

Kent Cross Country League Results - Norman Park, Bromley 10/02/2024**Senior Men 7800m Individual Results**

Pos	No	Name	Club	Time	
1	1267	Stephen Strange	Tonbridge AC	26:10	SM
2	1427	Wegahta Zerom	Ashford AC	26:20	SM
3	1233	Corey De'ath	Tonbridge AC	26:32	SM
4	1250	Calum Laing	Tonbridge AC	26:55	SM
5	973	Thomas Brooke	Cambridge Harriers	27:05	SM
6	969	Bobby Babaker	Cambridge Harriers	27:14	SM
7	1008	Ben Shearer (M45)	Cambridge Harriers	27:15	M40
8	987	Dean Lacy (M35)	Cambridge Harriers	27:16	SM
9	931	Micah Evans (M40)	Blackheath and Bromley H AC	27:19	M40
10	906	Joseph O'Hara	Bexley AC	27:25	SM
11	1176	Anthony Webb (M45)	Medway and Maidstone AC	27:32	M40
12	1251	George Marshall	Tonbridge AC	27:36	SM
13	1175	Jamie Walsh	Medway and Maidstone AC	27:43	SM
14	1430	Robert Latala	Ashford and District RRC	27:50	SM
15	1156	Andrew Headley	Medway and Maidstone AC	28:02	SM
16	1171	Daniel St Martin (M35)	Medway and Maidstone AC	28:04	SM
17	1270	Ross Thomas	Tonbridge AC	28:06	SM
18	933	Kevin Fini	Blackheath and Bromley H AC	28:34	SM
19	993	James Macdonald (M40)	Cambridge Harriers	28:43	M40
20	947	Graeme Lugar	Blackheath and Bromley H AC	28:46	SM
21	551	Miles Brierley (U20M)	Dartford Harriers AC	28:53	U20M
22	1058	Robert Jackaman (M35)	Dartford Harriers AC	28:56	SM
23	1000	John O'Mahony (M45)	Cambridge Harriers	29:01	M40
24	1151	Alexander Donnelly	Medway and Maidstone AC	29:05	SM
25	1258	Julian Rendall (M45)	Tonbridge AC	29:09	M40
26	1260	Martin Richardson (M35)	Tonbridge AC	29:16	SM
27	1437	James Ashton (M40)	Tonbridge AC	29:17	M40
28	1435	Charles George	Paddock Wood AC	29:20	SM
29	553	Daniel Moulton (U20M)	Dartford Harriers AC	29:23	U20M
30	1160	Justin Lane (M45)	Medway and Maidstone AC	29:26	M40
31	1020	Mouctar Barry	Central Park Athletics	29:31	SM
32	873	Ryan Brotherton (M35)	Beckenham Running Club	29:37	SM
33	927	Thomas Desborough	Blackheath and Bromley H AC	29:37	SM
34	970	Brett Baker	Cambridge Harriers	29:38	SM
35	1436	Harry Young	Paddock Wood AC	29:45	SM
36	1150	Jacques Cunningham-Marsh	Medway and Maidstone AC	29:50	SM
37	1266	Jay Smith (M40)	Tonbridge AC	29:53	M40
38	1274	Oliver White	Tonbridge AC	30:03	SM
39	1172	Richard Tomlinson (M55)	Medway and Maidstone AC	30:04	M50
40	1033	Cameron Sharp	Central Park Athletics	30:11	SM
41	1320	Edward Steele (M40)	Tunbridge Wells Harriers	30:12	M40
42	1005	Ben Rew (M40)	Cambridge Harriers	30:24	M40
43	1338	Gregory Bull	Blackheath and Bromley H AC	30:26	SM
44	1069	Lucas Taylor-Costin	Dartford Harriers AC	30:28	SM
45	1049	Chris Biddle (M40)	Dartford Harriers AC	30:46	M40
46	1071	Stuart Waterman (M45)	Dartford Harriers AC	30:48	M40
47	554	Callum Featherstone (U20M)	Medway and Maidstone AC	30:50	U20M
48	926	Leonardus De Bruyn	Blackheath and Bromley H AC	30:51	M40
49	930	Luca Ercolani (M50)	Blackheath and Bromley H AC	31:02	M50
50	1382	Krzysztof Klidzia (M55)	Folkestone Running and Athletics Club	31:04	M50
51	1166	Alun Rodgers (M55)	Medway and Maidstone AC	31:10	M50

