**English National Cross Country Championships**

**at Harewood House, Yorkshire, Saturday 23rd February 2019**

**Note \*\* indicates a ‘star’ run deserving of particular attention**

**Under 13 Girls**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 9 | Olivia Breed | 11.16 |  |
| 10 | Lily Slack | 11.18 |  |
| 21 | Sophie Slack | 11.34 | **\*\* Best race of the season** |
| 50 | Gracie MacAuley | 11.53 |  |
| 109 | Penny Horne | 12.18 |  |
| 122 | Beatrice Heslop | 12.23 |  |
| 160 | Eva Matthew | 12.37 |  |
| 246 | Lara Jee | 13.16 |  |
| 335 | Tilly Cunliffe | 13.55 |  |

Team 1st of 41. Number of finishers = 418. Winner ran 10.52. **National Champions**

**Under 13 Boys**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 24 | Albert Kreuzberg | 10.42 |  |
| 33 | Joshua Prendergast | 10.47 | **TAC Debut** |
| 67 | George Hopkins | 11.07 |  |
| 93 | Sam Breed | 11.20 | **\*\* Best ever race** |
| 154 | David Barclay | 11.43 |  |
| 180 | Harrison Fraser | 11.51 |  |
| 194 | Tim McLain | 11.56 |  |
| 372 | William Hales | 13.49 | **TAC Debut** |

Team 5th of 43. Number of finishers = 408. Winner ran 9.51

**Under 15 Girls**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 15 | Alex Evans | 15.51 | **\*\* Best ever race** |
| 170 | Annabelle Hales | 17.58 |  |
| 195 | Ellie MacAuley | 18.15 |  |
| 325 | Aimee Holdstock | 20.30 |  |

Team 23rd of 39. Number of finishers = 362. Winner ran 15.03

**Under 15 Boys**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 3 | Matthew Taylor | 13.35 | **\*\* Best ever race.** |
| 17 | Henry Taylor | 14.15 | **\*\*** |
| 41 | Fin Croll | 14.31 | **\*\* Best race of the season** |
| 80 | Matthew Dubery | 14.53 |  |
| 96 | Adam Singleterry | 15.02 | **\*\* Best ever race** |
| 98 | Ananjan Ganguli | 15.03 | **\*\*** |
| 146 | Fenton Davoren | 15.25 |  |
| 193 | Olukorede Fasina | 15.49 |  |
| 240 | Angus Currie | 16.24 |  |
| 261 | Huxley Crush | 16.38 |  |

Team 2nd of 35. Number of finishers = 379. Winner ran 13.27. **National silver medals**.

**Under 17 Women**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 17 | Katie Goodge | 18.52 | **\*\*** |
| 83 | Vita Milana | 20.44 | **\*\* Best race of the season** |
| 103 | Elizabeth Heslop | 21.18 |  |
| 117 | Stephanie Puxty | 21.38 |  |
| 118 | Meghan Watson | 21.39 |  |
| 148 | Matilda Hall | 22.23 |  |
| 152 | Flora Currie | 22.27 | **\*\*** |
| 199 | Lucy Randall | 25.02 | **\*\* Won TAC most improved trophy** |
| 216 | Lucy Kingston | 28.35 |  |

Team 9th of 15. Number of finishers = 252. Winner ran 17.55

**Under 17 Men**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 10 | James Kingston | 19.21 | **\*\* Best race of the season** |
| 25 | Fraser Gordon | 19.48 |  |
| 39 | Adam Van der Plas | 20.07 | \*\* |
| 64 | Toby Emm | 20.42 |  |
| 73 | Alex Beeston | 21.05 | **\*\* Best ever race.**  **Won TAC ‘Best Performance trophy** |
| 106 | Alex Thompson | 21.42 | \*\* |
| 114 | Alex Sandberg | 21.48 |  |
| 119 | Daniel Seaton | 21.52 | \*\* |
| 156 | Tom Gray | 22.38 | \*\* |
| 173 | Zac Jones | 22.55 | \*\* |
| 232 | Lucas Beghein | 24.37 |  |

Team 3rd of 18. Number of finishers = 272. Winner ran 18.48. **National bronze medals**.

