

## Kent County AA Cross Country Championships

At Brands Hatch

Saturday 6<sup>th</sup> January 2024

Team Manager – Mark Hookway, mobile 07710197948. Email markhookway@icloud.com

- Please ensure that you are at the venue at least 1 hour before your race, so that we can sort out numbers, warm-ups etc. (They are not the same numbers as the league races, but new ones).
- Club vests must be worn to prevent disqualification. Ensure that you have plenty of dry warm clothing.

Start Time	Age	Distance	No. to score for team
10.30 am	Under 13 Girls	3,050 metres	3
10.45 am	Under 13 Boys	3,050 metres	4
11.00 am	Under 15 Girls	4,400 metres	3
11.20 am	Under 15 Boys	4,400 metres	4
11.40 am	Under 17 Women	6,100 metres	3
11.40 am	Under 20 Women	6,100 metres	3
12.20 pm	Under 17 Men	6,100 metres	4
12.20 pm	Under 20 Men	6,100 metres	3
12.45 pm	Senior Men	12,000 metres	6 (& 12)
2.00 pm	Senior Women	8,400 metres	3 (& 6)

**Presentations will take place soon after each race.**

### Course description

Brands Hatch Race Circuit, Fawkham DA3 8NG kindly supported by Dartford Harriers AC. The courses will be run over the north western car and caravan parking area, known as the "Airfield", and will be accessed directly from the A20 Gorse Hill entrance and not via the main Circuit entrance. The course will be open, flat around the start/finish and parking area, but with a hill on the lower part of the course. Athletes are strongly advised to familiarise themselves of the courses before competing.

Please enter the venue by the gate off the A20 as previously used. Exit via the Main Circuit entrance which has an Automatic Barrier. This will in effect create a one-way system. Please **do not enter** via the Main Circuit Entrance.

### Travel

The entrance to the course venue is about 400 metres north of the main entrance/Mecure Hotel Route to the Car Parking will be marked with large Yellow Arrows attached to the fence posts. Ignore all the Red Brands Hatch signs.

Please note that there will be no changing or shower facilities and clubs must provide their own tented accommodation or storage provision.

Race timing for these Championships will be by chipped bib numbers.