

Fastest Intermediate Mandy Holmes.

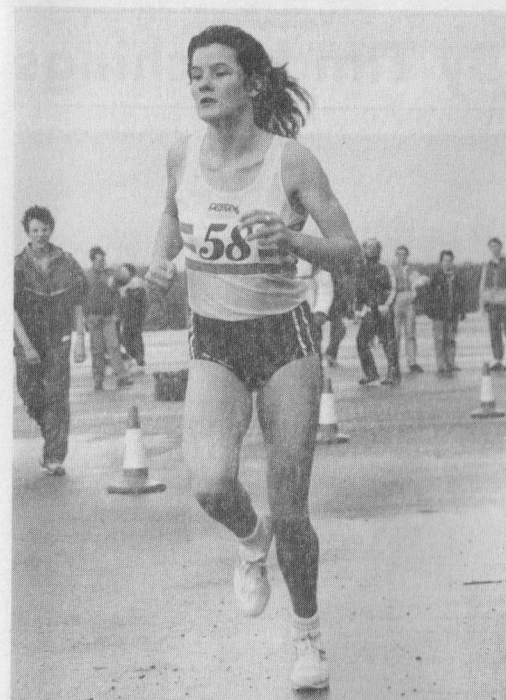
Megasport

18, Norfolk Olym. 41:40; 19, Bracknell 41:51; 20, Aldershot F&D 'B' 42:00; 21, Thurrock 'B' 42:32; 22, Halesowen 42:45; 23, Coventry 'B' 44:00; 24, Bracknell 'B' 44:46; 25, Fleet & C 44:49; 26, Tipton 'B' 45:53.

**Fastest:** Holmes 11:35; Titterington & D. Farren (Cope) 11:57; L. Robinson (Cov) & Gilmartin 12:09; Briggs 12:12; Dunn 12:13, Saunders 12:15.

### Juniors

- 1, Tonbridge.....23:16  
(K. L-Zimmerman 8:12, S. Washington 7:35, J. Adkin 7:29)
- 2, Mid Hants.....23:22  
(A. Evans 7:59, N. Goddard 7:52, A. Davies 7:31)
- 3, Leicester.....23:44  
(M. Newman 7:39; T. Maycock 8:18, M. Wilkes 7:47)
- 4, Copeland 23:46 (T. Farren 7:53, A. Devoy 7:45, N. Tait 8:08); 5, Norfolk Olym. 24:11 (T. Mawby 8:05, C. Lancaster 7:56, C. Butler 8:10); 6, Liverpool 24:26 (M. James 8:04, C. Donovan 8:21, E. Hamill 8:01); 7, Stevenage & NH 24:40 (K. Keyte 8:16, T. Page 8:08, J. Drury 8:16); 8, Halesowen 24:42 (J. Deeley 9:02, L. Field 7:31, S. Rowntree 8:08); 9, Medway 24:43 (D. Kelly 8:21, J. Francis 8:21, C. Rudolph 8:01); 10, Fareham 24:48 (C. Rustell 8:06, K. Ross 8:25, T. Bunney 8:17); 11, Aldershot F&D 24:50 (A. Larby 8:15, L. Jenner 8:11, H. Alderman 8:24); 12, Epsom & E 24:55 (T. Corrigan 8:38, L. Mayer 8:11, E. Berry 8:06); 13, Tring 24:56; 14, Borough of Hounslow 24:59; 15, Derby 25:00; 16, Kilbarchan



Outstanding as a Girl in 1984-85, Julie Adkin seems to be having no trouble in coping at the bottom of the Junior age-group.

Megasport

25:07; 17, Havering 25:09; 18, Crawley 25:20; 19, Aldershot F&D 'B' 25:25; 20, Mid Hants 'B' 25:31; 21, Manchester 25:51; 22, Norfolk Olym. 'B' 25:59; 23, Victoria Park 26:00; 24, Havering 'B' 26:00; 25, Medway 'B' 26:01; 26, Coventry 26:04; 27, Liverpool 'B' 26:07; 28, Southampton & E 26:18; 29, Tipton 26:22; 30, Thurrock 26:33; 31, Windsor S&E 26:40; 32, Portsmouth Atalanta 26:42; 33, Borough of Hounslow 'B' 26:47; 34, Derby 'B' 26:55; 35, McLaren Glasgow 26:56; 36, Sparkhill 26:58; 37, Barnet 27:04; 38, McLaren Glasgow 'B' 27:17; 39, Crawley 'B' 27:28; 40, Bracknell 27:36; 41, Coventry 'B' 27:37; 42, Tring 'B' 27:39; 43, Portsmouth Atalanta 'B' 27:42; 44, Fleet & C 27:45; 45, Tipton 'B' 27:55; 46, Windsor S&E 'B' 28:03; 47, Sparkhill 'B' 28:12; 48, Stevenage & NH 'B' 28:19; 49, Bracknell 'B' 28:24; 50, Bexley 29:50.