**Under 20 Women**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 25 | Phoebe Barker | 22.57 |  |
| 62 | Lucy Thompson | 24.31 | \*\* |
| 82 | Polly Pitcairn-Knowles | 25.28 |  |
| DNF | Emilia Hope | DNF | Did not finish |

Team 8th of 15. Number of finishers = 129. Winner ran 20.40

**Under 20 Men**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 7 | Alasdair Kinloch | 29.07 | **\*\*** |
| 20 | James Puxty | 29.50 |  |
| 24 | Jamie Goodge | 29.58 | **\*\* Best race of the season** |
| 52 | Bede Pitcairn-Knowles | 30.56 | **\*\* Best race of the season** |
| 62 | Dan Schofield | 31.25 |  |
| 114 | Harry Lawson | 32.54 |  |
| 123 | James Stoney | 33.12 |  |
| 130 | Jamie Bingham | 33.26 |  |
| 131 | Dan Seagrove | 33.26 |  |
| 141 | Luke Reeves | 34.02 |  |
| 151 | Charlie Crick | 34.40 |  |
| 167 | Sam Crick | 35.53 |  |
| 181 | Ben Brooks | 36.58 |  |
| 186 | Adam Durbaba | 37.42 |  |
| 192 | Matthew Randall | 39.33 |  |
| 196 | Jamie Thompson | 41.08 |  |
| DNF | Will Beeston | DNF | **Did not finish** |

Team 1st of 9. Number of finishers = 201. Winner ran 28.27. **National Champions**

**Senior Women**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 12 | Nicole Taylor | 29.46 | **\*\* Highest ever TAC** |
| 13 | Lucy Reid | 29.54 |  |
| 69 | Sian Robertson | 32.21 | **\*\*** |
| 89 | Kiri Marsh | 32.51 |  |
| 122 | Maria Heslop | 33.34 |  |
| 123 | Chloe Bird | 33.36 |  |
| 210 | Alice Wood | 35.28 |  |
| 240 | Megan Brickell | 35.59 | **\*\* First race for 2 years** |
| 249 | Alex Crockford | 36.03 |  |
| 317 | Ellen Pitcairn-Knowles | 37.18 | **\*\* Won TAC ‘Best Performance trophy** |
| 380 | Rachel Fagg | 38.20 |  |
| 435 | Lucy Pitcairn-Knowles | 39.15 |  |
| 483 | Melissa Berry | 40.00 |  |
| 699 | Grazia Manzotti | 43.51 |  |
| 766 | Deniz Bowart | 45.13 |  |
| 886 | Angie Crush | 48.33 |  |
| 950 | Edina Hellyer | 51.42 |  |
| DNF | Olivia Lucas | DNF | **Did not finish** |
| DNF | Charlotte Cohen | DNF | **Did not finish** |

Team 4th of 114. Number of finishers = 1034. Winner ran 28.17

**Senior Men**

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Name** | **Time** | **Comment** |
| 13 | Ben Cole | 37.46 | **\*\* Best ever race.** |
| 17 | Henry Pearce | 37.49 |  |
| 19 | Corey De’Ath | 37.59 | \*\* |
| 44 | Kieran Reilly | 38.45 |  |
| 47 | Ryan Driscoll | 38.50 |  |
| 51 | Max Nicholls | 38.57 |  |
| 61 | Jamie Bryant | 39.12 | \*\* |
| 69 | Cameron Payas | 39.20 | **\*\* Best ever race.** |
| 121 | George Duggan | 40.23 |  |
| 180 | Michael Ellis | 41.18 |  |
| 236 | Greg Cole | 41.58 |  |
| 241 | James Taylor | 42.03 | \*\* |
| 270 | Stuart Brown | 42.24 |  |
| 297 | Luca Russo | 42.44 |  |
| 310 | Dan Bradley | 42.49 |  |
| 459 | Tom Cox | 44.26 |  |
| 474 | Jack Keywood | 44.35 |  |
| 603 | Dan Watt | 46.02 |  |
| 637 | Simon Fraser | 46.16 |  |
| 649 | Toby Ryan | 46.21 |  |
| 819 | Dane Poore | 47.55 |  |
| 828 | Adam Styles | 47.58 |  |
| 851 | Joe Watts | 48.11 |  |
| 948 | Adam Roeder | 49.06 | **\*\* Won TAC most improved trophy** |
| 1146 | Alan Buckle | 51.02 |  |
| 1205 | Tobin Bird | 51.39 |  |
| 1226 | Mark Pitcairn-Knowles | 51.50 |  |
| 1239 | Ross Kinloch | 51.56 |  |
| 1437 | Andy Wood | 54.11 |  |
| 1699 | Anthony Crush | 58.21 |  |
| 1822 | Tony Cohen | 61.25 |  |
| 1828 | Scott Shurmer | 61.45 |  |
| 1841 | Richard Puxty | 62.05 |  |
| 1937 | Steve Brooks | 67.39 |  |
| DNF | Alex Howard | DNF | Did not finish |
| DNF | Robbie Farnham-Rose | DNF | Did not finish |
| DNF | Nathan Marsh | DNF | Did not finish |
| DNF | Jordan Saul | DNF | Did not finish |

Team 2nd of 146 (Also 2nd in 9 to score). Number of finishers = 2008. Winner ran 36.34. **National silver medals**.