52	1275 Tom Woolley (M40)	Tonbridge AC	31:15	M40
53	540 Luke Bullen (U20M)	Bexley AC	31:24	U20M
54	548 Liam Carr (U20M)	Cambridge Harriers	31:39	U20M
55	912 Simon Wells (M45)	Bexley AC	31:42	M40
56	1038 Daniel Bentley-Gouldstone (M40)	Crystal Palace Triathlon	31:47	M40
57	1248 Jack Keywood	Tonbridge AC	31:48	SM
58	1128 Glen Davison (M40)	Invicta East Kent AC	31:53	M40
59	899 Luke Francis	Bexley AC	31:54	SM
60	1087 Robert White (M50)	Dartford Road Runners	31:56	M50
61	1273 Joseph Watts (M40)	Tonbridge AC	31:56	M40
62	1261 Graeme Saker (M60)	Tonbridge AC	31:57	M60
63	1180 Neill Wright (M45)	Medway and Maidstone AC	32:00	M40
64	1032 Chris Reid (M35)	Central Park Athletics	32:01	SM
65	876 Matthew Doyle (M35)	Beckenham Running Club	32:06	SM
66	1051 Connor Burford	Dartford Harriers AC	32:08	SM
67	1214 Darren Scrivens (M50)	South Kent Harriers	32:10	M50
68	1086 Barrie Seal (M45)	Dartford Road Runners	32:13	M40
69	1157 Tristan Hodges (M45)	Medway and Maidstone AC	32:13	M40
70	1222 Anthony Bennett (M45)	Tonbridge AC	32:14	M40
71	869 Jim Addison (M50)	Beckenham Running Club	32:19	M50
72	1066 Huntley Roberts (M35)	Dartford Harriers AC	32:21	SM
73	846 Paul Crisp (M45)	Ashford and District RRC	32:32	M40
74	1148 Harry Collins	Medway and Maidstone AC	32:34	SM
75	1152 Adam Featherstone (M50)	Medway and Maidstone AC	32:36	M50
76	1294 Alexander Holmes (M45)	Tunbridge Wells Harriers	32:39	M40
77	1034 Craig Sharp (M45)	Central Park Athletics	32:43	M40
78	839 Ian King (M50)	Ashford AC	32:45	M50
79	963 Paul Sharpe (M40)	Blackheath and Bromley H AC	32:47	M40
80	851 Alex Francis	Ashford and District RRC	32:48	SM
81	858 Kieran Hodges	Ashford and District RRC	32:48	SM
82	1316 James Sarre (M45)	Tunbridge Wells Harriers	32:48	M40
83	904 Martin Jenner	Bexley AC	32:51	SM
84	1094 Elliot Chapman-Jones	Folkestone Running and Athletics Club	33:00	SM
85	934 Gregory Firth (M45)	Blackheath and Bromley H AC	33:02	M40
86	1192 William Moss	Orpington Road Runners	33:03	SM
87	1102 Nicholas Steele (M40)	Folkestone Running and Athletics Club	33:06	SM
88	990 Will Longhurst (M40)	Cambridge Harriers	33:08	SM
89	898 Jon Fish (M45)	Bexley AC	33:09	M40
90	1434 Jonathan Sargent	Cambridge Harriers	33:09	SM
91	1268 Peter Sutton (M40)	Tonbridge AC	33:11	M40
92	857 Jack Hodges	Ashford and District RRC	33:15	SM
93	1400 Philip Bunn (M40)	Blackheath and Bromley H AC	33:16	M40
94	883 Steven Moss (M60)	Beckenham Running Club	33:17	M60
95	860 Scott Lynch (M55)	Ashford and District RRC	33:26	M50
96	1099 Philip Hoyland (M40)	Folkestone Running and Athletics Club	33:30	M40
97	1040 Mark Brown (M55)	Crystal Palace Triathlon	33:30	M50
98	962 Ian Scott (M45)	Blackheath and Bromley H AC	33:38	M40
99	925 Darren Corneille (M40)	Blackheath and Bromley H AC	33:41	M40
100	1179 Darren Wright (M45)	Medway and Maidstone AC	33:42	M40
101	1196 Matthew Steere	Orpington Road Runners	33:48	SM
102	1259 Tom Richards (M35)	Tonbridge AC	33:52	SM
103	1105 Andrew Wright (M45)	Folkestone Running and Athletics Club	33:56	M40
104	1301 Ken MacSporran (M45)	Tunbridge Wells Harriers	33:57	M40
105	1097 Trevor DeVooght	Folkestone Running and Athletics Club	33:58	SM

