1:01:09	4190	A Tribe	BRIGHTON & HOVE AC
284	0:59:17	5526	S Aiken	TRENT PARK RC	384	1:01:10	4242	R Asik	CHELMSFORD AC
285	0:59:20	4279	J Senior	CITY OF NORWICH AC	385	1:01:12	4796	T Kimber	LEIGHTON BUZZARD AC
286	0:59:21	4604	P Leek	HEADINGTON ROAD RUNNEF	386	1:01:13	4470	P Boddey	ETON MANOR AC
287	0:59:21	5341	L Taylor	SOUTHEND ON SEA AC	387	1:01:13	4198	S Parker-Harding	BRIGHTON PHOENIX AC
288	0:59:22	4892	P Northall	LONDON HEATHSIDE AC	388	1:01:16	4124	A Mills	BELGRAVE HARRIERS
289	0:59:22	4662	E Sapac	HERNE HILL HARRIERS	389	1:01:17	4594	W Herbert	HAYWARDS HEATH HARRIERS
290	0:59:23	4757	C Fraser	KENT AC	390	1:01:17	4734	P Holloway	ILFORD AC
291	0:59:23	4370	F Dawson	DORKING & MOLE VALLEY AC	391	1:01:18	4420	S Rai	EALING SOUTHALL & MIDDLE
292	0:59:23	5396	J Abbiss	ST ALBANS STRIDERS	392	1:01:19	5725	J Harrison	WOODSTOCK HARRIERS AC
293	0:59:24	4282	S Todd	CITY OF NORWICH AC	393	1:01:21	4343	G Coombes	DAGENHAM 88 RUNNERS
294	0:59:25	4791	C George	LEIGHTON BUZZARD AC	394	1:01:22	4106	P Lunn	BEDFORD & COUNTY AC
295	0:59:25	4311	P Rodgers	COLCHESTER HARRIERS	395	1:01:22	4846	M Anderson	LONDON HEATHSIDE AC
296	0:59:27	4541	B Evans	GUILDFORD & GODALMING /	396	1:01:22	4209	A Eggeman	CAMBRIDGE & COLERIDGE AI
297	0:59:27	4387	M Lacey	DULWICH RUNNERS AC	397	1:01:26	4959	M Chapman	NENE VALLEY HARRIERS
298	0:59:28	4490	M Baker	EYNHAM ROAD RUNNERS	398	1:01:26	4511	J Hampshire	FULHAM RUNNING CLUB
299	0:59:29	5272	C Rouveyrol	SERPENTINE RC	399	1:01:27	5598	J Bewley	VICTORIA PARK & TOWER H /
300	0:59:30	4996	D Sunter	NORTH HERTS RRC	400	1:01:28	5546	J Maloney	TRENT PARK RC

# Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	1:01:28	4596	M King	HAYWARDS HEATH HARRIERS	501	1:03:31	4497	B Pollard	EYNSHAM ROAD RUNNERS
402	1:01:30	5062	J McCaffrey	POOLE AC	502	1:03:32	4512	A Han	FULHAM RUNNING CLUB
403	1:01:31	4870	C Hartley	LONDON HEATHSIDE AC	503	1:03:35	4313	M Constantinou	COLLINGWOOD AC
404	1:01:31	4890	A Mitchell	LONDON HEATHSIDE AC	504	1:03:37	5420	J Ockenden	ST ALBANS STRIDERS
405	1:01:34	5555	A Walker	TRENT PARK RC	505	1:03:39	5013	C Sherry	NORWICH ROAD RUNNERS
406	1:01:35	4672	C Beecham	HIGHGATE HARRIERS	506	1:03:44	5674	G Bungay	WINCHESTER & DISTRICT AC
407	1:01:36	4166	F Parkinson	BLACKHEATH & BROMLEY HA	507	1:03:45	5489	F Maritz	THE STRAGGLERS RC
408	1:01:36	4785	T Webb	KENT AC	508	1:03:47	4022	M Boucher	ALDERSHOT FARNHAM & DA
409	1:01:38	4378	R Russell	DORKING & MOLE VALLEY AC	509	1:03:47	5107	N Twomey	RANELAGH HARRIERS
410	1:01:39	4872	M Heaney	LONDON HEATHSIDE AC	510	1:03:48	5646	J Lucas	WERRINGTON JOGGERS
411	1:01:40	5675	I Debnam	WINCHESTER & DISTRICT AC	511	1:03:49	5434	R Hewitt	THAMES HARE & HOUNDS
412	1:01:41	5337	C Holmes	SOUTHEND ON SEA AC	512	1:03:50	4326	G Barden	CROYDON HARRIERS
413	1:01:42	4568	G Jones	HARROW AC	513	1:03:52	4339	E Turner	CROYDON HARRIERS
414	1:01:43	4529	B Halliday	GREENWICH TRITONS	514	1:03:54	5176	P Allen	ROYSTON RUNNERS
415	1:01:44	4661	J Ratcliffe	HERNE HILL HARRIERS	515	1:03:54	4660	R Pearson	HERNE HILL HARRIERS
416	1:01:46	4011	C Rawcliffe	26.2 RRC	516	1:03:55	5149	S Read	REDWAY RUNNERS
417	1:01:50	4835	K Patel	LONDON FRONTRUNNERS	517	1:04:00	5558	N Bunn	TRING RUNNING CLUB
418	1:01:51	5022	B Fisher	ORION HARRIERS	518	1:04:00	4732	N Crisp	ILFORD AC
419	1:01:57	5192	J Poole	RUN FAST	519	1:04:00	4386	M Hutchinson	DULWICH RUNNERS AC
420	1:01:58	5017	R Barclay	ORION HARRIERS	520	1:04:01	4978	A Feeney-Seale	NEWHAM & ESSEX BEAGLES
421	1:01:58	4907	L Wynne	LONDON HEATHSIDE AC	521	1:04:01	4928	J Vick	MARSHALL MILTON KEYNES J
422	1:02:00	4473	S Cottle	ETON MANOR AC	522	1:04:02	4559	W Atkins	HALSTEAD ROAD RUNNERS
423	1:02:00	4861	J Driscoll	LONDON HEATHSIDE AC	523	1:04:03	4035	A Quinlan	ALDERSHOT FARNHAM & DA
424	1:02:00	4804	T Calliafas	LEWES AC	524	1:04:03	4472	D Cato	ETON MANOR AC
425	1:02:01	5364	N Palmer	STOWMARKET STRIDERS	525	1:04:04	4922	M Palsler	MARSHALL MILTON KEYNES J
426	1:02:02	5139	B Whalley	READING ROADRUNNERS	526	1:04:07	5694	G Cavell	WOODFORD GREEN w ESSEX
427	1:02:02	5117	A Martinez de Murgula	READING AC	527	1:04:07	4229	T Fukazawa	CAMBRIDGE HARRIERS
428	1:02:07	4047	I Halpin	AMPTHILL & FLITWICK FLYER	528	1:04:10	4404	J Pabon	EALING EAGLES
429	1:02:10	5003	S English	NORWICH ROAD RUNNERS	529	1:04:13	5239	A Harvey	SERPENTINE RC
430	1:02:11	4304	P Sterland	CLAPHAM CHASERS RC	530	1:04:14	4542	B Friend	GUILDFORD & GODALMING J
431	1:02:13	4901	R Taylor	LONDON HEATHSIDE AC	531	1:04:15	4051	S Bennett	ARENA 80 AC
432	1:02:14	5257	S Morris	SERPENTINE RC	532	1:04:18	5389	W Feline	STUBBINGTON GREEN RUNNI