**Fastest:** Adkin 7:29; Davies & Field 7:31; Washington 7:35; Newman 7:39; Devoy 7:45; Wilkes 7:47; Goddard 7:52.

### Girls

- 1, Manchester.....24:22  
(L. Wilkinson 8:13, L. Farrell 8:23, M. Wilkinson 7:46)
- 2, Sale.....24:49  
(C. Eaton 8:30, C. Williams 8:36, S. Byrom 7:43)

### KEYS FOUND

A set of keys, with a label reading 'Garage, 6 Roberts Road', was found at Rushmoor Arena and is now in the possession of Mr. Benning on 0703 553174.

- 3, Liverpool.....24:56  
(S. Brannan 8:19, J. Challinor 8:46, J. Collieran 7:51)
- 4, Aldershot F&D 24:57 (K. Harrison 8:03, W. Alderman 8:42, A. Beacham 8:12); 5, Borough of Hounslow 25:09 (C. Mathews 8:12, S. Poncia 8:43, S. Harpur 8:14); 6, Leicester 25:31 (A. Gray 8:15, R. Lovett 8:39, E. Heath 8:37); 7, Medway 25:39 (L. Coles 8:05, K. Lowe 8:35, J. Whitehead 8:59); 8, Mitcham 25:45 (J. Wilkinson 8:20, S. Ward 8:48, K. Lyford 8:37); 9, Bromley 26:04 (G. Stacey 8:30, J. Stacey 8:47, K. O'Mahoney 8:47); 10, Derby 26:09 (L. Knight 8:40, L. Leeming 8:18, J. Kirvan 9:11); 11, Pitreavie 26:12 (N. Douglas 8:31, A. Grant 8:41, E. Grant 9:00); 12, Havering 26:18 (T. Shields 8:39, W. Shepherd 8:50, J. McGuinness 8:49); 13, Sale 'B' 26:20; 14, Liverpool 'B' 26:22; 15, Mid Hants 26:25; 16, Worcester 26:36; 17, Mitcham 'B' 26:41; 18, Crawley 26:42; 19, Bracknell 26:49; 20, Stevenage & NH 26:52; 21, Tring 26:57; 22, Norfolk Olym. 27:01; 23, Fareham 27:06; 24, Basingstoke 27:09; 25, Victoria Park 27:13; 26, Leicester 'B' 27:16; 27, Crawley 'B' 27:18; 28, Epsom & E 27:19; 29, Sutton & C 27:21; 30, Portsmouth Atalanta 27:40; 31, Havering 'B' 27:41; 32, Mid Hants 'B' 27:49; 33, Bromley 'B' 27:54; 34, Aldershot F&D 'B' 28:07; 35, Uxbridge 28:14; 36, Fleet & C 28:16; 37, Borough of Hounslow 'B' 28:29; 38, Sutton & C 'B' 28:30; 39, Barnet 28:48; 40, Sparkhill 28:51; 41, Halesowen 28:52; 42, Windsor S&E 29:01; 43, Sparkhill 'B' 29:04; 44, Basingstoke 'B' 29:05; 45, Derby 'B' 29:05; 46, Tipton 29:07; 47, Barnet 'B' 29:37; 48, Bracknell 'B' 29:37; 49, Portsmouth Atalanta 'B' 30:00; 50, Tring 'B' 30:16; 51, Tipton 'B' 30:26; 52, Medway 'B' 30:44; 53, Windsor S&E 'B' 31:02.

**Fastest:** Byrom 7:43; M. Wilkinson 7:46; Collieran 7:51; Harrison 8:03; Coles 8:05; Mathews & Beacham 8:12; Wilkinson 8:13.

### ATHLETIC AMNESTY

It has been agreed by the General Committee of the Scottish Amateur Athletic Association to offer an amnesty to all male athletes wishing to apply for amateur reinstatement. The offer is open from now until March 31st 1986, and is a goodwill gesture by the Association to all sportsmen leading up to the Commonwealth Games to be held in Edinburgh next summer.

All applications are to be made on the official reinstatement form, obtainable from the SAAA Offices, 18 Ainslie Place, Edinburgh, EH3 6AU, and must be accompanied with the appropriate administration fee of £15.00 (£10.00 for schoolboys). It is stressed that this offer is a one off, and is open only until March 31st 1986.

## SOUTHERN COUNTIES (U.K.) COACHING COMMITTEE

In Conjunction Southern R.W.A.

# COACHING DAY FOR WALKERS

Withdean Stadium, Brighton

**SATURDAY, 11th JANUARY, 1986**

From 10 am-5 pm

Track Training, Nutrition, Judging,  
Video, Question Time

Applications With £2 Fee to: (With S.A.E.) 1.1.86, Alan Buchanan, 108 Old London Road, Patcham, Brighton, BN1 8YA.

Closing date 1st January, 1986