106	1299 Michael King (M40)	Tunbridge Wells Harriers	34:03	M40
107	1052 Reuben Burford (M50)	Dartford Harriers AC	34:03	M50
108	1390 Benjamin Mills	Tunbridge Wells Harriers	34:07	SM
109	894 Kieran Butler	Bexley AC	34:11	SM
110	1003 Christian Poulton (M55)	Cambridge Harriers	34:13	M50
111	1254 Mark Pitcairn-Knowles (M55)	Tonbridge AC	34:16	M50
112	1186 Steve Georgiadis (M60)	Orpington Road Runners	34:23	M60
113	874 Nicholas Coogan	Beckenham Running Club	34:26	SM
114	1081 Steve Jarvis (M50)	Dartford Road Runners	34:28	M50
115	1189 Gavin Kitchingham (M55)	Orpington Road Runners	34:30	M50
116	1223 Tobin Bird (M55)	Tonbridge AC	34:34	M50
117	918 Roger Beswick (M60)	Blackheath and Bromley H AC	34:35	M60
118	1168 Barry Royden (M55)	Medway and Maidstone AC	34:37	M50
119	893 Paul Bowen (M40)	Bexley AC	34:38	M40
120	1276 Robin Barwick (M50)	Tunbridge Wells Harriers	34:41	M50
121	971 Robert Barns	Cambridge Harriers	34:49	SM
122	1046 Matthew White (M45)	Crystal Palace Triathlon	34:51	M40
123	867 David Vinton (M40)	Ashford and District RRC	34:52	M40
124	922 Matthew Bullen (M55)	Blackheath and Bromley H AC	34:56	M50
125	950 Jason Meers (M50)	Blackheath and Bromley H AC	34:57	M50
126	1325 Geoff Turner (M60)	Tunbridge Wells Harriers	35:02	M60
127	988 Martin Leat (M60)	Cambridge Harriers	35:13	M60
128	1184 Thomas Sweet	Mote Runners	35:22	SM
129	1381 Jacob Henwood	Folkestone Running and Athletics Club	35:22	SM
130	1124 Toby Short (M45)	Harvel Hash House Harriers	35:27	M40
131	1039 Graeme Blair (M55)	Crystal Palace Triathlon	35:31	M50
132	1245 Derek Jee (M50)	Tonbridge AC	35:36	M50
133	885 Neil Phillips (M55)	Beckenham Running Club	35:36	M50
134	1116 Simon Neville (M60)	Greenwich Tritons	35:54	M60
135	1283 Richard Craig-McFeely (M55)	Tunbridge Wells Harriers	35:57	M50
136	949 Chris Martin (M50)	Blackheath and Bromley H AC	35:59	M50
137	881 David Horner	Beckenham Running Club	36:00	SM
138	859 Steve Hodges (M60)	Ashford and District RRC	36:00	M50
139	1199 Chris Desmond (M60)	Sevenoaks AC	36:05	M60
140	862 Adrian Moody (M60)	Ashford and District RRC	36:08	M60
141	1036 Mark Smith (M40)	Central Park Athletics	36:08	M40
142	1121 Connor Gorrard-Smith	Harvel Hash House Harriers	36:10	SM
143	1142 Sean Callow (M40)	Maidstone Harriers	36:10	M40
144	928 Joshua Dowling	Blackheath and Bromley H AC	36:11	SM
145	1140 Paul Ahsunollah (M55)	Maidstone Harriers	36:14	M50
146	1292 Saul Harris (M50)	Tunbridge Wells Harriers	36:16	M50
147	877 Faissal El Marrach	Beckenham Running Club	36:19	SM
148	886 Andy Regan (M50)	Beckenham Running Club	36:24	M50
149	1308 Richard Quartermaine (M50)	Tunbridge Wells Harriers	36:25	M50
150	1154 Robert Fursey (M60)	Medway and Maidstone AC	36:26	M60
151	1074 Jason Browne (M50)	Dartford Road Runners	36:33	M50
152	1204 Daniel Witt (M45)	Sevenoaks AC	36:43	M40
153	1022 James Carney (M50)	Central Park Athletics	36:46	M50
154	1136 Peter Moore (M60)	Istead & Ifield Harriers	37:26	M60
155	1288 Dan Foster (M50)	Tunbridge Wells Harriers	37:26	M50
156	1133 Derek George (M50)	Istead & Ifield Harriers	37:34	M50
157	979 James Floyd (M45)	Cambridge Harriers	37:41	M40
158	1082 Ian McGrath (M50)	Dartford Road Runners	37:45	M50
159	854 Daryl Hefer (M45)	Ashford and District RRC	37:48	M40