433	1:02:14	5146	A Maidment	REDWAY RUNNERS	533	1:04:20	5663	M White	WEST 4 HARRIERS
434	1:02:14	4211	J Ferguson	CAMBRIDGE & COLERIDGE AI	534	1:04:22	5136	G Tuttle	READING ROADRUNNERS
435	1:02:16	4622	P Lee	HERCULES WIMBLEDON AC	535	1:04:25	4476	S Deville	ETON MANOR AC
436	1:02:16	4787	S Throssell	LARKFIELD AC	536	1:04:26	5184	R Harrison	ROYSTON RUNNERS
437	1:02:17	4327	D Brown	CROYDON HARRIERS	537	1:04:26	5567	M Clements	TUNBRIDGE WELLS HARRIERS
438	1:02:17	4712	P Leppard	HILLINGDON AC	538	1:04:26	5108	J Whistler	RANELAGH HARRIERS
439	1:02:18	5561	T Sawyer	TRING RUNNING CLUB	539	1:04:28	4736	S Parris	ILFORD AC
440	1:02:19	4060	J Hobbs	AVON VALLEY RUNNERS	540	1:04:31	5662	C Waters	WEST 4 HARRIERS
441	1:02:20	5505	M Coates	TONBRIDGE AC	541	1:04:35	5531	L Bowley	TRENT PARK RC
442	1:02:21	4237	C Poulton	CAMBRIDGE HARRIERS	542	1:04:35	5338	A Kyriakides	SOUTHEND ON SEA AC
443	1:02:22	4287	J Bannister	CLAPHAM CHASERS RC	543	1:04:39	5539	J Dodd	TRENT PARK RC
444	1:02:23	5216	S Buckley	SERPENTINE RC	544	1:04:42	4775	L Reilly	KENT AC
445	1:02:26	4849	P Bakewell	LONDON HEATHSIDE AC	545	1:04:42	4139	J Fish	BEXLEY AC
446	1:02:26	5427	M Whitworth	ST ALBANS STRIDERS	546	1:04:42	4857	L Connor	LONDON HEATHSIDE AC
447	1:02:27	4730	N Osborn	HUNTINGDONSHIRE AC	547	1:04:43	5463	S Norris	THAMES VALLEY HARRIERS
448	1:02:27	4829	J Keenan	LONDON FRONTRUNNERS	548	1:04:47	4408	R Brown	EALING SOUTHALL & MIDDLE
449	1:02:29	4007	J Matthews	26.2 RRC	549	1:04:52	4258	J Eggins	CHICHESTER RUNNERS AC
450	1:02:29	4816	A Millbery	LONDON CITY ATHLETICS	550	1:04:52	5591	J Bateson	VEGAN RUNNERS UK
451	1:02:30	5636	S Mitchell	WATFORD JOGGERS	551	1:04:53	5395	M White	STUBBINGTON GREEN RUNNI
452	1:02:31	4000	J Brewer	26.2 RRC	552	1:04:53	5051	J Sadlier	PETERBOROUGH AC
453	1:02:31	5077	M Dmitrzak	QUEENS PARK HARRIERS	553	1:04:57	4873	P Hogg	LONDON HEATHSIDE AC
454	1:02:31	4909	P Adams	MARSHALL MILTON KEYNES J	554	1:05:00	5361	J Allard	STOWMARKET STRIDERS
455	1:02:33	4944	J Bannister	MORNINGTON CHASERS RC	555	1:05:00	4471	P Cates	ETON MANOR AC
456	1:02:35	4286	A O'Hara	CITY OF PORTSMOUTH AC	556	1:05:01	4002	M Fawzy	26.2 RRC
457	1:02:36	5548	S Moss	TRENT PARK RC	557	1:05:01	4312	A Constantinou	COLLINGWOOD AC
458	1:02:39	4841	R Wingfield	LONDON FRONTRUNNERS	558	1:05:02	4822	T Charters	LONDON FRONTRUNNERS
459	1:02:39	5579	E Steele	TUNBRIDGE WELLS HARRIERS	559	1:05:02	4182	C Mallinson	BRIGHTON & HOVE AC
460	1:02:41	4034	D Quinlan	ALDERSHOT FARNHAM & DA	560	1:05:04	4701	T Wilner-Reid	HIGHGATE HARRIERS
461	1:02:41	4847	S Armstrong	LONDON HEATHSIDE AC	561	1:05:05	5145	D Hippey	REDWAY RUNNERS
462	1:02:42	5626	A Withstandley	VICTORIA PARK & TOWER H /	562	1:05:06	5660	W Sutton	WEST 4 HARRIERS
463	1:02:42	4887	S Meiklejohn	LONDON HEATHSIDE AC	563	1:05:07	5307	P Johnson	SOUTHAMPTON AC
464	1:02:42	4882	M Luna	LONDON HEATHSIDE AC	564	1:05:09	5706	J Perry	WOODFORD GREEN w ESSEX
465	1:02:43	4943	J Armstrong	MORNINGTON CHASERS RC	565	1:05:09	4848	M Bailey	LONDON HEATHSIDE AC
466	1:02:43	5295	R Rigby	SHAFESBURY BARNET HARR	566	1:05:11	4185	K Silsby	BRIGHTON & HOVE AC
467	1:02:45	5416	M Martin	ST ALBANS STRIDERS	567	1:05:13	5556	J Cordle	TRI-ANGLIA TRIATHLON CLUE
468	1:02:47	4437	B Rayner	EAST LONDON RUNNERS	568	1:05:15	5432	A Doolittle	THAMES HARE & HOUNDS
469	1:02:47	4900	J Spencer	LONDON HEATHSIDE AC	569	1:05:15	4532	T Ralph	GREENWICH TRITONS
470	1:02:49	4649	S Knight	HERNE HILL HARRIERS	570	1:05:15	4728	D Matthews	HUNTINGDONSHIRE AC
471	1:02:50	4019	G Wood	ABINGDON AAC	571	1:05:16	4687	J Lowe	HIGHGATE HARRIERS
472	1:02:50	4309	H Wilson	CLAPHAM PIONEERS	572	1:05:17	4875	D Jackson	LONDON HEATHSIDE AC
473	1:02:51	4368	A Walpole	DARTFORD RR	573	1:05:18	4823	L Clement	LONDON FRONTRUNNERS
474	1:02:52	5367	S Williams	STOWMARKET STRIDERS	574	1:05:18	5245	A Jeffreys	SERPENTINE RC
475	1:02:52	5223	I Cook	SERPENTINE RC	575	1:05:19	4228	D Fiore	CAMBRIDGE HARRIERS
476	1:02:53	4222	N Tween	CAMBRIDGE & COLERIDGE AI	576	1:05:19	5748	S Underwood	SOUTHAMPTON AC
477	1:02:53	4395	T South	DULWICH RUNNERS AC	577	1:05:20	4578	P McCleery	HASTINGS AC
478	1:02:56	4012	N Sayers	26.2 RRC	578	1:05:21	4446	I Loubenski	EDMONTON RC
479	1:02:56	5189	R Todd	ROYSTON RUNNERS	579	1:05:26	4439	S Thomas	EAST LONDON RUNNERS
480	1:02:57	4617	K Diaw	HERCULES WIMBLEDON AC	580	1:05:28	5584	R Barrett	VALE OF AYLESBURY AC
481	1:03:02	5608	J Gold	VICTORIA PARK & TOWER H /	581	1:05:29	4438	D Slipper	EAST LONDON RUNNERS
482	1:03:02	4524	A Eggs	GOODGYM RACE TEAM	582	1:05:30	5681	L Cole	WILHAM RC
483	1:03:05	5269	G Reid	SERPENTINE RC	583	1:05:31	5343	P Broome	SPRINGFIELD STRIDERS RC
