SOUTH OF THE THAMES

CROSS COUNTRY ASSOCIATION

Est. 1893, Affiliated to UKA

**Tel 01202 433486**

**5 MILE TEAM RACE, 2017, BECKENHAM PLACE PARK, 25 NOVEMBER 2017**

**Travel**: Race HQ is the White House Mansion reached by car from the Beckenham Hill Gate, Beckenham Hill Road, BR3 1UH near the railway station at Beckenham Hill. Beckenham Junction is also OK for pedestrians using the same gate as last year in the South West Corner of the park.

**Parking**: There is a car park near the White House Mansion reached from the gate near Beckenham Hill Station and possibly an overflow park (please follow marshal’s directions.) The gate used in last year’s Championship race may not be open for cars.

**Facilities**: There are toilets and a café. There are no changing or shower facilities so please come ready changed. Number collection will probably be in the White House.

**Start**: This is at **2pm**, from the same area as last year, about 3 minute’s walk from the White House. Men and women start and run together but will be recorded separately for the results. A disc system will be in use.

**Course**: This is a 2-lap course. A course map is available. Choice of footwear should not be critical. Mostly grassland but also some gravel paths and woodland although less than at the Championship race last year.

**Teams**: Teams comprise four runners for both men’s and women’s teams in order of finishing. There are no team declarations, or restrictions on the number of runners.

**Entries**: These should be made on the entry form provided. The cost will be **£2 per runner entered.** Entries will not normally be allowed on the day. Cheques payable to South of the Thames Cross Country Association.

**Entries should be sent to Don Turner at the following address:**

**40 Rosedale Road**

**Stoneleigh,**

**Epsom**

**KT17 2JH**

**Entries Close: 18 / 11/ 2017**

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**IMPORTANT NOTES TO TEAM MANAGERS**

1. **Late Entries, etc.**

You are reminded that entry on the day is not normally permitted. A motion proposed by me at the 2011 AGM to allow this, subject to payment of a surcharge was very heavily defeated. If you don’t like this, you should attend the AGM in future and take more interest in the running of the Association.

In exceptional circumstances team managers should contact Don Turner the race secretary ASAP. Afterwards is too late. His discretion is absolute and final.

You are also reminded that unauthorised substitutions and 2nd claim runners are also not permitted. This caused problems at the 2010 races when runners running under other runner’s numbers won awards (one in the wrong age category!!) and compounded the problem by not coming clean at the time. We were lenient on these occasions but will not be so in future. Individuals or even complete teams will be disqualified in future. Repeat offenders beware!

The race entry fee is still relatively low, so that when in doubt clubs do not lose out greatly by entering runners on spec. However, in these days when most people are on email, it is usually possible to establish who may or may not be available with relatively little effort.

1. **Affiliation Fees**

The race is open to runners from affiliated clubs only. Some clubs have neglected to affiliate this year. If in doubt bring your chequebook or cash to the race. The fee is only £7.00.

Thank you

Geoff Newton

Hon Gen Sec