160	1326 Christopher Walmsley (M50)	Tunbridge Wells Harriers	37:48	M50
161	944 Andrew Lawes (M65)	Blackheath and Bromley H AC	37:52	M60
162	847 Robert Davis (M40)	Ashford and District RRC	37:59	M40
163	1291 George Harris (M50)	Tunbridge Wells Harriers	38:04	M40
164	884 David Olver	Beckenham Running Club	38:09	SM
165	1126 Neil Woolcombe (M45)	Harvel Hash House Harriers	38:11	M40
166	1113 Florent Marrou (M35)	Greenwich Tritons	38:15	SM
167	1255 Christopher Potter (M50)	Tonbridge AC	38:18	M50
168	1302 Kannan Mahalingam (M40)	Tunbridge Wells Harriers	38:29	M40
169	1432 Jack Farrant	Ashford Striders	38:33	SM
170	1208 John Fortuna (M55)	South Kent Harriers	38:38	M50
171	1108 Gerry Frizzelle (M65)	Greenwich Tritons	38:42	M60
172	871 Michael Beecher (M65)	Beckenham Running Club	38:46	M60
173	1312 Colin Ricketts (M55)	Tunbridge Wells Harriers	38:47	M50
174	1023 Alan Clisby (M55)	Central Park Athletics	38:50	M50
175	1431 Jim Loftus	Ashford and District RRC	38:51	M50
176	872 Ramon Boo (M45)	Beckenham Running Club	38:56	M40
177	1083 Tony Piper (M55)	Dartford Road Runners	38:59	M50
178	1284 Andrew Deighton (M55)	Tunbridge Wells Harriers	39:02	M50
179	1315 Martin Sands	Tunbridge Wells Harriers	39:20	SM
180	1013 Stephen Smythe (M65)	Cambridge Harriers	39:25	M60
181	919 William Brindley (M50)	Blackheath and Bromley H AC	39:36	M50
182	879 Richard Harper (M60)	Beckenham Running Club	40:05	M50
183	917 Luigi Arcuri (M65)	Blackheath and Bromley H AC	40:19	M60
184	1205 Lee Brewer (M45)	South Kent Harriers	40:22	M40
185	983 Martin Hawkins (M60)	Cambridge Harriers	40:23	M60
186	1433 Jason Kennedy	Ashford Striders	40:48	M50
187	1375 Rod Harrington (M55)	Blackheath and Bromley H AC	41:02	M50
188	994 Graham Maynard (M60)	Cambridge Harriers	41:33	M60
189	547 Alessio Tutt (U20M)	Blackheath and Bromley H AC	41:58	U20M
190	929 Mark Ellison (M60)	Blackheath and Bromley H AC	42:06	M60
191	1309 Duncan Ralph (M55)	Tunbridge Wells Harriers	42:07	M50
192	1318 Michael Sharp (M65)	Tunbridge Wells Harriers	42:08	M60
193	1306 Nick Pierce (M65)	Tunbridge Wells Harriers	42:15	M60
194	1047 Andrew Archer (M50)	Dartford Harriers AC	42:32	M50
195	1319 Neil Simmonds (M55)	Tunbridge Wells Harriers	42:43	M50
196	897 Jim Faulkner (M55)	Bexley AC	42:47	M50
197	868 Neil Woodham (M40)	Ashford and District RRC	43:01	M40
198	999 John Murphy (M65)	Cambridge Harriers	43:09	M60
199	1122 Andrew Plummer (M40)	Harvel Hash House Harriers	43:24	M40
200	1120 Ian Dickson (M65)	Harvel Hash House Harriers	43:32	M60
201	1264 Scott Shurmer (M50)	Tonbridge AC	43:41	M50
202	995 Ian McCarthy (M65)	Cambridge Harriers	43:53	M60
203	870 Ken Baksh (M65)	Beckenham Running Club	44:01	M60
204	1101 Alan Randall (M60)	Folkestone Running and Athletics Club	45:50	M60
205	1429 Andrew Johnstone	Ashford and District RRC	47:08	M40
206	1287 Terry Everest (M40)	Tunbridge Wells Harriers	47:46	M40
207	1428 Graeme Henderson	Ashford and District RRC	51:00	M50
208	913 Kevin Winch (M60)	Bexley AC	58:41	M60