484	1:03:05	4171	C Tuck	BLACKHEATH & BROMLEY HA	584	1:05:32	5595	G Bagnall	VICTORIA PARK & TOWER H J
485	1:03:06	5183	S Green	ROYSTON RUNNERS	585	1:05:33	4015	A Whelan	26.2 RRC
486	1:03:06	5230	D Evans	SERPENTINE RC	586	1:05:35	4462	A Bloore	EPSOM & EWELL HARRIERS
487	1:03:08	4605	C Prince	HEADINGTON ROAD RUNNEF	587	1:05:35	4813	J Jenkinson	LONDON CITY ATHLETICS
488	1:03:10	4833	J Northcott	LONDON FRONTRUNNERS	588	1:05:35	5263	J Paiva	SERPENTINE RC
489	1:03:10	5195	C Bowles	SANDHURST JOGGERS	589	1:05:36	4001	J Chang	26.2 RRC
490	1:03:11	4770	A Merali	KENT AC	590	1:05:37	4316	A Pate	COLLINGWOOD AC
491	1:03:11	5640	T Dukes	WELLS CITY HARRIERS	591	1:05:44	5393	A Stockwell	STUBBINGTON GREEN RUNNI
492	1:03:13	5525	J Watts	TONBRIDGE AC	592	1:05:46	4850	F Barou	LONDON HEATHSIDE AC
493	1:03:13	4884	G Marshall	LONDON HEATHSIDE AC	593	1:05:47	5540	A Edwards	TRENT PARK RC
494	1:03:17	4245	L Pickering	CHELMSFORD AC	594	1:05:50	5484	D Duffy	THE STRAGGLERS RC
495	1:03:18	4275	G Gay	CITY OF NORWICH AC	595	1:05:51	4955	S Wilson	MORNINGTON CHASERS RC
496	1:03:20	5114	D Kirk	READING AC	596	1:05:53	5009	M Horlock	NORWICH ROAD RUNNERS
497	1:03:22	4565	C Finill	HARROW AC	597	1:05:54	5100	T Maguire	RANELAGH HARRIERS
498	1:03:24	5355	J Wright	SPRINGFIELD STRIDERS RC	598	1:05:56	5423	S Rowe	ST ALBANS STRIDERS
499	1:03:29	4856	M Collins	LONDON HEATHSIDE AC	599	1:05:57	5482	R Carter	THE STRAGGLERS RC
500	1:03:30	4729	R McKee	HUNTINGDONSHIRE AC	600	1:06:00	5258	J Moscrop	SERPENTINE RC

## Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	1:06:00	4902	S Thompson	LONDON HEATHSIDE AC	701	1:08:34	4410	N Garbuja	EALING SOUTHALL & MIDDLE
602	1:06:04	4993	D Matussa	NORTH HERTS RRC	702	1:08:36	4756	A Dracup	KENT AC
603	1:06:07	4864	D Fallon	LONDON HEATHSIDE AC	703	1:08:37	4888	L Melon	LONDON HEATHSIDE AC
604	1:06:07	4073	D Digweed	BARNET & DISTRICT AC	704	1:08:39	4463	C Du Plessis	EPSOM & EWELL HARRIERS
605	1:06:10	5315	M Cawood	SOUTH LONDON HARRIERS	705	1:08:39	4158	R Byford	BLACKHEATH & BROMLEY HA
606	1:06:12	4895	R Ratan	LONDON HEATHSIDE AC	706	1:08:41	4834	W Parry	LONDON FRONTRUNNERS
607	1:06:14	4415	M Kencroft	EALING SOUTHALL & MIDDLE	707	1:08:42	4325	N Aikman	CROYDON HARRIERS
608	1:06:15	4240	P St Amour	CAMBRIDGE HARRIERS	708	1:08:45	4989	R Harbon	NORTH HERTS RRC
609	1:06:19	4430	S Evans	EAST LONDON RUNNERS	709	1:08:46	4080	W Morris	BARNET & DISTRICT AC
610	1:06:20	4548	L Lintern	GUILDFORD & GODALMING /	710	1:08:46	4307	P Moran	CLAPHAM PIONEERS
611	1:06:20	4454	R Hill	ELY RUNNERS	711	1:08:46	5016	G Watring	NORWICH ROAD RUNNERS
612	1:06:23	5203	C Rolfe	SANDHURST JOGGERS	712	1:08:47	4545	K Hawtin	GUILDFORD & GODALMING /
613	1:06:25	4790	N Clay	LEIGHTON BUZZARD AC	713	1:08:48	5015	P Sullivan	NORWICH ROAD RUNNERS
614	1:06:28	4425	A Baxter	EAST LONDON RUNNERS	714	1:08:54	4703	C Wilson	HIGHGATE HARRIERS
615	1:06:29	4903	P Tonkinson	LONDON HEATHSIDE AC	715	1:09:01	5734	F Pencole	WINDSOR SLOUGH ETON & F
616	1:06:30	4779	T Sharp	KENT AC	716	1:09:03	4624	M Livingstone	HERCULES WIMBLEDON AC
617	1:06:31	5600	R Bryant	VICTORIA PARK & TOWER H /	717	1:09:04	5262	D Over	SERPENTINE RC
618	1:06:32	5547	F Mannion	TRENT PARK RC	718	1:09:06	4419	A Price	EALING SOUTHALL & MIDDLE
619	1:06:34	5365	R Parkins	STOWMARKET STRIDERS	719	1:09:07	4560	R Candler	HALSTEAD ROAD RUNNERS
620	1:06:42	4319	M Brine	CRAWLEY AC	720	1:09:11	5385	D Woods	STRIDERS OF CROYDON
621	1:06:43	4877	B Jenks	LONDON HEATHSIDE AC	721	1:09:13	5334	G Cheek	SOUTHEND ON SEA AC
622	1:06:48	5055	T Andrews	POOLE AC	722	1:09:15	4663	P Snowdon	HERNE HILL HARRIERS
623	1:06:49	4372	R Gill	DORKING & MOLE VALLEY AC	723	1:09:16	4827	A Hetherington	LONDON FRONTRUNNERS
624	1:06:50	4414	E Jones	EALING SOUTHALL & MIDDLE	724	1:09:20	4218	I Richardson	CAMBRIDGE & COLERIDGE A
625	1:06:50	5515	S Keywood	TONBRIDGE AC	725	1:09:20	4634	S Woodley	HERCULES WIMBLEDON AC
626	1:06:51	4577	B McCallion	HASTINGS AC	726	1:09:22	5448	G Bennett	THAMES VALLEY HARRIERS
627	1:06:51	4017	M Hills	ABINGDON AAC	727	1:09:23	5023	P McHugh	ORION HARRIERS
628	1:06:52	5624	I Weir	VICTORIA PARK & TOWER H /	728	1:09:23	5241	T Highland	SERPENTINE RC
629	1:06:53	4983	F Turpault	NEWHAM & ESSEX BEAGLES /	729	1:09:24	4738	A McKenna	INVICTA EAST KENT
630	1:06:55	4013	M Theakall	26.2 RRC	730	1:09:24	4297	A Mercer	CLAPHAM CHASERS RC
631	1:06:57	4306	D Green	CLAPHAM PIONEERS	731	1:09:25	4504	S Coffey	FOLKESTONE AC
632	1:06:58	4726	I Gallagher	HUNTINGDONSHIRE AC	732	1:09:27	4614	T Cheetham	HERCULES WIMBLEDON AC
633	1:06:58	4556	P Sanderson	GUILDFORD & GODALMING /	733	1:09:28	5240	M Hearne	SERPENTINE RC
634	1:06:59	5227	J Edgar	SERPENTINE RC	734	1:09:29	5635	E Marcus	WATFORD JOGGERS
