

	Group 1	Group 1	Group 1	Group 1	Group 1				
	James	Jack	Max	Steve	Matt				
	Kingston	Higgins	Selby	Strange	Dubery				
Recovery	90s	90s	90s	90s	90s				
1	2.21	2.21	2.22	2.27	2.21				
2	2.23	2.23	2.24	2.25	2.23				
3	2.20	2.20	2.25	2.28	2.25				
4	2.19	2.19	2.25	2.27	2.27				
5	2.19	2.19	2.25	2.25	2.28				
6	2.17	2.18	2.26	2.23	2.25				
7	2.15	2.22	2.28	2.23	2.27				
8	2.15	400 68	2.30	2.20	2.24				
9	2.15								
10	2.15								
200	29	?	?	?	?				
200	28.7	?	?	?	?				
100	?	?	?	?	?				
100	?	?	?	?	?				
Comment		Finished	sprints at	different	finish				
	Group 2	Group 2	Group 2	Group 2	Group 2	Group 2	Group 2		
	Matthew	Isaac	Jamie	Mark	George	Joseph	Jacob		
	Taylor	Arnott	Macdonald	Pepper	Hopkins	Hunt	Hunt		
Recovery	90s	90s	90s	90s	90s	90s	90s		
1	2.31	2.30	2.31	2.32	2.31	2.31	2.31		
2	2.29	2.30	2.28	2.32	2.28	2.28	2.29		
3	2.31	2.30	2.31	2.35	2.30	2.30	2.31		
4	2.28	2.31	2.28	2.32	2.27	2.28	2.28		
5	2.30	2.34	2.31	2.37	2.30	2.29	2.29		
6	2.29	2.35	2.31	2.37	2.28	2.27	2.27		
7	2.26	2.33	2.29	2.37	n.a.	n.a.	n.a.		
8	2.24	2.42	2.25	2.36	n.a.	n.a.	n.a.		
200	na	na	na	na	29	28	28		
200	na	na	na	na	29	28	28		
100	na	na	na	na	?	?	?		
100	na	na	na	na	?	?	?		
Comment									
	Group 3	Group 3	Group 3	Group 3	Group 3	Group 3	Group 3	Group 3	
	Tom	Ethan	Max	Jack	Ed	Tom	Charlie	Ollie	
	Lockhart	Rocks	Malkinson	Sharpe	Coutts	Claridge	Ellison	White	
Recovery	90s	90s	90s	90s	90s	90s	2 mins	2 mins	
1	2.34	2.34	2.34	2.34	2.34	2.34	1.57	1.57	
2	2.32	2.32	2.33	2.33	2.34	2.32	1.57	1.59	
3	2.30	2.32	2.32	2.30	2.34	2.30	1.56	1.59	
4	2.31	2.33	2.34	2.33	2.34	2.31	1.56	2.01	
5	2.30	2.32	2.38	2.32	2.34	2.29	1.56	2.02	
6	2.31	2.36	2.42	2.33	2.33	2.30	1.53	2.01	
200	31	28	31	31	30	33	30	33	
200	31	26	29	28	28	32	29	32	
100	?	?	?	?	?	na	?	?	
100	?	?	?	?	?	na	?	?	
Comment			Hung on at end	Injury good		Injury good	600s	600s	
	Group 4	Group 4	Group 4	Group 4	Group 4	Group 4	Group 4	Group 4	Group 4
	Katie	Jess	Ella	Amelia	Emily	Polly	Anna	Polly	Sophie
	Goodge	Poland	Ayden	Beeston	Geake	Moses	Palmer	Pitcairn-Knowles	Hawkins
Recovery	90s	90s	90s	90s	90s	90s	2 mins	2 mins	2 mins
1	2.47	2.55	3.01	3.01	3.01	3.02	3.01	2.52	2.08
2	2.47	2.55	3.04	3.03	3.08	3.09	3.05	2.54	2.09
3	2.46	2.53	3.04	3.02	3.02	3.09	3.07	2.55	2.06
4	2.46	2.56	3.08	3.06	3.08	3.14	3.14	2.59	2.06
5	2.47	2.54	3.08	3.04	3.06	3.18	3.15	2.58	400 78
6	2.45	2.52	3.08	3.06	3.00	3.14	3.10	2.56	400 72
200	36	34	40	38	37	41	37	36	33
200	36	34	40	36	38	41	35	35	32
100	?	?	?	?	?	?	?	?	?
100	?	?	?	?	?	?	?	?	?
Comment		Good speed on 200s						1st time in group	600s
On track	Tenerife Ben	Tenerife Cameron	Tenerife Sean	Tenerife Jordan		Tenerife Toby	Tenerife Jamie	Tenerife Jess	
	Murphy	Chambers	Molloy	Chambers		Emm	Brown	Murphy	
Recovery	90s	90s	90s	90s		2 mins	2 mins	2.5 mins/3 mins	
1	2.24	2.23	2.24	2.25	600m/400m	1.49	1.50	73	
2	2.23	2.23	2.23	2.24	600m/400m	1.48	1.49	72	
3	2.21	2.21	2.21	2.22	600m/400m	1.46	1.46	71	
4	2.21	2.21	2.21	2.22	600m/300m	1.45	1.45	53	
5	2.19	2.19	2.2	2.20	600m/300m	1.45	1.46	53	
6	2.19	2.19	2.19	2.19	600m/300m	1.45	1.46	51	
7	2.16	2.17	2.17	400m 68	600m/300m	69	70	51	
8	2.08	2.15	2.13	600m 1.40	600m/300m	66	66	49	
9	na	2.19	na	na					
10	na	x	na	na					
200	24.5		24.7	25.3		26.0	25.7	4 x 80m	
200	23.6		24.2	23.7		26.2	25.9		
100	13		13.8	13.8		14.7	15.0		
100	13		13.1	13.1		15.2	13.6		
Comment		x9							