Kent Cross Country League Results - Norman Park, Bromley 10/02/2024**Senior Women 7800m Individual Results**

Pos	No	AthleteName	Club	Time	
1	630	Chloe Sharp	Blackheath and Bromley H AC	30:39	SW
2	631	Amelia Smith	Blackheath and Bromley H AC	31:32	SW
3	625	Jessica Keene	Blackheath and Bromley H AC	31:46	SW
4	439	Abigail Royden (U20W)	Medway and Maidstone AC	32:19	U20W
5	420	Carys Firth (U20W)	Blackheath and Bromley H AC	32:31	U20W
6	623	Carole Coulon (W45)	Blackheath and Bromley H AC	32:33	W45
7	737	Renata McDonnell (W45)	Invicta East Kent AC	32:34	W45
8	799	Maria Heslop (W55)	Tonbridge AC	32:40	W55
9	821	Amelie Karlsson	Tunbridge Wells Harriers	32:52	SW
10	748	Charlotte Johnston	Maidstone Harriers	33:04	SW
11	1421	Hannah Bradley	Dartford Harriers AC	34:01	SW
12	604	Aurelia Osborne (W45)	Beckenham Running Club	34:05	W45
13	621	Jennie Butler (W50)	Blackheath and Bromley H AC	34:23	W45
14	628	Ashley Pearson (W45)	Blackheath and Bromley H AC	34:25	W45
15	610	Alice Burnhope	Bexley AC	34:28	SW
16	734	Lucy Hale (W45)	Invicta East Kent AC	34:29	W45
17	574	Gemma Carter-Collins (W40)	Ashford and District RRC	34:40	W35
18	754	Emily Hale	Medway and Maidstone AC	34:59	SW
19	663	Katie Sanders (W40)	Cambridge Harriers	35:02	W35
20	803	Elizabeth Owen (W45)	Tonbridge AC	35:28	W45
21	666	Elizabeth Brookes (W45)	Central Park Athletics	35:39	W35
22	602	Donna Mewis (W55)	Beckenham Running Club	35:55	W45
23	627	Trang Nguyen (W40)	Blackheath and Bromley H AC	36:03	W35
24	635	Julie Backley (W50)	Cambridge Harriers	36:07	W45
25	834	Tara Taylor (W55)	Tunbridge Wells Harriers	36:12	W55
26	1351	Sophie Moore (U20W)	Bexley AC	36:26	U20W
27	568	Madeleine Rogers	Ashford AC	36:32	SW
28	605	Hope Stenning	Beckenham Running Club	36:32	SW
29	619	Sarah Belaon (W40)	Blackheath and Bromley H AC	36:37	W35
30	808	Charlotte Warren (W35)	Tonbridge AC	36:39	W35
31	658	Hayley Newman	Cambridge Harriers	36:52	SW
32	601	Kate Marchant (W55)	Beckenham Running Club	36:54	W55
33	633	Katy Sugden (W45)	Blackheath and Bromley H AC	36:57	W45
34	820	Jillian Holford (W50)	Tunbridge Wells Harriers	36:59	W45
35	575	Alice Cook	Ashford and District RRC	37:10	SW
36	816	Ali Farrall (W50)	Tunbridge Wells Harriers	37:36	W45
37	758	Antel Muller (W35)	Medway and Maidstone AC	37:39	W35
38	792	Olwen Cockell (W50)	Swale Combined AC	37:47	W45
39	757	Taryne McPherson (W45)	Medway and Maidstone AC	37:53	W45
40	749	Holly Pan	Maidstone Harriers	38:26	SW
41	1107	Hannah Capey	Greenwich Tritons	38:44	SW
42	739	Sally George (W40)	Istead & Ifield Harriers	38:52	W35
43	692	Sophie Price (W40)	Dartford Harriers AC	38:57	W35
44	736	Faye Jeacocke (W45)	Invicta East Kent AC	39:03	W45
45	802	Grazia Manzotti (W50)	Tonbridge AC	39:19	W45
46	776	Annette Shrimpton (W45)	Orpington Road Runners	39:20	W45
47	762	Vanessa Vander (W35)	Medway and Maidstone AC	39:23	W35
48	1366	Laura Andrade (W40)	Tonbridge AC	39:27	W35
49	638	Christine Bond (W55)	Cambridge Harriers	39:33	W55
50	573	Tracey Calnan (W50)	Ashford and District RRC	39:43	W45
51	688	Grace Flower	Dartford Harriers AC	39:48	SW