635	1:07:00	4044	E Duce	AMPTHILL & FLITWICK FLYER	735	1:09:29	5639	C Taylor	WATFORD JOGGERS
636	1:07:00	4455	S Howard	ELY RUNNERS	736	1:09:31	5174	D Wilson	RIVERSIDE RUNNERS ST NEOI
637	1:07:04	5527	A Andreou	TRENT PARK RC	737	1:09:34	4321	W Heap	CRAWLEY AC
638	1:07:05	4874	J Hopkin	LONDON HEATHSIDE AC	738	1:09:35	4251	K Akerman	CHICHESTER RUNNERS AC
639	1:07:05	4203	G Glendinning	BROXBOURNE RUNNERS	739	1:09:39	4842	A Wood	LONDON FRONTRUNNERS
640	1:07:07	5071	C Somers	POOLE RUNNERS	740	1:09:48	4094	T Wegg	BASINGSTOKE & MID HANTS
641	1:07:07	5220	F Ciocca	SERPENTINE RC	741	1:09:53	4781	L Stogden	KENT AC
642	1:07:08	4799	W Rose	LEIGHTON BUZZARD AC	742	1:09:54	5155	W Chappell	REIGATE PRIORY AC
643	1:07:08	4999	V Wright	NORTH HERTS RRC	743	1:09:58	5649	M Stevens	WERRINGTON JOGGERS
644	1:07:09	4336	M Maginn	CROYDON HARRIERS	744	1:09:58	4444	A Dobre	EDMONTON RC
645	1:07:09	5358	G Fallon	STOPSLEY STRIDERS JC	745	1:10:02	5497	T Ramos	THE STRAGGLERS RC
646	1:07:10	5064	D Wood	POOLE AC	746	1:10:05	4416	I Leslie	EALING SOUTHALL & MIDDLE
647	1:07:18	5404	C Dowie	ST ALBANS STRIDERS	747	1:10:07	5327	P Mitchell	SOUTH LONDON HARRIERS
648	1:07:25	5234	B Gilmore	SERPENTINE RC	748	1:10:07	4717	D Smith	HILLINGDON AC
649	1:07:28	4093	M Slaney	BASINGSTOKE & MID HANTS	749	1:10:08	4598	D Bremner	HEADINGTON ROAD RUNNER
650	1:07:30	5571	S Howden	TUNBRIDGE WELLS HARRIERS	750	1:10:11	4491	T Baker	EYNESHAM ROAD RUNNERS
651	1:07:33	4600	J D'Angelo	HEADINGTON ROAD RUNNEF	751	1:10:13	5535	N Clarke	TRENT PARK RC
652	1:07:33	5594	M Tomkins	VEGAN RUNNERS UK	752	1:10:14	5492	M Pattinson	THE STRAGGLERS RC
653	1:07:34	5098	M Lane	RANELAGH HARRIERS	753	1:10:15	5010	D Ledward	NORWICH ROAD RUNNERS
654	1:07:34	5612	T Lashmar	VICTORIA PARK & TOWER H /	754	1:10:17	5371	D Jackson	STRIDERS OF CROYDON
655	1:07:37	5665	I Lambourn	WHITE HORSE HARRIERS AC	755	1:10:17	4946	K Gormley	MORNINGTON CHASERS RC
656	1:07:38	4500	D Riddell	FAIRLANDS VALLEY SPARTAN	756	1:10:18	4383	J Dowsett	DULWICH RUNNERS AC
657	1:07:38	4064	I McKee	AVON VALLEY RUNNERS	757	1:10:19	5089	P Butlin	RANELAGH HARRIERS
658	1:07:39	5168	K Chesterman	RIVERSIDE RUNNERS ST NEOI	758	1:10:19	4320	D Cook	CRAWLEY AC
659	1:07:41	4086	D White	BARNET & DISTRICT AC	759	1:10:20	4727	I Marshall	HUNTINGDONSHIRE AC
660	1:07:42	4636	C Barney	HERNE HILL HARRIERS	760	1:10:21	5581	S Whitaker	TUNBRIDGE WELLS HARRIERS
661	1:07:45	4992	D Martin	NORTH HERTS RRC	761	1:10:22	5406	R Evans	ST ALBANS STRIDERS
662	1:07:45	4289	R Campbell	CLAPHAM CHASERS RC	762	1:10:24	4786	S Neville	KESWICK AAC
663	1:07:45	4954	M Thomas	MORNINGTON CHASERS RC	763	1:10:26	4540	T Booth	GUILDFORD & GODALMING /
664	1:07:46	4498	T Gray	FAIRLANDS VALLEY SPARTAN	764	1:10:26	5566	N Clark	TUNBRIDGE WELLS HARRIERS
665	1:07:47	5112	N Huskinson	READING AC	765	1:10:27	5004	M Garrett	NORWICH ROAD RUNNERS
666	1:07:48	4688	E Lumineau	HIGHGATE HARRIERS	766	1:10:27	4830	D Luong	LONDON FRONTRUNNERS
667	1:07:49	4896	J Rigby	LONDON HEATHSIDE AC	767	1:10:27	5383	M Turner	STRIDERS OF CROYDON
668	1:07:50	4052	D Gifford	ARENA 80 AC	768	1:10:33	5590	D Arnold	VEGAN RUNNERS UK
669	1:07:52	4436	J Nichols	EAST LONDON RUNNERS	769	1:10:34	4967	S Parkes	NENE VALLEY HARRIERS
670	1:07:52	4613	M Cahill	HERCULES WIMBLEDON AC	770	1:10:35	5163	M Pocock	REIGATE PRIORY AC
671	1:07:52	5673	P Allan	WINCHESTER & DISTRICT AC	771	1:10:35	4079	M Martin	BARNET & DISTRICT AC
672	1:07:58	4587	J Crispin	HAVERING AC	772	1:10:36	5366	E Wells	STOWMARKET STRIDERS
673	1:08:00	5474	P Woodgate	THAMES VALLEY HARRIERS	773	1:10:41	5092	W Griffin	RANELAGH HARRIERS
674	1:08:01	5083	S Sutherland	QUEENS PARK HARRIERS	774	1:10:48	4752	D Coulter	KENT AC
675	1:08:01	4040	R Smith	ALDERSHOT FARNHAM & DA	775	1:10:50	4259	S Ludlow	CHICHESTER RUNNERS AC
676	1:08:02	5380	A Perks	STRIDERS OF CROYDON	776	1:10:51	4366	S O'Toole	DARTFORD RR
677	1:08:04	4347	P Suett	DAGENHAM 88 RUNNERS	777	1:10:51	4953	L Stibbard-Hawkes	MORNINGTON CHASERS RC
678	1:08:05	5419	A Nicolson	ST ALBANS STRIDERS	778	1:10:53	5528	M Argent-Bowie	TRENT PARK RC
679	1:08:06	4534	D Savickij	GREENWICH TRITONS	779	1:10:55	5321	J Foss	SOUTH LONDON HARRIERS
680	1:08:12	5082	N Stallman	QUEENS PARK HARRIERS	780	1:10:57	4905	E Valtanen	LONDON HEATHSIDE AC
681	1:08:13	4280	M Solway	CITY OF NORWICH AC	781	1:10:57	5478	O Bowers	THE STRAGGLERS RC
682	1:08:14	4935	L McMeekin	MEDWAY & MAIDSTONE AC	782	1:10:58	4254	J Boswell	CHICHESTER RUNNERS AC
683	1:08:15	4590	S Walker	HAVERING AC	783	1:10:58	4234	G Maynard	CAMBRIDGE HARRIERS
684	1:08:15	5679	A Whiting	WINCHESTER & DISTRICT AC	784	1:11:00	5170	K Pritchard	RIVERSIDE RUNNERS ST NEOI