52	430	Millie Clisby (U20W)	Central Park Athletics	39:52	U20W
53	813	Susan Cooper (W40)	Tunbridge Wells Harriers	39:56	W35
54	732	Nicola Vander (W35)	Harvel Hash House Harriers	39:59	W35
55	639	Lynette Boston (W50)	Cambridge Harriers	40:06	W45
56	596	Isobel Finnie (W45)	Beckenham Running Club	40:29	W45
57	731	Emily Plummer (W35)	Harvel Hash House Harriers	40:35	W35
58	614	Kirsty McEwen (W35)	Bexley AC	40:39	SW
59	1420	Ciara Kiely	Beckenham Running Club	40:39	SW
60	772	Zoe Fiander (W35)	Orpington Road Runners	40:39	W35
61	724	Emmanuelle Navarri (W50)	Greenwich Tritons	40:46	W45
62	823	Sonja King (W40)	Tunbridge Wells Harriers	41:01	W35
63	640	Sally Carr (W50)	Cambridge Harriers	41:12	W45
64	643	Susan Dixon (W55)	Cambridge Harriers	41:15	W55
65	680	Siobhan Carroll (W45)	Crystal Palace Triathlon	41:24	W45
66	767	Hanka Eichler-Gregory (W45)	Mote Runners	41:25	W45
67	636	Rose Baker (W55)	Cambridge Harriers	41:29	W55
68	647	Marian Hine (W55)	Cambridge Harriers	41:33	W55
69	706	Caroline Curtis (W55)	Folkestone Running and Athletics Club	41:43	W55
70	791	Rebecca Young (W45)	South Kent Harriers	41:54	W45
71	599	Amy Harris (W40)	Beckenham Running Club	41:54	W35
72	581	Jayne Fryer (W50)	Ashford and District RRC	41:57	W45
73	583	Ailis Goddard (W40)	Ashford and District RRC	41:59	W35
74	668	Coralie Charles (W35)	Central Park Athletics	42:07	W35
75	771	Anita Dubery (W55)	Orpington Road Runners	42:09	W55
76	809	Theresa White (W50)	Tonbridge AC	42:22	W45
77	766	Tracey Dennis (W55)	Mote Runners	42:37	W55
78	677	Kelly Noble (W45)	Central Park Athletics	42:41	W45
79	709	Zoe Neale (W50)	Folkestone Running and Athletics Club	42:48	W45
80	586	Natalie Songhurst (W45)	Ashford and District RRC	42:54	W45
81	804	Pearl Pearce (W45)	Tonbridge AC	43:20	W45
82	750	Julie Stoppani (W60)	Maidstone Harriers	43:25	W55
83	753	Jenny Fowler (W45)	Medway and Maidstone AC	43:30	W45
84	603	Tiffany Nairn (W35)	Beckenham Running Club	43:32	W35
85	741	Deborah McCarthy (W50)	Istead & Ifield Harriers	43:35	W45
86	589	Gail Arnott (W60)	Beckenham Running Club	43:55	W55
87	617	Gill Stewart (W50)	Bexley AC	44:06	W45
88	678	Denise Rose (W60)	Central Park Athletics	44:22	W55
89	790	Jennifer Spillane (W40)	South Kent Harriers	44:33	W35
90	699	Alexandra Cooper (W50)	Dartford Road Runners	45:06	W45
91	576	Massah Cooper (W45)	Ashford and District RRC	45:20	W45
92	775	Gillian Lawrence (W60)	Orpington Road Runners	45:21	W55
93	587	Kelli Sullivan (W45)	Ashford and District RRC	45:45	W45
94	606	Melanie Tunmore (W40)	Beckenham Running Club	46:37	W35
95	612	Christina Fleetwood (W45)	Bexley AC	46:49	W45
96	582	Kelly Gammon (W40)	Ashford and District RRC	46:51	W35
97	774	Anna Lerner (W40)	Orpington Road Runners	46:54	W35
98	674	Kirsten McTeer (W45)	Central Park Athletics	47:37	W45
99	729	Sue Cameron (W55)	Harvel Hash House Harriers	47:40	W55
100	600	Emma Lewis (W35)	Beckenham Running Club	47:53	W35
101	656	Joanne Murphy (W60)	Cambridge Harriers	48:03	W55
102	722	Louise Johnson (W55)	Greenwich Tritons	48:48	W55
103	777	Monika Thaler (W50)	Orpington Road Runners	49:09	W45
104	705	Trudi Curd (W60)	Folkestone Running and Athletics Club	49:46	W55
105	661	Joanna Parke (W45)	Cambridge Harriers	49:58	W45

106	715	Lisa Smith (W40)	Folkestone Running and Athletics Club	50:16	W35
107	584	Lucy Johnstone (W45)	Ashford and District RRC	50:41	W45
108	665	Leila Banyard (W35)	Central Park Athletics	51:58	W35
109	689	Julie Hibbard (W60)	Dartford Harriers AC	54:25	W55
110	1426	Jayne Hatton	Ashford Striders	54:42	W35
111	611	Sarah Dodds (W45)	Bexley AC	55:49	W45
112	1425	Lisa Fulcher	Ashford Striders	55:54	W45
113	593	Tanya Byrne (W55)	Beckenham Running Club	56:16	W55
114	682	Audrey Livingston (W55)	Crystal Palace Triathlon	56:20	W55

Kent Cross Country League Results - Norman Park, Bromley 10/02/2024**Team Senior Men Results**

First 4 to Score				Match
Club	Finish Positions	Points	Points	
1 Tonbridge AC	1,3,4,12	20	15	
2 Cambridge Harriers	5,6,7,8	26	14	
3 Medway and Maidstone AC	11,13,15,16	55	13	
4 Blackheath and Bromley H AC	9,18,20,33	80	12	
5 Dartford Harriers AC	21,22,29,44	116	11	
6 Bexley AC	10,53,55,59	177	10	
7 Central Park Athletics	31,40,64,77	212	9	
8 Ashford and District RRC	14,73,80,81	248	8	
9 Beckenham Running Club	32,65,71,94	262	7	
10 Tunbridge Wells Harriers	41,76,82,104	303	6	
11 Folkestone Running and Athletics Club	50,84,87,96	317	5	
12 Dartford Road Runners	60,68,114,151	393	4	
13 Crystal Palace Triathlon	56,97,122,131	406	3	
14 Orpington Road Runners	86,101,112,115	414	2	
15 Harvel Hash House Harriers	130,142,165,199	636	1	

Senior Men**First 4 to Score Running Totals**

Club	Points
1 Tonbridge AC	69 (4) (65)
2 Medway and Maidstone AC	64 (4) (146)
3 Cambridge Harriers	61 (4) (268)
4 Blackheath and Bromley H AC	58 (4) (402)
5 Central Park Athletics	50 (4) (736)
6 Dartford Harriers AC	48 (4) (775)
7 Bexley AC	44 (4) (977)
8 Tunbridge Wells Harriers	40 (4) (1059)
9 Folkestone Running and Athletics Club	36 (4) (1158)
10 Ashford and District RRC	36 (4) (1239)
11 Beckenham Running Club	27 (4) (1745)
12 Crystal Palace Triathlon	27 (4) (1822)
13 Orpington Road Runners	15 (4) (2228)
14 Dartford Road Runners	12 (4) (2680)
15 Greenwich Tritons	17 (3) (1703)
16 South Kent Harriers	11 (3) (2004)
17 Istead & Ifield Harriers	6 (3) (2286)
18 Harvel Hash House Harriers	2 (2) (1474)
19 Sevenoaks AC	8 (1) (501)
20 Maidstone Harriers	3 (1) (758)

Kent Cross Country League Results - Norman Park, Bromley 10/02/2024

Senior Men Team Results

First 12 to Score			Match
Club	Finish Positions	Points	Points
1 Tonbridge AC	1,3,4,12,17,25,26,27,37,38,52,57	299	7
2 Medway and Maidstone AC	11,13,15,16,24,30,36,39,47,51,63,69	414	6
3 Cambridge Harriers	5,6,7,8,19,23,34,42,54,88,90,110	486	5
4 Blackheath and Bromley H AC	9,18,20,33,43,48,49,79,85,93,98,99	674	4
5 Ashford and District RRC	14,73,80,81,92,95,123,138,140,159,162,175	1332	3
6 Tunbridge Wells Harriers	41,76,82,104,106,108,120,126,135,146,149,155	1348	2
7 Beckenham Running Club	32,65,71,94,113,133,137,147,148,164,172,176	1452	1