685	1:08:16	5057	N Brooke	POOLE AC	785	1:11:01	5721	R Arnel	WOODSTOCK HARRIERS AC
686	1:08:16	5332	S Searle	SOUTH LONDON HARRIERS	786	1:11:01	4412	S Hill	EALING SOUTHALL & MIDDLE
687	1:08:19	4413	A John	EALING SOUTHALL & MIDDLE	787	1:11:02	5001	M Dawson	NORWICH ROAD RUNNERS
688	1:08:21	4519	A Holt	GARDEN CITY RUNNERS	788	1:11:02	4572	P Blomfield	HASTINGS AC
689	1:08:21	4973	A Twyford	NEWBURY AC	789	1:11:03	5138	B Watson	READING ROADRUNNERS
690	1:08:21	4334	D Humble	CROYDON HARRIERS	790	1:11:04	4291	N Hall	CLAPHAM CHASERS RC
691	1:08:22	5284	F Womelsdorf	SERPENTINE RC	791	1:11:04	4863	G Evans	LONDON HEATHSIDE AC
692	1:08:23	5173	P Ridley	RIVERSIDE RUNNERS ST NEOI	792	1:11:07	5356	P Blessing	STOPSLEY STRIDERS JC
693	1:08:24	4371	G Fitch	DORKING & MOLE VALLEY AC	793	1:11:09	4066	R Schols	AVON VALLEY RUNNERS
694	1:08:25	4424	T Yates	EALING SOUTHALL & MIDDLE	794	1:11:11	5670	R Rawles	WIMBORNE AC
695	1:08:26	5142	A Dodds	REDWAY RUNNERS	795	1:11:11	4828	G Hosgood	LONDON FRONTRUNNERS
696	1:08:28	4721	J Arnold	HORSHAM BLUE STAR HARRI	796	1:11:11	5458	J Malcolm	THAMES VALLEY HARRIERS
697	1:08:29	4871	N Haward	LONDON HEATHSIDE AC	797	1:11:11	4514	N Hicks	FULHAM RUNNING CLUB
698	1:08:31	4227	C Dixon	CAMBRIDGE HARRIERS	798	1:11:12	5530	D Birks	TRENT PARK RC
699	1:08:31	5275	B Stanton	SERPENTINE RC	799	1:11:12	4266	G Williams	CHICHESTER RUNNERS AC
700	1:08:32	5418	A Mckillop	ST ALBANS STRIDERS	800	1:11:15	5483	C Coates	THE STRAGGLERS RC

# Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
801	1:11:16	4084	C Violet	BARNET & DISTRICT AC	901	1:14:26	4005	P Grecian	26.2 RRC
802	1:11:16	4337	J Moore	CROYDON HARRIERS	902	1:14:28	4445	S Harrison	EDMONTON RC
803	1:11:17	5344	M Buckley	SPRINGFIELD STRIDERS RC	903	1:14:31	4443	C Demetriou	EDMONTON RC
804	1:11:18	4950	J Lynch	MORNINGTON CHASERS RC	904	1:14:34	4606	C Turnbull	HEADINGTON ROAD RUNNEF
805	1:11:19	5182	R Chapple	ROYSTON RUNNERS	905	1:14:34	5150	N Rowles	REDWAY RUNNERS
806	1:11:20	4324	G Newton	CRAWLEY AC	906	1:14:34	5726	S Jane	WOODSTOCK HARRIERS AC
807	1:11:22	4333	O Hoskin	CROYDON HARRIERS	907	1:14:44	4223	S Warburton	CAMBRIDGE & COLERIDGE A
808	1:11:31	4294	S Luffman	CLAPHAM CHASERS RC	908	1:14:45	4317	D Ridley	COOKHAM RC
809	1:11:31	4952	F Siduli	MORNINGTON CHASERS RC	909	1:14:45	5630	A Harwood	WATFORD HARRIERS
810	1:11:34	5669	P Kingswell-Farr	WIMBORNE AC	910	1:14:46	4571	D Watkins	HARROW AC
811	1:11:35	5485	M Fletcher	THE STRAGGLERS RC	911	1:14:47	4742	N Bell	IPSWICH JAFFA RC
812	1:11:36	5728	R Webster	WOODSTOCK HARRIERS AC	912	1:14:48	4995	G Pounder	NORTH HERTS RRC
813	1:11:37	5167	S Boothby	RIVERSIDE RUNNERS ST NEO1	913	1:14:48	5652	S Adrian	WEST 4 HARRIERS
814	1:11:40	4483	R Parr	ETON MANOR AC	914	1:14:48	4374	P Martin	DORKING & MOLE VALLEY AC
815	1:11:41	4994	S Overton	NORTH HERTS RRC	915	1:14:49	5387	J Blake	STUBBINGTON GREEN RUNNI
816	1:11:42	4477	D Hall	ETON MANOR AC	916	1:14:49	4314	R Fox	COLLINGWOOD AC
817	1:11:44	4677	D Darryl	HIGHGATE HARRIERS	917	1:14:50	5331	M Saunders	SOUTH LONDON HARRIERS
818	1:11:45	4685	O Kean	HIGHGATE HARRIERS	918	1:14:59	4764	B Hutchinson	KENT AC
819	1:11:45	5025	S Reid	ORION HARRIERS	919	1:15:00	5276	T Storr	SERPENTINE RC
820	1:11:47	4553	J Monk	GUILDFORD & GODALMING /	920	1:15:00	4602	L Hurman	HEADINGTON ROAD RUNNEF
821	1:11:48	4335	M Kiernan	CROYDON HARRIERS	921	1:15:02	4809	I Greenaway	LINGFIELD RC
822	1:11:49	5121	M Rodda	READING AC	922	1:15:04	5378	F O'Mahony	STRIDERS OF CROYDON
823	1:11:49	4754	P Crompton	KENT AC	923	1:15:04	4741	J Adams	IPSWICH JAFFA RC
824	1:11:50	5498	L Taylor	THE STRAGGLERS RC	924	1:15:04	4885	M Maserati	LONDON HEATHSIDE AC
825	1:11:51	4937	A Rodgers	MEDWAY & MAIDSTONE AC	925	1:15:05	5143	M Douglas	REDWAY RUNNERS
826	1:11:51	4836	E Schmidt	LONDON FRONTRUNNERS	926	1:15:06	5248	S Li	SERPENTINE RC
827	1:11:53	5172	P Redden	RIVERSIDE RUNNERS ST NEO1	927	1:15:06	4262	D Pike	CHICHESTER RUNNERS AC
828	1:11:55	5553	E Simmons	TRENT PARK RC	928	1:15:08	5126	C Cottell	READING ROADRUNNERS
829	1:11:57	5127	I Giggs	READING ROADRUNNERS	929	1:15:08	5625	S White	VICTORIA PARK & TOWER H /
830	1:11:57	4125	S Mills	BELGRAVE HARRIERS	930	1:15:12	5388	N Crane	STUBBINGTON GREEN RUNNI
831	1:11:59	5379	S Pannell	STRIDERS OF CROYDON	931	1:15:15	4264	D Reading	CHICHESTER RUNNERS AC
832	1:12:01	4493	T Hale	EYNSHAM ROAD RUNNERS	932	1:15:16	4236	M Pires	CAMBRIDGE HARRIERS
833	1:12:03	4601	D Henning	HEADINGTON ROAD RUNNEF	933	1:15:18	5246	I Johnson	SERPENTINE RC
834	1:12:07	4666	D Wilson	HERNE HILL HARRIERS	934	1:15:19	4585	J Wright	HASTINGS AC
835	1:12:09	4075	P Ellis	BARNET & DISTRICT AC	935	1:15:19	4811	D Watkins	LINGFIELD RC
836	1:12:14	4263	R Pullen	CHICHESTER RUNNERS AC	936	1:15:20	4255	C Bowdery	CHICHESTER RUNNERS AC
837	1:12:24	5187	C McInerney	ROYSTON RUNNERS	937	1:15:28	4054	T Sharp	ARENA 80 AC
838	1:12:29	5742	S North	WYCOMBE PHOENIX HARRIEI	938	1:15:28	4469	J Black	ETON MANOR AC
839	1:12:30	4589	R Rowe	HAVERING AC	939	1:15:29	4142	J Hunter	BEXLEY AC
840	1:12:31	5400	C Braybrook	ST ALBANS STRIDERS	940	1:15:34	4183	A Mitchelson	BRIGHTON & HOVE AC
841	1:12:33	5703	T McCarthy	WOODFORD GREEN w ESSEX	941	1:15:35	4008	R McCulloch	26.2 RRC
842	1:12:34	4375	R McCaffrey	DORKING & MOLE VALLEY AC	942	1:15:40	4653	A Millbank	HERNE HILL HARRIERS
843	1:12:35	5270	J Richens	SERPENTINE RC	943	1:15:50	4595	T Hicks	HAYWARDS HEATH HARRIER
844	1:12:36	5447	R Bell	THAMES VALLEY HARRIERS	944	1:15:53	5747	K Peel	YAXLEY RUNNERS & JOGGERS
845	1:12:36	4014	G Tookey	26.2 RRC	945	1:15:55	4270	N Marsh	CHILTERN HARRIERS AC
846	1:12:37	4363	I McGrath	DARTFORD RR	946	1:16:00	4456	M Mason	ELY RUNNERS
847	1:12:39	4164	A Lawes	BLACKHEATH & BROMLEY HA	947	1:16:00	5085	M Wooden	QUEENS PARK HARRIERS
848	1:12:40	4385	M Foster	DULWICH RUNNERS AC	948	1:16:01	5342	J Brockington	SPRINGFIELD STRIDERS RC
849	1:12:43	5354	P Watts	SPRINGFIELD STRIDERS RC	949	1:16:03	4722	M O'Grady	HORSHAM JOGGERS
850	1:12:46	5543	J Hornett	TRENT PARK RC	950	1:16:04	4433	P Marshall	EAST LONDON RUNNERS
851	1:12:49	5101	B McLaren	RANELAGH HARRIERS	951	1:16:13	5194	D Ayling	SANDHURST JOGGERS
852	1:12:50	5360	D Kelly	STOPSLEY STRIDERS JC	952	1:16:16	4759	N Gordon-Orr	KENT AC
853	1:12:51	5076	G Braine	QUEENS PARK HARRIERS	953	1:16:22	5200	S Overhill	SANDHURST JOGGERS
854	1:12:51	4626	T Morris	HERCULES WIMBLEDON AC	954	1:16:22	5394	G Westley	STUBBINGTON GREEN RUNNI
855	1:12:52	5274	S Schneider	SERPENTINE RC	955	1:16:23	4281	M Storey	CITY OF NORWICH AC
856	1:12:53	4820	C Bitzis-Politis	LONDON FRONTRUNNERS	956	1:16:25	4898	N Sausmarez	LONDON HEATHSIDE AC
857	1:12:57	4396	G Sullivan	DULWICH RUNNERS AC	957	1:16:28	5453	D Ford	THAMES VALLEY HARRIERS
858	1:12:58	5407	G Foster	ST ALBANS STRIDERS	958	1:16:45	4059	P Harding	AVON VALLEY RUNNERS
859	1:12:59	4618	G Forde	HERCULES WIMBLEDON AC	959	1:16:46	4719	A Torrance	HILLINGDON AC
860	1:12:59	4527	A Padfield	GOODGYM RACE TEAM	960	1:16:48	4658	V Pauzers	HERNE HILL HARRIERS
861	1:13:00	4525	E Field	GOODGYM RACE TEAM	961	1:16:53	5068	A Lewis	POOLE RUNNERS
862	1:13:06	5439	A Mackula	THAMES HARE & HOUNDS	962	1:16:55	4244	K Kirby	CHELMSFORD AC
863	1:13:09	4858	J Costley	LONDON HEATHSIDE AC	963	1:17:01	5169	B Goddard	RIVERSIDE RUNNERS ST NEO1
864	1:13:10	4391	M Mann	DULWICH RUNNERS AC	964	1:17:02	4364	M Nicholls	DARTFORD RR
865	1:13:12	4808	V Given	LINGFIELD RC	965	1:17:09	4897	T Sander	LONDON HEATHSIDE AC
866	1:13:15	4352	C Campbell	DARTFORD HARRIERS AC	966	1:17:12	5536	M Cullen	TRENT PARK RC
867	1:13:15	5073	J Booth	QUEENS PARK HARRIERS	967	1:17:17	4271	P Bamford	CITY OF NORWICH AC
868	1:13:16	4484	R Somerville	ETON MANOR AC	968	1:17:18	4056	P Heathfield	ASHFORD AC
869	1:13:18	5357	A Copp	STOPSLEY STRIDERS JC	969	1:17:23	4869	C Hamer	LONDON HEATHSIDE AC
870	1:13:20	4355	J Ives	DARTFORD HARRIERS AC	970	1:17:31	5541	G Fantoni	TRENT PARK RC
871	1:13:22	4921	P Mason	MARSHALL MILTON KEYNES /	971	1:17:32	5634	B Griffin	WATFORD JOGGERS
872	1:13:26	5384	S Webster	STRIDERS OF CROYDON	972	1:17:33	5306	K Hollis	SOUTHAMPTON AC
873	1:13:27	5580	G Turner	TUNBRIDGE WELLS HARRIERS	973	1:17:33	5424	B Scott	ST ALBANS STRIDERS
874	1:13:28	5363	R Leader	STOWMARKET STRIDERS	974	1:17:33	5213	H Bergquist	SERPENTINE RC
875	1:13:30	4219	C Ritchie	CAMBRIDGE & COLERIDGE A	975	1:17:35	5260	P Ogdin	SERPENTINE RC
876	1:13:34	5606	J Feltham	VICTORIA PARK & TOWER H /	976	1:17:39	4090	R Gartland	BASINGSTOKE & MID HANTS
877	1:13:34	4623	G Lilly	HERCULES WIMBLEDON AC	977	1:17:41	4960	J Farrington	NENE VALLEY HARRIERS
878	1:13:36	4338	C Oxlade	CROYDON HARRIERS	978	1:17:43	4170	I Taylor	BLACKHEATH & BROMLEY HA
879	1:13:36	4401	C Easton	EALING EAGLES	979	1:17:56	5151	G Snelson	REDWAY RUNNERS
880	1:13:41	5592	M Harper	VEGAN RUNNERS UK	980	1:18:02	5166	P Baird	RIVERSIDE RUNNERS ST NEO1
881	1:13:43	4821	P Cahill	LONDON FRONTRUNNERS	981	1:18:13	4231	M Hawkins	CAMBRIDGE HARRIERS
882	1:13:43	4016	A Francis	ABINGDON AAC	982	1:18:20	4046	J Godfrey	AMPTHILL & FLITWICK FLYER
883	1:13:49	5074	S Bowring	QUEENS PARK HARRIERS	983	1:18:20	5185	P Haynes	ROYSTON RUNNERS
884	1:13:52	4448	M Orr	EDMONTON RC	984	1:18:22	5502	T Bird	TONBRIDGE AC