Senior Men

First 12 to Score (Duodec) Running Totals

Club	Points
1 Tonbridge AC	36 (4) (812)
2 Medway and Maidstone AC	32 (4) (1313)
3 Cambridge Harriers	27 (4) (2344)
4 Blackheath and Bromley H AC	25 (4) (2880)
5 Tunbridge Wells Harriers	15 (4) (5759)
6 Ashford and District RRC	12 (4) (6449)
7 Central Park Athletics	15 (3) (3552)
8 Folkestone Running and Athletics	5 (3) (5479)
9 Beckenham Running Club	5 (3) (5707)
10 Dartford Harriers AC	10 (2) (2521)
11 Bexley AC	1 (1) (2193)

Kent Cross Country League Results - Norman Park, Bromley 10/02/2024

Senior Women Team Results

First 3 to Score			Match
Club	Finish Positions	Points	Points
1 Blackheath and Bromley H AC	1,2,3	6	16
2 Tonbridge AC	8,20,30	58	15
3 Medway and Maidstone AC	4,18,37	59	14
4 Beckenham Running Club	12,22,28	62	13
5 Invicta East Kent AC	7,16,44	67	12
6 Tunbridge Wells Harriers	9,25,34	68	11
7 Cambridge Harriers	19,24,31	74	10
8 Bexley AC	15,26,58	99	9
9 Ashford and District RRC	17,35,50	102	8
10 Dartford Harriers AC	11,43,51	105	7
11 Maidstone Harriers	10,40,82	132	6
12 Central Park Athletics	21,52,74	147	5
13 Orpington Road Runners	46,60,75	181	4
14 Greenwich Tritons	41,61,102	204	3
15 Harvel Hash House Harriers	54,57,99	210	2
16 Folkestone Running and Athletics Club	69,79,104	252	1

Senior Women

First 3 to Score Running Totals

Club	Points
1 Blackheath and Bromley H AC	66 (4) (39)
2 Tonbridge AC	62 (4) (131)
3 Cambridge Harriers	53 (4) (231)
4 Tunbridge Wells Harriers	50 (4) (236)
5 Medway and Maidstone AC	49 (4) (308)
6 Beckenham Running Club	44 (4) (379)
7 Ashford and District RRC	40 (4) (388)
8 Dartford Harriers AC	37 (4) (434)
9 Central Park Athletics	32 (4) (541)
10 Bexley AC	24 (4) (657)
11 Folkestone Running and Athletics Club	24 (4) (695)
12 Maidstone Harriers	30 (3) (329)
13 Harvel Hash House Harriers	14 (3) (586)
14 Greenwich Tritons	14 (3) (615)
15 South Kent Harriers	12 (3) (617)
16 Orpington Road Runners	8 (3) (680)
17 Istead & Ifield Harriers	7 (2) (452)
18 Mote Runners	4 (2) (550)
19 Crystal Palace Triathlon	2 (2) (642)
20 Invicta East Kent AC	12 (1) (67)

Kent Cross Country League Results - Norman Park, Bromley 10/02/2024**Senior Women Team Results**

First 6 to Score			Match	
	Club	Finish Positions	Points	Points
1	Blackheath and Bromley H AC	1,2,3,5,6,13	30	10
2	Beckenham Running Club	12,22,28,32,56,59	209	9
3	Tunbridge Wells Harriers	9,25,34,36,53,62	219	8
4	Tonbridge AC	8,20,30,45,48,76	227	7
5	Medway and Maidstone AC	4,18,37,39,47,83	228	6
6	Cambridge Harriers	19,24,31,49,55,63	241	5
7	Ashford and District RRC	17,35,50,72,73,80	327	4
8	Bexley AC	15,26,58,87,95,111	392	3
9	Central Park Athletics	21,52,74,78,88,98	411	2
10	Orpington Road Runners	46,60,75,92,97,103	473	1

Senior Women

First 6 to Score Running Totals		
	Club	Points
1	Tonbridge AC	37 (4) (514)
2	Tunbridge Wells Harriers	31 (4) (780)
3	Cambridge Harriers	29 (4) (767)
4	Beckenham Running Club	25 (4) (1246)
5	Ashford and District RRC	18 (4) (1386)
6	Central Park Athletics	11 (4) (1644)
7	Blackheath and Bromley H AC	31 (3) (192)
8	Medway and Maidstone AC	19 (3) (799)
9	Dartford Harriers AC	16 (3) (1010)
10	Folkestone Running and Athletics Club	8 (3) (1327)
11	Bexley AC	5 (3) (1368)
12	Orpington Road Runners	2 (2) (1092)