885	1:13:53	4814	M Kelsen	LONDON CITY ATHLETICS	985	1:18:23	5623	M Walker	VICTORIA PARK & TOWER H /
886	1:13:57	4208	B Chamberlain	CAMBRIDGE & COLERIDGE A	986	1:18:25	4202	D Dutchburn	BROXBORNE RUNNERS
887	1:13:57	4945	I Girling	MORNINGTON CHASERS RC	987	1:18:40	4350	J Browne	DARTFORD HARRIERS AC
888	1:13:57	5737	R Weaver	WINDSOR SLOUGH ETON & H	988	1:18:46	4549	M Lythell	GUILDFORD & GODALMING /
889	1:13:59	4755	A Curtis	KENT AC	989	1:18:54	4429	G Davies	EAST LONDON RUNNERS
890	1:14:00	4494	N Hardwick	EYNSHAM ROAD RUNNERS	990	1:18:56	5075	A Boylan	QUEENS PARK HARRIERS
891	1:14:03	4583	D Russell	HASTINGS AC	991	1:19:08	5325	T Kent	SOUTH LONDON HARRIERS
892	1:14:04	4308	B Roost	CLAPHAM PIONEERS	992	1:19:09	4819	R Bernier	LONDON FRONTRUNNERS
893	1:14:05	4749	T Aston	KENT AC	993	1:19:13	5426	R Vaughan	ST ALBANS STRIDERS
894	1:14:09	5251	A Malzer	SERPENTINE RC	994	1:19:16	5588	A Roberts	VALE OF AYLESBURY AC
895	1:14:10	4697	R Stewart	HIGHGATE HARRIERS	995	1:19:21	5215	N Bradshaw	SERPENTINE RC
896	1:14:12	5741	V Nebolsin	WYCOMBE PHOENIX HARRIEI	996	1:19:33	5162	A Patrick	REIGATE PRIORY AC
897	1:14:13	5655	J Drake	WEST 4 HARRIERS	997	1:19:55	4253	T Blaylock	CHICHESTER RUNNERS AC
898	1:14:20	4284	T Hewett	CITY OF PORTSMOUTH AC	998	1:19:57	5519	D Ralph	TONBRIDGE AC
899	1:14:22	5533	P Bracken	TRENT PARK RC	999	1:20:06	5006	N Gurney	NORWICH ROAD RUNNERS
900	1:14:26	5352	R Rule	SPRINGFIELD STRIDERS RC	1000	1:20:08	5488	J Kipps	THE STRAGGLERS RC

# Senior Men

Pos	Time	No	Name	Club
1001	1:20:12	4667	R Bloom	HERTS PHOENIX AC
1002	1:20:22	5599	C Brammer	VICTORIA PARK & TOWER H /
1003	1:20:28	5495	C Pretorius	THE STRAGGLERS RC
1004	1:20:34	4141	C Godsen	BEXLEY AC
1005	1:20:41	5316	M Chappell	SOUTH LONDON HARRIERS
1006	1:20:42	4713	J Luscombe	HILLINGDON AC
1007	1:20:45	5125	G Brampton	READING ROADRUNNERS
1008	1:20:45	4586	T Collins	HAVERING AC
1009	1:20:49	5648	A Rawlins	WERRINGTON JOGGERS
1010	1:21:03	5120	G O'Driscoll	READING AC
1011	1:21:07	4405	P Peasegood	EALING EAGLES
1012	1:21:27	5593	P Simpson	VEGAN RUNNERS UK
1013	1:21:35	5330	S Rigby	SOUTH LONDON HARRIERS
1014	1:22:10	5359	R Hardy	STOPSLEY STRIDERS JC
1015	1:22:17	4948	G Homewood	MORNINGTON CHASERS RC
1016	1:22:23	4826	T Greaves	LONDON FRONTRUNNERS
1017	1:22:32	5249	P Mackintosh	SERPENTINE RC
1018	1:22:38	5575	N Pierce	TUNBRIDGE WELLS HARRIERS
1019	1:22:43	5499	J Thomas	THE STRAGGLERS RC
1020	1:23:10	5552	J Rose	TRENT PARK RC
1021	1:23:18	5723	D Eisenhandler	WOODSTOCK HARRIERS AC
1022	1:23:21	5204	P Wadsworth	SANDHURST JOGGERS
1023	1:23:23	5007	A Hadden	NORWICH ROAD RUNNERS
1024	1:23:30	4669	S Mann	HERTS PHOENIX AC
1025	1:23:44	4528	R Cave	GREENWICH TRITONS
1026	1:23:46	4136	B Crane	BEXLEY AC
1027	1:23:48	4851	G Bell	LONDON HEATHSIDE AC
1028	1:23:48	5190	R Wells	ROYSTON RUNNERS
1029	1:23:51	5659	J Scott-Francis	WEST 4 HARRIERS
1030	1:24:02	4840	N Venaglia	LONDON FRONTRUNNERS
1031	1:24:05	4797	C Large	LEIGHTON BUZZARD AC
1032	1:24:11	5650	G Walden	WERRINGTON JOGGERS
1033	1:24:29	4346	T Robinson	DAGENHAM 88 RUNNERS
1034	1:24:45	5708	T Powell	WOODFORD GREEN w ESSEX
1035	1:24:47	5727	A Smith	WOODSTOCK HARRIERS AC
1036	1:24:55	5171	L Radley	RIVERSIDE RUNNERS ST NEOT
1037	1:25:06	4610	R Peck	HEDGE END RUNNING CLUB
1038	1:25:06	4831	S Mac	LONDON FRONTRUNNERS
1039	1:25:09	4230	P Hadley	CAMBRIDGE HARRIERS
1040	1:25:17	5103	M Peace	RANELAGH HARRIERS
1041	1:25:26	4998	J Walsh	NORTH HERTS RRC
1042	1:25:39	4450	A Slattery	EDMONTON RC
1043	1:25:47	4868	C Forbes	LONDON HEATHSIDE AC
1044	1:25:49	5551	D Romanelli	TRENT PARK RC
1045	1:25:52	4593	M Essex	HAYWARDS HEATH HARRIERS
1046	1:26:15	4449	G Robinson	EDMONTON RC
1047	1:26:16	5410	M Jack	ST ALBANS STRIDERS
1048	1:26:30	5199	G Kelly	SANDHURST JOGGERS
1049	1:26:35	5632	J Rouse	WATFORD HARRIERS
1050	1:26:38	4706	J Bignell	HILLINGDON AC
1051	1:26:52	4501	T Robinson	FAIRLANDS VALLEY SPARTAN
1052	1:27:11	5415	A Maher	ST ALBANS STRIDERS
1053	1:27:19	5457	S Maddison	THAMES VALLEY HARRIERS
1054	1:27:25	4891	B Montilla	LONDON HEATHSIDE AC
1055	1:27:26	4328	K Brown	CROYDON HARRIERS
1056	1:27:32	5132	D Rickett	READING ROADRUNNERS
1057	1:27:34	4704	C Allman	HILLINGDON AC
1058	1:27:38	5372	M Joseph	STRIDERS OF CROYDON
1059	1:27:48	4423	S Turrell	EALING SOUTHALL & MIDDLE
1060	1:28:24	4345	N Hollmann	DAGENHAM 88 RUNNERS
1061	1:28:32	4720	G Wood	HILLINGDON AC
1062	1:28:48	5053	I Dierkschneider	PITSEA RC
1063	1:28:57	5080	D Levy	QUEENS PARK HARRIERS
1064	1:29:05	4810	D Nottidge	LINGFIELD RC
1065	1:29:41	5616	F Merrigan	VICTORIA PARK & TOWER H /
1066	1:29:42	4452	V Vassiliou	EDMONTON RC
1067	1:29:48	4392	B Nicholls	DULWICH RUNNERS AC
1068	1:29:56	5745	M Bone	YAXLEY RUNNERS & JOGGERS

Pos	Time	No	Name	Club
1	121			
2	196			
3	220			
4	255			
5	296			
6	440			
7	471			
8	580			
9	599			
10	600			
11	717			
12	722			
13	936			
14	937			
15	978			
16	1051			
17	1083			
18	1119			
19	1233			
20	1355			
21	1454			
22	1571			
23	1598			
24	1619			
25	1687			
26	1841			
27	1901			
28	2084			
29	2142			
30	2154			
31	2178			
32	2197			
33	2283			
34	2420			
35	2457			
36	2461			
37	2486			
38	2496			
39	2519			
40	2533			
41	2538			
42	2632			
43	2663			
44	2690			
45	2727			
46	2830			
47	2852			
48	2867			
49	2903			
50	2942			
51	3044			
52	3073			
53	3145			
54	3186			
55	3251			
56	3255			
57	3268			
58	3295			
59	3405			
60	3529			
61	3619			
62	3682			
63	3707			
64	3718			
65	3910			
66	4124			
67	4510			
68	4951			
69	5053			

## Team Results:

Pos	Points	Team / Club	Placings
1	121	HIGHGATE HARRIERS	( 1 7 10 30 34 39 )
2	196	BEDFORD & COUNTY AC	( 8 9 15 23 45 96 )
3	220	SHAFTESBURY BARNET HARRIERS	( 2 5 18 21 69 105 )
4	255	TONBRIDGE AC	( 14 17 22 59 71 72 )
5	296	SERPENTINE RC	( 12 33 51 64 66 70 )
6	440	THAMES VALLEY HARRIERS	( 3 20 47 79 103 188 )
7	471	HERCULES WIMBLEDON AC	( 29 32 73 88 90 159 )
8	580	BELGRAVE HARRIERS	( 25 80 82 101 122 170 )
9	599	KENT AC	( 36 76 111 114 124 138 )
10	600	HERNE HILL HARRIERS	( 38 57 86 130 143 146 )
11	717	OXFORD CITY AC	( 52 87 95 127 171 185 )
12	722	VICTORIA PARK & TOWER H AC	( 4 110 116 129 156 207 )
13	936	LONDON HEATHSIDE AC	( 31 118 161 167 229 230 )
14	937	ALDERSHOT FARNHAM & DAC	( 99 108 140 178 180 232 )
15	978	WOODFORD GREEN w ESSEX LAD	( 48 65 84 182 280 319 )
16	1051	CAMBRIDGE & COLERIDGE AC	( 41 135 198 205 212 260 )
17	1083	BRIGHTON & HOVE AC	( 50 60 75 278 281 339 )
18	1119	READING AC	( 54 113 166 206 234 346 )
19	1233	RANELAGH HARRIERS	( 61 63 199 203 344 363 )
20	1355	BLACKHEATH & BROMLEY HARRIERS	( 40 102 150 172 407 484 )
21	1454	LEIGHTON BUZZARD AC	( 58 176 214 294 327 385 )
22	1571	CLAPHAM CHASERS RC	( 119 160 242 321 351 378 )
23	1598	THAMES HARE & HOUNDS	( 53 107 115 244 511 568 )
24	1619	GUILDFORD & GODALMING AC	( 19 141 296 310 323 530 )
25	1687	DULWICH RUNNERS AC	( 169 209 227 297 308 477 )
26	1841	ORION HARRIERS	( 149 208 282 364 418 420 )
27	1901	HILLINGDON AC	( 24 112 274 305 438 748 )
28	2084	ST ALBANS STRIDERS	( 44 292 331 446 467 504 )
29	2142	AVON VALLEY RUNNERS	( 55 77 120 440 657 793 )
30	2154	EAST LONDON RUNNERS	( 144 306 328 329 468 579 )
31	2178	NORTH HERTS RRC	( 56 255 300 322 602 643 )
32	2197	TRENT PARK RC	( 271 284 380 400 405 457 )
33	2283	POOLE AC	( 11 257 345 402 622 646 )
34	2420	CAMBRIDGE HARRIERS	( 16 252 442 527 575 608 )
35	2457	ETON MANOR AC	( 237 353 386 422 524 535 )
36	2461	HASTINGS AC	( 91 154 225 577 626 788 )
37	2486	READING ROADRUNNERS	( 240 241 256 426 534 789 )
38	2496	SOUTHAMPTON AC	( 6 134 245 563 576 972 )
39	2519	MEDWAY & MAIDSTONE AC	( 165 184 309 354 682 825 )
40	2533	REDWAY RUNNERS	( 147 181 433 516 561 695 )
41	2538	26.2 RRC	( 187 416 449 452 478 556 )
42	2632	SPRINGFIELD STRIDERS RC	( 168 219 361 498 583 803 )
43	2663	ROYSTON RUNNERS	( 307 342 479 485 514 536 )
44	2690	BARNET & DISTRICT AC	( 200 215 303 604 659 709 )
45	2727	CHICHESTER RUNNERS AC	( 93 261 311 549 738 775 )
46	2830	EALING SOUTHALL & MIDDLESEX	( 320 340 391 548 607 624 )
47	2852	MORNINGTON CHASERS RC	( 325 349 455 465 595 663 )
48	2867	MARSHALL MILTON KEYNES AC	( 126 370 454 521 525 871 )
49	2903	CITY OF NORWICH AC	( 194 285 293 495 681 955 )
50	2942	LONDON FRONTRUNNERS	( 417 448 458 488 558 573 )
51	3044	DORKING & MOLE VALLEY AC	( 186 291 409 623 693 842 )
52	3073	CROYDON HARRIERS	( 277 437 512 513 644 690 )
53	3145	WEST 4 HARRIERS	( 283 330 533 540 562 897 )
54	3186	SOUTH LONDON HARRIERS	( 43 326 605 686 747 779 )
55	3251	REIGATE PRIORY AC	( 192 249 302 742 770 996 )
56	3255	HUNTINGDONSHIRE AC	( 347 447 500 570 632 759 )
57	3268	DARTFORD HARRIERS AC	( 133 201 211 866 870 987 )
58	3295	TUNBRIDGE WELLS HARRIERS	( 125 459 537 650 760 764 )
59	3405	STRIDERS OF CROYDON	( 106 382 676 720 754 767 )
60	3529	THE STRAGGLERS RC	( 332 507 594 599 745 752 )
61	3619	QUEENS PARK HARRIERS	( 92 453 674 680 853 867 )
62	3682	STUBBINGTON GREEN RUNNERS	( 163 532 551 591 915 930 )
63	3707	NORWICH ROAD RUNNERS	( 429 505 596 711 713 753 )
64	3718	STOWMARKET STRIDERS	( 425 474 554 619 772 874 )
65	3910	HEADINGTON ROAD RUNNERS	( 286 487 651 749 833 904 )
66	4124	SANDHURST JOGGERS	( 97 489 612 951 953 1022 )
67	4510	RIVERSIDE RUNNERS ST NEOTS	( 658 692 736 784 813 827 )
68	4951	WOODSTOCK HARRIERS AC	( 392 785 812 906 1021 1035 )
69	5053	EDMONTON RC	( 578 744 884 902 903 1042 )